

the Post

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NEWSNOTES

101st Screaming Eagle veterans sought

The 101st Airborne Division Association, with headquarters at Fort Campbell, KY, is seeking "lost" Screaming Eagle veterans who served with the Division during its ongoing history from World War II to Iraq. With 8,500 members and 32 Chapters, including Eagles recently returned from a second tour in Iraq, the Association is a vibrant, dynamic organization.

Activities include the 62nd National Reunion in Omaha, NE, August 8 - 11, and special programs to comfort our hospital wounded and assist today's Eagles and their families. For further information, contact the Association at 32 Screaming Eagle Boulevard, PO Box 929, Fort Campbell, KY 42223-0929; MAIL TO: assocmemberinfo @comcast.net; check the website at <http://www.screamingeagle.org>, or call (931) 431-0199 ext. 35.

Self-Help Store relocated, hours expanded

The Fort Dix Self Help Store serves the directorates and tenant organizations on Fort Dix by providing a variety of do-it-yourself items to customers to include light bulbs, air filters, snow melt, gardening tools, and many other common items. Effective June 1, the Self Help Store will relocate across the street to building 5322 (behind DPW on Delaware Avenue) and expand the hours of operation to 8 a.m. to 4 p.m. Monday through Saturday, closed Sunday.

Post RV campground offers lodging alternative

The Willow Pond Recreational Vehicle (RV) Campground offers a home away from home. Located on the corner of Texas Avenue and 8th Street, the campground offers water and electric (20 and 30 amp) hookups and a pull-up dump station. Rates are \$20 per night, \$100 per week and \$400 per month.

Reservations are recommended and a deposit must be made in full. All reservations must be made at Outdoor Recreation, Monday through Friday from 10 a.m. to 5 p.m. or Saturday and Sunday from 9 a.m. to 4 p.m.

WEATHER

FRIDAY -- Chance of showers and thundershowers, high near 86. Rain continues overnight, low of 68 degrees.

SATURDAY -- Continued chance of showers and thundershowers, daytime high of 87 and overnight low of 69 degrees.

SUNDAY -- More rain and thundershowers on tap, but cooler with a daytime high of 80 degrees. Continued rain through evening hours, with an overnight low of 69.

MONDAY -- Forty percent chance of rain and thundershowers, high of 83 degrees and breezy. Clearing into evening, with overnight low of 68 degrees.

TUESDAY -- Chance of showers, mostly cloudy with high of 85 degrees. Continued cloudy into evening, low of 68.

WEDNESDAY -- Partly cloudy, slight chance of showers, high of 85 degrees and overnight low of 66.

THURSDAY -- Hot and humid, high near 88 and partly cloudy. Clearing toward afternoon, overnight low of 66 degrees.

Marines bridge training at Dix

Wayne Cook
Public Affairs Staff

More than 100 Marines hit the shores of Hanover Lake at Range 25 to perform bridge construction and retrieval training, and water purification training.

Members of the 6th Engineer Support Battalion, Bridge Company Bravo, 4th Force Service Support Group, Fleet Marine Force, Marine Corps Reserve, assisted by members of Bridge Company Alpha from Battle Creek, Mi., conducted training on the ranges July 15 - 28.

The combat engineers laid 12, 22-foot bays (sections) of Ribbon Bridge across the lake and drove a seven-ton vehicle over it.

The ribbon bridge is designed to

provide two-lane traffic for smaller vehicles or one lane for larger vehicles like the M1 Abrams Main Battle Tank. Once the bridge was tested and approved, it was disassembled and mounted, section by section on the back of Logistics Vehicle Systems (LVSS).

"With favorable weather and currents, a 12-bay bridge can be constructed within 3-4 hours," said CW03 Dale Jacobs, executive officer, Company Alpha.

The engineers also had the opportunity to construct a land bridge at Range 11 which gave them experience in both land and water bridge construction.

Another part of the training was water purification. The Marines utilized a Tactical Water Purification System to provide more than 100,000 gallons of purified water to the Forward Operation Base (FOB), an average of approximately 15,000 gallons a day. The water was pumped from Hanover Lake and helped take the load off the wells at the FOB for the week.

According to Jacobs, the environmental engineers and the range engineers provided outstanding support. A natural boat ramp and bridge ramp were graded to support the training for the combat engineers. Continuous communication between the Marines and the offices of the engineers has allowed for improvements in training.

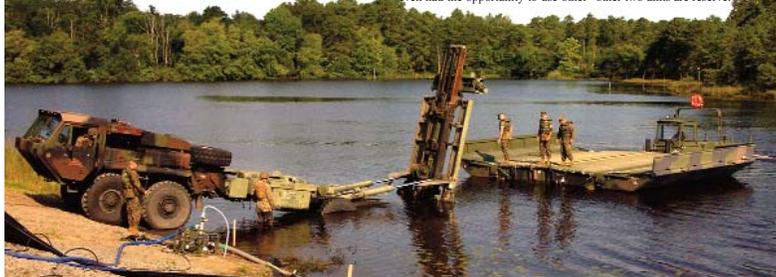
"Everyone on Fort Dix has worked very well with us. They have supported our training efforts. We have even had the opportunity to use other

ranges once other units finished with them," said Jacob.

"It's not too often we get to do full bridge spans over water and land due to time constraints and personnel availability and location availability. It was good to show the Marines two full bridges. The support from the base - personnel and facility wise - has been great. This has been a really good training experience," said Maj. Kara Lecker, commander, Bridge Company Bravo.

The Marines also had the opportunity to participate in convoy training, battle drills, and weapons firing while on the installation.

Bridge Company Alpha and Bridge Company Bravo make up one unit of bridge-building combat engineers, and also comprise one-third of the Marine Corps bridge construction capability, with one unit on active duty while the other two units are reserve.



Wayne Cook

Marines from the 6th Engineer Support Battalion, Bridge Alpha Company, Battle Creek, Mi. retrieve portions of a Ribbon Bridge after training on Hanover Lake.

Soldier care overhaul proposed

John J. Krusel
American Forces Press Service

WASHINGTON, July 25, 2007 -- A commission tasked to fix problems with wounded servicemembers' care today presented a 29-page proposal to President Bush that suggests overhauling the disability-rating system and urges more attention be paid to returning Iraq and Afghanistan war veterans suffering from brain injuries.

In the wake of reports that servicemembers at Walter Reed Army Med-

ical Center here were receiving subpar treatment, President Bush created the bi-partisan panel in March, citing a "moral obligation" to provide the best possible care to men and women in uniform.

Bush welcomed the recommendations at the Oval Office, where he received the draft report, calling the analysis an "extensive search" that highlights "important suggestions" for the best government response to the current system's shortcomings.

"We owe a wounded soldier the very best care and the very best ben-

efits and the very easiest-to-understand system," Bush said.

Today, the nine-member panel outlined six recommendations:

- Create comprehensive health recovery plans and develop a corps of highly trained coordinators to help servicemembers transition back to military duty or civilian life every step of the way.
- Simplify the way disabilities are determined and make the compensation system less confusing.
- Improve the system for diagnosing and treating post-traumatic stress

disorder and traumatic brain injuries, and work to make servicemembers less vulnerable to these two signature ailments of the war on terror.

-- Significantly strengthen support for families.

-- Develop "My eBenefits," a one-stop Web site and information source for servicemembers that combines Defense Department and Veterans Affairs databases.

-- Keep Walter Reed staffed with first-rate professionals until it closes in 2011.

(continued on page 3)

Town Hall Meetings dish up info to go

Looking for information on what's happening on Fort Dix?

Need to know what recreational activities are coming up?

Have questions about the post you would like answered?

Pick up your notebook and pen and come on down to Timmermann Center Monday, July 30, for the Installation Town Hall Meeting from 3 to 4:30 p.m.

Fort Dix directors and staff will offer updates on personnel, security, recreational and training activities on post, and Col. Ronald R. Thaxton, installation commander, will be on hand to outline future plans.

The session is hosted by the Plans, Analysis and Integration Office.

Anyone with questions they would like answered at the session is encouraged to submit them in writing in advance to andred.mixon@us.army.mil. There will be a question-and-answer session at the meeting.

A separate meeting for senior leaders of tenant organizations will be held Tuesday, July 31, in the Command Conference Room in Bldg. 5434 on Alabama Avenue at Sixth Street, from 2 to 3:30 p.m.

Collisions not accidents, think and drive to survive

LTC Roger Cotton
Fort Dix Deputy Commander

Today is a normal, unhurried Monday morning with a slow, gentle rain. It's perfect weather for sleeping in. Many of you have taken advantage of the recent nice weather with time off for vacations or trips, and today some will be on the road to somewhere nice. Most will drive to their destinations, accompanied by family or friends.

Think for a moment about five people that are important to you. I think of my wife and four kids. You drive for them. They rely on you. I know you are a good driver, but how can you protect those five people from a vehicle collision?

On an average day of the week in America, 125 people will die in a motor vehicle crash. In New Jersey, 747 will die annually, and Burlington County has the most deaths from car crashes in New Jersey. In the Army, 15 percent of military fatalities are due to accidents and half of those occurred in personally owned vehicles. While the risks are sobering, statistics say that 77 percent of those vehicle collisions are preventable.

I won't write about wearing seatbelts; it's a "no-brainer" to wear your seatbelt and increase your chance of surviving a crash

(continued on page 3)



Burlington County Farm Fair



Children did everything but converse with animals at last weekend's 61st annual Burlington County Farm Fair held on the Lumberton Village Green on Main Street. Pig races, junior rider contests and horseback rides for the very young, l-r above, were just three events that thrilled kids of all ages. Food, rides and all kinds of fascinating exhibits keep things hopping during the three-day affair. (photos by Steve Snyder)

Longshoreman-philosopher opened American minds

the mind field
Steve Snyder
Public Affairs Staff

University of Chicago professor and noted political philosopher Allan Bloom created an intellectual storm in 1987 when he published *The Closing of the American Mind*, a scathing critique of academia.

In Bloom's view, "higher education has failed democracy and impoverished the souls of today's students." It did so by proselytizing for what amounted to a cult of cultural relativism in which "the point is not to correct the mistakes and really be right; but rather it is not to think you are right at all."

Cultural relativists denied there was any truth to discover and, furthermore, held that "value judgments" accomplished little except to hurt people's feelings. The three great questions in traditional philosophy were: Is it right or wrong? Is it true or false? Is it beautiful or ugly? But such musings had no place in the cultural relativists' brave new universe. Relativists disdained the notion of objective, empirical truth because in their view there was no such animal. Everything, after all, was relative.

Bloom effectively rebutted such nihilistic nonsense, cheerfully caricaturing his academic colleagues as (for the most part) pompous, anti-intellectual poseurs who were in over their heads in seeking to cultivate the life of the mind.

True philosopher
The true philosopher of the period was nearing the end of his life and had earned his living on waterfronts and not in classrooms. He was Eric Hoffer, longshoreman, philosopher and a man who fearlessly sought and honored the truth.

Acolytes celebrated what would be Hoffer's 109th birthday on Wednesday, July 25. Fortunately, his 10 books survive. They contain a treasure trove of ideas sparking in their intellectual luminosity.

Hoffer wandered along the West Coast as a young man in 1920s and '30s. He roamed the rails, hopping aboard freight trains that went up and down California, filling one back-breaking job after another. But he spent much free time in public libraries, submerging himself into many of the Great Books in Western Civilization (he suffered a bout of temporary blindness as a child and plunged into books voraciously thereafter), including the Old Testament.

Hoffer vividly described those years in his posthumously-published memoir, his 10th book, *Truth Imagined* (Harper & Row, 1983).

Born in 1898, Hoffer's mother died when he was five, his father following when he was 18. They were German Jews from the Alsace province straddling the French border. Following his father's death Eric



Hoover Institution, Stanford University

GETTING INTO IT -- Although he exhibited a tight self-control in placing print on the page, Hoffer let it rip in public speaking and lectures, allowing his natural ebullience and enthusiasm for ideas to come to the fore. Above, the longshoreman-philosopher heaps praise on San Francisco Mayor Joseph Alioto, far left, at his inauguration in 1968, describing him as a "renaissance man."

lit out for Los Angeles because "it was warm." He became part of that state's large migrant worker labor force for about 20 years before joining the Longshoreman's Union in 1941.

Critic Chilton Williamson Jr. theorizes that "As a hobo he (Hoffer) figured himself a free spirit and darling of the gods, secure in the fact of possessionlessness and the absence of any emotional commitment..." (he did flee the arms of a girl from Berkeley that he loved in his 30s, "never fully recovered" from the pangs of Cupid's arrows).

First book
Hoffer didn't finish writing his first book until he was over 50. *The True Believer* (Harper & Row, 1951) was subtitled "Thoughts on the Nature of Mass Movements" and examined those types of individuals who join fanatical and destructive causes (communism, fascism, etc.) which caused such destruction in the 20th century.

An excerpt from the book speculated that "One might equate growing up with a mistrust of words. A mature person trusts his own eyes more than his ears. Irrationality after manifests itself in upholding the word against the evidence of the eyes. Children, savages, and true believers remember far less what they have seen than what they have heard."

He followed that up with *The Passionate State of Mind* (Harper & Row, 1955), a fascinating collection of 280 aphorisms that deal with common Hoffer themes like the uniqueness of man, misfits in human affairs,

and the flight of the self-despising from their own selves.

Hoffer insisted that "At the core of every true talent there is an awareness of the difficulties inherent in any achievement, and the confidence that by persistence and patience something worthwhile will be realized. Thus talent is a species of vigor."

Considered by many to be Hoffer's best book, *The Ordeal of Change* (Harper & Row, 1963) postulates that dealing with drastic change often tends to produce extreme behavior in individuals that result in the rise of mass movements and much wanton destruction.

"Rudeness is the weak man's imitation of strength," Hoffer thought. *The Temper of Our Time* (Harper & Row, 1967) consisted of a collection of magazine articles dealing with how drastic change accounted for the rise of juvenile mentalities, the rise of automation, the black revolution and the back to nature movement (which Hoffer considered a regression, not progress).

"Passionate hatred can give meaning and purpose to an empty life," Hoffer wrote, prescient in evaluating malcontents in the 1960s.

Superficial Americans?
"The superficiality of the American is the result of his hustling..." Hoffer thought, "people in a hurry cannot think, cannot grow, nor can they decay. They are preserved in a state of perpetual puerility (childishness)."

Working and Thinking on the Waterfront (Harper & Row, 1969) was a journal Hoffer wrote in 1959 while struggling with ideas that would germinate in *The Ordeal of Change*. He discovered the journal among misplaced papers many years later and published it as a record and glimpse into the creative process.

"In a time of drastic change it is the learners who inherit the future," Hoffer wrote. "The learned usually find themselves equipped to live in a world that no longer exists."

First Things, Last Things (Harper & Row, 1971) is another collection of essays dealing mainly with the importance of cities in the rise of humanity and in then-current trends towards greater madness and crime. Cities protected man from the savage natural world, Hoffer thought, only to leave him vulnerable to his own destructive inner nature.

"The Paleolithic hunters who painted the unsurpassed animal murals on the ceiling of the cave at Altamira had only rudimentary tools. Art is older than production for use," insisted Hoffer, "and play older than



Hoover Institution, Stanford University
Eric Hoffer, 1963



cover of Eric Hoffer's seventh book published by Harper and Row in 1973

work. Man was shaped less by what he had to do than by what he did in playful moments. It is the child in man that is the source of his uniqueness and creativeness, and the playground is the optimal milieu for the unfolding of his capacities."

Reflections on the Human Condition (Harper & Row, 1973) contains 183 thoughts divided into about half a dozen sections that explore man's strange nature and his existence in the world.

"It still holds true that man is most uniquely human when he turns obstacles into opportunities," Hoffer pointed out.

In Our Time (Harper & Row, 1976) contains some interesting short essays pm topics often ignored by other writers like dull work and the role of the trader in history along with familiar concerns like China, the problems of blacks in America and the curse of intellectuals on everyone else.

Hoffer thought blacks would win respect of the larger society by achievement and achievement could

only be earned and not rewarded by anyone in any way. Intellectuals, though, really bugged Hoffer. He complained that "Intellectuals cannot operate at room temperature" but must constantly resort to hype, melodrama and vast visions when they approach problems in the world.

"Nothing so offends the doctrinaire intellectual as our (American) ability to achieve the momentous in a matter-of-fact way, unblessed by words," the wordsmith himself philosophized.

Before the Sabbath (1979) was another journal examining the crises of the time while in *Between the Devil and the Dragon* (1982) Hoffer went back to his beloved aphorisms and essays.

The nature boy of American philosophy, Henry David Thoreau, once said "To be a philosopher is not merely to have subtle thoughts, nor even to found a school, but to love wisdom as to live according to its dictates, a life of simplicity, independence, magnanimity, and trust." Just like Eric Hoffer.



Hoover Institution, Stanford University

CROWD CONTROL -- Hoffer said "My writing is done in railroad yards while waiting for a freight, in the fields while waiting for a truck, and at noon after lunch. Towns are too distracting."

the Post

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Drive to survive

(continued from page 1)
by 50 percent. And even though two out of every five people will be involved in an alcohol-related crash in their lifetime, we won't address that challenge. Instead, let's look at three major causes of collisions — distractions, aggressive driving, and speed — and ways to mitigate the risk.

We're all busy. Many drivers today are distracted by other passengers, cell phones, radios, eating, combing hair, and even reading.

Distraction is the cause of 25 percent of collisions and 68 percent of rear end crashes. Distracted drivers forget where they are going, wander between lanes, slam on brakes, run red lights, and fail to yield the right of way.

Most urban crashes occur at intersections, due to distractions or speed. Watch out for these knuckleheads. You may not use cell phones or check emails while driving, but they do! They should learn to set their radio controls, check maps, and groom before departure. They should stop the car to tend to children, reach for something far away, read or talk on their cell phones. Multitasking while driving will get you or your family killed!

Aggressive drivers have made the news headlines in recent years. Sixty-six percent of all traffic fatalities are caused by aggressive driving. Aggressive drivers drive in a bold, selfish, or pushy manner without regard for the rights or safety of others.

They speed, compete to get ahead, speed up at yellow lights, cut off others, pass in no pass zones, tailgate and even pursue other drivers. We've all seen them in our travels. We may have friends who have been their victims.

Aggressive driving incidents have risen by 51 percent since 1990, and 37 percent of these



courtesy photo

IN AN INSTANT — Few vehicles on the road today can survive head-on high speed crashes, and the chances of driver and passenger fatalities increases with every mile per hour you drive faster than 50 on the highway.

incidents involved firearms! You would be wise to avoid these people. Let them pass you. Don't react when they try to provoke you; instead, show courtesy to defuse them. If you are a passenger in a car with an aggressive driver, help them to reflect on why they are getting angry, reframe the situation to maintain control, and refocus their thoughts on something else. Refuse to ride with aggressive drivers and call the police if you are a victim while driving.

Excessive speed results in 31 percent of vehicular fatalities. Speeding is the number 1 unsafe driving behavior. Most folks speed because they consider the speed limit as a guideline, rather than the law. Other excuses include, "everyone else is doing it," or "going a few miles over the speed limit is not unsafe." Speeders want to get

there fast and enjoy the feeling of speed. Most take the risks because they didn't plan their time wisely and all think they can handle the higher speeds like a NASCAR driver. You've seen these drivers. They are the most important drivers on the road and everyone else should yield to them. Weather or road conditions don't slow them down either. If you have a friend like this, let them know that for every 10 mph over 50 mph, their chance of death in a crash doubles! A two hour trip at 80 mph will only take 20 more minutes at 65 mph and dramatically reduce the risk of dying in a crash.

I'll have a confession to make. I have violated all three of these contributing factors. Life gets busy and time is limited, but the risks are just not worth it. Remember the five significant others? I value my

family too much to keep talking on a cell phone or email while driving, drive aggressively, or speed. I still struggle not to at times, but remembering my family helps. Planning ahead and stopping when necessary helps.

I'd also encourage you to learn more about defensive driving from experts, like MSG (Ret) Joe Gulick, who has been teaching the Defensive Driving Course for years. I graduated from his one-day course and found numerous practical tips to improve my driving skills and what I can share with my family and Soldiers. You can reach him at (609) 562-2900 or DDCMILL@AOL.COM. I know you aren't distracted while driving or feel like you own the road, but that other knucklehead out there does. Learn to avoid him, because collisions are no accident!

Commission urges better care for Soldiers

(continued from page 1)
"These are bold, innovative recommendations that are doable and can be acted upon quickly. Our motto is 'Put patients and families first,'" said Donna Shalala, a former secretary of health and human services and current co-chair of Bush's panel.

"The system should work for the patient, instead of the patient working for the system," she added.

Shalala and former Kansas Sen. Bob Dole chair the nine-

member commission. Other members include two veterans wounded in Iraq, the wife of an Army staff sergeant wounded in Iraq, the chairman and chief executive officer of a nonprofit group that builds "comfort homes" for families of hospitalized military personnel and veterans, two leaders in the health care industry, and an expert on veterans affairs and military health care.

"Our injured servicemembers deserve a system that serves their different needs,

supports them and their families while they recover, and simplifies the delivery of care and services," Dole said.

"We will not let these recommendations sit on a shelf. They need to be acted upon now to improve the quality of lives for our brave men and women and their families," he continued.

The final commission report, including reports from subcommittees and survey findings, will be made available to the public by July 31.

IRS posts summer tax tip

Here's a tax break for the busy summer. Many working parents must arrange for care of their children under 13 years of age during the school vacation period. A popular solution — with a tax benefit — is a day camp program.

The cost of day camp can count as an expense towards the child and dependent care credit. Expenses for overnight camps do not qualify. If your

childcare provider is a sitter at your home, you'll get some tax benefit if you qualify for the credit.

The credit is generally 20 to 35 percent of non-reimbursed expenses; up to \$3000 in expenses for one child and up to \$6000 for two or more children.

The actual credit is also based on your income. You figure the credit on up

to \$3,000 of expenses for one child, \$6,000 for two or more children.

The 35 percent credit rate applies if your income is under \$15,000; the 20 percent rate, if your income is over \$43,000.

For more information, check out IRS Publication 503, Child and Dependent Care Expenses on the IRS Web site, IRS.gov or by calling 800-TAX-FORM (800-829-3676).

Employment Opportunities at ACS

Contemporary Staffing Solutions will visit the Army Community Service, Building at 5201 Maryland Avenue July 31 from 9 a.m. to noon to recruit employees.

They will be offering employment opportunities in the Administrative Office Support, Customer Service, Accounting, and IT fields at a variety of job skill levels.

Please bring two forms of ID and copies of your resume, and be prepared to interview for possible positions.

For more information contact "Rod" Martell, 609 562-2186

United Communities Housing Contact Information

Leasing Office- 723-4290
Maintenance Office- 724-0500
Maintenance Scheduling, Progress, and Trash Concerns - 724-0550

Long-time Dix mainstay

Col. Dinon retires to tackle corporate challenges

Steve Snyder
Public Affairs Staff

Douglas John Dinon.
Colonel, Infantry, Army Reserve.

Over 27 years of military experience. Over 10 years on active duty.

Graduate of United States Military Academy at West Point in 1980 with a B.S. in general engineering.

Graduate of the University of Chicago with an MBA in 1995.

Platoon leader, student officer, weapons platoon leader, executive officer and battalion maintenance officer with the 3-19th INF, 24 ID, at Fort Stewart and Fort Benning, Ga. from June 1980 to July 1984 (active duty).

Among other decorations, holder of Meritorious Service Medal with two oak leaf clusters; Parachutist badge; Ranger Tab and Expert Infantry Badge.

Graduate of basic training at Fort Dix 1975; project officer, INF Team, 78th MTC, 78th Div (Trng), Fort Dix, from Sept. 1987 - June 1992; observer/controller, 5th

Lanes BDE, Fort Dix, June 1992-July 1993; S3, 1079th GSU, 77th RSC, Fort Dix, June 1998-March 2000; senior ops officer, directorate chief, 1079th GSU, 77th RSC, Fort Dix, March 2000-June 2001; Battalion Commander, 1079th GSU, 77th RSC, Fort Dix, June 2001-October 2001.

Acting commander, 1079th GSU, Fort Dix, Reserve duty, November 2002-February 2003

Deputy commander, mobilization, Fort Dix, April 2006-present, Army Reserve, active duty

Civilian employment as lab manager for General Electric Global Research at Schenectady, N.Y. Retires to there.

One helluva Soldier! Farewell.



Sgt. Pascual Flores

CHANGE OF COMMAND -- Col. Larry Boyd, right, succeeds Col. Douglas Dinon as Fort Dix's Deputy Commander for Mobilization. Like Dinon, Boyd is a former member of the 1079th Garrison Support Unit.



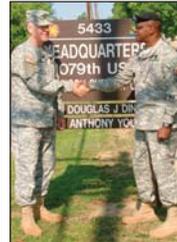
Steve Snyder

ULTIMATE WEAPON -- Fort Dix Commander Col. David Lowry, left, congratulates Lt. Col. Douglas Dinon, 1079th Garrison Support Unit executive officer, after awarding the unit Fort Dix's highest honor, a statue of the Ultimate Weapon, on a drill weekend in October 2001 after about half the 1079th was mobilized in response to 9/11.



Steve Snyder

MILITARY LIFE AND TIMES -- Col. (RET) Emil Philibosian, left, joins the applause as then-Lt. Col. Douglas Dinon, former battalion commander of the 1079th GSU, also receives a ribbon signifying acceptance into the Military Order of St. Maurice presented by Brig. Gen. William Terpeluk, then deputy commanding general of the 77th RSC, background, to both men in a ceremony at 1079th headquarters on a drill weekend in late 2002. In the middle picture, Garrison Command Sgt. Maj. Anthony Young says goodbye this week to the departing Col. Dinon. And on the right, a young, eager, West Point cadet-to-be, stands for a photo in basic training at Fort Dix in 1975.



Sgt. Pascual Flores



Fort Dix Basic Training Yearbook 1975



Ed Mingin

MANAGERIAL EXPERTISE -- Fort Dix's former Deputy Commander for Mobilization, Col. Douglas Dinon, confers with Garrison Manager Robert Lichteneger on a point of concern to the post. Dinon's business background as a lab manager for General Electric and his extensive education (including an MBA from high-powered U. of Chicago) served him well in duties here.



Ed Mingin

MOUTHPIECE -- Col. Dinon represents Fort Dix in National Public Radio's "Talk of the Nation" broadcast live from Timmerman Center here Dec. 12, 2006. Dinon joined national military leaders and local civilians on a panel discussing readiness, training and how the Army has changed over the years.



Steve Snyder



Master Sgt. Angela Rehms

GUNG HO -- Col. Dinon never believed in hanging back from training but led, instead, by example. On the left, the colonel tackles a rope ladder at the obstacle course. At right, he leads a company run with his officers and men.

Read the Post!



then Staff Sgt. James Fearn

LEGENDS IN THEIR OWN TIME -- Flanked by then-Lt. Col. Dinon, far right, and Fort Dix Command Sgt. Maj. Richard Long, extreme left at a dining-in just past the turn of the century in March 2001 at Club Dix, Soldiers who assumed major responsibilities for the 1079th Garrison Support Unit in its evolving permutations (ISB, MRB, etc.) before and after the GSU was activated on Oct. 25, 2001 included (l-r) Col. Emil Philibosian, 1079th commander; Command Sgt. Maj. Shirley Minster, 1st Sgt. Richard Font, Master Sgt. Ramon Dobles, and Battalion Command Sgt. Maj. Howard Merritt. Tragically, Merritt died from the ravages of cancer in May 2006 while Philibosian, who not only commanded the 1079th but served as deputy installation commander for Fort Dix as well, moved on to become Deputy Commissioner of Veterans Affairs in New Jersey's Department of Military and Veterans Affairs in 2003 only recently retiring from that post.

NEIGHBORHOOD

THE CORNER

ACS to host Exceptional Family Member games

The Army Community Service Exceptional Family Member Program (EFMP) is sponsoring an EFMP Summer Games for EFMP members from Fort Dix, McGuire Air Force Base, Fort Monmouth and Naval Air Engineering Station Lakehurst military communities Aug. 25 at John Mann Park from 11 a.m. to 3 p.m.

Games include basketball, baseball, horseshoes, swimming, bowling, relay races and other competitions for EFMP and Family members. Prizes and trophies will be awarded.

Registration is mandatory and will be held June 25 through Aug. 3. Call Evelyn Dingle, EFMP manager, at 562-2767 for more information or to register.

State to offer Army retiree license plates

The Fort Dix Retiree Council would like to solicit your help in supporting the New Jersey Retired Army Retiree License Plate Initiative.

To apply for the New Jersey Retired Army plates, a minimum of 150 applicants are required. There is a fee of \$15 for each set of license plates per car.

To apply, call retired Command Sgt. Maj. Walker at 351-5020, retired 1st Sgt. Tamayo at 670-3386, or the RSC at 562-2666. Information needed is name, rank, address, and current license plate number.

Checks and money orders should be made payable to the Fort Dix Retiree Council. Only N.J. residents can apply.

Garden Terrace 1100 Area fenced off

As of July 2, the Garden Terrace 1100 Area was fenced off to be included as part of the Garden Terrace construction area. No families are residing in the 1100 Area since this change occurred.

The additional fencing will not affect access to any other portion of Fort Dix. Access to the Fort Dix Youth Center and the Garden Terrace 1200, 1500, and 1600 housing areas will continue to be via West 10th Street off of New Jersey Avenue. Access to the Fort Dix Elementary School and the Julistown Road checkpoint will continue to be via Montpelier Street off of New Jersey Avenue. The portion of Julistown Road between Montpelier Street and West 10th Street will continue to be temporarily closed. Detour signs will remain in place to direct traffic. The Julistown Road checkpoint will be unaffected by this change.

The purpose of the fencing is to provide a construction area that is independently fenced off from the remainder of the Fort Dix cantonment area.

This will alleviate the need for hundreds of construction personnel to access any on-post housing area. It will also prevent the need to route construction vehicles through the installation to the housing area from the Commercial Vehicle Gate.

The fencing will prevent heavy construction traffic from entering adjoining residential neighborhoods, thus protecting neighborhood children from traffic as well as from other ongoing construction activities. The fencing will also allow for a smoother construction flow which should shorten the amount of time for project completion by one year thus lessening the inconvenience to neighboring residents.

Construction in the 1100 Area will last about 1.5 years. As construction areas are completed, they will be removed from the fenced-in construction area as soon as possible. Throughout the project United Communities will try to meld convenience to neighboring residents with the safety and performance of construction activities.

Fines to increase for N.J. traffic violations

Starting Aug. 15, the price of a ticket for violation of New Jersey Law 39-3-29 (Failure to show your driver's license, registration or insurance card at the time you are stopped is increasing from \$44 to \$173 per violation, or \$519 for all three.



Wayne Cook

Representatives of PHH Mortgage in Mount Laurel collected and delivered more than 500 care packages to the Army Community Service's Family Support Center (FSC) at the Joint Readiness Center July 24. Employees of the company put together the packages containing snacks, personal hygiene nifer Ward, PHH Mortgage representative, and Michelle Krause, PHH Mortgage representative.

Army funds Family Readiness assistants

WASHINGTON, July 13, 2007 -- Today the U.S. Army announced immediate steps to improve support to Army Families by authorizing and funding Family Readiness Support Assistants down to battalion level for all deploying units across the Army.

In his first act after being confirmed as Secretary of the Army, the Hon. Pete Geren ordered the immediate hiring of 703 additional Family Readiness Support Assistants for Active-duty units, 181 assistants for U.S. Army Reserve units, and 127 assistants Army National Guard units. Posted regionally at first, Reserve and Guard assistants will gradually grow to cover each deploying battalion.

Additionally, Secretary Geren and Gen. George Casey Jr., Chief of Staff of the Army, directed \$100 million to be immediately applied to Family readiness programs Army-wide.

"In our travels around the Army, Gen. Casey and I both hear the same things from our Family members: 'We handled that first deployment fine and, sure, the second deployment was a little tougher...but this third deployment is very hard,'" Mr. Geren said. "The Chief and I want to immediately and directly impact in some positive way the cumulative effects these multiple deployments are having on our Families."

In an effort to mitigate the hardships that Soldiers and their Families face with numerous deployments, Family programs in place are being expanded and other programs are being implemented that directly support the Army Family. "Another thing Families tell us is, 'look, we don't need new programs, we need you to standardize and fund the programs we have,'" Casey said.

The Army's garrison commanders now have the authority to implement expanded services, as appropriate, to their communities. These programs include recreational, child and youth programs, and Army community services. Some examples include reduced fees and extended Child and Youth Services to meet the needs of the working Army Family, expanded child care to help custodial parents and guardians, and off-post child care tapped for Families who are geographically dispersed.

There are more than 50 programs and activities that support Army Families scheduled for expansion or implementation in the coming months.

The assigning of Family Readiness Support Assistants down to battalion level (units whose strength may vary between 300 - 1,000 Soldiers), will now place these key personnel even closer to the Families in communities they help daily. Family Readiness Support Assistants link Army Family members with a wide level of community-support agencies, such as Army Community Service and Chaplains. While job descriptions for most Family Readiness Support Assistants are similar, commanders

have the flexibility to tailor the duties for their unique needs to best affect Family readiness. For instance, many Family Readiness Support Assistants develop and distribute unit newsletters or ensure telephone and E-mail trees are established, updated, and

so Family members receive critical information in a timely manner.

This type of support is particularly important in Army Reserve and Army

National Guard units, where the Soldier and Family population is dispersed over wide areas: "The Family Readiness Support Assistants become the link to 'virtual installations' for support.

"This is not a quick fix; the Army is planning for the long-term," Gen. Casey said. "These battalion-level Family Readiness Support Assistants are as important after a deployment as

they are prior to a deployment, and funding existing programs will help mitigate some of the burdens created by the current deployment cycle. We will continue to look for more ways to help - we owe this to our Families, and these steps are just a 'down payment' on the long-term." Gen. Casey said. "There is simply no longer any question that in an all-volunteer force, Family readiness equates to readiness of the force itself."

Inquisitive investing important

Nick Mitchell
Judge Advocate

Ask questions - that is the best advice you can get about how to invest wisely. Many investors might have avoided trouble and losses if they had asked basic questions at the beginning. Thoroughly evaluate the background of any individual broker and/or brokerage firm you intend to do business with before you give them your hard-earned cash.

Investigate before doing business with a broker/firm that has a history of complaints and/or problems with regulators. You can verify your broker's firm's disciplinary history by checking the Central Registration Depository (CRD). Either your state securities regulator or the National Association of Securities Dealers (NASD) can provide you with CRD information. Your state securities regulator may give you more information from the CRD than NASD will, especially when it comes to investor complaints.

You can learn how to contact your state securities regulator through the North American Securities Administrators Association, Inc.'s Web site at www.nasaa.org. To contact NASD, check out www.nasd.com or use telephone number 800-289-9999. If your broker/firm goes out of business or declares bankruptcy, you might not be able to recover your money, even if the law rules in your favor ("You can't get money from a stone." - Fred Flintstone).

If you are a beginner or a well-seasoned investor, it is never too early or late to start asking questions. It is hard to ask a dumb question when it comes to investing your money. A good broker/firm will welcome your questions. Financial professionals know that an educated client is an asset, not a liability. They would rather answer your questions before you invest, than confront your confusion and anger later. When you do ask questions, make written notes of the answers (it makes a nice piece of evidence if a dispute arises about what information your broker/firm told you).

Here are some questions to consider:

- Is the investment product registered with the Securities and Exchange Commission (SEC) and state securities agency?
- Does the investment match my investment goals?
- If yes, why does the investment make money? (Dividends? Interest? Capital Gains?)
- What must happen for the investment to increase in value?
- What are the total fees to purchase, maintain, and sell the investment?
- After all fees are paid, how much does the investment need to increase to reach the break even point?
- How liquid is the investment? How easy would it be to sell if I need money right away?
- What are the specific risks with this investment? What is the maximum I could lose?
- How long has the broker/firm been in business? Have they ever made money for investors?
- Is the broker/firm making money for investors

now? How are they doing compared to competitors?

- Where can one get more information about the investment?

Mutual Funds

- How much will the fund charge me when buying shares? What ongoing fees are charged?
- How does the fund perform compared to other similar funds?
- Does the mutual fund invest in securities that could cause the value to go up or down rapidly in a short period of time?
- What kind of securities does the fund hold? How often does the portfolio change?
- What specific risks are associated with the fund?
- How has the fund performed over the long run?
- Where can I get an independent evaluation of this fund?

Progress of Your Investment

- How much am I paying in commissions and fee?
- How much money will I get if I sell my investment today?
- What criteria will I use to decide when to sell?
- Is the return on the investment meeting my expectations? Is the investment performing as I was led to believe?
- How often do I get statements and do I understand the statement information?
- Have my goals changed? If so, are my investments still suitable?

People/Firms Selling Investments

- Are you registered with the state securities regulator?
- Have you ever been disciplined by a state regulator, SEC, or other organization (such as NASD or one of the stock exchanges)?
- How long have you been in business?
- How many arbitration awards have been filed against you?
- What is your training and experience?
- What is your investment philosophy?
- Can you provide me with some names and telephone numbers of your long term clients?
- How do you get paid? By commission? Amount of assets you manage? Some other way?
- Do I have a choice on how to pay you? Should I pay by the transaction or is there a flat fee for unlimited transactions?
- Are you part of a sales contest? Is the purchase in my best interest or are you trying to win a prize?

If you have a problem with your investment(s), act promptly. By law, you only have a limited time to take legal action if it becomes necessary. Talk to your broker and explain the problem. Where is the fault? What did the broker tell you before the problem arose? If your broker can not fix the problem, talk to his or her branch manager.

If the problem is still not fixed, write to the compliance department at the firm's main office. Explain your problem clearly, and how you want it resolved. Ask for a response within thirty (30) days. If you are still not satisfied, then send a copy of your letter to your state securities administrator or to the Office of Investor Education and Assistance at the SEC.

MILITARY MATTERS

Injured reservists may be eligible for incapacitation pay

Anne M. Hill, Esq.
Paralegal Specialist

Army National Guard and Reserve Soldiers may be eligible to receive incapacitation pay if they are injured while performing military duties.

All claims for incapacitation pay are processed in accordance with Army Regulation 135-381, dated 27 December 2006; located at http://www.army.mil/usapa/epubs/pdf/R135_381.pdf.

Under Tier 1, this program provides pay and allowances, known as incapacitation pay, to reserve component members deemed not medically qualified to perform military duties due to a medical condition (injury, illness or disease) incurred or aggravated in the line of duty. The incapacitation pay will be reduced by any income the member earns from non-military employment or self-employment.

Under Tier 2, the program provides pay and allowances to reserve component members deemed medically qualified to perform military duties, but suffer a loss of earned income from a civilian job due to a medical condition incurred or aggravated in the line of duty.

However, the incapacitation pay will not exceed the full pay and allowances for a member of active service with the same rank and years of service. Active duty, inactive duty training, funeral honors duty, traveling directly to or from such inactive duty training or funeral honors duty, remaining overnight, immediately before the commencement of the inactive duty training or funeral honors duty, or remaining overnight between successive periods of inactive duty training are considered "in the line of duty."

Members remaining on active duty while incapacitated will receive their active duty pay and allowances instead of incapacitation pay. They will only receive incapacitation pay upon release from active duty.

DA Form 2173, Statement of Medical Examinations and Duty Status, must be completed by the member's unit commander or unit adviser as well as the attending physician or hospital patient administrator within 7 calendar days of being notified of the member's medical condition. This form will be used to initiate the incapacitation pay paperwork.

An interim determination will be made as to whether the medical condition was incurred or aggravated in the line of duty and payments will be made during this interim period. The interim determination shall be rendered in sufficient time to ensure that incapacitation pay commences within 30 days of the date that the medical condition was reported,

unless there is clear and convincing evidence that the medical condition was not incurred or aggravated in the line of duty.

If the final determination reveals that the medical condition was not incurred or aggravated in the line of duty or was due to gross negligence or misconduct of the member, the incapacitation pay will be immediately terminated and payments made to the member may be recovered.

The member is then entitled to appellate review authority under Army Regulation 600-8-4.

A review of the member's case will be undertaken every 6 months by the Secretary of the Army to ensure that the incapacitation pay is warranted. However, payments beyond 6 months will be made only in the most meritorious cases.

Any member who receives incapacitation pay beyond one year should be referred to the Disability Evaluation System for disability separation or retirement, so long as the member is not projected to become medically qualified within the next 6 months.

Incapacitation pay will terminate upon one of the following conditions: 1) retirement, 2) separation for physical disability, 3) determination by military medical personnel that the member is able to perform his or her military duties, except when the member is able to prove loss of earned income in a civilian job under Tier 2, 4) member returns to military duty, 5) member no longer has a loss of earned income in a civilian job under Tier 2, or 6) member's death.

The only finance and accounting offices that are permitted to make incapacitation payments are the Army Reserve Pay Center and the finance and accounting offices (FAOs) that provide support to the incapacitated member's unit of assignment.

Members who are receiving incapacitation pay are not permitted to attend inactive duty training periods or earn points toward retirement for inactive duty training if they are deemed not medically qualified to perform military duties under Tier 1. However, retirement points may be earned when completing correspondence courses that satisfy the requirements for a qualifying year of service.

Members may not receive Department of Veteran Affairs (DVA) disability compensation and incapacitation pay for the same period and disabling medical condition. The member must waive the DVA disability compensation in order to receive incapacitation payments for the same disabling medical condition.

For further information, call your unit administrator or state family program coordinator.

Members may not receive Department of Veteran Affairs (DVA) disability compensation and incapacitation pay for the same period and disabling medical condition.



Sgt. Brandon Aird

TAKING THE HIGH GROUND — Spc. Jason Curtis, from the 10th Mountain Division, pulls security for fellow Soldiers patrolling Parun, Afghanistan. Coalition forces and Afghan National Army soldiers continue to battle insurgents within the war-torn country.

Afghan, coalition forces defeat insurgent ambush

WASHINGTON, American Forces Press Service, July 24, 2007 - Afghan National Army Soldiers and coalition forces were attacked by an unknown number of enemy fighters during a patrol on the western side of the Helmand River in the Musa Qalah district of Afghanistan's Helmand province July 22.

The Afghan-led patrol was near Shaban Village when insurgents began attacking with rocket-propelled grenades and

small arms, officials reported. The combined patrol repelled the initial attack with small arms fire.

Coalition forces were then engaged by a suspected insurgent suicide vehicle bomber. Two insurgents were killed and the vehicle was destroyed during this engagement.

Immediately after the vehicle was destroyed, more than seven insurgents from two compounds within Shaban Village began firing on the forces,

military officials said. Close-air support was called in to suppress the large number of enemy fighters.

Coalition air support dropped one 500-pound bomb on one of the compounds, and ground forces immediately moved into the compound to assess the damage.

As the battle continued, additional insurgents arrived to reinforce the enemy positions within 500 meters of Shaban village. The combined force

maneuvered to defensible positions and then directed close-air support to drop munitions on positively identified enemy positions. Four bombs were dropped during the engagement, and about 24 enemy fighters were killed in the prolonged battle.

The insurgents further demonstrate their intentions to kill Afghan civilians and destroy Afghanistan with these actions," said Army Maj. Chris Belcher, a Combined Joint Task Force 82 spokesman. "By attacking the pro-government forces from civilian areas, the insurgents are knowingly placing innocent Afghans in the line of fire to create more civilian casualties. This is simply unacceptable, and the world should condemn their actions."

In other operations, Afghan National Police continued taking the lead in providing security and civil order in their country executing a unilateral mission ending in the arrest of a key terrorist leader in the Nangarhar province July 21.

Afghan officers arrested Shir Agha at his home in Tutu village and later turned him over to coalition forces in the area. The Afghan National Police leadership had minimal coalition assistance during the planning and execution of the operation.

"This operation is indicative of the Nangarhar Afghan National Police's capacity to conduct successful high-risk operations as a unilateral force," Maj. Belcher said. "The ANP's ability to enforce law and order in Nangarhar province is demonstrated by their execution of successful missions that support the Islamic Republic of Afghanistan."



Ryan Morton

High-tech trio

Spc. Eric Rutherford, Staff Sgt. Kevin Hartman, and Sgt. Patrick Lair, 115th Public Affairs Detachment, Oregon National Guard, from left, make repairs to the Digital Video and Imagery Distribution System (DVIDS) during mobilization training at Fort Dix.

Read The Post!

WDIX Channel 2
24/7 information

Maryland troops hone skills during training

Ryan Morton
Public Affairs Staff

It's the middle of summer and thousands of Soldiers continue to train at Fort Dix for various missions in support of the Global War on Terrorism. Units of all sizes from platoons, companies, battalions, and even brigades take part in the specialized training the installation offers to prepare for war.

The 175th Infantry Battalion from the Maryland National Guard is one such unit. Five companies from the Battalion: Alpha, Bravo, Charlie, Delta, and Headquarters have completed or will soon complete training in preparation for deployment.

The 175th is part of the 58th Infantry Brigade Combat Team of the Maryland National Guard, which recently had other Soldiers train at the post and are now overseas in theater. These companies will soon join their fellow Soldiers.

Charlie and Delta Companies have just completed the Army Training Evaluation Program, or ARTEP. Units perform this training at the end of their pre-deployment preparations. The ARTEP combines all the skills learned by Soldiers and tests their expertise by conducting simulated missions and scenarios during five days of intense 24-hour, non-stop taskings. They are tested and evaluated on how they respond to the situations presented.

"These troops are well-trained in their individual tasks and are performing at a level as if they are already over there in theater," Delta Company 1st Sgt. Michael Cahill said.

"We've received some really good feedback from the trainers out here," he said.

What really seems to help the 175th is the level of maturity and experience within the unit. Quite a few veterans from various conflicts such as Operations Iraqi and Enduring Freedom, Bosnia and Kosovo, and the Gulf War are members of the 175th.

"We have a wide variety of talent within this unit that has



photos by Ryan Morton

TOUGH TRAINING -- Soldiers from the 175th Infantry Battalion, Maryland National Guard, left, tackle Military Operations on Urban Terrain (MOUT) training at Fort Dix in preparation for deployment in support of the Global War on Terrorism. Staff Sgt. Jason Delawder, above left, gives Spc. Robert Wachtel an IV drip as part of the 175th's mobilization training. One of the most difficult aspects of training is dealing with Civilians On the Battlefield (COBs), below, role-players who act as local civilians who may or may not be hostile.



ROAD TO OIF/OEF

proven to be quite valuable. The vets offer sage advice to the younger Soldiers: Primarily to stay vigilant and sharp," Cahill said.

Charlie and Delta Companies were merged to complete the final phase of their ARTEP training at Dix's Balad training range. The range is set up with old contexts used to resemble buildings or dwellings in a town or urban area in theater. The Soldiers are required to

perform what is known as a cordon search to find a terrorist. This includes patrolling and securing the region,

while at the same time conducting their search. This process is not easy because of the many challenges they encounter. Assisting with the training are Civilians On the Battlefield, or COBs. These are actors or role players who act

upon the comprehensive skills they have learned throughout their training at the installation to be successful.

In this case they play terrorists, snipers, and protesters, who make the task for the Soldiers all-the-more difficult to complete. To accomplish the mission, Soldiers need to draw upon the comprehensive skills

they have learned throughout their training at the installation to be successful. Alpha, Bravo, Charlie, Delta, and Headquarters Companies will soon head down range to join their brethren, and in the near future the 158th Cavalry Battalion from the Maryland National Guard and several batteries from the 143rd Field Artillery Battalion of the California National Guard will join the 58th IBCT in theater to be called "Task Force Raven."



Yellow banner days ahead

First Lt. Charles Bussey and Sgt. 1st Class Douglas Karnitz, 506th Military Police Detachment, above, display their yellow banner during a ceremony in Infantry Park, while Master Sgt. James Walker and Capt. Damian Polewczak of the 275th Quartermaster Company, right, do the same. Both units underwent mobilization training at Fort Dix in preparation for deployment. Yellow banners are displayed high above Infantry Park until the units return from their deployments, at which time the banners will be returned to the Soldiers.

photos by Ryan Morton



Honoring the Colors

	Reveille 6 a.m. (0600 hours)	Retreat 5 p.m. (1700 hours)
Military personnel in uniform	Stand at attention, face the flag and salute at first note.	Stand at attention, face the flag for Retreat, then salute at first note of <i>To the Colors</i> .
Military personnel not in uniform, civilians	Stand at attention, face the flag and place right hand over heart at first note.	Stand at attention, face the flag for Retreat, then place right hand over heart at first note of <i>To the Colors</i> .
Military personnel in formation or in a group	Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Order, Arms" at conclusion.	Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of Retreat. Calls group to "Attention" and "Present, Arms" at first note of <i>To the Colors</i> , then "Order, Arms" at conclusion.
Individual military personnel, civilians in a vehicle	Stop vehicle and exit. Follow steps above.	Stop vehicle and exit. Follow steps above.
Group of military personnel in a vehicle	Stop vehicle. Individual in charge exits and follows steps above.	Stop vehicle. Individual in charge exits and follows steps above.
Other bugle calls heard on post are:		
Tattoo.....9 p.m. (2100 hours)		
Call to Quarters.....9:30 p.m. (2130 hours)		
Taps.....10 p.m. (2200 hours)		



Army Community Service (ACS)
562-2767
Bldg. 5201, on the corner of 8th Street and Maryland Avenue
Hours of Operation:
Monday through Friday, 7:45 a.m. to 4:30 p.m.
*A Department of the Army Accredited Soldier and Family Service Organization

Some canned foods pulled from shelves due to risk of botulism

A public-health advisory and canned-food recall has been issued due to an outbreak of botulism associated with certain brands of canned foods.

The following products have been pulled from the McGuire Commissary shelves:
 ● Castleberry's Chili with Beans, 15 oz;
 ● Chili with no Beans, 15 oz;
 ● Onion Hot Dog Chili Sauce 10 oz;
 ● Original Beef Stew 24 oz.
 If you have these products at home, do not

consume them. Food safety personnel are determining whether the products are also at the Lakhurst Commissary. They have not been found in AAFES stores.

County health officials are searching the local community. The local point-of-contact is 305 AMDS Public Health Flight at 754-9071 or 754-9252.

More information regarding this issue can be found on the World Wide Web at <http://www.cdc.gov/botulism/botulism.htm>

STOP West Nile Virus!

***Use Insect Repellent**
***Clean Gutters**
***Prevent Standing Water**
***Clean Pools & Birdbaths**

305th Medical Group
Public Health Flight
McGuire AFB NJ
(609)754-9025

For more information, contact your local health department or county mosquito control agency.

James E. McGreevey Governor NEW JERSEY DEPARTMENT OF HEALTH SENIOR SERVICES Clifton R. Lacy, M.D. Commissioner

ARTS & CRAFTS

Bldg. 6039
Philadelphia Street

562-5691

Registration & sales store hours:

Tuesday
9 a.m. to 4:45 p.m.
Wednesday-Thursday
noon to 5 p.m. 6 - 8:45 p.m.
Friday
11 a.m. - 4:45 p.m.
Saturday
9 a.m. - 4:45 p.m.

PROGRAMS

Summer Art Kamp for Kids and Teens
July 30-Aug. 3, Aug. 21-24
12:30 - 2 p.m. for kids
2:30 - 4 p.m. for teens
Our popular annual Art Kamp has expanded sessions. Children ages 6-12 and teens can

explore a variety of mediums to include pottery, ceramics, sewing and a variety of crafts. A \$50 fee for each session includes materials, and there are family and multiple-session discounts available.

Krafty Birthdays
Arts and Crafts offers fun and affordable Krafty Birthday parties, which include up to two hours of party room use, one craft project with instruction and all materials, plus a digitally mastered photo t-shirt for the birthday child! Your choice of crafts includes ceramic painting, create-a-critter stuffed animals, jewelry, and a variety of other fun and popular crafts.

Contemporary Ceramic Studio
Looking for a place to walk in, relax and get creative? This is the place for you and your family to paint functional or decorative items to give as gifts or keep for yourself. We have many bisque ware items to choose, from plates and

mugs to piggy banks. Lots of project ideas, and a helpful staff to get you started. You do the painting and we'll complete your masterpiece with a food-safe glaze and firing. Come and have fun!

Christmas in July
Get an early start on those Christmas gifts and decorations this year. For the whole month of July, receive 20-percent off all Christmas items.

Frame Shop
Stop by to learn about all kinds of framing techniques. In no time you'll be framing your own photographs, paintings and posters.

Create A Critter Special
Take 25-percent off any outfit when you stuff a critter! Discover a menagerie of adorable animals to stuff, dress and cuddle. From the basic Teddy bear to giraffes and lions, we've got them all! Great fun for the whole family and you'll love our low prices. A great last-minute gift idea!

Relationship Safety

Everyone has the right to feel safe in his or her relationships. Are you or do you know anyone in an abusive relationship?

Look for these signs:

- threats or intimidation
- isolation from family and friends
- denying access to money
- sexual abuse
- involving or using children in adult conflicts
- destroying personal possessions
- feeling fearful
- painful put-downs
- use of weapons

Important phone numbers:

Providence House hotline
871-7551
NJ Domestic Violence hotline
800 572-SAFE
Fort Dix Victim Advocate
562-2767
McGuire Victim Advocate
754-9672

For emergency assistance call 911

Team Dix welcomes new chaplain

Wayne Cook
Public Affairs Staff

A new chaplain has joined the staff at the Main Chapel. Chap. (Col.) Wayne Kirk, a Soldier with 30 years of military service (23 years in the Reserve), has arrived and is chomping at the bit to serve the Soldiers and civilians of the installation community.

Kirk is a minister and pastor of the First Presbyterian Church in Miami, Fla., and is originally from Chicago, Ill.

As a chaplain, Kirk has served in many units, from the 85th Division (Institutional Training) to the 244th Aviation

Brigade. He spent the past six-and-a-half years at Fort Sheridan with the 244th where he deployed to both Iraq and El Salvador.

During the tour to Iraq in 2003, he got to really bond with the Soldiers of the brigade as he flew with them at times and served them while they were in theater.

In 2006, Kirk volunteered for a tour to El Salvador where he got to assist with the building of schools and hospitals and generally do missionary work. The assignment came about as part of a little-known program in the chaplaincy where chaplains can volunteer to do mission work in other

countries where the Army is involved in humanitarian projects.

The highlight of Kirk's career so far has been the time he just served with the 244th. "I really enjoyed the camaraderie of the aviators. They remain really close with each other through the whole process of getting ready to mobilize, mobilizing, serving overseas together, and returning home," said Kirk.

"I got to travel around about 14 states to visit with Soldiers in the brigade and their families. It was very enjoyable getting to see so many different places when I visited the Soldiers and their families. We

had developed very meaningful relationships," he said.

The chaplain is looking forward to serving with Soldiers on Fort Dix and members of the surrounding communities.

"My wife, Linda, and I are very delighted to be here and to work with the rest of the chapel staff to minister to Soldiers who are going overseas. I believe strongly in what we are doing. It is wonderful to be with Soldiers — to encourage them, pray with them, and find ways to work with them to positively influence their lives. I also look forward to the opportunity to preach here," Kirk said.

"I look forward to our time here and the opportunity to help in the community to support the Soldiers," said Linda Kirk.

The Kirks have six children, including two who have served, and one who is serving, in the military.



Wayne Cook

MAN ON A MISSION — Chap. (Col.) Wayne Kirk and his wife Linda recently joined the Fort Dix community. Kirk is the newest member of the installation chapel staff.



courtesy photo

Triple the giving

Warden Charles E. Samuels Jr. and Lorraine Faunteroy, Combined Federal Campaign coordinator for Federal Correctional Institution-Fort Dix, were presented with a plaque of recognition for outstanding support of the 2006 CFC. The award was presented by Florence Sperry, Loaned Executive, South Jersey CFC. Employees of the FCI-Fort Dix contributed a total of \$29,103 in support of the 2006 Combined Federal Campaign, a 200-percent increase from the previous campaign year.

Chaplains' Corner

Chap. (Lt. Col.) Simon Feld
Staff Chaplain

In the Book of Deuteronomy, we read the portion that deals with a rebellion against the leadership of Moses. The attempted coup was led by none other than Korach, a cousin of Moses. This individual was himself a leader of great stature and commanded respect among his fellow Levites.

Yet there was a critical ingredient missing from his dynamic personality. His flaw was not a lack of faith in G-d. His failure was caused by his own arrogance.

Our holy Sages tell us in the Talmud, "He who seeks renown loses his reputation." Those who lust for power, glory, rank and stature for its own sake are surely destined to tarnish their name.

As we know, the Bible tells us that Moses was the most humble man who walked the

face of the earth. He realized that the end of man in this temporal and physical world is but dust and worms. The essence of man is his soul which yearns for and eventually returns to His Creator in Heaven.

Korach had the potential to soar and reach great spiritual heights thus securing a position of greatness and recognition in history. Instead, he was consumed by his own arrogance. He was punished by G-d when he and his cohorts were swallowed up by the earth and suffered a horrific and untimely demise.

Thus, the message to each and every one of us is quite clear. There is no room arrogance in this world. It is considered by many to be the worst character trait of all. If we are truly humble and do not seek honor and glory, the Almighty in His infinite wisdom, will reward us by catapulting us to levels of success and greatness that we never imagined. In doing so, may we merit to be the recipients of His blessings and beneficence, now, and always, Amen.



courtesy photos

Friendly felines

These cats were captured on Fort Dix and neutered as part of a feral cat initiative program. The intent of the program is to control the feral cat population through a proven program that traps, neuters and returns feral cats to the wild. Unfortunately, sometimes stray and abandoned cats become part of the feral community, such as the ones pictured here. The cats pictured have been temporarily adopted as they have been found to be tame. Both are looking for permanent homes. If you would like to adopt one of these cats or learn more about this program, call Dawn at 724-0824 or Connie at 268-0436.



Announcements



Movie Schedule

at the McGuire AFB Theatre
Movie Hotline 754-5139

Friday, July 27 @ 7:30 p.m.

Nancy Drew - Emma Roberts, Josh Flitter, Max Thieriot, Rachael Leigh Cook, Tate Donovan - Accompanying her father on a business trip to Hollywood, Nancy Drew investigates the long-unresolved death of a beautiful movie star. Nancy's resourcefulness and personal responsibility are put to the test when she finds herself in the middle of the fast-living, self-indulgent world of Hollywood.

MPAA Rating: PG - mild violence, thematic elements and brief language

Run time: 99 minutes

Saturday, July 28 @ 7:30 p.m.

Fantastic Four: Rise of the Silver Surfer - Ioan Gruffudd, Jessica Alba, Chris Evans, Michael Chiklis, Julian McMahon - The enigmatic, intergalactic herald, the Silver Surfer, comes to Earth to prepare it for destruction. As he races around the globe wreaking havoc, Reed, Sue, Johnny and Ben must unravel the mystery of the Silver Surfer and confront the surprising return of their mortal enemy, Dr. Doom, before all hope is lost.

MPAA Rating: PG - sequences of action violence, some mild language and innuendo

Run time: 89 minutes

Future Features...

Evon Almighty
Friday, Aug. 3 @ 7:30 p.m.
PG, 90 minutes.

Ratatouille
Saturday, Aug. 4 @ 7:30 p.m.
G, 110 minutes.

Main Chapel

562-2020

Sunday Services

Protestant at 9 to 10 a.m.
Catholic Mass at 10:15 to 11:15 a.m.
Gospel at 11:30 a.m. to 1 p.m.
Catholic CCD is held at 9:15 a.m.

Camp Victory in Chaplain's Tent
General Christian at 7 to 8 p.m.

Catholic Mass will be celebrated in the Main Chapel at 12:30 p.m. every Wednesday, Thursday, and Friday through Aug. 9, 2007

Protestant-Gospel Sunday School
at 10 a.m.

Wednesday Services

Main Chapel

Protestant Bible Study noon
Chapel Library

Chapel 5 (Bldg. 5950)

Protestant at 7:30 to 8:30 p.m.
Fellowship Hall
Catholic at 7:30 to 8:30 p.m.
Sanctuary

Camp Victory in Chaplain's Tent

General Christian at 7:30 to 8:30 p.m.

Religious Services

Islamic Prayer room
open 7 a.m. to 4:30 p.m. Monday through Friday - Room 24

Adult Bible Study
Wednesdays at noon and 7 p.m.

Catholic Adult Bible Study
Sundays, 11:30 a.m.

Christian Women of the Chapel hold a **Bible Study** - Tuesdays, 9:30 a.m. to noon

Christian Men of the Chapel hold a **Prayer Breakfast** - Fourth Saturday of each month, 9 to 11 a.m.

Youth of the Chapel
Every second and fourth Tuesday
7 to 9 p.m.

Jewish Services
Contact the Chapel for dates and time

Army Community Service

Bldg. 5201, 562-2767

EFMP Support Group

3rd Thursday each month
10:30 a.m. to 12:30 p.m.
Army Community Service

EFMP Kidz Plus Program

Free swim for members and families
2nd and 4th Thursdays
5:30 to 6:45 p.m.
Indoor Pool

McGuire AFB Family Advocacy Program

754-9680

July Schedule

Play Groups

Mondays

Toddlers

Wednesdays

Infants

Child Development Center #1
11 a.m. - 12:30 p.m.

The More the Merrier: Playgroup for Multiples
first Friday of the month
PAX terminal

Anger Management
last three Fridays of the month
Health and Wellness Center
1 - 3 p.m.

The August schedule of events not available in time for this week's publication

For information and registration call 754-9680

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

July 29-Aug 4

Tuesday

Self-Directed Activities
1 - 7 p.m.

Scategories Game Tournament
3 - 5 p.m.

Wednesday

Self-Directed Activities
1 - 7 p.m.

Thursday

Self-Directed Activities
1 - 7 p.m.

Pool Tournament

3 - 5 p.m.

Friday

Self-Directed Activities
1 - 7 p.m.

TEEN CENTER

Shout About

Saturday

Midnight Basketball

Open Recreation

3:30 - 7 p.m.

Teen/Guest ONLY

7 p.m. - 12 a.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

Family Advocacy
562-5200

Chaplain
562-2020

American Red Cross
562-2258

Army Emergency Relief
562-2767

MOBILIZATION NEWS YOU CAN USE

WDIX
Commander's
Channel 2

WDIX
Commander's
Channel 2

Post Shuttle Bus

562-5888
Monday to Sunday -- 7 a.m. to 10 p.m.
During the day Starr Tour buses are used, in evening the military Bluebird buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044
Bldg. 5359, Texas Avenue
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mall

723-6100
Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary

754-4154
Monday to Friday - 7 a.m. to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales

Store-Alterations
723-2307
Bldg. 5601, Texas Avenue
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Firestone

723-0464
Bldg. 4201 on Texas Avenue
Monday to Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

Recreation Center

562-4956
Bldg. 5905 on Doughboy Loop
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

McGuire Shoppette

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Thursday -- 6:30 a.m. to 9 p.m.
Friday -- 6:30 a.m. to 7 p.m.
Saturday -- 9 a.m. to 10 p.m.
Sunday -- 9 a.m. to 7 p.m.

Burger King

723-8937
Bldg. 5399, Texas Avenue
Monday to Saturday 6 a.m. to 8 p.m.
Sunday 7 a.m. to 8 p.m.

Java Cafe & Computer Lab @ Club Dix

723-3272
Monday - Friday - 7 a.m. to 10 p.m.
Saturday-Sunday - Closed.

McGuire Gas Station

723-4705
East Arnold Avenue by th 24-hour gate
Monday to Friday -- 6:30 a.m. to 7 p.m.
Saturday -- 9 a.m. to 7 p.m.
Sunday -- 9 a.m. to 6 p.m.

Spouses' Club Thrift Shop

723-2683
Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of the month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

Dining Facilities

Bldgs. 5640 and 5986
Breakfast Mon - Sun 6 to 7:30 a.m.
Lunch Mon - Sun 11:30 a.m. to 1 p.m.
Dinner Mon - Sun 4:30 to 6 p.m.

Outdoor Recreation

562-6667
Bldg. 6045 Doughboy Loop
Rentals include skis, snowboards, canoes, tents, tables, chairs and more.
Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

Club Dix

723-3272
Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.

Revolutions Lounge

Opens 4:30 p.m. Tuesday to Sunday
Karaoke every Thursday at 8 p.m.

Fort Dix Post Office

723-1541
6038 West 9th Street
Monday to Friday -- 8:30 a.m. to 4:30 p.m.
Saturday -- 9:00 a.m. to noon
Lobby hours
Monday to Friday 7:00 a.m. to 7:00 p.m.

24-hour Hotlines

Sexual Assault.....562-3849
Victim Advocacy.....694-8724
Child/Spouse Abuse.....562-6001
Emergencies.....911

Or, visit the Fort Dix Department of Defense Police Department in Bldg. 6049 on 8th Street.

Field House offers fitness

Ed Mingin
Public Affairs Staff

Take a look in the Griffith Field House most days and you'll likely see the same faces. There may be a new face here and there, but mostly it's the same people working out on the same machines.

One of the new faces making a difference is Richelle Weiland, who is a fitness instructor at the gym. Weiland has been at the Field House since July 19, and has brought a fresh perspective and new energy to the gym.

"The biggest reason I'm so excited about being here is I love to work with people, and I love helping them reach their goals," said Weiland.

The goals for most people going to the Griffith Field House are similar. Some are trying to lose weight, some are there to get in better shape - maybe to help pass the Army PT test - but nearly everyone is there to stay healthy and fit.

Getting to the gym and staying motivated to exercise is difficult, but the staff at the Field House is there to help and offer support. There are numerous classes offered that will help get someone in shape, or stay in shape. There are spinning classes, aerobics classes, sculpting classes, circuit training and a variety of other programs to get you where you want to be.

Weiland instructs a class with a little kick behind it.

"I do kickboxing on Mondays and Wednesdays," she said. "I also teach turbo kickboxing at the McGuire gym. I do that on Thursdays at 6 p.m."

If kickboxing isn't your thing, or if you'd rather exercise on your own, the Griffith staff can still offer assistance.

"We also do one-on-one fitness training," explained Weiland.

Getting started on your own personalized program is easy. Just visit Weiland at the Griffith Field House and talk to her about your fitness goals.

"We take an assessment of your condition and figure your current level of fitness," she said. "Then we take that info and your body fat



Ed Mingin

KICK IT UP -- Richelle Weiland brings some new enthusiasm to the Griffith Field House.

percentage and find out what your goals are." Setting up a program to meet your fitness goals is just part of the solution. The hard part is setting up a program that is easy to stick with and maintain. Even the best workout program will fail if you don't do it.

To help keep you motivated and following your program, Weiland incorporates exercises you enjoy.

"We'll set up a program for you and in eight weeks, we'll reassess you," she said.

Anyone wanting to start a new fitness program should stop by the Griffith Field House and see what they have to offer, or call them at 562-4888. As with any fitness program, it's advised to visit your doctor first.

With some help from the Griffith staff and a little determination, you'll be in shape in no time.



Ed Mingin

FRESH START -- The Fort Dix Chargers will be preparing for the upcoming season this week. Cheerleaders and players for all age groups are needed.

Chargers wanted

Ed Mingin
Public Affairs Staff

don't realize they are eligible to participate, and he is trying to reach out to the community to spread the word.

"There are a lot of kids over on McGuire and they don't need a team, but they are welcome to play here," explained Wilkes.

"We'd like to openly invite all Air Force families to join Fort Dix Pop Warner, both football and cheerleading," he said.

Wilkes' invitation is not just for the Air Force, it's extended to the whole military community.

"You don't have to live on

Fort Dix to play. You need some type of military affiliation. It can be retired military, active military, guard or reservist, military civilian, contractors too. The parents don't need to be active or moped, they just need the military affiliation for any branch of service," he said.

Anyone interested in seeing if they are eligible or wanting to sign up for Fort Dix football or cheerleading should call 609-562-2819.

While registration runs until the end of August, players and cheerleaders will be hitting the practice field this week.

First joint race scheduled

Senior Airman Danielle Johnson
305th Air Mobility Wing Public Affairs

McGuire Air Force Base, Fort Dix and NAES Lakehurst will hold the Inaugural Joint Base Race Sept. 29 at 8:30 a.m.

The race, featuring a half-marathon, a 5-K Run/Walk and a Kid's Run, will be open to any interested participants, and all DoD cardholders are encouraged to participate. All are invited to compete against the men's and women's military academy marathon teams from the Air Force Academy, Naval Academy and West Point in the first of what base leadership plans to be an annual event.

"This will be a good event for us," said Col. Tom Kastner, U.S. Army Academy Marathon Team officer in charge. "The cadets will enjoy the sister academy competition and the whole

experience."

The 13.1-mile route will be on paved surfaces within McGuire AFB and Fort Dix's Cantonment Area and will pass static displays such as McGuire's "Pogy's" aircraft, a replica of the P-38 flown by Maj. Thomas B. McGuire Jr. and a C-118 that actually flew Elvis Presley to the U.S. from Germany in March 1960. On Fort Dix, runners will see U.S. and Soviet military tanks including a Huey Helicopter, a Russian T-72 Main Battle Tank and more.

Participants will receive a T-shirt (if registered before Sept. 1), a participation medal, a pasta dinner the night before the race, post-run snacks as well as entertainment. Runners will also compete against each other in various categories.

For more information or to register, call 1st Lt. Terry Demille, 305th Services Squadron, at (609) 754-4750.

ARMY

TEN-MILER TEAM

28 July at 0900

Griffith Field House will host Army Ten-Miler

*Time Trial Qualifications.

*The eight member team will be comprised of both men & women based on the fastest certified times.

Sports Shorts

Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

flectic vests, flashlights, and Guidons.
GS Civilians and Contractors are encouraged to wear comfortable clothing.

Soccer Registration

Soccer registrations are open to dependents or family members of active duty, retired military, DoD Civilians, and contractors who have registered with Child and Youth Services.

Children 3-8 are eligible to register during open registration. Children 9-10 will be put on a waiting list.

All children must have a current physical before playing.
For more information, call 562-2819.

Post Run

Fort Dix will conduct a Post Run July 31. The run is open to all members of Team Dix. Soldiers will form up at the intersection of Alabama Ave & Sever Ave no later than 5:30 a.m. The 5k run / 2.5 k walk will start right after Reveille.

Soldiers will wear black Army PT shorts, Army gray short sleeve T-shirt, running shoes, white socks (no markings) and reflective belt. Units will bring their road guard re-

Summer Games

The Army Community Service Exceptional Family Member Program (EFMP) is sponsoring an EFMP Summer Games for EFMP members from Fort Dix, McGuire, Fort Monmouth and NAES Lakehurst military communities, 25 August 2007 at John Mann Park, Fort Dix from 1100-1500. Games include basketball, baseball, horse shoes, swimming, bowling, relay races and other competitions for EFMP and Family members. Prizes and trophies will be awarded.

Registration is mandatory. Registration: Monday, 25 June - Friday 3 August 2007. Call ACS at 609-562-2767, POC: Evelyn Dingle, EFMP Manager.

Youth Sports registration

Youth Sports is holding football and cheerleading registration. An annual registration fee of \$18 is required, along with a fee of \$80 for football or \$50 for cheerleading.

Participants must be registered with Child Youth Services.
Call 562-4702 or 562-5231 for more information.

School / Sports Physicals

- Mandatory for children:
 - Starting school
 - New to school district
 - Planning to play sports
- Not required for children:
 - Returning to school district
 - Not planning on playing sports
- Scheduling the appointment
 - Call 866-377-2778
 - Apts available July - September
 - Bring all necessary physical forms with medical history completed

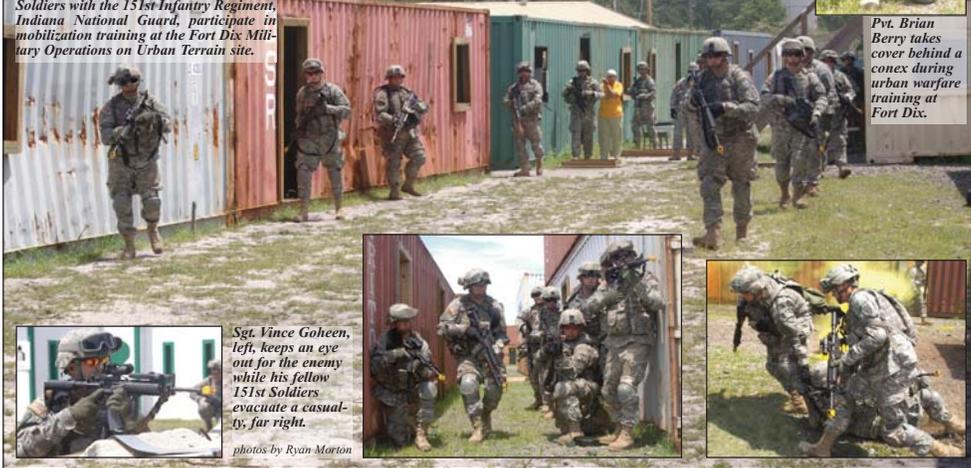
Medical Can Do...Will Do!

Infantry hit mark during urban warfare training



Soldiers with the 151st Infantry Regiment, Indiana National Guard, participate in mobilization training at the Fort Dix Military Operations on Urban Terrain site.

Pvt. Brian Berry takes cover behind a covec during urban warfare training at Fort Dix.



Sgt. Vince Goheen, left, keeps an eye out for the enemy while his fellow 151st Soldiers evacuate a casualty, far right.

photos by Ryan Marton

