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December 21, 2007

NEWSNOTES

HOLIDAY HOURS

COMMISSARY

Dec 21 - 7 a.m. to 9 p.m.
Dec 22 - 9 a.m. to 9 p.m.
Dec 23 - 10 a.m. to 7 p.m.
Dec 24 - 7 a.m. to 4 p.m.
Dec 25 - CLOSED

Dec 26 - 7 a.m. to 8 p.m.
Dec 27 - 7 a.m. to 8 p.m.
Dec 28 - 7 a.m. to 9 p.m.
Dec 29 - 9 a.m. to 9 p.m.
Dec 30 - 10 a.m. to 9 p.m.
Dec 31 - 7 a.m. to 8 p.m.
Jan. 1 - CLOSED

SHOPETTE

Dec 24 - 7 a.m. to 7 p.m.
Dec 25 - CLOSED
Dec 31 - 7 a.m. to 8 p.m.
Jan. 1 - 9 a.m. to 7 p.m.

BXPX

Dec 21 - Dec 24 - Open 24 hours from 8 a.m. - Dec 21, until 4 p.m.
Dec 24
Dec 25 - CLOSED
Dec 26 - 29 - 9 a.m. to 8 p.m.
Dec 30 - 10 a.m. to 6 p.m.
Dec 31 - 8 a.m. to 6 p.m.
Jan. 1 - 10 a.m. to 6 p.m.

Griffith Field House Saturday & Sunday 9 a.m. to 5 p.m.

Monday - Friday
6 a.m. to 9 p.m.

Holiday Hours Dec 22 - Jan. 1 9 a.m. - 6 p.m.

Holiday Pool Hours

Dec 22
Closes at 3 p.m.
Dec 23-25
Closed
Dec 29
Closes at 3 p.m.
Dec 30
Closed
Dec 31
lap swim
10:00 a.m. - noon
Rec Swim
noon - 5 p.m.

Holiday Chapel Services

Dec 23 - regular scheduled services
Dec 24 - Catholic Mass, 5 p.m.;
Candlelight Service, 7 p.m.
Dec 25 - Catholic Mass, 10:15 a.m.
Dec 30 - regular scheduled services
Dec 31 - Catholic Mass, 6 p.m.

Arts and Crafts Center CLOSED

Dec. 25, 26 and Jan. 1

Cafe Dix Closed for lunch Dec 24 - Jan. 1

**Bowling Center
Annual New Year's Eve
Bowling Party**
visit www.dixmvr.com for details

Outdoor Rec

Christmas Tree super sale
call 562-6667 for more info

**The Browns Mills
Gate re-opens today
at noon**

Army lists new units

Army Public Affairs -- **WASHINGTON (OCPA, Dec. 19, 2007)** - The U.S. Army announced Dec. 19 unit stationing decisions to support the President's plan to grow the Army by 74,200 Soldiers across all three Army components.

This growth includes the stationing of six new infantry brigade combat teams, eight support brigades in the active component, and associated growth in smaller combat support and combat service support units required to complement the planned U.S.

Army's overall force-structure growth. The foundation for this stationing plan is implementation of Base Realignment and Closure-directed realignments.

This plan relocates the 1st Armored Division from Germany to Fort Bliss, Texas, and the 1st Infantry Division from Germany to Fort Riley, Kan., and Fort Knox, Ky., by September 2011.

The plan extends brigade combat team capabilities in the European

command for an additional two years through the activation of two brigade combat teams in Germany in 2008 and 2010.

This supports near-term theater security needs, and reduces stress and turbulence on Soldiers and Families by allowing needed time for construction to support transformation, BRAC realignments, and Grow the Army stationing.

The Army currently has 42 Active Component brigade combat teams. Complying with the Record of Deci-

sion for the Army's Programmatic Environmental Impact Statement, the Army will grow six infantry brigade combat teams for a total of 48 by retaining one infantry brigade combat team at Fort Carson, Colo., as the 43rd Brigade Combat Team (Fiscal Year 2008); activating the 44th Brigade Combat Team at Fort Bliss, Texas, in Fiscal Year 2009; converting one heavy brigade combat team to an infantry brigade combat team at Fort Stewart, Ga. in Fiscal Year 2010; and

(continued on page 11)

Holiday food drive fills cupboards

First Lt. Antonia Greene
72nd Field Artillery Bde.

The 72nd Field Artillery Brigade's Family Readiness Group has launched the largest and most aggressive holiday food drive in First U.S. Army history, according to all available records. The goal is to donate 10,000 cans of non-perishable food items in support of Fort Dix social services.

The food drive has accumulated nearly 5,000 cans to date and hope to collect another 5,000 with another two weeks to go.

"It will take a collective effort from everyone," said Capt. Terry Kirkwood, commander, Headquarters Battery, 72nd FA Bde. "The spirit of Christmas is giving and the birth of a new year breathes new hope and new beginnings. That is what this drive is all about: Giving to individuals, families, and agencies that may be in need and possibly provide someone with a little hope," explained Kirkwood, the lead organizer of the event.

As of Wednesday, more than 5,000 cans have been contributed. The 72nd Brigade's seven training support battalions have joined their higher headquarters' effort by donating close to 2,000 cans to the HHB holiday food drive.

The food drive was originally scheduled for completion on Dec. 21, however, due to the tremendous response and the continued support from 72nd Brigade Soldiers, Fort Dix Installation, and local vendors the deadline was extended to Jan. 4, 2008.

"I want to keep it going through the holidays," says Kirkwood. "There is still time if you would like to donate." Feel free to contact Kirkwood at Building 5613F, Doughboy Loop.



CANNED HELP -- MSG Georgette Bush, 1/309th Regt presents over 300 can food items to Capt. Terry K. Kirkwood, commander, HHB, 72nd FA BDE in support of the Brigade's Family Readiness Group holiday canned food drive, outside the brigade headquarters, Dec 18.

Congressional vote may delay furloughs, war funds still needed

American Forces Press Service - **WASHINGTON, Dec. 19, 2007** - It's too soon to start celebrating the Senate's action yesterday to add \$70 billion for Iraq war funding to the omnibus spending bill, the Pentagon press secretary told reporters today.

"Until such time as this is a done deal, I think everybody in this building is proceeding with the very real business of preparing for the eventuality of running out of money," he said.

Even with passage of the funding, the measure still falls short of what's needed to fund the global war on terror completely, he said. It would be "merely a temporary solution to our larger problem of gaining full funding for the global war on terror," he said. "We will gladly take whatever bridge funding comes our way... but we will also continue to pursue full funding for our war efforts."

"So we very much appreciate the efforts being made, and we are encouraged by the progress that has been made." Passage "would at least, for the

time being, eliminate the need to go down the road of furloughing anybody," he said. "But that's an 'if' at this point."

Morrell was quick to point out that "nothing is done yet" and that DoD must "continue to plan for life with no money."

"Clearly, we are encouraged by some of the signs we have seeing on the Hill, a recognition that our needs are serious, are great, and our troops need to be funded as they are in war," Morrell said during a Pentagon news briefing.

"We very much appreciate the efforts being made, and we are encouraged by the progress that has been made." Passage "would at least, for the

Commander's Holiday Message

We often celebrate holidays and special occasions just because we always have, or because someone marked them on the calendar or because we thought our children would enjoy them.

This year, I'd like to invite you to celebrate the holidays for another reason: Because we can.

We have been witness to the messages of hatred so many times this year, in Iraq and Afghanistan, in Lebanon and the Sudan, in Iran and North Korea, and in what sometimes seemed to be an endless stream of mindless violence right here in the United States.

But here at Fort Dix, we have also been witness to the caring that binds us as families and as a community.

We have been witness this year to intolerance so unyielding that those who practice it use even faith as a weapon against their own people. Those of us who live and work in this community represent many faiths and beliefs, but we come together in the knowledge that there is greater unified strength in our diversity.

We have been witness again and again this year to those who take lives and homes and livelihoods without compunction.

But as the stream of deploying soldiers continues to flow through Fort Dix, we have also witnessed the compassion, generosity and gratitude of America for those who stand in her defense.

The holidays are always special for the military family, but this year, there's a little extra meaning. The very fact that we can share prayer and music and all the excitement of our traditions is a sign of our nation's strength and will to preserve our precious freedoms.

Please take this time to treasure your families, your friends and yourselves. Be safe, have a great time and thank you for the many things you do to make Fort Dix great.

Col. Ronald R. Thaxton
Fort Dix Commander

Snapshots from 2007: the year in review

compiled, written and laid out by Steve Snyder, Public Affairs staff



posterized
U.S. Army photo by
Spc. Kieran Cuddihy



www.abc.net.au/news



U.S. Army photo

NATION AT WAR -- Four years into Operation Iraqi Freedom, the U.S. shifted to a "surge" strategy, increasing troop levels by 30,000 to reach 168,000 in June. The stratagem successfully enabled Marines and Iraqi troops to sweep through the city of Ramadi in the Anbar province in January as the U.S. Army clamped a vice on Baghdad in succeeding months, severing many of the car bombings. But Iraqi politicians did not seem to be reaching any political accords to take advantage of the increased security. And public opinion polls revealed that Americans were growing increasingly war weary. As of Dec. 14, 2007, U.S. deaths in the war reached 3,839 with numbers wounded tallying 28,661 (according to statistics provided on defuseglink). The year saw half of the Army's 43 combat brigades deployed overseas with about 170,000 Soldiers completing multiple tours in Iraq or Afghanistan. But the new Secretary of Defense, Robert Gates, center above, displayed both toughness and intelligence in his new post, firing officials who neglected to properly maintain Walter Reed Hospital and bluntly criticizing prevailing war policies that were not working. The U.S. commander in Iraq was Gen. David Petraeus, above right, a West Point grad with a Ph.D. in international relations who wrote the book on counterinsurgency operations. "I am not a pessimist or an optimist about Iraq," Petraeus said. "I am a realist, and Iraq is hard." It's expensive, too, the war costing the U.S. an estimated \$12 billion per month.



http://images.townnews.com

GI JILL -- Sgt. Jill Stevens is a combat medic from Utah's National Guard 1st Bn., 211th Aviation Reg. She's also a candidate for Miss America 2008, competing as Miss Utah Jan. 26 in Las Vegas. In 2004 Jill deployed with her unit to Afghanistan, caring for sick and wounded Soldiers for a year. She's completed her nursing degree and plans on becoming a commissioned officer. "I want to work here (at Walter Reed) and work with the Soldiers," she said. "If I can help Soldiers - they're my battle buddies - that means a lot."



wonkette.com/politics
assassinations/e-how

COLD WARRIOR -- E. Howard Hunt died of pneumonia at his home in Miami in January 2007. One of the Watergate burglars, Hunt spent 33 months in prison for his role in the break-in that doomed Richard Nixon. The long time CIA agent helped overthrow the leftist government of Guatemala in 1954 and was a planner for the disastrous invasion of Cuba at the Bay of Pigs in the early 1960s. Hunt wrote over 80 spy thrillers under various pseudonyms but none proved as colorful as the man himself.



EnviroZone

GLOBAL WARMING -- Global greenhouse gas emissions contributed to global warming, a phenomenon whose existence was recognized by a great majority of scientists as an urgent problem begging solution - it seems polar bears are not the only ones skating on thin ice.



blogs.zdnet.com

SHOCK JOCK FIRED -- When broadcast DJ Don Imus insulted the champion Rutgers women's basketball team with a racial and gender slur in an April broadcast of his "Imus in the Morning" simulcast radio/TV show, he was fired two weeks later. But Rutgers' classy co-eds graciously accepted his apology and the I-Man recently returned to the air-humbled and on a different network.



www.diamondnews.com

SPEAKING UP -- Democrats swept to huge victories in the 2006 Congressional elections and Nancy Pelosi was sworn in as the first female Speaker of the House of Representatives in U.S. history in January 2007. The 67-year-old grandmother of seven and 11-term representative from San Francisco proved as cunning as she was feisty, keeping party members in line while verbally spanking the Republicans at every opportunity.



lenslinger.blogspot.com

HELL ON WHEELS -- Motorcycle daredevil Robert Craig "Evel" Knievel Jr. died in November after breaking 40 bones and attempting to jump over the Grand Canyon in a career spanning 30 years.



www.abc.net.au

FREE SPIRIT -- Ayaan Hirsi Ali is a controversial author, film maker and critic of Islam whose screenplay "Submission" and autobiography "Infidel" have led to many death threats from Muslim organizations and followers. The Dutch feminist and political writer is the daughter of a Somali scholar and politician and was recently a fellow at the American Enterprise Institute, a conservative think tank in Washington. She has since returned to the Netherlands. Lovers of freedom wish her well.



AP File Photo by Horst Faas

LEGENDARY JOURNALIST -- David Halberstam waded through streams covering the war in Vietnam, walked violent streets in the South during the civil rights movement and chronicled epics of Americana ranging from books on sports to media moguls. His "The Best and the Brightest" was a classic work detailing the arrogance of men in the Kennedy and Johnson administrations who orchestrated America's denouement in Vietnam. Halberstam, 73, died in a car crash in California in April but not before completing still another literary gem, "The Coldest Winter: America and the Korean War." Like its author, it's gotten rare reviews.



www.sportsblogwriters.com

STEROIDS SLUGGER -- San Francisco Giants slugger Barry Bonds hit his 756th career home run in August, breaking Hank Aaron's record. But the feds investigated him for steroids use and at press time perjury charges hung in the air.



www.msnbc.msn.com

NOBLE STEED -- Barbaro won the 2006 Kentucky Derby by over six lengths but couldn't survive a shattered right leg which finally killed him this February. He was a champion, all the way.



www.superfunpatrol.net

SOUL MAN -- The Rev. Jerry Falwell died in May, slumped over in his office at Liberty University in Lynchburg, Va., the victim of an apparent heart attack. The television minister founded the Moral Majority in 1979, molding religious fundamentalists into a potent political force. Eight years earlier he started Lynchburg Bible College - now Liberty University - whose spirit survives him. Politically, Falwell was often a divisive force but few doubted his sincerity or commitment to his faith.



www.smh.com

BEWITCHED, BOTHERED, BEWILDERED -- Paul Wolfowitz, among the notable architects of the Iraqi war, left the Pentagon to take the top job at the World Bank but was forced to resign in mid-May when it was revealed that he had arranged a \$60,000 raise for a bank employee who just happened to be his girl friend. Critics contended Wolfowitz's generosity wasn't exactly noblesse oblige.

the Post

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Gung-ho pros transform Dix into envy of Army

story & photos by
Steve Snyder
Public Affairs Staff

Common sense dictates that the more complex a mission, the more skill and dedication it will take to successfully complete it. That truism applies across the board, not least to tasks tackled amid the pine-encrusted terrain of Fort Dix.

Team Dix refers to the combination of military and civilians here, working together to accomplish formidable missions. Today's overriding mission is to supply Army Reserve and National Guard Soldiers with training and the essential processing wherewithal necessary to enable them to assume military duties, many of which lead invariably into war zones overseas.

It's a mission fraught with responsibility, not to be undertaken lightly. The best of Team Dix includes workers who have adopted, perhaps subliminally, a work ethic popularized by Japanese warriors during World War II. "Gung ho" is a Chinese Mandarin term which originally meant "to work together." Fanatic patrons of the word added new meanings on to the original. Today, the dictionary defines gung ho as: (1) Unswervingly dedicated and loyal and (2) Extremely enthusiastic.

Both are apt descriptions of many in today's work force at Fort Dix, living up to the spirit first displayed by doughboys 90 years ago.

"Whatever you do today realize that it's something that might bring back a Soldier alive," says Robert Tucker, Inmate Labor program manager for the Directorate of Plans, Training, Mobilization and Security (DPTMS) at Fort Dix.

Tucker's philosophy nicely sums up the attitude of the cream of the crop among civilian workers here and he's proud to be numbered among their lot.

They're the tops
"You cannot top the civilian workforce at Fort Dix," he proclaims. "There's nothing better than being part of Team Dix."

But Tucker admits that he didn't always feel this way. He served as a drill sergeant, instructor and Operations Sergeant Major for brigades involved in basic training (Initial Entry Training) here from 1981 to 1992. He says that he wasn't fully cognizant of what the civilians on post accomplished then. To him, they were glorified second-stringers, at best.

But in 1993 Tucker began his civilian career here. His eyes opened.

"I saw what the civilian work force does," he confesses. "And I've eaten my share of crow (since disparaging civilians when serving on active military duty). In the history of Fort Dix there has been one constant – the civilian work force. Soldiers and commands come and go but the civilian workforce stays forever," the crusty professional declares.

Tucker is a 68-year-old veteran of the Vietnam War with a college degree from Hawaii Pacific University and 27 years of active duty in the Army. So he's not likely to be blowing smoke when describing Fort Dix.

"I love it here," he admits, adding "there's no better place in the Army."
"As a Soldier, worker and citizen, I'm proud to have served here," he concludes.

Amada Espinoza is another proud



Robert Tucker
Manager
Inmate Labor Program



file photo by Charles Germain

BOSUM BUDDIES – Amada Espinoza hugs a llama from her native land of Peru at a post gathering some years ago.

Dixan. She is the manager for the Relocation Readiness and Outreach programs contained within myriad offerings of Fort Dix's dynamic Army Community Services (ACS) under the Directorate of Moral, Welfare and Recreation (MWR).

Amada is a Peruvian, born and raised in Lima in the land of the llamas. She came to the states to be married, getting hitched to a Soldier in 1971 in New York City and following him on tours to Fort Rucker, Ala., Fort Clayton, Panama Canal, Camp Darby, Italy, and Fort Dix.

She started to work here in 1981, laboring at AAFES while doing volunteer work in the Family Advocacy Program at ACS. She has since pretty well covered the spectrum at ACS, working in programs as diverse as Child and Youth Services, Outreach and assisting management in the Family Support Division.

Along the way, Amada knocked off an associate's degree at Burlington County College and a MA in Social Science from the University of Southern Colorado (which serves many within the military milieu).

Espinoza might best be described as the energizer bunny, continually moving and smiling away at people as she hurries through labyrinths of programs too numerous for an outsider to memorize. She admits to liking people and they don't hesitate to return the compliment.

Smiling faces
"When I see smiling faces, I remember what my job's all about," she confides.

She's run the very popular "Hearts Apart" program, much covered by civilian media, which throws all kinds of meals and special get-together for spouses whose husbands and/or wives are overseas. Amada also runs herd on the elaborate lunches and accompanying programs celebrating "Hispanic Heritage Month." Her "International Spouses club" features military spouses from all around the world, getting together to enjoy what are sometimes gourmet lunches and sharing in other cultural activities. And who else could actually enjoy managing the "Teen Orientation to School program?"

Espinoza takes special pride in helping service and family members become citizens and residents of the United States in her "Citizenship and Immigration Services program."

Her schedule appears to be exhausting but Amada shrugs it off, claiming "so many people are willing to give me a hand" that time – and work – flies. Still, she admits that finding time to organize and complete various projects remains her toughest challenge.

"My mother is 80 years old and she is still full of energy" so Amada hopes it runs "in my genes." She says her energy is triggered "by the honor I have in serving American heroes and their families. They deserve the best. Working at Fort Dix for more than 25 years has allowed me to know lots of hard-working and caring people from different organizations that help me with different projects."

Needless to say, Amada is "very



Amada Espinoza
Army Community Services

thankful to be a part of Team Dix."

Unlike Espinoza, Leo Falanga is not a people person. It's not that he doesn't like them but that flying has always come first for the former Army aviator.

As the Safety Director for the Installation Safety Program, Falanga returned to Fort Dix this October after serving five years in a recall to active duty. Leo flew the four-engine, turbo-prop De Havilland EO-5B on intelligence missions in Korea from 2003 to 2005 before returning stateside to complete three years at Willow Grove on the Joint Reserve Base with the 228th Aviation Bn. and their fleet of 10 C-12 passenger cargo carriers.

Born July 26, 1945 in Boston under the shadow of Logan Airport, Leo went on to complete a 27-year military career which included tours of duty in Vietnam (1965), Germany ('66, '67), three tours in Turkey and three separate tours in Korea. He started his career in the Air Force as an aviation mechanic in 1963, went on to become an Army pilot from 1973 to 1991 when he retired from active duty and then served as a civilian pilot at the Fort Dix Army Airfield from 1991 to 1997, which had six helicopters and two fixed-wing aircraft.

Last of the flybys
He was the last to fly a chopper off the airfield here in 1997 and his name graces the remnant of the helicopter near the Wrightstown gate.

From 1997 to 2003 Leo served as Safety Director at Fort Dix and so he's not plowing over virgin territory upon returning here this October.

Falanga issues frequent e-mail messages containing tremendous amounts of data about hazardous material and many other topics dominating the safety scene. He also conducts inspections with his assistant Kevin Sedlak, checking motor pools, machine shops, and other sites that are, by definition, dangerous to those who work there. Among the top priorities in safety, he informs, is anything used by children, at the Child Development Center, etc.



HANDS ON – Sarah Johnson checks table arrangements at the recent wine tasting at Club Dix. Johnson's MWR activities are nothing short of superb.



Sarah Johnson
Director
Morale, Welfare & Recreation

ing the safety scene. He also conducts inspections with his assistant Kevin Sedlak, checking motor pools, machine shops, and other sites that are, by definition, dangerous to those who work there. Among the top priorities in safety, he informs, is anything used by children, at the Child Development Center, etc.

There are three basic areas in aviation – instructing, safety and operations and Leo has concentrated on the latter two during his illustrious career.

"Rebuilding a safety program is a challenge," he says, adding "you put a lot of sweat equity in it. Success is measured in a low number of accidents. "New safety regulations," furthermore, "put a lot more requirements in" to check and inspect, he says. "We're constantly trying to prevent people from getting hurt," Leo adds.

On the job Falanga resembles Sisyphus, the character in the Greek myth who continually pushed a giant rock uphill without ever reaching the top. Safety is like that but Leo never complains. Safety was important in the air and it's equally vital on the ground.

And Leo Falanga ain't about to let up or let the team down. Sarah Johnson is a team player, too. The Director of Morale, Welfare and Recreation (MWR) since 1997, Sarah is a local gal who made good. Born sometime in the 1950s at Trenton, Sarah was raised in New Egypt and graduated from Concord College in West Virginia to smooth her career path.

Federal employment
She's mostly worked for the federal government, notably completing several years at jobs in Wilkes Barre, Pa., with the Veterans Administration and OSHA. In 1983 she started her tenure at Fort Dix, working as a secretary to a colonel in the Directorate of Personnel and Community Activities (MWR's predecessor). From there it was on to family support, financial management, service division chief and to today's top rung.

"This is a fun job," Sarah confides and she's not kidding. She's done everything to bolster her directorate's activities, from scouting out wine cellars for jumping out of airplanes with former Post Commander, Col. R. David McNeil, to gamely donning lubricious costumes for installation parties while hosting the same.

"I get to work with people on this job," she informs, and "I enjoy taking care of people."
The secret of her success? "You have got to have a sense of humor," Sarah confides. "I try to lead by example. We set the ladder high but we're one big happy family."

And Sarah Johnson has been instrumental in insuring workers at MWR remain that way. Mike Goldberg is happy, today, but that wasn't always the case. Goldberg is one of those who had enough guts to switch careers in mid-stream and he's been content ever since.

Mike is the Senior Field Technician and Network Administrator for the Directorate of Information Management (DOIM). He works out of Bldg. 6043 at the DOIM Infusion Center, just across from MWR.

Born in Philadelphia on July 17, 1952, Goldberg has lived in Cherry Hill for the last 26 years. After graduating from Wyncote High School Mike took a degree from Temple University, completing medical school at the Pennsylvania College of Podiatry in 1979 before serving as a resident at St. Luke's Children's Hospital in Philadelphia in 1980.

Foot doctor
From 1980 to 1988 Mike Goldberg was a podiatrist (foot doctor) in Philadelphia. But he came to hate it. He was fed up with HMOs that didn't care about serving the public, with lawsuits that had neither rhyme nor reason, with insurance companies who gave greed a bad name.

It seemed everybody was concerned with everything except with taking care of patients!

Goldberg wanted out. He completed a course of study at the Chubb School in Philly, learning the in and outs of computers. He went to work for a contractor, RAM (Research, Analysis and Management), that served Fort Dix and began to work here in 2001.

The rest has been bliss. Mike completes work orders or works on special assignments that call for his special expertise. He takes a physician's approach to fixing com-



Mike Goldberg
Senior Field Technician
Network Administrator
DOIM



DOUBLE CHECK – Mike Goldberg checks some work orders at his shop in Bldg. 6043.

puters, attempting to treat the machines with as much care as he used to muster for human patients.

"I approach my computer as I would a patient," he says. After all, it's operating smoothly then the person it serves is in Fat City.

Mike became fascinated with computers when, as a physician in 1980, he installed software in the computer in his office. He still gets a kick out of testing software, today.

Although Mike was never in the military he did serve as an "extern" at Walston Hospital way back in 1979. The building has changed surprisingly little over the years, he informs.

Goldberg says he's always been busy in his job and has been busier yet since 9/11. He spends extra time at the office and at home, doing checks, perfecting systems, tinkering with machines he loves. And when his schedule becomes especially intense, he remembers where he came from.

"I feel like I have to give something back to my country," he says, with the mien of a man who tells it like it is.

Life-long learning
Goldberg advises youngsters to get into a field where "every day is a learning experience" because "unless you're willing to get immersed into it the field is not for you."

Computers, happily, are Mike Goldberg's forte. And Fort Dix, fortuitously, is the beneficiary.

Computers have made Joyce Jamieson's life very much easier, too. But her field has always been food service.

Joyce is the Substance Supply Manager (the title replacing the old Troop Issue Substance Officer (TISO) who works out of the Cold Storage building (3140) near the golf course. She knows food and the Army and what happens when the twain do meet.

Born Jan. 13, 1955 at Bridgeton, N.J., Joyce was raised in south Jersey, graduating from Camden High School in 1973. She joined the Army shortly after graduation, took basic training October of that year at Fort McClellan, Ala., then the last bastion held by the Women's Army Corps (WAC) in the Army

(continued on page 4)



Leo Falanga
Safety Director
Installation Safety Program



photo courtesy of Leo Falanga

HIGH FLYER – Leo Falanga flew the four-engine, turbo-prop De Havilland EO-5B on intelligence missions in Korea from 2003 to 2005.

END OF AN EPOCH – Command Sgt. Maj. Robert Tucker, center, furls (retires) colors of the 1st Bn. 26th Infantry Regiment, 3rd Basic Combat Training Brigade symbolizing the official end of Fort Dix's mission in the training of Initial Entry Training (IET) Soldiers in 1992.

Gung-ho professionals boost Fort Dix

(continued from page 3)

The young recruit followed basic training by completing Cook School at Fort Dix through January 1974. Her first duty assignment was at Fort Eustis, Va., and lasted for 18 months. Jamieson then stepped into recruiting duty, enticing the young to join the Army from her office at Haddonfield for the next six years. It was food service once again that drew her away from recruiting, this time with the 21st Replacement Co. in Frankfurt, Germany.

Joyce left the Army in Germany, coming back to the states in 1984 and working in the Surgeon General's office for a year in the nation's capital. Then, on Dec. 8, 1984, she began her 23-year stint at Fort Dix, working in accounting for supply.

"I love the work I do, working with customers, units, taking care of them — in the field, in mess halls, this time of year getting them something special like turkeys or Christmas treats, making sure we get good value from vendors..." she explains.

Joyce continually spot checks billing and tinkers with other built-in quality controls to insure supply operations run hunky dory as they pass to customers at Dix. She handles the Pennsylvania, New Jersey, Delaware and Maryland area to procure supplies for Reserve and Guard units here. Issuing rations for the Forward Operating Base (FOB) can be tricky because they have to get food out there they can serve and cook with the facilities available and not even every day, says Joyce notes. She also makes an occasional trip to Acme to secure special groceries unavailable elsewhere.

Joyce recalls the old days when huge crews at TSA worked every night and weekends to get the supplies out but times, thanks to computers, have changed. She now works with far fewer people, her work force shrinking from 12 to two. But she still enjoys plenty of time dealing with vendors and units, maintaining the human contact touch she's always enjoyed.

Jamieson observes that the Army is thinking about going back to food service Military Occupational Specialties (MOS) because contractors can't handle some of the field requirements (like getting shot at while delivering grub to troops). That would bring back vestiges of the old days which she would like because times were good, back then, too.

Joyce works hard to maintain the standards and traditions which have meant so much to her and to so many Soldiers over the years. Taking it easy is not in her vocabulary.

Sgt. Gregory Rodriguez, who specializes in crash investigations for the DoD police, is another who doesn't believe in letting the grass grow under his feet. Rodriguez has spent much of his career here and admits that he "loved every minute of it."

Born March 27, 1940 in Philadelphia, Rodriguez was raised in the City of Brotherly Love too, graduating from Bishop Neumann High School before embarking upon a military career.

The young recruit took basic training at Fort Dix and went on to spend about nine duty years here, including two short tours and one longer one (1970-75) as a drill sergeant. All told, Rodriguez spent 27 and 1/2 years in the military, retiring as a master sergeant. The Vietnam vet also spent four tours in Germany including stays at Mannheim, Bad Toiz (where he was attached to a Special Forces unit) and Nuremberg along with tours in Thailand and Okinawa.

After retiring from the military Rodriguez worked for awhile at the Philadelphia Naval Shipyard but came back to his first love, Fort Dix, in 1995 to join DoD's police force.

"The job is a challenge," he says, and keeps him much busier than the shipyard ever did. "It's something I like to do," especially when he runs into some of his many old friends who come in and out on occasion.

Most of all, Rodriguez appreciates the settled nature of the environment here, what he describes as a "good, quiet, orderly, familiar routine (where) I know where everything is."

Sgt. Rodriguez credits the experience he's gained in more than 44 years of government service with helping him maintain the tranquility that law and order breeds and that so many others have come to cherish.

Sheila Thompson-Douglas, conversely, is into many things but tranquility sure isn't among them. She's a local gal who made good — without going too far out of her neighborhood. Sheila holds down the position of Installation Unit Movement Coordinator and traffic management specialist for the Transportation Division in the Directorate of Logistics (DOL).

Born in Mount Holly on Oct. 4, 1962, Sheila graduated from Pemberton High School and like most of her classmates took the civil services entrance exams without giving too much thought to her future. But two weeks after graduation, she was hired at Fort Dix, starting work as a clerk/typist in July 1981 as a GS-2 at what was then called the Directorate of Engineering and Housing (DEH).

Twenty-six years later, Thompson-Douglas folds her arms in her office on Pemberton-Wrightstown Road as a

GS-11. "The harder you work, the quicker you can move up the chain," she informs. "The government afforded me an opportunity to grow."

Following three years at DEH, Sheila jumped over as a secretary for two years in the Post Food Service, dabbled in contract administration, spent another two years as an administrative clerk in finance, served as the commanding colonel's secretary for 3rd Bn, 226th Infantry Bde, worked as an admin officer at Health Services Command at Walston Hospital where she was also chief of primary clinics, after being threatened with a Reduction in Force (RIF) Sheila shuffled over to the Transportation Division in 1991 and became a traffic management specialist in 1997.

Sheila likes the hustle and bustle of meeting Soldiers' needs, moving troops out and greeting them upon their return. A dynamic, galvanizing personality, she lives for challenges and fast-paced changes which just seem to make work more exciting.

"I don't want to stagnate," she says, and she enrolls in many special development schools the year around to sharpen her knowledge of the field. She enjoys meeting new people, too. In a pleasant irony, Sheila notes "We didn't have any money for me to go to college" but today she earns more than many with impressive degrees. She's a mover and shaker to the manor born, a tremendous asset to her department and an ever-friendly face to Soldiers moving out to missions where friends aren't in abundance.

Raymond Reyes vividly recalls what it's like to operate in hostile territory.

He served in Desert Storm under renowned commander Col. H.R. McMaster, author and student of counterinsurgency. Reyes says he remembers McMaster holding up the finger, but not in a grisly manner, of a dead enemy soldier. He told his men words to the effect of "don't let this happen to you."

Ray is a personnel assistant at the Joint Readiness Check and ID section (at MacDonald Hall). He hasn't been here long but has readily adjusted to the ethos surrounding him.

Born in Brooklyn in the Flatbush section (not far from the old Ebbsfield), in August 1972, he was raised in Brooklyn and in Punta Gorda (near Fort Myers, Fla.). Graduating from high school in Punta Gorda in 1990, Ray knocked off a pilot's license before joining the Army.

Reyes took basic training at Fort Knox, Ky., becoming a tanker before switching off eventually to the Nuclear, Biological and Chemical (NBC) MOS. He served most of his six years on active duty at the Fulda Gap in Germany but did get called down to fight in Desert Storm.

Civilian-wise, Ray explored opportunities, working as a bookstore manager, graduating with a two-year associate degree at a community college in Punta Gorda where he majored in criminology, working as a sales clerk, and spending some time as a corrections officer in Acadia, Fla. Ray and his wife were in Michigan when he heard of a job teaching NBC with Walt Kentman and Bill Fesby at Fort Dix. He jumped at the chance, working there for several years before moving into his current position.

Ray has 11 years in the Reserve and Guard along with six on active duty. He currently drills with the 444th Mobile Public Affairs Detachment and wants to cross-train as a broadcaster with the unit. Who knows, the military may have latched on to another Walter Cronkite.

In addition to its civilian staff Fort Dix has very many volunteers, without whom the installation would have to many cuts, especially in areas of the chapel and social help. **Hilde Dreyer** is both a volunteer and part-time contractor who keeps busy no matter how you slice it.

The Catholic Pastoral Coordinator was born July 20, 1950 in Ulm, Germany, completed high school there and finished three years of vocational tech studies under Germany's excellent education system. In 1989 she married an American soldier and her travels since then included other locations in Germany, Fort Sill, Okla. and Fort Riley, Kan.

In 1989 Hilde started working at Fort Dix's chapel and she's been busy ever since arranging for Christmas parties, St. Patrick Day parties, Easter egg hunts, vacation Bible school and Thanksgiving baskets — to name only a few.

"I like it," she says. "I enjoy the people. They give me such a good feeling." When Hilde first got here she remembers going up the chain with one little girl, participating in the girl's baptism, her first communion, and when she finally became an officer.

"I covered her entire life span," Hilde says, laughing. The Dreyers live in Columbus which Hilde says she likes because it reminds her of the farmer's markets back home. Her son works for Bloomberg Communications over in Germany and she plans on visiting him this Saturday.

May her Christmas be as merry as the ones she helps arrange for the people in the chapel at Fort Dix.



SUPPLY SIDE -- Joyce Jamieson checks an order with a supply technician.



Joyce Jamieson
Subsistence Supply Manager
DOL



PAPER WORK -- Sgt. Gregory Rodriguez identifies vehicles at the impoundment lot.



Sgt. Gregory Rodriguez
DoD police



HOME OF CHAMPIONS -- Fort Dix has housed and hosted many impressive Soldiers and civilians over the years.
photos by Steve Snyder



ROLL'EM OUT -- Sheila Thompson-Douglas checks out a forklift at one of the Transportation Division's warehouses.



Sheila Thompson-Douglas
Installation Unit Movement
Coordinator
DOL



FINGERPRINTING -- Ray Reyes and a co-worker fingerprint at customer at the ID section in MacDonald Hall.



Raymond Reyes
Joint Readiness Check
ID Section



HOLIDAY CHEER -- Hilde Dreyer checks attendance at the Catholic Christmas Party held at the chapel on Sunday.



Hilde Dreyer
Catholic Pastoral Coordinator
Main Chapel

Douglas R. Long 1935 - 2007

Long time Fort Dix employee and fan Douglas R. (Doug) Long, age 72, died December 16, 2007 at Jefferson University Hospital in Philadelphia.

A memorial service will be held at 11 a.m. Thursday at the Fort Dix Chapel.

Doug Long, who retired April 2, 2000 as Director Of Information Management, was the visionary who made certain Fort Dix kept its finger on the pulse of the function and the future of information management.

"The Army is coming to grips with information management," he said in an interview just before he retired. "We've come to the realization that information controls the business process. Shared information has become the key, and technology has not only made it possible but essential that we share."

"Not only must we share, but we have to do it without paranoia. We have to turn loose of the old ways to let that concept become a way of life."

Information management is rapidly becoming embedded in whole mobilization and deployment process, he added. "Communications with the warfighter is the frontpiece of a continuous information flow. The installations are the foundation."

Long knew all about that foundation. He helped the Army build it for 38 years.

Born in Mullen, Neb., Long moved with his family to the west coast, ending up in Seattle. After graduation, he worked in commercial radio, including a three-year stint in Alaska.

Then came the Army. Drafted in 1958, Long took basic training at Fort Carson and was shipped to Fort Gordon to be a pole lineman.

Fort Gordon, in the process of building its first TV studio, had other ideas. To run the new studio, the post screened incoming trainees for people with experience in the field.

Long was snatched from the Reception Center before he climbed his first pole.

"That job was probably the most fun I've ever had," he said. "We made TV Training Kinescope Recordings, which were basically from TV to black and white 16 mm film. I helped uncrate the first AMPEX videotape machine, the serial number was 003."

"We did live productions and made all of our own special effects. We were really pioneering digital recordings."

Long returned to Washington and to school after his tour. His degree and a job offer at Fort Dix came almost simultaneously in June 1966.

"The Army was fielding television as a training tool at all basic training facilities, and the Chief of Educational Television came here to set up the first TV station," he said. "He offered me

a job and I came to New Jersey thinking I'd try it and stay a couple of years."

It was a quick decision, Long said, and he had never been in New Jersey. "I was expecting Newark and I wound up in the Garden State," he said. "I didn't expect farmland."

The studio Long helped set up had one classroom with the head end of the system in the 6800 area. They broadcast 12 to 14 hours a day to basic training companies.

Phase two was wiring the post to expand capabilities.

Phase three was switching to color broadcasts, and the technology race was on.

Doug took the job of Director of Information Management in 1987.

Long said watching the technical changes over the years was an incredible experience, especially as they began to accelerate.

"We've almost reached the point at which changes have outgrown the human capacity to use them," he said. "The Jetsons are upon us, and it's exciting. One of the biggest decisions in retiring was that I won't be part of that excitement any more."

Long said the key to the technology door on Fort Dix was replacement of the telephone switch in the mid-90s.

"That's what really allowed automation. With fiber technology in place, we're good to go with the system. Fort Dix is actually ahead of the power curve in implementing a robust system in tune with the Army."

"Now that we've enabled the information flow, we need to bring the users on board. Proprietary systems (those that do not link with others and basically provide stand-alone data bases) are a thing of the past. We're looking at systems like the Defense Messaging System that's replacing AUTODIN; like the Mobilization Automation System that's going into use across the board for active duty, reserve and national guard soldiers."

Technology is expanding faster than the money flow, Long said, which made it a hard sell in hard times. "The savings come after the investment, and that's not an easy thing to push."

Doug, age 66 when he retired, looked forward to his new life. "It will be hard not to get up and come to work, and I'll miss that," he said.

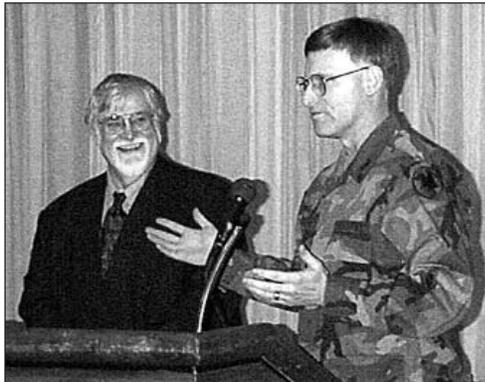
"I may volunteer, I may do some consulting, I want to stay in the field. There were always challenges, lots of successes, some frustrations and the occasional project that was a real stinker. It's been the most interesting life I could have had," Long said.

Surviving are his daughter, Laura, and granddaughter, Allyson. Memorial contributions may be made to the American Heart Association, New Jersey, 1 Union Street, Suite 301, Robinsville, NJ 08691.



U.S. Army Photos

AHEAD OF THE WAVE -- Private Doug Long helps set up one of the Army's first television stations at Fort Gordon in 1959. During the next four decades, he guided Fort Dix through the rapid expansion of communications technology, always ensuring the post was ready for the next step. Below, Long was honored on his retirement in 2000 by (then) Col. James Snyder, installation commander.



Safety should be at top of everybody's shopping lists

Friedrich Stein
Defense Commissary Agency
Chief of Security Programs

FORT LEE, Va. — The holiday season is here. It's that time when shoppers frequent overcrowded malls and stores to purchase holiday gifts for friends and relatives. Many people are making plans for holiday trips away from home. Before you go shopping or traveling, remember to give some thought to protecting yourself and family from holiday crime.

Over the years, statistics have shown there is an increase in theft-related crimes around the holidays. Even criminals must do their holiday "shopping."

Although, military members and their families enjoy a relatively safe environment when frequenting military commissaries and exchanges, it's always smart to think safety wherever you shop.

Protecting yourself while shopping.

Consider the following tips when shopping:

- Park in well-lighted areas, preferably within close distance to the store or mall where you intend to shop.
- Never carry large amounts of cash, certainly never more than you can afford to lose.
- Use your checkbook, credit or debit cards to make most of your holiday purchases.
- Never carry your ATM or other debit cards with your personal identification number (PIN) written down.
- If carrying a purse, carry it on the inside of your arm, on the side that is farthest from the street.
- Let someone know where you are shopping and what time you expect to return. Shopping with a friend is a relaxing and fun way to increase your personal safety.
- Avoid known trouble spots. Sometimes it's better to avoid after-work shopping trips until the weekend when you can shop in daylight.
- If using valet parking, separate your vehicle keys from your home and business keys; remove and take your electronic garage door opener with you (the opener's code can be easily copied and your registration has your home address).
- If you think you are being followed while walking, find a security guard or store manager and advise him or her of your concerns; use a mobile telephone to notify police. Many stores and shopping malls employ off-duty police officers during the holidays to increase patron safety.
- If you suspect that you are being followed while driving, proceed to the local police station or to a well-lighted, populated area and use a mobile telephone to call police.
- If a robber accosts you, remain calm and give up the property the robber wants. Nothing you are carrying is worth risking your life.
- Consider shopping on military installations whenever possible. Commissaries carry everything you could wish for in planning holiday meals and snacks. The exchanges have a wealth of products suitable as gifts for anyone in the family.

For more information, visit www.commissaries.com



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Fort Dix

Train • Mobilize • Support

Six years into the Global War On Terrorism, Fort Dix continued play a major role in 2007 while planning for an even more complex future.

The number of Soldiers mobilized and demobilized at Dix topped 100,000, and the post is still the largest mobilization site in the U.S. Army.

Dix gained heavy attention in May, when a plot to attack Soldiers on the post was foiled by state and local law enforcement.

Training sites on post, including the Forward Operating Base, continued to expand to meet both new technology and increased requirements.

Sailors and Airmen joined Soldiers in honing battlefield skills, and trainers from the

72nd Field Artillery Brigade were joined by cohorts from the 74th FA from Fort Drum to meet the training needs of the surge of units that flowed through post.

Fireworks again filled the sky over the post, as Fort Dix celebrated July 4 with a traditional show and concert that drew thousands of military personnel, families and friends of the post.

The Fort Dix community joined in special celebration in July, as the post celebrated its 90th anniversary with an extravaganza on Doughboy Field. Representatives of each era (other than World War I) told tales of the post, and Soldiers lined up on the same field populated by other generations since 1917. More than five million Soldiers have passed through Camp and then Fort Dix since its gates were opened

when World War I loomed on the horizon.

The anniversary celebration was followed by a traditional change of command ceremony that saw Col. R. David McNeil pass the colors and command of the post to Col. Ronald R. Thaxton, who became the 70th commander of Fort Dix.

As the population of mobilizing military builds up again on post, the installation staff has turned major focus on programs designed to help families and veterans deal with the issues of war. From finances to traumatic brain injury, the Army seeks to identify issues and help its families cope.

On the lighter side, noted country-western singer Clint Black packed Timmermann Center in November.

For more photos of the Fort Dix Year in Review for 2007, see page 14.



David F. Moore

ON THE FIELD — Staff Sgt. Jerry Patterson, Fort Dix NCO Academy instructor, and academy staff demonstrate evacuation procedures during an air assault training demonstration on post Jan. 18. At left, digital Valentines boomed as Kyle Roeder records a Valentine message for his dad, Capt. Neil Roeder, while mom Connie and sister Meghan wait their turn during a Hearts Apart Video Valentine session sponsored by Sonic Foundry, Inc., at the Public Affairs Office Feb. 10. The recorded messages, which included shots of Valentines drawn by the families, were transmitted to a web site and the address and password provided in e-mails to the Soldiers. Capt. Roeder was serving in Iraq with the 3rd Medical Command.



Ed Mingin



READY, SET, EAT —The Food Network paid a visit to Fort Dix in February. Command Sgt. Maj. Albert Davidson, installation command sergeant major, and Staff Sgt. Tomika Velazquez, joined Food Network host Giada DeLaurentiis in front of the cameras. The show aired in July.



READY TO ROLL — Soldiers from the 79th Military Police Company hone special skills on the Fort Dix Military Operations on Urban Terrain site, as part of the Army Training Evaluation Program. The Minnesota unit's 30 Soldiers are preparing to conduct a security-detail mission in support of the Global War on Terrorism.



CRUNCH TIME — Demolition along Maryland Avenue, below, removed stucco structures from the 1930s and set the stage for construction of the 99th Regional Readiness Sustainment Command Headquarters, set to open for operations in early 2009.



NEIGHBORHOOD

THE CORNER

MLK celebration to be held at Club Dix

The Martin Luther King Jr. "A Day On, Not a Day Off" Birthday Celebration will be held **Jan 10, 2008**, from 11:30 a.m. to 1 p.m. at Club Dix, Alabama Avenue and 8th Street.

Tickets cost \$13.50 and can be purchased from Frances Booth at 562-3930, Kelly Cezar at 562-5881, Fay Marshall-Dease at 562-2666 and Gaylor Simons at 754-5346.

DoD taking nominations for ESGR Freedom Award

The Department of Defense opened the nomination season for the 2008 Secretary of Defense Employer Support Freedom Award Nov. 1.

Nominations will be accepted at www.esgr.mil until Jan. 21, 2008. The Secretary of Defense Employer Support Freedom Award is the U.S. government's highest recognition given to outstanding employers.

For questions, call Hank Piere at 609-215-1566.

Government Housing office seeks RRB members

Fort Dix and McGuire Air Force Base are seeking additional Family Housing Residents to serve on the housing privatization Resident Representative Board (RRB). The RRB's objective is to provide resident input to improve their housing communities.

RRB members need to be UC family housing residents and willing to obtain input from other residents. The RRB meets once a month, typically at 1 p.m. on the second Wednesday on Fort Dix or McGuire.

The next RRB meeting is scheduled for Dec. 12 at 1 p.m. in the McGuire Club, 2508 East Third Street. For more information or to join the RRB, call Judith Holliday at 754-5361 or Rich Sample at 562-5025 or send e-mail to jholliday@mcguire.af.mil or richard.sample@us.army.mil.

Volunteers needed for speaking engagements

The Fort Dix Public Affairs Office is currently looking for officer and senior NCO volunteers to help us in our community relations efforts by becoming part of our speaker's bureau. All that's needed for speaking engagements is enthusiasm, personality and the ability to read and engage the audience.

So if you have the availability and desire to connect with our neighbors and bring a personal touch to the Fort Dix community, please call Gerry Zanzalari, Fort Dix Public Affairs, at 562-4034.

Alcoholics Anonymous meetings held weekly

Part of the mission of the Army Substance Abuse Program is to support 12 Step Programs in the community. There are two Alcoholics Anonymous meetings on Fort Dix.

Each Tuesday night at Bldg. 9015 is a closed meeting for members from 7:30-8:30 p.m. On Thursday nights, there is a meeting at the Main Chapel from 7:45 p.m. (use the 8th Street parking lot entrance; the meeting is in the lounge near Fellowship Hall).

There is no cost except the desire to stop drinking behaviors that are harmful to self and others. If you or someone you care about needs help, these meetings are ANONYMOUS. For more information, call 562-2020 or 4011, or stop by Bldg. 5203.

State to offer Army retiree license plates

The Fort Dix Retiree Council would like to solicit your help in supporting the N.J. Retired Army Retiree License Plate Initiative.

To apply for the New Jersey Retired Army plates, a minimum of 150 applicants are required. There is a fee of \$15 for each set of license plates per car.

To apply, call retired Command Sgt. Maj. Walker at 351-5020, retired 1st Sgt. Tamayo at 670-3586, or the RSO at 562-2666. Information needed is name, rank, address, and current license plate number.

Checks and money orders should be made payable to the Fort Dix Retiree Council. Only N.J. residents can apply.

Family Place opens for Dix/McGuire

Ryan Morton
Public Affairs Staff

On Dec. 12, the Fort Dix and McGuire Air Force Base communities and United Communities Leasing hosted an open house for "Family Place" located at 3924 H Spaatz Drive, in the Dix/McGuire Falcon Courts North housing development. "Family Place" offers programs from many military organizations to help service members and their families handle life and family concerns.

Some of those organizations include the Family Advocacy Program, Army Community Service (ACS), the Health and Wellness Center, and the Airmen and Family Readiness Center.

"We want to make the community aware that these programs exist and are here to help people in the joint-base community," Melodye Giovanni, McGuire Family Advocacy Program Outreach manager, said.

"Family Place" offers classes and counseling services such as a postpartum depression support group, domestic violence services, anger management classes, and family, individual, and marital counseling.

Several organizations donated



Ryan Morton

WISH LIST -- Colton Sellner tells Santa what he wants during the open house of "Family Place" Dec. 12.

time, money, and services towards "Family Place." The Air Mobility Wing, 305 Medical Group, the Dix/McGuire BX/PX, donated furniture, equipment, and thousands of dollars. Comcast Cable also jumped on board and donated its services.

"This is a great opportunity for us to come out and be a part of the mil-

itary community," said James Mallon, Comcast area manager of government affairs.

The primary purpose of "Family Place" is to help accommodate service members and their families by offering life skills classes, said Giovanni. Classes to help deal with relevant issues in today's military culture

such as deployments, financial concerns, and marital problems.

"We want people to learn how to deal with predictable or unexpected life problems and to be able to cope with the ordinary stresses of life," said Giovanni.

McGuire's 305 Air Mobility Wing commander, Col. Balan Ayyar, came out to see what "Family Place" has to offer.

"I think this is a great place. It's a win-win situation for everybody and it helps to have a place like this for our Soldiers and Airmen to come out to," said Ayyar.

Kids also showed up to take part in the open house events too and had the opportunity to sit and spend some quality time with Santa Claus.

One of the biggest perks is the convenient location, said Diane Faturous of the Airmen Family Readiness Center.

"This is a nice idea to put it right here in the neighborhood because it makes it easier for people to come to the events," said Faturous.

For more information about the programs, class times, or questions about the "Family Place," call Melodye Giovanni at 754-9680 or e-mail melodye.giovanni@mcguire.af.mil.



Ballet babies twirl in tutus to Tchaikovsky

Young ballet dancers from the Child Development Center perform to the song "Party March" from Tchaikovsky's Nutcracker during a Holiday Dance Performance Dec. 19.

Pictured are Iyanna Christoph, Beyla Edwards, McKenzie Kligallon, Dezra Prairie, Ashley Rivera, Mia Rodriguez, and Brianna Velasquez. Ballet classes are provided by Child Development Center (CDC) instructor Kacey Burke to eligible CDC and School Age Services children.

Wayne Cook

McGuire Air Force Base debuts new homes

Gerry Zanzalari
Public Affairs Staff

On a clear, cold windy day in late fall on McGuire Air Force Base, a site formerly known as Starlifter Trailer Park was the location of a ceremony marking the official opening of the first 28 newly constructed single-family homes dedicated to senior enlisted personnel.

United Communities, the company responsible for the redevelopment of the family residential communities at McGuire and Fort Dix, held a ribbon-cutting ceremony Dec. 17 to mark the completion of the homes, the first in the joint base housing privatization project.

These homes are the beginning of a 2,084 new and renovated housing unit initiative at Fort Dix and McGuire. Construction on the site began in December 2006 and was completed in November 2007.

Speakers at the ceremony included Secretary of the Air Force Michael Wynne, Congressman James Saxton, Col. Balan Ayyar, commander, 305th Air Mobility Wing, and Richard Haydinger, president, United Communities. Posting of the colors was presented by the Pemberton High School JROTC. The National Anthem was sung by Trooper Tom Cavallo of the

New Jersey State Police and the invocation was offered by Chap. (Col.) Alphonse Stephenson.

Included in the joint base housing project are a combination of new construction and renovations to existing homes. During the next five years, United Communities will construct a projected 1,635 new homes replacing older homes that are no longer viable for repair and renovation because they are obsolete by today's standards.

The project is expected to be completed in 2012 with United Communities continuing to manage and reinvest in the community for a total of fifty years under contract with the Air Force.

Saxton offered his praise of the project and said "The quality of life issues represented by this community are very important to our servicemen and women. It is paramount that they not be concerned about the quality of family environment while they are serving our country. If our military families are happy we can also retain the talent we need to fight and win this long war."

Wynne offered his thanks to Saxton, Ayyar and Col. Ronald R. Thaxton, Fort Dix commander, for their support of the project and said "United Communities, in conjunction with the McGuire and Fort Dix commands,



Gerry Zanzalari

A PLACE TO CALL HOME - A typical home in the Starlifter Homes community on McGuire Air Force Base offers four bedrooms, three baths and amenities such as fireplaces, jacuzzi tubs and two-car garages. The ribbon-cutting ceremony for the first 28 single-family homes in the joint-base housing privatization project was held Dec. 17. These homes were the first of 2,084 new and renovated housing units planned for Fort Dix and McGuire Air Force Base.

have set the pace for quality military family housing across the nation."

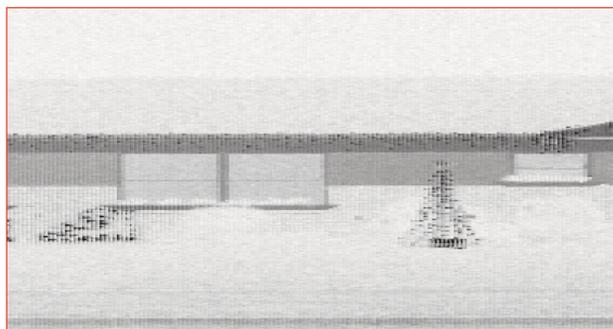
Richard Haydinger, president of United Communities, stated that "It is a great day for McGuire Air Force Base and Fort Dix and the entire privatization process." United Commu-

nities has developed the homes with technologically advanced heating and cooling systems, generous floor plans, upscale amenities like stainless steel appliances, fireplaces, crown molding and jacuzzis, with a special eye toward quality craftsmanship.

Dix leaders recognize decorated dwellings

Air Force Tech Sgt. Randall Heining and family took first place in the Holiday Yard of the Month Competition held Dec. 19. Their home, right, was selected as the best-decorated among many. The Yard of the Month competition is typically held during spring and summer.

Ryan Morton



Army families given voice at AFAP conference

Margaret McKenzie
MWR PAO

ALEXANDRIA, Va., Army News Service, Dec. 14, 2007 — Delegates at the Army Family Action Plan conference reviewed 70 quality-of-life issues from Army installations throughout the world and 10 issues from the Army Wounded Warrior Symposium held here Dec. 3-7.

Each year, the delegates vote to determine the top 5 conference issues, which are then briefed at the next general officer steering committee. This year, seven issues will be reported as a result of a four-way tie.

Gen. George W. Casey, Army chief of staff, opened this year's conference with a call to action that seemed to predict a larger number of issues than usual being addressed and forwarded to the GOSC.

"I think this AFAP is going to be different because it is connected to the Army Family Covenant," Gen. Casey said. "I need for you to think about AFAP in those terms. I think we will get a lot more momentum because of this than we might have had in the past."

Gen. Casey said he has been an Army Family member for 59 years, and that the motto in the Casey Family, "make the best of it," is not what Families want right now.

"Listening to the Families, having been in Iraq, understanding what we are asking of them and having lost my own dad in Vietnam, I understand

the impact war has on Families. They need more than that, and we are committed to delivering."

In June of 2008, the GOSC will review action plans for the following issues: minimum disability retirement pay for medically retired wounded warriors; traumatic service members group life insurance for post-traumatic stress disorder, traumatic brain injury and uniplegia; and the federal hiring process for wounded warriors. The issues caught in the four-way tie were: Health and Wellness Centers; medical care access for non-dependent caregivers of severely wounded soldiers; staffing to support the physical disability evaluation system; and a comprehensive behavioral health program for children.

AFAP was created in 1983 with the initial AFAP planning conference, and developed fully in 1984, the Year of the Army Family, as a program to help the Army address the needs and concerns of Family members. The program highlights the importance of Army Families and uses Family representatives from around the world to identify issues that will improve the standard of living for Soldiers and Families. AFAP provides a way for an Army Family member to become a tangible end-product for Soldiers and their Families. It addresses quality-of-life issues for Soldiers, retirees, Department of Army civilian employees, and all their Family members.

The process allows for the voicing of what's working and what isn't and provides a recommended solution to fix it.

Senior Army leadership is alerted to areas of concern that need their attention, which gives them an opportunity to put plans into place to resolve the issues. In the past 24 years 633 issues identified in the AFAP process have driven 101 legislative changes, 147 Department of Defense Army policy and regulatory changes and 165 improved programs and services.

"AFAP enables the military Family voice to reach from the lowest level all the way up to today's Secretary of the Army, the Vice Chief of Staff of the Army, the assistant of the Army for Manpower and Reserve Affairs, and the Sergeant Major of the Army," said Lt. Gen Benjamin C. Freakley, commander of the U.S. Army Accessions Command.

"Army leadership was here to hear about Army Families and I think their voices were heard." "It is great today to see all the things unfolding like care for the military child in the local community and all the wonderful things that Gen. Pinckney has done to provide resources to dispersed Families," Lt. Gen. Freakley added.

Commander of the Family and Morale, Welfare and Recreation Command, Brig. Gen. Belinda Pinckney oversees the AFAP process to ensure issues are referred to appropriate agencies for resolution. Secretary of the Army Pete Geren directed his comments at the GOSC attendees which included delegates from the annual AFAP conference, who make the grass roots process possible.

"I want to thank all of you for the great work that you've done to bring us where we are today," Sec. Geren said. "The initiatives you all have brought forth from the grassroots already have begun to make a difference in the lives of Families."



Lt. Gen. James Campbell, director of Army Staff, left, speaks to Kasey Cerny and Kim Turner, Army Family Action Plan (AFAP) teen delegates, at the AFAP conference in Alexandria, Va., this past week. During the five-day conference, delegates reviewed 70 issues from Army installations throughout the world to help set standards of living for Soldiers and families.

Margaret McKenzie

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"But this is a project that will never be finished," he continued. "We must continue as an Army to adapt to the needs of Families, our all-volunteer force, its Soldiers, its spouses and its kids. And if we're going to sustain the health of this all-volunteer force, if we're going to sustain the existence of an all-volunteer force, we've got to make sure that as an Army, we meet the needs of every piece of that all-volunteer force. So I cannot overstate how important this initiative is."

The secretary thanked all the participants from the various areas, agencies and installations around the Army and the Army community for their efforts and for putting other obligations on hold to commit to this effort.

Delegates working the conference were impressed with the process and how it affects them personally through changes on the installations and in the communities they represent.

"I think this is a very important process," said Sgt. 1st Class Alana Payne, a drill sergeant at Fort Jackson, S.C. "As an active duty Soldier, a lot of times changes come through, and you are aware that changes have been made but you don't realize the process. When you are part of the change and you see how things happen, it makes you appreciate the changes and you look at things in a different light."

"It takes on a different meaning when you see how many people are actually involved and what happens

when we push issues forward from installations," she continued. "It gives me a new awareness and appreciation for the hard work that goes into this AFAP process."

Spe. Jonathan Maki, the president for the Better Opportunities for Single Soldiers from Grafenveer, Germany, pointed out the statistics about the number of legislative changes that have been made through AFAP show how much senior leadership listens.

"I think the AFAP process is great because it brings awareness on programs that might not get the attention that they need," he said. "It brings the awareness directly to the senior leadership of the Army to say: 'Hey, we need some help.' Senior leaders do listen, and keep in mind, that is doing good for the Army."

"I am part of the BOSS program, which was an AFAP issue in 1989," Spe. Maki continued. "Single Soldiers make up more than 40 percent of the Army population and the AFAP process brought BOSS into focus."

As Assistant Chief of Staff for Installation Management and Commander of the Installation Management Command, Lt. Gen. Robert Wilson has been deeply involved in the AFAP process for a year and a half. "I think AFAP is hugely important to taking care of Soldiers and Families, and now that the Chief and Secretary have put a new emphasis on Family it is even going to make it more important to how we address our readiness issues."

The process and the life cycle of an issue brought up during AFAP doesn't end until a decision is made at the GOSC that the issue has been satisfactorily resolved or declared unattainable. GOSC will meet June 4, 2008 to review issues identified during this conference, and to continue efforts to resolve issues identified in previous years.

Dix rep raises issues at AFAP conference

Lisa Evans
Public Affairs Staff

One of Fort Dix's own attended the Army Family Action Plan (AFAP) conference in Alexandria, Va., in early December.

Andre Reid, a volunteer with Army Community Service (ACS), attended and presented several items to the conference for consideration.

Items on Reid's agenda for the conference included mental health benefits for children of deployed parents, tutoring for children moved from school district to school district with varying requirements, and medical and dental care for survivor families.

For more day-to-day needs, Reid wanted to see something done for nine- and 10-year-old children at Fort Dix. Reid said children that age feel too old for Child and Youth Services (CYS), and yet are considered too young for the Youth Center. Reid found the Army had anticipated the need and agreed to open the Youth Center to nine- and 10-year-old children every afternoon and on Saturdays.

Tutoring was another need that the Army anticipated. Funding has been approved for tutors to help students moved from school to school where differing requirements and levels of education are the norm. Tutors will be hired in the future, but as yet no job description or qualifications have been drawn up.

Of the conference overall, Reid was very positive.

"The conference was very well put together, was organized beautifully. The facilitators were very knowledgeable of what was going on. Our subject matter expert went over and beyond with knowledge of what was happening in every classroom."

Fran Booth, volunteer coordinator for Fort Dix ACS, asked Reid to attend the conference because she felt Reid was a dedicated volunteer who is a team builder, instructor and trainer. Active in the PTA, Reid is close to the needs of the families at Fort Dix and could give a lot to the conference.

Reid was delighted to be asked and to attend. "It was a great experience and if you ever have an opportunity to do it you should do it."



Ryan Morton

Reaching new heights

Col. Ronald Thaxton, Fort Dix commander, left, and Col. Balan Ayyar, McGuire 305th Air Mobility Wing commander, right, receive awards from Bruce Conway, South Jersey Combined Federal Campaign (CFC) manager, second from left, and Dan Templar, Boy Scouts of America, second from right, for exceeding both installations' CFC fund-drive goals. The Fort Dix community contributed more than \$45,800, exceeding its \$33,000 goal, while the McGuire Air Force Base community gave \$175,000, beating its goal of \$160,000.

Logistics wiz named 2006 Warrant Officer of Year



444th MPAD

TOP DOG — Chief Warrant Officer Thomas Russo, Mobility Officer for the New Jersey National Guard's Joint Forces Headquarters, displays his Transportation Corps Regimental Warrant Officer of the Year award for 2006.

Spe. Pablo Vizcaino
444th Mobile Public Affairs
Detachment

Soldiers many times take for granted just how much effort it takes to get gear to link up with them at the right time around the world.

Military personnel count on the equipment such as a HUMVEE or tank being there, not realizing the behind the scenes work it took to meet their expectations. But it is heartening to know the logistics warriors behind this hard work don't go unnoticed for their efforts.

Chief Warrant Officer Thomas Russo, Mobility Officer for the New Jersey National Guard's Joint Forces Headquarters (JFHQ) became the recipient of the reserve component Transportation Corps Regimental Warrant Officer of the Year award for 2006. The prestigious award was due to Thomas's efforts as a major player in the movement of a division worth of equipment and personnel to Iraq and back in support of the Global War on Terrorism.

His accomplishments included direct movement con-

trol support to the New Jersey Army National Guard, Fort Dix, Fort Monmouth, and Picatinny Arsenal.

Additional support was provided to Army Reserve units stationed in New Jersey, and the Defense Movement Coordinators in New York, Pennsylvania, Delaware, Maryland, Connecticut, and Rhode Island.

Russo also acted as the direct liaison with New Jersey Department of Transportation and New Jersey State Police to ensure that convoys where not interfered with, due to weapons mounted on vehicles, while traveling county and state roads.

The award he received in October of this year is national in scope. Eligible candidates come from all 54 states and territories must have a packet submitted for consideration. Potential candidates are judged not only on their military accomplishments, but are asked about their personal lives and service to their community.

Russo is no stranger to his community since he coaches a competitive soccer team in Hamilton Township, and serves a member of the Clifton

Mill Townhouse Association.

Present at the award ceremony, which took place during the weeklong Transportation Corps Regimental Review in Fort Eustis, Va., was his wife, Hope Marie. She was able to share in this special occasion. "She was very proud," Russo said.

Coincidentally, he reminisced, that week was unusual by special because it coincided with the yearly Transportation Ball, which he and his wife were able to attend. "My wife got to meet and greet people, it was our first official function. Dress blues and all, very fun," he said.

So, does he see any more awards in the future? His plans are to put in for another award for 2007, with his chances of winning very high. "Especially with the 50th Brigade going out, there will be a lot of stuff going on," he said. As if to erase any doubts, Russo concluded, "I just got done moving 20 M1 tanks out to Sierra, California." While we don't know what the future holds, it is assured that equipment will get where it needs to be, as he continues to keep the New Jersey National Guard moving.

Dix Elementary debuts Media Center

Shawn Morris
Public Affairs Staff

Educators took one small step for the Fort Dix Elementary School, and one giant leap for its current and future students Dec. 11 as they debuted the school's Memorial Media Center.

Parents, teachers, students, school officials and members of Team Dix were on hand to celebrate the center's grand opening and dedication.

"Today marks a great day for the Fort Dix Elementary School," said Tamra Garbutt, school principal.

"We dedicate this facility to warriors who have exchanged their lives for freedom," added Col. Roger Cotton, deputy installation commander.

The 6,621-square-foot center features a high-tech library and 30-station wireless laptop lab boasting an overhead-mounted projector and 77-inch interactive Smart Board.

"The Fort Dix Elementary School finally has a state-of-the-art instructional media center," said Angelo Butera, an architect with Regan Young

England Butera, the firm that designed the center. "This lofty space - these lofty ideas - will be paying dividends to the children of Fort Dix and Pemberton for years to come."

The \$2.7-million center was funded by Federal Impact Aid and was built by Fox General Contractor, Inc., using the latest environmentally friendly technology such as light-colored roofing that reflects heat away from the building, light shelves that make the most of natural light, daylight sensors that automatically adjust artificial lighting levels, and artificial-lighting sensors that strategically adjust lighting based upon occupancy levels.

"The Media Center is the nexus of your building," explained Michael Gorman, Ed.D., superintendent of schools. "It makes a statement about the faith and belief we all have in Fort Dix and the Fort Dix Elementary School."

"The Media Center expands our minds," said Madeline Pryor, Board of Education president.

"Now that this Media Center has opened," she said, "let the adventures begin."



A CUT ABOVE - Tamra Garbutt, Fort Dix Elementary School principal, left, cuts the ribbon on the school's new Memorial Media Center during the grand opening and dedication ceremony Dec. 11. The new 6,621-square-foot center features a state-of-the-art library and 30-station wireless laptop lab boasting an overhead-mounted projector and 77-inch interactive Smart Board, below. The event included several speakers, Presentation of the Colors by Junior Reserve Officer Training Corps cadets, and a rendition of "Proud to Be An American" by the school's fourth graders, below left.

photos by Shawn Morris



Troops receive reward, recognition



Ryan Morton

Staff Sgt. James Pitts and Spc. Wayne Erickson, from left kneeling, and Master Sgt. Charles Cuneo, Staff Sgt. Tyrone Hall, Sgt. Steve Allen and Staff Sgt. Steven Stanley, from left standing, all with the 1st Battalion, 309th Regiment, 72nd Field Artillery Battalion, receive Army Achievement Medals for their work training Soldiers deploying overseas. Stanley received two Army Achievement Medals.



Sgt. Maj. John Humphries, Warrior Transition Unit, above right, smiles as his wife, Leonora, attaches his new chevrons to his uniform during a promotion ceremony held at Club Dix Dec. 17. Col. Judith Robinson, commander, Watson Medical Support Element, congratulates the couple.



Wayne Cook

photos by Ryan Morton



Capt. Donato D'Angelo Jr., 1-309th, 72nd Field Artillery Battalion, top left, gets a Certificate of Appreciation from Lt. Col. Joseph Chirico, Mobilization Readiness Battalion commander, as does Sgt. 1st Class Anthony Legore, above left.

WDIX Channel 2

Announcements



Movie Schedule
at the McGuire AFB Theatre
Movie Hotline 754-5139

Friday, Dec. 21 @ 7:30 p.m.

Mr. Magorium's Wonder Emporium - *Dustin Hoffman, Natalie Portman* - Molly Mahoney is the awkward and insecure manager of Mr. Magorium's Wonder Emporium, the strangest, most fantastic, most wonderful toy store in the world. But when Mr. Magorium, the 243-year-old eccentric store owner, bequeaths the store to her, a dark and ominous change begins to take over the once remarkable Emporium.

MPAA Rating: G - general audiences

Run time: 94 minutes

Saturday, Dec. 22 @ 7:30 p.m.

Lions for Lambs - *Tom Cruise, Meryl Streep* - Two determined students at a West Coast University, Arian and Ernest, follow the inspiration of their idealistic professor, Dr. Malley, and attempt to do something important with their lives. But when the two make the bold decision to join the battle in Afghanistan, Malley is both moved and distraught. As Arian and Ernest fight for survival in the field, they become the string that binds together two disparate stories on opposite sides of America. In California, Dr. Malley attempts to reach a privileged but disaffected student who is the very opposite of Arian and Ernest. In Washington D.C., presidential hopeful Senator Jasper Irving is about to give a bombshell story to a probing TV journalist that may affect Arian and Ernest's fates. The three stories are woven tightly together, revealing how each of these Americans has a profound impact on each other and the world.

MPAA Rating: R - some war violence and language

Run time: 92 minutes

Future Features...

Beowulf

Friday, Dec. 28 @ 7:30 p.m.
PG-13, 113 minutes.

Enchantment

Saturday, Dec. 29 @ 7:30 p.m.
PG, 92 minutes.

Fort Dix Army Education Center

Holiday Hours

Counseling Hours

Dec. 24-25 - CLOSED
Dec. 26 - 9:30 a.m. to 1 p.m.
Dec. 27-28 - no counseling
Dec. 31-Jan. 1 - CLOSED

Testing Hours

Dec. 24-26 - CLOSED
Dec. 27-28 - 8 to 11 a.m.
Dec. 31-Jan. 1 - CLOSED

Call 562-4894 for more information and lab hours.

Have a Happy and Safe Holiday Season from everyone at the Public Affairs Office and the staff of 'the POST'

Family Advocacy - 562-5200
Chaplain - 562-2020
American Red Cross - 562-2258
Army Emergency Relief - 562-2767

Youth Center

Bldg. 1279 Locust Street

562-5061

Hours of Operation:

Tuesday - Friday 2 to 7 p.m.

Saturday 1 to 7 p.m.

Sunday & Monday CLOSED

Administrative Hours:

Tuesday - Friday noon to 6 p.m.

Dec 21 - Dec 31

Friday

Power Hour

2:30 - 4:30 p.m.

Computer Lab

4 - 6 p.m.

Keystone Club

6 - 8 p.m.

Monday

CLOSED

Tuesday

CLOSED

Wednesday

Self-Directed Activities

1 - 7 p.m.

Thursday

Self-Directed Activities

1 - 7 p.m.

Friday

Self-Directed Activities

1 - 7 p.m.

DEC. 29 - 31

CLOSED

Main Chapel

562-2020

Sunday Services

Protestant 9 - 10 a.m.
Catholic Mass 10:15 - 11:15 a.m.
Gospel 11:30 a.m. - 1 p.m.

Camp Victory - Chaplain's tent

Protestant 8 a.m. - 9 a.m.
Catholic 8 a.m. - 9 a.m.
Mormon 8 a.m. - 9 a.m.
Jewish 8 a.m. - 9 a.m.

Wednesday Services

Main Chapel

Protestant 7:30 to 8:30 p.m.

Religious Services

Islamic Prayer room
open 7 a.m. to 4:30 p.m. Monday through Friday - Room 24

Catholic Adult Bible Study

Sundays, 11:30 a.m.

Christian Women of the Chapel - Bible Study - Tuesdays, 9:30 a.m. to noon

Christian Men of the Chapel - Prayer Breakfast - Fourth Saturday of each month, 9 to 11 a.m.

Youth of the Chapel

Every second and fourth Tuesday 7 to 9 p.m.

Jewish services available by request
For additional services or Religious Support please call 562-2020

Religious materials are available at the JRC, the Main Chapel, and Camp Victory
Holiday Events and Services
Sun., Dec. 23 - regular scheduled services
Mon., Dec. 24 - Catholic Mass, 5 p.m.;
Candlelight Service, 7 p.m.

Tues., Dec. 25 - Catholic Mass, 10:15 a.m.
Sun., Dec. 30 - regular scheduled services
Mon., Dec. 31 - Catholic Mass, 6 p.m.

Read The Post!

MWR

CHRISTMAS TREES

Outdoor Rec. Christmas Trees on sale.

For more information call 562-2707

CREATE IN '08

at the
Arts & Crafts Center
painting classes start

Jan. 3

call for more information
562-5691

United Communities Housing Information

Holiday Hours

Dec. 31 - All offices closed for a half-day
Jan. 1, 2008 - All offices closed

Leasing Office - 723-4290
Maintenance Office - 724-0500
Maintenance Scheduling, Progress, and Trash Concerns - 724-0550

Residential Refuse Collection

Mondays
McGuire AFB, 3800s and 3900s

Tuesdays
All of Fort Dix, including Quarters 201, 501 and 1900

Thursdays
McGuire AFB, 4000s, 4400s and 4500s

Recyclables are picked up every Thursday.
Yard and garden waste is picked up every Monday and Tuesday.

2007 International and Military Mail Christmas Mailing Dates

To ensure delivery of holiday cards and packages by December 25 to military APO/FPO addresses overseas and to international addresses, we suggest that mail be entered by the recommended mailing dates listed below. Beat the last-minute rush and take your mail to your Post Office by these suggested dates. And don't forget you can print postage, labels, and Customs Forms online 24/7 using Click-N-SHIP at usps.com/shipship.

Remember, all mail addressed to military post offices overseas is subject to certain conditions or restrictions regarding content, preparation, and handling. APO/FPO addresses generally require Customs Forms. To see a table of active APO and FPO addresses and mailing restrictions by individual APO/FPO ZIP Codes, go to pe.usps.com and click "Postal Bulletin." Go to the current issue and see the heading "Overseas Military Mail."

| Military Mail Addressed To | Express Mail® Military Service (EMMS)† | First-Class Mail® Letters/CarDS | Priority Mail® | Parcel Airmail Mail (PAL)‡ | Space Available Mail (SAM)‡ | Parcel Post® |
|----------------------------|--|---------------------------------|----------------|----------------------------|-----------------------------|--------------|
| APO/FPO AE ZIPs 090-092 | Dec 18 | Dec 11 | Dec 11 | Dec 4 | Nov 27 | Nov 13 |
| APO/FPO AE ZIP 063 | N/A | Dec 4 | Dec 4 | Dec 1 | Nov 27 | Nov 13 |
| APO/FPO AE ZIPs 094-098 | Dec 18 | Dec 11 | Dec 11 | Dec 4 | Nov 27 | Nov 13 |
| APO/FPO AA ZIPs 340 | Dec 18 | Dec 11 | Dec 11 | Dec 4 | Nov 27 | Nov 13 |
| APO/FPO AF ZIPs 962-966 | Dec 18 | Dec 11 | Dec 11 | Dec 4 | Nov 27 | Nov 13 |

1/ EMMS - Express Mail Military Service is available to selected military post offices. Check with your local Post Office to determine if this service is available to your APO/FPO address.

2/ PAL - PAL is a service that provides air transportation for parcels on a space-available basis. It is available for Parcel Post items not exceeding 30 pounds in weight or 60 inches in length and girth combined. The applicable PAL fee must be paid in addition to the regular surface rate of postage for each addressed piece sent by PAL service.

3/ SAM - SAM parcels are paid at Parcel Post postage rate of postage with maximum weight and size limits of 15 pounds and 60 inches in length and girth combined. SAM parcels are flat transported domestically by surface and then to overseas destinations by air on a space-available basis.

| International Mail Addressed To | Global Express Guaranteed® (GXG)† | Express Mail® International | Priority Mail® International | First-Class Mail® International |
|---------------------------------|-----------------------------------|-----------------------------|------------------------------|---------------------------------|
| Africa | Dec 19 | Dec 12 | Dec 4 | Dec 4 |
| Asia / Pacific Rim | Dec 19 | Dec 17 | Dec 11 | Dec 11 |
| Australia / New Zealand | Dec 19 | Dec 17 | Dec 11 | Dec 11 |
| Canada | Dec 20 | Dec 18 | Dec 11 | Dec 11 |
| Caribbean | Dec 19 | Dec 17 | Dec 11 | Dec 11 |
| Central & South America | Dec 19 | Dec 12 | Dec 4 | Dec 4 |
| Mexico | Dec 19 | Dec 17 | Dec 11 | Dec 11 |
| Europe | Dec 19 | Dec 17 | Dec 11 | Dec 11 |
| Middle East | Dec 19 | Dec 17 | Dec 11 | Dec 11 |

4/ GXG is available to over 190 countries via an alliance with Federal Express. See a retail associate at participating locations for a complete list of countries and money-back guarantee details, or go to pe.usps.com, and click "International Rates and Fees," then "Country Listing." You can also see the March/April 2007 issue of MailPro. Some restrictions apply. Free shipping supplies are available. Purchase postage online and receive 10% discount.

5/ EMS is available to over 190 countries with delivery in 3 to 5 average business days. Guaranteed, money-back service is available to Australia, China, Hong Kong, Japan and Korea (Republic of South). Flat rate shipping options and free packaging are available. Purchase postage online and receive an 8% discount.

6/ Priority Mail International is available to over 190 countries with delivery in 6-10 average business days. Flat rate shipping options and free packaging are available. Purchase postage online and receive a 5% discount.

*Average number of days may vary based upon origin and destination

Honoring the Colors

| | Reveille 6 a.m. (0600 hours) | Retreat 5 p.m. (1700 hours) |
|--|---|---|
| Military personnel in uniform | Stand at attention, face the flag and salute at first note. | Stand at attention, face the flag for Retreat, then salute at first note of <i>To the Colors</i> . |
| Military personnel not in uniform, civilians | Stand at attention, face the flag and place right hand over heart at first note. | Stand at attention, face the flag for Retreat, then place right hand over heart at first note of <i>To the Colors</i> . |
| Military personnel in formation or in a group | Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Order, Arms" at conclusion. | Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of Retreat. Calls group to "Attention" and "Present, Arms" at first note of <i>To the Colors</i> , then "Order, Arms" at conclusion. |
| Individual military personnel, civilians in a vehicle | Stop vehicle and exit. Follow steps above. | Stop vehicle and exit. Follow steps above. |
| Group of military personnel in a vehicle | Stop vehicle. Individual in charge exits and follows steps above. | Stop vehicle. Individual in charge exits and follows steps above. |

Other bugle calls heard on post are:
Tattoo.....9 p.m. (2100 hours)
Call to Quarters.....9:30 p.m. (2130 hours)
Taps.....10 p.m. (2200 hours)

Read the Post!

Safety test leads to AAFES recall

DALLAS, Dec. 19, 2007. Tests have revealed problems with four "Soldier Bear" toys and consumers are asked to immediately return them. "After being notified of elevated levels of lead by our contracted lab partners, AAFES immediately pulled the products from BX/PX shelves and contacted the Consumer Product Safety Commission," said AAFES' Director of Quality Assurance Tom Rehman. "Today, CPSC and AAFES are voluntarily recalling about 11,400 toys." Manufactured by First Learning Company Ltd. and Toy World Group Co. Ltd, both of Hong Kong, the affected wooden and plastic toys were sold under the "Soldier Bear" logo in AAFES stores worldwide from August 2006 through October 2007. Consumers with questions regarding this recall can contact AAFES at (800) 866-3605 or visit www.AAFES.com for additional information.

24-hour Hotlines

Sexual Assault.....562-3849
Victim Advocacy.....694-8724
Child/Spouse Abuse.....562-6001
Emergencies.....911

Or, visit the Fort Dix Department of Defense Police Department in Bldg. 6049 on 8th Street.

Motor pool maven bids a fond farewell to Fort Dix

Gerry Zanzalari
Public Affairs Staff



Gerry Zanzalari

Arlee Cane has seen a lot of people come and go on Fort Dix. After being at the post off and on in one capacity or another since 1963, he's decided he's seen enough. Arlee will be retiring at the end of 2007. His first look at Fort Dix came in 1963 as a raw Army recruit for Basic and Advanced Infantry Training. Following his Fort Dix initiation into the military way of life, Arlee went off to jump school at Fort Benning, Ga., and then spent some time in South Vietnam, courtesy of the United States Army. Upon his return to the states, Arlee was billeted as a drill sergeant. Those who know him might think: Who better? But the quiet, reserved man who has sat behind the Transportation Motor Officer's desk since 1985 hardly seemed like a drill sergeant. Believe it or not, there's a lot about Arlee many of us just don't know. Arlee's a happy man. He is retired from the Army as a sergeant first class and is very pleased with his life. He has seen support missions in Panama, Kosovo and Desert Storm and said he "happily recalls the times when nobody was an

BON VOYAGE - Arlee Cane sits behind his desk in the Tactical Motor Pool, Dec. 19, anticipating his upcoming retirement after twenty-two years as the Transportation Motor Officer at Fort Dix.

expert and we just had to do it all." Now, he says, "The bureaucracy has run amok." But Arlee just keeps on doing his job. Arlee's retirement doesn't mean that he will be living a life of leisure. He said he plans on working, but he's not sure at what, and that Alice, his wife of 16 years, will most surely keep him busy around the house. Arlee considers himself one lucky guy. We'll surely miss times when nobody was an



Ryan Morton

Big Easy on the range

Range Officer-In Charge Eduardo Flagg, left, instructs Spc. Anthony Hooker during M-249 qualification training at Fort Dix's Range 11 Dec. 19. Hooker is part of the 213th Public Information Detachment from New Orleans, La. The unit is at Fort Dix preparing for deployment to Iraq in support of the Global War on Terrorism.

Stationing decision

(continued from page 1) growing three infantry brigade combat teams in Fiscal Year 2011, one each at Fort Stewart, Ga. (46th BCT), Fort Carson, Colo. (47th BCT), and Fort Bliss, Texas (48th BCT). The two brigade combat teams stationed in Germany for two years will relocate in Fiscal Year 2012 and 2013 respectively. These units tentatively are to go to Fort Bliss, Texas, and White Sands Missile Range, N.M. The Army will also activate eight active component support brigades and reassign two others as part of rebalancing the force at the following locations: In Fiscal Year 08, an air defense artillery brigade head-

quarters activates at Fort Hood, Texas, and an engineer brigade headquarters activates at Schofield Barracks, Hawaii. In Fiscal Year 2009, a maneuver enhancement brigade activates at Fort Leonard Wood, Mo.; in Fiscal Year 2010 a fires brigade activates at Fort Bliss, Texas, and a maneuver enhancement brigade will be restationed to Fort Richardson, Alaska, pending completion of supplemental environmental analysis in accordance with the National Environmental Policy Act. In Fiscal Year 2011, an expeditionary sustainment command headquarters activates at Fort Lewis, Wash., and a sustainment brigade activates at Fort Hood, Texas. In Fiscal Year 2013, a military police brigade will be retained at Schofield Barracks,

Hawaii, a battlefield surveillance brigade activates at Fort Polk, La., and a maneuver enhancement brigade will be restationed to Fort Drum, N.Y. To support these six infantry brigade combat teams and eight support brigades, the Army simultaneously is announcing the stationing of approximately 30,000 Soldiers in combat support and combat service support units throughout the United States as well as various overseas locations. The details are contained in a report directed by the Fiscal Year 2007 Emergency Supplemental Appropriations Act requiring the Secretary of Defense to submit a stationing plan to support Army Growth. For more information about this and other Army news, visit <http://www.army.mil/institution/armypublicaffairs/>

FORT DIX WANTS YOU

TO BE A VOLUNTEER

Call Army Community Service at 562-2767 to find out more about the program

NCO Call at Club Dix

Wednesday evenings at 6 p.m.

MILITARY MATTERS

Bullets

Army announces creation of new Logistics Branch

●The Department of the Army announced, Dec. 13, the establishment of a new branch which will become effective Jan. 1, 2008. The Logistics Branch is the newest branch of the Army for commissioned officers, established by General Order of the Secretary of the Army. Ordnance, Quartermaster and Transportation officers from the ranks of captain through colonel will be united into the Logistics branch. This change will occur across all components of the Army. "Establishment of the Logistics Branch fully supports the needs of the modular Army," said Lt. Gen. Ann Dunwoody, Deputy Chief of Staff, G-4. "It promotes the development of multi-skilled logisticians, capable of anticipating requirements, planning, integrating, and executing all types of deployment and sustainment activities that enable our Nation's forces to initiate and sustain full-spectrum operations. As a result of Army transformation and modularity, Army Logistics has shifted from a functional to a multi-functional focus. The reduction of functional logistics commands and the increase of multifunctional logistics commands at all levels make this a natural evolution for Army logisticians."

"New lieutenants will still begin their careers as Ordnance, Quartermaster or Transportation officers to become technically and tactically proficient in their basic branch specialties," she said. Upon promotion to captain and completion of the Combined Logistics Captains' Career Course, these officers will begin their journey in the Logistics Branch.

The Ordnance, Transportation and Quartermaster branches will still remain.

—Army News Service

McGuire gets 2008 Air show

●NELLIS AIR FORCE BASE, Nev. (AFPN) — The Air Force Air Demonstration Squadron, the Thunderbirds, has announced its 2008 airshow schedule.

And the McGuire AFB air show will be May 31. The team is scheduled to perform more than 67 shows in 25 states and Canada, as it commemorates the 55th Anniversary of the "Ambassadors in Blue."

Lt. Col. Greg Thomas takes the reins as the Thunderbirds commander and leader for the 2008 show season.

"The entire team is excited to announce our schedule for 2008," Colonel Thomas said. "It is truly an honor for me to lead the team in commemorating the 55th anniversary of the Thunderbirds."



U.S. Air Force photo
Thunderbirds F-16

The Thunderbirds will help commemorate another milestone in North America when the team travels to Québec City to perform June 14 and 15, honoring the city's 400th anniversary.

The Thunderbirds, originally known as the 3600th Air Demonstration Unit, out of Luke Air Force Base, Ariz., were activated May 25, 1953. "Originally, the Thunderbirds were created in the infancy of the jet age," Colonel Thomas said. "At that time the pilots and crews' mission were to give confidence to the Air Force pilots of the day, showing that they too could handle the speed and power of jet aircraft."

"Over the last 55 years, the mission has changed slightly to include recruiting young men and women, retaining the quality Airman already in service today and representing the 513,000 active-duty, Guard and Reserve members serving at home and abroad," Colonel Thomas said.

The Air Force Air Demonstration Squadron is an Air Combat Command unit composed of eight pilots (including six demonstration pilots), four support officers, four civilians and about 110 enlisted people performing in more than 29 Air Force specialties.

—Air Force News Service

Units get donated computers

●WASHINGTON, Dec. 10, 2007 — Many deployed servicemembers have received a morale boost thanks to computers donated by a Michigan-based organization.

"We are a group of volunteers (who) rebuild laptop computers and supply them to deployed units for (morale, welfare and recreation), education and entertainment," said James R. Payne, a Vietnam veteran who's president of JDS Computer Donations.

The group acquires laptops, which it refurbishes and donates to nonprofit groups, public schools, and most recently, to deployed servicemembers.

Nearly 500 of the refurbished machines already have been sent overseas to help servicemembers keep in touch with their loved ones back home.

Payne and his volunteers have received many responses from grateful servicemembers, many of which appear on the JDS Computer Donations Web site. One from the executive officer of Company A, 50th Signal Battalion, is a good summary of the sentiment expressed by others.

"On behalf of the soldiers, NCOs, and officers of Alpha Company, 50th Signal Battalion, I want to express how grateful we are for the donation of laptops to our unit," said Army 1st Lt. Benjamin Quimby. "Especially with the price of telephone minutes being so high, being able to use computers to communicate to loved ones back in the States is a convenience that we do not take for granted."

JDS Computer Donations is not part of the Any Soldier Inc. support team. Both JDS Computer Donations and Any Soldier Inc. are supporters of America Supports You, a Defense Department program connecting citizens and corporations with military personnel and their families serving at home and abroad.

—Samantha L. Quigley/AFPS



Courtesy photo

VOLUNTEERS FORWARD — More than 3,000 volunteers gathered this week at Arlington National Cemetery to place 10,000 donated wreaths on veterans' graves.

Volunteers decorate veterans' gravesites

Linda Hosek
AFPS

ARLINGTON, Va., Dec. 16, 2007 — They came from around the country, some with tears in their eyes, putting holiday demands on hold to honor veterans' most never knew.

In a few hours in freezing temperatures, about 3,000 volunteers yesterday placed more than 10,000 balsam fir wreaths with blazing red bows on graves at Arlington National Cemetery here.

"I wish I could lay one on all of them," said Charles Wright, a Vietnam War Marine veteran and commander of the Kansas City Composite Squadron, a civil air patrol unit. "This is a tribute I'll remember forever."

Morrill Worcester, owner of Worcester Wreath Company in Harrington, Maine, donated the wreaths "to remember the fallen, honor those who serve and teach our children the value of freedom," he said.

"It touches so many people, it just continues to grow," said Worcester, who launched the Arlington Wreath Project at the cemetery in 1992 with about 5,000 wreaths and 25 volunteers, mostly from the Maine State Society of Washington.

Morrill Worcester, owner of Worcester Wreath Company in Harrington, Maine, donated the wreaths "to remember the fallen, honor those who serve and teach our children the value of freedom," he said.

"I don't think they realize that the ultimate sacrifice by these veterans happened for them," he said, adding that more than 740,000 troops have been killed or listed as missing in action since World War I. "It's a tremendous loss of life."

Worcester also stopped at several towns for ceremonies during his 740-mile trip to transport the wreaths, all made in Maine. Two Maine companies donated trucks, which were escorted by Maine State Police troopers and members of the Patriot Guard Riders, a nationwide group of veteran bikers.

Other volunteers who handed out wreaths by the armfuls included members of the Maine Civil Air Patrol, local Veterans of Foreign Wars and American Legion posts, congressional staffers, scout troops and school children.

Worcester got into the wreath business to earn money when he was a University of Maine student in animal science, but said he now serves as the sole supplier for L.L. Bean and operates the biggest mail-order wreath business in the country. He also said he started the wreath project "by mistake," explaining that he had extra wreaths in 1992 and decided to decorate graves at Arlington National.

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Travel policy benefits families

Gerry J. Gilmore
AFPS

WASHINGTON, Dec. 17, 2007 — Military families now can access military-supplied air transport to travel to their official "homes of record" located outside the continental United States when their sponsors are deployed for 120 days or more, thanks to a recent policy change, a military official said today.

"We have a significant number of military personnel whose spouses and extended families may not reside in the continental U.S.," Holmes explained. For example, he said, the states of Hawaii and Alaska, and the territory of Guam, fall under the criteria of the new policy.

Military families can save considerable money by using low- or no-cost Space-A flights instead of using commercial airlines to get back to their homes of record, Holmes pointed out. However, family members under age 18 must be accompanied by an eligible parent or legal guardian, according to Defense Department documents explaining the new policy.

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Navy marks anniversary of Great White Fleet

WASHINGTON — One hundred years ago on Dec. 16, 1907, the Great White Fleet departed Hampton Roads, Va., marking the first global naval voyage in America's young history.

The U.S. Navy is honoring the anniversary of Theodore Roosevelt's Great White Fleet deployment over the next year to underscore the Navy's commitment to sustaining a Navy and Marine Corps responsive to the challenges of the 21st century. To kick-off the commemorative period, the Secretary of the Navy, Donald C. Winter, is hosting a ceremony from that very home port on board USS Theodore Roosevelt (CVN 71) Dec. 15.

In 1907, Theodore Roosevelt, 26th president of the United States, sent a portion of the Atlantic fleet on a world tour to test naval readiness, establish global presence and generate international goodwill.

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U.S. Navy is a primary source of our status as a nation of influence and power."

Sixteen battleships, plus auxiliary support ships and 14,000 Sailors and Marines embarked on the 14-month

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ward-looking world power with peaceful intent.

"We are in a time period right now, [in which] we are promulgating our new maritime strategy and just about at the 100th anniversary of the initial sailing of the Great White Fleet," said Winter.

"And this was, if you will, a seminal event in the history of the Navy with which Teddy Roosevelt really was able to mark the coming of age of our Navy as a participant on the international domain."

Winter compared the past with the present by alluding to the Navy's Maritime Strategy — "A Cooperative Strategy for 21st Century Seapower."

"I think many of the antecedents of what we now talk about as integral components of our new maritime strategy date back to some of the initial experiments at that time associated with maritime activities," said Winter.

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Army helping build All-American team

Elizabeth M. Lorge
Army News Service

WASHINGTON (Dec. 14, 2007) - They're not just strong. They're Army strong.

But they're not Soldiers - they're America's top high-school football players using the same leadership, discipline and teamwork that Soldiers put into play on the battlefield. These students will battle it out Jan. 5 in this year's Army All-American Bowl, an East-West match-up in San Antonio sponsored by U.S. Army Accessions Command.

More than ninety Soldier heroes - recipients of the Silver Star, Bronze Star and Purple Heart medals - will be recognized for their heroism in combat during the game. They will also be paired up with the players so the athletes can see first hand what being a true hero is all about.

"I would hope that what we're able to do is show that we're all people, not just who have received awards, but we're all members of the military," said Capt. Lee Vandewater, a Bronze Star withvalor recipient from the Iowa National Guard. "We all are role models and hopefully we can show the high level of integrity we all have, and can pass it on to them. I'm hoping that we can positively influence these athletes because some of these guys are going to be in the NFL. They're going to be role models."

According to Coach Herman Boone, namesake of the bowl's most valuable-player trophy, and his former assistant, Coach Bill Yoast, the seven Army values - loyalty, duty, respect, selfless service, honor, integrity and personal

courage - are crucial in building any sports team.

Portrayed by Denzel Washington in the movie "Remember the Titans," Boone was named as the head football coach of the newly-integrated T. C. Williams High School in Alexandria, Va., in 1971 and worked with Yoast to build a successful team in spite of racial tensions.

Student athletes come together from across the country and must learn to work together and function as a team in a matter of days, and the teamwork and leadership experience they gain as a result are invaluable, according to Boone.

"But one of the most important things that those kids get to see is that the values of a football team are exactly the same values of the United States Army," he said.

"They're two very similar situations," said Vandewater, who played high school sports. "One may be for entertainment and one may be for national security, but the things that play into them are similar: the leadership aspect, doing things as a team, relying on the strength of certain individuals and realizing the weakness of others, using all of that to your advantage. That's what makes a strong, cohesive military unit and that's what makes a successful football team."

Yoast, a World War II veteran, agreed, saying that football coaches and scouts look for more than just the best player.

"They're looking for character," he said. "And the Army is doing the same thing. You can measure many things, but you can't measure loyalty and integrity, and that comes out of training in both the Army and athletics."

Both he and Boone said that a team is a group of individuals with only one heartbeat and one goal, selfless in their loyalty and dedication to the good of the group. If any member acts as an individual the game, or battle, will be lost.

"You first build a team through trust. Trust becomes respect. Respect becomes the glue that binds us together. I used to tell my team that every person deserves to be respected. They don't deserve to be liked, but they deserve to be respected," said Boone.

Boone used to tell his players about his brother, a Soldier in North Africa during World War II, as an example of what teamwork can accomplish and how it can conquer even deepest racism. One of his brother's platoon mates was from Mississippi, and racist. But during one firefight, the two men ended up in the same foxhole and saved each other's lives.

"They looked at each other, and the thought in both of their eyes was, 'By God man, you're black.' Well, by God man, you're white." Well, okay, we've got to put our differences aside. My brother said they put their backs together, and they started firing in unison, 360 degrees, and they saved each other's lives. They created respect for each other. That respect kept those two people corresponding for 50 years. Had either one of them acted as an individual, both of them would have been dead," he said.

Yoast said he learned a lot of discipline during his service and believes this is important in helping athletes and Soldiers deal with physical, mental and emotional challenges.

"The young men in service are so disciplined. I can see



Master Sgt. Jack Braden

CLASS ACT - Coach Herman Boone greets 1st Sgt. Cynthia Barren and a player before the 2004 All-American Bowl in San Antonio. More than ninety Soldiers - recipients of the Silver Star, Bronze Star and Purple Heart medals - will be recognized for their heroism in combat during the game. They will also be paired up with the players so the athletes can see first hand what being a true hero is all about.

athletes becoming more and more so. We spend a lot of time in San Antonio with the Army and I'm just amazed at the way these young men carry themselves, not only physically, but the way they come back from war and come out and deal with the public, their self-confidence," he said.

In acronym form, the seven Army values spell out an abbreviation of leadership. This is appropriate, because, as Boone said, the values are instilled in a team through its leaders.

"Leaders lead not only by example, leaders lead with passion," he said. "Whether people believe in this person or not, they learn to respect him

because he believes with passion and he leads with truthfulness, honor and dignity. And he makes great sacrifices, not for himself, but for his team. I used to ask my coaches, 'After each practice, ask yourselves, what three leadership goals can you come up with tomorrow that will make your team a better team than it was today?'"

Kids, then the United States Army becomes a very viable option. I found out that kids in today's Army in some places in this country make more in salary than first year teachers. I looked around at my team, the '71 Titans, and there were colonels, majors and captains who had gone to college through the United States Army."

Sports Shorts

Griffith Field House

Saturday & Sunday
9 a.m. to 5 p.m.

Monday - Friday
6 a.m. to 9 p.m.

Holiday Hours
Dec. 22 - Jan. 1
9 a.m. - 6 p.m.

Bowling Center

With temperatures cooling down, the action is heating up at the Fort Dix Bowling Center. Whether playing on a league or open bowling, there's always plenty of fun at the bowling center.

Call about specials Mondays, Wednesdays, Saturdays and Sundays 562-6895.

Monday - Thursday
5 p.m. - 10 p.m.

Friday
5 p.m. - midnight

Saturday
10:30 a.m. - midnight

Sunday
2 p.m. - 9 p.m.

Holiday Pool Hours

Dec. 22
Closes at 3 p.m.

Dec. 23-25
Closed

Dec. 29
Closes at 3 p.m.

Dec. 30
Closed

Dec. 31
lap swim

10:00 a.m. - noon

Rec Swim
noon - 5 p.m.

Griffith Class Schedule

For more information about activities at the Griffith Field house, or to verify class

times, call 562-4888.

Monday
Cardio Kick Express

4:30 p.m. - 5:00 p.m.

Total Toning

5:15 p.m. - 6:15 p.m.

Tuesday
Sculpting Express

9:30 a.m. - 10:00 a.m.

Spin-It

noon - 12:45 p.m.

Intro to Fitness

5:15 p.m. - 6:15 p.m.

Wednesday
Circuit Training

5:15 p.m. - 6:15 p.m.

Thursday
Step & Sculpt

noon - 12:45 p.m.

Pilates Fusion

5:15 p.m. - 6:15 p.m.

Friday
Spin-It

noon - 12:45 p.m.



Ed Mingin

Fitness challenge

Members of the Watson Medical Support Element participate in the Combat Fitness Challenge early Wed. morning at the Griffith Field House. To see what other programs are offered at the field house, call 562-4888.

Fort Dix 2007

Train ● Mobilize ● Support



LIVING HISTORY — Living historians with the First New York Independent Battery fire a volley for the nation's war veterans during the Fort Dix 90th Birthday celebration on Doughboy Field July 18. Below, Col. Ronald R. Thaxton, left, takes command of Fort Dix, accepting the colors from Diane Devens, director, Northeast Region, Installation Management Command. Left, there was always room for baseball, and Little League flourished.



BASIC BLACK — Country music star Clint Black, right, performs at Fort Dix's Timmermann Center Oct. 29 to more than 1,000 service members and civilians. The show was part of the Spirit of America Tour, a project of the California-based, non-profit Robert and Nina Rosenthal Foundation, Inc.



TRAINING GROUND — The 75th Infantry Bn. was one of many units to train at the Operations in Urban Terrain site during the mission at Fort Dix this summer.



REVIEW — Lt. Gen. Russel Honoré, commanding general, First U.S. Army, watches a unit undergoing mobilization training at the Military Operations in Urban Terrain site June 6 at Fort Dix, left. Right, Col. Ronald R. Thaxton, installation commander, and Brig. Gern Karl Horst, comfort the parents of Pfc. Min Soo Choi during the Wrightstown Gate memorialization ceremony to Min Soo, who lost his life Feb. 26, 2005, during a combat patrol in Iraq. The gate is one of several structures dedicated on Fort Dix this year.

