

# the Post

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## NEWSNOTES

### Earth Day 2007 coming to Laurel Pond Rec Area

Natural Resources will host Earth Day 2007 at the Laurel Pond Rec Area April 20 from 3 to 8 p.m., and April 21 from 10 a.m. to 3 p.m.

Highlights include Woodford Cedar Run Wildlife Refuge's live raptor show and the NJ Department of Endangered Non-Game Species Program's presentation "Bald Eagles: Past, Present and Future."

Visit [www.fortdixenvironmental.blogspot.com](http://www.fortdixenvironmental.blogspot.com) for more info.

### Sign up now for Community Yard Sale

Reduce. Reuse. Recycle. The Fort Dix Spouses' Club Community Yard Sale is a good way to help you repurpose and recycle some of your old junk that takes up valuable space in your home.

The sale, sponsored by the Fort Dix Spouses' Club, will be held April 28 from 8 a.m. to noon. Setup begins at 7 a.m., and the Thrift Shop parking lot will be closed during the sale.

The Fort Dix Thrift Shop on Pennsylvania Avenue will also be open for business so you can do some bargain shopping in there as well. No consignments will be taken on this day.

Approximately 60 spaces will be available. If you wish to reserve a space, please REGISTER IN ADVANCE by filling out a registration form which is available at the Thrift Shop. (The Thrift Shop is open every Tuesday and Thursday and the first Saturday of each month from 10 a.m. to 2 p.m.) or e-mail Karen Cummings at [KLCJOHN@HOTMAIL.COM](mailto:KLCJOHN@HOTMAIL.COM).

The Yard Sale is open to all military ID cardholders and civilian personnel affiliated with Fort Dix, McGuire AFB, or Lakehurst.

A \$10 registration fee will be charged.

### Fort Dix Retiree Council to host luncheon

A luncheon will be sponsored by the Fort Dix Retiree Council for retirees and their guests May 5. The luncheon will be held at Club Dix, with the Social Time beginning at 11:30 a.m. followed by the luncheon at noon.

The menu selections are Salmon Fillet with Dill Sauce, Roast Top Round of Beef, or Chicken Marsala. Each menu selection will be served with a vegetable, potatoes or rice, salad, rolls, butter, coffee, iced tea, and sherbet for dessert.

The cost for the luncheon is \$24, gratuity included. Checks may be made payable to the Fort Dix Retiree Council. Retirees and their friends/guests are invited to send reservation requests and their menu selections to Sgt. Maj. Norman Palotto, 15 East Central Avenue, Moorestown, New Jersey, 08057, no later than April 25.

## WEATHER

**FRIDAY:** Cloudy in the morning then clearing in the afternoon, high near 64 degrees. Clear overnight with a low around 39 degrees.

**SATURDAY:** Sunny and warmer with a high near 73 degrees. Clear overnight with a low of 43.

**SUNDAY:** Mostly sunny with a high of 72 degrees. A few clouds overnight with a low near 49 degrees.

**MONDAY:** Partly cloudy with a high near 76 degrees. Clouds continue overnight. The low will be around 53 degrees.

**TUESDAY:** Breezy and war with scattered clouds, high near 75 degrees. The overnight low will be around 46.

**WEDNESDAY:** Partly cloudy with a high around 72. Increasing clouds overnight with the potential for showers, low near 44 degrees.



Ryan Morton

## Sky's the limit for training

Soldiers from the 79th Military Police Company, Detachment 4, Evaluation Program (ARTEP) portion of their mobilization training. For more photos and story, see page 4.

## DoD clarifies mob policy for Reserve Component forces

Jim Garamone  
American Forces Press Service

WASHINGTON, April 16, 2007 - National Guard and Army Reserve Soldiers will mobilize and deploy for only one year, despite a new policy that active Soldiers will deploy for 15-month tours, a top defense official stressed Friday.

Thomas F. Hall, assistant defense secretary for reserve affairs, reaffirmed that reserve-component Soldiers are not affected by the 15-month tour policy that Defense Secretary Robert M. Gates announced April 11.

Four National Guard brigades have been alerted for possible mobilization for duty in Iraq beginning in December 2007. If needed, those brigades will mobilize, deploy and redeploy within one year.

"We have been experiencing 18- to 21-month mobilizations for our Guard and Reserves," Hall said. "Families and employers told me that they simply could not sustain that."

On Jan. 19, soon after taking office, Gates mandated reserve components would mobilize for one year and then have five years before another mobilization.

A second portion of Gates' decision was that reserve-component units would train and deploy as units. Hall said the "cross-leveling" that cobbled together units would end. Finally, Gates said that a compensation package would be developed if units broke their dwell time at home - in other words, were mobilized before the five-year home-station period was finished. Mr. Hall said such a package is in development, and the details may be released soon.

About 13,000 Guardsmen from the four units - the 37th Brigade Combat Team, from Ohio; the 16th BCT, from Indiana; the 45th BCT, from Oklahoma; and the 39th BCT, from Arkansas - will mobilize under the new rules. While all these units have been in U.S. Central Command before, for fully two-thirds of the Guardsmen, this will be their first deployment.

Under the program, nine to 10 months before a potential mobilization, DoD officials will alert the Guardsmen.

"We're going to get you that time for training; we're going to get you the equipment ahead of time," Hall said.

(continued on page 3)



## Transforming training

Jersey Central Power and Light (JCP&L) employees Mario Beckles and Frank Nymick set up a new transformer at the Forward Operating Base (FOB) on Fort Dix. This electrical upgrade is part of a \$100,000 project coordinated by the Directorate of Public Works, JCP&L, and Advanced Electric. This transformer will power many of the FOB's new trailers and showers, in addition to the dining and MWR tents. An increase in Soldiers at the FOB necessitated the upgrade.

photos by Ryan Morton



## Community vows to never forget Holocaust

Wayne Cook  
Public Affairs Staff

Members of the Fort Dix, McGuire Air Force Base, and local communities joined together April 18 at the Main Chapel to observe a day of remembrance for those who lost their lives during the Holocaust and those who survived it.

During World War II, Hitler set out to exterminate all Jewish people, gypsies, the handicapped, homosexuals, and many other groups of people. He succeeded in wiping out more than six-million Jewish people and millions more from the other targeted groups before he

came to his own demise.

The United States Congress established the Days of Remembrance as the nation's commemoration of the victims of the Holocaust. Today, more than ever before, individual and communal acts of heroism during the Holocaust serve as a powerful reminder of how the nation and its citizens can - and must - respond to acts of hatred and inhumanity.

The day's events began with the colors being posted by the Air Force Junior ROTC from West High School in Cherry Hill. Chap. (Col.) Larry Biederman, installation chaplain, opened with the invocation followed by Chap. (Lt. Col.) Lee Hardgrove, installation staff chaplain, who led the congregants in a prayer for the nation.

Rod Martell, Holocaust Remembrance Committee chairperson, then welcomed everyone to the event and introduced Leonard Berger who led the lighting of the memorial candles ceremony. The candles were lit by Mathilde Middleberg, Holocaust child survivor, Charles Middleberg, Holocaust child survivor, Lt. Col. Cynthia Palinski, officer-in-charge, Mobilized Unit In-processing Center, Sarah Johnson, director, Morale, Welfare, and Recreation, Denise Horton, Alcohol and Drug Control Officer, and Staff Sgt. Fred Cohen, installation chaplain assistant.

Berger followed the candle lighting with the reading of a poem titled Poem on the Holocaust, written by 13-year-old Jennifer Harris of Voorhees, and then the Creed of a Holocaust Survivor. The guest speaker, Charles Middleberg, took the podium and shared his experiences as a child survivor of the Holocaust. Born in Warsaw, Poland, on Nov. 4, 1929, Middleberg's family migrated to France when he was two years old. A younger brother was born in 1934. As a youngster, he lived a happy life, going to school and playing. His father provided a modest living as a watchmaker and his mother was a homemaker. The peaceful living ended abruptly

(continued on page 3)

# Army Reserve celebrates 99 years



photos by Ryan Morton

**AN OPERATION FORCE** -- The 316th Expeditionary Sustainment Command, 99th Regional Readiness Command, represents the Army Reserve's transformation

**Col Randy Pullen**  
Army Reserve Historian

On April 23, 1908, a new component of the U.S. Army came into being with the creation of the Medical Reserve Corps, the Army's first federal reserve force.

Today, that reserve force -- which numbered about 360 medical professionals one year after its creation -- is known as the U.S. Army Reserve, a specialized, complementary and skill-rich force of some 205,000 citizen-warriors.

Throughout its near-century of existence, Army Reserve Soldiers have answered the nation's call to serve during times of emergency, both in peace and in war.

Peacetime emergencies have included a variety of disaster relief and humanitarian operations at home and abroad. In 1997, for example, Army Reserve water purification units were sent to North Dakota to supply purified, potable water to flood victims; Army Reserve engineers in New Hampshire helped a town recover from a dam break; Army Reserve dentists provided much needed dental care on a Navajo Indian Reservation in Arizona; and finally Army Reserve Soldiers in the Pacific assisted the victims of Typhoon Paka on Guam.

Two years later, thousands of Army Reserve Soldiers, along with thousands of Army National Guard Soldiers, took part in Exercise New Horizons 1999, the relief effort for Central America following the devastating Hurricane Mitch.

A different sort of peacetime emergency was the use of the Army Reserve in running one of President Franklin D. Roosevelt's key New Deal programs, the Civilian Conservation Corps, or CCC, during the Great Depression of the 1930s. Between 1933 and 1939, more than 30,000 Organized Reserve Corps (as the Army Reserve was called at this time) Soldiers served in 2,700 CCC camps, using their training and organization skills in carrying out this program that provided jobs to unemployed young men across the country.

The skills used in the just-mentioned peacetime operations, as well as countless others; however, are the same sort that could be and have been

used for battlefield applications, too. It is the emergency of war, both preparing to be ready for war and taking part in actual conflict, that lies at the heart of the Army Reserve and why it was created.

**Chasing Villa**

The first mobilization for the Army Reserve came in 1916 when it was called out due to the

Reserve Soldiers served on active duty during the First World War. The Reserve doughboys of the Great War served in every division of the American Expeditionary Force in France, whether those divisions were Regular Army, National Guard or National Army. Among their ranks was Col. Theodore Roosevelt, Jr. of



**ULTIMATE WEAPON** -- For the past 99 years, Army Reserve Soldiers have contributed to the nation's defense. In recent years, these Citizen-Soldiers have seen their role increase.

deteriorating situation between the United States and Mexico caused by the actions of the Mexican revolutionary, Francisco "Pancho" Villa, and the subsequent punitive expedition after Villa led by Brig. Gen. John J. Pershing. Army Reserve Soldiers joined their comrades of the Regular Army and National Guard along the southern border of the United States, preparing for the outbreak of a second war with Mexico. War was avoided but this first mobilization served as a great shake-down for America's Army in the greater war that would come in 1917.

More than 160,000 Army

of the 1st Infantry Division, Maj. Charles Whittlesey of the Lost Battalion," and Capt. Eddie Rickenbacker, America's Ace of Aces. Their example set the standard that Army Reserve men and women have followed ever since.

The era between the world wars was a difficult one for the Army. There were few incentives for service, active or reserve, other than dedication to duty and patriotism. In the Organized Reserve, which was primarily an organization of Reserve officers because few enlisted men served, there was no pay for unit drill and no retirement plan. With the

national economy in tatters because of the Great Depression of the 1930s, training became even rarer. No year in that decade saw more than 30 percent of Reserve officers undergo annual training; in 1934, only 14 percent did so.

Despite these and other hardships, new officers continued to be commissioned into the Organized Reserve through ROTC and the Citizens' Military Training Camps (CMTC). This provided summer training to volunteers at Army installations; young men who successfully completed four summers of CMTC training and a battery of correspondence courses could apply for Reserve commissions.

With the outbreak of war in Europe and especially with the fall of France in June 1940, the United States began rearming in earnest. The Nation began relying on its long-neglected Reserve as a key part in that rebuilding of its armed forces. There were some 2,700 Reserve officers serving on active duty in mid-1940; within a year, there were 37,000 serving on active duty. About 90 percent of the Army's company grade officers in June 1941 were recently-mobilized Army Reserve officers.

**Reserve officers**

The Reserve presence in World War II was considerable. In a typical Regular Army combat division during the peak war years, Reserve Soldiers occupied most of the mid-grade officer positions. By the end of the war more than 200,000 Reserve Soldiers were on active duty, serving on every front. Roughly a quarter of all Army officers serving during the war were Army Reserve officers.

Most of them were in the grades of first lieutenant and lieutenant colonel, but a number progressed to general officer rank. These included Lt. Gen. James H. Doolittle, who led the first air attack against Japan in April 1942 (for which he received the Medal of Honor and a promotion from lieutenant colonel to brigadier general); Maj. Gen. William J. Donovan, a World War I Medal of Honor recipient who headed the Office of Strategic Services, known as OSS, the World War II predecessor of the Central Intelligence Agency; and Theodore Roosevelt, Jr. The World War I hero returned to

duty and was promoted to brigadier general. After combat in North Africa and Sicily, Roosevelt led the 4th Infantry Division ashore on Utah Beach on D-Day, the first general officer to come ashore on a Normandy beach. For his leadership and courage on June 6, 1944, he received the Medal of Honor.

Five years after the end of World War II, Army Reserve men and women (Women were authorized to join the Organized Reserve in 1948.) were called to duty again, this time for war in Korea.

More than 200,000 Reserve Soldiers were eventually called to active duty, some as individuals, others with the 971 Reserve units that were mobilized. Fourteen Reserve battalions and 40 separate companies actually went to Korea, and seven Reserve Soldiers, men like Cpl. Hiroshi Miyamura, received the Medal of Honor for their combat heroism.

In the 1960s, the Army Reserve stood ready to answer the Nation's call during the Berlin Crisis, the Cuban Missile Crisis and the Vietnam War. Only Vietnam resulted in an armed conflict and because of decisions made by the administration of President Lyndon Johnson, only a small Reserve mobilization was authorized in 1968, resulting in a call-up of 42 Army Reserve units with fewer than 5,000 Army Reserve Soldiers.

Army Reserve Soldiers actively participated in Operation Just Cause, the United States' intervention in Panama in 1989, with military police and civil affairs support.

**Storm in the desert**

The biggest deployment of Army Reserve Soldiers overseas since the Korean War took place in 1990-1991 with Operations DESERT SHIELD and DESERT STORM. More than 63,000 Soldiers from 647 units were activated to support both continental U.S. and overseas missions. Thousands of Individual Ready Reserve Soldiers,

Individual Mobilization Augmentees and 1,000 retirees volunteered or were ordered to active duty as well. In all, almost 84,000 Army Reserve soldiers answered their country's call.

In 1993, Army Reserve Soldiers participated in Operation Restore Hope, the

Somalia relief expedition. More than 100 Army Reserve volunteers were brought on active duty to staff the 711th Adjutant General Company (Provisional) (Postal); the unit immediately deployed to Somalia to provide postal support to U.S. Forces there. Army Reserve civil affairs and public affairs soldiers also served in Somalia until U.S. Forces departed there in March 1994.

Since 1995, thousands of Army Reserve Soldiers have served in the Balkans to conduct peacekeeping operations in Bosnia and later in Kosovo, as well as to support those operations there from Hungary, Germany, and Italy.

The Kosovo conflict also resulted in a stateside mission in 1999 when refugees from Kosovo arrived at the Fort Dix Army Reserve Installation in New Jersey. There, Army Reserve Soldiers led and were part of the Operation Provide Refuge Joint Task Force, alongside their active Army comrades, giving relief and assistance to more than 4,000 ethnic Albanians.

On September 11, 2001, terrorists hijacked four commercial airliners and crashed them into the World Trade Center in New York City, the Pentagon in Washington, DC, and a field in Pennsylvania. Thousands of Americans were killed.

The men and women of the Army Reserve were on the front lines of the first war of the 21st century from its outset, with a number of Reserve Soldiers among the killed at the World Trade Center and the World Trade Center. Army Reserve units and individual Soldiers responded to the attack immediately and carried out a host of missions to support rescue and recovery operations and to secure federal facilities nationwide.

Less than a month after the attack on America, America struck back at the base of the attackers in Afghanistan. Within a few months, Afghanistan's repressive Taliban regime, which had supported and given sanctuary to the al Qaeda terrorists who had launched the 9-11 attacks against America, had been driven from power and, along with the foreign terrorists, were in hiding in the rugged south and east of Afghanistan.

Army Reserve Soldiers contributed significantly to this victory.

## MNFI-commander sends letter of thanks to families for sacrifice



Gen David H. Petraeus

**To the Families of Soldiers serving in Multinational Force-Iraq:**

On April 11, Secretary of Defense Gates announced that the tour of duty for Soldiers serving in Iraq would be extended from 12 to 15 months.

This was tough news. I know, for those on the home front - and also tough, of course, for those on the ground here in Iraq. This was particularly difficult news, as a leaf of this action meant that the Army was unable to notify you before the extension was reported by the press.

Needless to say, Lt. Gen. Odiermo and I would not have requested maintenance of the surge force levels in Iraq - the request which led to the tour extensions - if we did not view the additional forces as being critical to the ability of Multinational Force-Iraq to accomplish its mission.

That mission - to help Iraq improve the level of security for its population - is obviously critical to the effort to give Iraq's leaders an opportunity to resolve the difficult political issues that can enable long-term solutions to Iraq's problems.

I want to assure you that I understand - and appreciate deeply - the sacrifices that you and your Soldiers have made and will continue to make in the future. My Family and I understand the challenge of long deployments. In fact, this tour of duty in Iraq is my fourth year-or-longer deployment since 2001. We know what you and your loved ones have gone through in recent years, and we - and all Americans - are grateful to you. You, too, have been "soldiering" along with your favorite trooper.

Thank you for your sacrifice, and thank you for your tireless support of your Soldier. You truly are America's unsung heroes.

Sincerely,  
David David H. Petraeus  
General, United States Army  
Commanding

## the Post

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# Community vows to never forget

(continued from page 1)  
when the Germans invaded France. Once they set up their government, they went after the Jewish people. No explanation or reason was ever given or known why they targeted the Jewish, according to Middleberg; they just did. All Jewish people were made to have all their papers stamped with the word 'Juif' (Jew in French) in red. They then were made to sew a large yellow Jewish star on all of their outer garments, which had to be displayed whenever they were in public. Most of their privileges were taken away and they were made to wait at the end of the food-rationing lines, most times meaning that the food was gone when they finally got to the dispenser.

In 1941, Middleberg's father was taken away on a bus and sent to a camp south of Paris. While interned there, he would send postcards when possible to his wife and children back in Paris, and then they could go to visit him. Some months after he had been taken to the camp the postcards stopped. When Middleberg's mom went to the camp, she found it had been emptied out. All of the men had been loaded onto railroad cattle-cars and taken to undisclosed camps. One night, his mother heard that there were going to be mas-

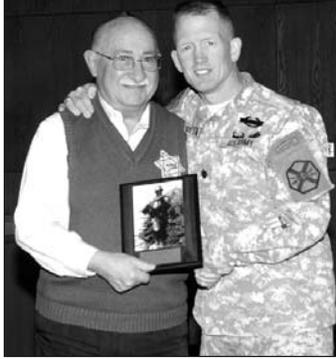
sive raids throughout Paris and all Jewish people were going to be cleaned out of the city.

The janitor of the apartment building where the family lived was a World War I veteran who hated the Germans. During the war, he had lost a leg and he was forced to wear a peg leg.

The janitor knew the Middlebergs were a Jewish family and he didn't want the Germans to get them, so he took them to a secret maintenance room in the ceiling by the roof. He told them that when the Germans came that evening he would remove the rubber pad from the bottom of his peg leg, and when he brought the Germans up the stairs to the Middleberg's apartment he would bang the leg on the steps as a signal for them to hide in the secret room.

It happened as he had expected, and when they heard him coming with the Germans they fled to the secret room where they stayed until noon the next day. Middleberg's mother sent him out to find some bread so they could eat. He was a child and would be less likely to be noticed. The streets were busy and he retrieved the bread for his family. The second day his mother sent him out again, this time and the streets were empty.

The family left their hiding place and returned to their apart-



Wayne Cook

**NEVER FORGET** -- Lt. Col. Roger Cotton, deputy installation commander, presents Charles Middleberg, Holocaust child survivor, a plaque of the Ultimate Soldier during the Days of Remembrance Victims of the Holocaust ceremony at the Main Chapel April 17.

ment. They then moved about sleeping where they could until one day their mother sent them away with a Gentile woman to a farm outside of the city. The

farmer's family was nice enough and the boys were well taken care of. Five or six weeks after they had arrived at the farm, Middleberg received a letter and

one of his mother's rings, which he immediately recognized. The letter said his mother had been taken away.

He decided to return to Paris with his brother and stayed with a family who owned a café. Middleberg went to work in the café and his brother returned to school. To help cover that he was Jewish, he was taken to a Roman Catholic priest who explained that he needed to become Catholic to hide his identity. He was baptized, graduated Catechism, and took communion. He even served as an altar boy.

When the war ended, Middleberg was notified of his mother's passing while she was at Auschwitz. His father, however, survived his internment at Auschwitz and was reunited with his sons. The only family members of the Middleberg family to survive the war were his father, an uncle, his brother and himself.

Middleberg gives credit for his survival to the righteous people who were in his life at the time -- the janitor, the Gentile woman, the farmer's family, the family with the café and the priest.

Upon his father's return, Middleberg resumed his identity as a Jewish boy.

"There are three reasons that my wife and I share our experiences: People -- mostly of high positions -- say the Holocaust didn't happen, I am a living witness; we must remind people that this happened and should never happen again, this outrageous act

should never be perpetrated on anyone ever again; and to teach tolerance, to keep people from getting into the mindset of hatred. Hatred turns into violence very time," he said.

"It's not easy sharing this. Many times I become very emotional. As many times as I have done this, there are certain remembrances that are hard to get out. But, I feel I have a duty to fulfill. My wife and I are getting older, and as long as we can we will share about this. Our children also share this information so we don't forget. They tell the children who will tell their children so we don't forget," said Middleberg.

This was the first time that the Middlebergs have spoken to adults. Their usual audiences are made up of children. According to Middleberg, it is just as important for the adults to be conscious of what happened.

Upon the conclusion of his sharing, Middleberg was presented a plaque of the Ultimate Soldier by Lt. Col. Roger Cotton, deputy installation commander, who said that as long as the American fighting men and women are around, the hope is that there will never be another Holocaust.

The event came to a close with Chap. (Col.) Ira Kronenberg, deputy installation chaplain, reading the Kaddish, a mourner's prayer that praises God and expresses a yearning for the establishment of God's kingdom on earth.



## Holy hogs

Motorcyclists roll out for a ride around Fort Dix and McGuire Air Force Base following a Blessing of the Bikes at the Main Chapel April 18. Chap. (Lt. Col.) Lee Hardgrove blessed both the bikes and the bikers, wishing them a safe riding season.

Wayne Cook

# Military police train for special mission

Ryan Morton  
Public Affairs Staff

Fort Dix serves as one of the leading mobilization centers for Soldiers in the Global War on Terrorism. The installation has mobilized and demobilized more than 97,000 Soldiers since Sept. 11, 2001.

The Soldiers at Dix perform a variety of training missions, including security forces, convoy, and detainee operations, among others. Some units come to the installation to prepare for other types of specialized missions as well.

The 79th Military Police Company, Detachment 4, is one such unit. It is an Army Reserve unit that just completed training at Dix for a special security mission. They will be the acting security detail for senior officials in combat zones.

This unit is comprised of approximately 30 Soldiers hailing from Rochester, Minn., with a few from Illinois brought on for support.

The Soldiers arrived at Dix in mid-February and recently completed preparations for their deployment with the Army Training Evaluation Program, or ARTEP. The ARTEP represents the culmination of training a unit performs before going overseas and mixes various skills they learn during their time training at the installation.

The mission they performed for their final training was transporting, and pulling security for, a top U.S. government official. They transported the dignitary by Blackhawk helicopter to meet with various mock Iraqi officials. The city to discuss security measures with the police chief and at a village to discuss insurgency concerns with the Minister of Oil and the effects on production.

"This kind of training is important because it gets the Soldiers to see what to look out for while pulling security, and enforces the proper rules of engagement," 1st Lt. Chad Gray, 3-315th ARTEP committee observer controller/trainer, said.



**READY TO ROLL** — Soldiers from the 79th Military Police Company, Detachment 4, convoy into the Fort Dix Military Operations on Urban Terrain (MOUT) site, left, as part of the Army Training Evaluation Program (ARTEP). The troops honed various Soldier skills: Spc. Robert Notbusch, below left, learns to deal with a Civilian on the Battlefield; Cpl. Anthony Perkins, below, issues orders to his team members; and Spc. Andy Preble, bottom, mans the weapon on his humvee. The Minnesota unit's 30 Soldiers are preparing to conduct a security-detail mission in support of the Global War on Terrorism. photos by Ryan Morton

The training has been very challenging for the Soldiers in this unit and they feel very confident they'll be able to accomplish the mission with the skills they have learned.

This is a unit with many experienced Soldiers who have been deployed to all parts of the globe, from Iraq and Afghanistan to Korea and Germany. It has Soldiers who work a variety of civilian occupations, such as construction, security, mechanics, plumbers, and a Soldier who is part of the Chicago Police Department.

**"This is a very realistic type of training and it has really helped us prepare to get in the proper mindset of what's to come by keeping your alertness up."**

*Spc. Jonathan Mazariegos  
79th MP Company*

"This training here has really shown me how well I can work with other troops," Spc. Robert Notbusch said.

These Soldiers have received tremendous hometown support from loved ones, which has really helped them weather the difficulties of being away from home. Numerous care packages have been sent and the Family Readiness Group, or FRG, has stepped up to help and lend support. During Easter, the FRG sent Easter eggs that the unit



used during a 10-kilometer road march to mark possible Improvised Electronic Devices, or IEDs, to have some fun with the training.

Corporations have gathered to lend a hand, too. The Holiday Inn South in Rochester, Minn., did a fundraising drive, raising more than \$1,100 for the unit, and sent the Soldiers toiletries, CDs, and candy. One of the things the unit does with the money is get birthday cakes and cards for its Soldiers.

"The families back home



fight the real war because they have a major sacrifice to make with that loved one gone. They deserve a lot of credit for what they do," Staff Sgt. Kirk Smith, the acting 79th Det. commander, said.

With their training complete at Dix, they now enter the big arena armed with a plethora of knowledge and skills for the mission at hand, but at the same time keeping the major focus in the forefront of their minds: Bringing everyone back home safe and sound.

# NEIGHBORHOOD

## THE CORNER

### Special grants available for EFMP children

Army Community Service (ACS) Exceptional Family Member Program (EFMP) is once again able to provide grants to help defray the cost of camp for children with special needs.

These grants, known as "Camperships," are made possible from donations this year from the United Way of Burlington County, the Combined Federal Campaign and the Fort Dix Spouses' Club.

The amount of these grants is dependent upon the number of eligible families applying for the "Camperships." These grants can help parents with the cost of summer camp or summer programs offered through Child and Youth Services (CYS). Grants may be used on and off the installation to the camp of your choice. Grants will be awarded no later than July.

Applications for the grants are available at ACS, Building 5201 Maryland Avenue, until May 10. Applications are to be returned to the ACS Center. Faxed or e-mailed applications will only be accepted under special circumstances.

Children must be enrolled in the EFMP program of the sponsor's branch of service to be eligible. For more information about the summer camp scholarships call Evelyn Dingle at 562-2767.

### Safety workshop coming to Hearts Apart meeting

The Hearts Apart support group invites Family members of deployed Soldiers to attend a Personal Safety and Home Security workshop April 24 from 10 a.m. to noon. This workshop is presented by Matthew Bloomberg from the Directorate of Police and Safety.

The Hearts Apart support group meets the second and fourth Tuesday of every month in the Army Community Service Building 5201 on the corner of Maryland Avenue and 8th Street. A complimentary lunch follows the meeting.

Registration in advance is required. For more information and registration, please call 562-2767.

### Paperclips to host customer appreciation day/vendor fair

Paperclips Etc. will host its Customer Appreciation Day/Vendor Fair April 25 from 10 a.m. to 2 p.m. The store is located on Fort Dix at 3130 Supply Road. For more information, call 723-1260.

### EFMP Empowerment training coming to ACS

The Army Community Service Exceptional Family Member Program (EFMP) in conjunction with the McGuire Family Support Center and the 305th EFMP is sponsoring an EFMP Empowerment Training for families with special need members April 26 from 9 a.m. to 1 p.m. at the Timmerman Center, Room 101, 8th Avenue.

The training is open to all military and surrounding communities to include Fort Monmouth and Lakehurst NAES.

Registration is required. Call ACS at 562-2767/2150. Coffee and pastries will be served.

### Pemberton school looking for Hall of Fame nominees

The Pemberton Township High School Hall of Fame is seeking recommendations from the community for the next inductees to be installed this coming fall on Oct. 20.

Individuals recommended should have graduated at least 10 years ago from Pemberton Township High School. Information can be sent to Michael Pinto, Media Services Coordinator, Pemberton Township High School, c/o Media Services, 148 Arney's Mt. Road, Pemberton, New Jersey 08068-1313 or email it to him at mpinto@pemb.org prior to May 7.

### Arts and Crafts contest looking for entries

The Family and Morale, Welfare and Recreation Command's Arts and Crafts program is gearing up for the 2007 Army Arts and Crafts Contest and calling for entries.

The submission deadline for installation entries is to May 25. For more details, contact your local Arts & Crafts or Recreation facility, write to FMWRCC, Attn: FMWR-CR (Arts & Crafts), 4700 King Street, Alexandria, VA, 22302-4418 or send an e-mail to art@fmwrc.army.mil

## Martinis, manicures make magic mix

Director of Morale, Welfare and Recreation Sarah Johnson called it "a fabulous way to unwind." Patron Hannah Smythe attended "just to relax and get away from the kids." But whatever the motivation, everyone seemed to enjoy Martinis and Manicures evening April 13 at Club Dix.

Johnson and MWR's dynamic marketing manager Jacqueline Holliday oversaw the festivities as Dixians kept their hands busy getting manicured or holding martinis.

Betty Galloway, Cheryl Perkins and Nancy Vu were charming stylists imported from Trendsetters Salon in Vantage Plaza on the Wrightstown-Cookstown Road. And aficionados appreciated their expertise.

Hmmm. Now if we can only keep a good thing going. How about a night combining pedicures with pina colodas?

photos by Steve Snyder



**MARTINI WITH MUSCLE** -- Sgt. Maria Antoine, above, 7230th Medical Support Unit, gets into a Chocolate Raspberry Martini, one of over a dozen concoctions offered patrons of M&M night.



**CROWD PLEASER** -- Hip Dixians, above, flock to an evening of Martinis and Manicures featuring stylists from the Trendsetters Salon like Nancy Vu, left.



**SECRET SIPPERS** -- Three ladies toast a delicious night out.

## Preventing abuse everyone's responsibility

Tina Harris  
Family Advocacy Program Manager

In recognition of Child Abuse Prevention Month, it is important to bring awareness to the family violence that occurs locally and Army-wide. Unless we know there is a problem, how do we fix it?

Family Violence is defined as any physical, neglect, emotional and sexual abuse that occurs between family members. According to the Army, a family is defined as a married couple, intimate partners living together with or without a child in common, and parents and their children.

The Army responds to family violence through its Family Advocacy Program (FAP), which provides prevention and awareness classes, parenting classes, assessments, counseling, treatment groups and assistance with medical and legal needs.

The Division of Youth & Family Services (DYFS) is the agency mandated by the state of New Jersey to investigate child abuse and neglect cases. Their services include intake screenings, investigations, assessments, treatment, case management, respite care, legal, foster care and adoption. Fort Dix works jointly with DYFS on cases of abuse that occur on this installation.

According to national statistics, there are approximately one-million cases of child neglect and 650,000 cases of child abuse that occur in the United States annually; for every one-thousand children, 5.7 percent are physically abused; 3.4 percent are emotionally abused and 2.5 percent are sexually abused.

In addition, there are between three- and 10-million children who are exposed to domestic violence annually. This latter situation often times results in serious injuries to the children. When it comes to domestic violence (or spouse abuse) 5.3-million women are abused annually and two-million men are abused by their partners.

Family Violence does not come without a cost. Nationally, each year it is estimated that \$3.5 billion is spent on medical bills; \$100 million is in lost wages due to eight-million days of paid work that are lost annually - the equivalent of 32,000 full-time jobs. Now would you say this is a problem?

Here's how you can be a team player in the fight against abuse: As a member of this community, you are considered a mandatory reporter of child abuse and neglect. In fact, DYFS states that anyone who "knowingly fails to report suspected child abuse and neglect can be



Wayne Cook

**SPREADING THE WORD** -- Community patrons visit the Child Abuse Prevention Month/ Month of the Military Child information booths at the Base Exchange/Post Exchange April 18. Melody Giovanni, Family Advocacy Outreach Manager, McGuire Air Force Base, far left, and Marcella Atwood, Child Development Center, Fort Dix, far right, answer questions and provide information.

## Kids need involved parents

Lt. Col. Roger Cotton  
Deputy Installation Commander

Soldiers volunteer to serve their countries. Many choose to stay for careers and raise families during their service.

Families did not volunteer to face the many PCS moves, school changes, repeated search for new friends, or stress from deployments that come with the lifestyle of service to our nation. While our kids are incredibly resilient, they do face great stress.

It is much better to prevent these issues by loving your kids enough to get involved with their little lives, than to react to the dangers I have described. Please take advantage of the many MWR programs to help kids "fit in" at Fort Dix.

We have sports programs, arts and crafts, clubs and more. Even better, volunteer to join your child in activities. Sign up to coach or lead a Girl Scout troop or teach Sunday School or help in the school. Use all the opportunities you can to connect with your children and to help other families grow stronger.

You can prevent stress from overcoming your family. Army Community Services or the chapel or local churches are there to help meet these very needs.

If you can't quite keep the lid on stress, take some time off. Get out of the house and strengthen your marriage by going on regular dates again. Develop a community cooperative plan by offering to sit with other parents' children to give them a break.

Step up and help kids whose parents are deployed or absent. I don't believe that it takes a village. I do believe it takes engaged parents, who love their children enough to lead and love them with standards and discipline. It takes parents who care enough to give up their time for their kids. Our families need strong leaders. Be the leader!

Parenting is tough, but the focus you give it now will determine your better years. Invest time wisely, for it will give you freedom from regret and you will be proud to have served your children well!

(Editor's Note: Deputy Installation Commander Lt. Col. Roger Cotton's Quality of Life commentary appears periodically in the Fort Dix

# Bob Wahl to explore whether there's life after military

## Property book chief retires

Steve Snyder  
Public Affairs Staff

In his best-selling memoir, *Big Russ & Me*, newscaster Tim Russert writes of his dad and other blue collar workers who lived in Buffalo, N.Y. They were members of America's Greatest Generation, patriots who survived the Great Depression before going on to win World War II. Men living in big Russ' world had broad shoulders and stout hearts. Their loyalties were fierce, too, and extended to their families, faith, friends and flag.

Robert Wahl is of the same breed.

Buffalo born and bred, Wahl has tended the property book at Fort Dix for the last 12 years (as a civilian) following a military career in the National Guard and Army Reserve that totalled over 37 years. He retires at the end of April, ending a career working with Uncle Sam that's evocative of the Cold War generation.

Team Dix will miss him, sorely.

"I have had the pleasure of working with Bob for the last 10 years," informs Mary Parzyck, a supply technician and Bob's co-worker at DOL's property control branch.

"His knowledge of property regulations, personal integrity and attention to detail together with a 'can do' attitude contributed to his success as a technician in the Property Book Section," says Parzyck. "Over the years we have worked on a number of projects and his experience, spirit of teamwork and sense of humor were key factors in accomplishing our mission," she adds.

"I will greatly miss him, he will not be easy to replace," concludes Wahl's co-worker.



**BUFFALO BOB** -- Bob Wahl was born and raised in Buffalo, N.Y. The Wahl homestead, above.

Sandra Pratt is another professional acquaintance in property who's admired Bob's expertise over the years.

"Bob came into the Property Book Office with pure professionalism," she recalls. "His attitude towards our customers was always welcoming. Bob noted every problem with his accounts and ensured that all his customers were satisfied with the results of the outcome. He was always respectful and courteous to all who came into the Property Book Office," Pratt adds.

"Whenever a new employee would start in our office we sometimes wondered 'What's this person like to work with: will he be pleasant or will he have an attitude problem?' Well, 10 years later, there's no doubt that he (Bob) was the best person who could have been chosen to work within the DOL, ICPB," Pratt exclaims.

"Bob has and will be more like a family member to us (in the office)," Sandra further explains. "He was someone to look up to. We could talk about anything in life and his advice was always sound," she observes.

"In all the years that I worked in the PBO, I thank God for



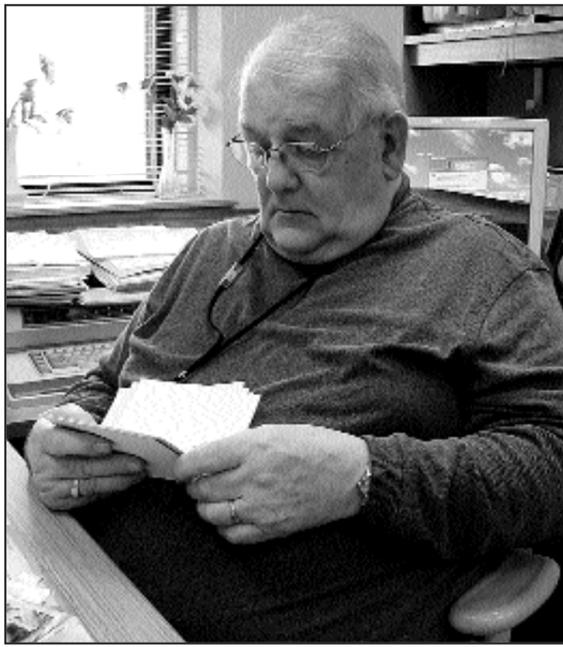
**NATURE BOY** -- Pvt. Wahl sports a "Ridgway" hat while sunbathing outside his Fort Sam Houston barracks at AIT in 1961.

sending Mr. Wahl this way. I truly wish him and his family the very best life has to offer," concludes Pratt.

Fort Dix Museum maestro Dan Zimmerman is another fan of the departing veteran. "In the decade or so that I have worked with Bob Wahl, he has been a tremendous help. His dry sense of humor has made difficult situations easier," Zimmerman maintains.

Wahl's personable savoir-faire probably resulted from long, intense years of dealing intimately with people. Born March 25, 1938, in Buffalo, Bob always longed to follow in his father's footsteps at Sears and Roebuck but fate intervened.

After graduating in 1959 with a BS degree in retail management from the prestigious Rochester Institute of Technology, Bob worked as an insurance underwriter and supervisor for various companies in Buffalo



Steve Snyder

**MEMORIES** -- Fort Dix's premier Property Book Technician, Robert Wahl, reviews photographs detailing his career recently. The 69-year-old Wahl completed 37 years and 7 months of military service, much of it as a warrant officer with the 78th Division. He's retiring from duties with the property book after almost 12 years of stellar performance at Fort Dix.

and, later in Philadelphia, from September 1959 until January 1991. When the Fireman's Fund Insurance Company in Philadelphia cut employees in early 1991, Bob took his money and ran, becoming a unit administrator for the 78th and 76th Divisions in Edison - as a civilian employee. He came to Fort Dix as a supply technician in June 1995 and has been here since.

Militarily, Bob joined a medical unit in the New York National Guard in October 1960, taking basic training at Fort Dix and went great guns until retiring with a Legion of Merit in 1998. Tours of duty

included stints with the 78th and 76th Divisions as an ammo technician and Bob credits time as an MOS instructor with the 76th as really improving his communication skills.

But now, retirement looms. He says he doesn't plan on abandoning his home in Shamong but would like to travel a little, perhaps taking an Alaskan cruise or jumping on a military hop to Europe. At 69, he says it was time to go.

Bob Wahl is the embodiment of what a military professional should be. It was our pleasure and good fortune to know him.

-photos courtesy of Bob Wahl



**STANDING TALL** -- Chief Warrant Officer 3 Wahl freezes for his official military portrait in March 1993. Wahl was awarded the Legion of Merit in June 1998 upon his retirement from the Army Reserve. His citation noted his "exceptionally meritorious service from 23 August 1960 to 25 March 1998 in various positions of increasing responsibility, culminating over 37 years of distinguished service as the Deputy Logistics Readiness Officer, G4, from the 353d Civil Affairs Command. Wahl also spent many years mastering ins and outs of ammunition, the Army way.



**FAMILY MAN** -- Bob Wahl's family heads off to Sunday brunch after attending Mass at St. Patrick's Cathedral in Manhattan in 1996. Left to right, family members include son John, wife Lucia, Bob and his daughter Jennifer. Bob and Lucia have been married for 45 years.



**GUNG HO** -- Pvt. Wahl stands at ease outside his barracks at Fort Dix during basic training in October 1961.



**FOND FAREWELL** -- Chief Warrant Officer 4 Wahl is presented with a going-away cake by members of what must be (according to military records) the Supply Tech-Logistics Group of the 78th Division (Tng) in November 1989.

# MILITARY MATTERS

## Warriors trade wings for weapons during training



Airmen from United States Air Force Detachment 2 undergo mobilization training at Fort Dix for an upcoming deployment in support of the Global War on Terrorism. The unit participated various types of training at the installation's Military Operations on Urban Terrain (MOUT) site, including casualty evacuation, left, building clearing, above, and securing the area of operations, right.

photos by Ryan Morton



## Army engineers work hard for Big Easy

Susan Spaht  
Task Force Hope

**NEW ORLEANS, April 17, 2007** — Outfall canal pumps are an integral part of the new Hurricane and Storm Damage Reduction System that the U.S. Army Corps of Engineers is building in New Orleans. These temporary pumps are being installed at the 17th Street, Orleans Avenue, and London Avenue outfall canals.

The pumps are called "temporary" because they are part of the temporary outfall canal closure structures that were installed immediately after Hurricane Katrina as an interim storm surge protection measure. Permanent pumps and closure structures are being designed and built, and are scheduled to be operational for the 2012 hurricane season.

The temporary pumps have one important mission. When the gated structures that are designed to prevent high levels of Lake Pontchartrain storm surge from entering the outfall canals are closed during a storm, the pumps will be activated to transport water from the outfall canals, around the gated structures, and into the lake.

The three outfall canals are critically important to New

Orleans' ability to reduce potential risk to its citizens from rainfall inundation during major storm. Permanent pumping stations are used to pump accumulating rainfall from low areas into the outfall canals, where it then flows into Lake Pontchartrain. If the recently installed gated structures are closed, that water cannot flow by gravity into the lake as designed, and must be pumped by the temporary pumps to prevent water levels from rising too high within the canals.

The pumps and gates will protect the weakened floodwalls along the outfall canals, and enable inspection of those structures during storm events.

Lately, there has been inaccurate and misleading reporting by local and national media about the history, status, and capabilities of the temporary pumps. In its continuing effort to remain open and transparent, the Corps offers accurate information regarding these vital elements of the Hurricane and Storm Damage Reduction System.

"The first thing the Corps had to do was repair the breaches," said Mr. Brett Herr, Branch Chief for Regional Projects Branch in the Corps' Protection and Restoration Office. "At the same time, we were evaluating



Army News Service

**CONTROLLING THE FLOODGATES** — Pumps at the 17th Street Outfall Canal in New Orleans, La., operate at full capacity during a test on March 24. There are a total of 18 pumps at 17th Street.

the rest of the outfall canal floodwalls to determine what kind of storm surge they could withstand."

There are 13 miles of floodwalls at the three canals. According to Herr, the Corps and local and state officials, decided that the only feasible solution to restoring hurricane protection for the 2006 season would be to block the canals with temporary gated structures and pumps.

Street Canal, 12 for London Avenue Canal, and 10 for Orleans Avenue Canal. The new pumps began arriving in New Orleans in late spring, before the 2006 hurricane season.

As soon as the pumps arrived, they were immediately installed by construction crews working 24 hours a day, seven days a week. In addition, the contract was modified in early summer to add six more pumps to the 17th Street Canal, bringing the total for all three canals to 40 pumps, with 18 of those for 17th Street.

"We installed the new temporary pumps as fast as we received them," said Jim St. Germain, a senior project manager in the Hurricane Protection Office. "We had crews working at the outfall canals around the clock; they were even doing some of the work at night, under lights. We were determined to make our pre-hurricane season goal, and we did."

That is not the usual means for manufacturing and installing massive equipment like these pumps. Under normal circumstances, whether for government or private industry, performance tests would be done on the equipment at the factory by the manufacturer before delivery, without observation by the government. Any operational prob-

lems would be repaired or adjusted there, and the equipment would be tested and re-tested until it meets performance expectations. When the performance is satisfactory, then the equipment would be installed in its intended location.

That's what happens under normal circumstances.

But following Katrina, the Corps did not have the luxury of working under normal circumstances. To quickly reduce the public risk, Corps personnel were placed at the factory to document manufacturer's tests, resulting in a series of reports regarding the pumps' capabilities.

"When we installed the new pumps, we knew they weren't operating to full effectiveness," said Col. Jeffrey Bedy, Hurricane Protection Office commander. "We had numerous engineering reports which told us that. But if we had done this in the traditional manner, it would have taken four to five years to get the pumps in place. Instead, we put the pumps in at the sites in a matter of months. To reduce the risk to the community for the next hurricane season, we wanted the pumps on the ground. We decided we would work out the final testing on the pumps in place."

# Announcements



**Movie Schedule**  
at the McGuire AFB Theatre  
Movie Hotline 754-5139

**Friday, April 20 @ 7:30 p.m.**  
**I Think I Love My Wife - Chris Rock, Kerry Washington** - Richard Cooper has it all. His wife, Brenda, is beautiful, intelligent and a fantastic mother to his children—but there's just one little problem: he's bored out of his suburban businessman's mind. Richard can't help but fantasize about having nearly every woman he sees. Still, it's only fantasy. Then, one fateful day, an alluring, free-spirited, not to mention stunning, old friend, Nikki, suddenly appears at his office door, putting him to the ultimate test. Just how much is Richard Cooper willing to risk when temptation comes after him? After all, he really does love his wife—at least he thinks he does. **MPAA Rating: R** Run Time: 94 minutes.

**Saturday, April 21 @ 7:30 p.m.**  
**Premeditation - Sandra Bullock, Julian McMahon** - Linda Hanson has an idyllic life, until one day she receives word that her husband has died in an auto accident. However, when Linda wakes up the next morning and finds Jim beside her, she assumes she has just had an unusually vivid dream. Soon she finds out that what she experienced was not a dream, and she must battle time and destiny to save her family. **MPAA Rating: PG-13** Run Time: 96 minutes.

**Future Features...**

**300**  
Friday, April 27 @ 7:30 p.m.  
R, 117 min.

**Zodiac**  
Saturday, April 28 @ 7:30 p.m.  
R, 158 min.

## Main Chapel

562-2020  
**Sunday Services**

**Protestant** at 9 a.m.  
**Catholic Mass** at 10:15 a.m. Gospel at 11:30 a.m.  
**Catholic CCD** is held at 9:15 a.m.  
**Protestant-Gospel Sunday School** at 10:00 a.m.

## Religious Services

**Islamic Prayer room**  
open 7 a.m. to 4:30 p.m. Monday through Friday - Room 24

**Adult Bible Study**  
Wednesdays at noon and 7 p.m.

**Catholic Adult Bible Study** - Sundays, 11:30 a.m.  
**Christian Women of the Chapel** hold a **Bible Study** - Tuesdays, 9:30 a.m. to noon

**Christian Men of the Chapel** hold a **Prayer Breakfast** - Fourth Saturday of each month, 9:00 a.m. to 11:00 a.m.

**Youth of the Chapel**  
Every second and fourth Tuesday - 7:00 p.m. to 9 p.m.

**Jewish Services**  
Contact the Chapel for dates and time

## Organizations

**305 MDG Pharmacy information**  
Patients using the 305 MDG Ambulatory Health-care Center who received a prescription must first visit the pharmacy to "check-in and activate" the prescription. An ID card is required. The pharmacy will process the prescription only after check-in. Current prescriptions may be refilled 24 hours-a-day, seven days a week, by calling 754-9470. Refills can be requested seven to ten days before the prescription runs out. Refills are ready for pick-up two duty days after being phoned in.

**WIC Program available**  
Women, Infants and Children (WIC) is a federally funded supplemental nutrition program for pregnant and breastfeeding women, infants and children under the age of 5. Eligibility for the program is based on an income and nutritional or medical risk. WIC can provide infants with iron-fortified infant formula, cereal and juice. Children and women receive milk, cheese, eggs, cereal, juice, peanut butter or beans. Women who breastfeed and do not use any infant formula may also receive carrots and tuna.

The Burlington County WIC Program has clinic sites throughout the county. Evening appointments are available. To learn more about the program call WIC at 267-4303

**Red Cross seeks volunteers**  
The American Red Cross is looking for volunteers to help at the warehouse. Interested individuals must be able to lift boxes and have experience in inventory control. Contact Patrizia Selk-Welkenbach at 562-2258.

**Channel 2**  
24/7 information

**Family Advocacy**  
562-5200

**Chaplain**  
562-2020

**American Red Cross**  
562-2258

**Army Emergency Relief**  
562-2767

## Youth Center

Bldg. 1279 Locust Street  
562-5061

**Hours of Operation:**  
Tuesday - Friday 2 to 7 p.m.  
Saturday 1 to 7 p.m.  
Sunday & Monday CLOSED

**Administrative Hours:**  
Tuesday - Friday noon to 6 p.m.

### April Schedule

**Mondays - Fridays**  
**Power Hour**  
2 - 4:30 p.m.

**Computer Lab**  
4:30 - 6 p.m.

**Tuesdays**  
**SMART START**  
3:45 - 4:45 p.m.

**Wednesdays**  
**Sports and Fitness**  
3:35 - 4:45 p.m.

**Thursdays**  
**Tech Club**  
3:45 - 4:45 p.m.

**Fridays**  
**Arts and Crafts**  
3:45 - 4:45 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

## Army Community Service

Bldg. 5201  
562-2767

**Hours of Operation:**  
7:45 a.m. - 4:30 p.m.

### April Schedule

**Playgroup 18 months - 3 yrs**  
April 21  
11 a.m. - 12:30 p.m.  
McGuire CDC #1

**New Beginnings: Life After Divorce**  
April 24  
6 - 8 p.m.  
Fort Dix CDC

**Volunteer Appreciation Luncheon**  
April 25  
11:30 a.m. - 12:30 p.m.  
Club Dix

**Playgroup Birth - 18 months**  
April 25  
11 a.m. - 12:30 p.m.  
McGuire CDC #1

**Child CPR & Home Fire Safety**  
April 26  
3 p.m. - 4:00 p.m.  
Fort Dix CDC

**EFMP Empowerment Seminar**  
April 26  
9 a.m. - 1:30 p.m.  
Timmerman Center

**International Spouse Group**  
April 27  
11:45 a.m. - 1:00 p.m.  
ACS Conference Room

**For more information call**  
Deraiah Wilson at 562-4830

## McGuire AFB Family Advocacy Program

754-9680

### April Schedule

**Parents Anonymous Support Group**  
Tuesdays  
Falcon Courts Chapel  
11 a.m. - 1 p.m.

**The More the Merrier: Playgroup for Multiples**  
first Friday of the month  
PAX terminal

**Anger Management**  
first three Fridays of the month  
Health and Wellness Center  
1 - 3 p.m.

# MOBILIZATION NEWS YOU CAN USE

WDIX  
Commander's  
Channel 2

WDIX  
Commander's  
Channel 2

<p><b>Post Shuttle Bus</b> 562-5888 Monday to Sunday -- 7 a.m. to 10 p.m. During the day Starr Tour buses are used. In evening the military Bluebird buses are run.</p>	<p><b>Burger King</b> 723-8937 Bldg. 5399, Texas Ave. Monday to Saturday 6 a.m. to 8 p.m. Sunday 7 a.m. to 8 p.m.</p>
<p><b>Dix Shoppette/Class Six/ Gas Station</b> 723-0044 Bldg. 5359, Texas Ave. Monday to Friday - 6 a.m. to 10 p.m. Weekends - 7 a.m. to 10 p.m.</p>	<p><b>McGuire Gas Station</b> 723-4705 East Arnold Avenue by the 24-hour gate Monday to Friday -- 6:30 a.m. to 7 p.m. Saturday -- 9 a.m. to 7 p.m. Sunday -- 9 a.m. to 6 p.m.</p>
<p><b>Spouses' Club Thrift Shop</b> 723-2683 Tuesday and Thursdays - 10 a.m. to 2 p.m. First Wednesday of each month - 4 to 8 p.m. First and 3rd Saturday of each month - 10 a.m. to 2 p.m.</p>	<p><b>Dining Facilities</b> Bldgs. 5640 and 5986 Breakfast Mon - Sun 6:00 to 7:30 a.m. Lunch Mon - Sun 11:30 a.m. to 1:00 p.m. Dinner Mon - Sun 4:30 to 6:00 p.m.</p>
<p><b>Commissary</b> 754-4154 Monday to Friday - 7 a.m. (early bird) to 8 p.m. Saturday - 9 a.m. to 8 p.m. Sunday - 10 a.m. to 7 p.m.</p>	<p><b>Outdoor Recreation</b> 562-6667 Bldg. 6045 Doughboy Loop Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more. Monday to Friday 10 a.m. - 5 p.m. Saturday 4 p.m.</p>
<p><b>Military Clothing/Sales Store-Alterations</b> 723-2307 Bldg. 5601, Texas Ave. Monday to Saturday 10 a.m. to 5:30 p.m. Sunday - Closed.</p>	<p><b>Java Cafe and Computer Lab @Club Dix</b> 723-3272 Monday - Friday - 7 a.m. to 10:00 p.m. Saturday-Sunday - Closed.</p>
<p><b>Firestone</b> 723-0464 Bldg. 4201 on Texas Ave. Monday through Friday - 7 a.m. to 7 p.m. Saturday - 7 a.m. to 5 p.m.</p>	<p><b>McGuire Shoppette</b> 723-4705 East Arnold Avenue by the 24-hour gate Monday to Thursday -- 6:30 a.m. to 9 p.m. Friday -- 6:30 a.m. to 7 p.m. Saturday -- 9 a.m. to 10 p.m. Sunday -- 9 a.m. to 7 p.m.</p>
<p><b>Recreation Center</b> 562-4956 Bldg. 5905 on Doughboy Loop. Monday through Friday - 1 to 10 p.m. Saturday and Sunday - noon to 11 p.m. AT&amp;T Cyber Zone offers computer access for a fee</p>	<p><b>Club Dix</b> 723-3272 Dix Cafe Tuesday to Friday 11 a.m. to 1 p.m. Revolutions Lounge Opens 4:30 p.m. Tuesday to Sunday</p>
<p><b>Fort Dix Post Office</b> 723-1541 6038 West 9th St. Monday to Friday -- 8:30 a.m. to 4:30 p.m. Saturday -- 9:00 a.m. to noon Lobby hours Monday to Friday 7:00 a.m. to 7:00 p.m.</p>	

**Channel 2**  
24/7 information

**Family Advocacy**  
562-5200

**Chaplain**  
562-2020

**American Red Cross**  
562-2258

**Army Emergency Relief**  
562-2767

**McGuire AFB Family Advocacy Program**  
754-9680

**April Schedule**

**Parents Anonymous Support Group**  
Tuesdays  
Falcon Courts Chapel  
11 a.m. - 1 p.m.

**The More the Merrier: Playgroup for Multiples**  
first Friday of the month  
PAX terminal

**Anger Management**  
first three Fridays of the month  
Health and Wellness Center  
1 - 3 p.m.



photos by Maj. Carl Palmer, NJ-JFHQ-PAO



## Honors for heroes

Debbie and Command Sgt. Maj. Richard Vander Clute, top left, sign a get-well card for Governor Jon S. Corzine, who is recovering from injuries suffered in a vehicle accident. The get-well gesture was part of the Freedom Salute event held April 14 for the 50th Personnel Services Battalion and 250th Personnel Services Detachment held at the New Jersey Army National Guard's Joint Force Headquarters on Fort Dix. The poster included images of the governor visiting the 75 Citizen-Soldiers during their one year of duty in Afghanistan, as well as photos of the governor at the units' send-off and welcome-home events. Sgt. Cynthia S. Carlucci, left, places her Center of Influence medal around the neck of her husband Anthony during the event.

During an awards ceremony held April 11 at Club Dix, Maj. Stuart Gillard, above, salutes Lt. Col. Charles Smith, special projects officer, after receiving promotion to the rank of lieutenant colonel. Smith pins the rank of captain on 1st Lt. Brian Marpoe, above right. Sgt. Aaron Jackson, right, is honored with the Army Achievement Medal for responding as an Army Medic Feb. 21 while assigned to Alpha Company. Jackson administered cardiopulmonary resuscitation to a fallen comrade.



photos by Shawn Morris



## Chaplains' Corner

Chap. (Maj.) Bill Heisterman  
Fort Dix Chapel

"David asked Ahimelech, 'Don't you have a spear or a sword here? I haven't brought my sword or any other weapon, because the king's business was urgent.' The priest replied, 'The sword of Goliath the Philistine, whom you killed in the Valley of Elah, is here; it is wrapped in a cloth behind the ephod. If you want it, take it; there is no sword here but that one.'" David said, "There is none like it; give it to me." — 1 Samuel 21:8-9

While many people are familiar with the story of David's victory over the giant Goliath, most are less familiar with David's time on the run while fleeing from King Saul. During the early part of his fugitive days, and finding himself in need of supplies and a weapon, David went to the Tabernacle in the Priesty city

of Nob. There, the priest not only provided supplies, but also presented to David the sword of Goliath, the same sword David had earlier used to behead the giant after killing him in battle with a slingshot and some stones.

Now, David took Goliath's sword—the same sword his enemy intended to use to kill him—and used that sword as an aid rather than a liability. Understand this point—David was not victorious in spite of Goliath's sword; David used Goliath's sword to succeed!

Like David, each of us must face our own Goliath's sword—the tool that the enemy would use to destroy us. It may come in the form of sickness, the loss of a job, persecution, an inward struggle, relationship issues, or a broken heart. Whatever form, Goliath's sword may serve as our personal weapon of destruction.

We have two options: We can allow that weapon to destroy us, or we can take that sword and

use it—first in our immediate battle, then as a weapon in our arsenal for future battles as well.

"We must say to ourselves, 'This sword, this trial, this tribulation, this tragedy, this heartache, this sorrow, has come my way, but it will not destroy me. I'm going to use it to be something I could otherwise never have been. I'll use it to win victories that I could win any other way.'" Use the sword that was a means for our destruction as a tool for liberation. And thank God for Goliath's sword.

When life throws you a lemon, don't make lemonade. Instead, pick the lemon up and throw it back, hitting the giant right between the eyes! Then use the giant's own sword against him.

What are the "swords" that you can use to win your victory?

Adapted from *The Maximized Living Bible*, page 303.

## Agency tips help keep investments in pockets, out of criminal hands

Debra Whipple  
NJ Office of the Attorney  
General

Many can remember coming across a great deal of some kind - clothing, a car, a home or an investment - and grabbing it, only to find disappointment when it was learned that it wasn't all it was cracked up to be. That does happen, but with money a mistake in trusting the wrong person can be more than a disappointment, it can change your life and cancel out your dreams. Investments can be made to appear quite attractive - even when sold by scam artists. Scam artists are real professionals - real professional "confidence artists."

If an investment is being handled inappropriately or something seems wrong, a call to the state securities agency would be a very wise thing to do. By calling the state, anyone can learn about the person who is handling their money and their future security. A state securities regulator exists in every state and often has a different name from state to state. Some are called Securities Commissions, some are Commissions of Commerce or Finance, and some are Bureaus. In New Jersey, it's the Bureau of Securities, Office of the Attorney General. The public doesn't always know that individuals and companies that sell securities, as well as the securities themselves, are supposed to be "registered" with these government agencies by law. This registration helps in protecting the public and can provide valuable information for the public. It could be bad for the scam artist if the investor were to find out that the representative had a history of being fined or was disciplined or, even worse, if the investor finds that that person had their registration revoked or was never registered to do business in securities.

The information comes in the form of a report called a "CRD" report. It stands for Central Reg-

istration Depository, and securities agencies have access to this national database. The investor should ask for this report when calling the securities agency since it contains an individual broker's employment history, current employer, other businesses they are involved with, exam scores, disciplinary actions, plus other information that should be considered before an investor of any size entrusts their money to someone. The best part, other than just making the call, is that it is free. The information is free! Why wouldn't an investor want to know about the person handling their money? The number of the state agency in New Jersey, the Bureau of Securities is 1-866-I-Invest.

Investors are in control of their own financial futures today. This can be scary especially when that just isn't what many were raised knowing how to do. Worse yet, scams in the marketplace have become more prevalent and more sophisticated than ever before. In the investing world, you might chance losing your house, your life-savings, or the money for your child's education and once lost, your lost investment dollars are unrecoverable. Tough reality - but true.

Most brokers, broker-dealers, financial planners and investment advisors are honest. However, know who might be the scam artist. It will be a person who appears trustworthy and friendly. That's a comment made by many who have lost their money. They could belong to the same club, church, or some other group or organization that the potential investor belongs. That type of fraud is called "Affinity Fraud." It could be a friend or an acquaintance of a good friend, or even a relative. Leaping into investing without calling for that CRD report first could lead to being a victim and having one of those heartbreaking stories to tell that ended in financial devastation.

Here are a few tips for spot-

ting trouble:

- Don't be pressured into making an immediate decision - if a salesperson is making you feel pressured, it might be a deal that is illegal or simply inappropriate - that's wrong.

- Be careful of the words, "guaranteed" or "risk-free" - these terms are the quick fix term used to get to that get-rich-quick dream, the fact is that all investments can lose - as well as earn money.

- Promises of unrealistically high investment returns - usually when a broker touts a return that sounds too good to be true, it probably is.

- Investors need to open their statements and check them. One reason is that there is something called "churning" and that involves someone handling the investor's funds but buying and selling frequently without approval - allowing the scam artist to reap the benefits of repeated, frequent commissions, at the investor's expense.

- If something seems wrong, it could be the result of an honest error. But, it could indicate that there is misconduct by your broker. Answers to questions about one's investments should be demanded and clear. If not, maybe a new agent should be considered and a call can be made to the Bureau of Securities in New Jersey, a part of the Office of the Attorney General.

The Bureau does have an informative Website, [www.njsecurities.gov](http://www.njsecurities.gov). The site has the top 13 scams listed, enforcement cases so the public can read about actual cases and how scams happen, press releases, checklists, downloadable books on investing and an interactive scam game. Having knowledge about the person, common scams and the red flags for fraud are vital tools for investors. Read everything, ask questions until everything is satisfactorily understood, and get the CRD report - a background report. The Bureau of Securities can be reached by investors by calling 1-866-I-Invest.

# Cromwell voted top athlete for 2006

**Ed Mingin**  
Public Affairs Staff

Some athletes just have "it." They possess a quality that allows them to rise above the competition. It's a combination of dedication, natural talent, charisma and hard work. Brandon Cromwell was recognized as an athlete that has "it" when he was presented with the Youth Sports Athlete of the Year Award for 2006.

"The award was started to encourage kids to strive for more. It's based on skill development, sportsmanship, leadership and off-field activities," said Stephen Wilkes, assistant director of Youth Sports.

"At the end of each sport, coaches write down who they felt was the outstanding player on the team and why that player was chosen. Brandon was chosen as an exceptional player twice, both for football and basketball. He's been part of a number of championship teams, and was a major contributor to their success. Brandon has been comple-

mented by every coach he's ever played for, he's a well-rounded kid," said Wilkes.

In addition to his success in football and basketball, the 11-year-old Cromwell has seen success on the baseball field too. And the sports world isn't the only place where Cromwell shines. In addition to his prowess on the field, he is an outstanding student.

"In addition to Brandon's athletic skills he does well in school," said Steve Uzleber, who has coached Cromwell in several sports.

"I have coached Brandon since he was 7. I have had the pleasure of having him on my football and basketball teams. Together we won a Pop Warner Championship and two basketball championships. He is presently on my baseball team," said Uzleber.

With athletes often possessing a "me first" attitude, Uzleber quickly points to Cromwell's ability to do whatever is required to help his team.

"What I like best about Brandon is he is unselfish and always

does his best. All the years I've known Brandon he has always been respectful to the coaches and his team mates. He comes to all practices and works very hard. Many times I use Brandon in positions that require courage and leadership, and he never let me or the team down," said the coach.

"I remember a football game last season when he didn't get the ball the whole game. It was an easy game for us so I used some of the younger players. At the end of the game, Brandon's mother let me know that Brandon didn't get the ball," said Uzleber. "At the time I didn't realize it so I went up to him and apologized to him. With a big smile on his face he said, 'It's ok coach we won the game.'"

Possessing a maturity well beyond his years, Cromwell is a role model for his teammates explained Wilkes.

"It's not just about winning or losing, it's about sportsmanship and being a role model. With Brandon's leadership skills and his discipline, he's a great role model for his teammates," said



Wilkes.

Cromwell was recently presented his Athlete of the Year award at a ceremony at the Cookstown VFW. No one told him he was getting an award, and he was unsuspecting until he got to the ceremony.

"He didn't know it was for him. He thought he was going there for his father, who is a coach. He didn't know it was for him until he got there and people were congratulating him. He was very surprised," said Wilkes.

The award was going to be presented at the Youth Sports office but Wilkes was hoping for something a little bigger. He called the Cookstown VFW and asked if they would be willing to do something.

"We were going to give him the award in January. It was just going to be a small thing at the Youth Sports office. In the process of putting the award together, I contacted the Cookstown VFW to see if they were able to honor the winner with a scholarship or something. They put up a \$200 savings bond and Carey Pritchett offered to let us do it at the VFW, so we held off for a bit," explained Wilkes.

This is the first year there has been an award presented for Youth Sports Athlete of the Year, and Wilkes is hoping to make it bigger in the upcoming years.

"I hope it grows every year. The VFW did a great job and I really want to thank them," said Wilkes. "I've seen Brandon grow up since he was six or seven. I've seen him grow into a very respectful and smart young adult. He's definitely a special athlete, who could have a good future for himself. I'm honored to have him as our first Athlete of the Year."

Wilkes isn't the only one who's proud of Cromwell. Of course there is his family, who were in attendance at the ceremony. And let's not forget his long-time coach.

"Coaching a person like Brandon makes all my efforts worth while. I am proud to know Brandon and I believe he will be successful in what ever he does," said Uzleber.



photos by Ed Mingin

**TRIPLE THREAT** --Brandon Cromwell was voted as 2006 Athlete of the Year by the Youth Sports staff. He was presented the award at the Cookstown VFW by Carey Pritchett, of the VFW, and Stephen Wilkes, of Fort Dix Youth Sports, top photo. Cromwell has played on championship teams in football, basketball and baseball.



## Sports Shorts

### Griffith Field House

Saturday & Sunday  
9 a.m. to 5 p.m.  
Monday - Friday  
6 a.m. to 9 p.m.

### Enlisted Association golfing for scholarships

The Enlisted Association-National Guard of New Jersey will host a golf outing to support annual scholarships on Monday, April 23 at the Gambler's Ridge Golf Club in Cream Ridge.

The \$90 donation includes a continental breakfast that begins at 7:30 a.m., followed by a modified shotgun start at 8:45 a.m. with a two person best ball format.

The donation includes green fees, cart and luncheon. Prizes will be awarded to first and second place teams for low gross, closest to the pin on all Par 3's and longest drive.

For more information call Leon Cisek at 562-0223.

### Unlimited bowling

Every Wednesday, get your fill of bowling at the Fort Dix Bowling Center.

Rent one lane for two hours of unlimited bowling for only

\$20 per lane, up to six people per lane.

Shoe rental extra. Call the bowling center at 562-6895 for more information.

### Canoe & Kayak Trips

Get outside and enjoy the spring weather with a canoe trip with Outdoor Rec.

**May 26-27**  
Canoe/Kayak & camp trip.  
Cost: \$45  
**June 9**  
Canoe/Kayak  
Cost: \$25  
**June 10**  
Canoe/Kayak  
Cost: \$25  
**July 14-15**  
Canoe/Kayak & camp trip.  
Cost: \$45  
**Sept. 15**  
Canoe/Kayak  
Cost: \$25

For more information about Canoe & Kayak trips, call Outdoor Recreation at 562-2727.

### Horseback Riding

Starting April 21, horseback riding will be available through Outdoor Rec. Cost is \$35 dollars. Riding dates are April 21, May 12, June 2, July 21, Sept. 8 and Sept. 22.

Call Outdoor Rec. at 562-2727 for more information.

### Skydiving Escapade

Let your adventurous side take over with a skydiving trip with Outdoor Rec.

There are three trips planned: May 19, Aug. 25, and Sept. 29. Call Outdoor Recreation at 562-2727 for more information.

### Law Day Golf Tourney coming to Dix course

The Fort Dix/McGuire/Lakehurst SIA Law Day Golf Tournament will be held May 8 from 11 a.m. to 6 p.m. on the Fort Dix golf course. Cost to participate is \$43 with military/DoD identification, \$55 without. This includes carts and greens fees.

Sign-in and cart assignments begin at 11:45 a.m. First tee-off in teams of four begins at noon, with additional tee-offs every eight minutes thereafter. Final scoring will take place at 4:30 p.m., and prizes and certificates will be given out at 5 p.m. A social will follow.

Those interested should respond to Maj. Ted Collins at 562-3290 or theodore.j.collins@dix.army.mil, or Capt. Wayne Chan at 562-2601 or wayne.chan@dix.army.mil, no later than April 20.

Payment is due no later than April 27. Make checks payable to Ted Collins.



# INTRAMURAL SOFTBALL 2007

OPEN TO ALL TEAM DIX PERSONNEL

\* Must be at least 18 years old!

For More Information, Contact:  
Chris O' Donnell at 562-2769/3961  
www.dixmwr.com

