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NEWSNOTES



Jennifer Chupko

Art's afoot for canines
With the help of Charlie, the 11-week-old pug, dog lovers Baxtor Krall and Taryn Paglione made puppy paw print art at the Army Community Services' Creative K-9's event held outside the Arts and Crafts Building Oct. 4. See page 5

Soldier Show slated for Timmermann Center

Fort Dix will host the Army Soldier Show Oct. 12 at 6 p.m. in the Timmermann Center. There will be only one performance of the Soldier Show at Fort Dix this year, so plan early to attend this popular entertainment extravaganza by the troops for the troops.

Want to make a difference? Red Cross seeks volunteers

The American Red Cross is seeking volunteers to help run the organization's station at the Joint Readiness Center on Fort Dix. To sign up or for more information, call the Red Cross at 562-2258.

Combined Federal Campaign opens Oct. 10

The 2008 Combined Federal Campaign kickoff ceremony will be held at 11:30 a.m. Oct. 10 at the Club on McGuire Air Force Base. Be on the lookout for information from your office representative on how to make your charitable donations count.

Chapel schedules Wednesday Bible Study

The Fort Dix Main Chapel will host Bible Study sessions Wednesdays from 6:30 p.m. to 7:30 p.m. at the chapel on New Jersey Avenue. For more information, call the chapel at 562-2020.

Town Hall Meeting offers Joint Basing update

There will be a Town Hall Meeting Oct. 30, in the Timmermann Conference Center's Auditorium, Building 5441, located on 8th Street, at 2:30 p.m.

The agenda includes updates on the impact of Joint Basing and DFMR updates.

The meeting is the place of duty for Soldiers and civilians commensurate with mission requirements.

All of the Fort Dix Directors will be present to answer your specific questions. If you have identified any concerns since the last meeting, please forward them to the Plans, Analysis and Integration Office, attention: André Mixon.

For additional information contact André Mixon at andre.mixon@us.army.mil.

Certification offered for Kickboxing instructors

Become a Certified Fitness Instructor in Kickboxing Oct. 26. The course will start at 9 a.m. and run until 6 p.m. at Griffith Field House, and is open to all ID-card holders.

For more information call 562-

Army announces 'Year of NCO'

C. Todd Lopez
Army News Service

WASHINGTON Oct. 6, 2008 — During his keynote address at the opening of the 2008 Association of the United States Army Annual Meeting and Exposition, Secretary of the Army Pete Geren announced that 2009 would be "the Year Of The Non-commissioned Officer."

"At the front of every Army mission in the United States or overseas, you'll find a non-commissioned officer," he said. "They know their mission, they know their equipment, but most importantly, they know their Soldiers."

The secretary said that during the year, the Army will accelerate NCO development of strategic initiatives, develop new initiatives that enhance the training, education, capability, and utilization of the NCO corps, showcase the NCO story to the Army and the American people, and honor the sacrifices and celebrate contributions of the NCO Corps.

"Today's NCO operates autonomously, and always with confidence and competence," he said.



SUPER GLUE -- Non-Commissioned Officers like Sgt. Michael Barrick, 352 Military Police Co., Rockville, Md., were recognized as "the glue of the Army" by Secretary of the Army Pete Geren at the AUSA convention Oct. 6. (Fort Dix photo)

"Our NCOs are empowered and trusted like no other NCO in the world, and most advanced armies in the world today are going to school on our model."

More than 3,000 Soldiers, civilians and military personnel from allied nations gathered Oct. 6 for the opening of the 2008 AUSA meeting. The opening event of the three-day meeting, themed "America's Army: The Strength of the Nation," featured

music, reflection on the history of the Army, presentation of AUSA awards and Secretary Geren's address.

Due to a changing administration, the secretary said this has been a year of "lasts" for him: last budget to prepare, last time talking with Soldiers as their secretary, and last time addressing an AUSA meeting.

He told the gathered crowd he's talked about people — those Soldiers, Army families and civilians that make up the Army.

"I came to the Pentagon late summer of 2001, and I was in the Pentagon the morning of 9/11," he said. "And for seven years, I've watched Soldiers go off to war, and watched their families stand with them. I've been inspired by the service of our Soldiers, and humbled by the sacrifice of their families — spouses and kids, moms and dads."

And it's the privilege of a lifetime to work with and for Soldiers and Army families."

The first priority of the Army are the loved ones in harm's way. "They are front of mind 24 hours a day, and we are committed to meeting (continued on page 9)

Coast Guard tunes up readiness

Ryan Morton
Public Affairs Staff

The Coast Guard's Atlantic Strike Team at Fort Dix is working through its annual Maintenance Stand Down, taking inventory and performing maintenance on equipment that stands ready to deploy for rescue or environmental cleanup missions on a moment's notice.

"We do this each year to make sure all our equipment is up and running and at the top of its game," said Chief Warrant Officer Chris Cassel. "We're ensuring that everything is working properly and in good shape for when we need it."

Oil and chemical equipment are at the top of the list, since it is being used in the Hurricane Ike clean-up effort. One piece that is being serviced is the Deutz hydraulic prime mover. It's a giant generator with attached hoses that pump oil after a spill as part of a clean-up. Oil changes, fuel filter replacements, checking for leaks, and making sure they were running properly are key.

The Stand Down continues for another week, but everything is checking out, and, according to Cassel, the AST is ahead of schedule.



Ryan Morton

A CLOSER LOOK -- Coast Guard Machinery Technician Chief Jesse Carns, Atlantic Strike Team (AST), inspects a Deutz generator during his unit's annual Maintenance Stand Down, at Fort Dix, Oct. 7.

Lawyers double up on national awards

Wayne Cook
Public Affairs Staff

The staff members of the Fort Dix Legal Assistance Division of the Staff Judge Advocate's Office were notified Sept. 24 that they are the recipients of the 2007 Army Chief of Staff Award for Excellence in Legal Assistance.

More than 120 Army Legal Assistance offices were eligible for the award but only four offices were selected as winners in the competition. The staff at Fort Dix received the award for Reserve Component Office, or the best in the Army Reserve.

Points of consideration included level of services provided in terms of quality, quantity and diversity. Both sites on post, the Joint Readiness Center Legal Section and the Fort Dix Legal Assistance Office were evaluated for the services provided to their customers.

The JRC Legal Section comprised of two officers, two non-commissioned officers, and one civilian paralegal, provided more than 15,000 services to more than 6,550 Reserve Soldiers throughout the year and 3,550 services to 2,812 National Guard Soldiers. Services include, but are not limited to, landlord/tenant agreements and complaints, consumer advice, legal documents such as wills, powers-



Lisa Evans

Communicating across cultures

Spc. Philip Lipari of the 306th Military Police Battalion, headquartered in Uniondale, New York, orders civilians on the battlefield Naim and Mohsin Alkaabawi to clear the area during a pre-mobilization training exercise on Fort Dix Oct. 1. More on the training, page 4.

Sizing up sailors who dropped anchor off New World



Steve Snyder
Public Affairs Staff

Columbus Day this Monday (Oct. 13) offers a welcome respite from labor for DoD employees not currently engaged in combat. And yesterday (Oct. 9) was Leif Ericson Day, celebrating the exploits of the famed Viking explorer who beat Columbus to the New World by several hundred years.

So why not make Leif Ericson Day a federal holiday instead of maintaining lip service to the myth that Columbus got here first.

Well, tradition and historical etiquette suggest a better approach. Why not just designate the second Monday in October as Explorers Day, honoring all those intrepid souls who touched (or may have done so) the shores of the Americas before the European mass migrations.

An Explorers Day would honor all those who dared perils to get to America. And depending upon what theories you embrace their numbers might be legion.

First off, there were about



www.timeandsign.de/ship/ship.html

RA EXPEDITIONS - To prove that sailors from ancient Egypt or Phoenicia could have reached South America or Mexico and built the pyramids there, famed Norwegian anthropologist Thor Heyerdahl led two expeditions using papyrus boats from Morocco across the Atlantic. The Ra floated for about eight weeks in the Atlantic before sinking at Barbados because of faulty construction of the stern. But Ra II made the trip in 57 days, lending credence to Heyerdahl's hypothesis.



www.telegraph.com.uk

PORT CALL -- Christopher Columbus lands of the island of San Salvador, left, on Oct. 11, 1492. Sailing with the Nina, Pinta and Santa Maria (captained by Columbus), right, Columbus and about 90 crewmen had set sail on Aug. 3 of that year from Palos, Spain. Looking for gold, the expedition explored other islands in the area, including Hispaniola (now Haiti and the Dominican Republic) and Cuba before returning to Spain on March 15, 1493. Columbus thought he had landed somewhere in the Malaysian Peninsula in the Indian Ocean. He made three more voyages to the New World, only realizing later that he might have discovered a new land mass between Europe and Asia.



ans22.midphase.com/~cleahag8/columbus/page1.htm

40 million American Indians living here when Columbus first dropped anchor. They had come to the Americas fifteen to thirty thousand years ago, crossing a land bridge that then connected Asia to what is now Alaska over the Bering Strait.

Those "Indians" were the original discoverers of America.

Between 986 and 1356 A.D., at least five Norse expeditions are believed to have reached the "New World." Indications are that a colony of Viking woodcutters even shipped lumber from present day Nova Scotia to Greenland fully a 100 years before Columbus landed.

Danish navigator Detrich Pining claimed to have reached North America in 1472, just 20 years before Columbus. Also, Danish sea captain Johannes Scolp joined a Portuguese nobleman known as Joao Corte Real on a voyage that supposedly crossed the Atlantic before exploring the coast of Labrador, Hudson Bay and the St. Lawrence River.

But even the Vikings may have been latecomers to the New World.

Ancient Chinese writings describe two visits to the western shores of North America at about the time the Egyptians were building a canal system and the Minoans were flourishing on Crete. Around 2540 B.C. two imperial Chinese astronomers supposedly sailed north along the coast of Asia before crossing the Bering Strait and heading south along the coast of North America.

In 458 A.D. a Chinese Buddhist priest named Hui Shun reportedly retraced that route, remaining 40 years in what is now Mexico before returning home to regale Emperor Wu's court with tales of his adventures.

On the other side of the globe, Saint Brendan of Ireland embarked on a seven-year voyage that supposedly took him and 17 other monks down the Atlantic coastline of North America, all the way to Grand Cayman Island in a small,



www.cdl.ca/CITE/map_lanse.gif

NEW WORLD -- Map shows routes to Greenland and North America taken by Eric the Red and Leif Ericson, respectively. Much documentation backs up geographic logic that Vikings arrived in Newfoundland area about 500 years before Columbus cruised the Caribbean. But the Vikings didn't stay while Spaniards opened up the Americas for commerce and settlements.

leather-covered boat called a "curragh."

But many scholars have discounted Brendan's accounts, noting that the Irishman was a BSer from way back. But in 1977, an Irishman named Timothy Severn used a curragh to sail across the North Atlantic and retraced the route Brendan claimed he first took. Brendan's voyage, then, was at least possible. And the Irish month had disappeared for seven years.

Other written accounts of pre-Columbian trips to the Americas abound. A Welsh prince supposedly died in North America in 1190 some 300 years before Columbus sailed. And according to Arab historical and geographical documents, an Islamist king named Abubakr II, piloted a large reed boat from the coast of Africa in 1311 and simply followed currents to the north coast of South America, eventually landing near present-day Panama. The party went overland and eventually settled in a



"Leif Ericson Discovers America," 1894, by Christian Krohg, Library of Congress

LAND HO! -- Leif Ericson sights Newfoundland in the year 1000.



sandwalk.blogspot.com



www.dailygalaxy.com

BOLD SEAFARERS -- Viking Long Ships, right, first landed in North America about 1000 AD when their bold seamanship dispelled the myth that if you sailed too far away from coasts you would fall off the edges of the earth. Left above. For about 200 years before the birth of Columbus, it was an accepted fact among mariners that the earth was round. Contrary to an adoring biography by Washington Irving, Columbus never tried to establish the earth's shape, it's spherical nature being a given, even in his day.

great nation - possibly the Mayan empire.

The famous voyages of Thor Heyerdahl's Ra in the 20th century prove that such a voyage was, at least, possible.

Columbus, of course, was a charter member of the brave band of explorers who touched down in the Americas. But unlike the others, his voyages inspired other Europeans to follow. Europeans who were

influenced by the Renaissance and Enlightenment and who were eager to plunge humanity into the depths of modernity.

Like many heroes, though, Columbus had feet of clay.

He did slaughter thousands of Arawak Indians in the Caribbean and enslaved others, beginning a nasty and inhuman tradition that was to haunt Western Civilization for centuries.

C'est Magnifique!

US Navy celebrates 233 years at sea

The United States Navy currently has about 333,000 sailors on active duty with another 124,000 in the Navy Reserve. It operates 280 ships on active duty and more than 3,700 aircraft.

The Navy is tasked with projecting forces into littoral regions of the world, maintaining power forward during peacetime and rapidly responding to crises wherever they arise.

For 233 years (its birthday is Oct. 13) America's Navy has sailed in harm's way, routing everyone who dares oppose them. We salute American sailors as comrades in arms and wish them the happiest of birthdays.



Seaman Christopher Lane

STANDING TALL -- U.S. sailors and Marines man the rails of the amphibious assault ship USS Kearsarge during the opening day of Fleet Week in New York on May 21, 2008.



acoinclusive.files.wordpress.com.posterized

FIRST TO FIGHT -- The amphibious assault ship USS Nassau (LHA-4) leads an expeditionary strike group across the Atlantic shortly after Nassau won the Battle Effectiveness "E" award earlier this year. To cop honors, the crew had to master intricacies of maritime warfare, engineering and survivability, command, control and communications and information warfare, logistics management and surface force safety. How do you say hoo-rah at sea?



Mass Communication Specialist 2nd Class Andrew King

compiled by Steve Snyder

the Post

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Dix focus groups tackle customer service issues

Tiffany L. Colby
Customer Service Officer

The Army's Installation Management Command is focusing its effort of gathering issues important to a specific category of Soldiers during the months of September and October.

The initial round of Community FIRST focus groups sponsored will include Warriors in Transition and their families. Community FIRST (Feedback, Issues, Resolution, Solutions, Today) is the second tier of the IMCOM Customer Management Services (CMS) program.

The CMS program, designed to continuously gather customer feedback to improve installation programs and services, was launched at all IMCOM installations with Warrior Transition Units in July.

In today's world of immediate feedback, the Community FIRST quarterly issue resolution process allows customers to submit and receive responses to issues affecting the community throughout the year.

Issue submission, at program pilot site Fort Jackson, S.C., has increased tenfold under this process and assisted in early identification of community concerns.

In the Community FIRST program, Fort Dix community

constituents are able to participate in a number of focus groups held throughout the year. Those familiar with the annual Army Family Action Plan (AFAP) will recognize the process. The installation AFAP program manager and CMS Customer Service Officer will be working together with the focus groups to identify issues

opportunity to participate in future focus groups. Focus groups will meet and develop and work issues for several hours.

Like at the annual AFAP, the group will give each issue a title, scope and provide recommendations.

At the end, the group will brief the Garrison Commander

While the first round of focus groups is centering on Warriors in Transition, other Soldiers (active, Reserve and National Guard), retirees, veterans, civilian employees and family members will have the opportunity to participate in future focus groups.

that cannot be fixed through the Interactive Customer Evaluation system otherwise known as ICE.

Those issues are identified and worked through the focus groups and submitted to an action council for resolution. Issues that can be solved at the installation are sent to the directorates or agencies, and those with Army-wide scope are forwarded for action through AFAP.

While the first round of focus groups is centering on Warriors in Transition, other Soldiers (active, Reserve and National Guard), retirees, veterans, civilian employees and family members will have the

or a designated representative on the issues the participants have selected.

Vincent Valenzuela, the IMCOM headquarters CMS trainer, was part of the pilot at Fort Jackson, S.C. Valenzuela said the CMS processes allowed Fort Jackson to improve customer relations within the constituent groups as well as enhance several other areas.

"We were able to direct minor issues through ICE and work installation issues throughout the year using the quarterly Community FIRST forums," Valenzuela said. "So, we could concentrate on larger issues at the annual AFAP."

Across the Army, installa-

tions are gearing up for the WTU focus groups. Fort Hood held two focus groups on Sept. 9 and 10 — one for wounded Soldiers and another for WTU cadre.

"There was some good input and there were some serious concerns raised," said retired 1st Sgt. Dale Cowan, the customer service officer assigned to the Fort Hood garrison. Cowan said he sat back and watched 14 Soldiers go through the process of identifying issues and deciding which ones to give their attention to and how to order those they selected.

"It was an interesting process and the Soldiers really got into it — we had butcher paper (with notes) all over the room so they could refer to them," he said.

Cowan said he's learned several lessons from these early sessions that he will share with his counterparts at other installations and plans to implement the next time a focus group meets.

Fort Dix hosted its first WTU focus group held on September 24.

Two more groups are scheduled to be held during the month of October.

For more information on the WTU or other future focus groups, call Customer Management Services at (609) 562-2261, or e-mail dixcms@conus.army.mil.

New systems hit cyber workforce, info assurance critical for all

Ed Mingin
Public Affairs Staff

Microsoft's Windows Vista is affecting the Fort Dix workforce, as all new computers are running the operating system, and older machines are being upgraded to Vista.

"Machines that arrived on the installation after August will have Windows Vista," said Lois Leaf, installation information assurance manager for the Directorate of Information Management (DOIM).

Vista is similar to XP, the operating system used on most computers on the installation, and users should be able to handle the change with relative ease. Things will be a little

technicians to support multiple operating systems," said Leaf. "We can't switch all the computers to Vista because not all of the machines can support Vista. Plus, when we switch

or she can work.

"DISA (Defense Information Systems Agency) wants us to do it because it's more secure. It will be implemented in the near future. There is no set day yet," said Leaf.

There are a few things that need to be worked out before the change will take effect, but DOIM has already started addressing it.

"We've reduced the amount of time before your machine locks up," said Leaf. "We started at 30 minutes, then went to 20, then to 15 minutes. Eventually, the computer will be locked as soon as the CAC is removed."

Another issue will affect some Fort Dix computer users, but only if they haven't taken the web-based Information Assurance Refresher Training.

The training is an annual requirement that ensures computer users know what they can and can't do on their desktop computers, and what steps they should take to keep the machines — and the information contained in them — safe from unfriendly sources.

"I sent out the e-mail, reminding everyone that it's that time of year again," said Leaf. "Most people have done it, but there are a few who still have to do it."

The cut-off date for completion of the course was Sept. 9, and anyone who hasn't taken it will likely have their account locked by DOIM.

"If you haven't taken it, talk to your IMO," said Leaf.



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POLICE LOG

Police Log is a weekly synopsis of significant police activities developed from reports, complaints, incidents or information received and actions taken, for the week of Sept. 29 through Oct. 5.

The abbreviation DoD stands for Department of Defense; NAFD means Not Affiliated with Fort Dix (the subject doesn't live or work here); NCIC stands for National Crime Information Center; DWI means Driving While Intoxicated; CDS means Controlled Drug Substance; POV means Privately Owned Vehicle; MAFB stands for McGuire Air Force Base; USAF EC stands for US Air Force Expeditionary Center; AHCC stands for Ambulatory Health Care Clinic (MAFB); VMHBC stands for Virtua Memorial Hospital of Burlington County; CPF stands for Checkpoint Number.

●Police responded to a motor vehicle crash on Texas Avenue. Investigation revealed a vehicle, operated by a civilian NAFD, was struck by a deer. The vehicle was released to the operator at the scene. The deer was killed on impact.

●Police responded to a traffic accident on Cookstown Road. Investigation revealed a vehicle, operated by a civilian NAFD, was struck by a deer. The vehicle was released to the operator at the scene. The deer was killed on impact.

●Police and Fire Department personnel responded to a fire alarm at Bldg. 5503. Investigation revealed the alarm was caused by dust stirred up by contractors.

●Police responded to a report of theft of personal property in the Garden Terrace housing area. Investigation revealed person(s) unknown had entered a residence and removed personal property. There appeared to be no signs of forced entry. Investigation continues.

●During a routine credential check of passengers on a NJ Transit Bus attempting to enter the installation via the Wrightstown Gate, police discovered a passenger, a civilian NAFD, was an illegal alien. Immigration and Customs Enforcement (ICE) was notified and the subject was transferred to the custody of the Burlington County Jail.

●Police responded to a traffic accident on Pointville Road. Investigation revealed a vehicle, operated by a civilian NAFD, struck another vehicle. There were no reported injuries and the vehicles were released to the operators at the scene.

●Police, Fire Department, and emergency medical personnel responded to a vehicle fire at Generals Circle. Investigation revealed the vehicle operator, an Airman assigned to McGuire AFB, smelled smoke, pulled off the road, and evacuated the vehicle. Further investigation revealed water in the fuse box caused the fuses to smoke and burn. There were no reported injuries. The vehicle was towed from the scene.

●Police responded to a report of terroristic threats at Tac 13. Investigation revealed two Fort Dix contract employees had made threats against a Soldier. The contract employees were removed from the training site. Investigation continues.

●Police responded to a motor vehicle crash at the intersection of Fort Dix Road and Route 68. Investigation revealed the vehicle, operated by an Airman assigned to McGuire AFB, struck another vehicle from the rear. There were no reported injuries and the vehicles were released to the operators at the scene.

●Police responded to a motor vehicle crash at the intersection of Pointville and Julistown Roads. Investigation revealed a vehicle, operated by a civilian NAFD, struck another vehicle from the rear. Further investigation revealed the subject had a suspended driver's license and an outstanding warrant out of Egg Harbor Township. Egg Harbor was contacted and issued a new court date. There were no reported injuries. The subject was cited and his vehicle towed from the scene. The other vehicle was released to the operator.

●During a routine traffic stop on Julistown Road, police discovered the vehicle operator, a Soldier NAFD, had a suspended driver's license. The subject was cited and the vehicle towed from the scene.

●Police and Fire Department personnel responded to a CO alarm in the Garden Terrace housing area. Investigation revealed the alarm was caused by a faulty heater filter.

●Police and Fire Department personnel responded to a fire alarm at Bldg. 5652. Investigation revealed the alarm activated for unknown reasons.

●During a routine credential check of a vehicle attempting to enter the installation via the Wrightstown Gate, police discovered the vehicle, operated by an Airman assigned to McGuire AFB, had expired registration. Further investigation revealed the license plate was for a different vehicle. The subject was cited and the vehicle towed from the scene.

●Police responded to a report of a possible hunter near the school. Investigation revealed a hunter, an Airman assigned to McGuire AFB, was hunting within 450 feet of a school. The subject was cited.

●Police responded to a traffic accident on Julistown Road. Investigation revealed a vehicle, operated by a civilian NAFD, struck another vehicle from the rear. There were no reported injuries and the vehicles were released to the operators at the scene.

●Police responded to a disturbance at the Youth Challenge Program. Investigation revealed the youth were out of control and not obeying their cadre's orders. Upon police arrival, order was reestablished and the situation turned over to Youth Challenge cadre.

●During a routine traffic stop of a vehicle, operated by a Soldier NAFD, on Texas Avenue, a second vehicle approached and stopped adjacent to the traffic stop. Investigation revealed the second vehicle, operated by a Soldier assigned to Fort Dix, was with the stopped vehicle. The operator of the second vehicle failed to comply with police instructions to pull off the road into a parking lot. Both subjects were cited.

●There were five expired identification cards confiscated during the period.

●There were 26 Magistrate Court Citations issued for moving violations. DWI incidents remain at nine for the year.

Hunting season is underway -- be alert for deer on or near roads on Fort Dix while you are driving!

New York MPs choose Dix trainers

Lisa Evans
Public Affairs Staff

"Pay attention to situational awareness at all times — move, shoot, communicate: that is what will keep your platoon alive," Lt. Col. Ken King told his Soldiers following a training exercise Oct. 1 on Fort Dix.

King commands the 306th Military Police Battalion which is preparing to mobilize to Iraq. His command is headquartered in Uniondale, New York and will be traveling to Fort Bliss for operations specific training at the end of October. But in place of a regular training activity for this Reserve battalion, King scheduled an extra three weeks at Fort Dix to give his Soldiers the absolute best training he could.

"Regional Training Command East (RTCE) is by far the best trainers I've seen in 25 years in the Army. They're giving my Soldiers realistic training for the first time in my career. The trainers have the experience and can walk the walk and talk the talk," King explained. "I would much rather over-train than under-train. All of the trainers with RTC East have been in Iraq or Afghanistan," King added.

Lt. Col. Don Easter, commander of the RTC East, in response said, "What he said is so true. We have recruited, intentionally, combat veterans for the sole purpose of doing that very thing. It's hard to put someone in charge of training, to conduct training, when in all probability the person you're dealing with has had at least one tour of duty. It is very difficult to understand what it's like to be in country and have to depend on the person on your left hand and on your right hand and understand what he's doing if you haven't been there."

As an example of the training here, Sgt. First Class Dan Maher, RTC East, told a 306th Soldier, "You just missed. You are dead. I watched your aim go right past me." Demonstrating why he could tell the weapon was not aimed at him, Maher told the Soldier, "Use your sights. Aim at the center mass. Now I can see down your barrel so know you are aiming correctly. Now, squeeze the trigger."

Sgt. Tricia Santos, laughing uncomfortably, responded by saying she didn't want to aim her weapon at the trainer.

"It's creepy, I know, but you have to be able to aim and squeeze the trigger," Maher told her. "You have to be prepared to shoot, shoot accurately and shoot to kill."

Maher and the other trainers of RTC East were training Soldiers how it feels to act and react, to plan for a meeting and



photos by Lisa Evans

meet an attack, to kill when necessary.

The trainers went through the exercise move by move pointing out what was done right, what could have been improved and why initial actions were the most important part of any meeting or confrontation in a conflict zone. From the initial plan of action, the convoy leaving base, to the final action of the fire fight, the trainers questioned each Soldier in their part of the action, explaining the need for optimum preparation and information.

After the training, Command Sgt. Maj. Andrew Lombardo explained, "RTCE classes are taught by professional non-commissioned officers (NCO). My NCOs see the training they display and try to emulate that behavior."

Thirty percent of the Soldiers in the 306th are deploying for the second time to Iraq, King said, "It is very rewarding to watch them. The veterans are taking the new kids under their wings and everybody is working together as a team."

All of the Soldiers of the 306th are very motivated, King said, and are willing to take a year out of their lives and serve their country.

"We're basically giving the Soldiers the best training we can to help them make the transition from civilian life to military life," King explained. "My goal is for all to be fully trained and ready to perform the mission and come back safely."

Lombardo has been with the New York Police Department for 17 years and said that 25 percent of the Soldiers in the 306th are also police officers with NYPD. He was proud to say that the department was very supportive of the military. Agreeing with his commander, Lombardo said that the police officers are totally dedicated to their military careers.

In fostering commitment in his battalion, King said there are basic principles to his leadership style.



TRAINING EXCELLENCE — Capt. Melissa Lee, above left, sights her weapon during convoy and search training on the Balad Range on Fort Dix Oct. 1. Spc. Philip Lipari, above, holds his weapon on Civilian on the Battlefield, Naim, as he orders an insurgent to come out of a building. Spc. Perlitia Laguna, right, raises her weapon to fire at an attacker in a window above her position. The convoy rolls into Balad training center beginning the exercise, below.



TASTE OF VICTORY — Civilians on the Battlefield and trainers of the RTCE fire weapons and cheer as the convoy leaves after facing overwhelming small arms and bomb attacks that disrupted training for meeting with a chieftain.



CONCENTRATION COUNTS — Sgt. Herby Laroche takes a quick look out the window before deciding where to place Soldiers under his command. Sgt. Tricia Santos rounds a corner where Sgt. 1st Class Dan Maher, of the RTC East, plays an insurgent sneaking up on her.

NEIGHBORHOOD

THE CORNER

Gymnastic, Cheerleading offered at Youth Center

Beginning Oct 16 and Oct 18, Gymnastics and Cheerleading classes will be offered at the Fort Dix Youth Center for ages 18 months to 18 years old. For more information call Child and Youth Services Central Enrollment Registry office at 562-4702.

Newcomers' Orientation set October 16

Army Community Service (ACS) invites newly arrived personnel and their family members to attend the ACS Newcomers' Orientation Thursday, Oct. 16, from 9 a.m. to 2 p.m. at ACS, Bldg. 5201 on Eighth Street at Maryland Avenue.

Come to find out what programs and services are available to you, ask questions and to get a sense of community.

A complimentary lunch at Club Dix and a mini-tour of Fort Dix and McGuire facilities follow the orientation.

Free child care is also offered through the Child and Youth Services Central Registry. For child care registration, please call (609) 562-4702. For more information regarding the orientation and to register please call Amada Espinoza or Patricia Toler at (609) 562-2767.

Alcoholics Anonymous meetings held weekly

Part of the mission of the Army Substance Abuse Program is to support 12 Step Programs in the community. There are two Alcoholics Anonymous meetings on Fort Dix.

A closed, members-only meeting is held every Tuesday night at Bldg. 9013 from 7:30-8:30 p.m. On Thursday nights, there is a meeting at the Main Chapel from 7-8 p.m. (use the 8th Street parking lot entrance; the meeting is in the lounge near Fellowship Hall).

There is no cost except the desire to stop drinking behaviors that are harmful to yourself and others.

If you or someone you care about needs help, these meetings are ANONYMOUS.

For more information, call 562-2020 or 4011, or stop by Building 5203.

Free YMCA memberships for Guard, Reserve families

The Defense Department signed a new contract with the National YMCA that will provide free family YMCA memberships to families of National Guard or reserve members at the more than 2,000 participating centers in local communities.

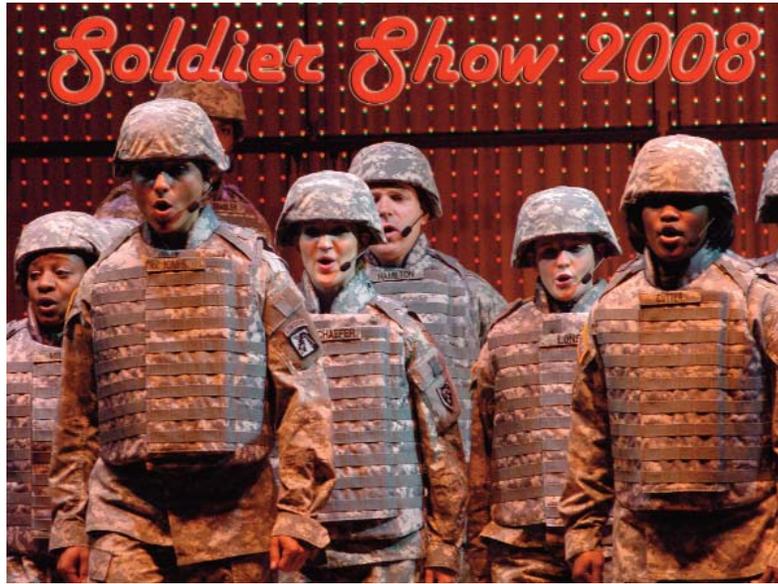
Beginning this month, free family memberships will be available for 18 months -- while the service-member-spouse is deployed -- and for three months before and after the deployment.

YMCAs offer fitness centers with free child-watch while the parent works out, as well as family and youth programs, swim lessons, personal development classes and more.

Detailed information is available at the Military OneSource website, www.militaryonesource.com.

Holiday Hours for Columbus Day October 13

Griffith Field House - 9 a.m. to 5 p.m.
 Club Dix - CLOSED
 Bowling Center - CLOSED
 Aquatics - Lap swim, 10 a.m. to noon; Recreation swim, noon to 5 p.m.
 Outdoor Recreation - CLOSED
 Fountain Green Golf Course - 7 a.m. to 7 p.m.
 Arts & Crafts Center - CLOSED
 John Mann Park - 1 p.m. to 5 p.m.
 Recreation Center (Military Only) 4 p.m. to 10 p.m.
 Child & Youth Services - CLOSED
 Burger King - 10:30 a.m. to 6 p.m.
 Shopette - 8 a.m. to 9 p.m.
 Commissary - 9 a.m. to 8 p.m.
 Clothing Sales - CLOSED
 All activities and services will resume normal operating hours Oct. 14.



Tim Higgs

ON THE MARCH -- Soldiers sing Myron Butler's "Stronger" while marching in battle gear during the 2008 U.S. Army Soldier Show.

Soldier Show delivers taste of Iraq

Tim Higgs
FMWRC Public Affairs

The cast and crew will emphasize their working motto of "entertainment for the Soldier, by the Soldier" in a simulated deployed setting to celebrate the 25th anniversary of the modern U.S. Army Soldier Show, on stage at the Timmermann Center on Fort Dix Sunday, Oct. 12 at 6 p.m.

"The impression we want the audience to get is that they've been transported to the Middle East to a combat area," Soldier Show director Tim Higdon said.

The stage floor will be tan to simulate sand and the facade will be covered with desert camouflage nets and faux sandbags to simulate a field

environment in Iraq or Afghanistan. Army Combat Uniforms (ACU) covers will extend the setting throughout the entire auditorium.

A lowered wall stage backdrop that features a desert sunset with signs bearing the names of Army camps and Forward Operating Base locations will help make the set seem surreal, along with the sounds of a field environment: trucks bypassing, helicopters taking off and buzzing overhead, off-duty soldiers at play, cadence calling, etc.

"The printed program has a smart book or field manual layout, which goes back to the Soldier aspect of the show's mission," Higdon said. "The goal is to give the sense that we are watching the Soldiers return from a mission, who then take the time to put

on a show for the audience."

In the end, troops will be donning their battle gear as they exit the stage.

"Just to drive home that they start the show as Soldiers and they leave the show the same way, as Soldiers -- to do what their mission in life is," said Higdon, a 1988 Soldier Show performer who this year replaced Victor Hurtado in the director's chair.

"Since we're not taking the show to Baghdad, we're bringing Baghdad to the show."

Nearly half of the cast and crew already have deployed during the War on Terror, so they know the drill. Just getting an opportunity to perform on a seven-month tour of entertaining Soldiers and military Families will fulfill a lifelong dream for most of them.

The latest in video and light-emitting diode technologies will add to the production. Two 65-inch plasma displays will be suspended from speaker clusters that will play a loop of sponsor video commercials, Soldier Show cast and crew interviews, along with FMWRC and MWR logos and promos before the show.

During the show, the video screens will add visual elements to the performances. For example, the cast will honor the modern era of the show's 25th anniversary with a World War II tune: "This is the Army, Mr. Jones," which was written in 1942 by Soldier Show founder Irving Berlin for "This is the Army." During that number, a video montage of photographs, posters and video clips will chronicle them.

(continued on page 9)

Day of Caring helps share the load

Ryan Morton
Public Affairs Staff

To recognize and celebrate national "Make a Difference Day," on October 25, Fort Dix will do its part by kicking off its annual "Day of Caring."

October 24, at 11:30 a.m. until 4:30 p.m. Hosted by Army Community Service (ACS), this event will bring together people from the Dix and McGuire Air Force Base communities to roll up their sleeves and dig into charitable volunteer work in a multitude of different ways. "Make a

Difference Day" will mark its 18th anniversary this year and Fort Dix will mark its 14th anniversary of hosting the "Day of Caring."

Projects will include assembling comfort kits or care packages for mobilizing Soldiers; designing "Hearts for Heroes," making "Quilts for Kids," and some volunteers will even go to Cinnaminson, N.J., to participate in constructing a house with "Habitat for Humanity."

Volunteers and the Fort Dix chapter of the American Red Cross will be involved with comfort kit assembly and distribution for the deploying

Soldiers. "Hearts for Heroes" is a charitable group that creates hearts to give to deploying Soldiers at the installation and "Quilts for Kids" is a charitable national organization that creates quilts for children who have been abused or battered or with life-threatening diseases. Kit assembly will take place at the Fort Dix American Red Cross Office and the other two events will occur at the Fort Dix Arts and Crafts Center, which coincidentally, holds the status of an official "sister" group of the "Quilts for Kids" organization.

Last year more than three million

people throughout the nation volunteered their time to their communities and organizations such as the American Association of Retired Persons, AmeriCorps, Big Brothers & Big Sisters of America, the Boy Scouts, the Girl Scouts, the Boys & Girls Clubs of America, the Knights of Columbus, the Salvation Army, and Veterans of Foreign Wars. Branches of the U.S. Military also chipped in with their support.

If you would like to volunteer or have any questions, contact Army Volunteer Corps Coordinator, Frances Booth at 609-562-3930.

Canines 'paws' for day of creative fun at K-9 Creations

Jennifer Chupko
Public Affairs Staff

K-9 Creations, an event sponsored by Army Community Services (ACS) had dog lovers gathered outside the Arts and Crafts building Oct. 4. Thirty-seven dog lovers and their loyal companions took a stroll to attend an afternoon of dog art creations, food and playtime.

The admission was \$7 for dogie artwork and \$5 for an additional 4 legged friend.

Art Instructor Taryn Paglione said the event, that included canvas and bandanna paw print and clay paw impressions, was a success.

"We had a blast, the owners had a good time and the dogs loved it," she said. "We plan on making this an annual event."

From the biggest dogs, to the tiniest, the K-9 gathering brought pooches from all around the installation.

"We'll definitely come back if they hold it next year," said dog owner Yvette Kuncie, who was at the event with her husband, Master Sgt. Ronald

Kuncie, 305th MXS Air Force. "It was a beautiful day and we had a great time," she said about her and her pup Katie Belle.

The actual idea for the carnival was from CarolAnne Capewell.

"My friend went to a dog event like this and had a good time," she said. "I thought it would be a good idea for the Fort Dix community."

One of the most impressionable activities was creation of paw art made of clay.

A dog's paw was pressed into the center of a damp clay tile for a memorable decoration personalized by the family pet.

"The clay makes a permanent impression," said Karen Boughey, ACS volunteer. "It is nice, something I thought some owners would like."

Food and refreshments were also available to all who came out. Pet treats and water were also provided for the pups.

"My dog had a really good time," said Reagan Aoghanon, from McGuire Air Force Base. "She loved the paint on her paws more than on the canvas!"



Jennifer Chupko

DOG DAYS -- Miki the rambunctious pug, gets his paw print on a ceramic tile. The 24 dogs that also had their imprints taken by Jim Jansma. The ceramic tiles were fired and free to pick up at the Arts and Crafts Center the following week.

MILITARY MATTERS

Army unveils new Stability Ops manual

John Harlow
TRADOC News Service

WASHINGTON - The commanding general of the United States Army Training and Doctrine Command, Gen. William S. Wallace, unveiled new Army doctrine Oct. 6 at the annual meeting of the Association of the United States Army in Washington.

The new Stability Operations field manual, FM 3-07, puts stability operations into doctrine after it was recently introduced in FM 3-0, Operations, where its importance was elevated to the same level as offensive and defensive operations.

"We recognize that in a contemporary operational environment in the 21st Century, conventional military operations, offensive and defensive, will be conducted simultaneously with stability operations," Wallace said. "Our hope is that FM 3-07 becomes a source document not just for the military forces, international partners,

humanitarian organizations; and the private sector."

Given the complexities of the future operating environment, the Army must look at the different ways the elements of national power (military, economic, diplomatic and information) are employed, according to the new manual. It states that military success alone will not be sufficient to prevail during a time of pro-

tracted confrontation among state, non-state, and individual actors fueled by expanding religious extremism, competition for energy, globalization outcomes, climate and demographic changes, and the increased use of violence to achieve political and ideological ends.

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**FORT DIX
WANTS YOU**



**TO BE A
VOLUNTEER**

MAKE A DIFFERENCE

Fort Dix is looking for interested residents who would like to volunteer

"Fort Dix volunteers improve the quality of life for all residents"

For those residents who want to make sure the Fort Dix community is the best it can be please

Call Army Community Service at 562-2767



Army Community Service (ACS)

562-2767

Bldg. 5201, on the corner of 8th Street and Maryland Avenue

Monday through Friday, 7:45 a.m. to 4:30 p.m.

3 Brothers

Credit Union

Residents urged to prevent home fires

Wayne Cook
Public Affairs Staff

A pot holder too close to a lit burner or a space heater left on overnight could be all it takes to start a home fire. In fact, cooking and heating are among the leading causes of home fires in the United States, according to the nonprofit National Fire Protection Association (NFPA).

That's why the Fort Dix Fire Department is teaming up with NFPA from Oct. 5 - 11 to urge residents to "Prevent Home Fires" during Fire Prevention Week. This year's campaign focuses on preventing all the leading causes of home fires - cooking, heating and electrical equipment, and smoking materials. Additionally, fire safety educators will be teaching local residents how to plan and practice escape from a home in case a fire occurs.

According to the latest research from NFPA, more than 2,500 people died in home

fires in the United States in 2006, and 12,500 were injured. Fire departments responded to 396,000 home fires, which accounted for 80 percent of civilian deaths and 76 percent of injuries that year.

"While the number of home fires is daunting, the good news is that many are easily preventable when residents take simple steps to increase their safety from fire," said Jeff Silagy, fire chief, Fort Dix Fire Department.

"Whether it's smoking outside the home, keeping space heaters at least three feet away from anything that can burn, or staying in the kitchen when you are using the stovetop, there are easy things you can do to keep your home and family safe from fire," he said.

Reviewing the following information and taking action can help you "Prevent Home Fires" during Fire Prevention Week and year-round.

Cooking - stay in the kitchen when you are frying, grilling, or broiling food. If

you leave the kitchen for even a short period time, turn off the stove.

Heating - keep all things that can burn, such as paper, bedding or furniture, at least three feet away from heating equipment.

Electrical - replace cracked and damaged electrical cords. Use extension cords for temporary wiring only. Consider having additional circuits or receptacles added by a qualified electrician.

Smoking - if you smoke, smoke outside. Wherever you smoke, use deep, sturdy ashtrays.

Fire Prevention Week is actively supported by fire departments across the country. For 85 years fire departments have observed Fire Prevention Week, making it the longest running public health and safety observance on record.

For more information on "It's Fire Prevention Week - Prevent Home Fires!" visit www.firepreventionweek.org.



Wayne Cook

OUNCE OF PREVENTION - Children from the pre-kindergarten and kindergarten classes at the Fort Dix Elementary School listen as firefighters from the Fort Dix Fire Department talk about Fire Prevention Week Oct. 7.



1st Lt. Antonia Greene; 72nd FA BDE PAO

Making the grade

Rita Burke, newly assigned Nurse Practitioner to the 72nd Field Artillery Training Support Brigade, is promoted to the rank of lieutenant colonel by Col. Timothy Williams, commander, 72nd FA BDE and Lt. Col. Beverly Rivell, 72nd BDE Medical Officer, Oct. 3.



1st Lt. Antonia Greene; 72nd FA BDE PAO

Class act departs

Col. Larry Boyd, deputy commander for mobilization, presents the Army Achievement Medal for Civilian Service to James L. Thompson, at a luncheon at Club Dix Wednesday honoring the departing plans and operations specialist. Thompson also received a DPTMS meritorious service award from Dennis Bush, director of Plans, Training, Mobilization and Security for his service to Fort Dix from September 2004 to October 2008. Thompson was heavily involved in planning dedication ceremonies during his tenure here and says the one opening Timmermann Center was the most memorable. The 27-year veteran of New Jersey's National Guard is moving to Fort Monmouth to accept a promotion working at the Reserve Training Command Center there. Team Dix wishes him well.

Family, medical leave required of employers

Capt. Nick Mitchell
Judge Advocate

The federal law known as the Family and Medical Leave Act (FMLA) applies to any private employer who engages in commerce, or any activity or industry affecting commerce, and who has 50 or more employees each working day during at least 20 calendar weeks in the current or preceding year.

FMLA also covers all public agencies (state and local governments) and local education agencies (public and private schools) and does not include the "50 employees"

test. Title II of FMLA covers most federal employees who are subject to regulations issued by the Office of Personnel Management.

To be eligible for FMLA leave, you must (1) be employed by a covered employer and work at a work-site within 75 miles of which your employer employs at least 50 people; (2) have worked at least 12 months (do not have to be consecutive) for your employer; and (3) have worked at least 1,250 hours during the 12 months immediately before the date FMLA leave begins.

FMLA provides an entitlement of up to 12 weeks of job-protected, unpaid leave during

any 12-month period for the following reasons: 1. Birth and care of your child, or placement for adoption or foster care of a child with you; 2. Care of an immediate family member (spouse, child, parent) who has a serious health condition; or 3. Care of your own serious health condition.

If you were receiving group health benefits when leave began, your employer must maintain them at the same level and in the same manner as if you had continued to work. You may take FMLA leave in blocks of time less than 12 weeks. When FMLA leave is foreseeable, you should give your employer at least 30 days notice (or as much notice as is practical under the circumstances). An employer may require medical certification of a serious health condition from your doctor or immediate family member's doctor. When you return from FMLA leave, you are entitled to be restored to the same or equivalent job position. Employers are required to post a notice outlining provisions of FMLA and are subject to a \$100 civil penalty per offense for intentionally failing to post such notice. Employers are prohibited from discriminating against or interfering with employees who take FMLA leave.

A number of states have family leave statutes. Nothing in FMLA supersedes a provision of state law that is more beneficial to the employee. An employee with a disability may have rights under the American with Disabilities Act.

The Wage and Hour Division of the Employment Standards Administration administers FMLA. More detailed information can be obtained at www.dol.gov/esa/contacts/whd/america2.htm and www.dol.gov/elaws/fmla.htm. For additional help, contact the Wage and Hour Division help line (toll free) at 1-866-487-9243.

Announcements

Cinema Schedule

754-5139
McGuire Air Force Base

Friday, Oct. 10 @ 7:30 p.m.

Disaster Movie- Matt Lanter, Vanessa Minnillo, Carmen Electra, Kim Kardashian, G-Thang
- During one fateful night, a group of impossibly attractive twentysomethings must dodge a series of man-made and natural disasters.

MPAA Rating: PG-13 - Strong violence, disturbing images, and brief nudity, crude and sexual content throughout, language and drug references and comic violence
Run time: 1 hr. 30 min.

Saturday, Oct. 11 @ 3 p.m.

No Matinee

Saturday, Oct. 11 @ 7:30 p.m.

Traitor - Don Cheadle, Guy Pearce, Said Taghmaoui, Neal McDonough, Aly Khan

- When straight-arrow agent Roy Clayton (Guy Pearce) assumes command of a special FBI task force, he becomes entangled in a web of covert operations. All the clues in Clayton's investigation point to Samir Horn (Don Cheadle), a former Special Ops soldier who now aids terrorists. But as Clayton digs deeper and contradictory evidence begins to emerge, he begins to question Horn's motives.

MPAA Rating: PG-13-intense violent sequences, thematic material and brief language
Run Time: 1 hr. 44 min.

Future Features...

Friday, Oct. 17 @ 7:30 p.m.

Babylon A.D.
MPAA Rating: PG-13 -intense sequences of violence and action, language and some sexuality

Sat., Oct. 18 @ 7:30 p.m.

The House Bunny
MPAA Rating: PG-13 -sex-related humor, partial nudity, language

Chapel Services

562-2020

Sunday Services

Combined Protestant/Gospel Service will be held on Sunday, Sept. 14 at Willow Pond Park, corner of 8th Street and Texas Avenue at 10 a.m. Following the combined service a picnic will be held. All are invited and welcome to attend.

Protestant.....9 a.m. to 10 a.m.
Cath. Mass.10:15 a.m. to 11:15 a.m.
Gospel.....11:30 a.m. to 1 p.m.
Sunday School.10 a.m. to 11:15 a.m.
CCD.....9:15 a.m. to 10 a.m.

Chapel 5 - Bldg. 5950,
Church Street
General Protestant Service
6:30 p.m.

Camp Victory - Chaplain's tent
Hour of Power

Protestant.....8 a.m. to 9 a.m.
Catholic.....8 a.m. to 9 a.m.
Mormon.....8 a.m. to 9 a.m.
Jewish.....8 a.m. to 9 a.m.

Religious Services

Islamic Prayer room

Open 7 a.m. to 4:30 p.m.
Monday through Friday
Room 24

Christian Men of the Chapel
Prayer Breakfast - Fourth Saturday of each month, 9 a.m. to 11 a.m.

Marriage Course

Wednesdays beginning Oct. 8
6:30 p.m. Main Chapel
For more information:
Leona Rader, ACS (609) 562-5200,
Chaplain Raub (609) 562-2349/2020,

Gospel Youth & Teens

Hallelujah Party
Tuesday, Oct. 28, 6:30 p.m.
Chapel Fellowship Hall.
All are invited to come and
enjoy the festivities.
Call Ray Perkins for details
(609) 562-2551

Arts & Crafts

Bldg. 6039 562-5691

Registration Hours:

Tues. 9 a.m. to 4:45 p.m.;
Wed. & Thurs. Noon to 5 p.m. and
6 p.m. to 8:45 p.m.;
Fri. 11 a.m. to 4:45 p.m. and
Sat. 9 a.m. to 4:45 p.m.

Autumn Handbag - Oct. 16, 23, 30
- Class fee: \$45.00
If you've never made a handbag in any of our classes, now is the time.

They're classy, sassy and sophisticated. You choose the fabric and trims to suit your style. Or try something new and bold! Pick up supply list when you register. All supplies must be available for first class.

Introduction to World Crafts

Ages 6 & up - Oct. 18-thru Nov. 8,
Saturdays 2:30 p.m. to 4 p.m.
(4-week course) \$30 fee

Take a journey across the globe in 4 weeks during this exciting multicultural crafts class. Learn how to create Indonesian Batik, Egyptian Metal Tooling, Japanese Calligraphy, and African Printmaking.

Kids Pottery Course (Ages 6-9)
Oct. 18, 25, Nov. 1 (3 wks) \$25 fee
Saturdays 10:30 a.m. to Noon
Classes cover both hand building and wheel throwing techniques. Pre-registration required.

Tween Pottery Course (Ages 10-13)
Oct. 18, 25, Nov. 1 (3 weeks) \$25 fee
Saturdays 1:00 p.m. - 2:30 p.m.
Classes cover both hand building and wheel throwing techniques. Pre-registration required.

Quilts for Kids October 18 - 11 a.m. to 3 p.m.
Join us as we make quilts for kids in long term health care, wheelchair bound or in safe houses. Our group has donated more than 400 quilts and wheelchair/walker bags to this awesome organization. We also serve our Military in Transition, Wounded Warriors and families who are having a rough go of it while a parent is deployed. Gifting a quilt is like giving a hug. Bring your lunch and stay all day.

"Pottery Punch" and Bisque-Its.
October 18, 10 a.m. to 4 p.m.

Sewing Boot Camp For Youth -
October 25, 9:15 a.m. to Noon
Class & material fee: \$25.00 fee
Custom Pillowcase for Sweet Dreams Calling all youth ages 11-14, boys and girls. Learn to sew in our studio using state of the art sewing machines. This is a one day class to introduce you to machine sewing. All project supplies are included. Class size is limited to the first 6 students sew sign up now!

National Paint Your Own Pottery Day - Every masterpiece starts with one brushstroke, so spend some time with loved ones or someone new while you decorate items for gifts or for yourself in the Contemporary Ceramics Studio. No experience necessary! Enjoy a 20% discount off all ceramics purchased that day, and try some "Pottery Punch" and Bisque-Its. October 18, 10am-4pm

BIBLE STUDY

"The Way to Maturity"

Fort Dix Main Chapel
(609) 562-2020

Wednesdays

6:30 p.m. - 7:30 p.m.

Purpose: To grow closer to God and to lay a biblical foundation in our lives for continued growth and change. Spiritual growth is a lifelong process of growing closer to God.

Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths. Proverbs 3:5-6

ACS

562-2767
Bldg. 5201 Maryland Avenue

Calendar of Events

Tuesday, Oct. 14
Hearts Apart Group
10 a.m. to 1 p.m. ACS

Wednesday, Oct. 15
AFTB/AFAP/Volunteer
Advisory Council
9:30 a.m. to 10:30 a.m. ACS

Domestic Abuse Prevention Month Information Booth
11 a.m. to 1 p.m.
AEFES Food Court

Everything You Need to Know About Money: Identity Theft
1:30 p.m. to 2:30 p.m.

The Marriage Course: How to Build a Healthy Marriage
6:30 to 8:30 p.m. - Main Chapel

Saturday, Oct. 18
Sesame Street LIVE!
Pre-Show Party
11 a.m. to 1:15 p.m.
John Mann Park

Sesame Street LIVE! Show
2 p.m. to 3 p.m.
Timmermann Center

Pemberton Township Community Day
11 a.m. to 4 p.m.
125 Trenton Road, Browns Mills

Youth Center

562-5061

Bldg. 1279 Locust Street

Hours of Operation:
Monday - Frid. 2 p.m. to 7 p.m.
Saturday 1 p.m. to 7 p.m.
Sunday CLOSED

Administrative Hours:
Tuesday - Friday, Noon to 6 p.m.

Weekly Schedule

Closed Columbus Day

Monday - Friday

Power Hour 2:30 p.m. to 3:30 p.m.

Computer Lab, 4 p.m. to 6 p.m.

Tuesday, Oct. 14

Journalism 3:45 p.m. to 4:45 p.m.

Wednesday, Oct. 15

Sports & Fitness
3:30 p.m. to 4:30 p.m.

Fashion Design
3:45 p.m. to 4:45 p.m.

Thursday, Oct. 16
Cosmetology 3:45 p.m. to 4:45 p.m.

Friday, Oct. 17

Power Hour Store
2:30 p.m. to 3:30 p.m.

Torch Club

3:45 p.m. to 4:45 p.m.

Teens & Hot Topics

5 p.m. to 7 p.m.

Saturday, Oct. 18

Monopoly Tournament
4 p.m. to 6 p.m.

FMWR presents

CLUB DIX - 723-3272

Club Dix Hours of Operation

Java Café
Mon. thru Frid., 7 a.m. to 1:30 p.m.

Lunch Served
Tues. thru Frid. 11 a.m. to 1:30 p.m.
Saturday thru Monday Closed

Bar Hours
Wednesday 5 p.m. to 10 p.m.
Thurs. thru Sat. 6 p.m. to 10 p.m.
Sunday thru Tuesday Closed

Computer Lab
Monday & Tues. 7 a.m. to 1:30 p.m.
Wed. thru Friday 7 a.m. to 10 p.m.
Saturday Noon to 10 p.m.
Sunday 10 a.m. to 6 p.m.

Equipment Rental Center
Mon. thru Fri. 10 a.m. to 5 p.m.

John Mann Park
Open Columbus Day
Oct. 13, 1p.m. to 6 p.m.

Fall hours of operation
Sat. and Sun. 1 p.m. to 6 p.m.

*Soldier Show at Timmermann
Theater - Oct. 12, 6 p.m.
Admission free.

*Sesame Street Experience - USO
Sesame Street Live at Timmermann Center - Oct. 18 - 2 p.m. Admission free.

*Horseback Riding - D & D Stables - Buena, NJ 550- Oct. 18 - Bring the family out and join Outdoor Recreation for a relaxing one-hour trail ride in south Jersey on over 100 acres of wooded trails and fields. Horses are available for beginner to advanced riders. Must be at least 10 years of age to ride. For those under 10 pony rides are available for \$5. Don't forget the camera and your lunch and wear comfortable clothes. Leave Outdoor Rec. at 9 a.m.

Residential Refuse Collection

Monday:
McGuire AFB
3800s and 3900s

Tuesday:
All of Fort Dix

Thursday:
McGuire AFB
4000s; 4400s; and 4500s

Thursdays:
Recyclables
are picked up

Monday and Tuesday:
Yard and Garden
waste picked up both installations

Read
The Post!

FORT DIX
WANTS YOU



VOLUNTEER
Call Army
Community Service
at 562-2767
to find out more
**Fort Dix
Mayors
Program**

Army announces 'Year of NCO'

(continued from page 1)
with urgency the ever-changing life and death needs and demands of our Soldiers in Afghanistan and in Iraq," Geren said.
"And not just meet their needs and meet the evolving threats, but anticipate, and do everything we can to get ahead of the threat. And care for those who have borne the battle, and their loved ones. These are moral duties of the highest order for our nation and our Army."

The secretary also talked about an often unseen portion of the military — those who deliver goods and services to the fighting force: the Army logisticians.
"We have 250,000 Soldiers in 80 countries, and we've been at war for seven years, with 140,000 Soldiers in theater today," he said. "Nobody ever asks, who feeds those guys?"
"Our logisticians are victims of their own success. Their work is so good it is invisible

— it's a given. Wherever our Army goes, whatever our Soldiers need, whenever they need it, they get it. The miracle of Army logistics."
According to Geren, the Army logistics community repairs over 14,000 vehicles every year — a number equal to the number of yellow cabs in New York City.
They also move more than 700,000 personnel in and out of theater, equal to the entire population of Charlotte, N.C. And each day, he said, Army

logisticians provide 750,000 meals in Kuwait, Afghanistan, and Iraq.
They also dispense enough fuel in theater to fill up 750,000 cars — nearly four times the number of vehicles registered in Washington, D.C.
"We talked much about the surge — 15,000 more Soldiers in Iraq — but nobody ever mentioned that Army logisticians would serve 45,000 more meals each day, and ship 120,000 more gallons of water each day," he said. "Army logisticians — invisible, because they're so good at what they do, and absolutely indispensable."

During the course of Iraqi Freedom and Enduring Freedom, over 619 sustainment and support Soldiers have given their lives, the secretary said.
Secretary Geren also pointed out the historic anniversary the Army has celebrated in 2008, including the 25th anniversary of the Army Family Action Plan, the 30th anniversary of the disestablishment of the Women's Army Corps, and the 60th anniversary of the integration of the U.S. military.
"Sixty years ago, our Army did not stand as one," he said.
"It was not a single band of brothers, rather, a collection of bands of brothers divided by race."

recipients of the annual AUSA awards.
Recipients of the awards include:
— Gen. Creighton W. Abrams Medal: retired Maj. Gen. John A. Hemphill, Steilacoom, Wash.
— Maj. Gen. Anthony J. Drexel Biddle Medal: Col. Michael T. Plummer, Watertown, N.Y.
— Lt. Gen. Raymond S. McLain Medal: Maj. Gen. William H. Wade II, Sacramento, Cal.
— Maj. Gen. James Earl Rudder Medal: Maj. Gen. Craig Bambrugh, South Riding, Va.
— Sgt. Maj. Of the Army William G. Bainbridge Non-Commissioned Officer Medal: Command Sgt. Maj. Mark C. Avery, El Paso, Texas
— The AUSA Department of the Army Civilian of the Year Award: Allen Tyree, Las Cruces, N.M.
— The AUSA Newell Rubbermaid Volunteer Family of the Year Award: Lt. Col. Ronald and Sherry Rallis, daughters Jessica and Katrina; sons Ronald Jr., Nicholas and Justus; Fullerton, Cal.
The AUSA meeting ran through Oct. 8.



Jennifer Chupko

Can you hear me now?

The 345th Tactical Psychological Operations Airborne Unit, out of Dallas, practices the protocol of communicating on a PFC5 Technical Satellite Radio before deploying overseas. The advanced technology transmitting radio allows the Soldiers to send signal voice-data through a phone. The radio also gives the capability of sending image-data such as finger prints or dental information for identifying a person to an awaiting base command center. From left to right, Sgt. Brian Adams, Sgt. Scott Moore, Sgt. Jonathan Alshire, Pvt. Eric Chester, Spc. Brandon Harris, Pvt. Joseph Solomon, Sgt. Josh Harris, Spc. Clint Dicky and Sgt. Joey Marter.

Soldier Show delivers taste of Iraq

(continued from page 5)
a quarter century of Soldier Shows.
"We touch on the 25 years, but the show isn't focused on that," Higdon said. "The show is still relevant to today's Soldier and Family members in the communities. We have some fun with period pieces, as we always do, but there's no conscious effort to really drive home '25 years' throughout the show. It's really more about the Soldier and the environment they serve in today."
The show will, however, pay tribute to the coincidental 25th anniversary of Michael Jackson's "Thriller," the best-selling album of all-time on Billboard's charts.
As the song begins, a Soldier-performer on guard duty scans the audience with a Night Vision camera and spectators can see themselves on positive screens. With the use of black lights and colored costumes, the Night-Vision effect will spill onto the stage.
"So it's as if the audience is watching this number in Night Vision," Higdon explained. "And we've 'cartoonized' the original Michael Jackson video that will be shown on the plasma screens while we're doing it live on stage. It will be a pretty big production number."
Unrelated to the 25th

anniversaries, the show also features Akon's remake of Jackson's "Wanna Be Startin' Somethin'" mixed with Rihanna's "Don't Stop the Music."
The show also pays tribute to AC/DC, a hard-rock band from Sydney, Australia.
"We will have a well-balanced mix of everything," Higdon said.
"There will definitely be something for everybody — presented as if Soldiers had to do it themselves with what they had available. We'll still have nice gowns and all that stuff, but things will transition to help make it feel like it is set in the field."
From the opening montage to the finale, visual and song elements will focus on the strength of our Soldiers, tying into "Army Strong."
"We never want the audience to forget that these aren't professional singers and dancers. They are still Soldiers," Higdon said.
He also praised the talented artistic staff that helped assemble the show.
"The team's already in place, so it's just a matter of having a vision and being able to share it with them," Higdon said. "They make it happen."
The program also is fortunate to have external sponsorship.

For the eighth consecutive year, the Army National Guard is the primary sponsor and partner of the U.S. Army Soldier Show.

This is one of more than 100 programs and services provided to Soldiers and their Families by the Army Family and Morale, Welfare and

Recreation Command.
Freedom Team Salute is a first-time partner and AT&T returns as a corporate sponsor for the fifth straight year.



Tim Hipps

SONG AND DANCE -- Sgt. Joshua Hamilton of Fort Hood, Texas, sings Dierks Bentley's "What Was I Thinkin'" with Spc. Joan Usyk of Fort Bragg, N.C., during the 2008 U.S. Army Soldier Show at Fort Belvoir, Va.

Attorneys

(continued from page 1)
of-attorney, adoptions, deed changes, and other legal matters.
"The only reason we won this award is because of the great people we have on staff. As the chief of the section I can not do it all myself."
The staff members are the ones who won this," said Capt. Nick Mitchell, chief, JRC Legal Assistance Section.
Mitchell put together a program of services for Soldiers and their family members in the Warrior Transition Unit
called Warrior Transition Unit Priority Services which helped expedite needed services for the Soldiers and their families in the WTU.
It is one of the first such services in the Army and is being targeted as the benchmark for the Army.
During the January to April time period two full-time personnel from the Legal Assistance Division processed 855 federal and state tax returns free of charge for military members and their families.
The Legal Assistance Office is comprised of two individuals, one civilian attorney and one legal specialist is the main office.
Their main focus is on preventable law — how to avoid home foreclosures, repossession of vehicles, and other such situations.
During 2007 the staff developed 12 new pamphlets and wrote nine articles for the Post newspaper informing the community of services available and impacts of current and new laws.
One of the staffs major accomplishments was they were able to reduce customer waiting periods to see a lawyer from five days to two days without needing additional manpower.
Because of the superb service that the Legal Assistance staff provided they received a rating of 100 percent for service excellence from their clients on customer satisfaction surveys.
The Fort Dix Staff Judge Advocates Office is the only office in the Army Reserve to be awarded both the Legal Claims and Legal Assistance Excellence Awards in the same year.
"I always personally knew that the Fort Dix Legal Office had the best people working here. Now the rest of the Army knows," said John Hollis, supervisory attorney, Legal Assistance Division, SJA.

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Holocaust Remembrance Day
Asian Pacific Heritage Month
Women's Equality Day
Hispanic Heritage Month
Native American Heritage Month

For more information call
Denise Horton at 562-4011

Installation holds largest Yellow



Maj. Christopher Emmons, commander, 123 Public Information Detachment, and 1st Sgt. Reginald Smith, above, display their unit's Yellow Banner during a mass ceremony on Sharp Field Oct. 8. The unit hails from Phoenix, Ariz., and is deploying to Iraq in support of the Global War on Terrorism. The members of the unit will engage in product acquisition missions taking photographs and film of local communities and events while in Iraq and produce a newspaper for Soldiers in the arena. During their training on the installation members of the unit made many contributions to the Public Affairs Office.

Col. Gregg Hammond, commander, 358 Civil Affairs Brigade, and Master Sgt. David Kidder, below, hold their unit's Yellow Banner during a mass ceremony on Sharp Field Oct. 8. The 358 Civil Affairs Battalion headquarters and Detachment 8 hails from Fort Wayne and Indianapolis, Ind. and is deploying overseas in support of the Global War on Terrorism.



photos by Ryan Morton

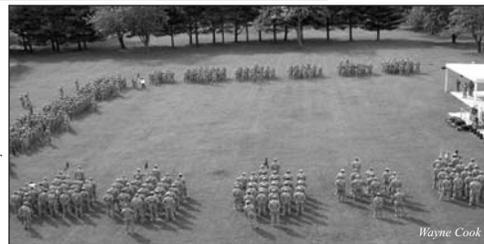


Maj. Richard Brown, commander, and 1st Sgt. Michael Bolton, 403 Civil Affairs Battalion, Detachment 1, Albany, N.Y., above, display their unit's Yellow Banner during a ceremony held on Sharp Field Oct. 8. The unit is deploying overseas in support of the Global War on Terrorism.



Maj. Anthony Snider, commander, and 1st Sgt. Jo-Beth Thomsen, 403 Civil Affairs Battalion, Detachment 2, Phoenix, Ariz., left, proudly display their unit's Yellow Banner during a ceremony on Sharp Field Oct. 8. After weeks of grueling training on the installation ranges the unit is deploying to Iraq in support of Operation Iraqi Freedom. The 403 CA Bn, Det. 2 participated in the largest Yellow Banner ceremony ever held on the installation. The Soldiers of the unit will work directly with Iraqi communities.

MASSING OF THE TROOPS -- Approximately 500 Soldiers, right, making up sixteen Civil Affairs units and one Public Information unit formed up on Sharps Field for the largest Yellow Banner Ceremony in Fort Dix history Oct. 8. The size of the formation forced the move from the normal site of the Yellow Banner ceremonies at Infantry Park to Sharp Field.



Wayne Cook



Maj. Dennis Greco, commander, and 1st Sgt. Gregg Pinney, 403 Civil Affairs Battalion, A Company, Buffalo, N.Y., above, hold their unit's Yellow Banner during a mass ceremony on Sharp Field Oct. 8. The unit is deploying to Iraq in support of Operation Iraqi Freedom.



Maj. Anthony Ulrich, commander, and 1st Sgt. Bradley Folczyk, 401 Civil Affairs Battalion, B Company, Phoenix, Ariz., left, pose with their unit's Yellow Banner during the mass ceremony held on Sharp Field Oct. 8. The unit is deploying to Iraq in support of the Global War on Terrorism. The unit is part of one of many large contingencies of Civil Affairs deployments that will train on and process through Fort Dix. Civil Affairs has become the primary skill set used when engaging Iraqi community members in rehabilitation missions.



Maj. Mark Clark, commander, and 1st Sgt. Herman Luedtke, 445 Civil Affairs Battalion, Alpha Company, Los Angeles, Calif., above, display their unit's Yellow Banner during the Yellow Banner ceremony at Fort Dix's Sharp Field Oct. 8.

Maj. Brian Horton, commander, and 1st Sgt. Patrick Maley, 425 Civil Affairs Battalion, Alpha Co., Las Vegas, Nev., below, at their unit's Yellow Banner ceremony, Oct. 8.



Maj. Ryder Crockett, commander, and 1st Sgt. Gerald Santos, 401 Civil Affairs Battalion, A Company, Seattle Wash., above, hold their unit's Yellow Banner during a mass ceremony on Sharp Field Oct. 8. The unit is deploying to Iraq in support of Operation Iraqi Freedom.

Banner ceremony at Sharp Field



Capt. Cole Calloway, commander, and Sgt. 1st Class George Guerra, 425 Civil Affairs, Detachment 6, Los Angeles, Ca., above, display their unit's Yellow Banner at the Yellow Banner ceremony at Fort Dix's Sharp Field Oct. 8.



Maj. Chuck Arnold, commander, and 1st Sgt. Timothy Klima, 413 Civil Affairs Battalion, Detachment 6, Seattle, Wash., below, pose with their unit's Yellow Banner during a ceremony at Sharp Field Oct. 8.



Lt. Col. Doil Osteen and Sgt. Maj. Kevin Rutledge, 413 Civil Affairs Battalion, Detachment 5, Austin, Texas, above, display their unit's Yellow Banner at Fort Dix's Sharp Field, Oct. 8.



Maj. Dexter Caston, commander, and 1st Sgt. Derek Calero, 490th Civil Affairs Battalion, Detachment 1, Dallas, Texas, below, display their Yellow Banner at Sharp Field Oct. 8.



Maj. Robert Thompson, commander, and Sgt. 1st Class Benjamin Sturges, 445 Civil Affairs Battalion, Detachment 5, Los Angeles, Calif., above, display their unit's Yellow Banner Oct. 8.



Maj. Jeffrey Pugh, commander, and 1st Sgt. Jon McGinnis, 490 Civil Affairs Battalion, Alpha Co., Dallas, Texas, above, display their unit's Yellow Banner Oct. 8.



Maj. Earnest Lloyd, commander, and 1st Sgt. Paul Sanchez, 490 Civil Affairs Battalion, Detachment 2, Dallas, Texas, below, display their unit's Yellow Banner Oct. 8.



Maj. John Walsh, commander, and 1st Sgt. Leon Brown, 445 Civil Affairs Battalion, Detachment 6, Los Angeles, Calif., above, display their unit's Yellow Banner Oct. 8.



Maj. Robert Reiner, commander, and 1st Sgt. Chris Dorsey, 448 Civil Affairs Battalion, Seattle, Wash., above, display their unit's Yellow Banner Oct. 8.

SPORTS



Tim Hippi

THEY'RE OFF -- Members of the Missing Parts in Action Team of amputees from Walter Reed Army Medical Center in Washington and Brooke Army Medical Center in Fort Sam Houston, Texas, start the Army Ten-Miler Oct. 5 at the Pentagon.

Missing Parts in Action inspires runners

Tim Hippi
FMWRC Public Affairs

ARLINGTON, Va. -- Brazilian Army Pvt. Reginaldo Campos Jr. won the men's division and Veena Reddy of Centerville, Va., led the women in the running of the Army Ten-Miler, which started and ended at the Pentagon on Oct. 5.

Campos, 21, of Rio de Janeiro, improved upon his second-place finish in 2007 to win the race with a time of 48 minutes, 59 seconds.

Steve Hallinan, 22, of Arlington, Va., was second in 49:12, and was followed by Joseueldo Nascimento, 27, of Rio de Janeiro, in 49:12; All-Army team member 1st Lt. Philip Sakala, 25, of Fort Carson, Colo., in 49:45; and 2007 Army Ten-Miler champion Jose Ferreira, 32, of Rio de Janeiro, in 50:03.

Reddy, 29, won the women's race with a time of 58:08, and was followed by Mesert Kotu, 26, of Ethiopia, in 58:45; Gabriela Trana, 28, of Costa Rica, in 59:08; All-Army Capt. Mickey Kelly, 30, of Fort Carson, in 59:29; and Capt. Emily Potter, 29, of Alexandria, Va., in 59:40.

Jason Clark of Wilkes-Barre, Pa., won the wheelchair division with a time of 1 hour, 1 minute, 26 seconds. Hope Galley of Falls Church, Va., led the women's wheelchairs in 1:03:31.

The true "rabbits" on this picture-perfect day for road racing, however, were the Missing Parts in Action competitors from Walter Reed Army Medical Center in Washington and Brooke Army Medical Center in Fort Sam Houston, Texas -- physically challenged Soldiers who got a 10-minute head start and motivated the elite runners to work harder.

Several of the front-runners in America's largest 10-mile road race shared encouraging words and gestures as they passed the wounded warriors and wheelchair competitors.

Camp Victory hosts shadow run

Sp. Sophia R. Lopez
MND-PAO

CAMP VICTORY, Iraq -- Each year, tens of thousands of runners and spectators go to Washington, D.C., to enter the Army 10-Miler.

The race starts and finishes at the Pentagon, passing the Lincoln Memorial, Washington Monument and the Capitol building as it makes its way through our nation's Capital.

On Camp Victory, 1,256 service members and civilians participated in a shadow run which started at the Victory Stage Oct. 5.

The race on Camp Victory was sponsored by the Morale, Welfare and Recreation centers, while the 10th Mountain Division Rock Band provided entertainment before and after the race.

"This run gives deployed Soldiers the opportunity to participate in the Army

many of whom sacrificed at war to help protect their freedom."

"Something like this really puts in context what we're doing in the States and overseas with all of our Soldiers, just seeing all of the wounded warriors out there," Sakala said. "I've had two really good buddies pass away -- one in Iraqi Freedom and one in Afghanistan. When I'm feeling bad [on the run] and I look over and see these guys doing this -- some running on one leg and even some double-

amputees -- that makes me want to go harder and makes me want to do well. "I've got Army on my chest and those guys show what we're doing. It takes you back a little bit. I was going back-and-forth and back-and-forth with a guy in a chair. It just makes me really proud to be an American Soldier and very

battled gamely to finish fourth. "I was just hanging on after that, but that was my personal record for 10 miles. I thought three miles was long, but all things considered, I was really happy going under 50 minutes."

Campos, who ran on Sakala's shoulder for the first five miles, made a strong surge during the sixth mile and quickly opened a 25-meter lead.

"Last year, I waited until too late and finished second," Campos said. "First, I like more."

A "Hooah!" pin adorned the lapel of Campos' warm-up jacket.

"It makes me feel very good to represent the Army and my country, and the realization of myself as an athlete," said Campos, who also ran his personal-best time for 10 miles on the road.

While running down the homestretch, Campos was handed a Brazilian flag, which he hoisted above his head as he broke the tape at the finish line.

Brazilian Army Maj. Gen. Cesar Zambao said his team was invited to compete in the Army Ten-Miler for the first time last year. After his runners finished 1-2, 3-4-6 in 2007 and claimed four of the top nine spots on Sunday, he said they plan to make the trip an annual tradition.

Second-place finisher Hallinan, a 2008 graduate of American University who works at the Gotta Run Running Shop at Pentagon Row, passed four runners in the final four miles, including two in the last two.

Large crowds that lined the race route cheered him along as the first American.

"People were saying: 'C'mon, USA!' It kind of gave me chills," he said. "I felt like I

the cardio aspect, showing we're Army strong."

Soldiers were not the only participants in the sixth annual shadow run at Camp Victory.

"This is also a way to come together. All services participated in this run," said Jolly, the MWR noncommissioned officer-in-charge, Task Force Eagle, 2145th GSU.

"There are about half a dozen locations throughout Iraq that are hosting shadow runs," Clark said. "There are about 30,000 combined participants." The Army 10-Miler is the largest race in the U.S., and the second in the world."

The Army 10-Miler was first held Oct. 13, 1985 in Washington D.C., and featured 4,600 registered runners. Last year's run featured 17,600 runners.

The stateside race includes a team competition and individual competition. The Camp Victory Army 10-Miler only featured individual winners.

had the weight of my country on my shoulders."

Reddy made her winning move during the eighth mile and cruised to a 37-second victory in the women's chase.

Reddy plans to run the ING Marathon in Amsterdam in two weeks. She finished 15th in the 2008 U.S. Olympic Women's Marathon Team Trials with a personal-best time of 2 hours, 38 minutes, 8 seconds.

Reddy, who was raised in Rhode Island and ran for Wesleyan University, shared an inspirational tale about "a little girl came up to me last summer and told me she wanted to grow up to be like me." That will keep her running through the 2012 Olympic Trials.

"I would love to run London," Reddy said.

Kelly, a former modern pentathlete in the U.S. Army World Class Athlete Program, will report Dec. 1 to Fort Riley, Kan., to train to deploy to Iraq in February.

"I'm ready for something different," Kelly said. "I'm ready for a change of pace."

Kelly, who improved her personal-best 10-mile time by 40 seconds, hopes to eventually return to WCAP to train for the 10,000 meters or marathon.

She also hopes to run the 2009 Armed Forces Cross Country Championships before deploying.

As excited as she was about running her personal-best time, Kelly was equally eager to salute the Missing Parts in Action team.

"You know what was awesome? The wounded warriors," she said. "I love them. I was just cheering them the whole way. Just watching them, I was bursting every time I went by one. It just gave me energy to see them run."

"I gain strength from watching their strength. I was yelling for every one of them that I could see because they were running right next to us. It was pretty cool. And to be running around the monuments with everyone yelling 'Go, Army!' is very special."

before the race and was injured," said O'Donnell. "They were two of our best runners, and they couldn't even start the race. They were both disappointed. Actually, we all were, but what are you going to do?"

Panduro and Santillo finished first and second respectively in the qualifying race held back in June. Still, there were four other members of the team, and O'Donnell was confident.

"We had four runners, which is what we needed, and they finished twenty-eighth in the team competition."

"We usually do pretty good down there," said Chris O'Donnell, sport coordinator at the Griffith Field House, who travelled with the team. "We've finished in the top 10 the past few years, and we were expecting to do pretty good this year too."

The team's first set-back happened the day before the race, when Capt. Greg Santillo became ill.

"He got food poisoning on the way down," explained O'Donnell. "He's been training all year for this, and has been on the team for the past three years. He was disappointed. We all were."

The team suffered another blow just before the race, when Master Sgt. Eslly Panduro was injured while preparing for the event.

"He was warming up right



ENDURANCE -- Pvt. Philip Sakala (15) and Brazilian Joseueldo Nascimento (67) close the gap on a member of the Missing Parts in Action team during the Army Ten-Miler.

Team Dix runs Army 10-Miler

Ed Mingin
Public Affairs Staff

Six runners traveled to Washington D.C., to represent Team Dix Oct. 5, for the Army 10-Miler. But the team was faced with its first obstacle when two of its members went down.

Still, the remaining members went on to compete and finish twenty-eighth in team competition.

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from around globe.