

NEWSNOTES

Combined Federal Campaign ongoing

Have you made your pledge to the Combined Federal Campaign (CFC)? Make a difference and change lives today.

The CFC goal for Joint Base McGuire-Dix-Lakehurst this year is \$350,000. The CFC ends Nov. 30.

For more information, contact your unit CFC keyworker or visit www.cfcsmj.org.



Flu-shot hours extended

The 87th Medical Group Immunization Clinic, Bldg. 3458, will operate Monday through Friday from 7:30 a.m. to 4:30 p.m. (Clinic opens 10:30 a.m. the first Friday of every month.) For more information on H1N1 or seasonal flu vaccinations, call the 754-9209.

Guard/Reserve retirement benefit seminar coming

Presenters from Military Service Centers, Veterans Affairs, Department of Labor, and various Military Transition Organizations will cover topics from Guard/Reserve perspectives such as Survivor Benefit Plan, Tricare/Dental, Veterans Benefits, Disability VA, and much more Dec. 5 at Timmermann Center from 8 a.m. to 4 p.m.

The event is free to all Guard, Reserve, spouses and retirees. Civilian attire is authorized.

Call Chief Currie at 757-444-7295, ext. 2005, or e-mail everett.currie@navy.mil for details.

Dix ID card facility offers Saturday hours

The Dix ID card facility located in Room 125 on the first floor of Bldg. 5418, South Scott Plaza, will offer Saturday hours Dec. 5 from 8 a.m. to 4 p.m. Call 562-2177 for details.

Deadline for final newspaper submissions

Deadlines for submitting articles to the Post newspaper have changed. The ASA Public Affairs Office realigned its newspaper deadlines to match those of JB MDL public affairs.

Articles prepared by writers from military and civilian organizations on the joint base must be submitted by 4:30 p.m. today.

The Nov. 25 edition of the Post will be the last.

For more information, call David Moore of the ASA Public Affairs Office at 562-4035, or e-mail david.l.moore@us.army.mil.

Weather

FRIDAY -- Cloudy with highs in the upper 50s, lows in the upper 30s.

SATURDAY -- Mostly cloudy with highs in the upper 50s, lows in the low 40s.

SUNDAY -- Cloudy with highs in the upper 50s, lows in the mid 40s.

MONDAY -- Showers with highs in the mid 50s, lows in the low 40s.

TUESDAY -- Partly cloudy with highs in the upper 50s, lows in the low 40s.

WEDNESDAY -- Partly cloudy with highs in the low 50s, lows in the upper 30s.

NATO chief predicts Afghan surge

John J. Kruzel
American Forces Press Service

WASHINGTON, Nov. 17, 2009 – NATO Secretary General Anders Fogh Rasmussen today predicted the alliance's future mission in Afghanistan will entail a counterinsurgency approach with "substantially more troops."

The NATO chief, speaking to the alliance's Parliamentary Assembly, said he expects NATO will reach a troop-level decision in a few weeks for the International Security Assistance Force it leads in Afghanistan.

"I'm confident it will be a counterinsurgency approach, with substantially more troops, and will place the Afghan population at the core of ISAF's collective effort by focusing on their safety, and by supporting reconstruction and development," he said.

Rasmussen's remarks in Edinburgh, Scotland, today came as President Barack Obama and his advisors continue to debate the U.S. mission in Afghanistan, reportedly debating a full spectrum of options concerning strategy and force levels.

Robert M. Gates, have criticized NATO allies for creating a "two-tiered alliance" — with the U.S. and a select other countries bearing most of the burden of combat and other aspects of the mission in Afghanistan, while other nations make lesser contributions.

In his first appearance before the 28-member Parliamentary Assembly, Rasmussen today called on the political leaders of NATO countries to put forth more resources for the multilateral effort in the Central Asian country.

U.S. defense officials, including Defense Secretary

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NAVAIR hooks new carrier test system

Tom Worsdale
NAVAIR Lakehurst Public Affairs

Officials from Naval Air Systems Command and the local community celebrated the Electromagnetic Aircraft Launch System at a ribbon-cutting ceremony on Joint Base McGuire-Dix-Lakehurst Nov. 12.

EMALS is an armature, the portion of a catapult that an aircraft tail hook connects to when it lifts off. This system will be installed on the next generation of aircraft carriers scheduled to become operational in 2015.

The launch of the EMALS and cutting of the ceremonial red ribbon signify the completion of the system's installation and the beginning of the system's testing.

The system will begin to test dead loads, weight on wheels that replicates the weight of an aircraft and eventually, actual aircraft.

"Testing and maintaining the system will keep the Lakehurst test site busy for at least the next 50 years," said Navy Capt. Randy Mahr, program manager for EMALS.

Dead-load testing should commence in the next month. Aircraft testing is scheduled for the summer of 2010.

Lakehurst will be the only site equipped with an electromagnetic launch system available to test and troubleshoot this cutting-edge technology.

"Steam catapults built at Lakehurst have been used since the 1950s. They've been shot more than five million times," said Kathy Donnelly, director of the support equipment and aircraft launch and recovery equipment department.

"Now we move into the era of the electromagnetic catapult, which uses linear motors instead of steam pistons."

The advantage of electromagnetic power is that it is more controllable when it comes to takeoff and acceleration speeds for various aircraft. It also has fewer parts to maintain. This will result in less wear and tear on the system and the aircraft, thus reducing maintenance costs and requiring fewer sailors to operate the system.

Although EMALS is the way of the future, current aircraft carriers will not be retrofitted with the electromagnetics. They will retain their current steam catapult systems for the life of their service.

Capt. James Donnelly, EMALS deputy program manager; Col. Gina Grosso, JB MDL commander; Representative Christopher H. Smith, and Scott Forney, vice-president of industry partner General Atomics joined Captain Mahr and Ms. Donnelly in the day's events.

This included "shooting" the first official movement of the armature that will launch the dead loads and aircraft scheduled for testing over the next several years.

Chief information officer promotes cyber security

Pascual Flores
Joint Base MDL Public Affairs



U.S. Air Force photo/Carlos Cintron

CYBERSPEAK -- Lt. Gen. William T. Lord, chief of war fighting integration and chief information officer, speaks at the Armed Forces Communications and Electronics Association luncheon at the McGuire Community Center on Joint Base McGuire-Dix-Lakehurst Nov. 13. He spoke about the importance of focusing energy and resources on cyber weapon systems and cyber operator career fields to counter the variety of cyber threats the military faces every day.

Lt. Gen. William T. Lord, chief of warfighting integration and chief information officer, visited Joint Base McGuire-Dix-Lakehurst servicemembers at the McGuire Community Center Nov. 13.

The general began his visit by participating in a question and answer session with a room of mission support group commanders from Air Mobility Command.

The Armed Forces Communications and Electronics Association luncheon was next on the agenda. In his opening remarks, Lord expressed his gratitude to the AFCEA and its industrial partners in their help in the communications field.

"We have to change the way we do things now," said Lord. "We have to make the network more robust, more reliable."

The highlights of his speech evolved around the need for operational and cyberspace security.

"The enemy lives in your network today," he said. "We have to learn to fight the enemy in our network."

Lord met with Airmen from the 87th Communications Squadron at the end of the luncheon. He answered questions and addressed their concerns on issues and changes in the communications career field.

"It was very supportive of the general to come here to show his support and let us know what is going on the higher side of the career field," said Airman 1st Class Courtney Reid, 87th Communications Squadron.

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Spc. Cassandra Monroe, 135th MPAD

Airman's airway

Staff Sgt. Jason Tolbert, a medic with the Headquarters and Headquarters Battery, 72nd Field Artillery Brigade, left, demonstrates how to apply an oropharyngeal airway to Airman 1st Class Guadalupe Quinonez, a personnel administrator with the 75th Forward Support Squadron of Hill Air Force Base, Salt Lake City, Utah, during training at Joint Base McGuire-Dix-Lakehurst. The students are part of an Army, Navy and Air Force joint class and are going through the course in preparation for several different deployments.

'Best Warriors' face off

Pascual Flores
Joint Base MDL Public Affairs

Five Soldiers from the 77th Sustainment Brigade participated in a challenging competition that tested their mental and physical abilities Nov. 14 and 15.

The Soldiers competed on Joint Base McGuire-Dix-Lakehurst to determine who would represent the brigade in the

2010 Best Warrior Competition at the command level, noncommissioned officer and enlisted categories.

The competitors faced two demanding days of testing in physical fitness and warrior skills to determine who would carry the torch to the next level of competition.

The first event began in the early morning hours at the two-mile track

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U.S. Air Force photo/Pascual Flores

ALL THE BEST -- Command Sgt. Maj. Najee Lunde, center, awards Spc. Paul Bauducco, left, and Sgt. John Graniello, right, as winners of the Best Warrior Competition at the 77th Sustainment Brigade headquarters. Graniello and Bauducco were awarded the Army Achievement Medal and will go on to compete in the 316th Expeditionary Sustainment Command BWC.

Drill team wows joint audience at JB MDL



U.S. Air Force photo/Carlos Cintron

DRILLED TO PERFECTION -- The United States Air Force Honor Guard Drill Team conducted a drill performance Nov. 16 for members of Joint Base McGuire-Dix-Lakehurst. As one of the Air Force's premier demonstration teams, the team is a traveling component of the U.S. Air Force Honor Guard based at Bolling Air Force Base in Washington, D.C.

Tech. Sgt. Denise Johnson Joint Base MDL Public Affairs

The United States Air Force Honor Guard Drill Team conducted a drill performance here Nov. 16 for members of Joint Base McGuire-Dix-Lakehurst. A 16-man team performed the 20-minute performance in Hangar 1823.

As one of the Air Force's premier demonstration teams, the team is a traveling component of the U.S. Air Force Honor Guard based at Bolling Air Force Base in Washington, D.C.

The goal of the team is to inspire Air Force awareness through the team's complex drill routine.

In all they do, the drill team is intended to personify the integrity, discipline, teamwork and professionalism of every Airman and every Air Force mission.

"We were thrilled to host this amazing team's visit," said Col. Michael Carrell, 87th Mission Support Group commander. "Pictures and words do not do them justice; you have to see them in person to believe the feats they accomplish."

A standard 16-person performance features a professionally choreographed sequence of show-stopping weapon maneuvers, precise tosses, complex weapon exchanges and moving through a gauntlet of spinning weapons.

The drill team also provides a four-person performance centered on a stationary drill commander, flanked by four team members who simultaneously hurl 11-pound weapons over and around the commander.

Throughout the year, the drill team works with the U.S. Air Force Recruiting Service to provide presence at hundreds of locations.

The team tours various Air Force bases, civilian events involving the Air Force and local communities/schools across the globe, as well as spends substantial time providing community relations performances to thousands visiting the Nation's Capital at various national monuments in Washington, D.C. The team also serves as the lead office for all Air Force Honor Guard recruiting.

"They were awesome," said Senior Airman David Rushforth. "I am on the base honor guard and I've tried to do what they

do and can't."

Team members are selected from current Air Force Honor Guard personnel.

The drill team is open to both men and women; although there are no women currently on the team; several women have earned positions on the drill team in the past.

Drill team training consists of a four-to six-week training course that teaches the fundamentals of precision drill.

As a matter of heritage, technical drill maneuvers are not written in a manual but rather passed from one generation of drill team members to another. All ranks E-6 and below must complete drill team training and an evaluation in front of the honor guard leadership and their peers to be considered for membership.

Members serve a minimum of two-years when assigned to the team to maintain continuity of drill proficiency.

During the Air Force Honor Guard's 60-year history, the team has performed in every state of the union and many countries abroad.

For more information regarding performances or to join the team, visit the Web at <http://www.drillteam.af.mil/drillteam/>.

AMC commander: 'You are all heroes'

Gen. Arthur J. Lichte Air Mobility Command Commander

SCOTT AFB, Ill., Nov. 12, 2009 -- As my 38 years in the Air Force come to a close, I find myself reflecting on the great accomplishments made by mobility Airmen...past and present.

Ninety-one years ago we began developing the core competencies that define the Air Mobility Command (AMC) we know today. Beginning with innovations in aeromedical evacuation, our Command's heritage includes a long list of notable achievements, including the Question Mark's first flight and the Berlin Airlift. Over the years, air mobility has definitely been at the forefront of our nation's defense as it has continually delivered a clenched fist to its adversaries and extended the outstretched hand of hope to those in need.

Today, AMC is firmly centered in the fight. Every day, we send Airmen into harm's way to support Operations IRAQI FREEDOM and ENDURING FREEDOM or to provide humanitarian relief anywhere in the world. Whatever the challenge, these men and women continually answer the call and perform their mission with incredible distinction and courage.

To further understand our mobility Airmen's unwavering resolve, just review the command's statistics from the past eight years. Since September 11, 2001, they transported nearly 13.4 million passengers and drastically reduced convoy requirements by airlifting 4.9 million tons of cargo within the Southwest Asia Area of Responsibility. They further paved the way for the speedy delivery of the first Mine-Resistant, Ambush

Protected (MRAP) vehicles to Iraq and the first MRAP all-terrain vehicles to Afghanistan.

AMC has also fine tuned its capability to airdrop cargo into the battlefield's most austere locations with near pinpoint accuracy. In September 2009, a record 4.1 million pounds of cargo was dropped from the skies of Afghanistan. Thanks to our mobility Airmen, this frontline support offers combatant commanders the flexibility to resupply their troops regardless of location or circumstance.

Notably, the military's most important resources are the service members themselves. As a result, our nation promises to stop at nothing to remove an injured Soldier or Airman from the battlefield. During Vietnam it took up to 45 days to transport injured personnel back to the United States. During Desert Storm this time reduced to approximately 10 days. Today, these movements only take 72 hours, which has boosted survival rates to more than 95 percent.

AMC continues to expand its rapid response capabilities through the employment of Contingency Response Wings. These highly mobile organizations possess the equipment, personnel, and specialized training necessary to deploy and set up a support infrastructure for follow-on airlift operations. Aside from their wartime role, CRWs have delivered game changing results during humanitarian relief operations following hurricane's Gustav and Katrina.

Turning to air refueling, AMC's tanker force equips our nation with an unrivaled capability to project global airpower. Without tankers, our combat aircraft could not reach their targets nor provide persistent protection over those on the battlefield. Furthermore, their ability to extend the range of mobility aircraft



U.S. Air Force photo/Staff Sgt. Desiree N. Palacios

DEFENDER OF FREEDOM -- Gen. Arthur J. Lichte stands in front of a KC-135 Stratotanker on the flightline at Scott Air Force Base, Ill. Lichte is the commanding general of Air Mobility Command.

yields immeasurable effects to humanitarian relief and aeromedical evacuation operations. We owe these phenomenal air refueling feats to the aircraft maintainers who spend endless hours keeping AMC's aging tanker fleet ready for duty. With KC-135 airframes now exceeding 50 years of age, our Airmen perform at least seven hours of maintenance for every one hour of flight to keep them mission capable.

Speaking of extraordinary accomplishments, AMC operates an average of 900 sorties every day. That equates to one departure every 90 seconds, and we do that 365 days a year. Sustaining an operations tempo like this takes a very robust team of professionals, and that is why AMC has teamed with its Reserve and Air National Guard counterparts. Through Total Force Integration we continually provide unrivaled global reach for America.

Our success does come at a price as evidenced by the many

sacrifices of our Airmen and their families. While our people work long hours and endure time away from home, their families remain steadfast in providing unyielding support and care for our personnel as they make history every day.

Past or present, one thing remains constant...AMC is "all in!" Never forget that what you do is vitally important to our nation.

Your contributions and sacrifices secure our freedoms, and for that I salute you and I salute your families. Especially in this Year of the Air Force Family, it is important to remember their sacrifices as well. I know my family has sacrificed over the years, but I think Chris and my children would tell you that we would do it all over again. In the years to come, know that the Lichte family will be cheering you on from the sidelines because you are all heroes, and I am very proud to have served with you.

COMMANDER'S ACTION LINE

The Action Line is an integral part of the base feedback network. Base personnel are urged to use the chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, call 754-3247.

Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.



Col. Gina Grosso
Joint Base Commander

ASA COMMANDER INPUT

We value Customer Feedback and performance improvement.

It is important that we will continue to remain a cornerstone to the operations as the Army Support Activity (ASA). Interactive Customer Evaluation (ICE) is your direct link to Army service providers of the ASA. This is your opportunity to rate products and service providers.

It is a vital piece in evaluating feedback and provides service providers with a tool that allows them to directly and quickly affect the well-being of our customers. You may also want to offer suggestions for improving the quality of service.



Col. Patrick Slowe
ASA Commander

Log on to ICE and let us know how we are doing at <http://www.ice.disa.mil>. Click Army Service, then Fort Dix.

Survive 40 critical nights of winter

Chief Master Sgt. Ronald N. Kiehton 87th Aerospace Medicine Squadron

From Thanksgiving eve through the end of the New Years Day-weekend there will be 40 nights of which almost half will be followed by a non-working day for most. Many of these nights will involve holiday gatherings, and other opportunities for socializing. This period should be considered critical nights.

The possibility of driving under the influence is statistically increased above all the other times of the year. These 40 nights should be focused on to prevent accidents and incidents, just like the 101 critical days of summer. We all want to make it through those 40 nights without any episodes.

It can happen this and every year, if we work as a team.

Even though it may not be in the headlines every day, driving under the influence of alcohol continues to be a problem. Whatever acronym it may take - DUI, DWI, DAI, DWDI - all refer to drinking a certain amount of alcohol to get behind the wheel of a vehicle.

Awareness is the first step to prevention, which is the primary intent of this article. Trends for specific installations, or units, or other statistics are not the priority here. Just one DUI is one too many.

We are all intelligent and need to be prepared so none of our people get caught in such a predicament.

The bottom line has been and remains that a DUI means significant career problems and huge expenses. There is a tremendous

difference between making a mistake and breaking the law.

This article is intended to have you stop and reflect. Think of the potential harm to you, family, yourself and others.

Like most things, preventing DUIs is a team effort. From your supervisor, your coworkers, and leaders at all levels, there are numerous support initiatives, safety briefings and ride home programs. But you are the primary means of prevention.

Whether you are brand new to the service or have invested years of time and effort into getting to where you are today, do not jeopardize your future for the sake of a minimal taxi fee or the discomfort of calling someone for a ride. Drinking alcohol is a personal decision everyone over the age of 21 has a right to make; but driving after drinking ultimately reflects poor decision-making. The paradox is that the first thing alcohol does is impair decision making. Work with your sections to establish or reinforce preventive measure. There will be quick actions in response to inappropriate behavior and for breaking of the law.

Know your responsibilities and personal limitations. Beers (12 ounce size), glasses of wine (8 ounce glass), shots (1 ounce), or mixed drinks (single, not doubles) all contain approximately equal amounts of alcohol. It can take up to three hours for the body to initially absorb the alcohol. This means blood alcohol could actually be rising when you may think it is dropping. It takes about an hour for the average-sized body to metabolize one beer/wine/shot/mixed drink. The definition is 0.08 percent Blood Alcohol Content

results in DUI in most states. The most responsible approach is to appoint a designated driver, walk, or make other arrangements to get home after drinking alcohol. The chancy approach of gaming alcohol quantity is not the answer.

What types of preventive programs work best? Those that inform individuals of the facts; impose consequences for irresponsible behavior; and plan for alternatives to driving after drinking.

Use a taxi or the wingman card/recall roster and call for a "non-attribution" ride home. Your leaders have probably said several times that they are available to provide rides. If hosting at your home, make arrangements for designated drivers, have a taxi service number readily available for your guests or let them crash at your house. Be a responsible host.

The Air Culture of Responsible Choices, The Air Force program that combats drinking and driving, uses the phrase 0-0-1-3. It calls for zero drinks under 21 years of age, zero DUIs, one drink per hour and three drinks maximum per gathering. This is an excellent plan but every plan needs a backup.

Lastly, always remember to buckle up before driving. I still remember the film they used to make us watch in high school depicting horrible vehicle accidents. At the end of the video, the patrolman said, "In over 20 years, I've never unbuckled a dead person."

Most importantly, have a safe and joyful holiday season. Working together during the 40 critical night of winter will be followed by a happy New Year, where we ALL report for duty with a promising future.

the Post

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ASA Commander	Col. Patrick Slowe
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ASA PAO/ Managing Editor	David Moore
PAO Automation/Admin	Neverly Wakefield
Photojournalist	Jennifer McCarthy
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Federal health benefits open season ongoing

Office of Human Resources
National Institutes of Health

The Federal Employees Health Benefits (FEHB) Program's annual open season began Nov. 9 and continues through Dec. 14. During this period, if you are eligible for government benefits, you may enroll, change plans or options, change from self-only to family or from family to self-only, cancel enrollments, and/or change your premium conversion option. After open season, these options will only be available under limited situations. Open season requests will be effective Jan. 3, 2010.

If you are on a permanent federal civilian appointment or an appointment lasting more than one year, you are eligible to enroll or change enrollment. IRTA, Visiting Fellows, Special Volunteers or others covered under health insurance offered through the Foundation for Advanced Education in the Sciences (FAES) are not covered under this open season. Also, if you are a member of the PHS Commissioned Corp, you are not covered under this program.

If you are a temporary employee, and have completed one year of current continuous employment, excluding any break in service of five days or less, you are eligible to enroll. If you apply under this provision you are responsible for the full cost for the health insurance. Government contributions toward the total premium are not allowed. If you are a temporary employee and are eligible to apply for health benefits during this open season, you must complete the SF-2809, Health Benefit Election Form. If you have questions, please notify your benefits contact.

If you are satisfied with your current plan, review the 2010 brochure and premium rate to make certain you want to continue with your plan. If you are still satisfied, do nothing. Your coverage will continue and any adjustments will take place automatically on Jan. 3, 2010.

If you would like to enroll or change your enrollment, review the information on the available plans and options to see what plan will best meet your needs. You must request an open season election through myPay. myPay is available 24 hours a day, seven days per week. You can access myPay by phone at 1(877)363-3677 or 1(478)757-3119, or through the ACO Web site at www.us.army.mil.

To access myPay, you need your PIN. If you cannot locate your PIN, you may request a new number online or by calling 1(800)390-2348. If you are hearing impaired, you can contact the Federal Relay Service to initiate the myPay changes. The new PIN will be forwarded to you at your current home address in about two weeks. We strongly recommend that after you submit your open season request, you click on the option that provides confirmation of your request.

Enrollments or changes in enrollments requested during open season, as well as new premium rates, will become effective Jan. 3, 2010. These will be reflected in your salary check and on your Jan. 22, 2010, Leave and Earnings Statement. Please review this statement carefully and report any problems to your timekeeper or your Benefits Contact.

Guides and brochures will be available for view and printing from the U.S. Office of Personnel Management's Web site, www.opm.gov, in the near future. The Office of Personnel Management has an interactive on-line tool to help you compare available plans. The tool will give you a chance to compare costs and benefits among the plans available to you. The tool will be updated soon to include the 2010 information.

You should be aware that if you leave federal employment, you might be eligible for Temporary Continuation of Coverage, or TCC (unless you are separated for gross misconduct). TCC can continue your enrollment for up to 18 months. TCC is also available for up to 36 months for your dependents who lose eligibility as family members under your enrollment. This includes spouses who lose coverage due to a divorce and children who lose coverage because they marry or reach age 22.

TCC enrollees must pay the total premium (without a Government contribution) plus a 2-percent charge for administrative expenses. TCC enrollments must be requested within 60 days of the event that causes the loss of coverage (i.e. date of separation, date of divorce, or child's 22nd birthday). Please notify your benefits contact for further information concerning TCC.

FEHB plans do not cover long-term care. However, you can protect yourself against the high cost of long-term care by applying to the Federal Long Term Care Insurance Program (FLTCIP). Long-term care insurance is designed to help cover the cost of services for people requiring assistance with activities of daily living (custodial care), such as eating, dressing and bathing. Care can be received at home, an adult day care center, a hospice, an assisted living facility, or a nursing home.

The FLTCIP Web site offers online applications, an interactive calculator to provide customized price quotes based on age and choice of benefits, and educational resources about long term care and long term care insurance. Call 1(800)582-3337 to speak to a certified long-term care insurance specialist or visit www.ltcfedcs.com.

For more information on FEHB, visit <http://hr.od.nih.gov>, www.opm.gov or www.us.army.mil.



U.S. Air Force photo/Carlos Cintron

Time for giving continues

Staff Sgt. Christopher Atkinson, 87th Logistics Readiness Squadron, right, explains the various charity donation options to Sandra Schmidt, wife of retired Air Force Staff Sgt. Richard Schmidt, for the Combined Federal Campaign. CFC representatives set up tables at the commissary and base exchange to collect donations at Nov. 13. The campaign runs through Nov. 30.

Training brigade's top NCO reassigned

Sgt. Nicole Dykstra
72nd Field Artillery Brigade PA

It was a different kind of assignment, but Command Sgt. Maj. Louis Tinsley was up for the challenge.

When Tinsley arrived at the 72nd Field Artillery Brigade (formerly known as 5th Brigade, 78th Division) in September 2005 to assume duties as the brigade command sergeant major, he found a brigade unique

"I didn't just observe the training, I went through each training lane as if I were a mobilizing Soldier. How can you evaluate something unless you've been through it?"

— CSM Louis Tinsley
72nd Field Artillery Brigade
command sergeant major

to any other at which he'd previously been assigned: active-duty Soldiers mixed with AGR and mobilized Reservists augmented by National Guard and Reserve Soldiers participating in Operation Warrior Trainer (OWT).

"Having never been in a unit like this, I had to take some time to figure out how the Reserve and National Guard components work, and how they work in conjunction with the active duty," he said. "You develop a different perspective when you realize how hard everyone works for the mission."

Tinsley has served on active duty since 1981, when he enlisted in the infantry and attended

basic combat training at Fort Benning, Ga. His other assignments include 1st Battalion, 22nd Infantry (Mechanized), from Fort Carson, Colo.; 3rd Battalion, 505th Parachute Infantry Regiment from Fort Bragg, N.C.; and instructor at the Drill Sergeant School Orientation Course.

In 2004, Tinsley deployed to Ar Ramadi, Iraq, as the command sergeant major of Headquarters, 1st Battalion, 9th Infantry Division (Mechanized) from Camp Hovey, Korea. The battalion was tasked with providing security to main supply routes around the area of operations, improving infrastructure, and executing cordon and knock missions.

One of his first goals upon arriving at the 72nd was to improve the consistency and availability of living quarters and conditions for Soldiers of the brigade. Due to different orders depending on a Soldier's status, some were housed in outdated barracks in need of renovation, while others received extended-stay hotel rooms nearly an hour away, said Tinsley.

"At that time, the brigade was not prepared to support the training mission long-term; initially, no one here thought the unit would have this mission for more than a year," Tinsley said. "Once it became apparent we'd have this mission for much longer than that, we needed to address the housing situation and improve quality of life."

With Tinsley's efforts, 72nd Soldiers were relocated to newer, renovated barracks and bachelor quarters, allowing for better



Department of the Army photo

FOND FAREWELL — Command Sgt. Maj. Louis Tinsley, 72nd Field Artillery Brigade command sergeant major, will depart for a new assignment with the 1st Battalion, 4th Infantry Regiment at Hohenfels, Germany, in early 2010 after serving with the 72nd since September 2005.

accountability and increased resources and productivity.

Tinsley's other focus during his first several months as brigade command sergeant major was to gain a full understanding of all the mobilization training provided by the unit.

"I didn't just observe the training, I went through each training lane as if I were a mobilizing Soldier," he said. "How can you evaluate something unless you've been through it? I wanted to be able to help improve the focus and intent of the training, in accordance with Southwest Asia (SWA) mobilization guidance. I knew that in order to do that, I had to experience it myself."

In 2007, Tinsley sat on a board to evaluate and adjust the SWA guidance for mobilizing service members. Focus is returning to the unit's specific mission, Tinsley said, rather than requiring each Soldier to complete each training lane. This leads to a decrease in time at the

mobilization station, allowing the unit to spend more time on their actual mission in theatre.

During Tinsley's time as the brigade command sergeant major, Soldiers of the 72nd have trained, mentored and validated more than 56,000 service members mobilizing in support of ongoing contingency operations around the world.

Tinsley is scheduled to PCS from the brigade in early 2010 for a new assignment with the 1st Battalion, 4th Infantry Regiment at Hohenfels, Germany. He leaves the 72nd with fond memories, and a greater understanding of the Army Reserve and National Guard.

"My hat is off to the Reserve and National Guard Soldiers," he said. "It takes a special kind of Soldier to take on a mission you aren't used to and also balance a civilian career."

Tinsley will be replaced by Command Sgt. Maj. James Herbert, currently assigned to the 25th Infantry Division in Alaska.

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Air Force steps up network security

WASHINGTON (AFNS) Nov. 13, 2009 -- Every day, malicious code, worms, botnets and hooks attack Air Force computers hardware, software and the Internet. They infiltrate classified information and compromise national security.

In response, Air Force officials are stepping up their mission to defend cyberspace.

Mission success is the goal of protecting networks from attack. In August, Air Force Chief of Staff Gen. Norton Schwartz outlined steps Air Force officials are taking to centralize this mission. He said that those steps are just the beginning.

"To make significant progress we must also change the way we think about the cyberspace domain," Schwartz wrote to Air Force members in a service-wide e-mail.

Cyberspace adversaries attack Department of Defense computer networks every day. They range from individual hackers, criminal organizations and terrorists to nation states. Though they aren't successful the majority of the time, they have stolen classified information from networks and computers, including future weapon systems, logistics information and Airmen's personal information.

The most common way of getting information is phishing. This attack targets the weakest link in network security: the user. It involves sending e-mails containing attachments and linked Web sites that appear legitimate.

Phishing tricks Airmen into

downloading code which provides a door into that network or computer from remote locations. Phishing happens at work or home.

"Applying our wingmen in the cyberspace domain gives us a powerful advantage; every Airman is a defender in cyberspace," said Gen. C. Robert "Bob" Kehler, the commander of Air Force Space Command.

The activation of 24th Air Force Aug. 18 helped define Air Force requirements and establish training standards for cyber warriors. The next step is to educate every Airman about the cyber wingman campaign.

"We must all conduct ourselves as 'Cyber Wingmen,' recognizing that our actions and activities on the network affect every other Airman and impact our ability to execute the broader Air Force mission," Schwartz said.

The "Rise of the Cyber Wingman" philosophy incorporates the following 10 guiding principles every Airman needs to know and use to secure cyberspace.

1. The United States is vulnerable to cyberspace attacks by relentless adversaries attempting to infiltrate our networks -- at work and at home -- millions of times a day, 24/7.

2. Our adversaries plant malicious code, worms, botnets and hooks in common Web sites, software and in hardware such as thumbdrives, printers, etc.

3. Once implanted, this code begins to distort, destroy and manipulate information, or it

"phones" it home. Certain code allows our adversaries to obtain higher levels of credentials to access highly sensitive information.

4. The adversary attacks your computers at work and at home knowing you communicate with the Air Force network by e-mail or by transferring information from one system to another.

5. As cyber wingmen, you have a critical role in defending your networks, your information, your security, your teammates and your country.

6. You significantly decrease our adversaries' access to our networks, critical Air Force information, and even your personal identity by taking simple action.

7. Do not open attachments or click on links unless the email is digitally signed, or you can directly verify the source, even if it appears to be from someone you know.

8. Do not connect any hardware or download any software, applications, music or information onto Air Force networks without approval.

9. Encrypt sensitive but unclassified and/or mission critical information. Ask your computer security administrator, or CSA, for more information.

10. Install the free Department of Defense anti-virus software on your home computer. Your CSA can provide you with your free copy.

"By embracing, understanding and applying each of these rules, we will deliver on our promise to fly, fight and win in air, space and cyberspace," Schwartz said.



U.S. Air Force photo illustration

SECURE NETWORKS -- Cyberspace adversaries attack Department of Defense computer networks every day, and Air Force officials have a goal of protecting networks from attack. In August, Air Force Chief of Staff Gen. Norton Schwartz outlined steps the Air Force is taking to centralize this mission.

'Best Warriors' face off

(continued from page 1)

near Doughboy Loop, where the contestants took a physical-fitness test consisting of push-ups, sit-ups and a two-mile run.

The remainder of the first day involved weapons qualifications, day and night land navigation utilizing the Army's new Global Positioning Systems compass and testing warrior task skills. This consisted of radio transmission communications, medical treatment and survival tasks.

"I like a challenge and to see how far I can push myself," said Sgt. John Graniello, one of the competitors.

The final day of competition began early Sunday morning as the group tested their endurance and stamina in a timed 10-kilometer rucksack march.

"The BWC is good training and its competitive; and maybe I'm a competitive guy who likes the competition," said Spc. Paul Bauducco, one of the participants.

Competitors then entered the final phase of the competition: the five soldiers individually met with a board of senior Army leaders.

The board tested and scored each on their military knowledge.

The members of the board consisted of four command sergeants major and one sergeant major.

Each of the competitors was judged on military bearing, appearance of their uniform, how well they responded to questions on different military topics and an essay they wrote on the meaning of the warrior ethos.

"Thank you for all the hard work you've done; I want you to know it is not forgotten and does not go unseen," said Command Sgt. Maj. Najee Lunde, 77th Sustainment Bde. and 2010 BWC president.

Graniello and Bauducco, both from the Sustainment Troop Battalion, were named the winners of the competition.

Each received a scale model of the Statue of Liberty and the Army Achievement Medal for their hard work and commitment to excellence.

Runners-up in the competition were Sgt. Zeb Cougherty, 445th Quartermaster Company and Pfc. Banchee Barnett, 946th Transportation Company.

"I don't know if I'm supposed to be happy or sad," Bauducco said. "I got to go to the next level of competition and I imagine it's going to be a lot tougher than this one. But, I'm looking forward to it."

Participants who win at the brigade level will go on to compete at the 316th Expeditionary Command BWC. The competition will progress to the Army Reserve Command level.



U.S. Air Force photo/Pascual Flores

Road to success

Members of the 87th Civil Engineer Squadron Horizontal Shop, also known as the "Dirt Boy Shop," apply the finishing touches to a sidewalk curb on Tuskegee Airmen Avenue Nov. 18. Michael Mattay and Airmen 1st Class Travis Hammer, Rezek Khalifeh and Steven Stopani designed the wooden form for the curb.

Chief information officer

(continued from page 1)

"He definitely cleared up a lot of stuff for a lot of people in our squadron. It was a very helpful meeting," Reid added.

Lord did not depart the session without thanking the Airmen.

"Today's Air Force missions could not happen without the service that you provide," Lord told them. "We are a better Air Force because of the

way you operate."

Lord shapes doctrine, strategy, and policy for all communications and information activities while driving standards and governance, innovation, and architectures for information systems and personnel. He is responsible for integrating Air Force warfighting and mission support capabilities by networking space, air and terrestrial assets.

NATO chief

(continued from page 1)

"I want to use this opportunity to strongly encourage you, and your governments, to make more military resources available -- extra combat forces for ISAF, extra troops for enhanced partnership and teaming with the Afghan national security forces, and extra troops for training, particularly through the NATO training mission in Afghanistan," he said.

"I firmly believe that we can continue to make progress -- significant progress -- if we can close the gap between the resources which the commander of ISAF currently has available, and those he actually requires to do his job," he added.

Rasmussen also expressed confidence that the international force would gain new momentum soon.

"I know that some people are concerned not just about the costs of the operation, but also about its future direction. Again, I understand why," Rasmussen told the assembly. "But people should be reassured that soon there will be new momentum."



Soldiers prep for mission in Horn of Africa

Wayne Cook
ASA Public Affairs

Soldiers assigned to the Headquarters and Headquarters Company, 418th Civil Affairs Battalion, from Belton, Mo., brushed up on their diplomacy skills as their training wound down at the Army Support Activity, Joint Base McGuire-Dix-Lakehurst Nov. 13.

Mobilized for a deployment to the Horn of Africa, the civil affairs troops have been tasked to lend assistance to six nations throughout the region for country stabilization. According to Lt. Col. Rich Appel, commander of the HHC, 418th CA Bn., the Soldiers bring a diversity of civilian skill sets to the mission including school administration, nursing, law enforcement, training, and many more.

"We will be helping to provide food, water, education, health services and diplomacy to the local communities. A big part of our tasks will be to not only provide services, but also teach the locals how to take care of their own needs," said Appel.

The men and women of the 418th will be assigned to Camp Lemonnier in Djibouti but will deploy to locations throughout the Horn to complete their missions.

Lt. Col. Mona Jibril, the unit executive officer, stated that every mission and theater is different.

"I went to Operation Iraqi Freedom 2. That was a completely different scenario from what I will be facing on the Horn of Africa. It depends on the time and location of the mission as to what you will face in country," said Jibril.

"The civil affairs teams will be able to operate more permissively throughout the Horn," said Sgt. Amanda Boersma, 418th public affairs representative. "The hostile activity I was used to in Iraq during Operation Iraqi Freedom 1 will not be present during this mission."

"Unlike the situations in Iraq and Afghanistan, we were invited by these nations to come in and help them. Because our president has a lineage with Kenya, our nation has a stronger credibility with the country. They more closely relate themselves to the United States," Jibril said.

The HHC, 418th CA Bn., has a distinct advantage going into the Horn. One of their officers, Maj. Yvonne Unigwe, is originally from Nigeria.

At 13 years old, she and her family moved to the U.S. She will act as the cultural liaison for the unit, giving them a unique perspective of the nations they will be serving.

Boersma, a nurse in the civilian world, will be assigned to a public health functional specialty team that will provide health education and medical training and aid. Her team will assess the community health needs and work with the local medical personnel and other agencies to provide another layer of service to the populace.

Jibril said, "What we do is to help other countries stand up and take care of themselves. We are there to foster relationships and help those in the villages."

With all that the Soldiers will face on their missions, Boersma said the training they had received at the ASA was very pertinent and helped get them in the right frame of mind to move forward and be successful.



Ryan Morton

IF IT AIN'T RAINING -- Sgt. Alex Young, 486th Civil Affairs Battalion, works with his interpreter, right, to communicate with townspeople during a training exercise at Army Support Activity, Joint Base McGuire-Dix-Lakehurst Nov. 13. The 486th, from Tulsa, Okla., worked with role-players called civilians on the battlefield during their preparations for an upcoming deployment in support of Operation Iraqi Freedom.

Civil affairs troops train for Iraq

Ryan Morton
ASA Public Affairs

The 486th Civil Affairs (CA) Battalion dotted the Is and crossed the Ts at Army Support Activity, Joint Base McGuire-Dix-Lakehurst's (ASA, JB MDL) training ranges, Nov. 13 as it put the finishing touches on its preparations for an upcoming Operation Iraqi Freedom mission.

The 486th CA Bn., an Army Reserve unit from Tulsa, Okla., is comprised of 48 Soldiers and a couple of active-duty Sailors from across the U.S. including Oklahoma, Texas, Nebraska, Florida, Maryland, Wisconsin and Indiana. They will be joined in country by approximately 10 active-duty Airmen who trained separately at ASA, JB MDL.

It's a mission that nearly everyone in the unit volunteered for.

"It's a great mission and everybody wants to be here," said Maj. Randy Bruett, 486th

CA Bn. executive officer.

"We're working to help the host-nation (Iraq) government transition by establishing the rule of law, reinforcing governance, and the establishment of women-owned businesses," said Bruett.

The 486th Civil Affairs personnel went to a mock village where they discussed concerns and issues with various dignitaries, officials and townspeople role-played by civilians on the battlefield.

"With the rule of law, it's based on the British common-law system, which has been in place in Iraq before, but with the dictatorship was pushed aside. We want to establish the Iraqi people's belief in the legal system and show them how a parliamentary system is supposed to work," he said.

Bruett also talked about showing the Iraqi

citizens the roles they play in the governance of a nation and ways to reduce corruption that can take place in a government system.

In one of the training scenarios, the 486th CA Bn. personnel went to a mock village where they discussed concerns and issues with various dignitaries, officials and townspeople played by role-players called civilians on the battlefield (COBs). They had to discuss matters, while at the same time maintaining security around the area at all times. Eventually, other COBs who played insurgent snipers opened fire and the personnel on hand had to react accordingly.

The unit has been at ASA, JB MDL since early September and will ship out to Iraq very soon, and according to Master Sgt. Tim Spradlin, 486th CA Bn. operations non-commissioned officer-in-charge, will keep their primary goals and focus at the forefront.

"We want to bring everybody back safe and sound and accomplish the mission at hand," said Spradlin.

MAKE A DIFFERENCE

Joint Base McGuire-Dix-Lakehurst is looking for interested residents who would like to volunteer

"Volunteers improve the quality of life for all residents"

For those residents who want to make sure the JB MDL community is the best it can be

Call the Warfighter & Family Readiness Center at 562-2767 if interested in volunteering

Soldiers take care of own

Shawn Morris
ASA Public Affairs

Casualty assistance has taken center stage in recent films such as "Taking Chance" and "The Messenger," but there's nothing glamorous about the real-life job of caring for the families of fallen Soldiers.

For the members of the Human Resources Military Directorate's Casualty Assistance Center (CAC) at Army Support Activity (ASA), Joint Base McGuire-Dix-Lakehurst, it's a difficult but rewarding experience.

"Soldiers have families; just because a Soldier is gone doesn't mean our job is done. We can and will take care of the families," explained the CAC's Army Master Sgt. Kevin Thompson.

"It's the honor we would want shown to our families," he added.

Thompson and his fellow CAC members, headed by Luis Millan, are responsible for casualty assistance and funeral honors in all of New Jersey, five counties in eastern Pennsylvania, and 17 counties in New York. There are more than 600,000 Army veterans and 120,000 military retirees living in their area of responsibility, according to CAC statistics.

"We want to 'complete the mission' for our fallen Soldiers and DoD civilians by serving and assisting their surviving family members with obtaining their benefits and entitlements," explained Millan.

Assisting Millan in this quest are Mark H. Picklik, operations coordinator, Tammy Branson, benefits coordinator, Janelle Jackson, memorial affairs coordinator, Timothy Adams, training instructor, Shirley M. Hartmann, mortuary affairs coordinator, Linda Godwin, administration, and Thompson.

To handle the 550-600 requests for funeral honors received each month, the CAC reaches out to Soldiers from units at the ASA such as the 72nd Field Artillery Brigade,



Lisa Evans

DIGNITY AND RESPECT -- Master Sgt. Kevin Thompson, casualty affairs trainer, left, helps Sgt. Denise Powers, chaplain assistant, as she learns how to ensure a flag is correctly folded and stored following a memorial or funeral service. Thompson and other Casualty Assistance Center members at the Army Support Activity train Soldiers for casualty affairs duties as well as working their daily jobs at the center.

99th Regional Support Command, and the Reserve Training Center-East, and outside the ASA to places such as Fort Monmouth, Picatinny Arsenal, Fort Hamilton, N.Y., the U.S. Military Academy at West Point, N.Y., and the New Jersey, Pennsylvania and New York Army National Guard.

"We all do it for the same reason," Thompson said. To ensure everybody is performing to the same standard, the CAC hosts periodic Casualty Notification/Assistance Officer and Funeral Honors training.

The most recent training classes were held at Timmerman Center Oct. 21 and 22. The notification/assistance course, taught by Adams, covers topics such as time limits and other rules regarding notifying next of kin, and how to handle the difficult face-to-face meet-

ings with family members.

"There's a lot more involved than just folding a flag," Thompson said of the Funeral Honors training, which he teaches. Escort duty, plane-side honors, veterans details, modified and full honors, facing movements around the casket and proper casket lifting procedures are all covered in the training.

Perhaps the most important thing Thompson teaches is the dignified and respectful bearing one needs to adopt while performing funeral details. "Exact steps aren't important," he said. "Getting a well-folded flag in a good ceremony is key."

Besides veterans and retirees, the CAC also handles active-duty casualties, which include Active Guard/Reserve, mobilized National Guard and Army Reserve, and troops serving in

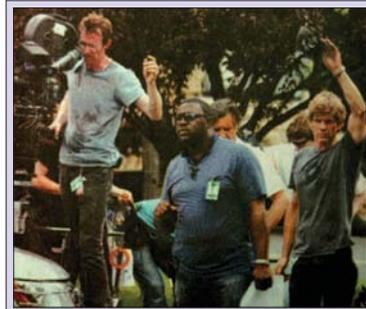
various theaters of operation. Regardless of the casualty's status, Thompson adheres to a single standard.

"I believe in a quiet, dignified service," he said. "To me, that's the mission."

While Thompson has been performing funeral details full-time for several years at the ASA, he's not the only CAC member with a wealth of experience. For example, Hartmann, and Godwin bring decades of combined experience and dedication to their jobs.

"We make sure the families are taken care of," explained Hartmann, who often arranges transportation and meals for distant families. "It's an inner drive in us."

"It's about the families; I don't know how to explain it," added Godwin. "That's why we keep coming back every day."



Staff Sgt. Russell Lee Klika

ART IMITATES LIFE -- Crew members for the film "The Messenger" set up cameras, sound and lighting equipment for a scene on Maryland Avenue June 5, 2008. The movie, which features Soldiers, civilians and locations from Dix, received limited theatrical release Nov. 13.

'The Messenger' now in theaters

After filming at Dix nearly 18 months ago, the feature film "The Messenger" received limited theatrical release Nov. 13.

More than 100 Team Dix Soldiers and civilians participated in the shoot, which included locations such as the Dix Main Chapel, a dining facility, the motor pool, Griffith Field House and the Public Affairs Office.

In the film, Ben Foster stars as Will Montgomery, a U.S. Army officer who has just returned home from a tour in Iraq and is assigned to the Army's Casualty Notification service. Partnered with fellow officer Tony Stone (Woody Harrelson) to bear the bad news to the loved ones of fallen soldiers, Will faces the challenge of completing his mission while seeking to find comfort and healing back on the home front.

When he finds himself drawn to Olivia (Samantha Morton), to whom he has just delivered the news of her husband's death, Will's emotional detachment begins to dissolve and the film reveals itself as a surprising, humorous, moving and very human portrait of grief, friendship and survival, according to an online synopsis.

The movie, helmed by first-time director Oren Moverman, has received critical acclaim from national publications such as Entertainment Weekly and Rolling Stone Magazine, and was given positive reviews in both the New York Times and Washington Times. The film has been nominated for several awards, including wins for best screenplay at the Berlin International Film Festival and best film at the Deauville Film Festival.

The film is rated R for language and some sexual content/nudity. Check online for more information and current theater listings and times.

NEIGHBORHOOD

The Corner

Holiday events scheduled

Joint Base McGuire-Dix-Lakehurst will celebrate the holiday season in December with holiday music, cookies, hot chocolate, and a visit from Santa Claus at the following times and locations:

- McGuire Annex -- Dec. 1 at 4 p.m. in the McGuire Chapel 1
- Lakehurst Annex -- Dec. 2 at 4 p.m. in Community Bldg. 150
- Dix Annex -- Dec. 3 at 4 p.m. at Wurman Hall, Bldg. 5417

Dix Thrift Shop accepting holiday consignments

The Dix Thrift Shop is now accepting consignments of all Thanksgiving and December holiday items, with a limit of five items per visit within the 15 total items permitted for consignment during each visit.

Please stop and check us out during your holiday shopping. There are many new and lots of gently used items for your gift giving and decorating needs.

Shortly, the front entrance deck will be renovated.

During the construction, the shop will be open normal times, but we ask you to use the rear/loading dock entrance until the work in front is finished.

The ramp for handicapped use is at the rear entrance for those who need it at any time.

Visit during sales hours at 6501 Pennsylvania Avenue. If you have questions anytime, call 723-2683.

Hours of operation are Tuesdays, Thursdays and first and third Saturdays of the month from 10 a.m. to 2 p.m., and the first Wednesday of the month from 3 to 7 p.m.

Pair of retirement seminars scheduled for December

● The mandatory Quarterly Pre-Retirement Orientation is scheduled for Dec. 8 to 11 from 8 a.m. to 4:30 p.m. in the Timmermann Conference Center located on Pennsylvania Avenue and 8th Street.

This seminar is mandatory for all Soldiers who are within 120 days of retirement and optional for all others. Spouses are encouraged to attend with the Soldier.

● The next National Guard/Reserve retirement briefing will be held Dec. 5 from 8 a.m. to 5 p.m. in the Timmermann Conference Center. Representatives will be available to address all aspects of the National Guard/Reserve retirement benefits.

More information may be obtained by contacting the Retirement Services officer at 562-2666.

Deadline for final newspaper submissions

Deadlines for submitting articles to the Post newspaper have changed. The ASA Public Affairs Office realigned its newspaper deadlines to match those of JB MDL public affairs.

Articles prepared by writers from military and civilian organizations on the joint base must be submitted by 4:30 p.m. today.

For more information, call David Moore of the ASA Public Affairs Office at 562-4035, or e-mail david.f.moore@us.army.mil.

Volunteers sought for Black History Month

The Army Support Activity Black History Month observances Committee seeks volunteers to help with the Dr. Martin Luther King Jr. program and Black History Month events.

Anyone wishing to help should call Veverly Wakefield at 562-4036 or e-mail her at veverly.wakefield@us.army.mil.

Marriage enrichment weekend to be held

New Jersey National Guard 50th IBCT Soldiers who recently returned from deployment and are looking to "reconnect" with their spouses are invited to attend a Strong Bonds AKA Marriage Enrichment week-end.

Please note that this is NOT a counseling weekend. Upcoming dates are Feb. 12 to 14, April 16 to 18 and May 14 to 16.

For more information, contact Marie Durling at 530-6884 or send an e-mail to marie.durling@us.army.mil.

Help is available

Do you, or someone you know, need help? Call Military OneSource at (800) 342-9647 or the Outreach Center at (866) 966-1020.

Local communities honor veterans

Sgt. Teri Hansen
366th MPAD

On the eleventh hour, of the eleventh day, of the eleventh month, 1918, World War I came to an end with the signing of an armistice by Allied Forces and Germany.

The first official celebration of Armistice Day was on November 11, 1919.

Around 1953, people began calling it Veterans Day. Congress decided to change the day to an occasion to honor those who'd served America in all wars.

This Veterans Day, communities throughout New Jersey showed their appreciation to Veterans and their families by offering discounts on products and services.

The 800 West Salon and Spa in Marlton, offered a discount spa get-away to all servicemembers.

Last Wednesday, a few Soldiers from Joint Base McGuire-Dix-Lakehurst were provided the opportunity to break away from the rigors of training for a couple of hours to enjoy being pampered.

On entering the spa, they were greeted by the owners, Raymond and Linda Orsuto, who offered them various refreshments and snacks. Soldiers were then escorted to rooms where they removed their dog-tags from around their neck and pulled off their combat boots. With tired feet soaking, they enjoyed further pampering.

"You guys are doing what I can't even fathom doing in a million years," said Linda Orsuto. "It is the least we can

do to thank you."

Maj. Mary McKiernan, the Operation Warrior Trainer Officer in Charge of the 72nd Field Artillery Brigade, helped to organize the event when she joined the unit's Family Readiness Group. McKiernan had enjoyed participating in the same kind of event some years before and really wanted other Soldiers to experience it.

"It's really good for civilians to show that they haven't forgotten about the Soldiers overseas," she said. "When it doesn't touch your life on a day-to-day basis, people tend to forget."

In addition to their Veterans Day military appreciation special, the spa offers a 20 percent discount to military members every day.

Another local business offered more than the average 10 percent discount. The Westampton Applebee's, provided a free entrée to all Veterans.

By 4 p.m., 380 Veterans had taken advantage of the military appreciation special. By close of business, area manager Ed Guidotti expected to serve 500 more.

"I love it!" said Brian Willis, Sr., a veteran of Operation Iraqi Freedom. "If they will give me free food on Veterans Day, I want to give that money back the rest of the year."

The event drew Veterans from all branches of service who have served in various times and locations ranging from the Korean Conflict to current military operations.

The eatery provided a day of camaraderie for all patrons and a break from the typical dining facility (DFAC) fare for all.



Sgt. Samantha Beuterbaugh

PAMPERED -- Pfc. Aquilla Reed, 304th Public Affairs Detachment from Seattle, Wash., enjoys a pedicure at 800 West Salon and Day Spa in Marlton Nov. 11 as part of the military appreciation promotion.

Major chess player wins Army prize

Lisa Evans
ASA Public Affairs

Military psychological operations is his specialty. Chess is merely a passion.

Maj. Jim Hollingsworth, U.S. Army Civil Affairs and Psychological Operations Command (Airborne) (USACAPOC[A]) won the coveted Active Duty Army Trophy at the 50th Annual Armed Forces Open Chess Championship held in Gettysburg, Va., in October.

Because the Armed Forces Open is a very tough competition to enter, he said, this was the first time he has been invited to compete. Players hoping to make the team must be among the top 12 in the nation, so even though he was the Fort Bragg post champion in 2007 and co-champion in 2006 and has made the Army team in 1983, 1989, and 1991, this was his first Open.

"I was best active Army, but 20th in the overall tournament," Hollingsworth said. "I was playing against much younger opponents from all of the services. They get younger and younger every year and they are starting to beat me."

With more than 30 years in the Army, Hollingsworth has been playing so long that he remembers once being a youngster challenging his elders.

Playing chess since he was 13 years old, he said he was an avid checkers player until introduced to chess and promptly tossed his checkers board out. Coming to New Jersey, Hollingsworth said he was privileged to play chess here.

"We do have some strong chess players in CAPOC," Hollingsworth said. "But there was no better place to play than Fort Dix. Fort Dix MWR was

very supportive of Army chess. They ordered new tournament-quality chess sets just because they would bend over backwards for chess."

While mobilized to Dix, Hollingsworth trained civil affairs units preparing for mobilization. He likened psychological operations to chess, saying they both gave him similar satisfactions.

"When you play a pretty good game, and you see it come together, you get to watch them squirm. It is a psychological thrill," he explained.

For Hollingsworth, the psychological thrill alone is not why he competes in chess.

"It's just seeing the whole battlefield and how the system works. You do get to see all the pieces at once, nothing is hidden. It's like the kind of work I do," he reasoned.

"It is pure battle strategy tactics, patterns like military maneuvers. Get your pieces around the enemy king just like in war; concentrate forces around a critical point and time."

To hone his skills and to unwind at the end of a long day, he plays chess online against live opponents. Each game only takes approximately five minutes, but the games show him various strategies and positions. Chess consists of patterns, and patterns will win the game, he explained.

"When you see them online, and then see them in real time and recognize the positions, it helps," Hollingsworth enthused.

"Study the games of the other person. Study games of strong players to pick up a strong weapon or an antidote. It is hard to prepare against when you know the strategies."

"I will copy some openings my opponents play, even up to 20 moves deep, until they feel comfortable; then I'll spring the antidote on them. When it's two stronger players in a club like the Army, I will play to win."

He plans to keep on playing, never retiring. He and some chess-playing friends started the Red River Shootout seven or eight years ago, a match between Oklahoma and Texas. The group now has more than 30 players who regularly vie for a traveling trophy.

Last year, the tournament had grown so large, they had to set 34 boards out for teams playing two games each.

"They're looking forward for me to get back there and play them," Hollingsworth said with a grin.

Completing four years active duty with this mobilization, Hollingsworth finally returned home to Fort Worth, Texas, Nov. 13.

One of the first things he has planned is playing against old and new friends in the Red River Shootout. He also plans to return to his civilian job, one that is as much fun to him as chess.

Hollingsworth is a business analyst with Conway Trucking when he isn't mobilized.

He said he crunches numbers and makes graphs and charts, and generally figures out what is happening in the business. Conway Trucking is very supportive of him and all Soldiers, he said, adding he has been mobilized many times but always has a job to go back to.

His plans for the future don't include retirement for the next 20 years or so. His job is one he loves, both in the military and as a civilian, and his hobby is satisfying.

Going home to Fort Worth, where he belongs to the Tarrant County Chess Club, he has three nice chess sets and four smaller ones for studying or playing when the opportunities arise.

Hollingsworth even has one set which was a special gift. It is made of nuts and bolts. Now that's hard-core chess!



Lisa Evans

CHAMP -- Maj. Jim Hollingsworth, U.S. Army Civil Affairs and Psychological Operations Command (Airborne), sits in his office during his last day on the ASA. Beside him are a favorite chess set and the Active Duty Army Trophy he won at the 50th Annual Armed Forces Open Chess Championship in Gettysburg, Va.



Ryan Morton

Library looking great

From left, Mackenzie Watters, Kyle Smith, Gavin Morris, Lucas Altomare, Quentin Mahadoc, Alyssa Shelton, Aliana Platt and Kendra Ward stand in the newly renovated library at School Age Services Nov. 12. The kids, also known as library aids, spent more than a month organizing the library's books, videos and DVDs.

Community Events

Chapel Services

Dix - 562-2020
Sunday Services
Dix Main Chapel
Traditional Protestant
 9 a.m. to 10 a.m.
Catholic
 10:15 a.m. to 11:15 a.m.
Gospel
 11:30 a.m. to 1 p.m.
Sunday School
 10 a.m. to 11:15 a.m.
Jewish Prayer Room
 Room 27
 7:30 a.m. to 4:30 p.m.
Dix Chapel 5
Bldg. 5950 Church Street
 If chapel is closed
 call 562-3311
 to schedule a time for prayer
Protestant, Catholic,
Latter Day Saints
 7:30 a.m. to 8:30 a.m.
Islamic Prayer Room
 Monday through Friday
 7:30 a.m. to 4:30 p.m.
Contingency Operations
Location - Chaplain's tent
 7:30 a.m. to 8:30 a.m.

McGuire - 754-4673

McGuire Chapel 1
Daily Catholic Mass
 Monday through Thursday
 11:35 a.m.
Catholic Reconciliation
 Saturdays 4 p.m.
Catholic Mass
 Saturdays 5 p.m.
 Sundays 9 a.m.
Protestant Gospel Service
 Sundays 11:15 a.m.

McGuire Chapel 2

Protestant Contemporary
Service
 Sundays 9:45 a.m.

Jewish Services

Join Chap. Capt. Rabbi Berdugo for Lunch and Learn every Monday and Wednesday from 11:30 a.m. to 12:30 p.m. at Chapel 1. Call 754-5908.

Religious Activities

Dix Chapels

Protestant Men of the Chapel Prayer Breakfast
 Fourth Saturday of each month
 9 a.m. to 11 a.m.

Protestant Women of the Chapel
 Tuesdays, 9:30 to 11:30 a.m.
 at the Dix Main Chapel and the fourth Tuesday at Buttonwood Hospital.

McGuire Chapels

Protestant Women of the Chapel
 meeting at Chapel 2
 Wednesdays from 6:30 to 8 p.m.
 Thursdays from 9 to 11 a.m.
 (Wee Church Provided)

Catholic Women of the Chapel

Fridays 9 a.m.

Joint Base Protestant Chapel Night

AWANA Clubs at Chapel 2
 Wednesdays 6:30 p.m.

Knights of Columbus meet in Cookstown

The Mary Mother of God Council 13383 meets every second Thursday of the month from 7 to 8 p.m. at VFW Post 6590 in Cookstown. For more information, call Master Sgt. Mike Perreault at 754-1217.

St. Andrew's to honor servicemembers

St. Andrew's Episcopal Church at 121 High Street in Mount Holly will hold services Nov. 22 at 8 and 10 a.m. to honor active military and veterans from all branches of the Armed Forces. Servicemembers are encouraged to attend in uniform.

Dix Thrift Shop

5105 Pennsylvania Avenue
 723-2683

Accepting up to 15 consigned items for Christmas or everyday. Many items now available for holiday decorations.

McGuire Thrift Shop

Building 3446
 353-1126

The McGuire OSC Thrift Shop is now open and ready for business. After being closed for the past month, the store is open and stocked with a wide variety of clothing, shoes, accessories, uniforms, books, toys, house-



Jennifer McCarthy

Early shoppers find best bargains

A trio of jolly Santas represent the many marvelous holiday decorating items found at the Dix Thrift Shop. There is still time to find fall decorations for Thanksgiving and plenty of time to decorate for Christmas. There are many items with low prices, from decorations to china and that special item for baby. Need extra chairs or tables? Find those as well for holiday celebrations.

wares, sporting goods, baby gear, and more!

Wednesday through Friday
 10 a.m. to 2 p.m.
First Saturday of the month
 10 a.m. to 2 p.m.

For more information or to volunteer, call Jennifer Roberts at (609) 353-1126 or visit Bldg. 3446 (between the BX and Vehicle Resale Lot).

CLUB DIX

723-3272

Smokehouse Restaurant

Lunch Served
 Tuesday through Friday
 11 a.m. to 1:30 p.m.
 Closed Saturday to Monday

Blue Room

Wednesday
 5 p.m. to 10 p.m.
 Thursday through Saturday
 6 p.m. to 10 p.m.

Java Caf 

Monday through Friday
 7 a.m. to 1:30 p.m.

Computer Lab

Monday and Tuesday
 7 a.m. to 1:30 p.m.
 Wednesday through Friday
 7 a.m. to 10 p.m.

Saturday

Noon to 10 p.m.
Sunday
 10 a.m. to 6 p.m.

Texas Hold 'Em at McGuire Club

Sponsored by Brave Spirits and held at the Club every Thursday night at 7 p.m. in the Fireside lounge; free for members.

Bingo Nights at McGuire Club

Bingo starts at 7 p.m. every Monday and Wednesday evening at the McGuire Club. Early Bird starts at 6:45 p.m. and features a variety of games including a progressive number jackpot of \$2,000, consolation of \$200. Call 754-2396 for additional details.

Joint Base Library

754-2079
 2603 Tuskegee Arirmen Avenue

Hours of operation
 Monday through Thursday
 10 a.m. to 8 p.m.
 Friday and Saturday
 noon to 5 p.m.
 Saturday, 10 a.m. to 5 p.m.

McGuire Legal Office

Monday from 1 to 4 p.m.
 Thursday from 1 to 4 p.m.
 Friday from 9 to 11 a.m.
 Walk-in hours are now on
 Tuesdays from 9 to 11 a.m.

Griffith Field House

Building 6053
 562-4888

Combat Fitness Challenge (Military Only)
 Monday and Wednesday
 6:30 a.m. to 7:30 a.m.

Go Around the World in 90 Days at McGuire Gym

The Fitness Center's "Around the World in 90 Days" program takes you around the world while never leaving McGuire. This program is self-paced and based on the honor system while each day will have an event that once performed will lead to the next day of your journey.

Call 754-6085 for additional information.

Arts & Crafts Center

562-5691
 Bldg. 6039
 Philadelphia Street

Registration hours:
 Tuesday - 9 a.m. to 4:45 p.m.
 Wednesday and Thursday
 Noon to 5 p.m. and
 6 to 8:45 p.m.
 Friday - 11 a.m. to 4:45 p.m.
 Saturday - 9 a.m. to 4:45 p.m.

Ceramic Christmas Platters

Dec. 3, 6:30 to 8:30 p.m.
 Choose from an array of different shaped platters to create a cherished heirloom for someone special during gift-giving season. Glazing techniques will be demonstrated in this one session class held.

Cost includes item you choose plus firing fee. Pre-register today to reserve a seat.

Reversible Table Topper

Dec. 3, 6:15 to 9 p.m.
 Set your holiday table in style. Choose fabulous or whimsical fabrics - or one of each. \$10 fee plus pick up supply list when you register.

Christmas Tree Napkins

Dec. 10, 6:15 to 9 p.m.
 Easy, fun, SEW different! Coordinate with the table topper or give as gifts. \$10 fee plus pick up supply list when you register for the class.

Handprint Platter

Nov. 21 from 1 to 2:30 p.m.
 Bring the kids to Arts & Crafts to get their hands messy in this fun holiday event for the entire family. Create a family keepsake platter or make a gift for relatives in this ceramic painting class. There are various platters to choose from.

Cost includes item you choose plus firing fee. Pre-register today to reserve a seat.

Upcoming Events

Youth Basketball coaches needed

Registration for new basketball coaches will be held until Nov. 20. All volunteer coaches must be certified by a Youth Sports clinician through the National Youth Sports Coaches Association. The Youth Sports Program adopts the NYSCA standards of safety and coaching etiquette. The NYSCA teaches fundamentals of physiology and psychology of youth, basic sport skills, sportsmanship and emphasizes participation rather than winning.

In addition, each coach must complete an installation records check that must be completed through the base and be trained in CPR and First Aid. For questions, please contact JB MDL Youth Sports Office at Ken.dickson@mcguire.af.mil, Donald.Russoniello@mcguire.af.mil or 754-5912.

JB MDL 56 Club needs new emblem

JB MDL 56 Club is looking for a talented artist to create the new emblem to incorporate the Joint Base service community. Anyone interested in creating a new emblem is encouraged to send submissions to Staff Sgt. Katrina Holmes at katrena.holmes@mcguire.af.mil no later than Dec. 1.

Tuition Assistance briefs

Mandatory Tuition Assistance (TA) Briefings will be held for first-time TA users every Monday, at 8:30 a.m. in Bldg. 3829, Room 206. Call the Education Center, at McGuire, 754-3019.

American Legion meal

The American Legion Post 455 in New Egypt will prepare a made-to-order breakfast of fried eggs, scrambled eggs, biscuits, french toast, SOS, pancakes, omelets, coffee, decaf coffee, tea and juice.

The breakfast is held every first Sunday of the month from 7 to 11 a.m. The American Legion Hall in New Egypt is on Route 528 West, across from Agway at 2 Meadowbrook Lane, New Egypt, 08533. Call 758-8131.

Ladies Golf Days

The ladies of McGuire and Dix tee up every Tuesday at 9 a.m. at Falcon Creek Golf Course. The cost is only \$15 per golfer and includes a golf cart. First-time golfers are welcome. Call 754-4812.

JB MDL Family Advocacy classes

The Family Advocacy Program is holding the following classes. For registration and information, call 754-9680.

Anger Management: Learn how to identify the warning signs of anger, learn how to express anger appropriately and keep anger from taking over. This is a three-part series held on the first three Fridays of the month at the HAWC from 1 to 3 p.m.

Baby Basics: This class helps prepare expectant mothers for upcoming labor and delivery experience. The class is offered once a month from 5 to 7 p.m.

Pregnancy 101: Learn about a wide variety of topics on what to expect throughout each stage of pregnancy. This class is held on the second Friday of each month.

Child Birth Preparation: This class helps prepare expectant mothers for upcoming labor and delivery and is held on Saturdays from 9 a.m. to 4 p.m.

Passport photos now available
 The 87th Air Base Wing Visual Information office accepts walk-ins for passport photos every Monday from 8 a.m. to 4 p.m. Call 754-3581.

United Communities

Holiday Craft Night

Holiday craft night will be held Dec. 16 from 4 to 7 p.m. in the Leasing Office. Celebrate by doing fun crafts and watching movies.

Pictures with Santa

Pictures with Santa Claus will be held Dec. 18 from 1 to 6 p.m. in the Leasing Office. Stop by and get your free picture taken with Santa.

Daily volunteer opportunities are available.

For more information, call Lt. Jay Hart, 87th Communications Squadron, at 754-1651, or Senior Master Sgt. John O'Donnell, 87th CS, at 754-6726. Visit www.habitat.org.

News You Can Use

TRICARE Online

Log into TRICARE Online at www.tricareonline.com to book annual appointments in gynecology and optometry, routine and follow up appointments in family practice, pediatrics and flight medicine.

Early appointment booking options are now offered, with the best selection of same-day appointment times after 6 p.m. and before 6 a.m. on any normal business day.

TRICARE Online also offers a bounty of information on the latest TRICARE and Military Health System news and developments, as well as TRICARE benefit information for beneficiaries. For more information, call TRICARE Customer Service at (800) 600-9332 or the 87th Medical Group at 754-9376 or 9318.

Dental Insurance
 Is your child or spouse in need of dental care? The Dental TRICARE Program and United Concordia can help. The TRICARE Dental Program is an insurance program and, with United Concordia dental care, is made affordable and accessible.

There are more than 64,000 participating dentists in the program. For an additional cost, you can get a nonparticipating dentist, if preferred.

At the program's Web site, www.tricareonline.com, information about enrolling, paying online, finding a dentist, finding an overseas host-nation provider, benefits and more.

Volunteer Opportunities

The Attic

The Attic needs volunteers, in addition to donations. Call the Warfighting and Family Readiness Center at 754-5748 for more information.

Native American Heritage Committee

Volunteers are needed to participate in the inauguration of JB MDL's Native American Heritage Committee. All personnel are welcome to join and participate, and do not need to be of Native American descent. All that is required is to share in the interest and education of others. If you are interested in helping plan activities, call Mimi Cirillo at 754-2079 or Georgia Dupuis at 754-2214.

Spouse Program

Key Spouse Program volunteers are selected by squadron leadership and are trained volunteers who promote individual, family, and unit readiness, establish continuous contact with spouses and families; encourage peer-to-peer (wingman) support; welcome the unit's newcomers; and more.

Key Spouses meet a vital need of spouses to have an informal sounding board through an informal network system and help strengthen the unit leadership's support team. For more information about the Key Spouses and how to volunteer, call theWarfighting and Family Readiness Center at 754-3154.

Red Cross

The American Red Cross has volunteer opportunities helping out on a deployment line, handing out coffee and snacks as well as comfort kits for servicemembers.

Volunteer hours are 9 a.m. to 4 p.m. Monday through Friday and 6 a.m. to 1 p.m. Saturday through Sunday (not available every weekend).

For more information about volunteering with the Joint Base American Red Cross, call Gayle Lynch at 562-2258 or e-mail gaylel@redcrossbenj.org. For other volunteer opportunities, contact Frances Booth at 562-2767 or frances.booth@us.army.mil.

Habitat for Humanity

Interested in volunteering with Habitat for Humanity?

Log into TRICARE Online at www.tricareonline.com to book annual appointments in gynecology and optometry, routine and follow up appointments in family practice, pediatrics and flight medicine.

TRICARE Online also offers a bounty of information on the latest TRICARE and Military Health System news and developments, as well as TRICARE benefit information for beneficiaries. For more information, call TRICARE Customer Service at (800) 600-9332 or the 87th Medical Group at 754-9376 or 9318.

Groundwater monitoring wells to be installed

This fall, Joint Base McGuire-Dix-Lakehurst will be installing eight groundwater monitoring wells in the Falcon Court East area. Five of the wells will be located along North and South Lindbergh Street. Three of the wells will be placed near the golf course.

The purpose of the wells is to enable the base to test for low levels of fuel contaminants that had leaked from underground storage tanks that were removed from service in 2007. The contaminants levels in the groundwater are so low that New Jersey standards would not require monitoring or cleanup. However, because FCE and the base are located within the Pinelands, more strict standards apply. Groundwater treatment is not required; however, monitoring of groundwater is necessary to show that levels are reducing naturally over time.

Homeowners Assistance

The American Recovery and Reinvestment Act of 2009 and Department of Defense have implemented guidance expanding the Homeowners Assistance Program to provide benefits to wounded, ill or injured members of the Armed Forces, surviving spouses of fallen warriors, BRAC 05 impacted personnel (non-causal), and PCSing servicemembers.

This Act provides some monetary relief for eligible federal personnel, both military (including Coast Guard) and DoD civilians faced with losses on the sale of their primary residence when there is no present market for the sale of such property upon reasonable terms and conditions.

General program information and points of contact are contained on the HAP Web site at http://hap.usace.army.mil/

Can Do Crew

Would you like to recognize an outstanding Airman (enlisted, officer, civilian or contractor)? E-mail mcguirecandocrew@mcguire.af.mil and they may be recognized by the Joint Base's Can Do Crew. Don't forget name, squadron and accomplishment.

Visit

www.jointbasemdl.af.mil
 for more information



JOINT BASE HONORS



Col. Larry Boyd, deputy commander for mobilization, and Sgt. Maj. Anthony Young, sergeant major for mobilization, flank Sgt. Maj. Troy Falardeau and Lt. Col. Ignacio Perez of the 314th Public Affairs Operations Center from Birmingham, Ala., as the detachment receives a Welcome Home plaque at Bravo Co. Chapel, Nov. 16.



Capt. Antonia Greene, 72nd FA Bde.

Sgt. German Roa, 2nd Battalion, 309th Training Support Regiment, is promoted to the rank of staff sergeant by Col. Timothy R. Williams, commander, 72nd Field Artillery Brigade during the brigade town hall meeting held at the Timmermann Center, Nov. 10.

New chiefs recognized

Five Joint Base McGuire-Dix-Lakehurst senior master sergeants were selected for promotion to chief. They will join an elite group of Airmen -- only the top 1 percent of the enlisted force are promoted to the grade of E-9.

Those selected are Cheri M. Sanders, 87th Air Base Wing; Robert W. Rice, 305th Air Mobility Wing; Phillip M. Gaudette, 305th Air Mobility Wing; Bryan T. McDaniel, 621st Contingency Response Wing; Derek A. Cantré, 621st Contingency Response Wing; Brent C. Hansma, AMC Test and Evaluation Squadron; and Clifton R. Herndon, AMC Test and Evaluation Squadron.



photos by Lisa Evans

Capt. Jeremiah Blocker and Sgt. 1st Class Nancy Life, commander and acting first sergeant of the 351st Military Police Company, from Ocala, Fla., receive their Yellow Banner and a Welcome Home plaque, Nov. 17 at the Timmermann Center, upon their return from service in Iraq.



Capt. Edwin Cruz and 1st Sgt. Dais Dumeng of the 480th Military Police Battalion from the Puerto Rican National Guard, display their Welcome Home plaque given to them, Nov. 15 at Bravo Company upon their return from a deployment in Guantanamo Bay, Cuba.



Spc. Darwin Seehusen, 135th MPAD

Master Sgt. Jamison L. Johnson receives his new rank of first sergeant during a ceremony held at the Kelley Reserve Center, Nov. 17. Johnson assumes first sergeant duties of Headquarters and Headquarters Company, 2nd Battalion, 309th Regiment, 72nd Field Artillery Brigade.



Capt. Chad Marlett, Headquarters and Headquarters Detachment (HHD), 607th Military Police Battalion commander, Battalion Command Sgt. Maj. Larry Johnson, and Battalion Executive Officer Maj. John Hafty, from Grand Prairie, Texas, receive a Welcome Home plaque and their Yellow Banner, Nov. 15, upon their return from a deployment in Iraq.



Ryan Morton

From left, 1st Sgt. Christopher Ghormley and Capt. Noel Chun, 855th Military Police (MP) Company first sergeant and commander, and 1st Lt. Chris Fisher and Sgt. 1st Class Chris Tyler, 478th Human Resource Company (HRC) commander and acting first sergeant, fasten their Yellow Banners to the line at Army Support Activity, Joint Base McGuire-Dix-Lakehurst's Infantry Park, Nov. 16. The 855th MP Co. is part of the Arizona National Guard, from Phoenix, Ariz., and they will perform an Operation Iraqi Freedom mission where they will train the Iraqi police force. The 478th HRC is from Salt Lake City, Utah, and they will perform an Operation Enduring Freedom mission where they will conduct postal operations in Afghanistan.