

The Post

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March 16, 2007

NEWSNOTES

Red Cross blood drive coming to Main Chapel

The American Red Cross Blood Drive, sponsored by Fort Dix American Federation of Government Employees Local 1999, will be held March 16 from 8:30 a.m. to 2 p.m. in the Main Chapel, New Jersey Avenue at Eighth Street.

McGuire's Broidy Gate to stay open 24/7

The gate adjacent to the BX Commissary known as the "Broidy Gate," which separates McGuire and Fort Dix will officially be open 24 hours a day beginning Monday to all traffic transiting between the installations.

The Security Forces Entry Controller will no longer be posted there to check decals or passes, verifying whether or not the vehicle or person is Department of Defense affiliated. Security Forces personnel will only be posted on the Broidy Gate during Random Antiterrorism Measures, increased or heightened Force Protection Condition Measures or special events.

Town Hall Meetings offer info to go

The Senior Leadership Tenant Town Hall Meeting will be held March 28 at 10 a.m. in the Command Conference Room.

The Installation Town Hall Meeting will be held the same day at 3 p.m. in Timmermann Center.

Anyone with topic suggestions or questions should call Andre Mixon at Plans, Analysis and Integration Office, 562-6669.

TV show filmed on Dix set to air

40 Degrees North with Ronnie Miller, filmed at Fort Dix in September of last year, will air on the Discovery Channel on March 20 at 5 p.m. The show highlights Miller's adventures traveling along the 40th parallel around the globe, and will feature footage of his crossing both Fort Dix and McGuire Air Force Base.

Installation Prayer Breakfast served up March 22

The Fort Dix Installation Prayer Breakfast will be held March 22 at 7:30 a.m. at Club Dix. Guest speaker for the event will be Chap. (Col.) Jeffrey Young, command chaplain, U.S. Army Intelligence and Security Command, Fort Belvoir. Tickets are available from the Fort Dix Main Chapel.

WEATHER

FRIDAY: Periods of rain mixing with snow during the day turning to all snow overnight. The high will be near 35 degrees and the low will be around 27. Snow accumulation will be less than an inch.

SATURDAY: Mostly cloudy with a chance of rain and snow showers. High near 37. Cloudy overnight with a low of 27 degrees.

SUNDAY: Mostly sunny with a high near 44 degrees. Clear overnight with a low around 31.

MONDAY: Partly cloudy with a high near 51. Cloudy overnight with chance of showers. The low will be around 39 degrees.

TUESDAY: Cloudy with high near 53 degrees. Clearing overnight with a low of 34 degrees.

WEDNESDAY: Continued sunny with a high near 53 and a low of 35 degrees.

Equipment safety priority

Aberdeen tests new weapons, systems

Donna Miles
American Forces Press Service

ABERDEEN PROVING GROUND, Md., March 14, 2007 — As the Defense Department hurries to get the latest weapons systems and protective equipment to deployed troops, the Aberdeen Test Center here is operating at what its commander calls a "fast and furious rate" to ensure effectiveness and safety remain top priorities.

The center, on the shores of the Chesapeake Bay, is the most diverse of seven DoD test facilities and is a critical partner in the Army's Rapid Fielding Initiative, Army Col. John Rooney, center commander, told American Forces Press Service.

During the past two years, the center's scientists, technicians and engineers have tested about 30 rapid fielding initiatives a week, with more than 1,400 tests conducted last year alone. There's been an 87 percent increase in range activity here since fiscal 2001.

"That's all being driven by technologies to support the warfighter in the global war on terror," Rooney said.

Technologies undergoing testing here range from enhancements to improve the way vehicles operate in combat to protective gear that helps troops survive enemy attacks.

"Our focus is on identifying the best technology available now, getting that capability to the warfighter today, and then improving on it," Rooney said.

This concept, referred to as "spiral development," turns the military's traditional fielding method on its head. Rather than developing, testing, then fine-tuning systems before sending them



courtesy photo

PROOF — An up-armored Humvee undergoes a mine test at the Vehicle Vulnerability/Lethality Test Range at Aberdeen Test Center. The center, at Aberdeen Proving Ground, Md., tests equipment ranging from tanks to protective vests and helmets to ensure it is effective and safe for warfighters.

to the field, the priority now is to get new technologies to the troops quickly as possible, while continuing to improve on them, Rooney explained.

"We're inserting them into the war without the breadth and depth of testing that we would go through in peacetime," he said.

"There's a whole different dynamic of supporting an Army at war that's different than in peacetime. You have to make sure you do an adequate job (of testing), but not at the expense of withholding ca-

capabilities."

Even with the big push to get new systems to deployed forces, Rooney said the military holds the line when it comes to safety.

"We always do safety testing up front," he said. "But once we've done that, the big question becomes, 'What's enough testing to understand how (the system is) going to work (in combat)?"

Evidence of this balancing act is prevalent throughout the combat theater. The Aberdeen Test Center staff tested for

electromagnetic interference in Blue Force Tracker, a satellite-based Force XXI Battle Command, Brigade and Below communications system, as well as for additional radios placed on M1A1 Abrams command vehicles.

They tested new software for the M1A2 tank's nuclear, biological and chemical protective system, and a variety of bridging systems so deployed forces could cross gullies and low spots throughout the Iraqi desert.

(continued on page 3)

Threat to TSP info identified

FORT BELVOIR, Virginia, March 12, 2007 — Soldiers, family members and Army civilians using their home computers to access Thrift Savings Plan (TSP) accounts online can be vulnerable to having their personal information stolen, according to a recent alert posted on TSP's Web site.

According to the alert, TSP officials have identified customers who are victims of a computer crime known as "keylogging" or "keystroke logging." Keylogging is a diagnostic tool used in software development that captures a user's keystrokes, but in the wrong hands, it enables criminals to record all the typing on a keyboard without the user's knowledge. The technique can capture a computer user's TSP Personal Identification Number (PIN) or other personal account information such as a Social Security Number.

The Director of the U.S. Army Criminal Investigation Command's Computer

Crime Investigative Unit, Michael Milner, said personal information is increasingly available on "keylogger" lists for sale through criminal networks and so far, all of the TSP cases involve the transfer of electronic funds, since criminals normally prefer the "paperless" way to steal money.

TSP officials have identified victims of a computer crime known as "keylogging." Keylogging is a diagnostic tool used in software development, but in the wrong hands, it enables criminals to record all the typing on a keyboard. The technique can capture a user's TSP Personal Identification Number.

"Computer users should protect themselves from keyloggers and other malicious software and should promptly close the Web browser after they have checked their TSP account information," Milner explained. "Users must remember that logging off a Web site does not clear a browser's memory, and subse-

quent users might be able to access the TSP account information."

Milner said he is unaware of any Army victims at this point, but strongly recommends that computer users review their home system's security effectiveness to reduce exposure to these types of attacks.

According to the TSP's notice, external penetration testing determined the TSP record keeping system was not breached, but concluded personal information was compromised when keyloggers monitored each individual keystroke of some victims when they used home computers to enter their TSP PIN and

Social Security Number. TSP was also able to identify participants who had relatively small amounts withdrawn from their accounts. As an added security measure, TSP has discontinued making electronic payments for on-line transactions, according to TSP officials.

Milner also explained that the best advice for computer users is to follow general computer security principles at home and to download antivirus software. Army personnel can download free antivirus software for their home computers by visiting the Joint Task Force - Global Network Operations (JTF-GNO) Web site at: https://www.jtf-gno.mil/antivirus/home_use.htm.

They must amount the JTF-GNO Web site from a ".mil," or military computer system and authenticate with their government Common Access Card (CAC) and PIN. After downloading the software, they can then install it on their home computers.

Soldier honored for kidnap rescue

Shawn Morris
Public Affairs Staff

The word "hero" is heard a lot these days in describing those who serve their country in uniform.

The men and women who wear uniforms have certainly earned the right to be called heroes — especially one man in particular who wears two.

Prior to his mobilization to Fort Dix a year ago, Master Sgt. Pentti Forsman, Mobilization Readiness Battalion S-3, was more likely to be seen wearing blue than green. Since the early 1990s, Forsman has been a New Jersey state trooper, patrolling various roads in the southern part of the state.

In January 2005, Forsman called upon more than three decades of combined military and police training and experience to face a situation that would earn him a place among heroes.

"We had just started our shift at 6 a.m. We got a call from the FBI to be advised of possible armed suspects with a kidnapping victim," Forsman recalled.

"One of our patrols spotted the car traveling north on the Garden State Parkway, north of Atlantic City. The vehicle radioed ahead to advise all the other patrols."

"We had less than ten minutes to formulate a plan," he said, explaining how he and his fellow troopers prepared for a "high-risk felony stop" at the parkway's

New Gretna toll plaza, which was shut down for safety.

"I was the lead vehicle that initiated the stop," Forsman explained, adding that an unmarked FBI vehicle also participated in the action.

He carried an AR-15 — which, according to Forsman, is an exact replica of the M-16, minus full auto — during the operation.

"There were three suspects in the car; they were removed from the car using felony car stop procedures," he said.

"Upon getting all the subjects out of the vehicle and ensuring there were no other possible suspects in the car, we cleared the vehicle. The suspects were taken into custody without incident, processed by the state police at Bass River Station, and turned over to the New York Police Department Major Crimes and the FBI."

The calm and professional manner in which Forsman describes the event somewhat masks the true nature of his experience.

"It's an adrenaline rush," he said. "You don't have a lot of time to dwell and think about it. You don't realize the danger until after the fact."

Such danger was found in the form of a loaded 45-caliber handgun in the suspects' vehicle.

But what Forsman found next shocked the veteran trooper and Soldier.

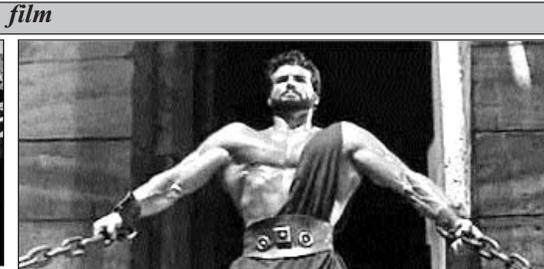
"I approached the vehicle on the driver's side," he (continued on page 4)



Shawn Morris

Master Sgt. Pentti Forsman

Visit Fort Dix on the web at www.dixarmy.mil



SPARTANS -- King Leonidas (Richard Egan, front at right) leads his 300 Spartans in an attack against invading Persian hordes in 1962's "The 300 Spartans," a subdued but interesting account of the Battle of Thermopylae. Burlington County Times critic Lou Gaul has praised the new version, "300," for being "Bold, brawny and brutal, the computer-enhanced '300' splatters the screen with blood, sweat and spears." And "300," along with "Troy" and "Alexander," has helped revive the film genre of Greek epics.

HERCULES -- Greek mythology has always been a strong source for literature and no demigod received better reviews than Hercules, ably portrayed by Steve Reeves, above, in 1959's "Hercules" ("the mighty saga of the world's mightiest man" proclaimed an advertising blurb) and "Hercules Unchained," (1960). Reeves also tapped Greek lore for "The Giant of the Marathon" (1959) and 1961's "The Trojan Horse." No Shakespearean actor, Reeves was nonetheless filmdom's definitive Greek strongman.

Filmmakers revive glory that was Greece



Steve Snyder
Public Affairs Staff

Properly conceived and executed, movies can make enormous contributions to culture. Well-done films with serious artistic intentions often enrich the spirit of those who see them. Think of the 1990s and its residue when Kenneth Branagh and other Shakespeare obsessives went on creative binges that threw Hollywood for a loop.

The multi-faceted Branagh wrote, acted in, directed or produced gems including *The Twelfth Night* (1988), *Henry V* (1989), *Much Ado About Nothing* (1993), *A Midwinter's Tale* (1995), *Hamlet* (1996), *Love's Labor Lost* (2000) and *As You Like It* (2006).

Homage to the Bard crested in 1998 when Gwyneth Paltrow and Dame Judi Dench won Oscars for best actress and supporting actress, respectively, in that year's Oscar-winning best picture, *Shakespeare in Love*.

Shakespeare would've loved it. As would, one supposes, serious critics.

The latter breed are undoubtedly not amused by people eating worms on reality TV shows or films that wallow in sloppy teenybopper sentimentality. Such drivel may substitute for art among half-educated solipsists but shouldn't be allowed to intrude upon adult fare.

Happily, there's good news on cinematic horizons. The current release of 310 about Spartans fighting invading Persians to the death at Thermopylae in 480 B.C. joins other films with a sword and sandals tinge indicating a rebirth of interest in the Greek classics.

Oliver Stone's extravaganza *Alexander* and Brad Pitt's showcase *Troy*, both released in 2004, the TV miniseries *Helen of Troy* out in 2003 and continued replaying of 1997's *The Odyssey* on Hallmark and the SciFi networks on TV tend to make the case that just as the 1990s were swamped with Shakespearean tales, the 2000s may well be ripe with tales of heroes and demigods marching and sailing through the ancient Aegean.

A big bonus, furthermore, kicks off when older as well as updated versions of Greek and other classics hit the market as DVDs with prices rapidly decreasing over the months. I've seen the new versions of *Alexander* and *Troy* get priced down to \$9.99 in bins at Wall Mart, for instance.

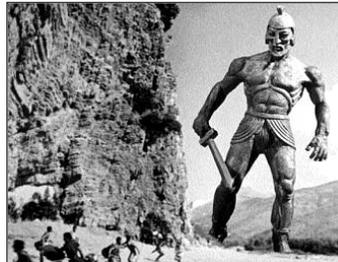
But why bother checking out classics that deal with life thousands of years ago? Is their experience still relevant to what we face today? Why, finally, do the Greeks matter?

Well, the great Goethe thought that "Of all peoples the Greeks have dreamt the dream of life best." Historian Edith Hamilton elaborated, saying, "They (the Greeks) were the first Westerners; the spirit of the West, the modern spirit, is a Greek discovery..."

Hamilton added that "To



TROJAN HORSE -- "Beware of Greeks bearing gifts," warned the prophetess Cassandra but the Trojans paid no heed, bringing a wooden horse, filled with hiding Greeks, into their city leading to the destruction of Troy and the end of the Trojan War, immortalized in Homer's "The Iliad." The 2004 version of "Troy," above, is by far the best as director Wolfgang Peterson leads Brad Pitt, Peter O'Toole and rest of a stellar cast through a serious drama that never drags from lack of spectacle or action. It's more than a worthy successor to 1955's "Helen of Troy," starring Rossana Podesta, who did have a face that could have launched a 1,000 ships. There was also a TV version in 2003 that wasn't bad.



REVENGE OF A TITAN -- After Hercules robs his treasure trove, Talos, the Man of Bronze, goes after "Jason and the Argonauts" (1963), above. Whether it's Talos, Neptune rising from the sea or harpies tormenting poor Phineas, Ray Harryhausen's special effects were seldom better. And Honor Blackman's Hera, wife of Zeus, was nobody you'd kick off a cloud for spilling potato chips. In a similar vein, 1981's "Clash of the Titans," had its moments but negated its story with childish gimmicks thrown in, like a talking, mechanical owl.



www.amazon.ca

CALL TO ARMS -- Richard Burton as Alexander assumes command of the Macedonians after King Philip is assassinated in Robert Rossen's lavish 1956 production of "Alexander the Great." Frederic March played a fierce Philip and Claire Bloom sparkled as Alexander's Persian mistress in a rather cerebral epic that made up in intelligence what it lacked in gore. Burton was bombastic but brilliant in the title role.



www.hellenicnavy.gr

SAILING WINE-DARK SEAS -- In the late 1980s a shipbuilder in Piraeus, the seaport of Athens, listened to experts and built a reconstructed Athenian trireme (named so because each side of the ship contained three or trireme sets of oars). The "Olympias," above, was able to execute 180-degree turns in one minute and within an arc no wider than two-and-a-half ship-lengths. Surrounded by water, the Greeks were great sailors and depended upon their trireme warships to keep the Persians and other hostile fleets at bay.



www.dvdtalk.com

HORRORS OF WAR -- "The Trojan Women" is a tragedy by Euripides first produced during the Peloponnesian War about 400 years before the birth of Christ. It was made into an outstanding anti-war film in 1971, directed by Michael Cacoyannis (of "Zorba the Greek" fame). After its fall, the city of Troy was burning, Trojan men were all slain, and the women of Troy are to be taken back to Greece as slaves and concubines. Queen Hecuba (Katharine Hepburn) tries to cope with her sorrow as one daughter is murdered, above, and another, the mad Cassandra (Genevieve Bujold) is taken away. Hector's wife Andromache (Vanessa Redgrave) is informed she will wed a king but her only son will be put to death. Finally, the Greek king Menelaus (Patrick Magee) arrives to determine the fate of Helen of Troy (Irene Papas). The Greek hussy whose wanton ways gave the Greeks an excuse to start a war for plunder that sealed the doom of the Trojan women.



www.teachwithmovies.org/guides/odyssey.html

HOMERIC HERO -- A three-hour TV miniseries "The Odyssey" (1997) won two Emmy awards for direction and special effects tracing Homer's *Odyssseus* (Armand Assante), above, as he struggles to return home after the Trojan War but runs into violent seas, a bestial Cyclops, spell-binding sirens (including a voluptuous Vanessa Williams) and his wife's deadly suitors who threaten his kingdom. This grandiose version matches Kirk Douglas "Odysseus" in 1955, no small feat.

the Post

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Dix trains Public Affairs units

First Lt. Antonia Green
72nd FA Bn. PAO

First Army has kicked off its latest theater-specific training initiative at Fort Dix for Soldiers whose job it is to tell the Army story of the Global War on Terrorism.

The 302nd Mobile Public Affairs Detachment (MPAD) headquartered in California arrived Feb. 26 at Fort Dix to conduct its 70-day pre-deployment training.

This MPAD is the first iteration of close to a dozen Army and Air Force Public Affairs units expected to conduct pre-mobilization training at Fort Dix in 2007.

Fort Dix was selected as the Public Affairs Center of Excellence in 2006 and is responsible for the 1st Army certification of all Army Reserve and National Guard Public Affairs units preparing for deployment in support of the Global War on Terrorism.

In addition to their 15-day public affairs specific training block, Soldiers of the 302nd MPAD will conduct theater immersion training similar to all units preparing for missions in either Iraq or Afghanistan.

Over the next two months these Soldiers will encounter an array of training exercises designed to prepare them for their upcoming mission in Iraq including Improvised Explosive Device and Individual Movement Techniques (IMT), base defense practical simulations, mounted and dismounted urban patrolling lanes, individual and crew weapons qualification and combat lifesaver certification.

The 302nd MPAD commander, Maj. Kristen Carle said she is eager to get her troops' theater training underway and buckle-down for their impending mission. "We started train-up for this particular mission this past summer. Over half of the 302nd MPAD volunteered for this mission - they are excited to finally get their feet wet."

Combined, the 302nd MPAD has experience all over the globe. Several have worked for American Forces Network (AFN) across Europe, Asia and the Middle East. A handful of the 302nd MPAD Soldiers have recently returned from the international or green zone in Iraq in support of OIF III. 302nd MPAD first sergeant, Sgt. 1st Class Marty Collins is one such veteran. He



Ed Mingin

CLOSE UP - Col. Douglas Dinon, deputy commander for mobilization is interviewed by Pvt. first class Adam Prickel at camera and Sgt. Michael Connors, of the 302nd Mobile Public Affairs Detachment.

anticipates a high op-tempo to continue on over the course of the training calendar. "We have Soldiers with vast mobilization experience. We're looking forward to the training and I have no doubt the Soldiers from the 302nd are ready to meet the challenges that lie ahead."

First Army, along with the Defense Information School (DINFOS) located at Fort Meade, Md., has sent its Public Affairs warrior trainers to instruct PA specific mission training. The

Fort Dix Public Affairs Operations Center has opened its doors to the mobilizing Soldiers aiding in all facets of the 15 day performance based evaluation.

According to Carolee Nisbet, the post public affairs officer, Fort Dix is eager to support the training mission. "If all goes as planned, in line with First Army's directive, it is quite possible that Post readers may see some of the 302nd MPAD's work in the paper - all part of real-world mission training."

Equipment safety

(continued from page 1)

But few examples demonstrate the emphasis on expedient fielding more clearly than how the military gets new vehicle protection to deployed troops.

As DoD's primary ground-vehicle tester, the Aberdeen Test Center started exploring ways to protect troops against roadside bombs in August 2003, as soon as these weapons began appearing in Iraq.

Rooney described the motivation that drove testers here to move quickly to evaluate the first add-on armor prototypes.

"We knew that every day we didn't get the test finished was another day that we weren't getting these kits to the field, and that it could have a direct impact

on someone's life," he said.

The earliest add-on armor kits sent to the combat theater had limitations, he acknowledged, but still offered far more protection than no additional armor. Even as

While continuing to seek out newer, more effective ballistic protections, the test center staff recognizes the impact of these improvements on overall vehicle performance. Putting additional armor on vehicles affects everything from the way they handle, to their tip-over point, to the life cycle of their shocks and suspension systems to their overall reliability.

these kits were being sent to the field, the Aberdeen Test Center staff continued to look into new systems to improve on them.

Since the start of the Global War On Terrorism, the center staff has subjected more than 500 potential solutions to the rigorous testing that takes place here every day, Rooney said.

These prototypes have been fired at to test their ballistic protection and run through simulators, computer models and outdoor tracks to see how they stand up to real-world road conditions like they'll encounter in Iraq and Afghanistan.

A drive around the test ranges here -- nine miles of interconnecting roads and 25 permanently constructed courses -- shows some of the armor enhancements undergoing testing now.

They range from a new add-on

armor kit for Humvees that includes 450 pounds of armor to the front door alone and extra baseboard armor to a one-piece door assembly for the 5-ton M977 heavy expanded mobility tactical truck to an improved slat armor kit for the Stryker light armored vehicle.

The staff here developed the initial prototype for the Stryker's slat armor—a cage-like apparatus bolted to the Stryker to protect it from rocket-propelled grenades — and Rooney calls it one of the staff's proudest achievements.

Although the first users didn't necessarily like the slat armor's looks, they quickly grew to love its protective qualities, he said.

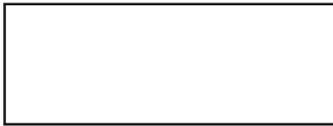
While continuing to seek out newer, more effective ballistic protections, the staff here recognizes the impact of these improvements on overall vehicle performance, Rooney said.

Putting additional armor on vehicles affects everything from the way they handle, to their tip-over point, to the life cycle of their shocks and suspension systems to their overall reliability.

Once a vehicle passes through the rigors imposed here, Rooney said he's confident they'll be ready for the demands warfighters will subject them to.

That's the mindset at the Aberdeen Test Center that Rooney said has continued to turn ideas into solutions for combat troops.

"Our end product is a better equipped, better protected warfighter," he said.



United Communities Housing Information

Leasing Office- 723-4290
Maintenance Office- 724-0500
Maintenance Scheduling, Progress, and
Trash Concerns - 724-0550
Residential Refuse Collection

Mondays:
McGuire AFB, 3800s and 3900s

Tuesdays:
All of Fort Dix, including Quarters 201,
501 and 1900

Thursdays:
McGuire AFB, 4000s, 4400s and 4500s
Recyclables are picked up every

Thursday
Yard and garden waste is
picked up every Monday and Tuesday
PLEASE PUT TRASH OUT
ONLY ON SCHEDULED DAYS.
HELP KEEP YOUR
NEIGHBORHOOD CLEAN!

Common items can be deadly

The name "inhalants" covers a group of over 2,000 common household products. They include cleaners and strippers, paint thinners, gasoline, glues, markers, paints, aerosol sprays, medical gases and other specialized chemicals.

Inhalant drugs can be harmful for users because they were not intended for human inhalation in a concentrated form. Some inhalant users are injured or killed due to the effects of inhaling these solvents or gases themselves, which can cause hypoxia (lack of oxygen (e.g., if a plastic bag sticks to a user's face)), pneumonia, cardiac failure or arrest, or aspiration of vomit. Other inhalant users are injured due to the harmful effects of other chemicals used in these products, such as burns from gasoline vapor, or due to dangerous behavior while they are intoxicated on these drugs.

Most inhalant solvents and gases are not regulated under illegal drug laws such as the United States' Controlled Substances Act. However, many US states have placed restrictions on the sale of some solvent-containing

products to minors, particularly for products widely associated with "sniffing", such as model cement. The practice of inhaling such substances is sometimes colloquially referred to as huffing, sniffing (or "glue-sniffing") or chomping.

Methods of Use and Effects
Inhalant users inhale vapors or aerosol propellant gases using plastic bags held over the mouth or by breathing from an open container of solvents, such as gasoline or paint thinner. Nitrous oxide gases from whipped cream aerosol cans and aerosol hairspray or non-stick frying spray is sprayed into plastic bags; some users may filter the aerosolized particles out with a rag. Some gases such as propane and butane gases are inhaled directly from the canister.

Once these solvents or gases

are inhaled, the extensive capillary surface of the lungs, rapidly absorb the solvent or gas, and blood levels peak rapidly. The intoxication effects occur so



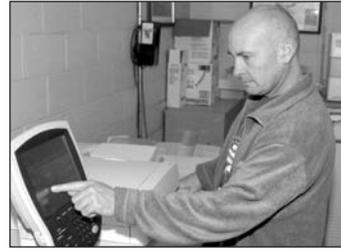
www.daps.gov injection

of other psychoactive drugs. The effects of solvent intoxication can vary widely depending on the dose and what type of solvent or gas is inhaled. A person who has inhaled a small amount of rubber cement or paint thinner vapor may be impaired in a manner resembling alcohol intoxication - stimulation, a sense of euphoria and intoxication, followed by a period of depression. A person who has inhaled a larger

quantity of solvents or gases, or a stronger chemical may experience to stronger effects such as distortion in perceptions of time and space, hallucinations, and emotional disturbances.

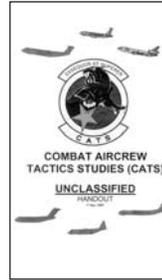
In the short term, many users experience headache, nausea and vomiting, slurred speech, loss of motor coordination, and wheezing. A characteristic "glue sniffer's rash" around the nose and mouth is sometimes seen after prolonged use. An odor of paint or solvents on clothes, skin, and breath is sometimes a sign of inhalant abuse, and paint or solvent residues can sometimes emerge in sweat.

While used repeatedly, inhalants destroy the outer lining of the brain cells, memory, intelligence and problem-solving ability and the senses of hearing, taste, smell and sight. The heart, lungs, liver, kidneys and bones, can be permanently damaged. Inhalants also cause severe muscle weakness and dramatic changes to a person's appearance. Some inhalant abusers develop blood diseases and digestive problems. Kids have died from heart attacks and "sniffing death".



Ryan Morton

READY, SET, PRINT - Mike Tulback, who works for Defense Automation and Production Service (DAPS), sets up a copy machine. DAPS, located at 6044 Philadelphia Ave. offers both color and black and white print and duplication services to the military. They also offer post-printing finishing services such as stitching, tape binding, spiral binding, and folding. Left is a sample of one of the recent brochures created at DAPS.



Kidnap rescue

(continued from page 4)

said, explaining that when he opened the rear door, he found blood on the door - and the kidnap victim on the floor, a hood over his head and his hands tied behind his back.

"He had been stabbed in the back several times and beaten over the head with the butt of a handgun," Forsman said. "The victim was removed and transported to Atlantic City Medical Center intensive care."

"The victim was from New York," he continued. "They kept him down in a hotel outside Atlantic City for two days. They had contacted the family for ransom."

"We believe they were transporting him up to New York for the ransom," Forsman explained, adding that he is fairly certain the victim would ultimately have been executed.

Two years after the incident, Forsman and his fellow troopers were recognized for their outstanding performance during the operation.

"The citation we received from the state police was a Unit Commendation Award," he said. Fort Dix honored Forsman a month later during an awards ceremony at Club Dix, recognizing the 22-year Army veteran for a civilian achievement that owed a lot to him also being a Soldier.

"They're very parallel organizations," Forsman said of the Army and the state police. "One compliments the other."

"The experience I gained in the military helped me," he added, explaining that Army fundamentals such as discipline, drill and ceremony, and esprit de corps transferred well into being a state trooper. "It made it a little easier because it was a familiar environment. The military builds a good foundation."

Forsman will look to build a good foundation in trooper recruits following his mobilization here. He is set to become an instructor at the New Jersey State Police Academy in Sea Girt.

"Hopefully, I can bring them some of my military and road experiences," he said.

Shop meets print needs of Soldiers

Ryan Morton
Public Affairs Staff

Another acronym - DAPS. What does DAPS mean? Well, it means Document Automation and Production Service, or more commonly referred to as the Department of Defense's printer or "the print shop." In many ways, it is like the military's version of Kinkos.

DAPS is actually headquartered right down the pike from Fort Dix across the Delaware River in Mechanicsburg, Pa. It has one of its 191 worldwide locations at Fort Dix in Building 6044, on Philadelphia Avenue. This particular location, like all DAPS facilities, services every branch of the military; the Army, Air Force, Navy, Marines, and Coast Guard, providing services such as copying, laminating, CD and DVD replication, and graphics work.

They offer print and duplication services with digital capabilities for both color and black and white and can print from web, file transfer protocol (ftp), e-mail, zip drives, CDs, and floppy

disks. They also produce color and black and white prints up to 11 x 17 inches and will take care of finishing services such as drilling, punching, padding, stitching, tape binding, GBC spiral binding, and folding.

A couple of the recent projects the Fort Dix DAPS office just completed are an Aircraft planners guide and a Family Advocacy Services Program pamphlet. These are put together with state of the art equipment such as a Xerox Docutech machine.

DAPS has been around since 1949 with its original location at the Pentagon, which is still in use, and has grown into the worldwide enterprise it is today.

Many people, even those within the military, are unaware of DAPS existence. Well, DAPS does exist and is here at Fort Dix for Soldiers to take advantage of.

For questions or inquiries please call Mike Tulback at 609-562-6150 or log on to the official DAPS website at www.daps.dla.mil. DAPS also has a toll-free customer help line at 1-877-DAPS-CAN.



Sgt. Luis S. Delgado, 302nd Mobile Public Affairs Detachment

Sharing meals and memories

Rich Lenneman of Mansfield, Don Smieszek of Bordentown, and Louie Koecis of Roehling, prepare food for their weekly meeting with the troops of Medical Replacement C Company, March 12. The men are members of the Vietnam Veterans of America Chapter 899 out of Bordentown. The veterans of chapter 899 take time to ensure that the troops returning from deployment know they are welcome home.

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NCO Call

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Wednesdays at 6 p.m.



Ed Mingin

FROM THE HEART — Ladeadria Gonzalez, left, and Julie Moravik-Reyes, SIRCO personnel assistants at the Joint Readiness Center, attend to the various military patches on the large display board they created to honor the mobilizing and demobilizing Soldiers they serve.

Artistic duo supports troops by creating unique display

Shawn Morris
Public Affairs Staff

People often take their jobs for granted, even those who work at Fort Dix. Although working at the Army's premier power generation platform can sometimes be difficult due to meeting the needs of mobilizing Soldiers, taking care of these same Soldiers is what makes employment at Fort Dix something special.

Ladeadria Gonzalez and Julie Moravik-Reyes, SIRCO personnel assistants at the Joint Readiness Center (JRC), certainly value what they do and the Soldiers for whom they do it. Proof of this can be witnessed in the pair's Patch Board, a large display of military shoulder patches

collected from Soldiers who have mobilized through the JRC. "None of the patches up there were purchased," Gonzalez said, pointing to her Patch Board. She was given her first patch by a Soldier from Texas, her home state.

"From there, it just blossomed," she explained. Gonzalez began creating the board while working at Wilson Center, the former home of the JRC.

"It was the first time I'd ever been around mobilizing and demobilizing Soldiers," she said. As Soldiers came through the center, they would often stop and check out the board. Many were inspired to give Gonzalez patches from their units, often taking them right off their shoulders.

Moravik-Reyes got involved when she decided to frame the

board as a birthday gift for Gonzalez.

"The frame is just some crown molding that I cut," Moravik-Reyes said. "I just do a lot of crafts; I've done some carpentry."

"Eventually, we'd like to put some kind of glass on it," Gonzalez added.

They've also begun a second board that will feature patches not found on the original.

For those interested in taking a look at the Patch Board, head over to the JRC and ask Gonzalez or Moravik-Reyes. They'll be happy to show it to you.

"It's for the people here. I want them to feel like we really appreciate them," said Gonzalez.

The message that tops the board says it all: "We love and appreciate you."

Chaplains' Corner

Chap. (Maj.) Bill Heisterman
Chapel Staff

Before you can lead effectively, you must know who you are (defined by core values), where you are (defined by goals), and where you are going (defined by vision). Along these lines, a personal leadership philosophy is one of the most useful tools available. Biblical principles provide the surest foundation in developing this philosophy.

First, a leader must establish his or her identity by defining core values. The Army identifies seven core values that align with biblical values: Loyalty, Duty, Respect, Selfless-Service, Honor, Integrity, and Personal Courage. Among these, selfless-service stands out as a priority for leaders. In God's economy, servanthood defines leadership:

Jesus called them together and said, "You know that the rulers of the Gentiles lord it over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be your slave—just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

—Matthew 20:25-28

Next, our goals align with and flow from our defined and established core values. Once again, the Army identifies numerous leadership goals that align with biblical goals. Three take precedence:

Caring for Soldiers (balancing mission and people), Leadership Development, and Managing Change. When a leader understands that the people who fall under his or her leadership are the core mission of leadership, the rest of the equation begins to fall into place.

In order to accomplish the mission, our people must be developed (in the Christian context, this is called discipleship) and the fuel for that development (transformation) is change. Only when we, as leaders, learn to use change to transform our people and organizations (what I call Change Stewardship), will our organizations will be empowered to accomplish our given mission.

Our goals must reflect the fact that our people are our greatest and most valuable resource. Finally, if any organization is to succeed, the leader must ensure that vision is communicated, shared and understood by all within that organization. Proverbs 29:18 correctly points out that, "Where there is no vision, the people perish." Vision is an idealistic and mental model of the future state, the desired endstate, of the organization. That endstate must reflect the purpose of the organization, which is interrelated to the values and goals of the organization.

Leadership is the art of creating an environment that authentically reflects the values, goals, and vision of the organization. The perfect model of leadership is Jesus Christ. He creates an environment that reflects God's values, goals and vision for His organization, the Church. When we apply His leadership model, our people and our organizations will not only be blessed with success and strength, our organizations will be Army Strong!

Credit reports can be fixed

Capt. Nick Mitchell
Judge Advocate

I read somewhere that over half of existing credit reports contain serious errors that could cause consumers to be denied credit. The Fair Credit Reporting Act requires credit reporting agencies to fix such mistakes, but they will not unless such mistakes are pointed out by — guess who — you.

The first thing you have to do is check out your credit report to find out if it contains any errors. I should say check out your credit reports. The Big-Three credit reporting agencies are Experian, TransUnion LLC, and Equifax Credit Information Services, Inc. You can readily find information on how to obtain your credit report(s) by getting on your computer's internet. In case you do not have computer access, you can contact the Big-Three as follows:

Experian
National Consumer Assistance Center
P.O. Box 2002
Allen, Texas 75013

TransUnion LLC
Consumer Disclosure Center
P.O. Box 1000
Chester, Pennsylvania 19022

Equifax Credit Information Services, Incorporated
P.O. Box 740241
Atlanta, Georgia 30374

In order to get a credit reporting agency to fix your credit report, you need to request the fix in writing. Your writing should consist of a letter and a highlighted copy of the offending credit report showing where the errors are. The following is a sample letter (send it registered or certified mail) that may be of help to you:

Date
(Credit reporting agency address)
Subject: Mistake on Credit Report
Dear Madam/Sir/To Whom It May Concern:

I have found a mistake on my credit report which was created by your company. My name is XXX XXXXXX and my Social Security number is XXX-XX-XXXX.

I have enclosed a copy of my credit report with the mistake(s) highlighted. The following information is incorrect:

(For the reader of this article, the following type of errors must be corrected: Calculation errors; charge for a service or product, as per an agreement, that you never received; something shows up that you did not purchase; an unauthorized user of an account in your name; purchase price on credit report is different than actual purchase price; and, there are entries on your credit report that are questionable and you need more information to determine if they need fixing or not.)

Please investigate this important matter with the appropriate creditor. When you confirm the error, please remove the error and make the necessary correction to my credit report. Also, make this letter a permanent part of my credit report.

If you have any questions, please contact me at (telephone number, address, etc.).

Thank you for your help.

(Your signature)
(Your typed name)
(Your address)

Enclosure: Credit Report

The credit reporting agency is supposed to solve your credit dispute within thirty (30) days (registered/certified mail gives you the exact date your letter was received by the credit reporting agency). When your credit error investigation is complete, you will receive a written notice of the investigation result within five (5) days of such completion. If an error has been fixed, then you will also receive a copy of your amended credit report. If you receive an amended credit report, you can then request, in writing, that the credit reporting agency send your corrected credit report to anybody that received your report within the last six (6) months. Good luck!

Last U.S. combat vet from World War I dies at 108



retired Army Cpl. Howard V. Ramsey

PORTLAND, Ore., Army News Service, March 9, 2007 — The echo of a 21-gun salute and bugler playing Taps seemingly marked the end of an era as a state and national treasure was laid to rest in Portland, Ore., March 2.

Retired Army Cpl. Howard V. Ramsey, Oregon's last living World War I veteran and the last known U.S. combat veteran of WWI, died in his sleep Feb. 22 at an assisted living center in southeast Portland. He was honored in a memorial service attended by nearly 200 people at Lincoln Memorial Park exactly one month before reaching his 109th birthday.

In an Associated Press report, Jim Benson of the Veterans Administration said there are now only seven WWI veterans on record with the VA, although it is possible there are unknown veterans who may still exist.

Of the seven known WWI veterans still living, none were shipped overseas, making Ramsey the last known combat veteran of "The Great War." Ramsey inherited the title two weeks before his passing, when Massachusetts veteran Antonio Pierra passed away on Feb. 8.

Veterans of many generations and wars, and military representatives attended Ramsey's memorial service to pay their respects.

NEIGHBORHOOD

THE CORNER

Secret Service to host employment fair

The U.S. Secret Service will be visiting Fort Dix Army Community Service to offer employment opportunities to our community members. The recruiting session will take place **March 21** at Bldg 5201, Conference Room, from 10 a.m. to 1 p.m.

For details, call "Rod" Martell at 562-2186 or send e-mail to porfirio.rodriguez-martell@dix.army.mil

Thomas Edison College holds CLEP exams

CLEP Exams are administered Mondays, Wednesdays, and Fridays at 12 p.m. in the McGuire library. Registration is through Thomas Edison State College on McGuire, Bldg. 1911, Room 211.

The exams are 90-minutes long, computer based, and you receive your score right away (except the English Composition with essay). Currently, we offer 34 CLEP exams.

Also, we are offering classes on Fort Dix for the first time this April. The courses are called blended learning because they are eight weeks long and a combination of both online and meeting four times over the eight weeks at the Fort Dix education center. We are currently registering for these courses. Call 723-1592 for details.

ACS to host AFTB instructor training

Army Community Service will host Army Family Team Building Instructor Training **March 22-23** from 8:30 a.m. to 5 p.m. in Bldg. 5201 Maryland Avenue. Students will learn how to become a more effective instructor, improve public-speaking skills, develop self-esteem and confidence, and receive certification as an AFTB instructor.

Class is open to all military personnel, family members and civilians. Respond to Fran Booth no later than **March 16** by calling 562-23930 or sending e-mail to frances.booth@dix.army.mil

MWR to host Warehouse Sale

MWR will host a Warehouse Sale **March 29** from 8 a.m. to 3 p.m. in Bldg. 6043 Doughboy Loop. A large selection of items will include library furniture, computer equipment, woodshop tools, assorted new dinner plates, glasses, cups, saucers, and a 1989 Chevrolet Cavalier. For more information, call 562-5569.

Fort Dix Spouses' Club offers scholarships, grants

The Fort Dix Spouses' Club is once again accepting requests for their annual Community Grants and Scholarships Programs.

The grants are made possible by the revenue from the Fort Dix Thrift Shop.

Any military community organization may apply for this assistance. All that is needed is a written request which includes: A point of contact, a return address, the dollar amount, the reason for the request and description of how the grant will be used, and the date that the grant will be needed.

All letters should be sent to the Fort Dix Spouses' Club, PO Box 74, Fort Dix, New Jersey, 08640.

Qualified applicants for the scholarship program must be

- high school seniors going to college or university
- military spouses or dependents living on or stationed at Fort Dix
- civilian spouse, dependent or employee of Fort Dix
- child of a Fort Dix Spouses' Club member (Helen G Reddy)

The deadline to request a grant or scholarship is **April 1**.

Completed applications must be received on or before this date (postmarks not accepted).

Applications are available at the Ft. Dix Thrift Shop, Ft. Dix Education Center, Army Community Service and area High School Guidance Offices.

For more information, call Susan DuKavas at 723-2784 or email at FDSCScholarship@verizon.net

Earth Day

April 20, 3 to 5 p.m.
April 21, 10 a.m. to 3 p.m.
at Laurel Pond

Fashionable scholarship show

Steve Snyder
Public Affairs Staff

Club Dix was jammed to capacity Saturday night, March 10, hosting a combined fashion show, dinner and dance designed to support the S.M.A.S.H. scholarship fundraiser under the aegis of McGuire AFB and Fort Dix.

Assisted by Veverly Wakefield and Angienette Caballero, Jennifer Nobel-Slaton coordinated the event which was highlighted by a chic fashion show in the ballroom, a dance after the show and food tasting a la Afro-centric cuisine.

Models included Dixians Melvin Welch, Gary Johnson, LeRoy Jones, Darlene White, Ralph Kay, Damon Johnson, Warren Head and Sheila Tillman in addition to Dix contractors Shanta Wright, and Cressious Bernos.

Models gratis McGuire included Latoya Wilson, Justin Jump, Lakisha Menifee, and Amber Floyd.

Will Marrow, Kristoff Bannies, Junior Montero, and Jennifer Montero were not listed under any affiliation but turned in stellar modeling turns nonetheless under the able guidance of choreographer Larry Brown.

R.E.S. Trendsetters played background music for the fashion show and Deelay Jelani Anderson took care of the music for the after show party.

Lakisha Menifee turned in a stunning rendition of "The Greatest Love of All" as part of entertainment interspersed with fashion while Eric Turner blew out the lights with a piece honoring -- and doing justice to -- Luther Vanderross. Alvarez Kennedy also impressed, vocal-

ly. Sponsors of the fundraiser included K & G Clothier from Cherry Hill, Former Mills out of Pennsauken, Fashion Bug from Browns Mills, Sassezee from the McGuire AFB/Fort Dix Exchange, Antonia Designs, the Shoe Department in Browns Mills, CJ & Sons of Wrightstown and Salon Selah from Mt. Laurel.



photos by Steve Snyder

STRIKE A POSE -- Darlene White portrays Tomara Dobson, a model and actress best known for her role as Cleopatra Jones, during the history segment of the S.M.A.S.H. scholarship fundraiser hosted at Club Dix March 10 by the Black History Observance Committees of Fort Dix and McGuire Air Force Base, and the African American Cultural Awareness Association. Portraying science-fiction author Octavia Estelle Butler during the history portion of the event is Sheila Tillman, right. White changed her style during the modeling portion of the show, left. Both White and Tillman are Soldiers assigned to Fort Dix. The scholarships will go to three high-school seniors who are planning to attend college in the fall. Recipients do not have to be affiliated with the military in any way.



Officer balances military, motherhood

Shawn Morris
Public Affairs Staff

Being a Citizen-Soldier can be tough. Managing civilian responsibilities with military duties is often a delicate balancing act.

Add to a newborn child into the mix, and you might just have the straw that broke the camel's back.

That may be true for some, but not for Capt. Sally Elmore. She's found a way to be a wife, part-time civilian worker, tactical officer with the Alaska National Guard's Officer Candidate School program, and, most recently, mother.

Elmore spent the past two weeks at the Fort Dix Noncommissioned Officer (NCO) Academy, participating in the Total Army Instructor Training Program (TAITC) and Small Group Instructor Training Program (SGITC).

"To officially hold my position, I had to be TAITC and SGITC qualified," she explained.

Elmore brought newborn son Zachary along for the ride, and her mother, Nancy Carlson, flew to Dix from New Mexico. They are staying at the Doughboy Inn while Elmore completes her military schooling.

"I do get to see him smile," she said of son Zachary.

"I knew it would be challenging with the school requirements, but I really wanted to make it work," said Elmore of having her mom and son accompany her. "I love the Army and do feel a sense

of duty, and want to always do my best."

According to NCO Academy staff and students, Elmore has done just that.

"She performed at the top of the thousand Soldiers I've trained," said Sgt. 1st Class Steve Cooper, TAITC/SGITC program manager and instructor. "She's proven herself to be an outstanding leader and instructor."

"She's been very instrumental in facilitating the classes," explained Maj. Sheldon Kauffman, 3/315th Training Support Battalion and Elmore's classmate. "She seems like a fine officer."

"It really amazes me that they came all the way from Alaska to do this," he added.

Coming to Dix from Alaska had a lot to do with the NCO Academy's schedule and it's reputation, Elmore said.

"My unit was very helpful with finding me a start date after Zachary was born," she explained. "Sgt. 1st Class Cooper has been very helpful as well. He's allowed me to achieve what I had hoped to do."

Elmore didn't bring the entire family with her, however. Her husband, Capt. Alex Elmore, is currently on Active Duty for Training. Being separated from her spouse is just one more challenge Elmore has to overcome.

"It's been a big learning experience. I'm very glad we did it," explained Elmore. "I couldn't have done it without the support of the chain-of-command in Alaska, the chain-of-command here, and my parents."

"While Elmore's mom accompanied her on this trip, her dad, David, is on top for the next journey.

"I have to go to San Diego for additional training," Elmore said with a smile. "We'll be doing this all over again."



Shawn Morris

FAMILY VALUES -- Capt. Sally Elmore, a tactical officer with the Alaska National Guard's Officer Candidate School program, brought her newborn son and mother with her to Fort Dix while attending the Total Army Instructor Training Program (TAITC) and Small Group Instructor Training Program (SGITC) at the Non-commissioned Officer Academy.

MILITARY MATTERS

Army Management students learn valuable lessons at Dix



photos by Carolee Nisbet

Soldiers of Battery B, 129th Field Artillery Battalion, Missouri National Guard, stand in formation as their commander, Capt. Timothy Strohm, and 1st Sgt. Charles Gardner accept a yellow banner from Fort Dix that will fly in Infantry Park until the unit returns from Afghanistan.

Yellow banners honor warriors



Kentucky National Guard Soldiers of A Battery, 2/138 Field Artillery Battalion, join commander Capt. Franklin Jones and 1st Sgt. Steve Kirkman in accepting a yellow banner from Fort Dix that will fly in Infantry Park until the unit returns from Afghanistan.

Wayne Cook
Public Affairs Staff

More than 30 students of the Army Management Staff College, Fort Belvoir, Va., paid a visit to Fort Dix March 4-5. The members of the Garrison Pre-Command Course included commanders of garrison support units and installations, installation managers, and sergeants major.

The trip to New Jersey was arranged by retired Command Sgt. Maj. Shirley Minster, professor of Installation Management and a former command sergeant major at the installation. Assisted by her counterpart, Dave Austin, she arranged to have the students tour the post and its ranges to give them insight into the workings of the largest power generation platform in the Army Reserve.

Her hope was that they would be able to take away some information from the way things are set up and run on Fort Dix that may help them to improve the operation of their units or installations.

The tour included visits to Bravo Company, Mobilization Readiness Battalion, the Mobilizing Unit In-processing Center (MUIIC), the Joint Readiness Center (JRC), the Arrival and Departure Airfield Control Group (ADACG), the Military Operations on Urbanized Terrain (MOUT) site, the Urban Assault Course, Camp Victory, and Camp Remembrance II (detainee operations site).

At the JRC, Lt. Col. John McKee, officer-in-charge, briefed the class on the mobilization and demobilization processes in place to assist Soldiers when they deploy and when they return from the overseas area of operation.

At the MOUT site, the officer-in-charge, Maj. Todd Kickbusch, took the class on a walking tour of the village and explained the uses and expansion plans of the site. The class members showed a lot of interest, and many walked through a few of the mock buildings.

When the tour reached the Urban Assault Course, Doug Hasemann, Range Support officer, explained the uses of the multiple sites and facilities, including the underground training facility and the shooting gallery — sometimes known as Hogan's Alley.

The next stop was Camp Victory, where Col. Doug Dinon, deputy commander for mobilization, introduced the camp "mayor," Lt. Col. Shane Fite, who briefed the class on Theater In m e r s i o n Training and then conducted a walking tour e x p l a i n i n g some of the expansion plans for the site and the different training that was conducted there.

The final stop on the tour was at Camp Remembrance II, a detainee-operations training facility. While at this site, Maj. Andrew Montoya, officer-in-charge, and Capt. Jeremy Patten briefed the class on the operations set-up and layout of the camp and importance it plays in preparing Soldiers for the Security Forces missions overseas.

While at Camp Remembrance II, Sgt. Jose Leal, 2/312th Battalion, demonstrated and explained to the class members the proper use of tasers during detainee operations. He also explained how military style paint guns are utilized during detainee uprisings to gain control without using lethal force. Normal paintball guns fire at 300 pounds per square inch (psi) — the military version fires at 2,000 psi. This affords the Soldier enough stopping power without endangering the detainee's life.

The students were then walked through the process of visiting a detainee, and then the processing of a new detainee into the facility. Staff Sgt. Joel Dirk, 2/312th Battalion, 72nd Field Artillery Brigade, briefed on the procedures of fingerprinting, iris



Wayne Cook

LEARNING EXPERIENCE — Students from the Army Management Staff College Garrison Pre-Command Course tour Camp Victory during a visit to Fort Dix March 5 to learn about the ins and outs of a large power-generation installation. They hoped to glean some hints as to how to effectively improve the training and administrative operations at their own posts.

scanning, and photographing detainees for recording the entrance of a new detainee into the facility. The technology seemed to catch the interest of some of the commanders who asked many questions about its operation and costs.

In the opinion of many of the class members, the tour was quite helpful.

"The opportunity to see how a larger power-generation platform installation operates has been very beneficial. It gave me the chance to pick up a lot of the little ins and outs of a garrison operation."

Sgt. Maj. Kristal Florquist
5025th Garrison Support Unit

"This has been a great opportunity to see another installation and how it operates, to see how the leadership takes care of the troops and the different training capabilities," said Col. Rich Tiscall, who is set to assume command of Fort Riley, Kan., upon completion of the course.

The sergeants major will complete their portion of the Garrison Pre-Command Course March 13, and the commanders will finish up one week later.

Army fields new protective neck gear

WASHINGTON, Army News Service, March 1, 2007 — The Army announced yesterday it is fielding 430,000 new helmet pads, officially referred to as Nape Pads, designed to better protect Soldiers' neck areas from ballistic fragmentation.

The Army has begun shipping the new protective pad to Soldiers deploying for Operations Iraqi and Enduring Freedom. Army Program Executive Office Soldier coordinated testing of the new neck pad through a National Institute of Justice laboratory certified in ballistic research.

"The Nape Pad easily attaches to the existing rear strap of the Army Combat Helmet, providing support, as well as shielding from fragmentation," said Col. John J. McGuinness, PEO Soldier project manager.



The neck pad further complements the Army's system-of-systems approach to force protection, integrating layers of protection for Soldiers on the battlefield. Additional individual protective gear provided by PEO Soldier includes the advanced combat helmet, ballistic eyewear, hearing protection, night-vision devices, the M4 carbine rifle, fire resistant uniforms and integrated body armor with enhanced small-arms protective inserts, deltoid auxiliary protectors, and side-armor plates.

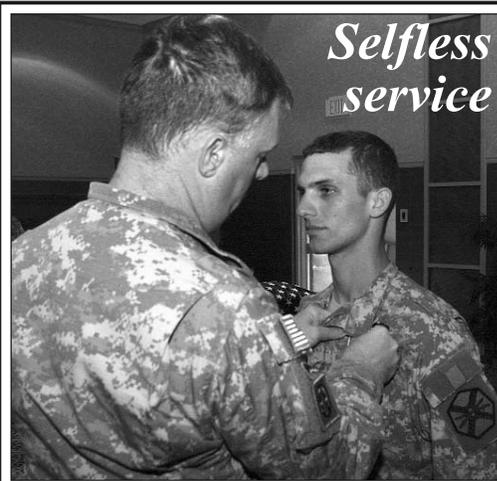
"Protection of our Soldiers is the Army's priority mission," said Brig. Gen. R. Mark Brown, commanding general for PEO Soldier and Natick Soldier Systems Center. "That's why we have the world's best body armor bar none, live-fire tested and proven in combat, and why we continue looking for ways to make it even better. The new helmet neck pad, the eighth improvement in body armor in the last three years is a great example because it will further reduce injuries and help save even more Soldiers' lives."



Shawn Morris

Movin' on up

Pfc. Christopher Hedrick, 731st Transportation Company, Kansas National Guard, above right, receives promotion to specialist during a Charlie Company formation March 15. Pinning his rank was Maj. David Dean, Charlie Company commander, above left. Hedrick is currently assigned to Charlie Company, the Fort Dix medical holdover unit.



Selfless service

Staff Sgt. Fredrick Cohen, above, receives the Army Achievement Medal from Col. David McNeil, installation commander, during an awards ceremony held March 14 at Club Dix. Cohen is the Fort Dix NCO of the Year for 2006. Also receiving the Army Achievement Medal is Staff Sgt. Lisa Selby, far right, who is being congratulated by Lt. Col. Joseph Chirico, Mobilization Readiness Battalion commander. Selby is awarded for outstanding service at the MUIC.

Shawn Morris



ARTS & CRAFTS

Bldg. 6039
Philadelphia Street
562-5691

Registration & sales store hours:

Tuesday-Thursdays
noon-5 p.m. & 6-8:45 p.m.
Friday
11 a.m. - 4:45 p.m.
Saturday
9 a.m. - 4:45 p.m.

PROGRAMS

Easter Bonanza Workshop
March 24, 11 a.m. - 3 p.m.
Come join the fun with a Paper Mache Bunny Rabbit decorating contest, t-shirt decorating and card making. Bring the whole family for an afternoon of fun and festivities.
\$5 fee plus \$10 materials

Krafty Birthdays
Arts & Crafts offers Krafty Birthday Parties! Parties include up to 2 hours of party room use, one craft project with instruction and all materials, with many exciting projects to choose from. When making party reservations, please make sure to stop by in order to select the craft and make payment.

Framing Qualification Classes

March 21, 6 to 8:30 p.m.
Get qualified to use this great facility and equipment! You'll complete one piece (cost of which is not covered by registration fee) about 8 x 10" which you must supply as you learn to operate the equipment. All materials are available for purchase at the frame shop.
\$10 registration fee

Adult Craft Classes
Tuesdays, 6 - 8:30 p.m.
March 20.....Fabric Photo Frame
March 27.....Chalked Note Cards
\$5 fee plus materials

Kids Craft Classes
Saturdays, 2:30 - 4 p.m.
March 31.....Bird Feeder and Pinwheel
April 7.....Marbled Eggs and Decoupage
\$5 fee plus materials

Frame Shop
The frame shop offers both do-it-yourself framing and custom framing. The shop is well stocked with a vast array of molding and mat board, plus state of the art equipment and a technical expert with over 20 years of experience in the field to ensure the results are exceptional. Posters and fine art prints are also available for purchase or by special order.

Pottery Studio

The Pottery Studio offers classes covering both hand building and wheel throwing techniques. Once you've completed the initial class come in anytime during studio hours to use the facility.

Create A Critter

Discover a menagerie of adorable animals to stuff, dress, and cuddle. From the basic teddy bear to giraffes and lions, we've got them all! Great fun for the whole family, and you'll love our low prices. A great last minute gift idea, too!

Contemporary Ceramic & Mosaic Studio

Looking for a place to walk in, relax and get creative? This is the place for you and your family to paint functional or decorative items to give as gifts or keep for yourself. We have many bisque ware items to choose, from plates and mugs to piggy banks, lots of project ideas, and a helpful staff to get you started. You do the painting and we'll complete your masterpiece with a food-safe glaze and expert firing. And now we have new lower prices in the mosaic studio. This ancient craft is simple and relaxing, and you can create one of a kind home décor or gift items. Studio pen during normal sales store hours.



Army Community Service (ACS)

562-2767

Bldg. 5201, on the corner of 8th Street and Maryland Avenue

Hours of Operation:

Monday through Friday, 7:45 a.m. to 4:30 p.m.

Looking for information and assistance? ACS is here to serve you. ACS serves all military branches of service, DoD civilian personnel and retirees. The ACS Center is accessible to individuals with disabilities.

FORT DIX WANTS YOU



MAKE A DIFFERENCE

Fort Dix is looking for interested residents who would like to volunteer

"Fort Dix volunteers improve the quality of life for all residents"

For those residents who want to make sure the Fort Dix community is the best it can be please

Call Army Community Service at 562-2767

Honoring the Colors

	Reveille 6 a.m. (0600 hours)	Retreat 5 p.m. (1700 hours)
Military personnel in uniform	Stand at attention, face the flag and salute at first note.	Stand at attention, face the flag, for Retreat, then salute at first note of <i>To the Colors</i> .
Military personnel not in uniform, civilians	Stand at attention, face the flag and place right hand over heart at first note.	Stand at attention, face the flag for Retreat, then place right hand over heart at first note of <i>To the Colors</i> .
Military personnel in formation or in a group	Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Order, Arms" at conclusion.	Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of Retreat. Calls group to "Attention" and "Present, Arms" at first note of <i>To the Colors</i> , then "Order, Arms" at conclusion.
Individual military personnel, civilians in a vehicle	Stop vehicle and exit. Follow steps above.	Stop vehicle and exit. Follow steps above.
Group of military personnel in a vehicle	Stop vehicle. Individual in charge exits and follows steps above.	Stop vehicle. Individual in charge exits and follows steps above.
Other bugle calls heard on post are:		
Tattoo.....9 p.m. (2100 hours)		
Call to Quarters.....9:30 p.m. (2130 hours)		
Taps.....10 p.m. (2200 hours)		

Announcements



Movie Schedule
at the McGuire AFB Theatre
Movie Hotline 754-5139

Friday, March 16 @ 7:30 p.m.
The Messengers - Kristen Stewart, Dylan McDermott - The Solomon family moves into a run-down sunflower farm. As the farm begins to revive after years of disrepair, the family begins to notice uncomfortable and alarming changes in their father's behavior. They are torn apart by suspicion, mayhem and murder. **MPAA Rating: PG-13** for mature thematic material, disturbing violence and terror. *Run Time: 85 minutes.*

Saturday, March 17 @ 7:30 p.m.
Because I Said So - Diane Keaton, Mandy Moore - Daphne Wilder is the proud mother of three daughters: Milly, Maggie and Mae. Her love for her offspring knows no bounds. Seeing that Milly, her youngest, always chooses the wrong man, Daphne decides to take action. To prevent Milly from repeating the mistakes of the past, Daphne decides to find Mr. Right for her. Dating disaster ensues when Daphne tries to achieve her goal by placing an online personal ad for Milly's family. **MPAA Rating: PG-13** for sexual content including dialogue, some mature thematic material and partial nudity. *Run Time: 101 minutes.*

Future Features...

Breach
Friday, March 23 @ 7:30 p.m.
PG-13, 110 min.
Letters from Iwo Jima
Saturday, March 24 @ 7:30 p.m.
PG-13, 101 min.

Main Chapel

562-2020
Sunday Services

Protestant at 9 a.m.
Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.
Catholic CCD is held at 9:15 a.m.
Protestant-Gospel Sunday School at 10:00 a.m.

Religious Services

Islamic Prayer room
open 7 a.m. to 4:30 p.m. Monday through Friday - Room 24
Adult Bible Study
Wednesdays at noon and 7 p.m.
Catholic Adult Bible Study - Sundays at 11:30 a.m.
Christian Women of the Chapel
hold a **Bible Study** - Tuesdays, 9:30 a.m. to noon
Christian Men of the Chapel
hold a **Prayer Breakfast** - Fourth Saturday of each month, 9:00 a.m. to 11:00 a.m.
Youth of the Chapel
Every second and fourth Tuesday - 7:00 p.m. to 9 p.m.

Jewish Services
Contact the Chapel for dates and time

Passover and Lenten Activities

Stations of the Cross - 16, 23, 30 March - 6 p.m.

Organizations

305 MDG Pharmacy information
Patients using the 305 MDG Ambulatory Healthcare Center who received a prescription must first visit the pharmacy to "check-in and activate" the prescription. An ID card is required. The pharmacy will process the prescription only after check-in.
Current prescriptions may be refilled 24 hours-a-day, seven days a week, by calling 754-9470. Refills can be requested seven to ten days before the prescription runs out. Refills are ready for pick-up two duty days after being phoned in.

WIC Program available
Women, Infants and Children (WIC) is a federally funded supplemental nutrition program for pregnant and breastfeeding women, infants and children under the age of 5. Eligibility for the program is based on an income and nutritional or medical risk. WIC can provide infants with iron-fortified infant formula, cereal and juice. Children and women receive milk, cheese, eggs, cereal, juice, peanut butter or beans. Women who breastfeed and do not use any infant formula may also receive carrots and tuna.
The Burlington County WIC Program has clinic sites throughout the county. Evening appointments are available. To learn more about the program call WIC at 267-4303

Red Cross seeks volunteers
The American Red Cross is looking for volunteers to help at the warehouse. Interested individuals must be able to lift boxes and have experience in inventory control. Contact Patrizia Selk-Welkenbach at 562-2258.

Wiccan Services offered
Wiccan Services are offered at Chapel #2, Falcon Court, McGuire Air Force Base the first, third and fourth Sunday of each month from 6:30 p.m. to 9:30 p.m. For more information call Shirley Szalay, 758-4681.

Read the Post!

Army Community Service

Bldg. 5201
562-2767

Hours of Operation:
7:45 - 4:30 p.m.

March Schedule

Dealing with Loss & Change in the Military

16 March
11:30 a.m. - 12:30 p.m.
ACS

Art Therapy

16 March
3:45 p.m. - 4:45 p.m.
4:45 p.m. - 5:45 p.m.
ACS

Playgroup 18 months - 3 yrs

19 March
11:00 a.m. - 12:30 p.m.
McGuire CDC #1

New Beginnings: Life After Divorce

20 March
6:00 p.m. - 8:00 p.m.
Fort Dix CDC

Volunteer/AFTB/AFAP

21 March
8:00 a.m. - 4:30 p.m.
ACS

Playgroup Birth - 18 months

21 March
11:00 a.m. - 12:30 p.m.
McGuire CDC #1

AFTB Instructor Training

22 March
8:00 a.m. - 4:30 p.m.
ACS

For more information call
Deraurah Wilson at 562-4830

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

March Schedule

Green Milkshakes and Pictionary

March 17
4:00 p.m. - 6:00 p.m.

Mondays - Fridays

Power Hour
2 - 4:30 p.m.

Computer Lab
4:30 - 6:00 p.m.

Tuesdays

SMART Start
3:45 - 4:45 p.m.

Wednesdays

Sports and Fitness
3:35 - 4:45 p.m.

Thursdays

Tech Club
3:45 - 4:45 p.m.

Fridays

Arts and Crafts
3:45 - 4:45 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

WDIX Channel 2
24/7 information

Martinis & Manicures
Friday
16 March
5 p.m. - 10 p.m.
\$20
Club Dix

MOBILIZATION NEWS YOU CAN USE

WDIX
Commander's
Channel 2

WDIX
Commander's
Channel 2

Post Shuttle Bus

562-5888
Monday to Sunday - 7 a.m. to 10 p.m.
During the day Starr Tour buses are used.
In evening the military Bluebird buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044
Bldg. 5359, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mail

723-6100
Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary

754-4154
Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales Store-Alterations

723-2307
Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Firestone

723-0464
Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

Recreation Center

562-4956
Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

Burger King

723-8937
Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.
Sunday 7 a.m. to 8 p.m.

McGuire Gas Station

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 7 p.m.
Sunday - 9 a.m. to 6 p.m.

Spouses' Club Thrift Shop

723-2683
Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

Dining Facilities

Bldgs. 5640 and 5986
Breakfast Mon - Sun 6:00 to 7:30 a.m.
Lunch Mon - Sun 11:30 a.m. to 1:00 p.m.
Dinner Mon - Sun 4:30 to 6:00 p.m.

Outdoor Recreation

562-6667
Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.
Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

Java Cafe and Computer Lab @ Club Dix

723-3272
Monday - Friday - 7 a.m. to 10:00 p.m.
Saturday-Sunday - Closed.

McGuire Shoppette

723-4705
East Arnold Avenue by the 24-hour gate
Monday to Thursday - 6:30 a.m. to 9 p.m.
Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 10 p.m.
Sunday - 9 a.m. to 7 p.m.

Fort Dix Post Office

723-1541
6038 West 9th St.
Monday to Friday - 8:30 a.m. to 4:30 p.m.
Saturday - 9:00 a.m. to noon
Lobby hours
Monday to Friday 7:00 a.m. to 7:00 p.m.

Club Dix

723-3272
Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.

Spartans now three-time champions

Ed Mingin
Public Affairs Staff

The Fort Dix Spartans have owned the Jr. Bantam Basketball Division for the past few years. This past weekend, the Spartans once again found themselves on top of the division, winning the championship 14-12 to take the title against the McGuire Hornets.

This looked to be the year of the Hornets. The team was undefeated all season and was the number one seed in the playoffs. "They had our number," said Stephen Wilkes, assistant director of Youth Sports. "They beat us twice this year, and this game was close. We had the lead for a bit, then they'd take it back. It went right down to the wire."

The championship tournament started Friday night, when

the Spartans faced off against their first opponent.

"We played three games in the tournament. We entered seeded second and we defeated the McGuire Nuggets 28-1. They were the seventh seed," said Spartans' coach Steve Uzleber.

As the tournament went on, the opponents got tougher, but the results would remain the same with the Spartans beating all challengers.

"Saturday we defeated Pemberton 21-11. They were the third seed," explained the coach.

Saturday night would be the final, and the Spartans would play against the top-seeded Hornets.

The game was close from the start, with the two teams switching the lead several times. Heading into the final period, the Spartans found themselves trailing.

That's when the team rallied and stormed back to grab the close 14-12 victory.

"Sean Hoggis was voted MVP of the tournament," said Uzleber. "He really picked it up at the end," explained Wilkes. "He scored four points in the final period. He had six total. He showed a lot of leadership skills during the game, and a lot of determination."

Lasanna Brew led the scoring for the Spartans with 8 points. Defensively, the Spartans picked up the pace when they had to and held off the Hornets to win their third consecutive championship.

"These kids played the game the right way and deserve their success," said Uzleber.

Lasanna Brew, Tarel Grant, Sean Hoggis, Matthew Horton, William Lacher, Zurich Reid, Justin Rice, Hashim Russell, Tanaesza Russell, Bryanna Smith and Shane Zendrosky make up the champion Spartans.

In the Sr. Bantam Division, the Wildcats reached the championship round. They lost 29-16 to the undefeated Pemberton #1 team.

"It was a close game during the first half, but Pemberton scored 22 points in the second half," explained Wilkes.

Fort Dix #2 lost in the first round of the tournament to the Wildcats.

In the Junior Division, Fort Dix finished in the final four, losing 30-24 against first seeded Pemberton White.

"It was really close. We had a chance to win that one," said Wilkes. "It was a well-fought season for coach Campbell and the Junior team."



THIRD TIME'S A CHARM — Coach Steve Uzleber and his Jr. Bantam Spartans captured the league championship for the third consecutive year.



photos by Ed Mingin

TLC and MRB faceoff



Ed Mingin

FIGHT TO THE FINISH — MRB, Al Richards shown above, finished the regular season in a tie for second place. The Wildcats knocked MRB out of the postseason, beating them 61-35.

Basketball season at the Griffith Field House is winding down as the season draws to a close.

TLC won the regular season championship with a perfect 11-0 record, and are strong contenders to win in the postseason. FCI finished in a three-way tie for second place with a record of 8-3.

These two teams were slated to meet March 15 to determine who will go on to play in the championship game March 21. The loser will still have a chance to go to the final, but will have to fight their way back in the loser bracket.

The Wildcats won the pre-season tournament, and were early favorites in the regular season. With an 8-3 regular-season record, the Wildcats were also tied for second place.

They hoped to regain their dominance during the postseason tournament, but were beaten earlier this week against TLC by a score of 74-58. The team is still alive in the loser bracket, and were to play the Renegades March 15.

The winner between the Renegades and the Wildcats will play against the loser of the TLC/FCI game, to see who goes on to play in the championship.

The winner of the postseason championship will host a game against the champs in the McGuire league. This Army/Air Force game is scheduled for March 29.

FANTASTIC — The Spartans always have strong fan support, below. Trey Calloway, right, and the Wildcats made it to the final round of the championship, where they lost 30-24 against top seeded Pemberton White.



Sports Shorts

Griffith Field House

Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

Mind & Body Pilates
noon - 12:45 p.m.

Mixed Fitness
5:15 p.m. - 6:15 p.m.

Friday
Spin-It!
noon - 12:45 p.m.

Unlimited bowling

Every Wednesday, get your fill of bowling at the Fort Dix Bowling Center. Rent one lane for two hours of unlimited bowling for only \$20 per lane, up to six people per lane. Shoe rental extra.

Call the bowling center at 562-6895 for more information.

Mulligan's Open

Forget what the calendar says. The surest sign of spring is seeing Mulligan's Restaurant @ Fountain Green Golf Course serving customers.

Anyone who has travelled past Mulligan's during the last week may have noticed that the restaurant is open, and serving customers.

March 1 marked the opening for this season. Hours of operation are 11 a.m. - 2 p.m. Monday - Friday.

Weekend hours are 7 a.m. - 2 p.m.

So if you've got the winter blues, stop in at Mulligan's and grab some lunch. It's sure to launch a case of spring fever.

Youth Sports

Starting March 22, Youth Sports will be offering Open Rec Thursdays. The program will run through May 10.

Held at the Doughboy Gym the program will have a variety of activities - basketball, racquetball, dodgeball, free exercise (no weight room). There will even be an area set up for homework.

The program starts at 7 p.m. and ends at 9 p.m.

Children under 15 must be accompanied by an adult. Call the Youth Sports Office at 562-2819 for more information.

Baseball

Enrollment for baseball runs March 1 - April 13. Call 562-4034 for more info.

Fountain Green Golf Course

Freezing weather may be keeping the golf course empty, but it likely has golfers daydreaming about warmer temperatures and sunny skies.

For those thinking about their next golf outing, it is time to head over to the golf course and settle the 2007 Annual Membership Fees.

The fees for the 2007 season are as follows:

\$500 E-1-E-4 / Equivalent
\$695 E-5 - E-6 / Equivalent
\$786 E-7 - above/Equivalent
\$1089 Contractors
\$200 Junior Membership

For applications or additional information, call 562-5443.

Griffith Field House Aerobics Schedule

Monday
Step & Sculpt
noon - 1 p.m.
Total Toning
5:15 p.m. - 6:15 p.m.

Tuesday
Mind & Body Pilates
8:30 a.m. - 9:30 a.m.
Spin-It!
noon - 12:45 p.m.

Wednesday
Hi-Lo Fusion
noon - 1 p.m.
Circuit Training
5:15 p.m. - 6:15 p.m.

Thursday
Step & Sculpt
8:30 a.m. - 9:30 p.m.

Classes are subject to change. There must be at least three participants to conduct a class. Call the Griffith Field House staff at 562-4888 for more information.

Volleyball

The end of this month will see volleyball take over the focus of attention in the Fort Dix sports world. March 28 will mark the start of volleyball season.

The first coaches meeting will be held March 14. For more details, call Chris O'Donnell at 562-4888.

Aquatics

Winter hours are now in place for the indoor pool.

Lap Swim

Monday - Friday
Retirees/adult dependents/
working DOD
6 a.m. - 8 a.m.
10 a.m. - 11:30 a.m.

Active duty/ working DOD
11:30 a.m. - 1 p.m.

Saturday

Retirees/adult dependents/
working DOD
10:30 a.m. - noon

Rec. Swim

Mon. - Fri.
1 p.m. - 5 p.m.
Saturday
Noon - 6 p.m.

Fees for Rec. Swim: Military-\$2 Non-military-\$4.