

## NEWSNOTES

### Daylight Saving Time ends this weekend

Remember the old saying, "Spring forward, fall back," and turn your clocks back an hour from 2 a.m. to 1 a.m. Nov. 1 as Daylight Saving Time ends and Standard Time resumes.

### Flu-shot hours extended

The 87th Medical Group Immunization Clinic, Bldg. 3458, will operate Monday through Friday from 7:30 a.m. to 4:30 p.m. (Clinic opens 10:30 a.m. last Friday of every month.)

For more information on H1N1 or seasonal flu vaccinations, call the Immunizations Clinic at 754-9209.

### H1N1 vaccinations available soon

The McGuire Medical Group will administer H1N1 vaccinations at CDC II Nov. 3 from 3:30 to 5:30 p.m. Forms are available in the CDC and must be completed prior to getting the optional vaccination.

For more information, call the Immunizations Clinic at 754-9209. Updated information on H1N1 and the seasonal flu can be found by visiting the Joint Base MDL Web site at [www.jointbasemd.af.mil/fluupdates](http://www.jointbasemd.af.mil/fluupdates).

### Airmen can volunteer for NYC Vets Day Parade

Joint Base McGuire-Dix-Lakehurst Air Force members can "Honor Those Who Have Defended the Blessings of Liberty" by volunteering to march Nov. 11 in New York City's annual Veteran's Day Parade. Participants will march 1.5 miles down 5th Avenue. A concert will follow with food, beverages and entertainment at no cost.

The parade begins at 11 a.m. Marchers will form up at 10 a.m. Uniform of the day is Service Dress with flight cap/black gloves. Bus transportation leaving from JB MDL will be available for military members only.

Buses will depart from the Chapel I parking lot no later than 7 a.m. and leave from the parade site at 7 p.m.

Those interested in volunteering can contact their unit first sergeant or Master Sgt. Donna Jeffries at 754-3487, send e-mail with name, unit, phone number, and "riding military bus" or "no bus" to [trina.pharr@mcguire.af.mil](mailto:trina.pharr@mcguire.af.mil), or call 754-9553.

### Trick-or-Treat hours posted

Joint Base McGuire-Dix-Lakehurst families are welcome to "Trick or Treat" Oct. 31 from 6 to 8 p.m. in the base housing areas. Additionally, the 87th Security Forces Squadron will have "Operation Pumpkin Patrol" throughout the evening to ensure the safety of trick-or-treaters.

If you are interested in volunteering for "Operation Pumpkin Patrol," please call the 87th Security Forces Squadron at 562-3441. Report all suspicious activity to JB MDL's Law Enforcement Desk at 562-6001.

## Weather

**FRIDAY** -- Mostly cloudy with highs in the low 60s, lows in the low 50s.

**SATURDAY** -- Mostly cloudy with highs in the upper 60s, lows in the low 60s.

**SUNDAY** -- Showers with highs in the high 50s, lows in the upper 30s.

**MONDAY** -- Partly cloudy with highs in the upper 50s, lows in the upper 30s.

**TUESDAY** -- Partly cloudy with highs in the mid 50s, lows in the upper 30s.

## Joint Base receives \$1-million grant

Angel Lopez and Tech. Sgt. Denise Johnson  
Joint Base MDL Public Affairs

The Warfighter and Family Readiness Center's Exceptional Family Member Program was recently awarded a \$1-million grant for families across Joint Base McGuire-Dix-Lakehurst.

The Family Support 360 for Military Families grant was awarded to JB MDL in conjunction with the New Jersey Statewide Parent Advocacy Network and will focus on helping and empowering families.

"It is a collaboration between the Parent Training Information Center Project and the EFMP to provide direct, intensive services to military families from

**The grant, dispersed over five years, is intended to provide assistance to 30-to-40 families per year through 2014.**

birth to age 26 with developmental disabilities," said Peg Kinsell, SPAN's director of public policy.

The grant, dispersed over five years, is intended to provide assistance to 30-to-40 families per year through 2014.

"It helps us establish a gateway to services by providing a warm hand and informing families of the pro-

grams available throughout the greater New Jersey area," Kinsell said. "Additionally, it gives families a voice in how those services are provided."

The joint base is one of six bases awarded the grant, totaling up to \$200,000 per year.

"We are trying to educate families about the services available on the joint base. EFMP will set the direction for participation of these services," Kinsell said. "We are mandated partners, giving equal opportunity to military families for services offered by the state."

Every state offers institutions to train parents of children with special needs. But this grant is just for military families who have the added burden of moving from state to state or even out of the country.

(continued on page 3)

## Dedication key to MP company's success

Wayne Cook  
ASA Public Affairs



Ryan Morton

**TRAINING THE TRAINER** -- Spc. John Gueli, 854th Military Police Company from St. Louis, Mo., right, shows a roleplayer acting as an Iraqi Police cadet how to apply a tourniquet to Sgt. Corey Dasenbrock, 854th MP Co., during a training exercise at Range 59F on Army Support Activity, Joint Base McGuire-Dix-Lakehurst Oct. 26. The unit is preparing for deployment in support of Operation Iraqi Freedom where they will perform a police transition team mission training Iraqi Police forces.

Soldiers of the 354th Military Police Company from St. Louis, Mo., were training hard Oct. 26, at Army Support Activity, Joint Base McGuire-Dix-Lakehurst in preparation for a mission training Iraqi police.

Dedicated to being the best at what they do, the military policemen and women were put through the paces of multiple scenarios they might encounter while training Iraqi police in theater.

According to 1st Lt. Danny Thornhill, 1st Platoon leader, 354th MP Co., the training at ASA, JBMDL has been extremely beneficial for the Soldiers in the company as it has helped them to sharpen and fine tune their skills before shipping overseas.

The Soldiers rely a lot upon their civilian experience to help them perform the task of training the Iraqi police. Many of them are civilian police officers and corrections officers when they are not engaged in military duty.

Thornhill calls upon 15 years of experience as a state trooper in Missouri as he prepares for the upcoming mission.

The dedication to the company and its Soldiers is evident when talking to those assigned to the 354th.

"I am assigned to the 391st MP Co. from Columbus, Ohio, but when I heard this company was deploying, I volunteered for a cross level to the 354th. In 2003, I deployed on a Police Transition Team mission, and from 2007 to 2008 I deployed on a detainee-ops mission to Camp Bucca, Iraq. The Soldiers

(continued on page 3)

## Joint base deploys 6th Airlift Squadron

2nd Lt. Christine Darius  
Joint Base MDL Public Affairs

Family members were joined by 305th Air Mobility Wing and Joint Base McGuire-Dix-Lakehurst leadership as they bid farewell Oct. 26 to 6th Airlift Squadron Airmen departing for Operations Iraqi and Enduring Freedom.

A farewell ceremony was held at the JB MDL Passenger Terminal to mark the noteworthy deployment. The squadron deployed en masse, which happens once every two years. The 6th AS's last deployment of this kind occurred in August 2007.

"We employ our C-17 Globemaster

IIIs to provide airlift and air medical assistance throughout the world," said Lt. Col. John Price, Jr. "We move people, equipment and injured personnel throughout the (Area of Responsibility). Whether it's bullets, beans, Airmen, Soldiers or Marines, we're moving it around the clock to every kind of location, from modern airfields to dirt strips."

When the 6th AS is at home station on JBMDL, it executes contingency and planned missions in small crews. The squadron members view this mass deployment as a great opportunity to demonstrate their expertise and professionalism in service to the nation.

(continued on page 4)

## 'Old Ironsides' returns to sea for 212th birthday

Mass Communication Specialist 1st Class Eric Brown  
USS Constitution Public Affairs

**ABOARD USS CONSTITUTION, Mass. (NNS)** -- The oldest commissioned warship afloat in the world, USS Constitution, performed an underway demonstration for the first time in more than a decade to celebrate the anniversary date of its launch Oct. 21, 1797.

The last time 'Old Ironsides' spent a birthday at sea was in 1997 in celebration of its bicentennial. This year, more than 300 people were aboard for the events, including USS Constitution's crew, members of the Naval History and Heritage Command, Boston's National Park Service and the USS Constitution Museum.

"Today marks the day when USS Constitution began her legacy of honor and service to our nation," said the ship's 71st and current commanding officer, Cmdr. Timothy Cooper, shortly after the vessel got underway. "Over two centuries of service, she has used both force and diplomacy to advance American interests all over the world. She is the most visible reminder of the beginnings of our Navy and her rich heritage continues to exemplify the finest traditions of honor, courage and commitment that define our service."

(continued on page 4)



U.S. Air Force photo/Steve Snyder

## Wing and a prayer

A member of the team restoring the historic C-118 Liftmaster located at Joint Base McGuire-Dix-Lakehurst begins to remove the aircraft's wings Oct. 20. The aircraft has been guarding the McGuire Passenger Terminal for 27 years with little maintenance. For full story and additional photos, see page 4.

# Essay contest winner reflects upon 'High Cost of Freedom'

Jessica Lynn Hill  
Contest Winner

In John F. Kennedy's address to the nation Oct. 22, 1962, he said "the cost of freedom is always high, but Americans have always paid it. And one path we shall never choose, and that is the path of surrender, or submission."

Americans never shrink from tyrants who seek to destroy free-

dom, but rather they stand against them, fighting for a purpose greater than themselves.

Our nation holds the belief, as stated in the Declaration of Independence, that we are all endowed with the inalienable rights of "Life, Liberty, and pursuit of Happiness."

When governments or countries seek to take away or distort these rights then "It is the Right of the People to alter or to abolish it, and to institute new Gov-

ernment, laying its foundation on such principles."

This country was instituted under the principles of liberty and freedom.

In the colonial times, when we were still under English rule, our nation saw fit to overthrow the most powerful country of its time for the cause of our freedom.

They fought against their brothers, so that they might worship as they desired and to have a

government representative of its people.

Thomas Campbell, a Scottish poet from the late 1700s, said, "The patriot's blood is the seed of Freedom's tree." Freedom is no small price to pay; blood is the payment it asks. The Vietnam Veteran Memorial at the Smithsonian in Washington D.C is a profound reminder of those who died in the cause of freedom - 58,253 names are engraved on the cold, black stone rising from the ground.

They represent a portion of the lives given in service of this mighty nation - 11,516 died in World War I, 404,000 died in World War II, and many more have since died in our nation's pursuit for justice. Our Soldiers die martyrs in the cause of freedom, their blood standing as a testament against those who seek to destroy this innate right.

While living in Virginia, I had the privilege of working at the Quantico National Cemetery. It was my task to keep the graves clean and the surrounding grounds manicured.

On many occasions, I would read the dates on the grave stones of men my age, twenty-one years old, a life sacrificed for the defense of my freedom. It's tragic that their lives ended so soon, but I feel eternal gratitude toward them for being amongst the brave who choose to fight for freedom, not only for our own country, but for people around the world. These men and women sacrifice their lives for a belief.

I know of no nobler more honorable sacrifice than giving your life for a principle you believe more profoundly than self. They sacrificed so that I might be safe, that I might worship as I please, that I might vote, that I might have a voice. My freedom came from the sacrifice of thousands of lives.

## COMMANDER'S ACTION LINE

The Action Line is an integral part of the base feedback network. Base personnel are urged to use the chain of command first to address their concerns.

If you are not satisfied with the response from your chain of command, or you are unable to resolve the problem or concern, call 754-3247. Action lines may be made anonymously, however it is recommended you leave your name and number in case more information is needed to address your concern.



Col. Gina Grosso  
Joint Base Commander

## Don't forget pet safety while trick-or-treating

Halloween is a fun and exciting time for people of all ages. With all the activities, it's sometimes easy to overlook the safety of pets, who may view the world a bit differently than their human counterparts do.

**Keep your pet away from the Halloween candy**  
Chocolate can be toxic to pets and even small amounts can cause heart problems and vomiting. The darker the chocolate the worse the toxicity!

Low-sugar or sugarless candy that is sweetened with Xylitol can cause low blood sugar, liver failure, and death in dogs and cats.

**Keep your pet away from the decorations**  
Fake cobwebs or anything resembling a string can be tempting to cats, leading to an intestinal obstruction.

Face paints or dyes can be toxic if licked.  
Candles inside of pumpkins are easily knocked over, burning

your pet or even starting a fire. Socialize your pet. Do not push a shy/anxious pet into a testy situation.

Costumes on people can be equally scary to pets. Masks, large hats, and other costume accessories can confuse pets and may even trigger territorial instincts. It is not unusual for pets to act protective or be fearful of people in costumes, even if they normally are very social with that person.

**Dress your pet comfortably**  
Avoid any costumes that use rubber bands or anything that might constrict circulation or breathing.

Avoid costumes with toxic paints or dyes. Your pet's costume should be inedible. If your pet appears uncomfortable in any way, allow him or her to dress up in his or her "birthday suit."

Pet safety tips are courtesy of Capt. Kanika Singleton of the Veterinary Treatment Facility, 562-6636.

## Second-place winner recounts experiencing ultimate sacrifice

Staff Sgt. Dominick Griego  
Contest Winner

John F. Kennedy said it best, "The cost of freedom is always high, but Americans have always paid it. And one path we shall never choose, and that is the path of surrender, or submission."

I have served for seven years in the United States Air Force and in those seven years I have experienced firsthand the high cost of freedom.

I have to be honest, freedom to me was something that I was born with and something that I took for granted. I had lost freedoms while serving, such as missing my daughter's birthdays and those important milestones in their lives, but I never understood the total cost of being free until I deployed to Kuwait City, Kuwait.

This is where I experienced death in the military for the first time. Every Soldier that perishes while deployed is flown to Kuwait, and that is why I was given the honor in helping these Soldiers get home to their loved ones.

My first human remains detail, which they're referred as, included 16 bodies on a C-17. I remember clearly looking into the bay of the aircraft and seeing the caskets lined up in perfect order with American flags draped over them. It was a perfect picture that will forever be imprinted into my memory. I think I would have cried if I was not immediately put in action to retrieve the caskets.

As we transported each casket with the upmost respect I couldn't help but visualize the person that lay in the casket and their families that they left behind. Could my children and wife carry that cost?

Each casket was different, some were heavy and some were light, some had a distinct odor and some didn't. And I couldn't help but wonder what tragedy occurred to put them in that box.

Sixteen times we entered that aircraft and each time I was shaken by the spirit of that individual. Some of the troops became fatigued and as one dropped out another volunteer immediately. I became fatigued but I just couldn't stop. I couldn't let go of the idea that I needed to help these people get home.

It was the longest three hours of my life.

Not a single word was spoken after, none was needed. The only thing you could hear was the crying of some who could just no longer keep it in. Every day for the next four months, we did this duty with honor, and with as many tears as there were sacrifices.

From then on out I stopped waking spoiled to freedom and began respecting how wonderful it is to be an American who contributes to its freedom.

I will never forget those I helped home and I will always honor them by doing everything in my power to safeguard our freedom that they sacrificed for. That cost will never be too high, it will never be surrendered, and not even in death shall we who are free submit.

## Safety tips ensure Halloween fun

Staff Sgt. Barry Loo  
1st Fighter Wing Public Affairs

10/27/2009 - LANGLEY AIR FORCE BASE, Va. (AFNS) - Halloween is a night of candy, costumes and spooky escapades. However, there are several precautions adults and children can take to ensure a safe and happy night of haunting.

Airmen in the 1st Security Forces Squadron recommend the following safety guidelines for anyone participating in the upcoming Halloween celebration:

-- Children should wear light-colored clothing that is short enough to prevent tripping. Parents also may want to add reflective tape to the costume.

-- Ensure children can see out of their masks or use face makeup instead of masks.

-- Avoid using hard plastic or wood props, such as daggers or swords. Instead, you can substitute foam rubber for flexibility, in case the child falls.

-- Parents should purchase Halloween costumes (including wigs, capes and props) that feature a flame-resistant or flame-retardant label.

-- Use sidewalks when available and begin trick-or-treating before sunset.

-- Each child should carry a flashlight or glow stick.

-- Don't take shortcuts through yards to get to the next house. Children could get hurt by unknown obstacles.

-- Don't allow children to eat

or sample any candy before you check it. Throw away all unwrapped candy, popcorn and caramel apples unless you know who gave them to your child.

-- Parents should accompany young children or groups of children when trick-or-treating. Walk with friends and stay together.

-- Look both ways before crossing the street. Have someone carry a flashlight in front of the group and walk on the shoulder of the road whenever possible.

-- Stay within your own neighborhood or areas with which you are familiar and visit only homes with lit porch lights.

-- Keep pets inside and secured. A pet might not recognize your children or the children

coming to the door and the pet may become frightened or aggressive.

-- Keep children away from candles and flames, especially when in costume.

-- Advise children to stay away from jack-o'-lanterns with candles or open flames. Ensure children know how to stop, drop and roll in case their clothes catch fire.

-- Keep jack-o'-lanterns away from landings or doorways where costumes could brush against the candle flame. Consider using glow sticks or battery-powered lights for jack-o'-lanterns.

-- Parents should remove lawn decorations along walkways and provide a well-lit driveway for visitors.

## ASA COMMANDER INPUT

We value Customer Feedback and performance improvement.

It is important that we will continue to remain a cornerstone to the operations as the Army Support Activity (ASA). Interactive Customer Evaluation (ICE) is your direct link to Army service providers of the ASA. This is your opportunity to rate products and service providers.

It is a vital piece in evaluating feedback and provides service providers with a tool that allows them to directly and quickly affect the well-being of our customers. You may also offer suggestions for improving the quality of service. Log on to ICE and let us know how we are doing at <http://www.ice.disa.mil>. Click Army CONUS, then Fort Dix.



Col. Patrick Slowe  
ASA Commander



courtesy photos

## We salute you

Lt. Col. Robert Bensburg, left in photo above, and the members of his Provincial Reconstruction Team (PRT) raise a flagpole at Tal Afar, Ninawa Province in northern Iraq, on which Old Glory will fly. The PRT site did not have a flagpole until Bensburg and his team took on the project and erected this one. With the cooperation of contractors -- both Iraqi and American -- the Soldiers were able to gather the necessary materials to construct the flag pole. A flag-raising ceremony was held upon the completion of the project.



## the Post

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# New all-terrain vehicles arrive in Afghanistan

**KANDAHAR AIRFIELD, Afghanistan, Oct. 23, 2009** — The first mine-resistant, ambush-protected, all-terrain vehicles designated for southern Afghanistan arrived here Oct. 22 by air transport.

After months of government testing, the Defense Department awarded a contract in June to Oshkosh Corp. to supply an initial order valued at \$1.05 billion for more than 2,000 of the vehicles, known as M-ATVs.

"This is a very different environment than Iraq, so as we came in and continued to fight the fight in Afghanistan, we realized it requires a little bit different equipment or modification than what we have," said Army Lt. Col. Richard Haggerty, the Regional Command South deputy director for acquisitions, logistics and technology.

With an independent suspension system designed for off-road mobility, the M-ATV is built specifically to navigate Afghanistan's often-rugged landscape.

"The M-ATV really answers

some of the challenges of the terrain, high altitudes and the real unevenness of a lot of the terrain out there," Haggerty said.

The M-ATV seats four passengers and one gunner, and features an armor system with a "V" shaped hull engineered to protect occupants from enemy attack.

"It looks like a modified, huge, heavy-duty Jeep," said Anthony Deluca, the Kandahar site lead for the mine-resistant, ambush-protected (MRAP) program. "It's got very good suspension systems, and everyone raves about how well it functions in the field."

While some original MRAP vehicles may weigh nearly 60,000 pounds, the M-ATV weighs about 25,000 pounds, including standard equipment and fuel.

"We're trying to get the Soldier exactly what he needs to be successful in the battlefield," Haggerty said.

The initial eight vehicles will be used to train drivers and mechanics with units selected to receive M-ATVs.



Spc. Elisabet Freeburg

**NEW RIDE** — The new mine-resistant, ambush-protected, all-terrain vehicle (M-ATV) built specifically for the mountainous Afghan terrain parks next to the larger MRAP. The first M-ATVs designated for southern Afghanistan arrived at Kandahar Airfield, Afghanistan, by air transport Oct. 22.

## Dedication key to MP company's success



Ryan Morton

**LIFE SAVERS** — Members of the 354th Military Police Company from St. Louis, Mo., show Iraqi Police, played by civilians on the battlefield, methods of combat life saver training during a training exercise at Range 59 F on Army Support Activity, Joint Base McGuire-Dix-Lakehurst Oct. 26. The 354th MP Co. is preparing for an upcoming Operation Iraqi Freedom mission where they will perform a police transition-team operation training the Iraqi Police forces.

(continued from page 1)  
assigned to this unit are great and I look forward to deploying with them," said Sgt. Eric O'Reilly.

Staff Sgt. Justin Winingear, Staff Sgt. Michael Kisker and Sgt. Wade Dickneite have served together since the company was known as the 415th Military Police Detachment. When the detachment moved to Iowa and the 354th stood up in St. Louis, the Soldiers chose to stay in place together.

Winingear said, "We like the folks we are going with. We trust the leadership in the company. We have a lot of fun together in this unit. Everyone here is a volunteer."

The dedication of the men and women of the 354th runs deep. One particular story stands out in the company.

Spc. Kelsey Snyder, a 20-year-old from Jerseyville, Ill., has been assigned to the unit for three years.

While not serving in uniform, she is a junior at Western Illinois

University and was a cadet in the Reserve Officer Training Corps (ROTC).

Snyder heard that her unit was deploying to war and felt that her place was with the Soldiers with whom she had trained. She asked her platoon leader and platoon sergeant to see what they could do to get her back with the company.

"These are my guys. I'm not going to let them go to war without me. I couldn't forgive myself if something happened to one of them. When I made my choice I was told I would not be given another opportunity through ROTC to become an officer. It is a sacrifice I was willing to make for my Soldiers. I'd like to see how this deployment goes before I decide whether to pursue a career in the officers' corps. I do love the noncommissioned officer corps, also, so I will be happy either way it ends up," Snyder said.

"The sense of duty to others is a theme that seems to permeate

the company.

Spc. Jeremy Meyer from Union, Mo., said he volunteered for the deployment because there are so many other Soldiers who have deployed two, three, and more times. "I figured I'd go so someone else could stay home with his or her family."

A young Soldier straight out of boot camp, Pfc. Nick Moss joined the Army Reserve because he believes it was the right thing to do. "I joined because our country needs us. I'm doing this for my family and friends whom I love very much."

A serving veteran of more than 20 years of service, 1st Lt. Daniel Rachell said that his son, who is a specialist in the Army, just returned from a tour in Iraq. "He was eight months old when I first deployed in 1990. He is why I serve."

The dedication to each other drives the Soldiers of the 354th MP Co. and could well be the key to a successful mission in Iraq.

## Joint Base receives \$1-million grant

(continued from page 1)

"Moving is the problem, with different criteria and eligibilities for each state. Medicaid, education, etc. - they might have the same programs but with different names and state requirements. These are definite barriers for military families who move around so often," Kinsell explained.

With this grant, the WFRC can directly hire two project directors - one full-time and one part-time - to help families navigate the sometimes-complicated system for receiving the help they are entitled to.

The project directors will facilitate an assessment on the needs of the family, determine the level of support and resources to provide the family with, and work with each family to develop an individual family plan - which can transfer with the family to their next assignment.

"We have wonderful things here for all military families," EFMP manager Bonnie Reed said. "We are planning - on Nov. 10 - to have a parent meeting to get ideas from parents and participation on the ground level to help families with the help they need. We want the families needing assistance to help us set the priorities for the project."

Reed explained her focus will be on hiring military family members who are parents of children with disabilities to participate in the process, sit on the board and help plan how the grant is used.

"The goal of this grant is to get the information out to families so they know it exists. It couldn't have come at a better time," said Reed.

The time coincides with the 2009 Air Force Proclamation declaring July 2009 through June 2010 the "Year of the Air Force Family." "As we continue to celebrate the 'Year of the Air Force Family'

and the Army Family Covenant, JB MDL has expanded that initiative to be the 'Year of the Military Family'; and this grant definitely supports their efforts," said Gregg Clark, deputy director of Manpower, Personnel and Services, Air Mobility Command, Scott Air Force Base, Ill.

The 87th Mission Support Group commander, Col. Michael Carrell, explained that taking care of families is an essential part of every mission.

"We're reaching beyond the traditional programs and taking a more encompassing approach through the quality of service we currently offer; this grant will go a long way toward that endeavor," said Carrell. "Our goal is to enrich the lives of those living and working on the joint base, especially since it has a direct impact on mission capabilities. We couldn't be more pleased with the news we'll be able to provide even more to our exceptional family members."



Lisa Evans

## Graduation's a gas

October Chemical, Biological, Radiological, Nuclear and Explosives (CBRNE) Defense School graduates are, from back left, Spc. Rusty Greeno, Pfc. Thomas Mika, Sgt. David Camara, 1st Lt. Benjamin Schelling, Sgt. 1st Class Christian Morrison, Staff Sgt. Richard Bush, Pvt. Jack Bailey, Staff Sgt. Michael McHoney, Staff Sgt. Howard Berry, Sgt. Corey Singleton, Pfc. Brandon Clark, Spc. Brian Trester, Sgt. Benjamin Eitnearer, Spc. Michael Hicks, Sgt. John Ainslie, 2nd Lt. Eric Green, Spc. Opal Johnson, 1st Lt. Jay Demis, 2nd Lt. Tyler Hoffman, Spc. Emily Taylor, Sgt. James Johnson, Sgt. Kelvin Ballamy, Spc. Frederick Bush and Sgt. Christian Cazares.

## Students contacted about new GI Bill

**WASHINGTON, Oct. 19, 2009** -- Representatives of the Department of Veterans Affairs (VA) will be telephoning veterans across the country to explain their education benefits under the new Post-9/11 GI Bill and ensure beneficiaries are able to receive payments due them.

Those who registered for advanced payments will be called, too, to ensure they received their benefits.

To protect the personal identity of veterans, VA representatives making calls will not ask for any personal information, such as birthdates, bank account or social security numbers, but they may ask family members for information to contact veterans who are away at school.

"Our procedures and policies to provide advanced payments remain in effect," Shinseki said. "Meanwhile, we're completing the on-time development of our automated processing system that will ensure timely delivery of checks in the future."

### MAKE A DIFFERENCE

Joint Base McGuire-Dix-Lakehurst is looking for anyone interested in volunteering

"Volunteers improve the quality of life for all residents"

For those wanting to make sure the JB MDL community is the best it can be

Call the Warfighter & Family Readiness Center at 754-3154

# Historic aircraft undergoes restoration

**2nd Lt. Carolyn Glover and Pascual Flores**  
Joint Base MDL Public Affairs

The traffic circle at the McGuire Passenger Terminal buzzed with new activity Oct. 23 as Airmen from the 305th and 514th Maintenance Groups prepared to clip the wings off the C-118 Liftmaster that has guarded the entrance to the terminal since 1982.

The maintenance groups on McGuire have set out to completely restore the C-118 Liftmaster, the most significant aircraft in McGuire history.

"The Liftmaster is integral to the history of the base," said Gary Boyd, 305th Air Mobility Wing historian. "It made McGuire Air Force Base the gateway to the east."

The aircraft was the first cargo plane assigned to McGuire Air Force Base. Its presence revitalized McGuire entirely, turning it from a combat base into a mobility base. Most of the support structures present on McGuire today were built to support the C-118's mobility mission years ago.

The plane has operated during Operation Safe Haven I and II, saving over 10,000 Hungarian refugees from Communist oppression. It was the plane that brought Elvis Presley back to the U.S. after his term in Germany.

"After years of operational use and weather abuse, the Lift-



U.S. Air Force photo/Pascual Flores

**PRESERVING HISTORY -- Senior Master Sgt. Christopher Hofrichter, project officer for the restoration of the C-118 Liftmaster located outside the**

master will now undergo a series of changes that will return the aeronautical icon to its original splendor. There has not been any long-term restoration to the airplane in the past. It has been guarding the 305th Passenger Terminal for 27 years with little maintenance," Boyd explained.

"We are finding it is mostly cosmetically damaged. The structure is still pretty much intact," said Boyd, who is involved with the project to ensure the restoration team adheres to all Air Force museum regulations.

"We also want to put it in the

**McGuire Passenger Terminal since 1982, leads the aircraft to the hangar that will serve as its home as it undergoes restoration through spring of 2010.**

right paint scheme for 1960. Currently, it is in the Navy paint scheme it arrived in in 1981," he added.

Senior Master Sgt. Christopher Hofrichter, project officer for the restoration, and his staff accomplished the first of several phases Oct. 20-23: the disman-

work begins, and the final phase will be to return the plane back to the circle," said Hofrichter.

Restoration is expected to continue through spring of 2010 at the earliest. The timeliness of the restoration depends on time, money and resources available.

The restoration team intends to conduct sheet metal work on the frame of the airplane and remove radioactive radium from the hand and faces on the instrument panel. The aircraft will be stripped and repainted in compliance with Environmental Protection Agency guidelines.

"The big thing is getting the paint off. The plane has a polyurethane paint coating. Acrylic paint is preferred by the EPA because it poses no risk ecologically," Hofrichter said.

The Airmen of the 305th and 514th Air Mobility Wings are using the original C-118 manual to complete the restoration in addition to the help and recommendations of aircraft experts.

"We are looking for individuals with particular skill sets in getting the structural airframe repaired, as well as those who are familiar with vintage aircraft and can provide technical guidance on the C-118," Hofrichter said. "We want to keep the restoration organic to McGuire."

"We have to do our part so the future generations understand the accomplishments of the aircraft and its place in our Air Force history," explained Hofrichter.



U.S. Navy photo/Mass Communication Specialist 1st Class Eric Brown

**STILL SAILING -- The oldest commissioned warship afloat, USS Constitution, went to sea Oct. 21 on her 212th birthday with a crew of 75 Sailors and more than 200 guests aboard. Constitution has not gone to sea on the anniversary of her 1797 launching since her 1997 bicentennial more than a decade ago.**

## 'Old Ironsides' sails

(continued from page 1)

While underway, the ship fired shots from port and starboard saluting batteries in honor of the 16 states that comprised America when USS Constitution was launched in the late 18th century; one additional shot was fired in honor of the ship.

In accordance with a tradition among modern USS Constitution Sailors, on the ship's birthday two crew members were recognized by their shipmates and received the 2009 Command Leadership Award and the 2009 Berenson Award.

Builder 1st Class Juanita Esquivel was the recipient of the 2009 Command Leadership Award. "Petty Officer Esquivel's selection by a vote of her peers shows she has earned the respect and trust of each and every crew member, junior and senior," noted the award citation.

"Petty Officer Esquivel's professionalism and selfless devotion to duty reflected credit upon herself and were in keeping with the highest traditions of the United States Naval Service."

Airman Mark Alexander was named the 2009 Berenson Award recipient. "Selection by the crew as the top tour guide from the crew, Airman Alexander's has earned the respect and trust of all crew members, junior and senior," his citation reads. "Known for giving extremely informative and creative tours, he represented USS Constitution, as well as the Navy, proudly and with enthusiasm. Each tour sends people away with a sense of pride in our Navy and its glorious history."

In her years of active service, from 1798 - 1855, the three-masted wooden frigate fought in the Quasi-War with France, the Barbary Wars and the War of 1812. Today, 'Old Ironsides' is the oldest commissioned warship afloat in the world, has a permanent crew of about 75 active-duty U.S. Navy Sailors, and is visited by nearly half-a-million people every year.

"This morning, we are again calling upon USS Constitution to perform her duty," Cooper said shortly before the ship returned to Pier One at the Charlestown Navy Yard. "While I don't expect that we will be fighting any battles or negotiating any treaties, I do think that we will be proving that USS Constitution continues

to do her part for our country."

To learn more about the USS Constitution and its history, visit [www.history.navy.mil/ussconstitution](http://www.history.navy.mil/ussconstitution).

For more news from the Public Affairs personnel onboard the USS Constitution, visit [www.navy.mil/local/constitution/](http://www.navy.mil/local/constitution/).

## Squadron deploys

(continued from page 1)

"This is what we train to do all the time and now we finally get to do it," said Capt. Jeffery Overstreet, 6th AS aircraft commander. "It's kind of like a football or baseball player; he or she practices all week ... all year, and then the season finally comes along and they get to show everyone what he or she was trained to do."

However, as with most units across branches of the military, the squadron's frequent deployments and temporary-duty assignments result in precious

time away from their families. They typically deploy for a few weeks then come for a few weeks on a continuous rotation.

"The reality is there are highs and lows of being married to someone in the military who deploys," said Tech. Sgt. Kevin Casciano, family readiness noncommissioned officer at the JB MDL Warfighter and Family Readiness Center. "We offer programs such as the Hearts Apart Support Group and Solo Connection as well as Military Life Consultants who assist families during those hard times."

# Community Events

## Chapel Services

**Dix - 562-2020**  
**Sunday Services**  
**Dix Main Chapel**  
**Traditional Protestant**  
 9 a.m. to 10 a.m.  
**Catholic**  
 10:15 a.m. to 11:15 a.m.  
**Gospel**  
 11:30 a.m. to 1 p.m.  
**Sunday School**  
 10 a.m. to 11:15 a.m.  
**Jewish Prayer Room**  
 Room 27  
 7:30 a.m. to 4:30 p.m.  
**Dix Chapel 5**  
**Bldg. 5950 Church Street**  
 If chapel is closed call 562-3311 to schedule a time for prayer  
**Protestant, Catholic, Latter Day Saints**  
 7:30 a.m. to 8:30 a.m.  
**Islamic Prayer Room**  
 Monday through Friday  
 7:30 a.m. to 4:30 p.m.  
**COL - Chaplain's tent**  
 7:30 a.m. to 8:30 a.m.

## McGuire - 754-4673

**McGuire Chapel 1**  
**Daily Catholic Mass**  
 Monday through Thursday  
 11:35 a.m.  
**Catholic Reconciliation**  
 Saturdays 4 p.m.  
**Catholic Mass**  
 Saturdays 5 p.m.  
 Sundays 9 a.m.  
**Protestant Gospel Service**  
 Sundays 11:15 a.m.

## McGuire Chapel 2

**Protestant Contemporary Service**  
 Sundays 9:45 a.m.  
**Jewish Services**  
 Join Chap. (Capt.) Rabbi Berdugo for Lunch and Learn every Monday and Wednesday from 11:30 a.m. to 12:30 p.m. at Chapel 1. Call 754-5908 for information.

## Religious Activities

**Dix Chapels**  
**Protestant Men of the Chapel Prayer Breakfast**  
 Fourth Saturday of each month  
 9 a.m. to 11 a.m.  
**Protestant Women of the Chapel**  
 Tuesdays, 9:30 to 11:30 a.m. at the Dix Main Chapel and the fourth Tuesday at Buttonwood Hospital.

## McGuire Chapels

**Protestant Women of the Chapel**  
 meeting at Chapel 2  
 Wednesdays from 6:30-8 p.m.  
 Thursdays from 9-11 a.m. (Wee Church Provided)  
**Catholic Women of the Chapel**  
 Fridays 9 a.m.  
**Joint Base Protestant Chapel Night**  
 AWANA Clubs at Chapel 2  
 Wednesdays 6:30 p.m.

## Free clothes swap at Browns Mills church

A free clothes swap and give-away will be held Nov. 14 at St. Mark Baptist Church, located at 545 Lakehurst Road at Ridge Road in Browns Mills. For more information, call Bernie at 893-7736 or Barb at 267-8885.

## McGuire Thrift Shop

**Building 3446**  
 353-1126  
 The McGuire OSC Thrift Shop is now open and ready for business. After being closed for the past month, the store is open and stocked with a wide variety of clothing, shoes, accessories, uniforms, books, toys, housewares, sporting goods, baby gear, and more! The hours are:  
**Wednesday through Friday**  
 10 a.m. to 2 p.m.  
**First Saturday of the month**  
 10 a.m. to 2 p.m.  
 For more information or to volunteer, call Jennifer Roberts at (609) 353-1126 or visit Bldg. 3446 (between the BX and Vehicle Resale Lot).

## Dix Thrift Shop

**5105 Pennsylvania Avenue**  
 723-2683  
 See page 9 for the latest activities at the Dix Thrift Shop.

## CLUB DIX

723-3272  
**Smokehouse Restaurant**  
 Lunch Served  
 Tuesday through Friday  
 11 a.m. to 1:30 p.m.  
 Closed Saturday to Monday

## Blue Room

**Wednesday**  
 5 p.m. to 10 p.m.  
**Thursday through Saturday**  
 6 p.m. to 10 p.m.

## Java Café

Monday through Friday  
 7 a.m. to 1:30 p.m.

## Computer Lab

**Monday and Tuesday**  
 7 a.m. to 1:30 p.m.  
**Wednesday through Friday**  
 7 a.m. to 10 p.m.

## Texas Hold 'Em at McGuire Club

Sponsored by Brave Spirits and held at the Club every Thursday night at 7 p.m. in the Fireside lounge; free for members.

## Bingo Nights at McGuire Club

Bingo starts at 7 p.m. every Monday and Wednesday evening at the McGuire Club. Early Bird starts at 6:45 p.m. and features a variety of games including a progressive number jackpot of \$2,000, consolation of \$200. Call 754-2396.

## Arts & Crafts Center

562-5691  
 Bldg. 6039  
 Philadelphia Street

## Registration hours:

Tuesday - 9 a.m. to 4:45 p.m.  
 Wednesday and Thursday  
 Noon to 5 p.m. and  
 6 to 8:45 p.m.  
 Friday - 11 a.m. to 4:45 p.m.  
 Saturday - 9 a.m. to 4:45 p.m.

## Griffith Field House

Building 6053  
 562-4888

## Combat Fitness Challenge (Military Only)

Monday and Wednesday  
 6:30 a.m. to 7:30 a.m.

## Go Around the World in 90 Days at McGuire Gym

The Fitness Center's "Around the World in 90 Days" program takes you around the world while never leaving McGuire. This program is self-paced and based on the honor system while each day will have an event that once performed will lead to the next day of your journey. Call 754-6085 for more information.

## Joint Base Library

2603 Tuskegee Airmen Avenue  
 754-2079  
 Hours of operation  
 Monday through Thursday  
 10 a.m. to 8 p.m.  
 Friday and Saturday  
 noon to 5 p.m.  
 Saturday, 10 a.m. to 5 p.m.

## McGuire Legal Office

The McGuire legal office has new hours of service:  
 Monday from 1 to 4 p.m.  
 Thursday from 1 to 4 p.m.  
 Friday from 9 to 11 a.m.  
 Walk-in hours are now on Tuesdays from 9 to 11 a.m.

## Passport photos now available

The 87th Air Base Wing Visual Information office accepts walk-ins for passport photos every Monday from 8 a.m. to 4 p.m. Call 754-3581.

## JB MDL Family Advocacy classes

The Family Advocacy Program is holding the following classes. For registration and information, call 754-9680.

## Anger Management: Learn how to identify the warning signs of anger, learn how to express anger appropriately and keep anger from taking over.

This is a three-part series held on the first three Fridays of the month at the HAWC from 1 to 3 p.m.



U.S. Air Force photo/Russ Meseroll

## Shooting to the top

**Capt. Brian Jackson, 87th Civil Engineering Squadron operations support chief, updates the 2009 Combined Federal Campaign thermometer at Pudgy Circle, Joint Base McGuire-Dix-Lakehurst. JB MDL reached 16 percent of its \$350,000 goal as of Oct. 23. The 2009 CFC will run through Nov. 30. For more information, visit www.cfcsnj.org.**

## United Communities

### Halloween Costume Contest

A Halloween costume contest will be held today from 2 to 6 p.m. Stop by the Leasing Office dressed in your favorite Halloween costume and participate in the Halloween costume contest. Pictures will be taken to be posted on the UC Web site and candy will be passed out to all who attend. Winner will receive a \$50 AMEX gift card.

### Junior NCO Open House

Come see the brand-new JB MDL junior NCO homes during an open house Nov. 7 from 10 a.m. to 2 p.m.  
 The open house will be held at 3968A Brown Court, Falcon Courts North, McGuire. Call the UC office at 723-4290 for more details and to hear about move-in specials.

### Thanksgiving Craft Night

Thanksgiving craft night will be held Nov. 18 from 4 to 7 p.m. in the Leasing Office.

## Revamped Layaway at BX/PX

Any purchase of \$25 or more is eligible for layaway at AAFES. A 15-percent deposit on the total purchase price is required to hold a product.

Clothing, handbags and shoes are still eligible for 30-day layaway, but full payment on many other categories can be put off for up to 60 days when shopping the exchange.

Fine jewelry can be put on layaway for up to 120 days at AAFES.

Merchandise excluded from AAFES' layaway program includes clearance merchandise, computers, peripherals, major appliances, furniture, mattresses, exercise equipment, electronics \$299 and up, as well as seasonal

### Tuition Assistance briefs

Mandatory Tuition Assistance (TA) Briefings will be held for first-time TA users every Monday, 8 a.m. in Bldg. 3829, Room 206. Call the Education Center at McGuire, 754-3019.

### American Legion meal

The American Legion Post 455 in New Egypt will prepare a made-to-order breakfast of fried eggs, scrambled eggs, biscuits, french toast, SOS, pancakes, omelets, coffee, decaf coffee, tea and juice.  
 Price is \$6 for adults, \$3 for children under age 12, and free for kids under age 5. The breakfast is held every first Sunday of the month from 7 to 11 a.m.  
 The American Legion Hall in New Egypt is on Route 528 West, across from Agway at 2 Meadowbrook Lane, New Egypt, 08533. Call 758-8131 for additional information.

### Holiday Craft Night

Holiday craft night will be held Dec. 16 from 4 to 7 p.m. in the Leasing Office. Celebrate by doing fun crafts and watching movies.

### Pictures with Santa

Pictures with Santa Claus will be held Dec. 18 from 1 to 6 p.m. in the Leasing Office. Stop by and get your free picture taken with Santa.

## Volunteer Opportunities

**The Attic**  
 The Attic needs volunteers, in addition to donations. Call the Warfighting and Family Readiness Center at 754-5748 for more information.

## Native American Heritage Committee

Volunteers are needed to participate in the inauguration of JB MDL's Native American Heritage Committee. All personnel are welcome to join and participate, and do not need to be of Native American descent. All that is required is to share in the interest and education of others. If you are interested in helping plan activities, call Mimi Cirillo at 754-2079 or Georgia Dupuis at 754-2214.

## Spouse Program

Key Spouse Program volunteers are selected by squadron leadership and are trained volunteers who promote individual, family, and unit readiness; establish continuous contact with spouses and families; encourage peer-to-peer (wingman) support; welcome the unit's newcomers; and more.

Key Spouses meet a vital need of spouses to have an informal sounding board through an informal network system and help strengthen the unit leadership's support team. For more information about the Key Spouses and how to volunteer, call the Warfighting and Family Readiness Center at 754-3154.

## Red Cross

The American Red Cross has volunteer opportunities helping out on a "deployment line," handing out coffee and snacks as well as comfort kits for service-members.

Volunteer hours are 9 a.m. to 4 p.m. Monday through Friday and 6 a.m. to 1 p.m. Saturday through Sunday (not available every weekend). For more information about volunteering with the Joint Base American Red Cross, call Gayle Lynch at 562-2258 or e-mail gaylel@redcross-bcnj.org. For other volunteer opportunities, contact Frances Booth at 562-2767 or frances.booth@us.army.mil.

## Habitat for Humanity

Interested in volunteering with Habitat for Humanity? Daily volunteer opportunities are available.

For more information, call 1st Lt. Jay Hart, 87th Communications Squadron, at 754-1651, or Senior Master Sgt. John O'Donnell, 87th CS, at 754-6726. Visit www.habitat.org.

## News You Can Use

### TRICARE Online

Log into TRICARE Online at www.tricareonline.com to book annual appointments in gynecology and optometry, routine and follow up appointments in family practice, pediatrics and flight medicine.

Early appointment booking options are now offered, with the best selection of same-day appointment times after 6 p.m. and before 6 a.m. on any normal business day.

TRICARE Online also offers a bounty of information on the latest TRICARE and Military Health System news and developments, as well as TRICARE benefit information for beneficiaries. For more information, call TRICARE Customer Service at (800) 600-9332 or the 87th Medical Group at 754-9376 or 9318.

### Dental Insurance

Is your child or spouse in need of dental care? The Dental TRICARE Program and United Concordia can help. The TRICARE Dental Program is an insurance program and, with United Concordia dental care, is made affordable and accessible.

There are more than 64,000 participating dentists in the program. For an additional cost, you can get a nonparticipating dentist, if preferred.

At the program's Web site, www.tricaredentalprogram.com, is information about enrolling, paying online, finding a dentist, finding an overseas host-nation provider, benefits and more.

### Groundwater monitoring wells to be installed

This fall, Joint Base McGuire-Dix-Lakehurst will be installing eight groundwater monitoring wells in the Falcon Court East area. Five of the wells will be located along North and South Lindbergh Street. Three of the wells will be placed near the golf course.

The purpose of the wells is to enable the base to test for low levels of fuel contaminants that had leaked from underground storage tanks that were removed from service in 2007. The contaminant levels in the groundwater are so low that New Jersey standards would not require monitoring or cleanup. However, because FCE and the base are located within the Pinebluffs, more strict standards apply. Groundwater treatment is not required; however, monitoring of groundwater is necessary to show that levels are reducing naturally over time.

### Homeowners Assistance

The American Recovery and Reinvestment Act of 2009 and Department of Defense have implemented guidance expanding the Homeowners Assistance Program to provide benefits to wounded, ill or injured members of the Armed Forces, surviving spouses of fallen warriors, BRAC 05 impacted personnel (non-causal), and PCSing servicemembers.

This Act provides some monetary relief for eligible federal personnel, both military (including Coast Guard) and DoD civilians faced with losses on the sale of their primary residence when there is no present market for the sale of such property upon reasonable terms and conditions.

General program information and points of contact are contained on the HAP Web site at <http://hap.usace.army.mil/>

### Tobacco Quitters Wanted

Have you quit using tobacco recently? The Health and Wellness Center, McGuire, is looking for quitters of all ages. If you have quit using tobacco, they want to hear from you. Fill out the Biggest Quitter Spotlight form found at [www.mcguire.af.mil](http://www.mcguire.af.mil) and share your success story.

The Health and Wellness Center is going to highlight quitters in every WAR report and on the public Web site with the hope that maybe your success story will motivate someone else to take the initiative and choose to be tobacco-free. Call 754-2462.

### Supply Block Training

The 87th Logistics Readiness Squadron continues to offer Supply Block Training Classes I, IIA, IIB, and III for its customers. To schedule training, e-mail 87 LRS/Squadron Training or call 754-5380, 8169, or 8170 and provide the following information: 1) Name, 2) Rank, 3) Organization, and 4) Block of instruction needed. Location will be given when scheduled.

The following information is provided to help you determine your needs:

- **Block I, General Supply Indoctrination** - provides customers and organization commander with standard practices and procedures of the Standard Base Supply System (SBSS). Individuals attending this training are required to review AFMAN 23-110, Vol 2, Part 13 prior to the training.

- **Block IIA, Bench Stock Management** - familiarizes newly-assigned organizational bench stock monitors with their duties and responsibilities.

- **Block IIB, Repair Cycle Management** - familiarizes newly-assigned Due In From Maintenance (DIFM) monitors with their duties and responsibilities. Other personnel designated by the organizational commander may also attend.

- **Block III, Equipment Management** - provides equipment custodian training on how to obtain, manage, and safeguard Air Force equipment items. Training must be completed before assuming equipment custodian duties. This training is conducted via on-line CBT. There is no in-house training class for this block.

### Can Do Crew

Would you like to recognize an outstanding Airman (enlisted, officer, civilian or contractor)? E-mail [mcguirecandocrew@mcguire.af.mil](mailto:mcguirecandocrew@mcguire.af.mil) and they may be recognized by the Joint Base's Can Do Crew. Don't forget name, squadron and accomplishment.

Visit [www.jointbasemdl.af.mil](http://www.jointbasemdl.af.mil) for more information

# Teams brave rain, cold during ruck run

**1st Lt. Mark Swanson**  
Civil Air Patrol New Jersey

It is said that if it's not raining, it's not training. It was cold, about 45 degrees on Oct. 17, and it was raining. So, it must have been great training for the 75-plus teams that took part in the First Sergeants Council Third Annual Ruck March at Joint Base McGuire-Dix-Lakehurst. The 75 four-man teams ran through rain along McGuire roads, starting from the 621st Contingency Response Wing building on Neely Rd.

The event honored the Gold Star Mothers from New Jersey and Pennsylvania. The American Gold Star Mothers, Inc. was founded in 1928. It is a national organization of mothers who have lost a son or daughter in service of our country. In attendance that day were 22 mothers whose sons or daughters had made the ultimate sacrifice.

Members of the Air Force, Army, Marines and Civil Air Patrol New Jersey wing participated in the run. Each team car-

ried memorial items of fallen servicemembers, provided by the Gold Star Mothers. The items included photos, jewelry, clothing and athletic equipment.

Civil Air Patrol cadets from New Jersey proudly carried a photo and medal dedicated to Army Cpl. Steven R. Koch, from Milltown, N.J. His mother, Christine, was one of the Gold Star Mothers taking part in the event.

Awards were given in three categories: civilian, military light, and military heavy. Civilian participants wore no uniform. Military light participants wore a uniform. Military heavy participants wore a uniform and a 30 pound ruck sack. A team from the 305th Maintenance Squadron won first place in the civilian category. A team from the USAF Expeditionary Center won in the military light category. The 6th Airlift Squadron was first place in the military heavy category. The 21st Air Mobility Operations Squadron team took second place and a team from the 87th Civil Engineering Squadron took third.

Master Sergeant Bubba Beason, the event organizer, thanked each of the mothers for attending with a small medallion made from the steel of the World Trade Center.

"Flags fly as signs of our nation's resolve," Beason said. He explained that the steel medallions are signs of our nation's resolve to fight terrorism. They are small memorials to those who have fallen in that fight.

"Each one of us here today remembers the pain of Sept. 11, 2001," he said. "The scar of that day can't be erased." This is much like the scars left when the Gold Star Mothers learned of their losses.

Chief Master Sergeant Michael Grimm of the 21st Expeditionary Task Force was the keynote speaker. He told the participants that memorials are meant to honor those who gave their lives in battle.

He concluding by reminding the audience that "there are others we should remember," like the Gold Star Mothers who bear the great burden of that loss.



*courtesy photo*

**RUN OF REMEMBRANCE** -- Soldiers, Airmen, Marines, Civil Air Patrol cadets and military civilians participated in the First Sergeants Council Third Annual Ruck March to honor Gold Star Mothers of New Jersey and Pennsylvania Oct. 17 at Joint Base McGuire-Dix-Lakehurst.



*Wayne Cook*

## Soldiers prep to uplink info

*Pfc. Jenna Lindauer, 367th Mobile Public Affairs Detachment, Columbus, Ohio, inputs data into the Digital Video and Imagery Distribution System (DVIDS) during training at the ASA Public Affairs Office Oct. 22. The Soldiers of the 367th use the system to transfer news information via satellite to a receiving station in Atlanta, Ga. The Soldiers were training for a deployment to Iraq where they will create products to send via the DVIDS back to the states.*

Read your Air Force, Army and Navy news in the Post



# NEIGHBORHOOD

## The Corner

### Operation Santa seeks new computer

Operation Santa, a non-profit organization that supplements Christmas for needy families in the community, is in desperate need of a new computer to help track contributions and disbursements. For more information, call 562-3825 or 283-0262.

### Dix Thrift Shop accepting holiday consignments

The Dix Thrift Shop is now accepting consignments of all Thanksgiving and December holiday items, with a limit of five items per visit within the 15 total items permitted for consignment during each visit. Please stop and check us out during your holiday shopping. There are many new and lots of gently used items for your gift giving and decorating needs.

Shortly, the front entrance deck will be renovated. During the construction, the shop will be open normal times, but we ask you to use the rear/loading dock entrance until the work in front is finished. The ramp for handicapped use is at the rear entrance for those who need it at any time.

Visit during sales hours at 6501 Pennsylvania Avenue. If you have questions anytime, call 723-2683.

Hours of operation are Tuesdays, Thursdays and first and third Saturdays of the month from 10 a.m. to 2 p.m., and the first Wednesday of the month from 3 to 7 p.m.

### Pair of retirement seminars scheduled for December

●The mandatory Quarterly Pre-Retirement Orientation is scheduled for Dec. 8 to 11 from 8 a.m. to 4:30 p.m. in the Timmermann Conference Center located on Pennsylvania Avenue and 8th Street. This seminar is mandatory for all Soldiers who are within 120 days of retirement, and optional for all others. Spouses are encouraged to attend with the Soldier.

●The next National Guard/Reserve retirement briefing will be held Dec. 5 from 8 a.m. to 5 p.m. in the Timmermann Conference Center located on Pennsylvania Avenue and 8th Street. Representatives will be available to address all aspects of the National Guard/Reserve retirement benefits.

More information may be obtained by contacting the Retirement Services officer at 562-2666.

### Retiree Council to host country luncheon

A luncheon will be sponsored by the Fort Dix Retiree Council for their guests Nov. 7. The social time will begin at noon followed by the luncheon at 1 p.m.

Entertainment at the luncheon will be provided by Pro Sing Entertainment. The cost for the luncheon/gratuity is \$20. Make checks payable to Fort Dix Retiree Council.

Retirees and their guests/friends are invited to contact Sgt. Maj. Norman Palotto, 15 East Central Avenue, Moorestown, N.J. 08057. Call (856) 234-7699 no later than Nov. 1 to make reservations.

### Burger King closed for renovations

Burger King, Bldg. 5399, is closed. The expected closure will last 50 days as the kitchen is being renovated and upgraded. Once the kitchen is completed, Burger King is expected to open for service in the DRIVE THRU ONLY for another 45 days while the dining room is renovated. The estimated \$1.3 million project is expected to take just over 90 days.

### Deadline for newspaper submissions

Deadlines for submitting articles to the ASA Post newspaper have changed. The ASA Public Affairs Office is realigning its newspaper deadlines to match those of Joint Base MDL public affairs.

Articles prepared by writers from military and civilian organizations on the joint base must be submitted by 4:30 p.m. each Monday.

For more information, call David Moore of the ASA Public Affairs Office at 562-4035, or e-mail david.f.moore@us.army.mil.

### Help is available

Do you, or someone you know, need help? Call Military OneSource at (800) 342-9647 or the Outreach Center at (866) 966-1020.

## Joint Base shows caring side

Steve Snyder  
Joint Base Public Affairs Staff

Eighty-nine Joint Base McGuire-Dix-Lakehurst volunteers worked up a sweat Oct. 24 while joining millions of other Americans to celebrate National Make a Difference Day.

The Fort Dix community has celebrated a Day of Caring for over 15 years, where military members would go out into the community and perform service projects. Oct. 24 was the first time that Joint Base McGuire-Dix-Lakehurst (JB MDL) joined together in the same celebration.

National Make a Difference Day, celebrated every year on the fourth Saturday in October, is similar to Dix's Day of Caring, said Frances Booth, Warfighter and Family Readiness Center (WFRC) volunteer coordinator.

This year, the WFRC held the Day of Caring on the same day as National Make a Difference Day.

The occasion provides a unique opportunity for military personnel to mingle with family members, civilians and retirees to give something back to the community they call home. JB MDL workers helped move furniture and arrange lighting displays at the Habitat for Humanity Store in Cinnaminson, and put together comfort kits for mobilizing and demobilizing military personnel at the Red Cross.

Volunteers also created quilts for kids and hearts for heroes at the Arts and Crafts Center at Dix and organized many items destined for The Attic at McGuire.

Base volunteers were joined by Army Support Activity Commander Col. Patrick Slowey and his family, Girl Scouts, Brownie and Boy Scout troops and members of the Dix Challenge Program were also in attendance.

Anyone wishing to join volunteer projects can call Frances Booth at 562-3930 or e-mail her at frances.booth@mcguire.af.mil.



Lisa Evans

**A LIGHTER LOAD** -- Ensign Adam Mosely, US Coast Guard, left, and Jesse Taylor, son of Master Sgt. Kathy Taylor, 72nd Field Artillery Brigade, load a washing machine for a customer of the Habitat for Humanity Retail Store in Cinnaminson during Day of Caring Oct. 24.



Lisa Evans

**HELPING HANDS** -- Melissa Christman teaches Skylar Cotrell, 9, how to use a sewing machine so that they can make quilts for sick children of deployed families during Day of Caring Oct. 24.

## 'Ghost Hunters' visit Lakehurst

Thomas Worsdale  
Lakehurst Public Affairs Staff

A production crew from the Syfy Channel's television series, "Ghost Hunters," arrived at Joint Base McGuire-Dix-Lakehurst in early October to film an episode of the show.

A crew of 17 descended on Lakehurst's Hangar 1 -- the Hindenburg crash site -- as well as the Branch Medical Clinic.

They were out to find any "paranormal" activity taking place on the base. Series founders and hosts Jason Hawes and Grant Wilson and the team from The Atlantic Paranormal Society

(TAPS) based out of Providence, R.I., conducted investigations for three nights around the base. TAPS set up video cameras, sound equipment and heat-sensing devices in an effort to substantiate or debunk any rumors about ghosts haunting the cavernous trappings of Hangar 1 and the nooks and crannies in and about the Branch Medical Clinic.

During the five-year run of "Ghost Hunters," episodes have been filmed at both Wright-Patterson Air Force Base and Naval Air Station Pensacola.

The Lakehurst edition of "Ghost Hunters" is scheduled as the season's final episode in late November. Check local listings for the exact time and date of the Lakehurst episode.

## Soldier seeks answers from other side

Jennifer M. McCarthy  
ASA Public Affairs Staff

If there is something strange in the Joint Base neighborhood, who are you going to call?

While New Yorkers can call on Ghostbusters to handle their paranormal experiences, Joint Base McGuire-Dix-Lakehurst residents can take their otherworldly encounters to Staff Sgt. Allyn-Michael Macleod, 99th Regional Support Command, Public Affairs non-commissioned officer in charge.

New Jersey in September, is starting a northeast branch of the organization to explore Garden State ghouls.

Macleod is a founding member of the Ghost Hunters of Science and Technology (G.H.O.S.T). The mission of this non-profit organization is to use the scientific method to collect, document and analyze environmental and other data surrounding reported paranormal phenomenon using the latest state-of-the-art equipment, methodologies and techniques. The group is headquartered in Texas, but Macleod, who moved to

Macleod's interest in the hereafter began in 1995 following the death of his father. He started wondering what happens after people died and began reading about the subject.

"I heard a lot of people saying how their parents came to visit them after they died. My parents died and they didn't come visit," said Macleod.

In 2007, after years of participating in other paranormal societies, Macleod formed G.H.O.S.T with friend Chris Medina, while stationed at Fort Bliss, Texas.

"There are a lot of ghost hunting groups out there, but we can offer something they can't because of a military background," Macleod said.

Just as gathering intelligence is part of any military operation, G.H.O.S.T

researches the history of a location before launching an investigation. They gather as much information as they can about the people, buildings, and even the geological make up of the area they are about to explore. This can be a time-consuming process, taking weeks to accomplish, but such research helps debunk or verify information the group may obtain during an investigation.

While Macleod says there is no such thing as a typical investigation, all investigations start out the same. Once G.H.O.S.T has gathered background information on an area they can begin the investigation. In order to gather and process data, G.H.O.S.T takes a methodical approach to investigating the unknown. G.H.O.S.T returns to a single location three separate times and each time the group performs the same series of tasks.

(continued on page 10)



courtesy photo

**THE SHADOW KNOWS** -- An ominous shadow appears over a grave at the Concordia Cemetery in El Paso, Texas. The photo was taken by a member of G.H.O.S.T, the Ghost Hunters of Science and Technology, a paranormal-investigation group founded by Staff Sgt. Allyn-Michael Macleod, 99th RSC Public Affairs non-commissioned officer in charge.

**Trick-or-Treat hours**  
Joint Base McGuire-Dix-Lakehurst families are welcome to 'Trick or Treat' Oct. 31 from 6 to 8 p.m. in the base housing areas. Additionally, the 87th Security Forces Squadron will have 'Operation Pumpkin Patrol' throughout the evening to ensure the safety of trick-or-treaters. If you are interested in volunteering for 'Operation Pumpkin Patrol,' please call the 87th Security Forces Squadron at 562-3441. Report all suspicious activity to JB MDL's Law Enforcement Desk at 562-6001

# Soldier seeks answers

(Continued from page 9)  
"G.H.O.S.T. investigates a location three times because it has been proven that if we investigate a site multiple times, we tend to get better evidence each time," Macleod said.

The ghost hunters break into small teams of three to six people. The team enters the area to be investigated and, after taking a few minutes to settle into the darkness of the room, it takes baseline readings of the room's electromagnetic field and temperature. It is purported that one of the ways spirits manifest

themselves is by drawing from the energy around them and sudden changes in temperature or an anomalous spike in the electromagnetic field may indicate the presence of an otherworldly being.

Once baseline readings have been established, the team can begin the investigation. During this phase one member of the team, the Paranormal Documentation Team (PDT) member is tasked to document what occurs during the session.

"The reason why G.H.O.S.T. created the PDT member is

because it is really easy to get excited during an investigation and sometimes investigators can forget the small things," said Macleod. "PDTs are on the team to record everything that happens during the investigation. They are essential when it comes to reviewing the evidence and trying to debunk stuff."

Most investigations involve Electronic Voice Phenomenon (EVP) work. EVP is the term used to describe anomalous speech recorded in, or produced by, electronic devices. Members of the group will ask a series of

general questions to any existing spirits in a location while using a digital voice recorder to capture any response. Because spirits may be able to manipulate the energy around them, it is believed that this method may allow an entity a way to communicate even though the sounds may not be audible to the people in the room at the time the question was asked.

Another method used to interact with beings on another plane is using a K-2 EMF meter. This device measures electromagnetic fields (EMF) from 30-20,000 HZ. It consists of a series of lights that an otherworldly being can light up in response to questions asked. Non-contact thermometers also record any changes in temperature that may occur during a session. Unexplained cold spots are often cited as evidence of a ghostly presence.

Since ghost hunting is an imperfect science, personal experiences become an important part of an investigation. So in addition to meter readings and photographs taken during the sessions, members of the team must note any personal experiences such as feeling that some unseen person touched them, or a sense of foreboding and heaviness that occurs during the investigation.

According to Macleod, one of his most chilling experiences he has had while investigating involved witnessing the personal experience of another member during a session. While exploring Southwest General Hospital in El Paso, Texas, a former tuberculosis sanatorium, a psychic that accompanied Macleod's team suddenly had difficulty breathing and began shaking uncontrollably when she entered the hospital's former nursery. The psychic found herself unable to move. When Macleod touched her she was ice cold. All the group's instruments went off simultaneously and the temperature in the area dropped measurably for no apparent reason. She was removed from the scene and another male psychic was



courtesy photo

**THE HUNT IS ON** — Staff Sgt. Alyn-Michael Macleod, 99th RSC Public Affairs NCOIC, left, leads a paranormal investigation in a former nursery room of the Southwest General Hospital in El Paso, Texas. Macleod is a founder of G.H.O.S.T. The Ghost Hunters of Science and Technology, an organization that seeks to explore and explain paranormal activity.

brought in with similar results. But not every investigation is so spectacular.

While many people grew up thinking ghost stories and haunted houses were just for Halloween and campfire scares, the search for the unknown has gone mainstream these days—television shows like the Syfy Channel's Ghost Hunters featuring former plumber Jason Hawes and Grant Wilson dramatically chasing the unknown throughout buildings. But Macleod says that is not an accurate representation of what is really involved in the process of getting to the bottom

of the things that go bump in the night.

"Nowadays, with everything Hollywoodized, everything on T.V., everyone thinks that ghost hunting is like what Jason and Grant do, but we go out and won't catch anything. It gets tiring at times to sit there and talk to nothing," said Macleod.

G.H.O.S.T. New Jersey is preparing to launch investigations in the area. Investigator-in-training courses will be held next month.

For more information, e-mail Alyn-Michael Macleod at ghost\_net@gmail.com.

## Chaplain's son earns blackbelt after overcoming Leukemia

"Train up a child in the way he should go; and when he is old, he will not depart from it."

Proverbs 22:6

Josiah Raub and his father, Chap. (Maj.) Allen Raub, assistant garrison chaplain, Army Support Activity, Joint Base McGuire-Dix-Lakehurst, were awarded their black belts in Tang Soo Do karate Oct. 17 during a black-belt graduation ceremony held at the Burlington County Institute of Technology in Westampton.

Josiah and his family have been training in Tang Soo Do for the past two years with karate instructors Master Peter Liciga and Master Michael Dinoto at the Dinoto Karate Center in Mount Laurel.

What is remarkable about this eight-year-old's martial arts achievement is that Josiah is a survivor of Acute Lymphoblastic Leukemia (ALL), a cancer of the white blood cells, the cells in the body that fight infections. Josiah was two years old when he was diagnosed with ALL and he underwent chemotherapy and radiation treatments for two years at Johns Hopkins Medical Center in Baltimore, Md.

"I was actually an Army hospital chaplain at Walter Reed Army Medical Center in D.C. when Josiah was diagnosed with leukemia, but I didn't work on the oncology ward and I personally knew very little about bone marrow cancers," said Raub. "I was busy providing pastoral ministry to Soldiers wounded in combat after Operation Enduring Freedom and Operation Iraqi Freedom started, but when our son was diagnosed with cancer it made me turn to God in a way I never had before.

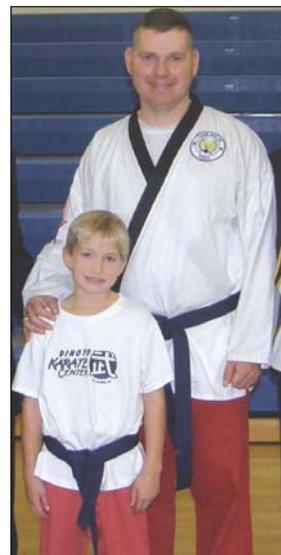
"Our church family rallied around us and they formed a 24-hour prayer chain for Josiah," he continued. "It was very frightening when he was first diagnosed with leukemia because we didn't know if he was going to live or die."

Raub believes his son, who is named for an Old Testament king of Judah, has "a call on his life to do great things and turn many people to God." Why He would allow this child to become ill, then, was at first a mystery.

"When he was diagnosed with leukemia, we really questioned why God allowed this when we knew Josiah had this special call from God," Raub explained. "We still believe the Lord has a call on his life and it's a real miracle that he is with us today.

"Cancer is a terrible thing for a young child to go through, but God had mercy on him and we are thankful for every day we have with Josiah," he added.

Josiah has not only fully recovered from cancer, but is now pushing his mind and body to new levels through martial arts.



courtesy photo

**OVER-ACHIEVER** — Josiah Raub and his father, Chap. (Maj.) Allen Raub, assistant garrison chaplain, Army Support Activity, JB MDL, were awarded their black belts in Tang Soo Do karate Oct. 17

"In karate class, Josiah has great flexibility and speed," explained Raub. "He's very athletic and loves to spar, break boards and kick the bag. He is going to be great in karate and he's already talking about testing for his next level of black belt.

"It is a miracle from the Lord that Josiah earned his black belt in karate and he is doing so well, when we weren't sure if he was going to make it and be with us," he added. "God has his hand on his life and we're excited to be able to celebrate Josiah getting his black belt in karate."

## Army wants photos



The All-Army Digital Photography Contest is here again for 2009.

Enter your best digital images to compete against the best photographers in the Army and win cash prizes.

Categories are: People, place, object, military life, experimental and this year's special category - FMWR FUN.

Both color and monochrome photographs will be accepted.

There are two divisions: Active Duty and Civilian (you can enter yourself or for someone as long as you have an active AKO e-mail account).

The submission period is open now with an entry deadline of Nov. 30. Enter at: <https://artsrafts.fmwrc.army.mil>. Entry rules can be found on the Web at [www.armymwr.com](http://www.armymwr.com).

Additional contest information and assistance is available by calling Linda Huff-Franey at (973) 724-3038.

**Read the Post!**



# JOINT BASE HONORS



U.S. Air Force photo/Carlos Cintron

## Air Mobility Wing Airmen awarded

Third-quarter award winners were announced at the 305th Air Mobility Wing awards ceremony Oct. 23 at Joint Base McGuire-Dix-Lakehurst. Winners in each category are as follows: AIRMAN -- Senior Airman Christine Condoleon, 6th Airlift Squadron; NCO -- Staff Sgt. Dean Piatz, 305th Aerial Port Squadron; SENIOR NCO -- Master Sgt. Susan Brough, 2nd Air Refueling Squadron; JUNIOR CGO -- 1st Lt Casey M. Eden, 305th Aerial Port Squadron; SENIOR CGO -- Capt Dalbert R. Shaw, 605th Aircraft Maintenance Squadron; CIVILIAN CATEGORY I -- Deborah Gosard, 305th Aerial Port Squadron; CIVILIAN CATEGORY 2 -- Timothy A. Pates, 305th Operations Support Squadron; KEY SPOUSE -- Tammy Genelin, 2nd Air Refueling Squadron; MISSION AWARD NCO -- Tech. Sgt. Eric P. Lundquist, AMC Test and Evaluation Squadron, above left with Col. Scott Smith, 305th AMW commander; MISSION AWARD SNCO -- Master Sgt. Jeffrey W. Eastepp, AMC Test and Evaluation Squadron, above right.

## Soldier awarded Legion of Merit

Spec. Kevin Harrison  
99th RSC Public Affairs

On Sept 26, Maj. Gen William Monk III, commander of the 99th Regional Support Command, presented one of his previous Soldiers with a well-deserved decoration.

Col. Michaelene Kloster, commander of 1st Mobilization Support Group-East in Fort Totten, N.Y., received a Legion of Merit award at the 99th RSC headquarters building at the Army Support Activity, Joint Base McGuire-Dix-Lakehurst. The award was given for exceptionally meritorious service while serving with the 99th Regional Readiness Command of Coraopolis, Pa.

Kloster explained all but one of the Legion of Merits she processed was for servicemembers who were retiring.

"Receiving one for service when I'm not even close to retirement was really quite humbling and quite an honor to be recognized for all the work that I did," said Kloster.

Reconstruction of the Army Reserve left over 14,000 Soldiers needing support adjusting to the changes. Kloster worked to find Soldiers for the new units being activated and new homes for Soldiers in units planning to deactivate.

Kloster was also an integral player in the deactivation of the 99th Regional Readiness Command, and the stand up of both the 316th Expeditionary Sustainment Command and the 200th Military Police Command.

Kloster's hard work and dedication to Soldiers led her to also aid with the reconstruction of the Military Funeral Honors department within the 13-state region. Kloster explained she and her staff traveled to various locations throughout the region to train area coordinators to better ensure no funeral misses having a Soldier's well deserved honors rendered.

With more than 25 years of military service, Kloster continues to serve as director of Human Resources for the 99th RSC and commander of 1st Mobilization Support Group-East.

## Students wanted

Do you have recent Civil Affairs (CA) or Psychological Operations (PO) experience in the theater of operations? Are you looking for a break from the operational community? Do you want to share that experience and your professionalism as a TASS Instructor?

The 5th Battalion (CA/PO), 3rd Brigade (CA/PO), 100 Division (OS), 80th TNG Command located in Edison has E-5, E-6, and E-7 instructor/writer slots for qualified Soldiers. Our mission is to provide high-speed reclassification training to Soldiers aligned with CA and PO units preparing for worldwide deployments, Basic Non-Commissioned Officer Course and Advanced Non-Commissioned Officer Course.

The 5th Battalion is looking to continue its accomplishments which include the Center of Excellence Award, the highest academic award for a TASS Battalion awarded by the John F. Kennedy Special Warfare School. Recent individual accomplishments among our Soldiers include 3rd Brigade (CA/PO) Instructor of the Year, 3rd Brigade (CA/PO) Soldier of the Year, and 3rd Brigade Second Place Non-Commissioned Officer of the Year. If you are interested, contact Major Michael G. Floru, S-3 5th Battalion, at michael.g.floru@us.army.mil.

## Contingency Response Wing awarded



The 621st Contingency Response Wing recognized the following Joint Base McGuire-Dix-Lakehurst personnel during the third-quarter Commander's Call and Quarterly Awards ceremony Oct. 26: AIRMAN -- Senior Airman Stephen Smith, 817th Global Mobility Readiness Squadron; NCO -- Tech. Sgt. Joel Bane, 818th Global Mobility Readiness Squadron; SENIOR NCO -- Master Sgt. Lamar Heard, 817th Global Mobility Readiness Squadron; COMPANY-GRADE OFFICER -- Capt. Frank Rovello, 21st Air Mobility Operations Squadron; FIELD-GRADE OFFICER -- Maj. Jeffery Krulick, 621st Contingency Response Wing staff; AMC AIR TRAFFIC CONTROL WATCH SUPERVISOR OF THE YEAR -- Tech. Sgt. Stephanie Biggans, 21st Air Mobility Operations Squadron, left, with Col. Richard Anderson, 621st CRW vice commander.

U.S. Air Force photo/Carlos Cintron



Wayne Cook

## Soldiers promoted

Sgt. Michael Bush, a court reporter with the Mobilization Readiness Battalion, far left, attaches corporal stripes to the uniform of Spc. Alexander Dubshkiy during a promotion ceremony at the Army Support Activity Court Room Oct. 23. Sgt. Nacer Lourdiane, 2nd Bn., 312th Training Support Reg., far right, is promoted to staff sergeant Oct. 21 at range 12C by Brig. Gen. Blake Williams, deputy commanding general, First Army Div. East.



Cpl. Anitra Cannon

## Ten-miler runners honored

Congratulations to the Joint Base McGuire-Dix-Lakehurst members who placed in the Army Ten-Miler Oct. 4 in Washington D.C.

The team placed third out of 29 in the All Comers 2009 Team category.

The team is made up of retired Marine Corps Master Sgt. Jose Rivera, Lakehurst, Master Sgt. Robert E. Grant, Jr., McGuire, Staff Sgt. Rohan Anthony Osburne, Dix, Senior Airman Matthew Wade Moore, McGuire, Phillip Joseph Lozada, Lakehurst.

## Red Ribbon Week educates

More than two decades ago, Congress developed Red Ribbon Week to teach the nation's youth about the dangers of drug use, encouraging a productive drug-free life. Red Ribbon Campaign has grown and now impacts millions of Americans like no other drug prevention movement in history.

This year, Red Ribbon Week runs until Oct. 31. In observance of Red Ribbon Week, several events are planned at Joint Base McGuire-Dix-Lakehurst and surrounding communities. Drug prevention education is available at local schools, McGuire's Youth Center, and the Dix Bowling Alley.

Drug and alcohol prevention exhibits are also set up at locations such as the dining facility, Ambulatory Health Care Clinic and the McGuire Fitness Center.

"This week plays a great part in the war on drugs. The red ribbons are a symbol of unity against the illegal use of drugs," said Titus Welcomes, Drug Demand Reduction Program manager.

"Drug resistance education is everyone's responsibility. We must ensure a drug-free com-

munity for our children now and in the future," he added.

Red Ribbon Week is observed in memory of Enrique Camarena, U.S. Drug Enforcement Administration agent who was killed in February 1985 while on an undercover assignment in Mexico.

After the murder, friends and neighbors of Camarena began wearing red badges of satin in honor of "Kiki" and his battle against illegal drugs.

"Red Ribbon Week provides communities with an opportunity to renew its commitment to a healthy and drug-free lifestyle," said Welcomes.

The Department of Defense firmly supports the goals of this observance as an integral part of the president's overall program for promoting a drug-free society.

Through support of drug interdiction programs by law enforcement agencies, mandatory testing, educational programs and voluntary partnerships with those in need in surrounding communities, the DoD has been steadfast in supporting efforts to reduce the supply and demand for drugs.

## OPERATION WARRIOR TRAINER

Help train, coach and mentor your comrades. Volunteer for another year of active duty upon returning from theatre.

- Share your deployment lessons learned with fellow Servicemembers preparing for similar missions.
- Put your knowledge and experience to good use, providing relevant, mission-tailored training.
- Soldiers must have at least 180 day tour in support of world-wide contingency operations and receive OWT orders within 180 days after departing theatre.



For more information on eligibility and the OWT program at Joint Base MDC, contact the 72nd JA HDE OWT team at (609) 562-2424/4748 or email the team at: d1veas172bdeowtteam@usar.army.mil

# Hails and Farewells



Lisa Evans

Lt. Col. Thomas Lenio and Sgt. Maj. Russel Christiana, 864th Theater Gateway Team commander and sergeant major, from left, display their unit's Yellow Banner at the Army Support Activity's Infantry Park on Joint Base McGuire-Dix-Lakehurst Oct. 1 prior to deploying to Iraq.

Command Sgt. Maj. Anthony Simpson, 1st Sgt. Gail Watts and Col. Sean Tuomey of the Army Reserve's 1398th Deployment Support Brigade from Baltimore, Md., from left below, display their Welcome Home plaque at Timmermann Center Oct. 25. Staff Sgt. Kendra Still and 1st Lt. Denys Buschmann, detachment first sergeant and commander from the Army Reserve's 478th Human Resources Company, from left at right, hoist their unit's Yellow Banner above Infantry Park Oct. 19. The detachment from Salt Lake City, Utah, will conduct a postal-support mission in Iraq.



Lisa Evans



Shawn Morris



Lisa Evans



Ryan Morton

Capt. Scott Reuter and Sgt. 1st Class Calvin Kalishek, 328th Human Resource Command (HRC), Detachment Alpha 2 commander and acting first sergeant, and 1st Lt. William Erlanson and Master Sgt. Eddie Schorr, 13th Psychological Operations (PSYOPS) Battalion, Detachment 11 commander and acting first sergeant, from left, fasten their units' Yellow Banners to the line at the Army Support Activity's Infantry Park Oct. 13. The 328th HRC, Det. Alpha 2 from San Antonio, Texas, and the 13th PSYOPS, Det. 11 from Minneapolis, Minn., mobilized at the ASA for deployments to Iraq and Afghanistan.



Ryan Morton

Capt. Derrick Greer and Master Sgt. Michael Henderson, Headquarters, Headquarters Detachment (HHD) commander and acting first sergeant, and Command Sgt. Maj. James Smith and Lt. Col. James Bishop, 168th Military Police Battalion command sergeant major and commander, from left, display their units' Welcome Home plaque and Yellow Banner at the ASA Bravo Company building Oct. 7. The unit, part of the Tennessee National Guard from Dyersburg, Tenn., performed a detainee-operations mission at the Camp Bucca Theater Internment Facility in Iraq.



Lisa Evans

Capt. Derek Baran and 1st Sgt. Edward Peterson of the 772nd Military Police Company from Taunton, Mass., from left, display their Welcome Home plaque and Yellow Banner at Timmermann Center Oct. 11.



Lisa Evans

Capt. Glenn Jackson and 1st Sgt. William Dean of the 267th Military Police Company from Dickson, Tenn., from left, display their Yellow Banner and Welcome Home plaque at Timmermann Center Oct. 25.