

NEWSNOTES

Dix ID Card Facility announces Saturday hours

Need a new ID card but just can't squeeze out the time during the week? The Fort Dix ID Card Facility will host Saturday hours for issuing identification cards Dec. 6 in Building 5418 on the first floor.

Hours of operation will be 8 a.m. to 4 p.m. For further information contact Geneva Sturdivant at (609)562-3373/2177.

Red Cross Blood Drive scheduled at Main Chapel

The American Federation of Government Employees 1999 will host a Red Cross Blood Drive Nov. 26 at the Main Chapel from 8:30 a.m. to 2 p.m. Sign up with your office representative or call 562-2669 to schedule a donation time.

Troops to Teachers seminar set Dec. 4

Army Community Service will host a Troops to Teachers seminar Dec. 4 at 9:30 a.m. for Soldiers and spouses interested in channeling their skills in a new direction may sign up by calling 562-2186.

Pre-Retirement Briefing set for Timmermann Center

The Fourth Quarter Military Pre-Retirement/Separations Briefing will be held Dec. 9 through 12, at the Timmermann Conference Center on Pennsylvania Avenue at Eighth Street. The time will be 8 a.m. to 4:30 p.m. daily. This is a mandatory requirement for Soldiers within 120 days of retirement or departure on terminal leave. Soldiers that are outside the 120-day window are encouraged to attend. Representatives from the VA, Department of Labor, Finance, Transportation, etc., will be available to brief and answer questions. If you require additional information or would like to make reservations for the briefing, please call the RSO at 562-2666.

Pets invited to visit Santa Paws Dec. 6

Santa will be at the Outdoor Recreation Center Dec. 6 from 11 a.m. to 1 p.m. for photos opportunities and pet print ornaments. A Pet Fun Run will start the festivities at 10 a.m. An \$8 entry fee includes a t-shirt and prizes for the top three finishers.

WEATHER

WEDNESDAY -- Chance of light rain showers, breezy with a high of 47 degrees and overnight low of 29.

THURSDAY -- Mostly cloudy, windy, slight chance of showers. High of 44 and low of 29 degrees.

FRIDAY -- Cloudy, clearing into evening, daytime high of 46 and overnight low of 34 degrees.

SATURDAY -- Clear and warmer, high of 47 degrees and overnight low of 37.

SUNDAY -- Afternoon rain, breezy with a daytime high of 43 and overnight low of 33 degrees.

MONDAY -- Partly cloudy, warmer with a daytime high of 49 degrees and overnight low of 30.

TUESDAY -- Fair and sunny, daytime high of 40 degrees and overnight low of 33.

Policy extends service

Senior NCOs can continue to serve, maximum age 62

WASHINGTON (Army News Service, Nov. 21, 2008) — A recent extension of retention control points means Soldiers in the rank of staff sergeant and above will be allowed to serve the Army longer, should they desire.

An All Army Activities message, or ALARACT, dated Nov. 8, spelled out the changes to retention control points.

The changes, which became effective Nov. 1, increase RCPs for E-6s and above by as many as three years in some cases.

The ALARACT also changes the maximum age for enlisted Soldiers to 62 years.

The increase in RCP — called "high year of tenure" in the Air Force and Navy — is a force-shaping measure meant to allow experienced non-commissioned officers to stay in the Army longer.

"This is not designed to address any specific shortage," said Master Sgt. Patrick Johnson, retention operations NCO with Army G-1 at the Pentagon.

"Rather, it is to provide an avenue for our experienced NCOs to stay in longer if they wish, and to stabilize the

force longer. It's good for the Army and good for readiness."

The change to RCP applies to active-duty Army Soldiers and to reserve-component Soldiers in the Active Guard Reserve program.

Changes have been made to the RCP for Soldiers in the grade of E-6 and above, and include:

- Staff Sergeant, 25 years
- Staff Sergeant (Promotable), 26 years
- Sergeant First Class, 26 years
- Sergeant First Class (Promotable), 29 years
- First Sergeant/Master Sergeant, 29 years
- First Sergeant/Master Sergeant (Promotable), 32 years
- Command Sergeant Major/SGM, 32 years

The RCP defines the maximum time a Soldier may stay in the Army at a certain rank.

For instance, the RCP for a promotable staff sergeant is now 26 years — up from 24.

"A Soldier in the rank of staff sergeant has served 26 years and hasn't been promoted to sergeant first class,



Ryan Morton

EXPERIENCE COUNTS — The new policy is geared at allowing experienced Soldiers like these Military Police to stay on duty, benefiting both the individual and the Army.

he or she must retire. The ALARACT additionally says a Soldier must leave Army service at the time of their RCP or age 62, whichever of the two comes first.

Johnson said that the change to the RCP does not mean a Soldier must now stay in the Army longer. In fact, Soldiers may apply for retirement any time after becoming eligible.

Council stalwart retires again

Spec. Kevin Harrison 99th RSC Public Affairs Staff

Retired Master Sgt. John E. Valenta, a member of the Fort Dix Retiree Council, was given a plaque of appreciation by retired Col. George Waters, chairman of the council, Saturday November 22 in the Command Conference Room at Fort Dix. This was Valenta's final meeting before retiring from 30 years of membership on the council.

Valenta has a total of 51 years of military service. He retired after 21 years of service in the Army in 1973, then joined the council in 1978. While serving on the council, Valenta also served on the Legislative and Liaison Committee.

The Fort Dix Retiree Council is a volunteer group of retired veterans which represent the retired commu-

nity on Fort Dix. "They are the eyes and ears of the Commander for the retired community," said Henry Mellon - Lopez, Director of Human Services on Fort Dix. There are 40 members, hailing from Ocean County and Philadelphia, Pa.

The Retiree Activity Day is an event hosted by the council. The RAD is an open house on the Fort Dix installation directed to retirees.

The council opens information booths to inform attending retirees of changes to post protocol, military benefits and new legislations that effect them.

In addition to the plaque given by the council, Valenta received an Ultimate Weapon Plaque from Mellon - Lopez on behalf of Fort Dix Installation Commander, Col. Ronald Thaxton.

After his retirement from the council, Valenta said he plans to spend his winter at his home in Florida.



Spec. Kevin Harrison

DOUBLE HONORS — John E. Valenta receives awards for 30 years of service at the Fort Dix Retiree Council meeting Nov. 22 at Fort Dix, from George Waters, chairman of the council, and Henry Mellon - Lopez, Director of Human Resources.

Cyberspace battle rages on

Wayne Cook Public Affairs Staff

The Department of Defense became fully entrenched in a different kind of war Nov. 18 as an all out engagement was unleashed on the cyberspace front.

The order quickly spread throughout the DoD to cease utilizing USB port devices such as thumb drives, flash media cards, and other devices used to download information onto computers that were attached to any military network. In Europe CDs and DVDs were added to the "banned on the network" list.

According to an article by Noah Shachtman, contributing editor to Wired magazine, the attack came from the introduction of a virus called Agent.btz onto the network.

The virus is a variation of the SillyFDC worm which spreads by copying itself to thumb drives and other temporary storage devices. When that device is plugged into the network the worm replicates itself again, this time onto the new computer.

"From there, it automatically downloads code from another location. And that code could be pretty much anything," said Ryan Olson, director of rapid response for iDefense computer security.

The Silly FDC worm has been



Wayne Cook

BATTLEGROUND — Yolanda Acevedo and Ed Jackson, computer technicians with the Directorate of Information Management, use the program O-Tip to scan thumb drives for computer viruses, worms, and other unauthorized malware.

around, in various forms, since July 2005. Similar worms have been around even longer, going back to the early 1990s.

The Fort Dix Directorate of Information Management (DOIM), upon being notified by the lead information management agency in the Army at Fort Huachuca, quickly notified all network users on the post to cease and desist in the use of the above mentioned information mediums. All military owned thumb drives were turned into the respective Information Management Officers (IMOs) to be taken to DOIM to be scanned. The network

the opening of a security incident report and will be referred to the appropriate security officer for action.

Eventually, some government-approved drives will be allowed to be used under certain mission critical, but unclassified, circumstances, according to Shachtman.

Lois Leaf, chief of the Information Management Division, DOIM, stated that when direction comes down from Fort Huachuca the DOIM office will release the updates immediately to the installation population.

"I realize this is an inconvenience to the members of Fort Dix but we have to be mindful of security first and any cyber attack on the military network is an attack on national security," Leaf said.

The DoD's global information grid includes more than 15,000 networks and approximately 7 million information technology devices.

"This is not a Defense Department issue. It's not even a government issue. It is an international issue — a world issue. Anyone who uses computers and is on a network is susceptible," said Bryan Whitman, a spokesman for the Pentagon.

"It's the responsibility of every user to help protect the network. This is something that requires us to have constant vigilance," Whitman said.

(Continued on page 3)



painting "The First Thanksgiving" by Jean Leon Jerome Ferris (1863-1930)

"The Pilgrims made seven times more graves than huts. No Americans have been more impoverished than they who, nevertheless, set aside a day of thanksgiving."
- H.U. Westermayer

Happy Thanksgiving!

Thanksgiving Day, 2008

A Proclamation by the President of the United States of America
Thanksgiving is a time for families and friends to gather together and express gratitude for all that we have been given, the freedoms we enjoy, and the loved ones who enrich our lives. We recognize that all of these blessings, and life itself, come not from the hand of man but from Almighty God.

Every Thanksgiving, we remember the story of the Pilgrims who came to America in search of religious freedom and a better life. Having arrived in the New World, these early settlers gave thanks to the Author of Life for granting them safe passage to this abundant land and protecting them through a bitter winter. Our Nation's first President, George Washington, stated in the first Thanksgiving proclamation that "It is the duty of all nations to acknowledge the providence of Almighty God, to obey His will, to be grateful for His benefits, and humbly to implore His protection and favor." While in the midst of the Civil War, President Abraham Lincoln revived the tradition of proclaiming a day of thanksgiving, asking God to heal our wounds and restore our country.

Today, as we look back on the beginnings of our democracy, Americans recall that we live in a land of many blessings where every person has the right to live, work, and worship in freedom. Our Nation is especially thankful for the brave men and women of our Armed Forces who protect these rights while setting aside their own comfort and safety. Their courage keeps us free, their sacrifice makes us grateful, and their character makes us proud. Especially during the holidays, our whole country keeps them and their families in our thoughts and prayers.

Americans are also mindful of the need to share our gifts with others, and our Nation is moved to compassionate action.

On this day, let us all give thanks to God who blessed our Nation's first days and who blesses us today. May He continue to guide and watch over our families and our country always.

NOW, THEREFORE, I, GEORGE W. BUSH, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim November 27, 2008, as a National Day of Thanksgiving. I encourage all Americans to gather together in their homes and places of worship with family, friends, and loved ones to strengthen the ties that bind us and give thanks for the freedoms and many blessings we enjoy.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-first day of November, in the year of our Lord two thousand eight, and of the Independence of the United States of America the two hundred and thirty-third.

GEORGE W. BUSH



www.thecontent wrangler.com

"Thanksgiving is a typically American holiday. The lavish meal is a symbol of the fact that abundant consumption is the result and reward of production."
- Ayn Rand



Macy's Thanksgiving Day parade on book of seasons.blogspot.com

"Don't Rain On My Parade"
-song from 1964 musical "Funny Girl"

page compiled by Steve Snyder



returnnow.files.wordpress.com

"If the only prayer you said in your whole life was, 'thank you,' that would suffice."
-Meister Eckhart



www.reflexstock.com.posterized version

"For health and food, for love and friends, for everything Thy goodness sends."
- Ralph Waldo Emerson



1st Lt. Nick Suhr, left, of Laguna Niguel, Calif., serves Thanksgiving dinner to Spc. Michael Elliott of Strathmore, Calif. in dining facility at Kirkuk, Iraq last year. The Soldiers belong to A Co., 1-21 Inf., 25th Infantry Division, photo from acampainvators.com

"Throughout our history, Americans have always taken time to give thanks for all those whose sacrifices protect and strengthen our nation. We continue that tradition today - and we give thanks for a new generation of patriots who are defending our liberty around the world..."
- President George W. Bush, 2007 radio address



AP photo from Vintage (Detroit) Lions photo gallery

GRID LEGENDS --
-Legendary Lions line-backer Joe Schmidt hauls down Green Bay Packer quarterback Bart Starr during the 1962 Thanksgiving Day game at Tiger Stadium won by Detroit 26-14 for Green Bay's only loss of that season. The Lions host their 68th annual Thanksgiving classic this Thursday against the Tennessee Titans.

"On Thanksgiving Day, all over America, families sit down to dinner at the same moment - halftime."
-Anonymous

the Post

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What to do when New Jersey turns nasty

Carolee Nisbet
Editor

Crisp, clear mornings this week and the occasional snowflake are reminders that the thermometer at Fort Dix isn't permanently locked on summer.

And, although last year's snowfall didn't amount to much, the post has been buried during past winters by blizzards that stalled traffic and shut down services.

So, how do you know if there will be a weather-caused delay in post operations?

All you have to do is call, watch or listen for up-to-the-minute information on closures and delays.

If the weather is haz-

ardous, Department of Defense Police and personnel from the Joint Operations Center will advise the command of the potential danger.

Once the decision is made to delay the start of the work day, or to shut down non-critical operations, information distribution gets underway.

The first place to check for information is the weather hotline, which is updated by 6 a.m. or as soon as the decision is made. Call 562-4065. The number actually links to several lines with a recorded message.

On stormy mornings, the lines are very busy, so please be patient.

The Public Affairs staff will post information about Fort Dix first; then about area schools, and then changes and

cancellations for other offices and agencies.

The information will also be posted as quickly as possible on the Fort Dix homepage, in an effort to reach as many commuters as possible as early as possible.

Log on to www.dix.army.mil and check out the scrolling information bar at the top of the page.

We'll also scramble to get

the information on workplaces and schools up on WDX (Channel 2 COMCAST) by 6 a.m., those without auto redial on their phones might want to make a deal with an on-post resident to pass along the information as soon as it's available.

Finally, we will call and fax the information to area radio stations.

If you have a favorite that doesn't carry our announce-

ments, give us a call and we will check it out.

While we do send information on delays and closures to television stations in the area, most don't announce them because we are too far from the population centers.

If your office or unit on post is not included in the general Fort Dix announcement, please call us now to get into the system so we can announce your information.

We won't announce information called in at 5-45 some snowy morning by someone who claims to represent an organization on post that isn't on our list.

Road information will be listed as one of three levels:

GREEN means roads and visibility are clear and it's safe to travel with normal driving

cancellations.

AMBER means visibility may be limited or roads may be wet or icy in spots.

RED means visibility or road conditions are so bad that only emergency vehicles should venture out.

Many organizations on post also set up telephone trees to ensure that the information reaches everyone in a directorate or office.

Every employee is advised to check with his or her supervisor to be certain if he or she is listed as key and essential to the operation of the organization.

If you are a key and essential person in your office, plan ahead on where you can park that will be out of the way of snowplows and other traffic.



Beat the cold with travel survival kit for your auto

Heading out for the holidays? You can avoid many dangerous winter travel problems by planning ahead.

Have maintenance service on your vehicle as often as the manufacturer recommends. In addition, every fall:

- Have the cooling system serviced, or check the antifreeze level yourself with an antifreeze tester. Add antifreeze, as needed, and it doesn't hurt to carry some in your car.
- Replace windshield wiper fluid with a wintertime mixture that won't freeze on your glass.
- Replace any worn tires, and check the air pressure in the tires regularly.
- During winter, keep the gas tank near full to help avoid ice in the tank and fuel lines -- and to avoid running out of fuel on snowy highways.

Winter Survival Kit for Your Vehicle --

Equip your car with these items: blankets, a first aid kit, a can, candle and waterproof matches (to melt snow for water), a solid windshield scraper, booster cables, road maps, mobile phone, compass, tool kit and paper towels.

You should also stash in your trunk a bag of sand or cat litter (to pour on ice or snow for added traction), a tow rope, tire chains (in areas with heavy snow) and a collapsible shovel.

Your permanent survival kit for any auto should include a container of water and high-calorie canned or dried foods and a can opener, flashlight and extra batteries, canned compressed air with sealant (for emergency tire repair), and a brightly colored cloth to aid searchers in finding your vehicle.

An extra heavy-duty pair of gloves in the kit is a plus.

All of these items help you fend off wind chill.

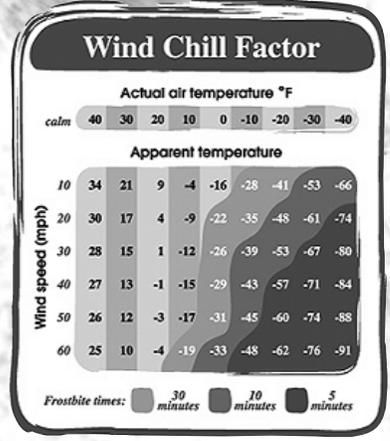
The Wind Chill index is the temperature your body feels when the air temperature is combined with the wind speed. It is based on the rate of heat loss from exposed skin caused by the effects of wind and cold.

As the speed of the wind increases, it can carry heat away from your body much more quickly, causing skin temperature to drop.

When there are high winds, serious weather-related health problems are more likely, even when temperatures are only cool.

The Wind Chill Chart at right shows the difference between actual air temperature and perceived temperature, and amount of time until frostbite occurs.

(Information in this article and the chart at right provided courtesy of the Centers for Disease Control.)



Internal Revenue Service alerts taxpayers to scam on '08 stimulus refunds

IRS NEWS -- MOUNTAIN-SIDE -- The Internal Revenue Service wants you to know there may be a scam waiting in your e-mail inbox that looks very official but is dangerous to you and your computer.

"We're getting reports of people getting an e-mail that appears to come from the IRS and tells recipients to respond to get their 2008 Economic Stimulus Refund," said IRS spokesperson Gregg Semanick.

Semanick says there are three things the IRS needs people to remember:

- The IRS never sends unsolicited e-mails about your taxes. It will never send any request for information, such as your social security number or bank account number, for any reason.
- All such e-mails should immediately be regarded as fraudulent and cancelled or ignored.
- They are not only false, but may contain harmful viruses that could damage your computer and compromise your personal information.
- If you get a scam e-mail, or even one about which you are

not certain, don't access any links or attachments.

-If you have filed a 2007 federal tax return with the IRS, you don't need to do anything else to get a stimulus payment. The IRS will take care of the rest.

According to Semanick, if

The IRS never sends unsolicited e-mails about your taxes. It will never send any request for information, such as your social security number or bank account number, for any reason.

you have accessed a link or attachment that comes to you in a scam e-mail, you may have allowed the scammer to download malicious software to your computer and you should immediately scan for viruses and spyware, plus be alert for suspi-

cious activity on your financial accounts.

"If you have actually responded to a scam e-mail by giving out your private information," Semanick said, "you should immediately take steps to prevent identity theft. You may now be a prime target."

The IRS urges people not to take the possibility of identity theft-- and the disastrous results it may have on your life -- lightly.

Ensure that you have protective software on all of your personnel computers, and pay close attention to activity in your bank accounts and on your credit cards.

"Taxpayers can help the IRS stop scammers by sending the original scam e-mail to the IRS at phishing@irs.gov -mail to: phishing@irs.gov - The e-mail must be forwarded using special instructions at www.irs.gov or it loses the encoding needed to track it to its source," Semanick said.

For more information about tax scams, visit www.irs.gov and check out the Dirty Dozen, a list of tax scams updated each year by the IRS.

Cyberspace battle

(continued from page 1)

"To aid network customers on Dix, the DOIM staff has set up nine computers that have been verified clean and removed from the network in the DOIM part of Building 6043.

"These stand alone machines will be used by technicians to scan your thumb drives with two different programs. Once verified clean, they will copy your data to a CD or DVD disk if you request. To minimize the amount of traffic to the building, we recommend you give your thumb drives to your IMO in an envelope marked with your name. The IMO can then drop a group off at a time. As an added service post personnel can bring their personal thumb drives by and have them scanned to ensure they are not infected with the worm virus," said Leaf.

"The last part of the puzzle is the government issued notebook computers. They must all be brought in and plugged into the network. When this is done please call Mike Goldberg at 562-3834. He will arrange for scans to be performed.

The suspense for this operation was Nov. 20, but I realize some notebooks are in use TDY. When returning to the installation, please plug the notebook in as soon as possible," Leaf added.

Although the Army and DOIM are aggressively counter-attacking this threat, the network continually remains at risk as a high-level target and all users must adhere to all information management security rules and policies.

Any questions about DoD or Army Information Management should be directed to unit IMOs or call Lois Leaf at 562-4918.

Shredding stopped at VA

Veteran Administration News - WASHINGTON
The Department of Veterans Affairs (VA) publicly announced the implementation of special procedures Nov. 17 for processing claims from veterans, family members, and survivors whose applications for financial benefits from VA may have been mishandled by VA personnel.

These special procedures come after an audit by VA's Inspector General found documents waiting to be shredded at some of VA's regional offices that, if disposed of, could have affected the financial benefits awarded to veterans and survivors.

"I am deeply concerned that improper actions by a few VA employees could have caused any veterans to receive less than their full entitlement to benefits earned by their service to our nation," said Secretary of Veterans Affairs Dr. James B. Peake.

"In rectifying this unacceptable lapse, VA will be guided by two principles - full accountability for VA staff and ensuring veterans receive the benefit of the doubt if receipt of a document by VA is in question," he added.

VA worked with the six largest veterans service organizations in developing these special new procedures.

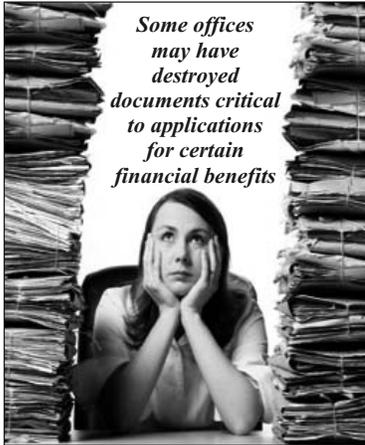
The procedures will assist veterans and survivors in establishing that an application or another document was previously submitted to VA, but was not properly acted upon by VA and was not retained in the veteran's records.

The special procedures cover missing documents submitted by a veteran or other applicant for VA benefits during the 18-month period between April 14, 2007 and Oct. 14, 2008.

VA will process any missing applications or evidence submitted under these special procedures as if the document had been originally submitted on the date identified by the claimant.

Veterans and other applicants have one year, or until November 17, 2009, to file previously submitted documents under these special procedures.

In addition, veterans who may not be covered by these new special rules who believe relevant material is missing from their



Some offices may have destroyed documents critical to applications for certain financial benefits

files can submit additional documentation at any time.

An award of benefits earlier than April 14, 2007, may be established if there is credible corroborating evidence supporting an earlier date of document submission.

When this problem of mishandled documents was uncovered on October 14, 2008, VA immediately ceased all shredding activities while it established tighter controls over all claims documents and conducted special training for all employees who process veterans' applications and deal with the complex records and files required for some of the applications.

All regional office shredding equipment and operations are now under the strict control of the facility records management officer.

Every employee has been given a separate receptacle for papers appropriate for shredding.

These receptacles are subject to review by supervisors and other officials.

Before any claims document can be shredded now, it must now be reviewed by two people and the facility records management officer.

VA's Inspector General is continuing to investigate a small number of cases where inappropriate shredding may be traceable to a specific employee.

Legal and disciplinary action will be initiated to hold accountable any employee who has acted improperly.

Veterans, survivors, family members and others who are concerned about missing documents and want more information on the special processing procedures now in place for paperwork may call 1-800-827-1000 for assistance or go to our website at http://www.va.gov/VBA/special_procedures_qa.asp.

They may also send an e-mail inquiry through IRIS@va.gov or visit their local VA regional office.

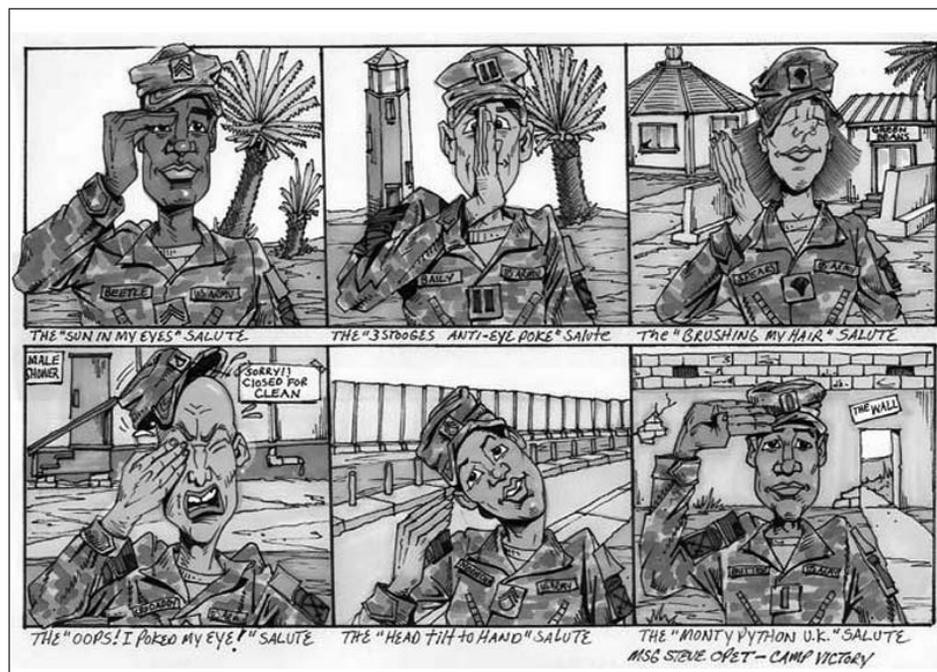
VA representatives will review VA's record systems to verify receipt of applications and supporting evidence and will assist anyone desiring to file a claim under the special processing procedures for missing documents.



Ryan Morton

Time to light up the holidays

Tony Leone from IAP Worldwide Services strings some of the hundreds of lights that will set the Fort Dix Christmas Tree aglow at the Tree Lighting Ceremony Dec. 5 at 4:30 p.m. behind Wurman Hall. The ceremony is the traditional beginning of the holiday season on Fort Dix, and includes refreshments and singing at Club Dix and a visit from Santa Claus for all the children in attendance.



Salutes send strong messages about us

The way we salute is important because it tells much about us.

If we salute sharply, it shows that we have pride in ourselves, our unit and our country.

A sloppy salute, on the other hand, shows that we lack confidence, pride and self-discipline.

It is very important for the officers to remember to return the Soldier's salute with the same degree of respect and pride.

It is also customary to give the greeting of the day, such as "Good morning, sir" or "ma'am," when you salute.

This salute is a courtesy to the individual's rank and position. Inspector General observations on incorrect salutes:

1. The Three Stooges Salute: Saluting with your hand vertical in the middle of your hat along the ridge of the nose or right eye.
2. Palming the Basketball: Saluting with fingers not touching each other as if palming a basketball.
3. The Spring Salute: A salute that bounces off your hat multiple times.
4. The Lazy Salute: Tilting your head to your hand.
5. The Ronald Reagan or "Top Gun" Salute: Saluting

- with two fingers.
6. The Wave Off: Saluting as if you were pushing air away from you.
7. The Gaggle Salute: All Soldiers saluting in a gaggle or work detail or not at all. Remember someone is always in charge of a detail, and they should call the group to attention and give the greeting of the day while rendering the salute for the group.
8. The Arthritis Salute: Fingers not straight as if cupping water from the sink.
9. The Fonzi Salute: Thumb out and sometimes saying "Hey, sergeant."
10. The Ever Present Avoid-

- ance Salute: Pretending to look the other way.
- How and when to salute: FM 3-21.5 provides instruction on how to salute when outside.
- It states to raise the right hand sharply, fingers and thumb extended and joined, palm facing down and place the tip of the right forefinger on the rim of the visor slightly to the right of the right eye.
- The outer edge of the hand is barely canted downward so that neither the back of the hand nor the palm is clearly visible from the front.
- The hand and wrist are straight, the elbow inclined

- slightly forward and the upper arm horizontal.
- Army personnel in uniform are required to salute when they meet and recognize persons entitled.
- Army Training Support Package 158-b-18a is available at the ATIAM website <https://atiam.train.army.mil/>. Its states:
 - a. When saluting an individual, turn your head and eyes toward the person and salute, and of friendly foreign nations when you recognize them as such.
 - (Article and cartoon reprinted courtesy of The Mountain View, Camp Victory, Iraq.)
- c. You are required to salute all senior commissioned officers of the Armed Forces of the United States and of friendly foreign nations when you recognize them as such.
- b. It is improper to salute with any object in the right

hand or with a toothpick, cigarette, cigar or pipe in the mouth.

NEIGHBORHOOD

THE CORNER

HOLIDAY HOURS

Griffith Field House
Nov. 27 & 28 9am-5pm

Bowling Center
Nov. 26 - 5p.m. to 9 p.m.
Nov. 27 - CLOSED
Nov. 28 - 4 p.m. to 10 p.m.
Nov. 29 - 1 p.m. to 9 p.m.
Nov. 29 - 2 p.m. to 9 p.m.

Dec. 24 - CLOSED
Dec. 25 - CLOSED
Dec. 26 - 4 p.m. to 10 p.m.
Dec. 27 - 1 p.m. to 9 p.m.
Dec. 28 - 2 p.m. to 9 p.m.
Dec. 31 - 8 p.m. to 1 a.m.

ONLY OPEN FOR NEW YEAR'S EVE PARTY (ticketed event)
Jan. 1 - CLOSED

Club Dix:
Nov. 27 - CLOSED
Nov. 28 - 30 - 10 a.m. to 6 p.m. Computer Lab ONLY
Dec. 24-25 - CLOSED
Dec. 26-28 - 10 a.m. to 6 p.m. Computer Lab ONLY
Dec. 31 - Jan. 1 - CLOSED
Jan. - 10 a.m. to 6 p.m. Computer Lab ONLY

Golf:
Nov. 27 - 7 a.m. to 3 p.m.
Dec. 24-25 - CLOSED
Dec. 31 - Jan. 1 - CLOSED

Arts & Crafts
Nov. 27 & 28 - Closed
Dec. 25-26 - Closed
Jan. 1 - Closed

Aquatics
Nov. 24 through Dec. 15 - Closed for Maintenance
Dec. 25 - 26 - Closed

Recreation Center
Nov. 27-28 - 4 p.m. to 10 p.m.

Childcare Centers
Nov. 27 - Closed
Dec. 25 - Closed
Jan. 1 - Closed

Concert sold out
Tickets for the Dec. 2 Patti LaBelle concert at Timmermann Center are sold out. For more information call 562-6772.

Free child care offered for parents in need of break
The Child Development Center will be open for Friday Night Free Respite Care, Dec. 12, from 5:30 p.m. to 9:30 p.m. for children aged 6 weeks to 12 years. Reservations are required. For more information call 562-4702.

Holiday dinner theater coming to Club Dix
Tickets are now available for "Once Upon A Christmas Dinner Theater." Bring the family for a buffet dinner and relive the immortal tale of Ebenezer Scrooge performed by The Ridgedbrook Touring Company Dec. 6 at 7 p.m. at Club Dix. Tickets can be purchased at Club Dix or Family, Morale, Welfare Recreation Headquarters, 6043 Doughboy Loop. Tickets are \$15 for adults and \$10 for children 12 and under. Call 723-3272 for details.

Submissions sought for Army photo contest
The All Army Digital Photography Contest is seeking entrants. The deadline for submissions is Dec. 7. To enter, access the contest website and submit your photo at <https://artscrafts.fmwrc.army.mil>. The contest is open to all active duty Soldiers and civilians. Contest information and assistance are available at the Arts & Crafts Center. Call 562-5691 for more information.

Christmas Trees on sale Friday
Fort Dix Family, Morale, Welfare, Recreation Christmas Tree sales begin Nov. 28 at Outdoor Recreation, Building 6045. Hours are Monday through Friday 10 a.m. to 5 p.m. and Saturday and Sunday from 9 a.m. to 4 p.m.
For more information call 562-6667.

USO sponsors military shopping event
The USO and Cherry Hill Mall are sponsoring a military appreciation shopping event Dec. 14. The event features retailer discounts, raffle prizes and more.
For more information visit www.libertyuso.org.

Race raises funds, heartbeats

Lisa Evans
Public Affairs Staff

The annual Turkey Trot 5K run brought out dozens of runners and a few turkeys Nov. 21.

On a bitterly chilly morning, 48 runners piled up as close as they could until they started running, and even then they started out close together. With ear muffs and gloves and one turkey hat sitting on Maj. Teresa Bunn's head, 26 Regional Training Center-East (RTC-East), runners beat a 22-minute time.

"It's our annual Thanksgiving fun run each year. It's also our last fun run of the year till next spring. It gives people from both McGuire and Ft Dix a chance to participate in a 3.1 mile run. We do it every year and it's our biggest run," Chris O'Donnell from Griffith Field House said.

A special facet of this

year's run was a fundraiser coordinated by Bunn to raise money for Homes for Our Troops, a non-profit, non-partisan organization founded in 2004. The organization raises funds to build or adapt homes for severely wounded warriors. This run by 26 RTC-East Soldiers raised nearly \$7,000 for building materials and professional labor costs for the homes.

Bunn praised her team's efforts before the chilly start saying, "We have won a great victory for our injured brothers and sisters in arms before we even take our first step of the race."

Master Sgt. Alex Estrada lead the field with a winning time of 20 minutes 27 seconds and Christine Spice, 204th Intelligence Squadron, United States Air Force, won the women's run with a time of 27 minutes 9 seconds.

Michael Magliocco, Ed Slavin, Roseanne Fisher, and Jessica Bondoc all won turkeys in a drawing held in conjunction with the race.



WARM HEADS, WARM HEARTS -- Maj. Theresa Bunn, Regional Training Center-East, gets into the holiday spirit at the 5K Turkey Trot held Nov. 5. In addition to raising heartbeats, the run raised \$7,000 for Homes for Our Troops, an organization that builds homes for wounded warriors.



ROAD WARRIOR -- Master Sgt. Alex Estrada, Regional Training Site - Maintenance took top honors in the 5K Turkey Trot with a time of 20 minutes, 27 seconds.

Volunteers deliver joy this season



Members of the Fort Dix and McGuire Chapels were busy aiding the less fortunate Nov. 19. Chapel volunteers and members of the Knights of Columbus, above, assembled 50 bags of Thanksgiving meal necessities to be donated to families that requested help through the chapel. The BX/PX provided \$500 worth of turkeys and gift cards for the bags. Members of the Protestant choir and Gospel congregation assembled 83 boxes of toys and school supplies to be donated to needy children around the world.

Ryan Morton

Wayne Cook

Wild turkey more than just good eats

Jennifer Armento
Environmental Division

The wild turkey (Meleagris gallopavo) is a large, dark, ground-dwelling bird with long powerful legs and a large fan-shaped tail. Unlike domestic turkeys that have white-tipped tails, the wild turkey has a tail with chestnut-brown tips. Male wild turkeys have a red wattle (a fleshy lobe that hangs down from their chin or throat), a caruncle (a wart-like projection of skin attached to the upper part of their forehead), and a black tuft of feathers that sticks out from their chest.

The males, which are also called

gobblers or Toms, can have heads with red blue or white coloring depending on the season. The females, also called hens, have a grayish head, a feathered neck, and usually do not have a chest tuft. They are also much smaller and duller colored than the males.

Unlike their domestic cousins, wild turkeys are very agile fliers and have been tracked at speeds of up to 50 mph. They are usually found flying close to the ground.

Turkeys have many vocalizations including: gobbles, clucks, putts, purrs, yelps, cuts, whines, and cackles. In the Spring, the male turkey's vocalizations can be heard up to a mile away.

Habitat loss and overhunting of the wild turkey caused its eradication in New Jersey by the mid-1800's and in the United States by the early 1900's.

In response to the loss of the wild turkey population, the New Jersey Chapter of the National Wild Turkey Federation was founded and worked with the New Jersey Division of Fish and Wildlife to implement a Turkey Restoration Project.

The team of biologists reintroduced wild turkeys in 1977 with the release of 22 birds in the northern part of the state. In 1979, the biologists were able to live-trap and relocate birds to establish populations throughout the state. By 1981 the wild turkey population was able to support a hunting season.

The Fort Dix Environmental Division was also able to work with the state's biologists to reintroduce the wild turkey.

Twenty-two wild turkeys were transported from northern New Jersey in January 1986. They were released on a training area of Fort Dix.

In 1988, Fort Dix was able to support a wild turkey hunting season, and the wild turkey populations have been flourishing ever since the release.

Fort Dix has a six-week spring gobbler season that is broken into weekly segments in April and May that licensed hunters must enter a lottery for.

Hunters must have a valid New Jersey hunting license and a Fort Dix hunting permit. Information for obtaining a state license can be found online at the following site, www.state.nj.us/dep/fgw/huntlicf.

Fort Dix hunting permits are issued at the Outdoor Recreation Office, Building 6045 or at Range 14.



TALKING TURKEY -- Overhunting and habitat destruction decimated the wild turkey population in New Jersey by the early 1900's, but successful re-introduction programs in the 1970's allowed the bird to flourish once more.

www.wikipedia.org

TURKEY TIDBITS

- If you find conversation around the Thanksgiving table hitting a lull this year, try dazzling your guests with these turkey trivia tid-bits.
- Wild turkeys are omnivorous. Their diet includes acorns, nuts, seeds, fern fronds, leaves, insects, & salamanders.
- Males take no role in the care of young turkeys.
- Females lay between four to 17 eggs and only feed the newly hatched chicks for a few days. The young turkeys quickly learn to fend for themselves as part of mother-child flocks.
- Winter hen groups have been reported with more than 200 individual birds.
- Turkeys have between 5,000-6,000 feathers.
- Wild turkeys are often found roosting in trees at night.
- The wild turkey is one of only two domesticated birds originating in North America. The Muscovy Duck is the other.
- According to the National Turkey Federation, 46 million turkeys will be consumed in the United States on Thanksgiving day.
- Founding father, Benjamin Franklin wanted the turkey, not the eagle to be the symbol of the United States. In a letter to his daughter he called the turkey, "a much more respectable bird, and withal a true original native of America."
- Wild turkeys can run 20 miles per hour.

Announcements

Chapel Services

562-2020

Sunday Services

Protestant
9 a.m. to 10 a.m.

Catholic
10:15 a.m. to 11:15 a.m.

Gospel
11:30 a.m. to 1 p.m.

Sunday School
10 a.m. to 11:15 a.m.

CCD
9:15 a.m. to 10 a.m.

Chapel 5 - Bldg. 590
Church Street

General Protestant Service
6:30 p.m.

Camp Victory
Chaplain's tent

Hour of Power Protestant
8 a.m. to 9 a.m.

Catholic
8 a.m. to 9 a.m.

Mormon
8 a.m. to 9 a.m.

Jewish
8 a.m. to 9 a.m.

Religious Services

Islamic Prayer Room

Open 7 a.m. to 4:30 p.m.
Monday through Friday
Room 24

Christian Men of the Chapel

Prayer Breakfast -
Fourth Saturday of each month
9 a.m. to 11 a.m.

Christian Women of the Chapel

Meets every Tuesday
9:30 a.m. to 11:30 a.m.
at the Chapel and the
fourth Tuesday at
Buttonwood Hospital.

Holiday Services Schedule

Protestant Thanksgiving
Eve Service - 7 p.m.

Gospel Youth Christmas
Pageant - December 13
5 p.m.

Christmas Concert
December 19, 5:30 p.m.

Christmas Eve Catholic
Children's Mass, 5 p.m.

Christmas Eve Protestant
Candle Light Service, 7 p.m.

Christmas Day
Catholic Mass - 10:15 a.m.

New Year's Eve
Catholic Mass - 6 p.m.

SKIES Unlimited

Ballet
Wednesdays
\$45 Fee

3-5 years
3:30 p.m. to 4:15 p.m.

4 and up
4:30 p.m. to 5:15 p.m.
Child Development Center

Gymnastics
Weekly

2-3 year olds - 30 min. classes
\$40 per month

4-6 year olds - 45 min. classes
\$45 per month
Child Development Center

Piano Lessons
Fee \$20 for 1/2 hour

Cheerleading
Saturdays
\$45 Fee

5-9 years - 10 a.m. to 11 a.m.

10-18 years - 11 a.m. to noon
Youth Center

Martial Arts
Wednesday & Friday

\$57 Fee
7-18 years
7 p.m. to 8 p.m.
Youth Center

Recreation Center

Bldg. 5905
(Military Only)
Monday through Friday
4 p.m. to 10 p.m.

Saturday and Sunday
Noon to 10 p.m.

Cinema Schedule

Theater is closed for renovations

United Communities

Upcoming Events:

Holiday Yard of the Month

The week of December 15
United Communities will be
judging for its annual Holiday
Yard of the Month. UC will be
looking for the most creative,
festively decorated home in
each of the housing areas.
Each area will have a Yard of
the Month winner and Hono-
rary Yard of the Month win-
ner.

Holiday Guess How Many
Come by the Leasing Office
starting December 1 and guess
how many M&Ms are in the
jar. You could be the winner!

Holiday Contest
UC will be hosting a Holiday
Coloring Contest starting Dec-
ember 1, don't forget to stop
by and pick up your coloring
books!

Holiday Craft Night
December 10
4 p.m. to 7 p.m.
UC Leasing Office

All ages are welcome to at-
tend. Call or stop by the leas-
ing office for more details.
Deadline to sign up is Decem-
ber 8. Sign up and join the
fun!

Pictures with Santa
Wednesday, December 17
1 p.m. to 6 p.m.
Santa will be stopping by the
UC Leasing Office to take pic-
tures with the residents. Stop
by to have your picture taken,
and don't forget your wish
list!

Calling All Football Fans
Sign Up for Our John Madden
X-BOX Tournament for a
chance to win an X-Box 360.
For more information, visit the
website at
www.mcguiirediuc.com or call
the Leasing Office at
(609) 723-4290.

Photo Contest
Get your cameras ready! UC
will be hosting a photo con-
test. United Communities is
looking for the best photos of
the housing area. Winner re-
ceives a \$50 AMEX giftcard,
second place receives a \$25
AMEX giftcard. The photos
will be displayed on the UC
website. Photos are due to the
UC Leasing Office by January
12, 2009. For more informa-
tion, contact the UC Leasing
Office at (609) 723-4290.

Residential Refuse Collection

Attention Residents: United
Communities has placed over
flow recycling containers in
the compactor areas located
on Gum Street, Mahlenbrock
Avenue, and Hemlock Street.
Please take packing boxes,
and additional overflow recy-
clables such as cans, glass
bottles, plastics, and paper to
these locations.
All new housing areas on
McGuire AFB and Fort Dix
will be required to take their
trash to designated Trash Com-
pactor areas.

Monday and Tuesday
Green waste

Tuesday
All of Fort Dix
including quarters:
201, 502, 1900
McGuire AFB
3800 and 3900

Wednesday
McGuire AFB - 4000s
Except 4013 - 4027
4200s Except 4252 - 4260

Friday
McGuire AFB - 4013-4027;
4252-4260; 4300s
4400s and 4500s

*Bulk trash is picked up on
regular trash day.

Recycling picked up every other Thursday

*Bulk trash is picked up on
regular trash day. Trash com-
pactors are located on the
property for bulk items.

*It is important to only put
trash out on scheduled days.

*Only cans, glass bottles, and
plastics are put in yellow/blue
recycling bins.

*Cardboard and paper must be
bundled or placed in a low
lying container.

Arts & Crafts

Bldg. 6039 562-5691

Registration Hours:

Tuesday
9 a.m. to 4:45 p.m.

Wednesday & Thursday
Noon to 5 p.m. and
6 p.m. to 8:45 p.m.

Friday
11 a.m. to 4:45 p.m.

Saturday
9 a.m. to 4:45 p.m.

Military Family Month Specials -
From November 1 - 29
In honor of our military fami-
lies, we are offering
20 percent off framing of fami-
ly and military portraits
(presentation items not in-
cluded), and 20 percent off all
ceramic and mosaic items,
plus critters and outfits.

Adult Introductory Painting Course -
November 6 - December 18,
Thursdays
6:30 p.m. to 8:30 p.m.
(6-week course)
\$30 registration fee, materials.
Build on techniques learned in
Introductory Drawing or dis-
cover all new painting skills.
The course will cover various
paint media including acrylic
and watercolor paints. Come
join us for a "colorful" and fun
experience!

November Gallery Exhibit -

Illustrations by Joseph Russo-
Joseph Russo displays his
prints in the gallery through
the month of Nov. Russo
worked on Fort Dix as an il-
lustrator more than 25 years,
and his work focuses
on military themes.

Contemporary Ceramics & Mosaic Studio

The Contemporary Ceramics
Studio offers a large selection
of bisque pieces to choose
from to decorate and paint. All
finished pieces are food, mi-
crowave, oven, freezer, and
dishwasher safe. We have lots
of idea books, traceable de-
signs, tools, and an experi-
enced staff to help you create
a finished piece you will love.
Mosaics are a great way to ex-
press yourself with colorful
glass for home decor.

Kraffy Birthdays

Arts & Crafts offers Kraffy
Birthdays - Parties! Parties
include up to two hours of
party room use, one craft pro-
ject with instruction and all
materials, with many exciting
projects to choose from. When
making party reservations,
please make sure to stop by to
select the craft and make pay-
ment. Treat your loved one to a
party they will remember.

Fountain Green Golf Course

FGCC News and Events

Hour of Operations
7 a.m. to dusk
(time changes daily)

Winter Hours Starting
December 1 - 7 a.m. to 4 p.m.

Mulligans Grill and 19th
Hole Bar will close for the
season November 30, 2008

Safety message sent to the Army

Gen. George W. Casey
Chief of the Army

Through a renewed emphasis on safety by our leaders and Soldiers, and the implementation of safety program improvements and initiatives targeted at leading accident causal factors, Army achieved significant accident reductions in FY08. Overall, accident fatalities were down 16%. Our Army experienced a significant reduction in on-duty mishaps and our serious aviation flight accident rate decreased by 52%.

We all appreciate that one accident is one too many, and we have a long way to go in reducing accidents, but we need to stop and recognize the tremendous efforts being made across the Army, and that these efforts are saving lives and reducing pain and suffering.

However, driving fatalities - again the leading cause of accidental deaths, accounting for 62% of accident-related fatalities - increased 17% from FY07. The lives of 126 Soldiers were lost to private-owned vehicle accidents in FY08. Motorcycle accidents contributed to over 40% of that number.

The major causes of motorcycle accidents are excessive speed and failure to follow published procedures or violation of established standards. We have got to find a way to get through to our Soldiers - particularly those in the 32 and under age bracket - to stop the indiscipline and high risk behavior behind many of these fatalities.

As we begin FY09, I ask that you take another look at the Army's safety objectives.

—Approximately 75% of our FY08 accidental fatalities occurred off-duty. While sustaining our on-duty accident prevention efforts, we need to target our loss prevention programs on off-duty accidents, primarily towards motor vehicle accidents.

—We must improve the Army's safety climate and culture. The US Army Combat Readiness / Safety Center has developed some great tools - including the Army Readiness Assessment Program as well as Individual and Leader Accident Risk Assessments - to assess climate and culture.

—Use your command safety professionals and the Combat Readiness / Safety Center and develop plans to fill any gaps in your command's safety climate and culture.

—Every leader must take a holistic look at his or her command environment and find ways to influence our Soldiers, their family members, civilian and contractor employees to use risk management - on, and especially off-duty.

Get creative. Look to Families and the community to help us save lives.

Our Soldiers are our most valued assets and preventable losses impact our formations every day.

While Soldiers have clearly taken greater responsibility for their personal safety, as well as the safety of their fellow Brothers in Arms, leaders must continue to stay engaged in their Soldiers' lives to affect smart decision-making.

Youth Center

562-5061

Bldg. 1279 Locust Street

Hours of Operation:
Monday - Friday
2 p.m. to 7 p.m.

Saturday
1 p.m. to 7 p.m.

Sunday CLOSED

Administrative Hours:
Tuesday - Friday
Noon to 6 p.m.

Weekly Schedule

Monday - Friday

Power Hour
2:30 p.m. to 4 p.m.

Computer Lab
4 p.m. to 6 p.m.

Thursday
November 27

Closed for Thanksgiving

Friday
Nov. 28

Closed

Saturday
November 29

Closed

Tuesday

Triple Play
3:45 p.m. to 4:45 p.m.

Wednesday

Fashion Design
3:45 p.m. to 4:45 p.m.

Shutterbugs
4 p.m. to 6 p.m.

Thursday

Cosmetology
3:45 p.m. to 4:45 p.m.

Friday

Keystone Club
5 p.m. to 7 p.m.

Scrapbooking
3:45 p.m. to 4:45 p.m.

Saturday

December 6

Open Rec.
3:30 p.m. to 7 p.m.

Midnight Basketball
Teens only
7 p.m. to midnight

Fortain Green Golf Course

FGCC News and Events

Hour of Operations
7 a.m. to dusk
(time changes daily)

Winter Hours Starting
December 1 - 7 a.m. to 4 p.m.

Mulligans Grill and 19th
Hole Bar will close for the
season November 30, 2008

ACS

562-2767

Bldg. 5201 Maryland Avenue

Calendar of Events

Tuesday, December 2

Family Readiness Group/Rear Detachment Commander Training
10 a.m. Room 132
JRC

Wednesday, December 3

2008 Consumer Mutual Fund Fees: Why They Matter
1 p.m. to 2:30 p.m.
ACS

Thursday, December 4

Troops to Teachers
9:30 a.m. to 11 a.m.
ACS

EFMP Winter Holiday Party
5:30
Club Dix

Friday, December 5

Installation Tree Lighting Ceremony
Refreshments and Holiday Music
3 p.m. to 4 p.m.
Ceremony 4:30 p.m.
Post Headquarters

Griffith Field House

Bldg. 6053 562-4888

Monday, Wednesday, Friday

Combat Fitness Challenge Military Only
6:30 a.m. to 7:30 a.m.

Monday

Mind & Body Yoga
Noon to 12:45 p.m.

Total Toning
5:15 p.m. to 6:15 p.m.

Gut Buster!
6:15 p.m. to 7 p.m.

Tuesday

Retirees in Motion
9 a.m. to 9:30 a.m.

Spin-It!
Noon to 12:45 p.m.

Intro to Fitness
5:15 p.m. to 6:15 p.m.

Wednesday

Turbo Kick
Noon to 12:45 p.m.

Circuit Training
5:15 p.m. to 6:15 p.m.

Thursday

Kick Boxing Interval
Noon to 12:45 p.m.

Pilates Fusion
5:15 p.m. to 6:15 p.m.

Turbo Kick
6:15 p.m. to 7 p.m.

Friday

Spin-It!
Noon to 12:45 p.m.

FMWR presents

CLUB DIX 723-3272

Bldg. 5201 Maryland Avenue

Club Dix Hours of Operation

Java Café
Monday - Friday
7 a.m. to 1:30 p.m.

Lunch Served
Tuesday - Friday
11 a.m. to 1:30 p.m.
Saturday - Monday Closed

Bar Hours
Wednesday
5 p.m. to 10 p.m.

Thursday - Saturday
6 p.m. to 10 p.m.

Sunday - Tuesday Closed

Computer Lab

Monday and Tuesday
7 a.m. to 1:30 p.m.

Wednesday - Friday
7 a.m. to 10 p.m.

Saturday
Noon to 10 p.m.

Sunday
10 a.m. to 6 p.m.

Equipment Rental Center

Monday - Friday
10 a.m. to 5 p.m.

John Mann Park
Closed for the season

Upcoming Events

R & B artist Patti LaBelle

Tuesday, December 2
Tickets \$25, Timmermann Center

Don't forget to purchase your
Christmas tree at Outdoor Recreation this year. Join
Outdoor Recreation on Dec. 6
for "Santa Paws" and have
your pet's picture taken with
Santa Claus.
For more info, contact Out-
door Recreation at 562-6667.

Fort Dix Installation Tree Lighting Ceremony
Dec. 5, Wurman Hall at 4:30 p.m.

Santa and his helpers will lead
the holiday procession from
Wurman Hall to Club Dix for
refreshments, games, crafts
and pictures with Santa!

"A Christmas Carol" dinner theater
Hosted by Club Dix
Saturday, Dec. 6

Tickets are on sale for the
show and buffet. Come
out, bring the family and meet
your favorite characters in-
cluding, Ebenezer Scrooge,
the Ghosts from Christmas
Past, Present and Future, Bob
Cratchit and Tiny Tim. Call
Club Dix for more informa-
tion at 723-3272.

Stars shine during Dix Apollo Night



BIG PAY OFF – Christina Sojou accepts a \$500 check from Showtime at the Apollo host, Capone. Sojou took top honors at the Fort Dix version of Showtime at the Apollo held Nov. 21 at Club Dix. Sojou won over the crowd with her rendition of "I'll always love you". In addition to her monetary gains, she wins the opportunity to open for the Patti LaBelle and Friends concert to be held Dec. 2 at Timmermann Center. Fort Dix Apollo night featured 18 locals acts, as well as talent from New York. Dance sensations, the Lombard Twins, below, show off their moves. Natives of Argentina, Martin and Facund Lombard are slated to display their frenetic footwork on national television Nov. 26 when they appear on the "Rosie Live" show.



photos by Jennifer M. McCarthy

GOT THE BLUES – Army recruiter, Staff Sgt. Jason Knight introduces the audience to a new musical genre, Blues Hop, at the Fort Dix Apollo Night, Nov. 21. Knight did not take home top honors at Apollo Night but he brings his unique blend of Blues harmonica and Hip-Hop to Timmermann Center Dec. 2 when he will play the National Anthem at the Patti LaBelle concert. Both Apollo Night and Patti LaBelle are produced by the Fort Dix Family, Morale, Welfare, Recreation and TMEG productions.



Holiday cards raise Soldiers', veterans' spirits

The American Red Cross is sponsoring a national "Holiday Mail for Heroes" campaign to receive and distribute holiday V. Coats, commander, Walter Reed Health Care System.

"The Holiday Mail for Heroes program is a wonderful out-reach effort and a great way to acknowledge the sacrifices of our men and women in uniform."

Holiday Mail for Heroes
P.O. Box 5456
Capitol Heights, MD.
20791-5456

This year's program will expand its reach to not only wounded servicemembers but also veterans and their families.

The goal is to collect and distribute one million pieces of holiday mail.

"As we enter this holiday season-a time to celebrate with family and friends- it's important to remember the thousands of men and women who serve our nation in harm's way and

those who are recovering in military and veterans hospitals," said Army Col. Norvell Reed Health Care System.

Holiday cards should be mailed to: Holiday Mail for Heroes P.O. Box 5456 Capitol Heights, MD. 20791-5456

All cards must be post-marked no later than Dec. 10. Cards should not be mailed or delivered to Walter Reed Army Medical Center.

For more information, visit www.redcross.org/holiday-mail for Holiday Mail for Heroes program guidelines.

Walter Reed is not accepting mail addressed to "A Recovering American Soldier."



Ryan Morton

'Tis the season for choosing

Federal Corrections Officer Richard Figueroa, listens to information from Vance Sible, Mail Handlers Benefit Plan representative, at the Fort Dix Health Fair, held Nov. 19 at the Federal Corrections Institute - Fort Dix. The fair provided federal employees a chance to make changes to their health plans during the open enrollment season, which runs until Dec. 8. Representatives from health care providers such as Horizon Blue Cross/Blue Shield, Aetna, Mail Handlers Benefit Plan and Amerihealth were on hand to answer any questions. Also offered at the fair were free health screenings and information. If you are a federal employee and have questions or would like to make changes to your policy go to the website www.opm.gov or contact your personnel office.

Louisiana MPs polish skills, aim to be fit to fight

Lisa Evans
Public Affairs Staff

"All training must stress that every Soldier, regardless of assignment has as his primary duty the obligation to fight." Gen. Jacob L. Devers

Soldiers of the 39th Military Police Company out of Minden, La. would agree, as they complete their training at Fort Dix.

Sgt. 1st Class Roy Favre, Senior Food Operations for the 39th, a corrections officer in his civilian job, had this to say following military readiness exercises (MRE) Nov. 22:

"It's unique how this unit came together and how we all have fighting jobs in the military and how we come together as one in support of the mission. We're administrators or cooks or teachers or sales people. The moves and techniques we're learning, we don't normally learn those. It's an MP unit and everyone is doing the same things."

Every member of their company is important, Favre said, no matter what their specialty is. The trainers at Fort Dix ensure that all Soldiers are trained for any situation, he added.

"At Fort Dix all of us are learning the same thing, we're all on the same page no matter what the situation no matter what the location, everyone's going to know what to do and



SAVING SGT. ROCHON—Sgt. William Smart prepares Spc. Isaiah Rochon for an IV after Rochon was identified as "injured" during mobilization readiness exercises Nov. 18 on Fort Dix. Spc. Weston Merriott aides Smart in applying combat life saving techniques. Smart demonstrates the reconnaissance route the unit will take during the exercise, right. Photos by Lisa Evans



when to do it," Favre said. "I've been deployed before, but it was a totally different mission," Favre said. "The Army says no Soldier left behind. This is our way of initiating that plan, no Soldier left behind."

Capt. Calvin Foreman praised both his Soldiers and the training they received on Fort Dix.

"It is training we have not received anywhere else," Foreman said, saying he is pleased with it and recommends the training to any unit. "The Soldiers have enjoyed their training and feel well prepared for Iraq. This training was good

preparation for the war, as close as one could get in training without actually being in battle."

Foreman said that his Soldiers have excelled in all areas of the mobilization readiness exercises. He added that every Soldier enjoyed the training and looked forward to using what they had learned.

Accompanying pictures demonstrate the efficacy of training properly conducted by professionals at Fort Dix.

(Editors note: This is the fourth article in a series about the Louisiana National Guard, 39th MP Co. and their training at Fort Dix.)



DETERMINED SELF-DEFENSE—Staff Sgt. Kamika Morehead, from Alexandria, La., throws Spc. Matthew Gray, from Shreveport, La., during detainee operations training for the 39th MP Co. Nov. 22 on Fort Dix.



Photo by Sgt. April Covert, RTC-East

Trade Center reenlistment

Sgt. 1st Class Richard Clark, Charlie Company Regional Training Center-East, chose the very bottom of Ground Zero, Twin Towers, New York City for his reenlistment last week. 1st Lt. Joe Corso, Charlie Company Commander, Regional Training Center-East, administered the oath as Sgt. 1st Class Dan Maher and Maj. Theresa Bunn held Old Glory. Maher, a New York City Police Officer, organized the special trip and guided tour behind the scenes of the construction site.



SAFEGUARDING ALL—Spc. Jason Coleman guards the area after small arms fire raked the humvee convoy and a gunner was struck. Soldiers surrounded the area to provide cover for the wounded Soldier and the Soldiers supplying combat live support to him.

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HONORS AND AWARDS



Sgt. Mandielyn Sudyn, 72nd FA Bde.

Soldier chooses to serve

Sgt. Brodhny Ricketts, 1-322nd Logistics Support Battalion, re-enlists into the U.S. Army Reserve Nov. 19. Ricketts is read the oath from his supervisor, Chief Warrant Officer Mark Jensen. Ricketts, a light wheeled mechanic, helps maintain the vehicles used for training service members preparing for deployment in support of the War on Terrorism.



1st Lt. Antonia Greene, 72nd FA Bde.

Top achiever earns medal

Lt. Col. Mark Zaslavsky, commander, 1-322nd Logistics Support Battalion presents the Army Achievement Medal to Sgt. David Pulczewski for his hard work and dedication to duty during mobilization operations Nov 20.



Ryan Morton

Feedback aids improvement process

Tiffany Colby, customer service officer for Installation Management Command Customer Management Services, gives a class to quality assurance representatives (QAR) from around Fort Dix on the Interactive Customer Evaluation (ICE) system, Nov. 20. The ICE system is designed to allow immediate customer feedback to various service providers and also offer suggestions for improving the quality of service throughout the installation.

Units are Africa-bound



Members of the 360th Civil Affairs Brigade (Airborne), Detachment 17, at left, from Fort Jackson, S.C., display the unit's Yellow Banner during a ceremony at Griffith Field House Nov. 24. The unit is headed to the Horn of Africa in support of Operation Enduring Freedom. In the photo are - front row, Spc. Kevin Smith and Staff Sgt. Scott Regie. In the back row, left to right - Maj. Michael Wheeler, Lt. Col. Bradley Lauver, commander, and Maj. Todd Nord. Although the unit is small in numbers, its mission is nonetheless as critical as others 10 times its size.

photos by Wayne Cook

Maj. Donald Gates, commander, and Sgt. 1st Class Anthony Favazza, 414th Civil Affairs Battalion, A Company, at right, receive their unit's Yellow Banner during a ceremony at Griffith Field House Nov. 21. The unit, comprised of 32 Soldiers, is deploying to the Horn of Africa for a year long tour of duty in support of Operation Enduring Freedom. The unit's home is out of Southfield, Mich.

