

the Post

Vol. 82, No. 42

Published for the Fort Dix Community since 1942

October 19, 2007

NEWSNOTES

AFAP Conference rescheduled Nov. 7

The Army Family Action Plan Conference originally on tap for Oct. 25 has been rescheduled for Nov. 7 at Timmermann Center from 8 a.m. to 4:30 p.m.

All those interested in joining the conference and discussing ideas to make Fort Dix a better place to live, work and play are welcome to participate.

Please call Fran Booth at 562-3930 for more information or to sign up.

Fort Dix Retiree Council to host buffet luncheon

A luncheon will be sponsored by the Fort Dix Retiree Council for retirees and their guests Nov. 3 at Club Dix, with the Social Time beginning at 11:30 a.m., followed by the luncheon at noon.

The luncheon will be a country buffet and will include Barbecue Ribs, Southern Fried Chicken, Catfish, Macaroni and Cheese, Potato Salad, Hash Puppies, Corn Bread and Buttermilk Biscuits; and Apple Pie for Dessert.

The cost for the luncheon is \$22, gratuity included. Checks can be made payable to the Fort Dix Retiree Council. Retirees and their friends/guests are invited to send reservation requests to Sgt. Maj. Norman Palotto, 15 East Central Avenue, Moorestown, New Jersey, 08057, not later than Oct. 31.

Memorialization Ceremony at Wrightstown Gate today

Fort Dix will honor one of America's fallen heroes at a memorialization ceremony at the Wrightstown Gate today at 10 a.m.

The checkpoint will be named in honor of Pvt. First Class Min Soo Choi, who gave his life in the line of duty Feb. 26, 2005, in Iraq. Choi's family home is in Riverdale.

Everyone is invited to attend the ceremony. The Wrightstown Gate will be closed from 8:30 to 11 to accommodate the event.

Finance Office adopts new hours of operation

The Fort Dix Finance Office is now open Monday through Wednesdays and Friday from 9 a.m. to 3 p.m. and Thursdays from 1 to 3 p.m. The office is located in Building 5418.

WEATHER

FRIDAY -- Chance of morning showers, showers and thunderstorms likely in afternoon and evening. High near 75, overnight low of 60 degrees.

SATURDAY -- Mostly cloudy with chance of morning showers, high of 72 degrees and overnight low of 51.

SUNDAY -- Sunny and clear, high of 76. Some clouds in late afternoon, overnight low of 51 degrees.

MONDAY -- Sunny, high near 80, overnight low of 52 degrees.

TUESDAY -- Chance of showers, mostly cloudy, daytime high of 70 and overnight low of 47 degrees.

WEDNESDAY -- Mostly sunny, high near 65, slight chance of overnight showers, low of 50 degrees.

THURSDAY -- Sunny and clear, high of 68 degrees, breezy into evening with a low of 48 degrees.

Bush seeks Soldier care legislation

WASHINGTON, Oct. 17, 2007 -- President Bush urged Congress today to pass legislation that will realize recommendations made by a bipartisan commission tasked to fix problems with wounded servicemembers' care. Meanwhile, the group's leaders are slated to testify on the matter before lawmakers.

At a White House news conference today, Bush urged Congress promptly to consider a legislation package he submitted yesterday "so that those injured while defending our freedom can get the quality care they deserve."

In the wake of reports that troops at Walter Reed Army Medical Center here were receiving sub-par treatment, the president created the nine-member panel in March, citing a "moral obligation" to provide the best possible care to men and women in uniform. Joined yesterday by commission co-chairs Donna Shalala, a former secretary of health and human

services, and former Kansas Sen. Bob Dole, Bush endorsed the group's comprehensive findings.

"My administration strongly supports the commission's recommendations," Bush said during a news conference at the White House Rose Gar-

den. "We've taken steps to implement them where we can through administrative action, and today we're sending Congress legislation to implement the recommendations that require legislative action."

The Bush administration has implemented 90 percent of the recommendations outlined last summer; the remaining 10 percent require congressional approval. According to a fact sheet published by the White House yesterday, the administration is working with lawmakers to fully implement suggestions.

"More than anything else, Congress now ... must modernize the disability system. It is old-fashioned; it doesn't reflect modern medicine; it's too slow; it's too confusing. We need a system in which any soldier, any sailor, any Marine, any member of their family understand it and can make it work."

**Donna Shalala
Commission Co-Chair**

-- Modernizing and improving the disability and compensation systems.

-- Significantly strengthening support for families.

Shalala and Dole today are expected to testify before Congress and implore lawmakers to further implement their panel's recommendations

beyond the limits of administrative action.

"More than anything else, Congress now ... must modernize the disability system," Shalala said during yesterday's news conference. "It is old-fashioned; it doesn't reflect modern medicine; it's too slow; it's too confusing. We need a system in which any soldier, any sailor, any Marine, any member of their family understand it and can make it work."

The former health and human services secretary said she shares Bush's optimism that Congress will endorse the recommendations. "Our commission members believe we can do it," Dole said the mission of the commission -- which boasts four members who themselves are injured veterans -- transcends partisanship or political biases. "Whatever your views may be on the war, we have one common view on taking care of those who are wounded or injured: whatever it takes," he said.

Clint Black to rock Doughboy Field

Doughboy Field will rock to the sounds of country-music superstar Clint Black Oct. 29 in a free concert starting at 6 p.m.

The concert is part of the Spirit of America Tour, and is open to all Department of Defense identification card holders and their guests.

Clint Patrick Black was born in Long Branch Feb. 4, 1962, but raised in Houston. He dropped out of high

school to play music, supporting himself with day jobs as ironworker and fishing guide.

After building a local reputation, he was brought to the attention of RCA Records, which signed him to a recording contract in 1987. Starting with his first single, "A Beter Man," in 1989, Black scored four straight No. 1s. That same year, he won the Country Music Association's Horizon

Award and the following year, its male vocalist of the year prize.

In 1991, he joined the Grand Ole Opry and scored two more No. 1 hits, "Loving Blind" and "Where Are You Now."

Black won CMA awards in 1993 for the George Jones collaboration "I Don't Need Your Rockin' Chair" and in 1994 for the tribute album, Common Thread: The Songs of the Black

of the Eagles' classic "Desperado."

In addition, his 1998 participation in the all-star single "Same Old Train" won him a Grammy.

His duet partners have included Roy Rogers, Martina McBride and Steve Wariner. A song he wrote with Merle Haggard, "Unganglin' My Mind," reached the Top 5 in 1994.

After repackaging his hits and releasing an acoustic album, Black founded Equity Records, his own

Strykers roll out high-tech training for Guard Soldiers

**Sgt. Pascual Flores
1079th Garrison Support Unit**

For the 600 Soldiers of the 1/11th Infantry Battalion (Mechanized), Pennsylvania Army National Guard (PAARNG) the trip to Fort Dix last weekend for their Battle Assembly training was anything but a normal drive.

While conveying Soldiers up the Pennsylvania and New Jersey Turnpike may not be something new to the commuters traveling on those roads, seeing a convoy of Soldiers riding in Stryker Armored Vehicles, the latest to join the army's vast inventory of combat vehicles, resulted in a lot of double takes.

Able to trace its military root to the Revolutionary War, the Pennsylvania National Guard has many reasons to brag about their history as

one of the oldest and largest National Guard Bureaus in the nation.

The emblem on the crest of the Pennsylvania National Guard was originally devised by Benjamin Franklin in 1748.

"There are only seven brigades with Stryker vehicles and we are the only one in the Reserve Components to be equipped with them," said Lt. Col. Mark O'Hanlon, battalion commander of the 1/11th.

The weekend battle assembly marked the debut of the Stryker vehicles here for Battle Assembly on Fort Dix and a new training experience for the Soldiers of the 1/11th, who took ownership of the vehicles during the months of June and July this year.

Combining the best feature of the

(continued on page 4)



PROVIDING SECURITY--Sgt. Joel Sharp provides instructions to Pfc Josh Goad as Pfc Sean Connors, scans the area. All are attached to Co. C, 1/11th INF, PAARNG.



Photos by Sgt. Pascual Flores

Herstory



Saluting women who shed blood, sweat & tears for America

Steve Snyder
Public Affairs Staff

Stirring speeches and hand-clapping from the heart highlighted a salute to Woman veterans and defense workers held Saturday morning at the Burlington County Library on Oct. 13.

The library joined American Legion Post 79 from Burlington in co-hosting the event, which was meant to recognize contributions of woman veterans from all of America's wars and also honor those women who went to work in defense plants, especially during World War II, when their country desperately needed their help.

An opening address by Library Director Gail Sweet welcomed the crowd, which overflowed the auditorium they jammed into. Chaplain Carl Wooden from American Legion Post 79 started ceremonies off with a prayer before Diana Jeffries from McGuire AFB sang the national anthem.

Ann Hoffman, a WAC in World War II and former chair of the NJ Women Veterans Advisory Committee, talked a little of her experiences as a cook during the war and was followed on the podium by Brig. Gen. Maria Falca-Dodson, deputy adjutant general of the NJ National Guard, who gave a brief history of women who served their country.

NJ State Senator Diane Allen from the 7th Legislative District followed with a thoughtful talk explaining that "Women were not always as celebrated for their service as they are today," especially during the halcyon days of World War II. But to their credit, American women "set their course and didn't turn back."

Before she recited the Air Force Creed, Capt. Letta Von Kreitor, a medical field nurse, gave a moving account of how she decided to enlist in the Air Force after witnessing the attack on the twin towers on 9/11.

Commander Denise Yuriho, Burlington County American Legion; Col. Judy Robinson of the Army Medical Department, plans and operations officer; Claudette Stralz, first woman commander of DAV Chapter 41 in Hamilton; and Henrietta Siodlowski, a cadet nurse, followed up with their recollections and perceptions of what it meant to serve America in their differing military capacities.

Service, of course, is the operative term for patriotic women in America. Some interesting historical tidbits, courtesy of the Women's Research and Education Insti-



Steve Snyder

Steve Snyder

Steve Snyder

TELLING IT LIKE IT WAS -- Speakers at the salute to woman veterans and Defense plant workers included (l-r), World War II veteran Ann Hoffman, USWAC, the former chair of the NJ Women Veterans Advisory Committee; Capt. Letta Von Kreitor, a medical field nurse with the Air Force who gave a moving account of witnessing the attacks on 9/11 and her enlistment shortly thereafter; and Burlington County Library Director Gail Sweet, flanked from the podium by Junior Reserve Officers Training Corps Maj. Yolanda Coffey of Burlington City, far right. The rousing speeches breathed life into the salute held at the Burlington County Library and jointly sponsored by the library and American Legion Post 79 from Burlington.

tute in Washington, D.C., include the following morsels:

- Margaret Corbin was the first woman awarded a disability pension by Congress for wounds she incurred firing her fallen husband's cannon at the Battle of Fort Mifflin during the Revolutionary War.

- During the Civil War, women disguised as men fought on both sides. Two distinguished warriors were Dr. Mary Walker was the only woman ever awarded the Congressional Medal of Honor while Harriet Tubman served as a volunteer nurse, spy and scout for Union forces.

- Cathay Williams was the only woman to serve as a Buffalo Soldier, her identity revealed during an illness.

- About 15,000 women, mostly nurses, served with U.S. forces during the Spanish-American War.

- During World War One, many nurses serving close to the front lines were gassed or wounded.

- Over 200 military nurses were killed by hostile fire during World War II with 432 American service women dying overall. There were 88 American women POWs in World War II, all but one in the Pacific theater.

- Fifty-seven Army nurses arrived in Pusan, Korea less than 72 hours after the first U.S. troops landed. Within days they were treating casualties. Army nurses also landed on the beaches at Inchon on the day of that invasion.

- Seven women died while serving in theater during the Vietnam War. Their names are inscribed on the Vietnam War



www.archives.gov/education/lessons/wwii-posters

ROSIE THE RIVETER -- A famous poster used during World War II to recruit women into factory and war-related work in industrial plants featured Rosie the Riveter, above left, whose features became an icon bolstering the image of American women who were sorely needed in the national war effort. On the right above, John Fillippine, post adjutant for American Legion Post 79 of Burlington, checks the muscle tone of library employee Jo Horton, who embodies the physique and mystique of her illustrious predecessor.

- During the Gulf War about 41,000 women served in theater, 15 were killed and two were taken prisoner.

- Representative Heather Wilson (R-NM) is the first woman veteran to serve in Congress. She is an Air Force Academy graduate and a Rhodes Scholar.

- Lest we forget, the "Rosie Riveters" did more than their share to help win World War II, also. Millions of women joined the civilian workforce, tackling jobs as tough as crane operators, hydraulic press operators, fire fighters, welders, riveters, drill press operators, assembly line workers and so on.

- American women were patriots second to none.



Steve Snyder

HONOR GUARD -- Junior ROTC cadets from Burlington served as the honor guard at the ceremony honoring women veterans and workers.



Steve Snyder

CROWD PLEASING -- The salute to woman patriots was well attended and members of the crowd frequently rocked the hall with cheers and applause.



MARCHING INTO HISTORY -- Members of Lt. Col. Ella Wilton's company from Phillipsburg, N.J., march down the Champs Elysee as the Arc de Triomphe forms an imposing background in Paris on May 14, 1945 when the City of Light was finally liberated from forces threatening to usher in new Dark Ages. None other than Gen. Eisenhower proclaimed that "During the time I have had WAC under my command, they have met every test and task assigned to them... their contributions in efficiency, skill, spirit, and determination are immeasurable."

the Post

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Police aim for success



Police officers from the Fort Dix Department of Defense train for selection to the Special Reaction Team (SRT). Participation in the SRT is voluntary and considered an additional duty. Volunteering for the team are: Kevin Henkel, left, who takes aim at pop-up targets on the Fort Dix ranges; Dave McConnon and Will Smith Jr., from left at bottom left, take cover behind a shield as they keep a "perpetrator" at bay; and Luis Morales and Henkel, from left below, evacuate a "victim" played by Air Force Senior Airman Anthony Walker, 816th Contingency Response Group, McGuire Air Force Base. Team selection has not been finalized.



photos by Pascual Flores

Read The Post!



Pascual Flores

Ending the violence

DoD Police Officer Luis Morales demonstrates the proper technique for self-defense to Rebecca Perez, left, and her mother Anna Perez, during a training session held at the Fort Dix DoD Police Training Facility Oct. 17 as part of Domestic Violence Awareness Month.



RUN AND COVER—Stryker vehicle provides cover for Soldiers from Co. B, 1/111 INF as the advance toward potential enemy position during their training here at Fort Dix. Stryker vehicle, below right, commanded by Staff Sgt. Rick McGovern, Co. A, platoon sergeant and combat veteran from Operation Iraqi Freedom 3.

Strykers roll tech into training —

(continued from page 1) and its particular need. For an infantry unit such as the 1/111th, some of the configurations are infantry carrier vehicle (ICV), mortar carrier vehicle (MCV), medical evacuation vehicle (MEV) and reconnaissance vehicle (RV) just to name a few.

"It is probably the best combat vehicle in the Army that comes in different configurations that offer speed and recoverability," said Sgt. 1st Class

Rick McGovern, Co. A, platoon sergeant and combat veteran from Operation Iraqi Freedom 3.

"Talk about survivability, the vehicle takes a hit that people walk away alive," McGovern said.

"This vehicle is smooth, fast, reliable, and very adaptable that is maneuverable on sand and asphalt," he added.

"Stryker vehicles have saved a lot of lives, money well spent," said combat veteran OIF2, Sgt. 1st Class Dale Guthrie, Training Support Battalion, Fort Indiantown Gap.

Utilizing state of the art technology and a remote operating weapon system, Stryker commanders can arm their specific vehicle with various weapons such as M2 Browning 50 caliber machine guns, Mark 19 automatic grenade launcher as well as anti-tank weapons enabling them to put steel on target with fewer rounds fired.

Equipped with approximately 650 Soldiers and more than 200 wheeled vehicles, of which over 70 are Strykers, the members of the 1/111th PAARNG represent the future for the units that make up the Reserve Components.

"We have outstanding Soldiers and now the outstanding equipment for this Global War on Terrorism," concluded O'Hanlon.

Fort Dix is set to be the future training site for the Stryker vehicles and its Soldiers as the Army continues to fight the Global War on Terrorism.



photos by Sgt. Pascual Flores

ROLLING ALONG—Stryker vehicles from Co. A, 1/111 INF, maneuver down a tank trail here at Fort Dix enroute to mout site Balad, where the Soldiers will dismount and conduct search operations simulating condition in Iraq.



INSIDERS VIEW—Soldiers from Co. A, 1/111 INF, observe the monitor for information prior to moving out to the field for training at the mout site.

NEIGHBORHOOD

THE CORNER

Thrift Shop to hold annual yard sale

Our fall yard sale in the parking lot at the Thrift Shop on Pennsylvania Avenue will be held Oct. 20 from 10 a.m. to 2 p.m. Bring your cast-off treasures and join us.

Participants may register and set up on the day of the event at 9 a.m. A donation of \$10 is requested for parking space size location. Please bring your own display tables and chairs.

This is the third Saturday of the month, so our Thrift Shop will be open as well. With fall full upon us, we are taking consignments of holiday items for Halloween, Thanksgiving, and Christmas. There is a limit of 15 items total per consignment, with a five-item limit on any category, such as toys, appliances, clothing, etc.

Consignment hours are 10 a.m. to noon on Tuesdays and Thursdays with shopping hours from 10 a.m. to 2 p.m. We are also open the first and third Saturdays and first Wednesdays of the month. Please come and check us out.

If you have questions, please call us at 723-2683 during Thrift Shop hours.

Volunteers needed for annual Day of Caring

The Fort Dix Day of Caring will be held Oct. 26 from 11:30 a.m. to 4:30 p.m. Projects include putting together comfort kits for mobilizing Soldiers, designing Healing Hearts, creating Quilts for Kids, landscaping at Providence House and senior-citizen homes, organizing toys for Operation Santa Claus, and supporting local organizations.

The day kicks off with a pizza party at the Main Chapel. Call Frances Booth, Army Volunteer Corps coordinator, at 562-3930, or Army Community Services at 562-2767 for more information or to volunteer.

Alcoholics Anonymous meetings held weekly

Part of the mission of the Army Substance Abuse Program is to support 12 Step Programs in the community. There are two Alcoholics Anonymous meetings on Fort Dix.

Each Tuesday night at Bldg. 9013 is a closed meeting for members from 7:30-8:30 p.m. On Thursday nights, there is a meeting at the Main Chapel from 7-8 p.m. (use the 8th Street parking lot entrance; the meeting is in the lounge near Fellowship Hall)

There is no cost except the desire to stop drinking behaviors that are harmful to self and others. If you or someone you care about needs help, these meetings are ANONYMOUS. For more information, call 562-2020 or 4011, or stop by Bldg. 5203.

Basic Training for Business coming soon

Army Community Service will host a Basic Training for Business seminar Nov. 6 from 5:30 to 7:30 p.m. in Bldg. 5201 Maryland Avenue.

To register, call (856) 225-6221. For directions and access to post, call Rod Martell at 562-2186 48 hours before the training date.

Disclaimer: This opportunity is not an endorsement of the company or the company's products or services by Army Community Service, Fort Dix or the United States Army. This is an effort to provide legitimate employment opportunities for the families of "Team Dix" and our service members preparing for retirement or separation.

State to offer Army retiree license plates

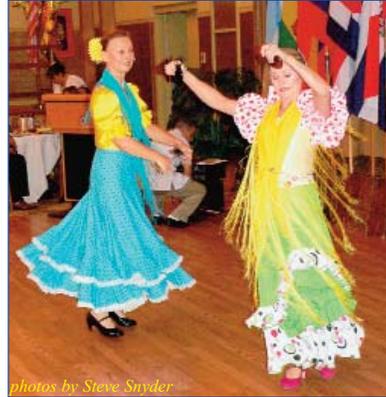
The Fort Dix Retiree Council would like to solicit your help in supporting the N.J. Retired Army Retiree License Plate Initiative.

To apply for the New Jersey Retired Army plates, a minimum of 150 applicants are required. There is a fee of \$15 for each set of license plates per car.

To apply, call retired Command Sgt. Maj. Walker at 351-5020, retired 1st Sgt. Tamayo at 670-3586, or the RSO at 562-2666. Information needed is name, rank, address, and current license plate number.

Checks and money orders should be made payable to the Fort Dix Retiree Council. Only N.J. residents can apply.

Lunch launches Latino lifestyle



photos by Steve Snyder



Annelisse Mandell and Margarita Daniels, top left, tackle some Hispanic dances as does Hector Serrano and Amanda Costillo, at right. Command Sgt. Maj. Juan Cuez, below, from the Army Garrison at Fort Hamilton, N.Y., served as guest speaker for the day's events after being cordially welcomed by Fort Dix Commander, Col. Ronald Thaxton.



The 2007 Hispanic Heritage Luncheon was a rousing success thanks in huge part to Fort Dix's hostess with the mostest, Amada Espinoza. Delicious food combined with superb Spanish dancing highlighted the event. Contributors to the day's success included SSG Ricardo Rosario, SPC Amado Carrasquillo, SPC Joselin Benitez, Kelly Cezar, Maria Tapia, Maria Luna, Bobby Brown, MSG (R) Miguel Morales, Eddie Perry III, children's art from the Fort Dix Elementary School, General Mills contribution of food products and AAFES door prizes.



Martinis & Manicures make mark



Martinis and Manicures night at Club Dix last Friday didn't receive a big turnout but those attending said they enjoyed the experience. At top, Kim Ho attends a client's nails with the suave expertise characteristic of Lam Ngoc's Salon Lane, the full service beauty salon in Wrightstown that supplied beauticians for the night. Bianca Nagy, top right, from MWR's marketing division, sips an apple-flavored martini, deeming it suitable for mass consumption. Nagy's only complaint was that the glasses should have been bigger!

photos by Steve Snyder



Fall programs key physical, mental fitness

October is Fall Into Fitness Month at Griffith Field House as the experts at the post gym scheduled a scintillating mixture of activities to stimulate staying healthy and feeling good.

The latest activity is the Red Ribbon 5K free run/walk starting at noon on Oct. 24 at Griffith Field House. The whole family is invited to participate in this, still another activity designed to promote a drug-free America. Rain or shine, the first 50 runners get a free t-shirt.

Additional activities spotlighting 2007 Red Ribbon Week include "Paint Out Drugs," where aspiring artists can paint hearts for their hero from 9 a.m. to 5 p.m. Tuesday, Oct. 23 at the Arts and Crafts Center. Kids can get a free game of bowling in the "Bowl Down Drugs," day, Wednesday, Oct. 24 at the Bowling Center. Parents, alas, must pay for any game they bowl.

And on Thursday, Oct. 25, a Halloween party at the Indoor Pool from 6 to 8 p.m. aims to "Say Boo to Drugs," with a parade featuring the different costumes.

Enjoying the splendor of nature is a priority with the Fall Walking Club whose members meet every Tuesday and Thursday, Sept. 24 - Nov. 29 at the Griffith Field House from noon until 1 p.m. to keep in shape with congenial company while enjoying the beauties of Fall.

The Walking Club follows a guide map in the Griffith Field House for 5K (3.1 miles) or 3K (miles) jaunts.

Entire families can participate, making new friends while gaining a greater understanding of post geography at the same time. At the end of the program in November all regular participants will receive a free water bottle. But enthusiasts can join at any time.

Keep moving, for health.

MILITARY MATTERS

Bullets

New Defense Media Activity holding logo-design contest

● WASHINGTON, Oct. 15, 2007 - Your original design could help "jump start" the new Defense Media Activity by becoming its first logo.

"The goal of the logo, just like in corporate America, is to communicate specific traits about your organization," said Allison Barber, deputy assistant secretary of defense for public liaison and internal communications. "Hopefully it will communicate some type of world-class feel to it, because we're building the state-of-the-art world-class communication organization."

On Jan. 1, 2008, media outlets of all U.S. military departments and American Forces Information Service will merge to form the new Defense Media Activity. More than 650 military, DoD civilian and contract employees will be co-located in a 185,000-square-foot facility to be built on the grounds of Fort Meade, Md., and set to open in September 2011.

"We realize that part of the energy that comes with creating a new organization is the brand development, and the first tactic is a logo that will communicate a certain look and feel for the DMA," Barber said. "I'm excited to see what comes in from the participants who decide to compete in the logo contest, because I think we have such talented individuals."

Anyone who is part of an organization that will consolidate to the DMA, including military, government civilian and contract employees, is eligible to enter the logo contest.

"When you think about today's communication environment, it is clear that information is vibrant and quick, therefore, our logo needs to embody that same feeling," Barber noted.

According to contest rules, entries should focus on three general themes: media, military and "jointness." Each entry must be accompanied by a one paragraph explanation of the logo's meaning and various aspects of its design.

"Hopefully the logo will present a sense of stability and integrity," Barber said. "Our communication and our products are rooted in those traits."

The contest is open through Nov. 16. All entries must be submitted via e-mail as a "jpg" attachment to dmalogo@afis.mil

"People will submit their logos to the DMA Web site (www.defenselink.mil/dma)," Barber explained. "And on a given day we'll be posting those, and people can go online and vote for their favorite logo."

A panel created by the various military public affairs chiefs ultimately will select the winning design from a pool of those that receive the most votes. Special prizes then will be awarded to top designers.

"We're working hard to create a lot of energy around the logo contest by providing things that will be meaningful and enjoyable to those who compete," Barber said. "It's worth going for, I will tell you that."

Army set to expand Basic Combat Training from nine to 10 weeks

● FORT MONROE, Va., Oct. 11, 2007 - In early November, Basic Combat Training will expand from nine to 10 weeks at all five Army BCT sites, Fort Jackson, S.C., Fort Sill, Okla., Fort Leonard Wood, Mo., Fort Knox, Ky., and Fort Benning, Ga.

"We're going to do 10 weeks of basic training, starting on the November 15th," said Gen. William S. Wallace, the commanding general of the U.S. Army Training and Doctrine Command. "It will be a pilot during this fiscal year. We're going to do it for the first third of the year. The last 10 week course will be complete somewhere around the twenty-first of March, and then we'll go back to our normal nine-week basic training for the rest of the fiscal year."

A reason for conducting a pilot program is to see what effect expanding BCT has on Advanced Individual Training.

"We're doing it as a pilot to make sure we understand the second and third-order of effects of doing 10 weeks of basic training," said Gen. Wallace. "We anticipate a surge in our training population during the second half of the fiscal year which we couldn't get around in terms of scheduling."

"We are not going to add tasks and I have been very specific -- we are not going to add any tasks," said Gen. Wallace. "What we're going to add is time, and give that time to the drill sergeant so that he can ensure that the individuals have mastered those tasks that they need to master, before they go on to AIT. That is the sole purpose. Over my dead body will we add any tasks to basic training."

"We want to make sure we have enough time to review and retrain the things that are required of the Soldiers by the units in the field," said TRADOC Command Sgt. Major John Sparks. "For instance, a Soldier might learn one of the Warrior Tasks and Battle Drills in week two or three. By extending BCT, it gives us the opportunity to review those type of skills and retrain and retest them to ensure that the Soldier, before he departs that BCT unit and heads to AIT, or if it is a one-station unit training back out to the field, that they have the kinds of skills necessary to assimilate into his unit."

In the nine-week BCT the Army currently conducts, Soldiers learn 40 Warrior Tasks and go through 11 Battle Drills. With a ten-week BCT, Soldiers will be able to refresh on what they learned and also get an extra week of physical fitness training.

"We do need to add a little bit of extra time and give it to the drill sergeant," said Gen. Wallace. "In my judgment, it will provide to the AIT commander a better physically fit, more mature, more disciplined Soldier who understands the tasks to master better than he does right now."

Iraqi women volunteer to serve

Sgt. Mike Pryor
Army News Service

BAGHDAD, Oct. 15, 2007 - In a well-lit meeting room in a government building in Baghdad, 20 Iraqi women sat in a circle, intently watching the demonstration in the center of the room. They were dressed modestly but with some flair: bright pink and blue headscarves mixed in among the black chadors and chunky, designer purses rested on the floor beneath their seats.

The friendly, casual atmosphere in the room was similar to a suburban book-club meeting, or maybe a Mary-Kay cosmetics party. But these women were not learning how to apply foundation, they were learning how to lock and load an AK-47.

"Who can show me how to do it?" asked the instructor, an Iraqi Army sergeant, as he held up the weapon.

One of the women jumped up and took the automatic rifle, expertly disassembled it and put it back together. When she cocked it by loudly slamming the charging handle back, the rest of the women applauded.

As members of the first class of female security volunteers in Adhamiyah, all 51 women were groundbreakers. The women will join hundreds of male residents already helping secure Adhamiyah by guarding public sites like schools, hospitals, and government buildings.

The four-day course, which ran from Oct. 8 to 11, was organized by the 3rd Squadron, 7th Cavalry Regiment, and taught by U.S. and Iraqi Soldiers. The training focused on security procedures, proper search techniques and weapons familiarization.

"I think it shows these women that, I, too, can make a difference in my community," said 2nd Lt. Lauren Cabral, the officer in charge of training.

The necessity of having female security guards became clear earlier this month when a female suicide bomber entered a public building without being searched in nearby Fadhil and blew up her explosive vest,



Sgt. Mike Pryor

I AM WOMAN -- Second Lt. Lauren Cabral, a maintenance officer with the 3rd Infantry Division's 3rd Squadron, 7th Cavalry Regiment, attached to the 2nd Brigade Combat Team, 82nd Airborne Division, demonstrates proper security search techniques on women from northern Baghdad's Adhamiyah neighborhood during training for Adhamiyah's first group of women volunteers.

killing several people, said Maj. Ike Sallee, operations officer for the 3rd Squadron, 7th Cavalry.

In Iraq, cultural sensitivities preclude men from searching women, but nothing stops a woman from searching another woman. For that reason, it was important to give women in Adhamiyah the chance to assist with the security effort.

"Their lives are in danger, too," said Pfc. Paula Cook, a military police woman with the 108th Military Police Company and one of the class instructors.

In a culturally conservative society like Iraq, some might criticize the female security volunteers for stepping outside their traditional roles. But Mervat Hussein, a single mother, said no one has the right to criticize the women for trying to protect their community.

"What is the substitute they have? Nothing," Ms. Hussein said. "Should we just stay in our houses, suffering?"

However, while women like Ms. Hussein had the motivation to take part in security efforts, they lacked the know-how. The class remedied that

by teaching them several basic skills they will need to be effective as security volunteers.

On the second day of training, Pfc. Cook demon-

strated search techniques for the group. The class began with nervous titters among the women, who blushed and looked away when Pfc. Cook showed how to search sensitive areas.

But when she showed them how easy it is to hide a weapon, the women started really shaking each other down during role-playing exercises.

"As a female, I definitely feel responsible. I want to teach them everything I know that could help them out on the street."

2nd Lt. Lauren Cabral training officer in charge

"Once we got it across to them that it's for their security as well as everyone else's, I think they got it," she said.

"Towards the end they were really catching on."

"As a female, I definitely feel responsible. I want to teach them everything I know that could help them out on the street," said 2nd Lt. Cabral.

After only a few days of training, many of the women were already feeling more confident and better able to protect themselves and looking forward to using their new knowledge. Ms. Hussein said she had gained a lot of knowledge from the training, especially about the AK-47.

"I really learned many things. I knew nothing about weapons before this," she said. "I am happy because now I am taking a part in protecting the community. I am nervous, but happy."

The women graduated Oct. 12, swore an oath of loyalty to the government and were prepared to join hundreds of men in protecting their homeland.

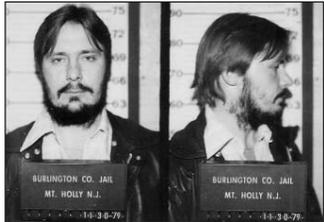
Lawman departs Dix for deputyship



HONOR -- Lt. Col. Charles A. Smith, Special Projects officer for Transformation, begins his Army career by attending Basic Combat Training at Fort Jackson, S.C., in February 1972.



DUTY -- Smith, then an acting E-5, pulls CQ duty during Advanced Individual Training at Fort Jackson in May 1972.



PERSONAL COURAGE -- Smith goes undercover as a narcotics agent for the New Jersey State Police in November 1979. He joined the N.J. State Police in 1973, retiring as a lieutenant in 2004.



courtesy photos

INTEGRITY -- Smith wins the Fort Dix Commanders Cup Pistol Competition and the Excellence in Competition Bronze Pistol Badge in October 1992. He attended the Combat Engineer Basic Course at Fort Belvoir, Va., in August 1984, later branching out into Infantry and Military Police. Smith's previous assignments include training officer for the 78th Training Division, aide-de-camp to the 78th Division commander, commander of the 348th MP Detachment (CID), 800th MP Brigade, 77th Regional Support Command, and 78th Division operations officer.

Shawn Morris
Public Affairs Staff

Imagine the stereotypical ending to a Western film where the sheriff rides his horse into the sunset. Now, trade the horse for a Harley, substitute Lt. Col. Charles Smith for the sheriff and picture the Philadelphia VA Medical Center as his destination just beyond the horizon.

On Nov. 19, you won't have to imagine it -- that's the day Smith, the Fort Dix Special Projects officer for Transformation, says goodbye to Fort Dix and the Army as he becomes the deputy police chief at the Medical Center.

"I have very mixed emotions," said Smith as the sun sets on his six-and-a-half-year tenure at Fort Dix and his 36-year Army career. "I'll miss the camaraderie, the esprit de corps and working with the great men and women who comprise Team Dix, both civilian and military," he said. "Just being able to work with Soldiers -- the very resilient young men and women who unhesitatingly answer the call of duty -- was one of my most rewarding experiences."

Smith got to work hand-in-hand with many young Soldiers when he volunteered for a six-month tour in Iraq from January to July 2007 with the 336th Military Police Battalion. "The battalion came here to mobilize, and was short several officers. They needed an XO (executive officer)," he explained.

"It was like being a cop again," he added. "We accomplished a lot while we were there."

Smith accomplished a lot during his time at Fort Dix, too. Being mobilized from the 1079th Garrison Support Unit in October 2001, Smith was assigned as the officer in charge of the Emergency Operations Center.

He also served as the post provost marshal, director of Human Resources-Military, deputy installation commander, and most recently as the Special Projects officer for Transformation.

"The implementation of the joint-base initiatives has been my bread and butter for the past two-and-a-half years," he continued. "I think I've accomplished everything I set out to do here."

Although Smith would have liked to continue serving in the military, the position at the Medical Center was too good to pass up.

"There's no telling when such an opportunity might avail itself," Smith said of the deputy position with the 45-person police force. "It will be a change of pace to get back into doing law-enforcement work. It's my calling."

Smith lived that calling for more than 30 years with the New Jersey State Police, retiring from the force as a lieutenant in 2004. Smith is looking forward to his new position, and also spending more time with his wife at their beach house in Wildwood Crest.



LEADERSHIP -- Col. Ronald Thaxton, installation commander, above left, presents an Ultimate Weapon statue to Lt. Col. Charles Smith, Special Projects officer for Transformation, during the latter's farewell lunch at Club Dix Oct. 18.



RESPECT -- Smith, far right, came dressed as a pirate for the 2006 Fort Dix Holiday Party, a true study in contrast for a man who epitomizes the phrase, 'An officer and a gentleman.' Robert Lichtegeger, deputy to the commander, near right, came as a Brooks Brothers buccaneer.



SELFLESS SERVICE -- Smith has been mobilized at Fort Dix from the 1079th Garrison Support Unit since October 2001. His duties have included officer in charge of the Emergency Operations Center, installation Provost Marshal, director of Human Resources-Military, deputy installation commander, and Special Projects officer for Transformation.



SELFLESS SERVICE -- Smith, standing third from left above, volunteers for a six-month tour in Iraq from January to July 2004 with the 336th MP Battalion. He made many new friends during his tour, including a most unusual one in Baqubah, above.



He made many new friends during his tour, including a most unusual one in Baqubah, above.

Announcements



Movie Schedule
at the McGuire AFB Theatre
Movie Hotline 754-5139

Friday, October 19 @ 7:30 p.m.

Shoot' Em Up - Clive Owen, Paul Giamatti, Monica Bellucci, Daniel Pilon, Sidney Mende-Gibson - Mr. Smith (Clive Owen), the angriest, most hardboiled man in the world, finds himself entrusted to protect the most innocent thing of all—a newborn child. When Smith delivers the baby in the middle of a gunfight, he soon discovers that the infant is the target of a shadowy force that has sent a team of mysterious and endless assassins, led by Hertz (Paul Giamatti), to erase all traces of the baby. Amid a hail of bullets and facing every conceivable permutation of gunfight, Smith teams up with a prostitute named DQ (Monica Bellucci) to solve the mystery as to why the baby's life is being threatened before this makeshift family all ends up on the wrong side of a bullet. Everyone wants the baby dead. The big question is why?

MPAA Rating: R - pervasive strong bloody violence, sexuality and some language

Run time: 80 minutes

Saturday, October 20 @ 7:30 p.m.

The Brave One - Jodie Foster, Terrence Howard, Nicky Katt, Naven Andrews, Mary Steenburgen - New York radio host Erica Bain (Jodie Foster) has a life that she loves and a fiancé she adores. All of it is taken from her when a brutal attack leaves Erica badly wounded and her fiancé dead. Unable to move past the tragedy, Erica begins prowling the city streets at night to track down the men she holds responsible. Her dark pursuit of justice catches the public's attention, and the city is riveted by her anonymous exploits. But with the NYPD desperate to find the culprit and a dogged police detective (Terrence Howard) hot on her trail, she must decide whether her quest for revenge is truly the right path, or if she is becoming the very thing she is trying to stop.

MPAA Rating: R - strong violence, language and some sexuality

Run time: 122 minutes

Future Features...

Resident Evil

Friday, Oct. 26 @ 7:30 p.m.
R, 95 minutes.

Halloween

Saturday, Oct. 27 @ 7:30 p.m.
R, 109 minutes.

24-hour Hotlines

Sexual Assault.....562-3849

Victim Advocacy.....694-8724

Child/Spouse Abuse...562-6001

Emergencies.....911

Or, visit the Fort Dix Department of Defense Police Department in Bldg. 6049 on 8th Street.

Dining Facility Schedule

Bldg.	5501	OES	Closed
Breakfast	0600	0800	
Lunch	1130	1330	
Dinner	1630	1830	
Bldg.	5517	NCOA	Every Day
Breakfast	0630	0800	
Lunch	1130	1300	
Dinner	1630	1800	
Bldg.	5610	Surge	Every Day
Breakfast	0600	0730	
Lunch	1130	1300	
Dinner	1630	1800	
Bldg.	5640	Surge	Closed
Breakfast	0600	0730	
Lunch	1130	1300	
Dinner	1630	1800	
Bldg.	5985	Camp Victory (FOB)	Closed
Breakfast	0500	0630	
Dinner	1800	1930	
Bldg.	5986	Surge	Every Day
Breakfast	0600	0730	
Lunch	1130	1300	
Dinner	1630	1800	

Meal Rates B - \$2.00 L - \$3.65 D - \$3.65

Main Chapel

562-2020

Sunday Services

Protestant 9 - 10 a.m.
Catholic Mass 10:15 - 11:15 a.m.
Gospel 11:30 a.m. - 1 p.m.

Camp Victory - Chaplain's tent

Protestant 8 a.m. - 9 a.m.
Catholic 8 a.m. - 9 a.m.
Mormon 8 a.m. - 9 a.m.
Jewish 8 a.m. - 9 a.m.

Wednesday Services

Main Chapel

Protestant Bible Study noon
Chapel Library

Protestant 7:30 to 8:30 p.m.

Religious Services

Islamic Prayer room
open 7 a.m. to 4:30 p.m. Monday through
Friday - Room 24

Catholic Adult Bible Study
Sundays, 11:30 a.m.

Christian Women of the Chapel -
Bible Study - Tuesdays, 9:30 a.m. to noon

Christian Men of the Chapel -
Prayer Breakfast - Fourth Saturday of each
month, 9 to 11 a.m.

Youth of the Chapel
Every second and fourth Tuesday
7 to 9 p.m.

Jewish services available by request

For additional services or Religious Sup-
port please call 562-2020

Religious materials are available at the
JRC, the Main Chapel, and Camp Victory

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

Oct 19 - Oct 25

Friday

Power Hour
2:30 - 4:30 p.m.
Computer Lab
4 - 6 p.m.
Keystone Club
6 - 7 p.m.

Saturday

Ready, Set, Bake!! Pumpkin Cookies!
3 - 5 p.m.

Monday

Power Hour
2:30 - 4:30 p.m.
Arts & Crafts Club
3:45 - 4:45 p.m.
Computer Lab
4 - 6 p.m.

Tuesday

Power Hour
2:30 - 4:30 p.m.
Goals for Growth
3:45 - 4:45 p.m.
Computer Lab
4 - 6 p.m.

Wednesday

School Closed
Full Day Middle School
Open Recreation
2 - 7 p.m.

Thursday

Power Hour
2:30 - 4:30 p.m.
Torch Club
3:45 - 4:45 p.m.
Tech/Video Club
4 - 5 p.m.

Goals for Growth Program starts Sep. 18, and runs through Nov. 20. The program is a 10 week program that will be held on Tuesday afternoons from 3:45 - 4:45. The program is open to 11 and 12 year olds and will be led by Ms. Erica Bryant. Contact the Youth Center with any questions and to register. Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

Army Community Service
Bldg. 5201, 562-2767

Community Newcomer's Orientation

Information - Tour - Free Lunch - Free Child Care - and Much More!

Every 3rd Thursday of each month
9 a.m. - 2 p.m.

at Army Community Service

*New service and family members are invited to attend this orientation to discover more of the little known wonders of Fort Dix and the surrounding area.

Lunch and Learn Series: Peer Pressure: What to Do?

October 19
11:30 - 12:30
Army Community Service

Hearts Apart

Oct. 23
10 a.m. - 1 p.m.
Army Community Service

EFMP Support Group

3rd Thursday each month
10:30 a.m. to 12:30 p.m.
Army Community Service

EFMP Kidz Plus Program

Free swim for members and families
2nd and 4th Thursdays
5:30 to 6:45 p.m.
Indoor Pool

Family Advocacy
562-5200

Chaplain
562-2020

American Red Cross
562-2258

Army Emergency Relief
562-2767

Domestic Violence Awareness Month

October 19

Impact of Domestic Violence on Children
12:30 a.m. - 1:30 p.m.
FFSC Bldg. 488-2, Lakehurst

October 20

EFMP Pumpkin Picking & Hayride
10 a.m. - until
Johnson's Corner Farm, Medford, NJ

October 21

Reflections on Domestic Violence
9 & 11 a.m.
McGuire AFB, Chapel 1

8:30 & 11 a.m.

McGuire AFB, Chapel 2

October 22

Playgroup
11 a.m. - 12:30 p.m.
McGuire AFB, CDC 1

October 24

Information Booth
11 a.m. - 1 p.m.
AAFES Food Court, BX/PX

Pool Notes

Indoor Pool Announcements for October and November

October 25

Bldg. 5901, Indoor Pool
Its a Halloween Party!!
6 p.m.
Costume parade starts at 6:30 p.m.

October 31

Hydro Aerobics Class Cancelled
Will resume November 5,
Monday nights at 7:30 - 8:30 and
Wednesday morning 9 - 10 a.m. and
Saturday morning 10:30 - 11:30 a.m.

There is no Wednesday class during the winter months

Pool closed November 3, also November 22 for Thanksgiving

Holiday hours November 12, Veterans Day, and November 23.

Read
the Post

Infantry vet assumes command of trainers

Capt. Damien Squilla
309th Regiment PA

The 1st Battalion, 309th Regiment officially welcomed Lt. Col. William J. Wall during his Assumption of Command ceremony October 12th at Sharp Field.

Wall replaced Lt. Col. Larry S. Fite, who retired in May after 28 years in the U.S. Army. Wall was offered the position as an interim commander immediately after Fite retired by Col. Michael T. Miklos, 72nd Field Artillery Brigade commander.

Wall was board selected and officially appointed as the battalion commander for the 1/309th on September 24th.

The 1/309th has experienced several major changes during the past few months. The battalion was primarily responsible for the daily operation and management of Victory Base, one of the largest Tactical Training Bases in the U.S. The 1/309th has recently begun operating three major training lanes: Area Security Operations, Maneuver Mobility Support Operations and the Security Force Army Training and Evaluation Program.

Wall certainly has his work cut out for him as the 1/309th



Capt. Damien Squilla

DISTINGUISHED SERVICE -- Lt. Col. William Wall, commander, 1st Battalion, 309th Regiment, left, receives a Military Commemorative Medal from Freeholder Doug Cabana for his distinguished military service.

prepares for an estimated 7,000 mobilizing Soldiers to pass through the training station at Fort Dix over the next twelve months.

"As we move forward I know that I can lean on the Soldiers of the battalion to accomplish our new mission set. We will train and prepare Soldiers

for combat, so that they can extend their survivability on the Battle Field," said Wall.

Wall has already proven that he is ready for the challenge. Wall's infantry background and more than 24 years in service gives him the advantage he will need to lead the 1/309th and to train Soldier preparing for war.

Iraq veteran takes command of training support battalion

Capt. Guy Di Salvo
1/309th TSBN

On Columbus Day, October 8, the 2nd Battalion (TS) 309th Regiment, 72nd Field Artillery Brigade conducted a change of command ceremony at the SSgt. Jonah E. Kelley U.S. Army Reserve Center.

Lt. Col. Andrew D. Lyons assumed command of the 2/309th from Lt. Col. Elliot E. Coley. Coley was the commander since March 05, 2005 and has now been reassigned as the MATOPS chief for the brigade. The Field Artillery unit has a long history of accomplishing missions with the highest of standards and honors. The former commander transferred his position with confidence.

Coley described the unit's training mission as "world class" and insists the training at Fort Dix is the best training for service members for world combat.

During the course of the last three years, Coley has ensured that both his Soldiers and the units he trains had much to boast about. Under his command, 2-309th has trained over 20,000 Soldiers, Sailors, and Airmen in the techniques of mounted and dismounted patrolling, IED awareness, and the most physically demanding task in our theater immersion program - IMT or Individual Movement Techniques.

Soldiers of the 2-309 Regiment also managed to work towards the near doubling of capacity of the FOB, where all mobilizing service members live. The FOB can now house over 2,000 Soldiers, Sailors, and Airmen deploying in support of the Global War on Terrorism.

Col. Michael T. Miklos, commander of the 72nd FA Brigade, spoke words of encouragement and thanks at the ceremony. He welcomed Coley to his brigade staff and challenged the incoming 2/309th commander to continue the success the Battalion has had, as well as improve upon it.



Tech. Sgt. Scott T. Sturkol

SUPER SIMULATOR -- Air Force Master Sgt. Paul Roberts, superintendent for the MOS maintenance branch at the U.S. Air Force Expeditionary Center's Mobility Operations School on Fort Dix, explains use of the new Aircraft Maintenance Production Simulator.

Air Force school introduces new maintenance simulator

Tech. Sgt. Scott T. Sturkol
U.S. Air Force Expeditionary Center Public Affairs

The U.S. Air Force Expeditionary Center's Mobility Operations School begins its first classroom use of the new Aircraft Maintenance Production Simulator, or AMPS, in October for MOS' Maintenance Supervision and Production Course, or MSPC.

According to Senior Master Sgt. Paul Roberts, superintendent for the MOS maintenance branch and one of the driving forces behind bringing the simulator to the center, the AMPS is a conversion and upgrade of the Aircraft Maintenance Officer Course simulator at Sheppard Air Force Base, Texas.

"The AMPS prepares maintenance leaders for the real-world challenges of managing an ever-changing flight line environment," Roberts said. "The AMPS has 12 C-17 Globemasters and 12 KC-135R Stratotankers in its programming. Projection screens in the Expeditionary Center provide a bird's eye view of simulated flightline operations with the simulator."

Master Sgt. Richard Woods, MSPC director, said the simulator provides realistic aircraft sounds to augment the visual display, and the system uses 14 Windows-based laptop computers as kiosks for student inputs and interaction within the simulator.

"Students role play flight-line positions including flight chief, section NCO in charge, production superintendents, and expeditors and working in a

maintenance operations center," Woods said. "With this leading-edge capability, Air Mobility Command's maintenance personnel will be better prepared to meet the volatile demands of mission readiness. This is one more example of how the Expeditionary Center incorporates innovation in training to prepare warfighters to meet tomorrow's mission."

"With this leading-edge capability, Air Mobility Command's maintenance personnel will be better prepared to meet the volatile demands of mission readiness."

Master Sgt. Richard Woods
Mobility Operations School

In the MSPC, where the simulator will be used, students learn detailed processes in all forms of maintenance supervision and production, said Master Sgt. Rodney Whitney, one of the course's instructors. The course is built in two major instructional areas.

The first area of the MSPC focuses production management which includes training in aircraft and equipment maintenance management, aircraft status reporting, aircraft forms documentation and related subjects. The second area of curriculum hones in on personnel and resource management, which includes training management, manning, personnel scheduling and expeditionary planning and deployments.

"This course is tailored to technical sergeant-selects through chief master sergeants in all 2A Air Force specialties," Whitney said. "It also reaches all across the mobility air forces spectrum to include active duty, Guard, Reserve and selected civilians. Each year we graduate more than 330 students. Our first class for fiscal 2008 runs from Oct. 10 to 19."

With the first class of the new fiscal year, Woods said the students will have a step-up from previous graduates, thanks to the simulator being available.

"The AMPS will allow the new students to practice and apply what they have learned in a realistic context," Woods said. "The students will experience perspectives, ideas, skills, and situations simulating authentic instances of flight-line operations. They have a real opportunity to enhance the meaning of what they've learned and to become more proficient, thus enabling them to immediately perform a new position upon return to their duty stations."

Most of all, Roberts said the simulator will help the Airmen learn critical maintenance management decision-making abilities without having to actually step onto the flightline.

"The AMPS will allow students to make mistakes and learn from them," Roberts said. "That's what we want - for students to learn without fear of possible injury to people or damage to aircraft if this training took place outside the classroom."



Wayne Cook

Happy homecoming

Sgt. Isaac Yates, 141st Military Intelligence Battalion, Utah National Guard, is welcomed home from Iraq by members of the Vietnam Veterans of America, Chapter 899, at Bravo Company Oct. 12. The Soldiers of the 141st served in and around the Baghdad area in support of the Global War on Terrorism and Operation Iraqi Freedom. Yates will be returning to his home in Lehi, Utah.

Relationship Safety

Everyone has the right to feel safe in his or her relationships. Are you or do you know anyone in an abusive relationship?

Look for these signs:

- threats or intimidation
- isolation from family and friends
- denying access to money
- sexual abuse
- involving or using children in adult conflicts
- destroying personal possessions
- feeling fearful
- painful put-downs
- use of weapons

Important phone numbers:

- Providence House hotline
871-7551
- NJ Domestic Violence hotline
800 572-SAFE
- Fort Dix Victim Advocate
562-2767
- McGuire Victim Advocate
754-9672

For emergency assistance call 911

ARTS & CRAFTS

Bldg. 6039
Philadelphia Street

562-5691

Registration & sales
store hours:

Tuesday

9 a.m. to 4:45 p.m.

Wednesday-Thursday

noon to 5 p.m., 6 - 8:45 p.m.

Friday

11 a.m. - 4:45 p.m.

Saturday

9 a.m. - 4:45 p.m.

PROGRAMS

All-Army Digital Photography Contest

Enter your favorite digital images to compete in this contest which is open to all authorized MWR patrons. You can access the web application guide and enter now through Nov. 30. For information and online entry, go to <https://artscrafts.fmwrc.army.mil>. For assistance, call 562-5771 or 562-5691.

Military Family Month

Arts & Crafts will offer 20-percent off on framing of family portraits and military photos, critters and outfits; paint your own pottery and mosaics with your military family. Families will receive a ticket when they participate in these events/activities for a grand prize drawing.

Teddy Bear Week

Nov. 13-17

In celebration of National American Teddy Bear Day, Nov. 14, come in this week to stuff a Teddy Bear and receive 20-percent off your bear and a cute outfit.

Kids Craft Classes

2:30 - 4 p.m.

Oct. 27.....Fall Foliage Plate

\$5 pre-registration fee

Sewing Classes

6:30 - 8:30 p.m.

Nov. 7.....Holiday Boxes and Bags

Nov. 14.....Surprise in a Box

Nov. 28.....Holiday Table Decor

Kids Pottery Class

Nov. 3, 17, and 24

from 10:30 a.m. - noon

Classes cover both hand-building and wheel-throwing techniques. For kids ages 6-9.

\$25 pre-registration fee

Tween Pottery Class

Nov. 3, 17, and 24

from 1 - 2:30 p.m.

Classes cover both hand-building and wheel-throwing techniques. For kids ages 10-13.

\$25 pre-registration fee

Paint Your Own Pottery Day

Oct. 20

Come in and paint any of our ceramic items and get 20-percent off on this day only!

We'll have light refreshments, including Otis Spunkmeyer

cookie tasting. Bring your friends!

Krafty Birthdays

Arts & Crafts offers Krafty Birthday Parties! Parties include up to 2 hours of party room use, one craft project with instruction and all materials, with many exciting projects to choose from. When making party reservations, please make sure to stop by in order to select the craft and make payment.

Create A Critter

Discover a menagerie of adorable animals to stuff, dress, and cuddle. From the basic teddy bear to giraffes and lions, we've got them all! Great fun for the whole family and you'll love our low prices. It makes a great last-minute gift idea, too.

Hearts For Heroes

Show your appreciation for our active duty and retired military. Come in anytime and paint a small heart which will be given to a military member. All hearts will be donated so there is no cost to participate!

Quilts For Kids

Nov. 17, 11 a.m. - 3 p.m.

Become part of this National Organization that donates quilts to Children's hospitals, shelters, and more. We have exciting new ideas and donated fabrics; all you need to bring is your desire to help others while you learn to sew and learn to machine quilt! All experience levels welcome, and there is no fee to join. This will also be one of the projects for "Day of Caring" on Oct. 26 from 1-5 p.m.

Honoring the Colors

Reveille

6 a.m. (0600 hours)

Military personnel in uniform

Stand at attention, face the flag and salute at first note.

Military personnel not in uniform, civilians

Stand at attention, face the flag and place right hand over heart at first note.

Military personnel in formation or in a group

Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Order, Arms" at conclusion.

Individual military personnel, civilians in a vehicle

Stop vehicle and exit. Follow steps above.

Group of military personnel in a vehicle

Stop vehicle. Individual in charge exits and follows steps above.

Retreat

5 p.m. (1700 hours)

Stand at attention, face the flag for Retreat, then salute at first note of To the Colors.

Stand at attention, face the flag for Retreat, then place right hand over heart at first note of To the Colors.

Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of Retreat. Calls group to "Attention" and "Present, Arms" at first note of To the Colors, then "Order, Arms" at conclusion.

Stop vehicle and exit. Follow steps above.

Stop vehicle. Individual in charge exits and follows steps above.

Other bugle calls heard on post are:

Tattoo.....9 p.m. (2100 hours)
Call to Quarters.....9:30 p.m. (2130 hours)
Taps.....10 p.m. (2200 hours)

Dix looks to grab Mitey-Mite title

Ed Mingin
Public Affairs Staff

It was the battle of the unbeaten teams this past weekend when the Fort Dix Chargers Mitey-Mites hosted the Rancocas Valley Patriots.

Both teams entered the game with a 4-0 record. When it was over, both teams remained unbeaten, as the

game resulted in a tie.

"Neither team was willing to give up a score, with the game ending in a 0-0 tie. Both teams are still in first place in their divisions," said Steve Uzleber, head coach of the Fort Dix Mitey-Mites.

With a record of 4-0-1, Fort Dix controls its own destiny and can wrap up their division this weekend.

"This week the Chargers

travel to Delran. A win or tie will give the Chargers the division title," said the coach.

In the Pee wee division, Fort Dix hosted the New Egypt Warriors.

"These guys might be our toughest competition," said Fort Dix Pee wee coach Rob Oswald before the game.

"This game will be our test," he said.

This game was a battle right

from the start, with each team scoring on their first possession. In the end, New Egypt edged out Fort Dix, winning 20-14.

The Chargers are still in good shape with a record of 4-2.

For the Midgets, Fort Dix lost 19-6 to New Egypt. After winning their first game last weekend, the Chargers are now 1-4 in the Midget division.

RUNNING WILD -- The Fort Dix Mitey-Mites entered last weekend's game against Rancocas Valley with a perfect record of 4-0. When it was over both teams were still undefeated, with the game resulting in a 0-0 tie. Jacob Carver, top right photo, charges off the line as the Chargers shut down the Patriots offense. Below right, Lasanna Brew picks up some tough yards for the Chargers. In the Pee wee division, Fort Dix hosted the New Egypt Warriors. The Chargers knew they were in for a tough game against the Warriors. Nelson Randolph, left photo, outruns some New Egypt defenders, to set up a touchdown drive for the Chargers. Both teams scored on their first possession of the game. Fort Dix came up a little short at the end, losing 20-14.

photos by Ed Mingin



Sports Shorts

Griffith Field House

Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

Pool Hours

Monday - Friday
Military Lap Swim
6 - 8 a.m.
Retirees/Dep. Lap Swim
10 - 11:30 a.m.
Active Duty/DOD Lap Swim
11:30 a.m. - 1 p.m.
Recreation Swim
1 - 5 p.m.

Saturday
Lap Swim

10:30 a.m. - noon
Recreation Swim
noon - 6 p.m.
Hydro Aerobic Class
10:30 - 11:30 a.m.

Monday - Wednesday
Hydro Aerobic Class
7:30 - 8:30 p.m.

Griffith Class Schedule

Monday
Cardio Kick Express
4:30 p.m. - 5:00 p.m.
Total Toning
5:15 p.m. - 6:15 p.m.

Tuesday
Sculpting Express
9:30 a.m. - 10:00 a.m.

Spin-It
noon - 12:45 p.m.
Intro to Fitness
5:15 p.m. - 6:15 p.m.

Wednesday
Circuit Training
5:15 p.m. - 6:15 p.m.

Thursday
Step & Sculpt
noon - 12:45 p.m.
Pilates Fusion
5:15 p.m. - 6:15 p.m.

Friday
Spin-It
noon - 12:45 p.m.

For more information about activities at the Griffith Field house, or to verify class times, call 562-4888.



Fall Walking Club

Griffith Field House Bldg, 6053
Sept 24-Nov. 29
Every Tuesday & Thursday
1200-1300



At the end of this program, all participants will receive a FREE water bottle. To ensure attendance, you must sign in at the front desk of the Field House prior to each walk.

The whole family can participate in this activity. Bring your friends and bring your kids. Baby strollers are permitted, and you may walk at your own pace.

Sign up today at the front desk of the Field House and start walking your way to a healthier life!

The Walking Club follows the Griffith Field House 5K (3.1 Miles) or 3K (1.5 miles) map (see back). 5K takes approx. 1 hour to finish at a leisurely walking pace. 3K takes approx. 1/2 hour.

For more information, please call the Fitness Coordinator at 609-562-2707.

www.dixmwr.com





2007 Red Ribbon Week
October 22-26
I am Drug Free!

Schedule of Activities

Tuesday, October 23: "Paint out Drugs"
Paint Hearts for a Hero 9:00am-5:00pm @ the Arts & Crafts Center

Wednesday, October 24: "Run Out on Drugs"
Fun Run 12:00 noon @ Griffith Field House
Rain or shine: 1st 50 runners get a free T-Shirt

Wednesday, October 24: "Bowl Down Drugs"
Kids get a free game of Bowling @ the Bowling Center (parents must pay)

Thursday, October 24: "Say Boo to Drugs"
Halloween Party at the Indoor Pool, 6:00 to 8:00pm, with Costume Parade

