



# the Post



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## NEWSNOTES

### Legal Assistance seeks tax-prep volunteers

Each year, Fort Dix provides free tax assistance and e-filing to military personnel and their families through the Internal Revenue Service (IRS)-sponsored Volunteer Income Tax Assistance (VITA) program.

Volunteers are critical to the success of the VITA program as they prepare basic tax returns and assist in the administrative functions of running the program.

For those who are interested in volunteering but were not able to attend the training session, an online training course is still available. Call the Fort Dix Legal Assistance Office at 562-3043 if you would like to volunteer either as a tax preparer or provide administrative support.

### Government Housing office recruits RRB members

Fort Dix and McGuire Air Force Base are seeking additional Family Housing Residents to serve on the housing privatization Resident Representative Board (RRB).

The RRB's objective is to provide resident input to improve their housing conditions.

RRB members must be UC family housing residents and willing to obtain input from other residents. The RRB meets once a month, typically at 1 p.m. on the second Wednesday on Fort Dix or McGuire.

The next RRB meeting is scheduled for Nov. 13. For more information or to join the RRB, call Judith Holliday at 754-3361 or Rich Sample at 562-5025 or send e-mail to [judith.holliday@mcguire.af.mil](mailto:judith.holliday@mcguire.af.mil) or [richard.sample@us.army.mil](mailto:richard.sample@us.army.mil).

### African American Read-In opens Black History Month

The Fort Dix Black History Observance Committee will kick off Black History Month with an African-American Read-In Feb. 4 at noon at the Fort Dix Chapel Fellowship Hall. The featured author for the event is Howie Mack, author of "Why Am I Black?" Refreshments will be served. Admission to the event is free, but planners request those interested in attending to sign up in advance at 562-2666.

### Fort Dix Weather Hotline

Call 562-4065 at 6 a.m. for information on weather delays

## WEATHER

**FRIDAY** -- Chance of morning rain, clearing gradually in afternoon, high of 46 and overnight low of 27 degrees.

**SATURDAY** -- Chance of rain and snow showers, cloudy, high of 38 degrees and overnight low of 19.

**SUNDAY** -- Mostly sunny, high of 27 and low of 12.

**MLK DAY** -- Mostly sunny, high of 31, cloudy into evening with overnight low of 17 degrees.

**TUESDAY** -- Chance of snow showers. Mostly cloudy, high of 36, slight chance of evening snow showers. Overnight low of 22 degrees.

**WEDNESDAY** -- Mostly sunny, high near 38, overnight low of 21.

**THURSDAY** -- Partly cloudy with slight chance of snow showers, high of 40, overnight low of 24.

# Guru offers financial foxholes

Shawn Morris  
Public Affairs Staff

Managing money can be a tricky affair. Although common sense and some basic research can often guide one in the right direction, it's sometimes difficult to see the financial forest for the trees.

In an effort to bring service members' fiscal vision into focus, Suze Orman cleared a proverbial path through the woods Jan. 11 as she delivered a high-energy crash course in personal finance at Fort Dix's Timmermann Center.

It was standing room only as nearly 1,000 service members and civilians spent an hour listening to Orman's patented blend of home-spun horse sense and time-tested techniques.

"When you are happy, when you are powerful, when you are secure in who you are, then you are ready to make money," she explained.

Orman should know, having authored six consecutive New York Times bestsellers and hosting the weekly *Suze Orman Show* Saturday nights on CNBC.

The two-time Emmy Award winner is one of television's most popular personal-finance gurus.

Orman kicked off her appearance with an enthusiastic, "Hooah!" promising to "make sure everybody leaves this place 'Army Strong.'"

"Whenever I'm asked to serve those who keep me safe, it is the greatest honor," Orman told the crowd. "What you give us is something



Ed Mingin

**SIGNED, SEALED, DELIVERED** -- Financial expert *Suze Orman* is surrounded by staff, TV cameras, and *Spc. Jyme Dickson*, at right. Dickson is from the Warrior Transition Unit, Fort Dix, and was on hand to help distribute Orman's new book, *Orman visited the installation Jan. 11 to speak with service members and share autographed copies of her new book.*

money could never buy, and that's our freedom."

"Our men and women in the United States military have what it takes to not only save lives, but to save money," she added.

Orman spoke of eliminating credit

card debt, building a better credit rating, the benefits of investing in real estate and the Thrift Savings Plan, and other topics of concern to service members and civil servants.

She also autographed 700 copies of her latest book, "The Money Book for

the Young, Fabulous and Broke," which were given free of charge to those willing to complete both a Military Saves "Saver Pledge" card and a Fort Dix Army Community Service (ACS) Community Needs Assessment form.

"Military Saves supports our troops and their families by involving all levels of leadership in an intentional, sustained effort to create a culture that encourages our members to save and build wealth and avoid the downward spiral of debt," said U.S. Undersecretary of Defense David S. C. Chu in an Oct. 17, 2007, memorandum. "We know that financial readiness affects military readiness by reducing stress that can distract from the mission."

"Changing our financial culture is a formidable task and requires everyone to take personal responsibility for adopting a 'military saver' lifestyle," he added.

Orman's appearance at Fort Dix is scheduled to be broadcast on CNBC to coincide with Military Saves Week 2008, which runs Feb. 24 through March 2.

"I am so happy we were able to get her here to stress these points to the Soldiers," said Bobby Brown, Personal Finance Management/Army Emergency Relief officer with Fort Dix ACS.

Brown deals with Soldiers in need of financial assistance on a daily basis, including many National Guard and Reserve troops who have been mobilized for active-duty service.

"At that point, life changes," he ex-

(continued on page 3)

## Conference opens door to Annual Training

Carolee Nisbet  
Editor

From Soldiers just returned from Iraq to new organizations planning their first Annual Training, Timmermann Center hosted a crowd Jan. 12 to help units plan and schedule training for 2008.

More than 200 persons representing units from the National Guard, Reserves, Air Force and Marines gathered in the auditorium for an overview of services and facilities offered on Fort Dix.

The conference is an annual event that has gained in importance in recent years as competition for limited range and training resources increases due to mobilization.

Annual Training (AT) has also expanded to include mobilization preparation for units slated to deploy, again increasing demand for resources.

"We've seen a lot of changes here," said Col. Ronald Thaxton, Fort Dix commander. "Please, ask questions, and take this information back to your units. Everything works better when you know what to expect."

Post Command Sgt. Maj. Bonita Davis reminded the crowd that April 30 -- usually before the majority of units hit Fort Dix for AT -- is the deadline for the transition from Battle Dress Uniform to Army Combat Uniform.

Subject matter experts then took over the session.

John Piper, from the Training Management Division, outlined for the group the one-stop shopping available for billeting, food services, GSA vehicles, water and waste disposal, ammunition, fuel, ranges, training areas, bivouac sites, radio frequencies and services from the Training Support Center.

Piper ran through procedures on scheduling ranges and services, and spoke on available schools.

Additional services were outlined by representatives from Information Management, the Chapel, medical services, human resources and Morale, Welfare and Recreation.

Opportunities extended into the afternoon with specialty breakout sessions on Military Occupation Specialty qualification, and the training exercises Platinum Wrench and troop construction.

## Got a question? Need to know? Town Hall Meeting is place to go

Are you concerned about changes on Fort Dix? Do you need answers to your questions about Base realignment and closure, the future of training and other issues?

The Fort Dix Town Hall Meeting at Timmermann Center is the place to be Feb. 6 for answers and information. The session will start at 3 p.m., and

To date, this quarter's agenda includes:

- An update on the Fort Dix Offsite held late last year to review the installation mission, by Col. Ron Thaxton, Fort Dix commander.

- A winter safety briefing by Leo Falanga, Director of Public Safety.

- A United Communities Housing and construction update.

- Recognition of the results of the Organizational Inspection Program by Lt. Col. Roger Colton, deputy commander.

- Organizational Self-Assessment results, presented by Col. Thaxton.

The presentations will be followed by an open mike question and answer session. Questions may also be submitted in writing in advance to Andre Mixon at [andre.mixon@us.army.mil](mailto:andre.mixon@us.army.mil).

Topic suggestions for future Town Hall sessions are also welcome, and may be sent to the same address.

# Miller takes First Army command, Honoré retires

Phil Manson  
First Army Public Affairs

Saying that First Army is "about continuing its tradition of forging relationships" between the training brigades, garrisons and the Reserve Component Troops training to fight the war on terror, Lt. Gen. Thomas G. Miller assumed command of First Army during ceremonies held at Fort McPherson, Ga., Jan. 11.

Miller, a career Soldier with 34 years of service, comes to command of First Army from U.S. Army Forces Command (FORSCOM) where he oversaw all operations, plans and training for Soldiers stationed in the contiguous United States, Puerto Rico and the Virgin Islands. He replaces Lt. Gen. Russel L. Honoré, and is the 34th commanding general of First Army.

According to Miller, those 34 years are what has prepared him for command of First Army.

"Being the G-3/5/7 of FORSCOM gave me a unique opportunity to understand the complexity of, and to synchronize, the entire Army while at war," Miller said. "First Army was a major piece of that effort."

"But, it's better to understand that my preparation for this command began 34 years ago as 2nd Lt. Miller. It is the cumulative effect of operational assignments throughout my career where the mission was training for war, which is the First Army mission - it wasn't one particular assign-

ment. I figure it takes about 34 years to get ready to assume the responsibilities inherent in the command of First Army."

"Our Reserve Components (RC) are Citizen-Soldiers." Miller stated. "That is not only their ethos, but it is what our nation has directed. We must

"I will have laser focus on the training of our standard of RC leaders and formations for combat," explained Miller. "First Army will continue to forge and strengthen our partnerships with our RC leaders and Soldiers. At the end of the day, though, Miller sees himself as just another Soldier."

"I'm just a Soldier who has stuck around long enough to get a great command," joked Miller to his subordinate commanders Jan. 10 as he introduced himself during the First Army Commander's Seminar. "But seriously, I believe in a decentralized environment. I'm going to do my piece of the pie, and you're going to do yours. Now, we have to get after it and forge those relationships."

"When a brigade combat team comes to your mobilization training center, you have that lieutenant or captain or commander, left, hosted the First Army Change of Command ceremony alongside Lt. Gen. Thomas G. Miller who salutes his new command.



First Army Photo

**WINDS OF CHANGE** -- Gen. Charles C. Campbell, U.S. Army Forces Command commander, left, hosted the First Army Change of Command ceremony alongside Lt. Gen. Thomas G. Miller who salutes his new command.

have the RC contribution in order to fight -- the Active Component cannot do it alone. As such, we are asking more of our RC on a sustained basis than ever before in our history. That persistent demand strains the Citizen-Soldier framework. My task is to develop a strategy that brings the Citizen-Soldier framework in balance with the demands of the nation."

That lieutenant or captain or commander wants his Soldiers to get the toughest, most realistic Theater Immersion training possible so they can successfully complete their mission and return home safely. First Army's reputation for world-class training is well-known throughout the Army. It is a reputation earned through hard work, long hours and attention to detail.

Finally, Miller, the Soldier who prepared for 34 years to command First Army, gave his commanders their new marching order.

"Just keep doing what you're doing and our Citizen-Soldiers will be in great shape," Miller said.



## Army joins nation in honoring American legend *King challenged Americans to live up to country's ideals*

Steve Snyder  
Public Affairs Staff

He was born on Jan. 15, 1929 but we celebrate his birthday every third Monday in January. Martin Luther King Jr. Day is a national holiday. And it commemorates a man well known and loved by baby boomers who grew up in his era of influence.

King's life and work were the culmination of two centuries of struggle for equal rights by African-Americans in this country. A Baptist minister by training, King became a civil rights activist early on, leading the Montgomery Bus Boycott and becoming one of the founders of the Southern Christian Leadership Conference (SCLC).

His "I Have a Dream" speech during the 1963 March on Washington electrified the nation, galvanizing much support for the civil rights movement.

In 1964 King became the youngest person to win a Nobel Peace Prize in recognition of his efforts to end segregation and racial discrimination.

Martin Luther King Jr. was assassinated on April 4, 1968, in Memphis. Years wore on and more and more people came to mourn King and what he accomplished. In 1977 President Jimmy Carter posthumously awarded him the Presidential Medal of Freedom. In 1986, Martin Luther King Day was written into law as a national holiday in the U.S. And in 2004 King was posthumously awarded a Congressional Gold Medal.

Unfortunately, the extraordinary success of the civil rights movement, mainly guided by King, was never fully recognized in its hours of triumph, notably with the passage of the Voting Rights Act in 1965 and the Civil Rights Act of 1964.

Perhaps the secret of his success was in never attacking American ideals or burning flags, etc. King simply asked Americans to live up to those ideals so admirably expressed in the Declaration of Independence and the Constitution. That was enough for Dr. King and those who loved him.



**CONFRONTING POWER** -- Martin Luther King speaks with President Lyndon B. Johnson in the Oval Office at the White House in 1963 shortly after President Kennedy was assassinated. King pushed the Johnson administration, organizing and leading marches for blacks' right to vote, desegregation, labor rights and other basic civil rights, most of which were enacted into law with the passage of the Civil Rights Act of 1964 and the Voting Rights Act a year earlier.



**GOSPEL OF FREEDOM** -- King led many protest marches and his enemies retaliated. On one occasion his home was bombed, on another he was beaten and he also spent some time in jail, above. In his "Letter from a Birmingham Jail," on April 16, 1963, King explained that "I am in Birmingham because injustice is here... and I am compelled to carry the gospel of freedom beyond my home town..."



**AMERICAN DREAM** -- Dr. King delivers his famous "I Have a Dream" speech to 250,000 people during the historic March on Washington in March 1963. King dreamed that "one day this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident: that all men are created equal'... I have a dream that one day on the red hills of Georgia the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood... I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character... Let freedom ring... in the words of the old Negro spiritual, 'Free at last! Free at last! Thank God Almighty, we are free at last!'"



**LIGHTER MOMENT** -- Martin Luther King Jr. shares a laugh with black militant Malcolm X. While King was a pacifist who preached nonviolence, Malcolm became a leader in the Nation of Islam, rejecting white allies in favor of armed self-defense and eventually inspired many in the Black Power movements. Malcolm derided the notion that civil rights reforms could be gained by non-violence. "Revolution is bloody, revolution is hostile, revolution knows no compromise, revolution overturns and destroys everything that gets in the way," he insisted. For his part, King said "I have often wished that he would talk less of violence because violence is not going to solve our problem." But after visiting Mecca in 1964, Malcolm dropped racial hatred and moved toward orthodox Islam before being gunned down the next year. Both men achieved martyrdom, then, becoming legends in their own time.

## Sir Hillary kept 'high' adventure alive

Sir Edmund Hillary died of heart failure at the Auckland City Hospital in his native New Zealand on Jan. 11. He was 88 years old.

Accompanied by his Sherpa guide, Tenzing Norgay, Hillary gained fame by becoming the first to scale to the summit of the world's tallest peak, the 29,035-foot Mount Everest in 1953.

Towering above the border between Nepal and Tibet in the Himalayan mountain range, Mt. Everest had been discovered about a century before by British surveyors.

But nobody had climbed it. Many climbers considered the highest point on earth to be impossible to mount. The summit was five and 1/2 vertical miles above sea level (equivalent to about 20 Empire State Buildings) adjoining crevasses where 100-mile-an-hour winds whipped through.

Human brains and lungs, furthermore, did not function properly breathing air that was so thin and cold.

But Hillary and Norgay did it on May 28, 1953, carrying their own breathing apparatus while eating and sleeping sparingly.

"Well, George, we finally knocked the bastard off," Hillary remarked upon his return to base camp.

Hillary went on to other expeditions, reaching both the North and South Poles while maintaining ties with Norgay and other Sherpa friends.

Adventure was his passion and Everest his memorial.



**CLIMBING HIGH** -- Edmund P. Hillary and Sherpa guide, Sarder Tenzing Norgay take a breather after climbing Mount Everest in 1953. They had to walk 170 miles from Katmandu (see map) just to reach the Everest region.



Mt. Everest in the Himalayas

-Steve Snyder

## the Post

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# Active First helps Army meet goals

WASHINGTON, Army News Service, Jan. 11, 2008 — During a press conference Thursday at the Pentagon, the Army's senior leader said the National Guards' "Active First" program has contributed to the Army staying on-target to reach recruitment goals.

"Last month we announced our plans to accelerate end-strength growth to achieve our 74,000 increase by 2010," said Secretary of the Army Pete Geren.

"We're on track to meet that goal. And if trends continue, we will exceed it. Active First deserves growing credit for helping us meet that goal."

More than 500 recruits have enlisted under Active First since the pilot initiative began Oct. 1. Under the program, young men and women are recruited by the National Guard to complete a term of service in both the Active and National Guard components of the Army. Those recruits are paid bonuses based on the duration of the active service commitment they choose to accept.

Secretary Geren has set a goal of 1,600 enlistments for the program in Fiscal 2008. Lt. Gen. Clyde A. Vaughn, director of the Army National Guard, said he believes the service will have no trouble meeting that goal because of the trust the American public has in the

National Guard and because of the care the Army provides to its Soldiers.

"The Secretary has tasked us with a goal of 1,600 and that is not going to be hard," he said. "It's about trust, it's about reaching out with that big force that we have got out there with recruiters and recruiting the home team. The big thing about the National Guard, the big thing about the Army, is we want to take youngsters and put them up on that first step and help them all the way through. That's where you get the private, personal mentorship and the care to make sure that you graduate and come out the other end."

Four Soldiers who enlisted under the Active First program attended the press conference. Those Soldiers include Pvt. Michael Raleigh Fehl, of Porter, Minn.; Pvt. Damien L. Jones, of Jennings, Mo.; Pfc. Matt Miller, of Overland Park, Kan.; and Pvt. Jonathan Wight, of Lavonia, Ga.

Secretary Geren said those Soldiers represent both the relationship between the National Guard and the Army; and what the National Guard is capable of doing with its strong community ties.

"These recruits exemplify the best of Active First — they are the people behind the num-

bers," he said. "Active First is a great partnership; it shows we are one Army — the National Guard and Active components working together. The National Guard is helping recruit people to help grow the all-volunteer force. It has its own contacts in the community all over America, and it is these contacts, and the trust the communities of America have in the National Guard, that has enabled this

partnership to be so successful. It's bearing great fruit for our total Army."

A career path for a Soldier under the Active First program might begin with six months in a National Guard unit in his or her hometown.

The Soldier would then enter basic training followed by 30, 36, or 48 months of active duty. At the completion of active-duty service, Soldiers return to their National Guard unit and serve one weekend per month and two weeks a year until they complete a total of eight years of military service.

Depending on their choice of active-duty service time, a Soldier could receive bonuses totaling as much as \$60,000. In November, Pvt. Wight enlisted under the Active First program. He chose a 36-month tour in the active Army and will train as a military policeman. He said one of the reasons he chose to enlist is the opportunity it affords him to serve his country. But he also said the Army was simply the best deal of the options he explored. "After I checked out the real world, the Army was number one on my list," he said. "There are so many things the Army is doing as far as bonuses, training and equipment. I mean, it's a hundred billion things."

Another benefit Wight focused on while making his decision to enlist was the support both the Army and the National Guard would provide to his growing family. He and his wife Jessica raise their daughter together and have another child on the way. "The Army is going to take care of me and them as well," he said. "It means a better lifestyle for our family."

**The Army estimates about 30 percent of Soldiers enlisting under the program will choose to remain on active duty. Soldiers enlisting in the program may choose from more than 50 different military occupational specialties, ranging from infantrymen to administrative positions.**

Wight also said he knows his service in the Army will provide benefits for him even after he takes off the uniform for the last time.

"I chose the military police, and they will give me the best training possible," he said. "After that, if I decide to get out, I can put my resume in anywhere and go from there. That was one of the number one things. Plus, you just can't find everything the Army offers anywhere else — I wouldn't trade it for the world."

Pvt. Fehl ships out for Army basic training Jan. 30. He chose the 30-month option for active service and will train to work in field artillery. While impressed with the opportunities the Army offered him, he said family history had a lot to do with his decision to enlist.

"My grandpa served in World War II," he said. "Before that, his dad was in. And my dad was in, too. We just have a lot of history in the Army. I just kind of want to make my family proud and to follow in the footsteps of everybody else."

Another opportunity influencing Fehl's decision to enlist was the chance to leave his hometown of Porter, Minn., with a population of only 300 and a scarcity of good job opportunities. "I mean, I kind of wanted the experience — to go out, to get out of a smaller town like Porter — it's 300 people, you know? There's not too many jobs a guy can get around there," he said. "I wanted to join the military, and I got out of my town. I got the best of both worlds."

Sgt. Jared Golde, Fehl's recruiter, said stories like Fehl's are common. "When you are in a small town, like up in Porter, there really are no active-duty installations around," he said. "So the National Guard is kind of the primary military that is visible. Then you get families like Mike's. They have multiple generations of active service and they want their son to be part of that family history."

The Active First program, Sgt. Golde said, has helped him as a recruiter because it allows him to offer something other services cannot. "Some of the active-duty service commitment the program offers — 30 or 36 months, for instance — are less than what the active duty side can offer," he said. "They can serve for only two and half years and then get to come back home — that's usually not an option for most branches. And not only do they get exceptional training as a result of their service, but they also receive a large bonus."

## Financial guru offers advice for fiscal foxholes

(continued from page 1) —plained. "You're going to get paid whatever your rank is. You have to make a big adjustment."

"You must make a lifestyle change once you're activated," she added.

Changing one's lifestyle to achieve financial freedom is something Orman advocates.

"The more money you make, the more money you spend, that needs to change, and that needs to change today," she said.

"It is your duty to make sure you give as much attention to your money as you do your mission."

"When you do it with your heart and you do it with integrity, you can accomplish anything," she added.

Heart and integrity are traits with which many of the audience members are familiar, and most seemed pleased with the opportunity to spend time with

Orman. "I'm really familiar with her strategies and tips, but to hear it live, it has a different impact on you. She's very motivating," said Pfc. Leon Weathersby, Fort Dix Warrior Transition Unit.

"I thought it was an outstanding event," said Air Force Lt. Col. Troy Sanders, McGuire Air Force Base comptroller.

"We have a responsibility for our financial security. It's part of being a good military member."

"This would be very helpful for the younger Soldiers who are piling on debt," said Staff Sgt. Franklin Peterson, 191st Military Police Company.

"A lot of civilians think military (members) make a lot of money. That's just not true," explained Patricia Arnold, a retired civil servant. "More people should think about their future than about today."



Ed Mingin

**THE ULTIMATE ADVICE** — Lt. Col. Roger Cotton, Fort Dix deputy commander, presents financial advisor Suzee Orman with a picture of the Ultimate Weapon, the symbol of Fort Dix. Orman visited Dix's Timmermann Center Jan. 11 to promote her book, "Young, Fabulous and Broke," and offer financial strategies to a standing room only crowd of service members.

### Fort Dix

### Weather Hotline

Call 562-4065 at 6 a.m. daily for information on weather delays

# NEIGHBORHOOD

## THE CORNER

### ACS, RE/MAX to host real-estate agent seminar

Army Community Service, in partnership with Operation RE/MAX, will present "Becoming a Real-Estate Agent" today from 9 to 11 a.m. in Bldg. 5201 Maryland Avenue.

The seminar, hosted by broker/owner and former military crew chief Joseph A. Trela, is open to military spouses, active, retired, and veteran service personnel.

Topics for the seminar will include the requirements, costs and time involved with becoming a real-estate agent, as well as answering questions about referral agents and working from home. A question-and-answer session will follow the presentation.

For more information or to register, call Rod Martell at 562-2186. Seating is limited to 20 attendees.

### Thrift Shop cashier position available

The Fort Dix Thrift Shop cashier position is available, offering both part-time hours and an opportunity to work with a great group of volunteers! The cashier is responsible for working with the customers, merchandising and running the cash register. Previous cashier experience would be helpful but is not necessary. If you are interested, stop by the Thrift Shop located at 6501 Pennsylvania Avenue during normal business hours, or call Sylvia at 723-2683 or send e-mail to fort dixspouseclub@comcast.net.

### Alcoholics Anonymous meetings held weekly

Part of the mission of the Army Substance Abuse Program is to support 12 Step Programs in the community. There are two Alcoholics Anonymous meetings on Fort Dix.

Each Tuesday night at Bldg. 9013 is a closed meeting for members from 7:30-8:30 p.m. On Thursday nights, there is a meeting at the Main Chapel from 7-8 p.m. (use the 8th Street parking lot entrance; the meeting is in the lounge near Fellowship Hall).

There is no cost except the desire to stop drinking behaviors that are harmful to self and others. If you or someone you care about needs help, these meetings are ANONYMOUS. For more information, call 562-2020 or 4011, or stop by Bldg. 5203.

### Volunteers needed for speaking engagements

The Fort Dix Public Affairs Office is looking for officer and senior NCO volunteers to help us in our community relations efforts by becoming part of our speaker's bureau. All that's needed is enthusiasm, personality, the ability to read and engage the audience.

Please call Gerry Zanzalari, Fort Dix Public Affairs, at 562-4034 for more information.

So if you have the availability and desire to connect with our neighbors and bring a personal touch to the Fort Dix community, please call Gerry Zanzalari, Fort Dix Public Affairs, at 562-4034.

### State to offer Army retiree license plates

The Fort Dix Retiree Council would like to solicit your help in supporting the N.J. Retired Army Retiree License Plate Initiative.

To apply for the New Jersey Retired Army plates, a minimum of 150 applicants are required. There is a fee of \$15 for each set of license plates per car.

To apply, call retired Command Sgt. Maj. Walker at 351-5020, retired 1st Sgt. Tamayo at 670-3586, or the RSO at 562-2666. Information needed is name, rank, address, and current license plate number.

Checks and money orders should be made payable to the Fort Dix Retiree Council. Only N.J. residents can apply.

### Training brigade looking for experienced Soldiers

The 72nd Field Artillery Brigade is looking for experienced Soldiers to become trainers for service members mobilizing through Fort Dix. For more information on necessary qualifications, call the Brigade Recruiting and Retention Team at 562-3309 or send e-mail to DIVEAST72FAB-DEREUP@usarmy.mil.

## Martin Luther King Jr. remembered

Wayne Cook  
Public Affairs Staff

Members of Fort Dix, McGuire Air Force Base and local communities gathered to remember and celebrate the life and accomplishments of civil-rights and equality champion Dr. Martin Luther King Jr. Jan. 10 at Club Dix.

More than 200 Soldiers, Airmen, and civilians enjoyed lunch as they were entertained by the Pleasantville High School Junior Reserve Officers' Training Corps (JROTC) Drill Team and listened to a rendition of Wind Beneath My Wings by Ernest Daniels of the Human Resources - Military office.

Also participating in the remembrance celebration were four students - Lysandra Tatum, Sierra Grmek, Devan Holliday and Johari Garnet - who recited King's "I Have A Dream" speech, the Pemberton High School JROTC Color Guard, and Bryan Pitt, a local businessman from Burlington, who sang the National Anthem.

The guest speaker of the day was the Rev. Dr. Christopher Curry, senior pastor at Ezion Fair Baptist Church in Wilmington, Del. Originally from the inner city of Philadelphia, Pa., when Curry was a young man he was told that he should take up a trade because he was good with his hands, and that would be the only way that he could make his living. Before he could buy into that lie, one of his teachers refuted the proposition that he wasn't smart and couldn't do better for himself. She challenged him to stick with and further his education because she knew it would be fundamental to his future.

Many years and five degrees later, Curry has had the privilege to mold and mentor young college students and their intellectual curiosity. He has served as the dean of students and director of student life at Strayer University, Delaware State University, Berkeley College, Delaware Valley College, and Lincoln University. He has also authored many books includ-



photos by Wayne Cook

**LEGACY** - Col. Larry Boyd, deputy commander for mobilization, right, presents an *Ultimate Weapon* plaque to the Rev. Dr. Christopher Curry, special speaker at the Martin Luther King Jr. Day luncheon at Club Dix Jan 10.

ing "School Violence, A Perception On and Solution To" and "A Will To Live."

He holds a bachelor's degree from Lincoln University; a certificate in elementary education from West Chester University; a master's degree in education leadership from Chaney University; a master's degree in divinity from Eastern Theological Seminary; a doctorate in education leadership from LaSalle University; and a doctorate in ministry from United Theological Seminary.

Curry opened with a reminder to the audience that the pursuit of equality and justice for all is not over, but an ongoing endeavor. He said some progress has definitely been made, but there is still a long way to go.

"We can no longer act like we are not racist and still be racist," he said. "We have not overcome, but I have faith we will arrive."

Curry reminded those assembled that King once said, "We must never forget, we must never sit and let justice go undone. Injustice anywhere is a threat to justice everywhere." After speaking on some of the advances made in equal rights and civil rights, Curry asked the crowd, "Are we so comfortable where we are that we forget where we came from? Many say today's generation is lost, but I say it is not lost, it has been left behind. Where are the mentors for the young children and youths today?"

He reiterated that the young people of today need guidance, love and

direction from the older generation more than ever before.

"I want to challenge everyone to educate themselves on what is going on in their communities. It is not too late to educate yourself. You cannot just educate yourself without educating those behind you," he said.

Curry issued a second challenge to the people in attendance: "Never forget the struggle, because when you forget the struggle you become comfortable and forget that someone had to die to get you to where you are now."

Curry then issued his third challenge.

"Never forget God, never forget God, never forget God," he declared.

When Curry finished his speech, everyone in the ballroom rose to his or her feet and gave him a thunderous ovation.

Col. Larry Boyd, deputy commander for mobilization, and Fay Marshall-Dease, who chairs the Martin Luther King Jr. committee, presented Curry with tokens of appreciation.

Attendees enjoyed the day's celebration, and some took a moment to share what they thought and felt.

"It was really wonderful. I come every year and each year it gets better and better. I really enjoyed the speaker and the drill team," said Sgt. 1st Class Marcia Jackson, a member of the Non-Commissioned Officer Academy staff.

"Martin Luther King Jr. Day reminds me that there is hope, and change is going to come. I wasn't born before he was assassinated but I have seen some of the changes that have happened since he died," she said.

I thought it was great. Martin Luther King Jr. Day means freedom and things are getting better. Dr. King started some things, and because of him I have had many more opportunities in life. My children have had so many more opportunities also because of him. He started a wonderful thing," said Rose Woods, of Willinghamboro.

## New bags boon for customers, environment

Shawn Morris  
Public Affairs Staff



Shawn Morris

**IT'S EASY BEING GREEN** - Air Force Staff Sgt. Donald Flowers, 305th Services Squadron, McGuire Air Force Base, left, receives his groceries in a reusable, environmentally friendly bag from Shaddai Giddens, a cashier at the Fort Dix/McGuire Commissary.

good stewards of taxpayer funds," said Rick Page, DeCA's acting director. "and with reusable shopping bags, we're applying the same sort of thrifty approach to how we use the earth's natural resources."

Customers at the Fort Dix/McGuire Air Force Base Commissary can now "go green" without putting themselves in the red by purchasing reusable, environmentally friendly shopping bags.

The Defense Commissary Agency's (DeCA's) new bags are made of sturdy mesh, sewn together from 100-percent polypropylene. They are strong enough to hold 30 pounds of groceries and approximately three-quarters of the bulk amount of a paper bag. The bags are machine-washable and can be recycled when no longer usable.

Best of all, they only cost 70 cents per bag.

"As (the customers) check out, they can ask the cashier for an environmentally friendly bag," explained John Zoubra, store director. "It's a win for the environment, it's a win for the customer, and it's a win for us."

Reusable cloth bags are fast replacing both paper and plastic bag. Since the new bags were introduced in October 2007, nearly 270,000 have been purchased at commissaries worldwide, including more than 1,000 at the Dix/McGuire Commissary since Dec. 1, 2007.

"Commissaries have long been

"Paper bags and plastic bags are two of our most consumed and expensive items," noted Zoubra.

Customers always have the option of using their own reusable cloth bags; however, all recycled bags must be clean and in good repair or the bagger cannot accept them. Whether you provide your own bags or return to your commissary with your DeCA cloth bags, just present them to the bagger immediately before bagging begins.

For more information about your commissary benefit, visit DeCA's Web site at <http://www.commissaries.com>.

(Editor's note: Portions of this story were borrowed from a Jan. 17 DeCA news release.)

## Bulb program sheds new light on saving energy

David Moore  
Public Affairs Staff

When a couple of electrical workers from the Regional District of Public Works (RDPW) flipped a light switch this past week, they were turning on the savings.

Gene Carlson and Bob Smith received a worker order to repair outdoor lighting at the Fort Dix Public Affairs Operations Center, Bldg. 5165. In their hands, they were holding five new 19-watt Compact Fluorescent Light (CFL) bulbs that will give off light equivalent to that of old-style, 75-watt incandescent bulbs.

Carlson said the PAOC was the first to get the energy saving bulbs. These bulbs have an average lifespan of seven

years. The changeover from incandescent bulbs to CFLs is expected to save the installation money as a result of using less energy.

"While these bulbs cost a little more than the standard bulbs, they do represent a cost savings over the long haul."

The government's Energy Star home page reads that each bulb

saves \$30 or more during the life of each bulb. The bulbs also give off 75-percent less heat compared to traditional bulbs.

The bulb-replacement program is expected to continue as incandescent bulbs burn out across the post. RDPW is conducting an energy audit to reduce energy costs across the entire

INCANDESCENT LIGHT BULBS	MINIMUM LIGHT OUTPUT LUMENS	COMMON ENERGY STAR QUALIFIED LIGHT BULBS
WATTS		WATTS
40	450	9-13
60	800	13-15
75	1,100	18-25
100	1,600	23-30
150	2,600	30-52



David Moore

# MILITARY MATTERS

## Training triumphs over wintery weather conditions



Sgt. Tim Sander, 215th Mobile Public Affairs Detachment

**WORKING IN A WINTER WONDERLAND** - Members of the 251st Military Police Company out of Lexington, Tenn., above, return to their tents during mobilization training Jan. 15. Sgt. Michael Barrick of the 352nd Military Police Company, an Army Reserve unit out of Rockville, Md., right, yells a command to his fellow Soldiers during Improvised Explosive Device (IED) training at Fort Dix's Range 86. His unit performed the Individual Movement Technique (IMT) portion of the training. The IMT is an obstacle course where Soldiers have to navigate through elements to reach the finish line without setting off any mock IEDs. Spc. Eric Blake and Spc. Nathan Barsberger of the 352nd Military Police Company below right, stay on alert during Improvised Explosive Device training. The unit is currently at the installation preparing for an upcoming Global War on Terrorism mission.



Sgt. Tim Sander, 215th Mobile Public Affairs Detachment

**ICE, ICE, BABY** - An ice sculpture depicting the Fort Dix Ultimate Weapon greeted Soldiers at the dining facility in Bldg. 5640 Dec. 21, 2007, prior to their departure for the holiday exodus. The ice sculpture, provided by Sculpted Ice Works of Lakeville, Pa., was made out of clear ice with chainsaws and chisels. Spc. Alexandra Hamilton and Spc. Cherise J. Fowler, 278th Military Police Company out of Augusta, Ga., from left above, take a bite out of snowballs during a break from mobilization training Jan. 15.

Pascual Flores



photos by Ryan Morton

## Law restricts service members' involvement in political activity

Chris Rasmussen  
Army News Service

**FORT JACKSON, S.C., Jan. 15, 2008** - As the election year kicks off, there are many questions concerning Army policies that restrict both political activities by Soldiers and Department of Defense Civilians, and candidates' use of DOD facilities for political events.

According to Army Regulation 360-1, political candidates are prohibited from using military installations for political assemblies, meetings, fund-raising events, press conferences or any other activity that could be construed as political in nature.

"Once a candidate declares, registers, etc., that portion of the guidance applies," said Ed Spells, chief of policy and doctrine, Army Public Affairs Center. Members of Congress, even if they are up for reelection, may visit Army installations to receive briefings, attend official events and receive tours.

Candidates who are not members of Congress may be given the same access to installations as any other visitor. Prior to visiting an installation, all political candidates must be informed that all political activity and media events are prohibited. Candidates are not permitted to film or tape campaign commercials in front of military equipment or Army installations and facilities. Army support to political meetings, ceremonies or similar events, including Soldiers, bands and color guards, is also not allowed. In addition to restrictions on candidates, Soldiers and federal employees are also limited when it comes to political participation.

"The political campaign season is upon us, with caucuses and primaries busting out all over," said Col. Don-

ald Curry, U.S. Army Training and Doctrine Command staff judge advocate. "As Soldiers and federal employees, our activities in this regard are governed by federal law, Department of Defense directives and Army regulation.

"Active-duty servicemembers and federal civilian employees are encouraged to get involved in political activities and fulfill their obligations as United States citizens," he added. "However, certain political activities that create a real or apparent conflict of interest with their federal employment are expressly prohibited."

**"Active-duty servicemembers and federal civilian employees are encouraged to get involved in political activities and fulfill their obligations as United States citizens. However, certain political activities that create a real or apparent conflict of interest with their federal employment are expressly prohibited."**

Ed Spells, Army PAC

While serving on active duty or working as a federal employee, certain political activities and types of speech are prohibited.

Servicemembers may participate in local nonpartisan political activities as long as they are not in uniform and the activity does not require government property or resources, interfere with official duties or imply government involvement. But they must refrain from participating in political activities while in uniform or while wearing official insignias, according to Curry, and avoid activities prejudicial to the performance of military duties or likely to bring discredit on the service.

Soldiers on active duty and Army Civilians are prohibited from engaging in the following political activities:

- Using one's official authority to influence or interfere with an election; soliciting votes for a particular candidate or issue and soliciting political contributions from others.
- Running for the nomination or as a candidate for election, to a partisan political office or holding such political office to include state or local civil office.
- Participating in partisan political management, campaigns and conventions or making speeches before a partisan political gathering, including any gathering that promotes a partisan political party, candidate or cause.
- Attending partisan events as an official representative of the Armed Forces or serving in any official capacity as a sponsor of a partisan political club.
- Displaying large political signs, banners or posters on private vehicles.
- Promoting political dinners or fundraising events, distributing partisan political literature, or conducting a political opinion survey under the auspices of a political partisan group.
- Participating in any radio, television or other program or group discussion as an advocate for or against a partisan political party, candidate or cause.
- Soliciting or engaging in fundraising activities in federal offices or facilities for a partisan political cause or candidate, including selling tickets for political dinners and similar fundraising events.
- Making a contribution to, or receiving a contribution from, another member of the Armed Forces or a federal civilian employee for the purpose of promoting a political objective or cause, giving speeches, writing articles or providing public comments, which contain political material in one's capacity as a service representative.



Pascual Flores

## Premier students

The Fort Dix Chemical, Biological, Radiological, Nuclear Defense School graduated its first class of 2008 Jan. 15. The students are, from left, Sgt. Matthew Ulrich, Sgt. David Weiner, Spc. Kevin McKeown, Barbara Lamoreux (civilian), Sgt. Yush Thomas, 1st Lt. Erik Greenwood, Sgt. Francis DeVine and Sgt. James Contessa.

# Tank removal paves way for expansion

**Lisa Evans**  
Public Affairs Staff

Nearly 400 fuel oil tanks have been removed from Fort Dix soil in the past 15 years, with the latest removal in December 2007.

Ground radar led the Directorate for Public Works (RDPW) to believe 51 tanks were underground in the 6900 area, but 31 were found while rebar, concrete foundations and similar materials were found in 20 locations.

The area was once a group of barracks built in the 1940s and taken down to the ground following the Vietnam War. During the 1950s fuel oil tanks were put in to replace the old heating system. Every two buildings shared a tank, all of which were left underground when the buildings were removed.

Roger Aitken, environmental engineer for Directorate of Public Works said with nearly 400 tanks dug up and safely removed from around Fort Dix, this last dig went especially well.

"This job went really well — none of the tanks leaked. They were all 1,000-gallon fuel oil tanks and were in good shape," Aitken said.

At burial, the tanks were encased in concrete to help protect them and to greatly lessen leak incidents by preventing corrosion and rust from rupturing the tanks. Before removal, the tanks were pumped out — a mix of fuel oil and water — before being completely dug out and removed.

"All tanks were removed in accordance with New Jersey DEP (Department of Environmental Protection) and EPA (Environmental Protection Agency) regulations," Aitken explained.

"This involves excavating the top of the tank, removing any tank contents, removing the tank from the ground and performing soil sampling in order to ensure that a release has not occurred," Aitken added.

Some contaminated soil was encountered during the removal process.

"There was only oily dirt removed, but that was probably due to tank piping problems and overfill," Aitken said.

The soil was safely removed from the ground and placed on an asphalt slab near the One Mile Track. The clean and contaminated soils, concrete and asphalt were removed this past week by Safe Soil of southern New Jersey, who will encapsulate the contaminated soil and place it in a landfill.

Emily Nandam of Pars Environmental, Inc., was on site last week to finish testing contaminated soil and work on removing soil from the old basketball court at the One Mile Track. The basketball court was used to store clean and contaminated soil as well as broken concrete that had once surrounded the fuel oil tanks. Once the soil and concrete was removed for processing, Pars Environmental broke up the old asphalt basketball court to remove it for recycling.

The asphalt from the court will be recycled and returned to Fort Dix as a road base or other project base. The old tanks will be cleaned and recycled for use in industry per State of New Jersey Regulations. In accordance with New Jersey law, all tanks are subject to "Certificate of Destruction" which will be included in the final report Fort Dix will send to the New Jersey DEP later this month.

At a cost of approximately



photos by Robin Aitken

Several dozen out-of-service, 1,000-gallon fuel oil tanks were removed from the ground in December 2007 by workers from the Fort Dix Directorate of Public Works in an area near the One Mile Track. The tanks were removed in accordance with state and federal environmental regulations, and the soil was tested for contamination. A new Warrior Transition Complex is scheduled to be built in the area pending funding approval.

## Troops continue oil-spill cleanup efforts in Korea

**Senior Airman Steven R. Doty**  
8th Fighter Wing Public Affairs

**KUNSAN AIR BASE, South Korea, Jan. 15, 2008** — The smell of crude oil was still evident early Jan. 4 as 45 Soldiers and Airmen joined more than 150 workers and other volunteers as they started another day of beach cleanup after Korea's worst oil spill occurred a month ago at Mallipo Beach.

According to the South Korean Coast Guard, the accident occurred the morning of Dec. 7 when a crane-carrying barge lost control after a wire linking it to the tugboat was cut due to high winds, waves and currents. The vessel then slammed into the Hebei Spirit oil tanker.

A total of 66,000 barrels (2.7 million gallons) of crude oil spilled from the crane barge and washed on shore. The cleanup involved 13 helicopters, 17 airplanes, 327 vessels and over 200,000 workers, including the U.S. servicemembers from around South Korea.

Air Force Tech. Sgt. Jason Rosenbaum, a fireman with the 8th Civil Engineer Squadron, led the Wolf Pack volunteers to Mallipo.

"We were not able to get there for the initial cleanup when the sea was black, but this work (cleaning oil from rocks) is just as important to not only the environment, but to the way of life for the surrounding communities," said Rosenbaum.

Rosenbaum said a large amount of people expressed their desire to help, so he took the necessary steps to get Soldiers and Airmen

involved. "The South Korean government and its people have been so generous and we wanted to give back the best way we could," he said. "A disaster like this is devastating and requires many hours of work and lots of help. We had over 70 volunteers, but we were only able to bring 45. It was nice to see that so many people wanted to help."

The effects of the oil spill threaten fish farms along an 11-mile stretch of scenic and environmentally-rich coastline, 181 maritime farms and more than 4,000 farmers.

The spill also has an economic impact on the summertime season as Mallipo Beach is the most popular tourist attraction in South Korea, averaging about 20 million tourists last year. Thus, the help received in the cleanup process can have enormous impact on so many levels.

Mallipo Beach representatives said they have received countless volunteers and aid in the cleanup process, but understand that it is a very long and tedious process that counts on everybody. From volunteers offering to clean up, to those that hand out free coffee and snacks to the workers, every effort counts and brings the beach and community that much closer to life.

Staff Sgt. Christopher Vine, Charlie 144 Patriot Battery, said he was excited and humbled to be a part of the experience.

"Coming to Korea was a great chance to work with and support the local community," he said. "We were honored to work side by side in the hopes of making a difference to the community of Tacan."

**"It was great to know there was another way we could help our host nation and build a stronger relationship with the Airmen of the 8th Fighter Wing at the same time."**  
Air Force Staff Sgt. Christopher Vine



Ryan Morton



Ryan Morton

### Aiming for success

Sgt. William Rowlett, 251st Military Police Company, Tennessee National Guard, responds to enemy fire during a Base-Defense Operations training exercise at Fort Dix Jan. 15. He and his unit are currently at the installation preparing for an upcoming mission in the Global War on Terrorism.

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Women's Equality Day  
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Native American Heritage Month  
For more information call  
Denise Horton at 562-4011

# Contracting ace checks out after 20 years

Steve Snyder  
Public Affairs Staff

To put it in Shakespearean terms, parting is such sweet sorrow for Rosalind McFadden, contract administrator par excellence at Fort Dix's Directorate of Contracting (DOC).

McFadden leaves for a new and more lucrative contracting position at Aberdeen Proving Ground in Maryland this week, finishing 20 stellar years of service on Fort Dix. She says she'll miss the post and the people here. But she'll also carry away imperishable memories of her husband (who died here in 2001) and of the 78th Division with whom she served in the Army Reserve.

It's another milestone in the life of an Army professional who's served her country well.

"Roz has a lot to be proud of," insists Marvin Kastberg, director of the Army Reserve Contracting Center here.

"She started working in the Fort Dix DOC as a secretary (GS-5) and climbed up the promotion ladder to GS-11. During that time she also built a career in the Army Reserve and raised a family."

"I wish Roz the best of luck in her new position," concludes Kastberg.

Roz's immediate supervisor was Suzanne Edgar, chief of DOC's contract administration. She shares Kastberg's high opinion of their departing employee.

**Dedicated professional**  
"Although I have only known Roz since my arrival at Fort Dix's DOC in 2001, I feel as though I have seen the development of a truly professional contract administrator," Edgar informs. "Roz is one of the most steadfast, methodical and dedicated employees a supervisor could have. Her work ethic and dedication to the Army mission on Fort Dix is unparalleled. She will be missed by her Contract Administration Division family. We wish her well in all of her future endeavors," adds Edgar.

Contract Specialist Claudia Adams gives a different slant on McFadden. She looked up to Roz as a mentor and friend.

"Roz was the person who trained and mentored me when I first started working for the Fort Dix DOC Contract Administration branch in early 1999," recalls Adams.

"I was hired as a contract administrator intern and, since there was no formal training program in place, her efforts were strictly voluntary, based on her professionalism and dedication to duty, to see the entire mission of our branch succeed."

Adams continues.



Steve Snyder



courtesy photo

**CONTRACTING ELITE** -- Rosalind McFadden, left, contract administrator for the Directorate of Contracting (DOC) here, has been in the thick of her office's activities during the last two decades at Fort Dix. She leaves at the end of this week for an advanced position in contracting at Aberdeen Proving Ground in Maryland. On the right, above, McFadden, left in second row, poses with colleagues past and present who have made the Army Reserve Contracting Center at Fort Dix a force to be reckoned with in DoD. Joining McFadden in the photo are DOC stalwarts who still work here including Thomas Smith, property administrator, extreme left in the last row, Sandra Horner, right of McFadden, Suzanne Edgar, chief of contract administration, on the end at right of the second row, and the Director of the Army Reserve Contracting Center on Fort Dix, Marvin Kastberg, holding the plaque, second from left at the front.

"She took time out of her day, every day, to assist me. Her years of experience in contracting were invaluable to me. I wish her the best of everything and am glad to have worked with her and am proud to call her my friend," Adams says.

Adams' friend was born Rosalind Perry around 1955 in Philadelphia. Roz became heavily involved as a volunteer for various social and charitable organizations during her schoolgirl years at William Penn High School. She mentioned other students and was president of the home-school association, helping new students adjust to their school.

"If we had, we helped others, mother always told us," Roz recalls.

**Aspiring banker**  
Graduating from high school in 1973, Roz worked several years for the First Pennsylvania Bank in Philly, advancing in status from a clerk to senior loan manager. But life lacked pizzazz. Out of curiosity flowing from stories told by friends in the service, Miss Perry joined the U.S. Army in 1979, completing basic training and qualifying for a 71L MOS (administrative clerk) in AIT at Fort Jackson, S.C.

"Basic training was easy," Roz remembers, "but I hated the road marches in the cold."



courtesy photo

**TRIBUTE FROM A LEGEND** -- Maj. Gen. James W. Wurman, Fort Dix's commanding general from July 1988 - June 1991, presents Rosalind an award for her husband, 1st Sgt. Raymond McFadden, center, during the legendary commander's tenure here at Fort Dix.

But she doesn't intend to forget Fort Dix, her friends here, or the family history that haunts hallowed ground.

Mother, Soldier, wife, contractor: Roz wouldn't have had it any other way.

## Tax returns may be delayed in 2008

Nurit Anderson and  
Anne Kivelhan-Hill  
Fort Dix Legal Assistant's Office

With the ringing in of the new year, income-tax season is right around the corner and many taxpayers are anxious to file their taxes to receive a much-anticipated tax refund.

However, as a result of Congress passing the Alternative Minimum Tax (AMT) Patch Dec. 19, 2007, approximately 13-million taxpayers will have to wait longer than usual to file their returns.

The AMT was created in 1969 to make sure that a small group of very rich people did not totally avoid paying taxes by claiming too many deductions. Because the tax was not adjusted for inflation, more middle- and upper-middle-level income people are being subjected to the tax every year.

Fortunately, Congress responded by passing the AMT patch to keep the AMT from affecting more people. Without this fix, taxpayers subject to the AMT could grow from 4 million in 2006 to 25 million this year. While the AMT patch is a good thing, it will result in processing delays for taxpayers who use the following five tax documents in their returns:

- Form 8863, Education Credits

- Form 5695, Residential Energy Credits
- Schedule 2 (Form 1040A), Child and Dependent Care Expenses for Form 1040A Filers
- Form 8396, Mortgage Interest Credit
- Form 8859, District of Columbia First-Time Homebuyer Credit

The Internal Revenue Service (IRS) has targeted Feb. 11 as a potential starting date for receiving and processing returns that include these five documents affected by the AMT patch late legislation. This will allow the IRS enough time to update and test its systems to accommodate the changes.

Therefore, if you are one of the people affected by this tax law change, you will not be able to file your tax return until after Feb. 11.

Tax preparation can be a daunting task when you prepare your taxes, keep in mind what the IRS identified as the top 10 mistakes commonly made by taxpayers, which cost taxpayers millions of dollars, including substantial penalties and interest.

- Choosing the wrong filing status, whether Single, Joint, or Head of Household.
- Failing to include Social Security Numbers, or using incorrect numbers.
- Failing to use the correct forms and schedules when completing the tax return.



**TAXING** -- Anne Hill, left, prepares taxes for Air Force Master Sgt. David Harper and his wife Danette during the 2007 tax season.

- Failing to sign and date the tax return.
- Claiming ineligible dependents.
- Failing to file for the earned income credit.
- Improperly claiming the earned income credit.
- Failing to report and pay domestic payroll taxes.
- Failing to report income just because it was not included on a W-2, a Form 1099, or other form. This included income paid "under the table."
- Treating employees as independent contractors.

The Fort Dix Volunteer Income Tax Assistance (VITA) program trains its volunteer tax preparers to avoid these and other common mistakes and will begin scheduling appointments to assist with preparation and electronic filing of basic income tax returns in February.

This free service is comprised of volunteers who receive limited training from the IRS, and therefore more complex returns -- such as those involving rental property, private businesses, foregone income, and inheritance -- fall outside the scope of the VITA program.

If you choose to go to a private tax preparer, please watch out for refund anticipation loan offers. While these loans may get your tax cash in your hand a few days sooner, the loan terms and high interest rates can cost you much more in the long run! In fact, the Military Lending Act was recently passed in response to these loans and imposes a 36-percent annual-percent-age-rate ceiling on most payday loans, car title loans and refund anticipation loans made to military personnel and their families.

So, if you do take out a refund anticipation loan, be sure you know what you are paying and that your tax preparer follows the law!

If you have any questions or are interested in volunteering as a tax preparer or to provide administrative support, call the Legal Assistance Office at 562-3043.



courtesy photo

**ARMY PROFESSIONAL** -- Rosalind Perry joined the Army in 1979, completed basic training and AIT at Fort Jackson, S.C., spent a year at the Army Airfield in Savannah, Ga., before trucking on down to Fort Stewart, Ga., for two years, met and married Sgt. 1st Class Raymond McFadden at Fort Bragg, N.C., left active duty in 1982, but worked as a civilian at the 6th Army Headquarters at Presidio in San Francisco (her favorite location in the Army), kept up her military training in the Army Reserve spending time with the 108th Training Division at Lumberton, N.C., the 91st Maneuver Training Command (MTC) at Fort Dix in 1987 and then the 78th Training Division here, retiring from the Reserve as a Sgt. 1st Class in Oct. 2001. Below, Sgt. McFadden is promoted to Staff Sgt. at the Presidio.



courtesy photo

# Announcements

## Cinema Schedule

754-5139

McGuire Air Force Base

Friday, Jan. 18 @ 7:30 p.m.

**I Am Legend** - Will Smith, Alice Braga, Charlie Tahan, Salli Richardson-Whitfield, Willow Smith - Robert Neville (Will Smith) is a brilliant scientist, but even he could not contain the terrible virus that was unstoppable, incurable and man-made. Somehow immune, Neville is now the last human survivor in what is left of New York City, and maybe the world. But he is not alone. He is surrounded by "the Infected" - victims of the plague who have mutated into carnivorous beings who can only exist in the dark and who will devour or infect anyone or anything in their path. For three years, Neville has spent his days scavenging for food and sending out radio messages to find any other survivors. All the while, the Infected lurk in the shadows, watching Neville's every move, waiting for him to make a fatal mistake. Perhaps mankind's last, best hope, Neville is driven by only one remaining mission: to find a way to reverse the effects of the virus using his own immune blood. But his blood is also what The Infected hunt, and Neville knows he is outnumbered and quickly running out of time.

**MPAA Rating: PG-13 - intense sequences of sci-fi action and violence**  
Run time: 101 minutes

Saturday, Jan. 19 @ 7:30 p.m.

**The Golden Compass** - Nicole Kidman, Dakota Blue Richards, Daniel Craig, Sam Elliott, Eva Green - Lyla Belacqua (Dakota Blue Richards) is an orphan who lives happily in Jordan College, Oxford, playing with local boys and terrorizing the professors. However, when Lyla overhears scholars discussing a plot against her uncle, Lord Asriel (Daniel Craig), centering a mysterious substance called Dust, her curiosity is roused. Soon Lyla is in over her head as she uncovers a frightening plot and a whole new world of possibilities.

**MPAA Rating: PG-13 - sequences of fantasy violence**  
Run time: 113 minutes

## Future Features...

**Aliens vs Predator**

Friday, Jan. 25 @ 7:30 p.m.  
R, 94 minutes.

**Alvin and the Chipmunks**

Saturday, Jan. 26 @ 7:30 p.m.  
PG, 91 minutes.

## Chapel Services

562-2020

### Sunday Services

Protestant.....9-10 a.m.  
Catholic Mass.....10:15-11:15 a.m.  
Gospel.....11:30 a.m.-1 p.m.

**Camp Victory - Chaplain's tent**

**Hour of Power**.....8-9 a.m.  
Protestant.....8-9 a.m.  
Catholic.....8-9 a.m.  
Mormon.....8-9 a.m.  
Jewish.....8-9 a.m.

### Wednesday Services

Main Chapel

Protestant 7:30-8:30 p.m.

### Religious Services

Islamic Prayer room

open 7 a.m. to 4:30 p.m. Monday through

Friday - Room 24

Catholic Adult Bible Study

Sundays, 11:30 a.m.

Christian Women of the Chapel -

Bible Study - Tuesdays, 9:30 a.m. to noon

Christian Men of the Chapel -

Prayer Breakfast - Fourth Saturday of each

month, 9 to 11 a.m.

**Youth of the Chapel**

Every second and fourth Tuesday

7 to 9 p.m.

Jewish services available by request

### \*\*Special Event\*\*

Gospel Youth & Teen Ministry will hold their

11th Annual Black History Month Service

Celebration on Sunday, February 2 at 4 p.m.

Everyone is invited to attend, dinner will be

served.

For additional services or Religious Support

please call 562-2020

Religious materials are available at the JRC,

the Main Chapel, and Camp Victory

## MWR presents

World's Greatest Wrestling live!

Jan. 31, 6 p.m. at the Griffith Field House

Adults - \$7 Children 5 to 12 - \$5

Children under 5 - Free

Tickets can be purchased at MWR Headquarters,

Griffith Field House, Outdoor Recreation, and Arts

& Crafts starting Friday, Jan. 11

### Tea for Three

a one woman show that reveals intimate portraits

of three remarkable First Ladies: Lady Bird

Johnson, Pat Nixon, and Betty Ford. We will discover

each what of them thought about "the hardest

unpaid job in the world." Performed by Emmy

Award-winning, New York actress for 30 years in

film, television, Broadway and Off Broadway - Ms.

Elaine Bromka.

\$10 admission includes your choice of teas, coffees

and desserts. Don't miss this thought-provoking

perspective on the politics of love, devotion, and duty.

February 15 at Club Dix

Tickets go on sale February 1

## ACS Meetings

Monday, Jan. 21

Deployment Series: Parenting During

Deployment

6 - 8 p.m.

Fort Dix CDC

Wednesday, Jan. 23

Personal Financial Readiness

5 - 6:30 p.m.

ACS Bldg. 5201

Thursday, Jan. 24

Newcomers Orientation

9 a.m. - 2 p.m.

ACS Bldg. 5201

## Youth Center

562-5061

Bldg. 1279 Locust Street

Hours of Operation:

Tuesday - Friday from 2-7 p.m.

Saturday from 1-7 p.m.

Sunday & Monday CLOSED

Administrative Hours:

Tuesday - Friday from noon-6 p.m.

## Weekly Schedule

Friday, Jan. 18

Photo Club

3:45 - 4:45 p.m.

Power Hour Store

2:30 - 4:30

Computer Lab

4 - 6 p.m.

Key Club

4 - 6 p.m.

Career Mentoring

6 - 7 p.m.

Saturday, Jan. 19

Youth Center Closed

Teens and Middle School age ice

skating trip to Penn's Landing,

Departs at 1:30 p.m. and returns at

6 p.m. Cost is \$1.00

Monday, Jan. 21

Closed

Martin Luther King Jr. Day

Tuesday, Jan. 22

Power Hour

2:30 - 4:30 p.m.

Computer Lab

4 - 6 p.m.

Wednesday, Jan. 23

Sports & Fitness

3:45 - 4:45 p.m.

Power Hour

2:30 - 4:30 p.m.

Computer Lab

4 - 6 p.m.

Thursday, Jan. 24

Torch Club

3:45 - 4:45 p.m.

Power Hour

2:30 - 4:30 p.m.

Computer Lab

4 - 6 p.m.

## Dining Facilities

Bldg. 5610 Open Every Day

Breakfast 6-7:30 a.m.

Lunch 11:30-1 p.m.

Dinner 4:30-6 p.m.

Bldg. 5986 Open Every Day

Breakfast 6-7:30 a.m.

Lunch 11:30-1 p.m.

Dinner 4:30-6 p.m.

Meal Rates: Breakfast - \$2.10

Lunch - \$3.85 Dinner - \$3.85

## Helpful Hotlines

Family Advocacy

562-5200

Chaplain

562-2020

American Red Cross

562-2258

Army Emergency Relief

562-2767

Sexual Assault

562-3849

Victim Advocacy

694-8724

Child/Spouse Abuse

562-6001

Emergencies

911

Providence House hotline

871-7551

NJ Domestic Violence hotline

800 572-SAFE

Fort Dix Victim Advocate

562-2767

McGuire Victim Advocate

754-9672

## Arts and Crafts

562-5691

Bldg. 6039 Philadelphia Street

Hours of Operation:

Tuesday from 9 a.m. - 4:45 p.m.

Wednesday to Thursday from noon - 5

p.m. and 6 - 8:45 p.m.

Friday from 11 a.m. - 4:45 p.m.

Saturday from 9 a.m. - 4:45 p.m.

## Programs

Adult Craft Classes

6-8:30 p.m.

Jan. 3 - 31. Adult Introductory Painting Course-

(5 - Week Class) - \$25

\$5 pre-registration fee

Kids Craft Classes

2:30 - 4 p.m.

Jan. 12 & 26.....Kids Introductory painting

Class (3 - week Class) - \$25

\$5 pre-registration fee

for other classes call Arts & Crafts 562-5691

## Krafty Birthdays

Arts & Crafts offers Krafty Birthday Parties!

Parties include up to 2 hours of party room use,

one craft project with instruction and all materials,

with many exciting projects to choose from.

When making party reservations, please

make sure to stop by in order to select the craft

and make payment.

## Create A Critter

Discover a menagerie of adorable animals to

stuff, dress, and cuddle. From the basic teddy

bear to giraffes and lions, we've got them all!

Great fun for the whole family and you'll love

our low prices. It makes a great last-minute gift

idea, too.

## Hearts For Heroes

Show your appreciation for our active duty and

retired military. Come in anytime and paint a

small heart which will be given to a military

member. All hearts will be donated so there is

no cost to participate!

## Framing Qualification Classes

Oct. 17, 6 - 8:30 p.m.

Oct. 13, 9 - 11:30 a.m.

Get qualified to use this great facility and

equipment! You will complete one piece (cost

of which is not covered by registration fee)

about 8"x10" which you must supply as you

learn to operate the equipment. All materials are

available for purchase at the frame shop.

\$10 fee plus materials

## Frame Shop

Stop by to learn about all kinds of framing techniques. In no time you'll be framing your own photographs, paintings and posters.

## Read The Post!

## United Communities Housing Information

Leasing Office - 723-4290

Maintenance Office - 724-0500

Maintenance Scheduling, Progress,

and Trash Concerns - 724-0550

United Communities is now offering

Self-Help Delivery!

Please check the United Communi-

ties Web site for details:

www.mcguiredixuc.com

## Fort Dix/McGuire Residential Re-

fuse Collection Schedule

### MONDAY

McGuire AFB

3800's & 3900's

### TUESDAY

ALL OF FORT DIX INCLUDING

QUARTERS: 201, 502, 1900

### THURSDAY

McGuire AFB

4000's EXCEPT 4013-4027

4200's EXCEPT 4252-4260

### FRIDAY

McGuire AFB

4013-4027

4252-4260

4300's, 4400's and 4500's

\*\*\* IT IS VERY IMPORTANT THAT YOU

ONLY PUT TRASH OUT ON YOUR

SCHEDULED DAY. THIS HELPS KEEP

YOUR NEIGHBORHOOD CLEAN\*\*\*

RECYCLING IS PICKED UP EVERY

THURSDAY

\*IT IS VERY IMPORTANT THAT ONLY

RECYCLABLES ARE PUT IN YEL-

LOW/BLUE RECYCLING BINS\*

GREEN WASTE IS PICKED UP EVERY

## Chaplains' Corner

Chap. (Col.) Wayne Kirk  
Chapel Staff

**"In this world you will have trouble. But take heart, I have overcome the world."**  
John 16: 33

The ancient Romans used to worship the god Janus, the god of gates, doors, and entrances. He was depicted in sculpture and drawings as having two faces: One looking forward and one looking back.

The first month of our calendar, January, is named after this Roman god who represents the link between two different times: The past and the future. Looking backward, he sees all that happened in 2007. Looking forward, he peers into the unknowable events of 2008.

What will 2008 hold for you? What does it hold for any of us? For some, they will be deployed into Iraq or Afghanistan for the first, second or maybe third time in their lives. For others, they will return home to events as yet unknown. That's the thing about the future that is so unsettling: We don't know what we will encounter. Only the Lord knows.

It is interesting that our Lord, Jesus Christ, shortly before his death met with his disciples and told them, "In this world you will have trouble" (John 16: 33). Notice that he tells this to "believers," those who followed him and trusted in him. It was not addressed to "non-believers" as one might think.

The Greek word for "trouble" in the text is the word *thilipsis*, which means suffering, oppression, distress or tribulation. So in plain language, Jesus is telling his followers that there is one thing they can count on in this life: Trouble, suffering, and oppression.

He uses the word *kosmos* for "world" and tells them in John 15:18 that "if the world (*kosmos*) hates you, keep in mind that it hated me first. If you belonged to the world (*kosmos*), it would love you as it's own. As it is,

you do not belong to the world (*kosmos*), but I have chosen you out of the world (*kosmos*). That is why the world (*kosmos*) hates you."

The first sobering truth of this text is simply that as believers in Christ, we can expect trouble or suffering in this world! Without knowing what 2008 holds for us, Jesus simply warns us that trouble (*thilipsis*) awaits. He doesn't sugarcoat the reality of this fallen world and the overwhelming challenges and dangers that face us. He speaks truthfully of the troubles that confront us all.

But he doesn't stop there! He goes on to say, "But take heart!" Or in other words, "be of good cheer!" Why? Because "I have overcome the world!" It is not that the world has overcome Christ but, rather, the other way around!

Paul writes (in Ephesians 1:20-22) that God raised Christ from the dead and "seated him at his right hand in the heavenly realms, far above all rule and authority, power, dominion and every title that can be given in the present age but also in the one to come. And God placed all things under his feet." Or in other words, all authority and power is given to Christ who has indeed "overcome the world!"

This is the great assurance and message which has been given to the church! It is not one of despair or fear of the unknown. It is not a message of anxiety about what will come across our radar screen in 2008 or beyond. Rather, it is the comforting news that although we can anticipate problems in the years to come, we can also remain confident that He who loves us, died for our sins, and rose again to the Right Hand of the Father has conquered all things in this world and the next!

**"Even though I walk through the valley of the shadow of death I fear no evil, for thou art with me. Thy rod and staff, they comfort me!"**

Psalm 23: 4

## Honoring the Colors

**Reveille**  
6 a.m. (0600 hours)

**Retreat**  
5 p.m. (1700 hours)

**Military personnel in uniform**

Stand at attention, face the flag and salute at first note.

Stand at attention, face the flag for *Retreat*, then salute at first note of *To the Colors*.

**Military personnel not in uniform, civilians**

Stand at attention, face the flag and place right hand over heart at first note.

Stand at attention, face the flag for *Retreat*, then place right hand over heart at first note of *To the Colors*.

**Military personnel in formation or in a group**

Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Order, Arms" at conclusion.

Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of *Retreat*. Calls group to "Attention" and "Present, Arms" at first note of *To the Colors*, then "Order, Arms" at conclusion.

**Individual military personnel, civilians in a vehicle**

Stop vehicle and exit. Follow steps above.

Stop vehicle and exit. Follow steps above.

**Group of military personnel in a vehicle**

Stop vehicle. Individual in charge exits and follows steps above.

Stop vehicle. Individual in charge exits and follows steps above.

**Other bugle calls heard on post are:**  
Tattoo.....9 p.m. (2100 hours)  
Call to Quarters.....9:30 p.m. (2130 hours)  
Taps.....10 p.m. (2200 hours)

**FORT DIX WANTS YOU**



**TO BE A VOLUNTEER**

**MAKE A DIFFERENCE**

Fort Dix is looking for interested residents who would like to volunteer

**"Fort Dix volunteers improve the quality of life for all residents"**

For those residents who want to make sure the Fort Dix community is the best it can be please

Call Army Community Service at 562-2767



**Army Community Service (ACS)**

562-2767

Bldg. 5201, on the corner of 8th Street and Maryland Avenue

**Hours of Operation:**

**Monday through Friday, 7:45 a.m. to 4:30 p.m.**

\*A Department of the Army Accredited Soldier and Family Service Organization

# Boxer enlists Army to train for fight

**Heath Hamacher**  
Army News Service

**FORT JACKSON, S.C.** (Jan. 14, 2008) - World-class welterweight boxer Luis Collazo got a taste of Army life during a recent trip to Columbia, S.C., much of which was spent at Fort Jackson preparing for an upcoming bout in the ring.

The former-champion climbs in the ring at Madison Square Garden Jan. 19 for his first fight since losing a decision to Shane Mosley nearly a year ago and sustaining a thumb injury that required surgery.

Ranked No. 7 in the world by "The Ring" magazine, Collazo chose Columbia for training because of Andrew Stokes, a former Fort Jackson Soldier turned boxing promoter. Stokes, who retired in 2006, has promoted boxing shows on post and coordinated visits from fighters such as "Tremendous" Travis Simms, Jaidon Codrington and Randy Griffin.

Stokes has known Collazo for years, and even hosted his training camp, living with Collazo and his team, cooking, cleaning and overseeing the fighter's daily training.

Collazo's training regimen consisted of pounding miles of Fort Jackson pavement and sparring at the White Rock boxing gym.

"This is probably the best training camp I've had," Collazo said. "I'm enjoying myself, but this is more intense than usually train. It keeps me motivated."

Both men said Fort Jackson's facilities are top-notch, but there are plenty of places to train outside the gates. Stokes had another reason for bringing Collazo to Fort Jackson.

"I brought Luis on post to give back to the Soldiers," he said. "I appreciate the 20 years I had in the Army and still feel like a Soldier at times. I can bring world champions here for meet and greets, and that's my way of giving back."

In between workouts, Collazo visited with Basic Combat Training Soldiers, spending two days with the Soldiers of Co. B, 1st Battalion, 34th Infantry Regiment.

He toured the barracks, ate dinner at a post dining facility, spoke to troops and personally autographed pictures for every Soldier in the battalion. In turn, he had the Soldiers sign an Army T-shirt for him.

A highlight for Collazo was firing the M-16 for the first time, although he said his accuracy in the ring did not translate to the Basic Marksmanship Range.

"I hit about one target in like, 75," he joked. "But it was a rush. It was great. It's something I will never forget."

Collazo even ran a physical training test with 1st Bn., 34th Inf. Reg., and the man who can bob, weave, hook and jab for 12 rounds while barely breaking a sweat said he was a little tense beforehand.

"I was more nervous doing the PT test than coming into the ring for a fight," he said. "It

was an incredible experience and, honestly, I was a little intimidated. That is their battleground like (the ring) is mine."

Pvt. Ikram Mansori, a BCT Soldier with Co. B, has been a fan of Collazo for some time. She said she and her brother enjoyed watching Collazo's fights, but never imagined she would one day do PT with one of her favorite prizefighters.

"It was amazing. I think everybody did better on that PT test," she said. "When we were running, during the hardest part, he came back to run with the ones who were starting to give up. It was just amazing."

Pvt. Blanca Rodriguez, also with Co. B, was thankful for the encouragement to "go harder" and "do more."

"I thought it was awesome that he cared so much to come out here and spend time with us," she said.

The interaction was mutually beneficial, according to Collazo: "It was definitely as motivating for me as it was for them."

Sgt. 1st Class Santos Soto, Co. B's drill sergeant, said the timing was great.

"Without a doubt, this was very motivating for our Soldiers, especially right before Christmas exercises," Soto said. "He talked to them about the importance of what they do. Everyone was motivated from his speech, and a lot of them were just in awe."

Collazo said it is important to "show our troops that we



Heath Hamacher

**HAND-TO-HAND** -- Luis Collazo works with head trainer, Nirmal Lorick, at the White Rock boxing gym. Collazo visited and trained with Soldiers at Fort Jackson to prepare for his Jan. 19 fight at Madison Square Garden.

care and respect them for what they do for our country," and he plans on honoring service members and remembering his time with the Soldiers on fight night. Instead of the flashy, sequined robes often donned by big-name boxers, Collazo plans to enter the ring wearing his gray and black PT shirt, adorned only with the word "Army" and the signatures of the Soldiers of the 1st Bn., 34th Inf. Reg.

## Dix victorious across board

**Robert Williams**  
Golden Nuggets' Coach



Ed Mingin

**VICTORY** -- Matthew Miller takes a shot for Fort Dix #2. The team beat McGuire #2 last week 15-5, to score their first win of the season.

The Fort Dix Golden Nuggets scored their second straight victory in the 11- thru 12-year-old division, beating the McGuire Spurs 32-26. Isaiah Wilson scored 10 points to lead all scorers with Trey Calloway scoring six to give the victory.

It was a defensive battle between the two teams the first half, with the Nuggets outscoring the Spurs 19-10. The Nuggets were lucky to come away with the win after turning the ball over more than 15 times.

Jalen Hooks, Michael Siford and Anthony Elliott each chip in four to help the Nuggets seal the victory. Carlton Wright, Matthew Horton, Hashim Russell, Dustin Rice, and Kyle Kerr played good defense to help the Nuggets to a good win.

The Golden Nuggets next game will be at Pemberton High School Jan. 18, at 8 p.m. They will meet Pemberton #1, one of the league's best teams.

In the 9-10 division the Fort Dix Panthers won 12-3 over Pemberton #2. Fort Dix #2 beat McGuire #2 15-5. The 13-15 division saw a nail biter between Fort Dix and McGuire. Fort Dix pulled out a 30-28 victory, for their second win of the season. They have a bye this week and will hit the court again Jan. 25, when they travel to Pemberton High School to play Pemberton #1.

## Sports Shorts

**Griffith Field House**  
Saturday & Sunday  
9 a.m. to 5 p.m.

Monday - Friday  
6 a.m. to 9 p.m.

**Griffith Class Schedule**

For more information about activities at the Griffith Field house, or to verify class times, call 562-4888.

**Monday**  
Cardio Kick Express  
4:30 p.m. - 5:00 p.m.  
Total Toning  
5:15 p.m. - 6:15 p.m.

**Tuesday**  
Sculpting Express  
9:30 a.m. - 10:00 a.m.  
Spin-It  
noon - 12:45 p.m.  
Intro to Fitness  
5:15 p.m. - 6:15 p.m.

**Wednesday**  
Circuit Training  
5:15 p.m. - 6:15 p.m.

**Thursday**  
Step & Sculpt  
noon - 12:45 p.m.  
Pilates Fusion  
5:15 p.m. - 6:15 p.m.

**Friday**  
Spin-It  
noon - 12:45 p.m.

**Pool Hours**

Monday - Friday  
Military Lap Swim  
6 - 8 a.m.  
Retirees/Dep. Lap Swim  
10 - 11:30 a.m.  
Active Duty/DOD Lap Swim  
11:30 a.m. - 1 p.m.  
Recreation Swim  
1 - 5 p.m.

**Saturday**  
Lap Swim  
10:30 a.m. - noon  
Recreation Swim  
noon - 6 p.m.  
Hydro Aerobic Class  
10:30 - 11:30 a.m.

**Monday - Wednesday**  
Hydro Aerobic Class  
7:30 - 8:30 p.m.

**Wrestling**

Fort Dix Family Morale, Welfare and Recreation will host World's Greatest Wrestling "Live for the First Time Ever" at Fort Dix" Thursday, Jan. 31 at the Griffith Field House. Featured wrestlers include: Ms. Richey, Homicide, Night-

mare, Peggy Lee, Saturn, Wonder Woman, Rock-N-Roll Express, and Super Fly Jimmy Snuka.

There will also be a special appearance King Kong Bundy.

Tickets will be sold both in advance and at the door. Tickets will be \$7 for adults, and \$5 for children 5-12. Call Bob Vogt, 562-6772, for more information.

**Bowling**

The Fort Dix Bowling Center will remain open while new lanes are being installed.

**Monday - Thursday**  
5 p.m. - 10 p.m.

**Friday**  
5 p.m. - midnight

**Saturday**  
10:30 a.m. - midnight

**Sunday**  
2 p.m. - 9 p.m.

**Ultimate Bowling**  
Saturday 8 p.m. - midnight  
Sunday 5 p.m. - 9 p.m.

League nights are Tuesday, Thursday and Friday. Limited open lanes Tuesday's and Friday's. No open lanes Thursday's from 5 p.m. - 8:30 p.m. For more information call 562-6895.

**MONDAY NIGHT Madness!**

DOLLAR DAZE @ THE FT. DIX MCGUIRE BOWLING CENTER

1700-2000

- \$1.00 12OZ DRAFTS!
- \$1.00 GAMES OF BOWLING!
- \$1.00 SHOE RENTAL!
- \$1.00 HOT DOGS!

Fort Dix McGuire Bowling Center  
BLDG. 9054 Douglas Loop  
562-4895

**LIVE FOR THE FIRST TIME EVER**

**W.G.W.**

"WORLD'S GREATEST WRESTLING" AT FT. DIX GRIFFITH FIELD HOUSE

**Thursday, January 31**  
**DOORS OPEN AT 5:00pm - BELL TIME 6:00pm**

Adults \$7 per ticket Children 5-12 \$5 per ticket Children 5 and under FREE

Homicide Super Fly Jimmy Snuka Rock N Roll Express

**AND MANY MORE SUPERSTARS OF THE W.G.W. WILL BE ON HAND!!**

**WORLD TITLE MATCH ★ OVER THE TOP BATTLE ROYALE ★ US TITLE MATCH**

HISTORY WILL BE MADE IN FORT DIX ON JANUARY 31 - BE A PART OF IT!

Tickets can be purchase at the Griffith Field House, FMWR Headquarters, Outdoor Rec, and Arts&Crafts. Call (609) 562-4888 or visit [www.dixmwr.com](http://www.dixmwr.com) for additional information

**KING KONG BUNDY**