

the Post

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NEWSNOTES

Emergency? Dial 9-11, not fire stations

For reporting fires and other emergencies, dial 9-1-1. Do not telephone the fire stations directly as the crews may be out of the stations on details or inspections and there will be no one available to answer your call for help.

Troop Medical Clinic relocates to McGuire

The Watson Troop Medical Clinic has relocated to the East end (by the coffee concession) of the 305th Medical Group facility on McGuire Air Force Base and will now conduct sick call on a walk-in basis for acutely ill or injured Active Component, AGR, mobilized Reserve Component, and RC soldiers during annual training. The TMC will continue its primary mission in support of deploying soldiers mobilizing through Fort Dix. Hours of Operation are: Monday through Friday, 7 a.m. to 4:30 p.m.; Saturday and Sunday, 7:30 to 9 a.m. For more information call 609-754-9068 or 9073.

Family member deployed? Video Valentines Feb. 10

Families of military personnel deployed overseas are invited to record personalized Valentine messages to their loved ones Feb. 10 at the Fort Dix Public Affairs Office, Building 5165 Maryland Avenue, from 9 a.m. to 5 p.m. The free service is offered by Sonic Foundry, a software development firm, in support of the military. Children are welcome to create special messages. For more information or to sign up, please call Army Community Service, 1-800-877-2380.

Red Cross gala coming to Burlington County

The Fourth Annual American Red Cross Burlington County Gala Fundraiser will be held March 2 at the Merion, 1901 Route 130 South in Cinnaminson, from 6:30 to 10:30 p.m. and will feature live and silent auctions, entertainment, cocktails, dinner, dessert, and fun.

Tickets are \$75 per person, which includes a gift bag, 50/50 raffle tickets for a \$10,000 prize are available for \$150. Ticket holders do not have to be present to win.

For more information, call 267-9595, extension 105.

Special Forces looking for officer volunteers

The U.S. Army Special Forces are currently seeking male officer volunteers from Year Group '04. Offer packets will be accepted until Feb. 15, 2007, but early submission is highly recommended.

Club Dix revises cafe, lounge hours

The Java Cafe at Club Dix has revised its hours. It is now open Monday through Friday from 7 a.m. to 1:30 p.m. and closed Saturday and Sunday. Revolutions Lounge will now operate Wednesday through Sunday from 6 to 10 p.m.

WEATHER

FRIDAY: Rain and snow likely and possibility of freezing rain in a.m. High near 40 degrees, and overnight low of 26.

SATURDAY: Partly cloudy and cool, high of 38 and low of 15 degrees.

SUNDAY: Partly cloudy and colder, with high of 31 and overnight low of 11 degrees.

MONDAY: Partly cloudy, high of 26 and chance of snow in evening with low of 10 degrees.

TUESDAY: More snow in morning, high of 21, low of 8 degrees.

Finance advice draws interest



Ed Mingin

MONEY MOVES — Pentagon Channel reporter Aaron Parker interviews "Moneywise" star and producer Kelvin Boston at a seminar at Fort Dix Jan. 31 dubbed "Moneywise in the Military" and aimed at helping servicemembers and civilians make better financial decisions.

Seminar launches multi-service Military Saves initiative

Shawn Morris
Public Affairs Staff

Boston is well-known for many things, especially clam chowder, Fenway Park, and a little tea party held in the city's harbor in 1773.

Boston is also famous for world-class financial advice presented through live seminars, best-selling books and award-winning television programs.

The latter refers not to the New England locale, but to Kelvin Boston, executive producer and host of the "Moneywise with Kelvin Boston" public television series and author of the book, "Smart Money Moves For African Americans."

Boston brought his latest creation, "Moneywise in the Military," to the Timmermann Conference Center Jan. 31 where more than 400 civilians and service members from all branches of the military gathered for a morning of financial wizardry, free-of-charge.

Boston's hour-long seminar gave Team Dix members the chance to ask the question, "How do I become a millionaire?"

"In America, there's nothing keeping you from financial success except yourself," Boston told the crowd. "My job" (continued on page 4)

Joint Tax Center offers info, assistance on complex chore

Are you puzzled by the tax law and which credits and deductions you can take? Gather your paperwork and come on down to Pennsylvania Avenue.

While filing federal income tax returns may be intimidating to most people, free tax help is available at the Joint Tax Center located on Fort Dix. The Joint Tax Center which opened Feb. 1, is operated by Army, Air Force, and civilian volunteers who have been certified as Volunteer Income Tax Assistants (VITA) by the Internal Revenue Service.

"I like doing taxes," said volunteer Althea Harrison. "I like learning a lot and the bottom line is I like helping people."

VITAs stand ready to prepare and electronically file basic income tax returns for all military identification card holders and their dependents.

Those who are anxious to receive a refund have the option of filing their taxes electronically which may significantly reduce the wait time.

Individuals wishing to use the center should be prepared to bring the following documents in order to have a VITA representative prepare the tax returns:

- * Social Security and/or ITIN cards for you, your spouse, and all dependents
- * Military ID card
- * IRS Power of Attorney - If Spouse is absent
- * Form W-2 from each employer. Active duty members may obtain this from www.mypay.dfas.mil
- * All Forms 1098 and 1099
- * Childcare/Daycare expense information. You will also need the name, social security number, and address of the provider
- * A copy of last year's tax return
- * Information for all deductions/credits
- * Checking Account Number and Bank Routing Numbers (in order to electronically file). These numbers can be found on your personal checks.

Supporting documents must all be provided for any additional sources of income, such as the sale of stocks or property, in order to ensure an accurate return is prepared.

The Joint Tax Center is located in building 5407 Pennsylvania Avenue, Fort Dix.



Shawn Morris

HELP TEAM — Civilian and Military Volunteers gathered Feb. 1 to open the Joint Tax Center. From left to right standing, Col. Doug Dinon, Command Sergeant Major Anthony Young, Master Sgt. Patrick Ingram, Tech. Sgt. Michael Poole, Nancy Holman, Lt. Col Scott Zippich, Capt. Nick Mitchell, Tech Sgt. Malachi Charnichael, and Master Sgt. James Chick. Kneeling are Capt. Todd Sparks, Nurit Anderson and Anne Hill.

New Jersey. Appointments are available Monday through Friday between the hours of 9 a.m. to 3 p.m.

Volunteers are also still needed. "We are down to crunch time, said volunteer coordinator Nancy Holman. Anyone with any tax knowledge is encouraged to volunteer but training will be provided to any interested individuals.

For more information or to schedule an appointment call 562-6856.

Future of Guard's top post scrutinized

Fred W. Baker III
American Forces Press Service

WASHINGTON, Jan. 31, 2007 — The Commission on the National Guard and Reserves heard testimony here today from three top leaders concerning how best to empower the Guard through its top leadership position.

Congress directed formation of the independent commission, charged with recommending any needed changes in law and policy to ensure that the nation's Guard and reserve forces are organized, trained, equipped, compensated, and supported to best meet national security requirements.

Marine Gen. Peter Pace, chairman of the Joint Chiefs of Staff, Army Secretary Francis J. Harvey and Army Lt. Gen. H. Steven Blum gave the commission their views on the way forward for the top National Guard position, which Blum currently occupies, as well as on the Guard's organization and funding.

Blum told the commissioners that while there has been some adaptation by

the Defense Department, the Department of Homeland Security and other agencies in acknowledging the more significant role the National Guard plays in national security, that role needs to be formalized and written into the National Guard's charter. "DoD and DHS are adapting, although not formally. It's ad hoc and hit-and-miss," Blum said. He also said the National Guard's top officer should have

While there has been some adaptation by the Defense Department, the Department of Homeland Security and other agencies in acknowledging the more significant role the National Guard plays in national security, that role needs to be formalized and written into the National Guard's charter.

a formal relationship with the chairman of the Joint Chiefs of Staff and the secretary of defense.

Pace agreed with Blum that the National Guard Bureau chief's relationship with the chairman and secretary of defense should be formalized, but said the Guard chief should be an advisor, reporting to the chairman, as opposed to being a member of the Joint Chiefs. Pace

said most of DoD's top staff and combat commanders reach out to Blum in an informal manner because they value his expertise and input.

"The truth is that all of those folks know that Steve Blum knows a lot of stuff, so we have informally reached out," he said.

Rewriting of the Guard's charter to include a relationship to the secretary of

defense through the chairman, Pace said, would allow for formal lines of communication between the Guard and combat commanders.

"I would encourage that in whatever is rewritten in the charter that we recognize the unique capabilities of the chief of the National Guard Bureau," Pace said.

Among the questions the commission

is considering is whether the Guard would be better served with a four-star general in charge. Blum, who wears three stars, said it comes down to "scope and responsibility of the job."

His role is increasing in responsibility, he said, and he noted that he manages a force that in terms of budget and personnel is larger than the United States Marine Corps.

Pace said that based on the Guard Bureau chief's current job description, a three-star billet is sufficient, but that the commission should review the position to see if additional current and future obligations are comparable to a four-star general's responsibilities.

And if the position of advisor to the chairman is added, he said, then additional resources also should be allocated.

"If we are going to add those kinds of tasks to his ruck sack, then we also resource him," Pace said. "I don't know how much in office staff and resources he will need, but if we want to make him available to all of those decision-makers, then we should resource him and not take it out of his pocket." (continued on page 3)

black history month



Black coaches make history in this year's Super Bowl

Shawn Morris
Public Affairs Staff

When the Indianapolis Colts and Chicago Bears face off in this year's Super Bowl, the teams' head coaches will be doing more than calling plays, implementing strategies and managing the game clock.

They'll be writing history. With a win over the New Orleans Saints two weeks ago, Bears' head coach Lovie Smith became the first African-American head coach to take his team to the big game.

Not satisfied with one entry in the history books, the Colts' Tony Dungy became the second black head coach to lead his team to the promised land with a victory over the New England Patriots last that same day.

Now, another record is sure to be set. The first black National Football League (NFL) head coach to win a Super Bowl. Some would look at this record-setting day as the final culmination of years of struggle against league bias, and racism in general. Others would view it as merely an early milestone in the continuing journey to end discrimination.

That journey began in 1925, when Brown University graduate Frederick Douglass "Fritz" Pollard coached the Hammond Pros. It would be more than six decades before Art Shell became the second black coach in NFL history, leading the Oakland Raiders to a 56-41 record and three playoff appearances from 1989 to 1994.

At the start of the 2006 season, the NFL employed seven

black head coaches: The aforementioned Smith, Dungy, and Shell, Marvin Lewis of the Cincinnati Bengals, the Arizona Cardinals' Dennis Green, Romeo Crennel with the Cleveland Browns and the Kansas City Chiefs' Herman Edwards.

Seven head-coaching positions out of 32 teams seems a respectable number, especially when compared to the number of other minority head coaches in the NFL. But where the disparity lies is in the number of black players - approximately 70 percent of NFL players are African-American.

This chasm in the coach-to-player ratio is not limited to professional football; the same is true in college football, where a handful of black coaches lead a majority of African-American players.

According to an article entitled, "Number of black head football coaches low; some blame hiring," by Hannah Gordon, there have been only 17 black head coaches in the history of Division I-A football, and only 5 percent of 348 head-coaching vacancies existing between 1982 and 2002 went to African-Americans.

That same article offers several theories that try to explain this gap.

"I think one of the biggest issues is familiarity," said UCLA offensive assistant Jon Embree. "The people that do the hiring aren't familiar with the candidates."

The article also argues that many college athletes don't graduate, while most head coaches hold college degrees. It



FIRST BLACK COACH - Brown U. graduate Frederick Douglass "Fritz" Pollard coached the Hammond Pros in 1925 becoming the first black coach in professional football.

is also noted that many players leave school early to earn extraordinary salaries as NFL players while prospective head coaches normally serve a lengthy apprenticeship as a graduate assistant, then full-time assistant, then coordinator.

Another article appearing in the May 2005 edition of the journal "Black Issues in Higher Education" titled, "Black Coaches Are Ready, Willing ... and Still Waiting," by Marlon A. Walker explains how black college coaches are used as public relations tokens while white coaches handle the Xs and Os. "Minority coaches are seen as recruiters," said coach



SEA-GOING - Indianapolis Colts coach Tony Dungy signs an autograph for Information Systems Tech 2nd Class Shannanan Arney aboard USS Blue Ridge (LCC 19) after Dungy arrived by helicopter in August when his Colts played Atlanta in a pre-season game at the Tokyo Dome.

Sylvester Croom, explaining that black coaches are often used to recruit black players from high schools. "Once they get tagged, they won't advance in this business."

"For one, they're not getting the experience to run the program," added coach Terri Williams-Flournoy. "As a recruiter, you're normally out of the office... missing the coaching aspect of the job."

Of course, one possible explanation for the lack of black head coaches not explicitly mentioned in these articles is the most obvious: Racism. Is it so hard to believe that some team owners simply don't want

a black head coach, or that they may fear backlash from the fans or influential white benefactors due to hiring an African-American team leader?

Johnnie Cochran Jr. and Cyrus Mehri believe it, and made their opinions known in a Sept. 30, 2002, report entitled, "Black Coaches in the National Football League: Superior Performance, Inferior Opportunities."

"The cruel counterpart to the superior performance of black coaches in the NFL is inferior hiring opportunities," said Cochran and Mehri. "Our report describes several manifestations of such limited opportunities, including the higher bar set for black coaches before they are seriously considered for top coaching positions, and the tendency to quickly terminate black coaches."

Cochran and Mehri offered the following statistics to back up their claims:

- black coaches averaged 1.1 more wins per season than white coaches
- black coaches led their teams to the playoffs 67 percent of the time versus 39 percent for white coaches
- in their final seasons, black coaches averaged 2.7 more wins than white coaches
- in their final seasons, terminated black coaches won an average of 1.3 more games than terminated white coaches
- black coaches inherited teams with an average of 7.4 wins per season and, during their tenures, increased the average wins for their teams to 9.1 per season
- minority professionals are forced to significantly outperform their white counterparts to advance half as far," said Cochran and Mehri. "The own-



SUPER COACH - Chicago Bears coach Lovie Smith will take on the Colts and their mastermind Tony Dungy in this year's Super Bowl.

ers of the NFL franchises continue to be disappointed."

One month after the report was released, NFL Commissioner Paul Tagliabue announced the formation of a diversity committee whose job it would be to study the NFL's minority hiring practices.

Two months later, the committee came up with an affirmative action plan whereby each NFL team would be required to interview at least one minority candidate prior to hiring a head coach.

"It didn't come easy - diversity never does," said Dave Anderson of the New York Times regarding the Rooney Rule, so named for committee chairperson and Pittsburgh Steelers owner Dan Rooney. "But at last, the National Football League has sharpened the teeth of its guidelines to provide at least a fairer shake to African-Americans who aspire to be one of its 32 head coaches."

Although legislated equality is helping matters, the best way to ensure parity among coaches may be from the top down. In 2002, Ozzie Newsome became the first African-American general manager of an NFL team, and Arizona businessman made headlines in 2005 when he purchased the Minnesota Vikings, thereby becoming the first black team owner in NFL history.

What that will mean for the future of black coaches in the NFL remains to be seen. What is certain is that the NFL's top two teams are about to face off in America's greatest sporting event, and the only colors that should matter are those that players, coaches, managers, owners and fans of all races will advance half as far," said Cochran and Mehri. "The own-

Some old pros became NFL legends

Steve Snyder
Public Affairs Staff

I remember pro football before the sport became a national obsession. Post World War II pros played with abandon because they loved the game. Certainly, no player was reaping riches. Limos were rare and hard noses the norm.

Black players played an important part in the rise of the game's popularity. The National Football League had a better record of welcoming blacks into its ranks than baseball did. Which is not to say that blacks, by today's standards at least, were paid much more than indented servants.

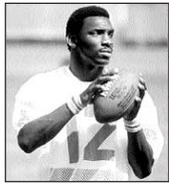
I remember driving down to Baltimore with my father, brother and neighbor who were big fans even then, in 1956. We went down to see Miami U.'s Jack Losch who had been the number one draft choice gobbled up by Green Bay that season. Losch was a Williamsport (Pa.) native just like we were.

Well Losch never did much for the visiting Green Bay eleven but their quarterback, Tobin Rote, threw bombs for three or four long touchdowns that weren't enough to beat the Baltimore Colts. Colts quarterback George Shaw was injured, replaced by a quiet nonentity who thought would never go anywhere.

Johnny Unitas, starting in one of his first if not his first game, failed to impress. Lenny Moore did. The Penn State flash ran for four long touchdowns and was named Rookie of the Year that season. He was originally from Reading, Pa., and had played against Williamsport High in the ever rugged Central Penn Conference. Moore went on to superstardom in seven seasons entering the Pro Football Hall of Fame in 1975.

He was black. One heard of the giant black fullbacks in prior decades, like Cleveland's Marion Motley in the 1940s or Tank Younger from the Rams in the 50s, but running backs seemed to come to the fore in the 1960s.

I remember watching Clarence Peaks on TV ripping off yards in the late 50s for the Eagles but taking a severe



www.sptimes.com

SUPER BOWL WINNER Washington Redskins Doug Williams was the first black quarterback to win a Super Bowl, passing for 340 yards and four TDs in route to the Skins' 1988 route of John Elway's Denver Broncos, 42-10. Williams was MVP.

pounding in the process. The birds didn't bother to build an offensive line in those years. One recalls the Chicago (later St. Louis) Cardinals slippery halfback Ollie Matson winding his way around on end runs before getting thumped out of bounds.

Black power runner began to enter offenses too. At Cleveland Jim Brown took up where Motley had left off.

An All-American in both football and lacrosse at Syracuse University, the rock-hard 230-pounder ran like a deer and hit opposing tacklers like a Mack truck. In his nine seasons from 1957-65, Brown led the league in rushing eight times, racking up 12,312 yards and 106 touchdowns.

Many consider him the finest running back who ever played the game, an opinion I share. I recall one game against the Giants in which New York line-backer Tom Scott had knocked out Cleveland halfback Ernie Green with a vicious clothesline tackle. Scott tried the same on Brown and TV viewers saw him shake his arm in pain as Brown rambled on downfield. You didn't mess around with Jim.

St. Louis Cardinals on the sidelines once tried messing with Detroit Lion (who also played with the 49ers, Steelers and Oilers) fullback John Henry Johnson, another black



www.sportsillustrated.com

LOCAL LEGEND - Born at the Fort Dix Station Hospital here on March 7, 1950, Franco Harris attended Rancocas Valley Regional High School in Mount Holly before spending four years at Penn State, mostly as a blocking back. The Pittsburgh Steelers allowed him to run and he ran wild, playing in nine consecutive Pro Bowl games from 1972-80, breaking Jim Brown's rushing record by more than a 1,000 yards in only eight seasons and carrying the Steeler offense in all of their first four Super Bowl wins in 1974, 1975, 1978 and 1979. After 13 seasons in the NFL, Fort Dix's native son was inducted into the Pro Football Hall of Fame in 1990.

notable. A sensitive type, John Henry simply grabbed a yard marker and attacked the entire bench. Asked to explain, later, Johnson said that some guys try to intimidate you if you're raving a good game. He considered such an insult to his character. He was, after all, fearless.

Johnson was about Jim Brown's size only not as muscular. Instead of running over people he preferred to whack them with what one foe termed "the sharpest elbows and knees" in the game.

Big Daddy Lipscomb looked at life much the same way. The gigantic Baltimore Colt defensive tackle reportedly drank a fifth of whiskey per day and once poured sugar down the gas tank in his car because he had lost the vehicle in a marital alimony dispute.



NFL Hall of Fame

LARGER THAN LIFE - Six-foot-six, 300-plus pound Eugene "Big Daddy" Lipscomb was the first of the giant behemoths to cleave NFL lines and as quick as he was big. Big Daddy never went to college, playing for the U.S. Marines at Camp Pendleton before signing with the Rams as a free agent. The defensive tackle starred on the great Baltimore Colt teams of 1958-59, went on to professional wrestling and died of a suspicious drug overdose at age 31.

Progress for black quarterbacks took longer. I saw James Harris in person several games in 1969 when he started for the Buffalo Bills and admired his rifle arm. Doug Williams also visited Buffalo with his Redskins in 1988 on their way to a Super Bowl win that year and I got a kick watching him tune that well-oiled offense.

And who could forget "Jefferson Street Joe" Gilliam for the Steelers who gained their quarterback nod just before Terry Bradshaw arrived in the 1970s.

Donovan McNabb has done the Eagles proud and I like the fact that he attended Syracuse U. It's a hard-nosed school that's produced polished pros.

Just keep passin', Donovan, and let these young fools run and get clobbered.

the Post

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Bird Watch program seeks to avoid aircraft strike hazards in region

Lt. Col. John Clark
305 AMW Chief of Safety

Just like many of us, you've probably taken the family and a bag of old bread to feed the majestic Canada Geese at Fort Dix or have set up a bird feeder in your backyard to attract robins or sparrows. These birds are truly magnificent creatures—that is until you come face to face with one at 200 miles an hour in an aircraft at 3,000 feet in the air. When this occurs, the goose becomes the equivalent of a flying bowling ball and the results can be disastrous.

In November 1994, geese caused the crash of an E-3 Airborne Warning and Control aircraft at Elmendorf AFB, Alaska. This incident destroyed the aircraft and took the lives of 24 crewmembers. People at Elmendorf don't feed the geese or set up bird feeders in their yards anymore.

BASH, which stands for Bird Aircraft Strike Hazard, is the Air Force program designed to mitigate the threat of aircraft colliding with birds. The program is governed by Air Force regulations and is run by the 305th Air Mobility Wing Safety office at McGuire AFB.

Understanding that birds and aircraft will continue to share the same airspace, the BASH program includes a multifaceted approach to bird strike control. The major areas of emphasis are restrictions to flying operations during heavy bird activity, habitat

management, and pest control. Air Mobility Command has set several rules when birds are in the runway area in order to ensure the safety of aircraft, Airmen, and those of us below.

Bird conditions are measured as either low, moderate or severe, depending on how many birds are spotted around the airfield. If bird conditions are moderate, all AMC aircraft terminate flying training in the McGuire traffic pattern. If the bird condition becomes severe, airborne aircraft divert to another airfield or hold and all takeoffs and landings are prohibited.

Civil engineers, airfield operations, and civilian contract personnel are working hard to make the land around the runways less attractive to birds. Their efforts include controlling grass height, limiting food sources, and using harassment tactics to disperse the birds. If birds are reported on or near the runways, a response team is activated. The response team uses a combination of loud noises, dogs, and falcons to disperse nuisance birds.

You might be asking yourself why we should be concerned with geese at Fort Dix when they are not near our runways. First, there are bodies of water on Fort Dix which are located directly adjacent to and under the flight path of McGuire's main runway. These are very attractive to geese.

And if that weren't bad enough, giant formations of up to 100 geese take to the air daily from all over Fort Dix in search of new food sources. Their flights frequently encroach on McGuire's approach and departure flight paths and aircraft traffic pattern. Over the last few years more and more Canadian Geese have



Carolee Nisbet

WHO, ME? -- Gulls attempt to convince passersby that they are not included in the prohibition of feeding birds on post, part of the aircraft safety plan for Fort Dix and McGuire Air Force Base.

turned in their passports and taken up residence in the Northeast United States. Compounding the problem, the resident geese attract more migratory geese.

When flocks fly over and see large populations of geese on the ground they assume that what's good for the goose is good for the gander. And so, Fort Dix and Team McGuire are coordinating efforts to balance the preservation of these natural resources with the protection of aircraft and Airmen.

You can help reduce the bird

hazard. First and foremost, don't feed the geese or ducks at McGuire or on Fort Dix. Just like their human counterparts, these flyers never pass up a free lunch.

Additionally, if you spot a large number of birds around the airfield, whether in the air or on the ground, call airfield operations at 724-2712 and give them as much information as possible about the location and density of the birds.

Remember, safety at Fort Dix and McGuire AFB is everyone's business. You are invited to be a member of the Bird Watch team.

Fort Dix Weather Hotline
Inclement weather delays or closures will be posted by 6 a.m.
Call 562-4065 for the latest information

Top Guard

(continued from page 1)

Pace conceded that the Defense Department did not do a good enough job in the past of resourcing the Guard, but that DoD officials have taken those lessons learned and are applying them to current practices. He said systems now are in place that will systemically ensure that officials are appropriately looking at resourcing units.

"We need to do this right. I am comfortable that we recognize what we've done wrong in the past, and we have systems in place," Pace said.

Pace said seating the Guard chief with the Joint Chiefs would create a rift in joint cooperation.

"If you make this individual a member of the Joint Chiefs, you create two armies and two air forces," the general said. "You will do major damage to the synergy that we've gotten. We are there, and should not take a step back. I would recommend in the strongest terms I know how, 'Do not do that.'"

In his opening statement to the commission, Harvey cited progress in joint cooperation since the Goldwater-Nichols Defense Reorganization Act became law in 1986. The law streamlined the military chain of command and required the services to work more closely together. He said proposed legislation aimed at, among other things, making the Guard Bureau chief a member of the Joint Chiefs is unnecessary, but that he understands the motivation behind it.

"(The legislation) would confuse command and control relationships and lines of authority that the department has formed over the past 20 years since Goldwater-Nichols was enacted," Harvey said. "I believe that the legislation stems from decades of neglect of the needs of our reserve forces. This partially resulted from a strategy that was based on using the reserve components as a strategic reserve."

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- Retired Federal Civil Service

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Finance advice

(continued from page 1)
today is to simply help you take this journey."

"It's not easy," he continued. "You're going to have to face some challenges as you go through this process. It requires sacrifice and discipline."

For service members, sacrifice and discipline are familiar concepts, but serving one's country can also offer some unique financial benefits.

"Being in the military gives you a lot of opportunities other Americans don't have," Boston said, listing such perks as the Montgomery G.I. Bill, Student Loan Repayment Program, dental and medical benefits, Thrift Savings Plan, and home and business loans through the Veterans Administration.

Boston also warned of some financial pitfalls military folks could fall into, such as payday loans and succumbing to peer-pressure when purchasing.

Of course, the seminar wasn't only for those in uniform. Most of the information presented could be of use to anyone trying to earn a living.

"The wealth-building process is like playing a game," Boston explained. "Unfortunately, a lot of us won't play the game."

"You have to play the wealth-building game for yourself," he insisted.

Knowing the rules to the game, according to Boston, begins by answering three questions. The first is, "Who is afraid to be a millionaire?"

"Financial fear is the number-one reason why people do not reach their financial goals," Boston said.

"You're living in a time of great financial anxiety," he added, noting how pensions have been replaced by 401ks and IRAs, forcing people to plan for their own retirement at an early age.

"You have to begin to face your financial fears," he said, assuring those in the audience that, "You are captain of your financial ship, and master of your economic vessel."

The second question that must be answered is, "Who is setting your economic policies?"

"You have to be setting your household's economic policies," said Boston, urging audience members not to give outside influences a say when it comes to spending and saving habits. His recommendation: Decrease consumer debt by eliminating credit card balances as quickly as possible, while increasing net worth through savings and investments.

"Begin to save 50 percent of your tax refund every year," he advised, adding that mutual funds and stocks are good investment tools if used wisely.

"We live in an ownership society. Become an owner of assets that appreciate," he continued, explaining that real estate is one of the best investment opportunities.

Boston also stressed the importance of good credit, and of maintaining a clean credit report.

"Today, you must protect your



Ed Mingin

MONEYWISE -- Spc. Elizabeth Meyers, Joint Force Headquarters, New Jersey National Guard, discusses opening a small business with Donald Swartz, U.S. Small Business Administration, during a seminar on dealing with finances sponsored by the Public Broadcasting System and the Department of Defense and hosted by Fort Dix Jan. 31 at Timmermann Center.

credit report as if your life depended upon it," he insisted.

Boston's third question on the road to financial success is, "Who is the millionaire next door?"

"The issue is not knowing who is the millionaire in the room; the issue is becoming the millionaire yourself," he concluded.

Boston's lively and informative talk was met with applause from the audience and kudos from post leadership.

"Team Dix is very proud to have the opportunity to host this great event," said Col. David McNeil, installation commander.

"You have a multi-component, joint environment here," he con-

tinued, noting the unique situation of having Fort Dix, McGuire Air Force Base and Lakehurst Naval Air Engineering Station bordering one another. "Not often enough do we as leaders focus on the financial readiness of our individual warriors," he added, explaining that service members cannot fully focus on their jobs if they're worrying about bills being paid at home.

Boston's seminar was only one part of the four-hour event at the newly remodeled Timmermann Center. Attendees were also treated to two hour-long panels and an exhibit hall with institutions offering valuable services.

The first panel was led by Bob Frick of Kiplinger Magazine and featured subject-matter experts on topics such as credit and credit reporting, bankruptcy, credit counseling, and fraudulent and

predatory lending. The second panel, moderated by Boston, offered information on personal financial plans, saving and investing, home ownership and retirement.

The exhibit hall featured many well-known companies and government entities such as Andrews Federal Credit Union, Army Community Service, Center for Responsible Lending, FDIC, Freddie Mac, McGuire Family Support Center, Military Saves, Military OneSource, National Association of American Veterans, National Military Family Association, NJ Small Business Administration, N.J. Office of the

Attorney General Bureau of Securities and U.S. Automobile Association.

The event offered many options for the varied interests of those in attendance.

"I'm hoping to receive a better understanding of how to have your finances in order," said Spc. Nellisha McLeary of the New Jersey National Guard's Joint Force Headquarters. "A lot of young people don't know how to manage money."

"They just spend too much," agreed Navy Fireman David Jones from Lakehurst Naval Air Engineering Station.

"I want to get a big picture of where I should be heading with my finances," explained 2nd Lt. James Trimble of the 32nd Air Refueling Squadron, McGuire Air Force Base. "I want to get started early, put savings first,

make smart investments and save the luxuries for later on."

"I think anybody can learn from this, regardless of their age," said Marine Sgt. William Vanore of MAG 49, Willow Grove Naval Air Station, Pa. "I want to get information on how I can better prepare my family for the future."

"They (the Army) have a lot of seminars, but a lot of people don't take advantage of them," explained Sakinah Bunch, whose husband is an Army recruiter. "I want to learn how to manage money and save for my children's college fund and my retirement."

Several subject-matter experts were on hand from Dix, McGuire and Willow Grove to help answer questions on a one-on-one basis following the seminar.

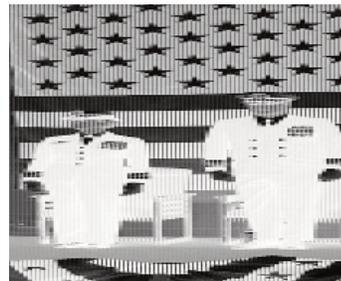
"Military Saves" campaign director Sarah Shirley met with soldiers, sailors and airmen and provided planning worksheets for savings and debt-reduction. "Military Saves" is co-sponsored by the Consumer Federation of America, she explained, noting the initiative partners with about 30 other consumer-assistance organizations.

"Military Saves" recommends that servicemembers save between \$500 and \$1,000 monthly in an emergency savings account and pay off their credit card and other debt, Shirley said.

"We can change our environment so that it becomes totally cool to have money in the bank," Shirley declared.

The kickoff for this program is timed to coincide with Military Saves Week, which runs from Feb. 25 to March 4.

For more information about Kelvin Boston and the Money-wise program, visit www.money-wise.tv



Navy SK1 Paul Gallagher

CHARTING A NEW COURSE -- Capt. Ron J. MacLaren took command of Navy Supply Support Battalion TWO during a change-of-command ceremony in Connecticut Jan. 20. Pictured are, from left, Rear Adm. Sharon H. Redpath, vice commander, Navy Expeditionary Combat Command, MacLaren, Nowak, Cmdr. Jack Hoak, Navy chaplain, and Cmdr. Ross Davenport, operations officer, Navy Supply Support Bn. TWO.

Navy Supply Battalion gains new commander

U.S. Navy Capt. Stephen F. Nowak handed off the position of commanding officer of Navy Supply Support Battalion TWO by Capt. Ron J. MacLaren during a formal military change-of-command ceremony Jan. 20.

The ceremony took place at the Berry Rosenblatt Armed Forces Reserve Center in West Hartford, Conn. Rear Adm. Sharon Redpath, commander, Naval Expeditionary Logistics Support Group, was the guest speaker.

Nowak was responsible for a battalion comprised of a headquarters staff and 16 Navy Detachment, at Fort Dix.

Reserve companies consisting in excess of 400 Sailors located in 10 states and the District of Columbia.

The battalion provides sea, air and land logistics support to maritime forces in an expeditionary environment, supporting Advanced Logistical Support Sites and Forward Logistics Sites as part of the Naval Expeditionary Logistics Support Group.

Nowak is currently on active duty and is assigned as the Officer-in-Charge, Expeditionary Combat Readiness Center headquarters staff and 16 Navy Detachment, at Fort Dix.

24-hour Hotlines

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Victim Advocacy.....	694-8724
Child/Spouse Abuse.....	562-6001
Emergencies.....	911

Or, visit the Fort Dix Department of Defense Police Department in Bldg. 6049 on 8th Street.

NEIGHBORHOOD

THE CORNER



Brig. Gen. Alfred Stewart

McGuire, Dix to host Black History breakfast

The McGuire Air Force Base Black History Month Committee will host a Black History Month Breakfast Feb. 9 from 7:30 to 9 a.m. in the Club Dix ballroom. The keynote speaker for the event will be Brig. Gen. Alfred J. Stewart of the 21st EMTF, above.

For more information, call Master Sgt. Jennifer Nobel-Slaton, Black History Month chairperson, at 754-4371.

ESGR nominations now open

The National Committee for Employer Support of the Guard and Reserve (ESGR), in conjunction with the Secretary of Defense, announced nominations will be accepted at the ESGR Web site for the 2007 Secretary of Defense Employer Support Freedom Awards.

The nomination process opened Jan. 8 and will conclude on Feb. 28. To nominate their employers, National Guardsmen, Reservists, or their family members should visit the ESGR Web site at www.esgr.mil and complete the 2007 Freedom Award nomination form.

More information is available by calling the National Committee Office at (800) 336-4590.

Hiring Heroes job fair coming to Club Dix

Club Dix will host the Hiring Heroes Career Fair for injured Soldiers who served in the Global War on Terrorism and their spouses Feb. 27 from 9 a.m. to 6 p.m. and Feb. 28 from 9 a.m. to 3 p.m.

The event, sponsored by the DoD Defense Application Assistance Office, will offer resume counseling, interview and attire tips, and social security disability and veterans benefits information on day one.

Day two will play host to more than 30 employers from the DoD, CIA, defense contractors, federal agencies, NASA, and private companies such as IBM and Jackson-Hewitt.

Those interested should call Sgt. Maj. James Clark at 610-7830 or (301) 674-9428, or send e-mail to James.clarkr1@us.army.mil or James.a.clark@amedd.army.mil

Family Action Plan classes coming soon

Single Parent Support Group - Feb. 7 from 11:30 a.m. to 12:30 p.m. at the Family Support Center.

Are you a single parent in need of answers or support? This group is a great opportunity for you to network with other single parents and get some really great information.

Healthy Relationship Building - Feb. 9 from 11:30 a.m. to 12:30 p.m. in the ACS Conference Room.

Are you tired of becoming involved in relationships that do not meet your needs? Are you always the one walking away feeling used or taken advantage of? Answer yes? This class is for you! Come out and receive the tools needed to build a relationship that is rewarding.

Taped Valentine messages can be sent to Soldiers

Sonic Foundry will be recording personalized messages that can be sent to Soldiers overseas at the Public Affairs Office, Bldg. 5165 Maryland Avenue, Feb. 10 from 9 a.m. to 5 p.m. The messages will be broadcast on Valentine's Day, Feb. 14.

For more information or to make an appointment, call Army Community Service at 1 (800) 877-2380.

Dix chaplain selected to aid in recruiting

Wayne Cook
Public Affairs Staff

Working at the installation chapel can seem routine and boring to the random outsider. What is not seen by the passerby who is not affiliated with the chapel staff would boggle the mind. Spiritual services (planned and held), counseling sessions, training classes, mentoring, ministry groups, luncheons, weddings, funerals, baby dedications and christenings, baptisms, celebratory programs, and so much more goes on inside the facility that most only see as the post church. All of these events must be carried out by the chaplains and their assistants. Their days stay relatively busy and mostly predictable.

Then there is the odd opportunity that arises where one of the staff members gets to be involved in a distinctly different proceeding from the norm. This opportunity occurred recently for Chaplain (Maj.) Jason Logan, installation chapel staff, when he was told that he had been selected by his denominations endorsing council to represent chaplains in a unique way. He was requested to participate in the filming of a video to be used to help recruit new chaplains and to inform pastors and parishioners on the duties and responsibilities of chaplains in the military.

To clarify for those who do not know, an endorsing official or council is an organization that provides credentials and support to pastors who want to serve in the armed forces. The organization may represent one denomination or faith, or it may represent many. They verify if the pastor is fit for duty in the military and provide training to prepare them for their service.

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Edward Brogan, director of the Presbyterian Council for Chaplains and Military Personnel, contacted



Wayne Cook

LOGAN'S RUN -- Chap. (Maj.) Jason Logan, Fort Dix chapel staff, was recently selected to be interviewed by the Presbyterian Council for Chaplains and Military Personnel to film a recruitment video to be shown to pastors and parishioners of the many denominations the council represents. The video is a tool to help educate and entice other pastors and parishioners to join the military and serve as chaplains.

Logan and expressed the desire of the council to have Logan participate in the filming of the recruitment video due to his exemplary record and diverse experiences as a chaplain. Logan has served many types of units during his career including armor, artillery, infantry, cavalry, military intelligence, and garrison support. His military service includes a tour in Afghanistan after which he was awarded the Bronze Star.

"We are preparing an interpretive video that we can use to share with our pastors and parishioners so they can know what our chaplains do. We want them to understand the honorable work that chaplains perform in the military so they can gain an appreciation for our brothers and sisters in the military and maybe even decide to join the chaplaincy corps," said Brogan.

Brogan is very familiar with what chaplains do and endure for the faith and the military as he is a retired Air Force chaplain, himself.

Logan is a member of the Cumberland Presbyterian faith, which is a bit more evangelical than the main Presbyterian body.

"It was an honor to be selected as the only Active Guard Reserve chaplain to make this video. Working with Leslie Olmstead Santee, who is a consummate professional, to make this video was a phenomenal experience. Her whole ministry is to use her expertise in the media technology field to get out the message of what chaplains and other ministers do," said Logan. "Chaplain Brogan wanted to clarify to our ministers the importance of the chaplaincy in the armed forces. He focused on the importance of our ministries to those Soldiers, Marines, Airmen, and Sailors in the field. He also delved into why service members need chaplains and what would happen if we didn't have chaplains. The interview lasted about one-and-a-half hours," Logan shared.

"I spoke on how it seems there is a disconnect today between the values of chaplains and Army values. I shared the anecdotes that we probably don't want Soldiers running around with weapons who don't have any faith. I don't push my faith at the Soldiers and those I serve but rather try to encourage them to discover and practice their own faith so they have something to grab a hold of and to hang onto when times get rough," he said.

Logan was one of only 21 individuals selected from across the armed forces to participate in the project and for that opportunity he is greatly appreciative. With chaplains like Logan serving our Soldiers and sharing their message the council is already one step up on the recruitment process.

Trio of scholarships available

A trio of scholarships are available for military children and spouses.

• The Scholarships for Military Children program offers scholarships to unmarried children under the age of 21 (23 if enrolled in school) of military active-duty, Reserve, Guard and retired personnel. Eligibility will be determined using the Defense Enrollment Eligibility Reporting System database. Applicants should ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current ID card.

An applicant must be planning to attend an accredited college or university full-time in the fall term of 2007, or be enrolled in a program of studies designed to transfer directly into a four-year program.

Scholarship applications are available at the commissary, or can be downloaded through links at <http://www.commissaries.com>, <http://www.militaryscholar.org> or <http://www.dodea.edu>.

Along with their application, applicants must include an essay on "how and why" they would change an historical event. At least one \$1,500 scholarship will be awarded at every commissary location with qualified applicants. Applications must be turned in at a commissary by close of business Feb. 21.

• The Sister Thea Bowman Foundation has four scholarships for African-American single mothers and their child to attend the College of St. Mary in Omaha, Nebraska.

The Foundation will grant \$30,000.00 over a period of four years to the College of St. Mary on behalf of each student. In return the College of St. Mary will match that grant with an additional \$24,000.

The student must be an African-American single mother who has completed high school. She must be from low income housing. She must be able to gain admission to College of St. Mary. She need not be Catholic.

Each student will have an African-American mentor during her course of study at the College of St. Mary. Each student will also have an African-American host family from Omaha who will also serve as mentor.

Information about another scholarship program run by the Fort Dix Spouses' Club can be found on page 10.

Each mother may take up to two children with her to the College of St. Mary. The cut off age for the child is nine. Each mother will live in a dorm with other single mothers and their children. This dorm has been especially renovated to accommodate mothers and their children.

If interested, please contact Mary Lou Jennings, Executive Director of the Sister Thea Bowman Foundation at: marylou1@aol.com

The Jersey Devil Chapter of the American Society of Military Comptrollers will be recognizing outstanding high-school seniors for academic achievement by providing financial assistance to aid seniors in order that they may accomplish their future financial management baccalaureate educational goals.

To be considered for nomination, the following must hold true:

- The applicant must be an outstanding graduating high-school senior in the final half of his or her school year, or a high-school graduate within the past six months of the application deadline.

- The applicant must be entering a field of study directly related to financial/resource management, i.e. business administration, economics, public administration, computer science or operations research related to financial management, accounting or finance.

- The applicant must have two letters of recommendation from his or her high-school principal or academic dean, or a high-school teacher.

- The applicant's scholastic achievements, leadership ability, extracurricular activities, career and academic goals and financial need will be considered and must be documented in letters of recommendation and summarized on ASMC National Scholarship forms.

This past year, the Jersey Devil Chapter was able to award five scholarships. This year, the first-place winner of the local awards will be submitted for ASMC national competition to compete for 11 scholarships: One \$3,000 scholarship, five \$2,000 scholarships and five \$1,000 scholarships will be awarded.

Application forms can be found online at <http://www.asmonline.org/files/nsp-form.doc>. Please submit forms and letters of recommendation no later than March 2 to:

Resource Management Office
ATTN: IMNE-DIX-RMM
Neen Raspa
Bldg. 5418
Fort Dix, NJ 08640-5251



Carolee Nisbet

When calling the new DPW hotline to report burned out streetlamps, remember to include all the letters and numbers on the metal tag located on the utility pole. This utility pole identifier is JC62369NH.

DPW creates hotline for potholes, lights

The Fort Dix Directorate of Public Works (DPW) has created a telephone "hotline" to receive calls from Soldiers and civilians working or living on Fort Dix to report potholes and burned out streetlamps.

"There are thousands of streetlamps on and around Fort Dix, 120 miles of streets and roads, and hundreds of parking lots, so there are plenty of opportunities for burned out lamps and potholes. It's a big job maintaining this post, but that is the mission of DPW," remarked Steve Whitmore, DPW operations officer.

Anyone finding potholes or burned out streetlamps is encouraged to call the hotline at 562-6021 and report them. Please provide the location of the potholes to include the street name and the nearest cross-street or building number. For burned out streetlamps, provide all the numbers and letters on the metal tag attached to the utility pole as well as the location of the pole.



Carolee Nisbet

Battling the winter blues

The plows were out Jan. 29 to battle the first major snowfall of the winter season. The Fountain Green Golf Course lake looks frigid from this vantage point on Maryland Avenue.

MILITARY MATTERS

New program teaches Soldiers basic foreign language skills



photos by Ed Mingin

Banner day

Guidon bearer Spc. Dwayne Edwards, above, looks on as Capt. Demeane McDowell and 1st Sgt. Edgar Groom of Battery A, 1/182 Field Artillery Battalion from Detroit, Mich., receive the unit's Yellow Ribbon banner before leaving to participate in the Global War on Terrorism.



First Sgt. Abe DeLeon and Capt. Travis Carpenter hold the Yellow Ribbon banner for Battery C, 2/138 Field Artillery Battalion. The unit from Kentucky left this week to participate in the Global War on Terrorism. The Yellow Ribbon banners for units deploying through Fort Dix are displayed above the Ultimate Weapon statue in Infantry Park and are returned to the unit upon its return.

Sgt. Derek Dalmolin
First Army Division East

Picture yourself in a different country where the language and culture are foreign to you. Your task while there is to bring peace. The question is, how do you do this when you and the people you are supposed to help cannot effectively communicate?

This barrier is one that U.S. forces in Iraq and Afghanistan have faced since the beginning of both campaigns. The Army, however, is working to aid its Soldiers. Like it has done to improve other unfavorable conditions, like providing better armor and IED-jamming technology, the Army is developing the language training Soldiers need to be successful.

Since May 2006, First Army Commanding General Lt. Gen. Russel Honoré has been pushing for an improvement in language programs. The result of his campaign will be a four-step program that provides deploying Soldiers with detailed information on the cultures and history of their countries of interest, as well as a strong foundation in the language they choose.

The new program will use existing technologies, blending them together to build the Soldier's new language foundation. The program should run as follows:

- Before being mobilized, the Soldier begins the first phase of the language course by enrolling in interactive Arabic or Pashto programs that are offered online by the company Rosetta Stone. This software, which has more than 200 hours of free training for each language, teaches listening, reading and pronunciation skills. This first step establishes the base for further learning.

- Once the Soldier is mobilized, he or she begins phase two of the language education. Although they will still have access to the Rosetta Stone to polish their basic understanding of the language, their main focus now becomes learning to use the language in tactical situations.

To ensure that Soldiers are prepared for further instruction before they graduate onto further self-paced study, instructors from the Defense Language Institute (DLI) or local university instructors send mobile training teams to each mobilization staging area. These instructors focus on proper pronunciation and cultural awareness using the DLI curriculum.

- In the third phase, the Army has implemented one of the most



courtesy photo

SPEAKING IN TONGUES -- Soldiers use computers to learn languages prior to deployment. While they will not be fluent prior to deployment, they will have a working familiarity with the language.

interesting and technologically-advanced language programs around. Based on an in-depth video game, the Tactical Iraqi Language Trainer (TILT) and the Tactical Afghani Language Trainer (TALT) put the Soldier in control of a character that interacts with its environment through speech and action.

The TILT and TALT programs both employ speech-recognition software to ensure the pronunciation of the Soldier operating the character is correct. In order to progress through the missions, the Soldier must not only have a good grasp on the language, but must also control the character in a certain manner to show an understanding of the culture.

Simple actions such as taking off sunglasses while speaking with another character can make or break the conversation and prevent the Soldier from furthering the action. With a more technologically knowledgeable mili-

tary force, incorporating language training through a virtual scenario makes sense and is highly effective in enforcing the language lessons learned.

While the program does not make the Soldier 100-percent fluent in the countries' dialect, it succeeds in its goal of making him or her familiar enough with the language and culture to interact with locals.

Throughout his or her time in theatre. These CDs once again contain important cultural facts and histories, along with audible files needed to perform the Soldier's job function.

While the program does not make the Soldier 100-percent fluent in the countries' dialect, it succeeds in its goal of making him or her familiar enough with the language and culture to interact with locals.

The benefits of this training are well worth the extra time and effort Soldiers will be putting forth before deployment, because it will result in improved relations, better intelligence gathering and a reduction of combat stress.

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Kentucky Soldiers stampede through mobilization training

Ryan Morton
Public Affairs Staff

On a frigid January day, Soldiers of Battery A, 2-138th Field Artillery Battalion, dotted the Is and crossed the Ts in the final stanza of the Army Training Evaluation Program, or ARTEP.

The ARTEP is the final bit of training a unit goes through in preparation for a deployment, and this unit has been at Fort Dix since mid-October mobilizing in support of the Global War on Terrorism.

These Soldiers are the second part of a Kentucky National Guard unit mobilizing through Dix, as Battery C completed its ARTEP just a few weeks ago. Battery A hails from Carrollton, Ky., and has participated in theater-immersion and security forces training in their time at the installation. Battery A is an all-male unit composed of 165 Soldiers primarily from the field artillery, but also contains some military police, medics, signal, and administration clerks, among others.

The training has been quite challenging for these Soldiers because they are transferring from a National Guard and field artillery type of setting to an active Army and military police type of mission. According to Capt. Franklin Jones, battery commander, they have handled the transition quite well.

"I'm really impressed with the motivation these Soldiers have shown me. They're committed to excellence and achieving beyond the standard and have accepted the challenge of moving from the Guard to the active-duty mission. The Soldiers are building confidence with one another to be able to make key split-second decisions on the battlefield," he said.

The majority of Soldiers in this unit have trained together before and have known each other for quite a while. Jones says several are like family and have built up very unique bonds.

"The biggest asset I have as a commander is these Soldiers. Because of their familiarity the leadership group knows their strengths and limitations," he said.

The unit also has some experienced veterans, as about 10 of the Soldiers served in Operation Iraqi Freedom when the unit mobilized through Dix in 2004. Having this experience is "priceless," Jones said.

"It's great having the vets for a deployment because they understand what's important and what the climate and culture is like on a deployment. The biggest fear or anxiety is the unknown, and having these experienced Soldiers really helps a lot. We have them spread out amongst the platoons to help mentor and offer knowledge and wisdom to the younger, more novice Soldiers," he said.

While these Soldiers draw a lot of support and confidence from each other, they draw an abundance of support from their family and friends back home, too. The Family Readiness Groups in Carrollton and Lexington have really stepped up in a big way to help the unit. They have raised thousands of dollars, including \$6,000 to bus some of the Soldiers back home for the holidays. This money was for Soldiers who could not afford the traveling costs, and the FRGs are currently in the process of raising money for a Soldier who lost his home in a fire.



Ryan Morton

HELPING HANDS -- Sgt. Joshua Essenboeck, left, and Staff Sgt. Matthew Linneman of Battery A, 2-138th Field Artillery Battalion, assist a "wounded villager" during their battery's Army Training Evaluation Program.

The training has been challenging for these Soldiers because they are transferring from a National Guard, field artillery setting to an active Army, military police mission.

and was deployed in 2003 to Kuwait. Right now he is, in effect, on "loan" to the 2-138 FA Bn.

"We had to pull some strings with each of our commanders, but luckily we were able to get it to work," Chris said.

Chris brings the knowledge and wisdom to the table as someone who has been downrange before.

"I let Jeff know that it's stressful at times on a deployment and you've got to find a way to keep positive. It's a long time away from home and when you can take a break, go down to the internet cafe or just unwind somehow. Just take advantage of whatever stress relieving things there are," Chris said.

For Jeffrey, having his brother nearby helps relieve a lot of tension.

"When he volunteered, it took a lot of stress off my shoulders. Having my brother there really helps a lot. It's great to have somebody have your back that you know and can trust," Jeffrey said.

Like any military mission there are several goals, but the major goals remain the same.

"Accomplishment of the mission and bringing everybody back safely are the primary goals," Jones said.

"I feel extremely confident with my unit. For me as a commander, I've been given a huge responsibility for the Soldiers under my command. Their families have entrusted me with their loved ones and I feel that these guys are ready. They're well trained, full of cohesion, and take their jobs seriously. With the training we've been through, it helps to put my mind at ease knowing they're capable of performing the missions," he said.

Chris volunteered for this deployment because he found out his brother was going and he wanted to go and be there for him. Chris is actually in the Georgia National Guard.

Computer issues usually easy fix for user, DOIM

Ed Mingin
Public Affairs Staff

A lot has changed in the world of computers during the past few years. Floppy discs are out, CD burners are old news, and dial-up Internet access is on its last leg. DVD burners and external hard drives, along with wireless, high-speed access are all the rage.

For all the changes that have come about lately, one thing has remained constant - computers will stop working at the most inopportune time, or act up for no good reason. Users are left staring at a blank monitor or a program that is no longer responding, or worse.

Often, rebooting will cure what ails your PC. Sometimes though, the problem is serious and needs more than a whack on the side of the monitor. So who are you going to get to bail you out of trouble when your computer goes down at the office?

The quick answer is to just call the Directorate Of Information Management (DOIM) helpdesk. But before jumping on the phone and getting DOIM involved, there are a few things to look into that may fix the problem. All too often, the problem is something really simple, and a little troubleshooting can go a long way.

"Sometimes a simple reboot will restore functionality," says Mickey Haines, manager of desktop support at Fort Dix. It works more often than not. Sounds too simple to work, but the amount of times a reboot fixes the problem is incredible. Besides, it takes hardly any effort. If the reboot doesn't work, keep the detective cap on and look a little further.

"Mechanical problems with the PC - like dead monitors, bad hard drives, or other issues that cause a component on the PC to not work - should start with basic troubleshooting on the user's part. I know it sounds dumb or painfully obvious, but check to make sure all cables and cords are connected and seated properly. Make sure the computer is powered on," said Haines.

If you check all the obvious things and nothing seems to be the cause, don't roll up your sleeves and start ripping your machine apart. It might be time to get some serious help.

"If those things don't work, contact your directorate or unit information management officer. Make them aware of the issue," said Haines. "If after doing that the problem still exists, then call the help desk. The user can also have the IMO place a work order directly into the Remedy work order system. If your PC is down then obviously you will have to call us."

There are a few things to know when calling the helpdesk that will enable them to get you up and running again. Just calling them and saying, "My computer doesn't work," isn't

much help. A detailed explanation of the problem, how it started and when the problem started will give them a head start to a solution. If there is an error message being displayed, tell them exactly what it says. Also be sure to tell them the computer's location and network name.

"In some cases it is on a label affixed to the PC," explained Haines.

Sometimes the label may be missing, or unreadable. But Haines offers another way for your computer to give you its identity. Just right click on the My Computer icon on the desktop and select 'properties' from the drop-down menu. The 'systems properties' box will open. Select the tab labeled 'Computer Name' and your machine will give up its ID.

With the computer's ID, a detailed description of the problem and a little patience, the staff at the helpdesk should be able to get you back in business in no time.

The problem isn't always with the computer. Users often call the helpdesk because they can't log onto their machine. Since network security has gotten so important recently, the military has implemented new ways of dealing with it, and sometimes that makes it difficult for users.

"It is important to understand that the world really changed since 9-11, and not only did physical security rise, but network security went up," said Haines. "The DoD and the Army are going to protect this network. There are lots of changes going on with the Department of the Army. Tightening up the security of the networks we use is big. With that come changes in the way we as users get on our network. One of the changes was instituting Common Access Card log in, so we get a lot of calls about locked accounts or other issues associated with logging in."

Occasionally, an issue will arise where the Fort Dix helpdesk can't help. Not because the problem is too hard, but usually because they have no control over the issue.

"There have been a lot of questions about AKO lately," said Haines. "AKO access and AKO accounts are not managed here on Fort Dix. The customer is often forced to call the AKO helpdesk to resolve issues."

A few preventive steps can be taken by users to make sure their files are protected in the event of a serious problem.

"Back your data up. All workstation are equipped with CD or DVD burners. The user, must, for their own sake, become familiar with how to burn information, data, file, etc. to CD or DVD. Some specialized equipment, like the Thin Client workstations in use at the JRC site don't have CD/DVDs, and other methods of backup are being utilized," said Haines. "But for the most part, the majority of users on Fort Dix can backup their own data."

Tech Talk

Announcements



Movie Schedule
at the McGuire AFB Theatre
Movie Hotline 754-5139

Friday, Feb. 2 @ 7:30 p.m.
Children of Men - *Clive Owen, Julianne Moore* - When infertility threatens mankind with extinction and the last child born has perished, a disillusioned bureaucrat, named Theo Faron, becomes an unlikely champion in the fight for Earth's survival. He must confront his own demons and protect the planet's last remaining hope from danger. Based on the novel by P.D. James. **MPAA Rating: R** for strong violence, language, some drug use and brief nudity. *129 minutes.*

Saturday, Feb. 3 @ 7:30 p.m.
Pursuit of Happiness - *Will Smith, Thandie Newton* - Chris Gardner is a bright and talented, but marginally employed salesman. Struggling to make ends meet, Gardner finds himself and his five-year-old son evicted from their San Francisco apartment with nowhere to go. When Gardner lands an internship at a prestigious stock brokerage firm, he and his son endure many hardships, including living in shelters, in pursuit of his dream of a better life for the two of them **MPAA Rating: PG-13** for some language. *Run Time: 116 minutes.*

Future Features...

Code Name: The Cleaner

Friday, February 9 @ 7:30 p.m.
PG-13, 84 min.

Night at the Museum

Saturday, February 10 @ 7:30 p.m.
PG, 109 min.

Matinee...

Charlotte's Web

Saturday, February 10 @ 3:00 p.m.
G, 96 min.

Main Chapel

562-2020

Sunday Services

Protestant at 9 a.m.

Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.

Catholic CCD is held at 9:15 a.m.

Protestant-Gospel Sunday School at 10:00 a.m.

Religious Services

Islamic Prayer room

open 7 a.m. to 4:30 p.m. Monday through Friday - Room 24

Adult Bible Study

Wednesdays at noon and 7 p.m.

Catholic Adult Bible Study - Sundays at 11:30 a.m.

Christian Women of the Chapel

hold a **Bible Study** - Tuesdays, 9:30 a.m. to noon

Christian Men of the Chapel

hold a **Prayer Breakfast** - Fourth Saturday of each month, 9:00 a.m. to 11:00 a.m.

Youth of the Chapel

Every second and fourth Tuesday - 7:00 p.m. to 9 p.m.

Jewish Services

Contact the Chapel for dates and time.

Organizations

Red Cross seeks volunteers

The American Red Cross is looking for volunteers to help at the warehouse. Interested individuals must be able to lift boxes and have experience in inventory control. Contact Patrizia Selk-Welkenbach at 562-2258.

WIC Program available

Women, Infants and Children (WIC) is a federally funded supplemental nutrition program for pregnant and breastfeeding women, infants and children under the age of 5. Eligibility for the program is based on an income and nutritional or medical risk. WIC can provided infants with iron-fortified infant formula, cereal and juice. Children and women receive milk, cheese, eggs, cereal, juice, peanut butter or beans. Women who breastfeed and do not use any infant formula may also receive carrots and tuna.

The Burlington County WIC Program has clinic sites throughout the county. Evening appointments are available. To learn more about the program call WIC at 267-4303

305 MDG Pharmacy information

Patients using the 305 MDG Ambulatory Health-care Center who received a prescription must first visit the pharmacy to "check-in and activate" the prescription. An ID card is required. The pharmacy will process the prescription only after check-in.

Current prescriptions may be refilled 24 hours-a-day, seven days a week, by calling 754-9470. Refills can be requested seven to ten days before the prescription runs out. Refills are ready for pick-up two duty days after being phoned in.

Army Community Service

Bldg. 5201
562-2767

Hours of Operation:
7:45 - 4:30 p.m.

February Schedule

Playgroup 18 months-3 yrs.
5, 7, 12 Feb.
11:00 a.m. - 12:30 p.m.
McGuire CDC #1

A Night of Discussion: issues around Deployment
5 Feb..
6:00 p.m. - 7:30 p.m.
TBS

How Far is too Far?
8 Feb.
11:30 a.m. - 12:30 p.m.
ACS

Healthy Relationships
9 Feb.
11:30 a.m. - 12:30 p.m.
ACS

For more information call
Debraurah Wilson at 562-4830

McGuire AFB Family Advocacy Program

754-9680

February Schedule

Baby Basics
7 Feb..
5:00 p.m. - 7:00 p.m.

Sweethearts Seminar
10 Feb.
8:30 a.m. - 4:30 p.m.

Pregnancy 101
12 Feb.
9:00 a.m. - 11:30 a.m.

For information and registration call 754-9680

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

February Schedule

Midnight Basketball
3 Feb.
7:00 p.m. - midnight

Keystone Valentine's Day Ball
10 Feb.
7:00 p.m. - 10:00 p.m.

Mondays - Fridays

Power Hour
2 - 4:30 p.m.

Computer Lab
4:30 - 6:00 p.m.

Tuesdays
SMART Start
3:45 - 4:45 p.m.

Wednesdays
Sports and Fitness
3:35 - 4:45 p.m.

Thursdays
Tech Club
3:45 - 4:45 p.m.

Fridays
Arts and Crafts
3:45 - 4:45 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

MOBILIZATION NEWS YOU CAN USE

WDIX
Commander's
Channel 2

WDIX
Commander's
Channel 2

Post Shuttle Bus
562-5888

Monday to Sunday -- 7 a.m. to 10 p.m.
During the day Starr Tour buses are used, in evening the military Bluebird buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044
Bldg. 5359, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mall
723-6100

Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary
754-4154

Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales Store-Alterations

723-2307
Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Firestone

723-0464
Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

Recreation Center
562-4956

Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.
AT&T Cyber Zone offers computer access for a fee

Burger King

723-8937
Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.
Sunday 7 a.m. to 8 p.m.

McGuire Gas Station
723-4705

East Arnold Avenue by th 24-hour gate
Monday to Friday -- 6:30 a.m. to 7 p.m.
Saturday -- 9 a.m. to 7 p.m.
Sunday -- 9 a.m. to 6 p.m.

Spouses' Club Thrift Shop
723-2683

Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

NEW HOURS Dining Facilities

Bldgs. 5640 and 5986
Breakfast Mon - Sun 6:00 to 7:30 a.m.
Lunch Mon - Sun 11:30 a.m. to 1:00 p.m.
Dinner Mon - Sun 4:30 to 6:00 p.m.
Bldg. 5517
Breakfast Mon - Sun 6:30 to 8:00 a.m.
Lunch Mon - Sun 11:30 a.m. to 1:00 p.m.
Dinner Mon - Sun 4:30 to 6:00 p.m.

Outdoor Recreation

562-6667
Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.
Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

NEW HOURS Java Cafe and Computer Lab @Club Dix

723-3272
Monday - Friday - 7 a.m. to 1:30 p.m.
Saturday-Sunday -Closed.

McGuire Shoppette
723-4705

East Arnold Avenue by the 24-hour gate
Monday to Thursday -- 6:30 a.m. to 9 p.m.
Friday -- 6:30 a.m. to 7 p.m.
Saturday -- 9 a.m. to 10 p.m.
Sunday -- 9 a.m. to 7 p.m.

Fort Dix Post Office

723-1541
6038 West 9th St.
Monday to Friday -- 8:30 a.m. to 4:30 p.m.

Read the POST!

Chaplains' Corner

Chap. (Maj.) Bill Heisterman
Chapel Staff

"A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken."

Ecclesiastes 4:12

In his book *A Work of Heart*, Reggie McNeal presents six qualities that he says are essential for establishing friendships and provide benchmarks for God's development of our hearts. These six qualities are: Integrity, vulnerability, humility, willingness to listen, reasonable expectations, and lastly, a combination of sensitivity and responsiveness. These six qualities serve as the foundation of being a good "battle buddy."

A good "battle buddy" must have integrity, a character quality that reveals authenticity and connection between our private lives and public lives. In other words, we practice in private what we preach in public. This quality is evidenced in terms of truth and honesty, and in our treatment of other people. When we have integrity, we keep the confidences entrusted to us, refuse to talk about somebody behind his or her back, follow up on our promises with action, and serve others rather than taking advantage of them.

Next, a good "battle buddy" shares vulnerability. This requires that we take some risk and choose to volunteer a part of ourselves to another. At times, this can be created by a shared crisis or through common pain. For instance, sharing a foxhole can produce a "band of brothers," a bond that is strengthened by such circumstances.

Another key quality of a good "battle buddy"

is humility, which allows us to accept others without judgment in such a way that we do not have to walk in competition with them, but can instead serve as a support. The opposite of self-centeredness, humility starts with a coming to peace with oneself and an overcoming of one's own feelings of inferiority and insignificance.

A fourth essential quality of a good "battle buddy" is a willingness to listen. When we listen, we give a great gift to another. When we take the time to actually listen, we really hear what is being revealed about someone's heart, not just what is being said from their lips.

A good "battle buddy" also has reasonable expectations. At times, we inevitably fail our friends. Our shortcomings cause disappointment and hurt. If we have unrealistic expectations of one another, and are unwilling to forgive these shortcomings, then we will experience broken relationships and a downward spiral of continuing pain for all involved.

Finally, a good "battle buddy" practices sensitivity and responsiveness. This means that we are "clued in" and sense when another may need to talk or some other type of support, and then we respond appropriately.

In our current environment, the need to be a good "battle buddy" is greater than ever. People are experiencing difficult circumstances. Some are going to war. Multitudes are serving with new units. Soldiers are leaving families and established support networks in order to answer the call of our great nation. All need a support network, someone who will be there to help them make it through and make it back home. We can all be a good "battle buddy." This is not only the call of our nation to each and every one of us; this is the call of God.



Army Community Service (ACS)

562-2767

Bldg. 5201, on the corner of 8th Street and Maryland Avenue

Hours of Operation:

Monday through Friday, 7:45 a.m. to 4:30 p.m.

Looking for information and assistance? ACS is here to serve you. ACS serves all military branches of service, DoD civilian personnel and retirees. The ACS Center is accessible to individuals with disabilities.

FORT DIX WANT'S YOU



MAKE A DIFFERENCE

Fort Dix is looking for interested residents who would like to volunteer

"Fort Dix volunteers improve the quality of life for all residents"

For those residents who want to make sure the Fort Dix community is the best it can be please

Call Army Community Service at 562-2767

ARTS & CRAFTS

Bldg. 6039
Philadelphia Street
562-5691

Registration & sales store hours:

Tuesday-Thursday
noon-5 p.m. & 6-8:45 p.m.

Friday
11 a.m. - 4:45 p.m.

Saturday
9 a.m. - 4:45 p.m.

CLOSED Feb. 17

PROGRAMS

Adult Craft Classes

Tuesdays, 6 - 8:30 p.m.

Feb. 6.....Magical Mosaics

Feb. 20.....Ceramic Cake Plate

\$5 fee plus materials

Kids Craft Classes

Saturdays, 2:30 - 4 p.m.

Feb. 10.....Heart Magnet

Feb. 24.....Shamrock Clip

\$5 fee plus materials

Custom Designer Handbags

6:30 - 9 p.m.

Feb. 6, 13, 20 & 27

Why go to one of those new home parties for handbags when you can create your own right here? This class explores the many options of fabrics, pockets for everything including your cell phone, with or without zippers, linings, handles and your personal design. All levels of sewing - beginner to advanced welcome.

\$45.00 fee

Quilts For Kids

Feb. 10, 11 a.m. - 3 p.m.

Join us every second Saturday of the month, and become part of this national organization

that donates quilts to children's hospitals, shelters, and more. We have exciting new ideas and donated fabrics; all you need to bring is your desire to help others while you learn to sew and learn to machine quilt! All experience levels welcome, and there is no fee to join.

Black History Month Celebration

Feb. 10

Create an African mask in clay, forming it over a plaster mold and painting with underglaze to make an exceptional wall sculpture. With four different designs to choose from, this makes a great family project!

Krafty Birthdays

Arts & Crafts offers Krafty Birthday Parties! Parties include up to 2 hours of party room use, one craft project with instruction and all materials, with many exciting projects to choose from. When making party reservations, please make sure to stop by in order to select the craft and make payment.

Framing Qualification Classes

Feb. 3, 9 - 11:30 a.m.

Feb. 7 or 14: 6 - 8:30 p.m.

Get qualified to use this great facility and equipment! You'll complete one piece (cost of which is not covered by registration fee) about 8 x 10" which you must supply as you learn to operate the equipment. All materials are available for purchase at the frame shop. \$10 registration fee

Contemporary Ceramic & Mosaic Studio

Looking for a place to walk in, relax and get creative? This is the place for you and your family to paint functional or decorative items to give as gifts or keep for yourself. We have many bisque ware items to choose, from plates and mugs to piggy banks, lots of project ideas, and a helpful staff to get

you started. You do the painting and we'll complete your masterpiece with a food-safe glaze and expert firing. And now we have lower prices in the mosaic studio. This ancient craft is simple and relaxing, and you can create one of a kind home decor or gift items. Open during normal sales store hours.

Kids Pottery Class

ages 6-9, 10:30 a.m. - noon

Feb. 24, March 10, 17 & 24

\$20 fee plus \$10 materials

Teen Pottery Class

ages 10-13, 1 - 2:30 p.m.

Feb. 24, March 10, 17 & 24

\$20 fee plus \$10 materials

Quilo

Feb. 22, 6-8:30 p.m.

Learn how to make this cozy Blanket and Pillow all in one. This will make your cold nights real cozy.

Create A Critter

Discover a menagerie of adorable animals to stuff, dress, and cuddle. From the basic teddy bear to giraffes and lions, we've got them all! Great fun for the whole family, and you'll love our low prices. A great last minute gift idea, too!

Frame Shop

The frame shop offers both do-it-yourself framing and custom framing. The shop is well stocked with a vast array of molding and mat board, plus state of the art equipment and a technical expert with over 20 years of experience in the field to ensure the results are exceptional. Posters and fine art prints are also available for purchase or by special order.

Pottery Studio

The Pottery Studio offers classes covering both hand building and wheel throwing techniques. Once you've completed the initial class come in anytime during studio hours to use the facility.

Honoring the Colors

	Reveille 6 a.m. (0600 hours)	Retreat 5 p.m. (1700 hours)
Military personnel in uniform	Stand at attention, face the flag and salute at first note.	Stand at attention, face the flag for Retreat, then salute at first note of <i>To the Colors</i> .
Military personnel not in uniform, civilians	Stand at attention, face the flag and place right hand over heart at first note.	Stand at attention, face the flag for Retreat, then place right hand over heart at first note of <i>To the Colors</i> .
Military personnel in formation or in a group	Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Order, Arms" at conclusion.	Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of Retreat. Calls group to "Attention" and "Present, Arms" at first note of <i>To the Colors</i> , then "Order, Arms" at conclusion.
Individual military personnel, civilians in a vehicle	Stop vehicle and exit. Follow steps above.	Stop vehicle and exit. Follow steps above.
Group of military personnel in a vehicle	Stop vehicle. Individual in charge exits and follows steps above.	Stop vehicle. Individual in charge exits and follows steps above.

Other bugle calls heard on post are:

Tattoo.....9 p.m. (2100 hours)
Call to Quarters.....9:30 p.m. (2130 hours)
Taps.....10 p.m. (2200 hours)

Relationship Safety

Everyone has the right to feel safe in his or her relationships. Are you or do you know anyone in an abusive relationship?

Look for these signs:

- threats or intimidation
- isolation from family and friends
- denying access to money
- sexual abuse
- involving or using children in adult conflicts
- destroying personal possessions
- feeling fearful
- painful put-downs
- use of weapons

Important phone numbers:

Providence House hotline
871-7551
NJ Domestic Violence hotline
800 572-SAFE
Fort Dix Victim Advocate
562-2767
McGuire Victim Advocate
754-9672

For emergency assistance call 911

Lightning Division, 8th Med team for training

Col. James Bagley
HHD, 1st Bde, 78th Division

Nothing worthwhile is easy, and so it was for the 8th Medical Brigade Simulation Exercise (SIMEX) conducted Jan. 19-21. The SIMEX was the culminating event in a process that started one year ago and created a team of teams: medical professionals, subject matter experts, and doctrinal trainers working in professional collaboration to build a realistic, challenging, and doctrinally correct Battle Command Staff Training (BCST) exercise for the 8th Medical Brigade headquartered at Fort Wadsworth on Staten Island, N.Y.

The 8th Medical Brigade SIMEX was based on a Caspian Sea operations order (a generic scenario used for training), Operation DRAGON STRIKE, and conducted in a digital environment utilizing or replicating applications and systems currently utilized by medical brigade headquarters deployed in a theater of war. Despite the monumental efforts it took to develop the exercise, what made this exercise unique and remarkable were twofold; the number of "firsts" associated with the SIMEX, and the team of teams created to support the SIMEX.

The firsts included: A first use of the enhanced Lightning Battle Projection Center; first Joint exercise for 1st Brigade (BCST), 78th Division (or "Lightning Brigade"); and first use of two highly specialized software applications. Each of these "firsts" included some risk, but each was intensively managed to benefit the exercise rather than detract from it. An exceptional team of professionals working methodically in the background provided management assistance and support to the training event to ensure the success of the exercise and the execution of the commander's training objectives for both the 8th Medical Brigade and the Lightning Brigade.

The Soldiers of the Lightning Brigade developed and executed this event with cutting-edge technology using virtual machines and thin client servers, technology that is available to industry, but has yet to be fielded to the Army. The Lightning Brigade integrated and validated this technology during a recent SIMEX and continues to test, benefit from, and advance the technology with every new SIMEX and leads the BCST community with its systems.

The exercise was managed from Building 5519, the Lightning Battle Projection Center (BPC). In anticipation of the 8th Medical Brigade SIMEX, several infrastructure upgrades were recently completed in the BPC. Fort Dix DPW resourced critical electrical, lighting, and security upgrades and reconfigured space in a portion of the building to maximize the training venue. This SIMEX was the first use of the BPC after these interim improvements and the value was immediately apparent to those controlling the exercise. Maj. (P) John MacDonald, deputy exercise director, was extremely complimentary and appreciative of the improvements. He indicated that his team was better able to focus on the training unit because of the new technology, security, and work area.

With the cooperation and support of the Fort Dix Directorate of Information Management (DOMIM), the Lightning Brigade significantly improved the level of service for the Medical Brigade over previous simulation exercises. The DOMIM provided ADSL service to the tactical training area, which permitted a broadband connection to the AR net-



courtesy photo

JOINT EFFORT -- Soldiers from the 8th Medical Brigade and 1st Brigade, 78th Division, conduct a Simulation Exercise (SIMEX) Jan. 19-21 at the Lightning Battle Projection Center, Bldg. 5519.

work and enabled the 8th Med Bde Web access to do patient management and tracking as they would in Theater. Additionally, DOMIM provided the Lightning Brigade with its own ADSL circuit for the brigade's closed tactical network, improving bandwidth by 30 times over the network circuit previously used to connect the exercise higher headquarters in the Battle Projection Center and the subordinate unit in the tactical training area. The pace and realism of the exercise benefited dramatically from the improved speed and capacity of network services.

To enhance authenticity, this training event required additional applications and services unique to the medical community; specifically a Web-based patient management and tracking system, the TRANSCOM Regulating And Command and Control Evacuation System (TRAC2ES). This was the first use of TRAC2ES for the Lightning Brigade. This by itself was a daunting accomplishment and could easily have been a show-stopper for the training. The brigade established digital connectivity with USTRANSCOM at Scott Air Force Base, Ill., and accessed the patient information training database. While the execution had technical challenges, use of TRAC2ES enhanced the realism of the exercise, allowed operator certification, and built professional confidence.

Operators for the TRAC2ES system were provided by the 305th Med Group from McGuire Air Force Base. An Aeromedical Staging Team worked with the 8th Medical Brigade's Combat Support Hospital to assist in the management of patient evacuation from Theater. The team articulated patient transportation needs and coordinated patient movement requirements from Theater to final destination. The use of TRAC2ES also assists USTRANSCOM in allocating aircraft for deployed patient aeromedical evacuation. This was the first Lightning Brigade Joint exercise and the efficient integration of Air Force personnel provided realism, credibility, and value to the training. Lt. Col. Don Cole, administrator for the 305th Medical Group, enthusiastically supported Air Force

involvement in the exercise because his TRAC2ES operators typically don't get this level of training until deployed in theater. The 8th Med Brigade SIMEX presented him the opportunity to increase the readiness of his own personnel.

During the exercise design process, Lightning Brigade Soldiers reviewed the 8th Medical Brigade Commander's Training Objectives and determined the simulation's ability to meet those training objectives. Where limitations in the simulation existed, designers developed

The 8th Medical Brigade SIMEX was not just the first 78th Division use, but the first Army Reserve use, of the Joint Master Scenario Events List, or JMSEL, and a great deal of discovery learning occurred within the Lightning Brigade as a result.

a series of major events that would drive the exercise and allow it to meet the commander's training objectives. Those events were woven together into a storyline that flowed continuously throughout the exercise. The Army approved software management tool to systematically develop, implement, edit, track, and observe those events is the Joint Master Scenario Events List or JMSEL.

The 8th Med Brigade SIMEX was not just the first Lightning Brigade use, but the first Army Reserve use, of the JMSEL and a great deal of discovery learning occurred within the Lightning Brigade as a result. But JMSEL technical support personnel in Hawaii were extremely helpful and re-scripted events on short notice to support the exercise. JMSEL automated many of the functions required to launch individual events during the exercise and reduced the number of personnel required to implement the scenario and drive the exercise. Through JMSEL the exercise management task force was

able to streamline the exercise planning life cycle, develop robust reports to retrieve data faster to support exercise planners and executors, and assist in the exercise observation/comment collection process.

Ultimately, the use of JMSEL allowed Observer, Controller/Trainers to focus on observation of the critical events and provide accurate and meaningful feedback to the training unit more efficiently and effectively following "threads" that were systematically embedded in the scenario.

The team of teams extended well beyond the Fort Dix area. Medical subject-matter experts from a variety of organizations established quality standards and assisted the 8th Medical Brigade to achieve the commander's training objectives. Three field-grade officers from the 8th Brigade (BCST), 75th Division in Houston, Texas, contributed as members of the higher headquarters. Their enthusiastic participation in the exercise provided additional medical expertise not available in the Lightning Brigade and further cemented cooperation between the commands in the Battle Command and Staff Training community.

Regional Training Site-Medical (RTS-Med) based at Fort Gordon, Ga., worked with the Lightning Brigade trainers and the 8th Medical Brigade personnel over the past year to assist with doctrinal training and a better understanding of medical best business practices. Three senior trainers from RTS-Med provided subject matter expertise and mentorship to the unit during the SIMEX. Col. Peg Bradley, RTS-Med OIC opined, "During the exercise, it was obvious that all that training had paid off. The simulation exercise was complete with realistic scenarios for a Medical Brigade and the unit staffs responded to actions and requirements with the competency and sense of urgency expected of battle-ready staffs." She expects that collaboration between RTS-Med and the Lightning Brigade will continue in the future based on the complementary skills of the two organizations.

Lt. Col. Robert Maxham supported the SIMEX as a medical subject-matter expert. Ordinarily he is assigned to the Directorate of Combat Developments and Doctrine at Fort Sam Houston, Texas, and is more familiar with Active Component medical exercises. His impression was that the 8th Med SIMEX was a "top of the line exercise." The technology, resources, and preparation challenged the 8th Medical Brigade with a realistic and stressful exercise that permitted them to recognize new areas for training. He is conversant with large exercises and was very impressed by the efficiency of the exercise support staff. Maxham indicated that the Lightning Brigade trainers and analysts were always engaged and working multiple tasks simultaneously to support the exercise. He was surprised at the economy of force exhibited by the Lightning Brigade.

Commander James Armstrong from the Navy Bureau of Medicine's First Call Team, a Navy medical element prepared to respond to disasters on short notice, attended the exercise as part of an observer team. He appreciated the real time/real constraints character and sophisticated technology of this medical exercise. He said that he was so enthused about the training that he telephonically briefed his Admiral after the first day of the exercise. Armstrong is an advocate of joint training having spent all of 2005 in Kuwait under the command of an Army medical brigade. He is convinced that every joint training event builds confidence, provides an opportunity to recognize commonality, and offers the chance to share ideas in an attempt to identify better solutions in patient care.

Col. Menard, the 8th Medical Brigade's deputy commander, stated that he was very impressed with the training and the professionalism of all the trainers. "This exercise added to the 8th Medical Brigade staff's ability to survive on the battlefield. Person to person the Observer, Controller/Trainers gave us insights and raised our battle skills to a level not previously seen."

The 8th Med command sergeant major, Command Sgt. Maj. Gallucci, was also enthusiastic about the event. He felt the exercise was crucial to preparing his Soldiers for their role in a combat environment. "It gave the staff a chance to critically analyze their skills providing a sounding board for discussion on Command and Control. The atmosphere was not threatening, enabling staff members to speak without hesitation as they self-evaluated their performance during the training."

Sentiments about the quality of the exercise were shared by the Lightning Brigade exercise control element. Col. Leanne Chubier, the exercise director, was extremely gratified with the weekend's results. "A lot of time and effort went into preparing for this exercise and I'm impressed with the level of enthusiasm, dedication, and professionalism the 8th Medical Brigade and its subordinate units brought to the exercise. That response made the exercise so much more rewarding for everyone involved."

This exercise stretched the limits of the 8th Medical Brigade and the 1st Brigade, 78th Division; it wasn't easy. Both commands and the supporting elements had to coordinate resources, energies, and time over many months to meet the exceptional demands of this high technology training. But the end value was worth the investment as both commands exceeded all reasonable expectations in achieving a new appreciation of themselves, developing their procedures, and enhancing their potential to the U.S. Army.

Fort Dix Spouses' Club offering community grants, scholarships

The Fort Dix Spouses' Club is once again accepting requests for their annual Community Grants and Scholarships Programs. The grants are made possible by the revenue from the Fort Dix Thrift Shop.

Any military community organization may apply for this assistance. All we need is a written request which includes: A point of contact, a return address, the dollar amount, the reason for the

request and description of how the grant will be used, and the date that the grant will be needed.

All letters should be sent to the Fort Dix Spouses' Club, PO Box 74, Fort Dix, New Jersey, 08640.

Qualified applicants for the scholarship program must be:

- high school seniors going to college or university
- military spouses or dependents living on or stationed at Fort Dix

- civilian spouse, dependent or employee of Fort Dix

- child of a Fort Dix Spouses' Club member (Helen G Reddy)

The deadline to request a grant or scholarship is April 1.

Completed applications must be received on or before this date (postmarks not accepted). Scholarships will be awarded at a luncheon in May.

For more information, call Susan DuKavas at 723-2784.

NCO Call
at Club Dix
Wednesdays
at 6 p.m.

Basketball player urges kids to stay clean

Jennifer McCarthy
Public Affairs Staff

It is not uncommon for young people to look up to sports figures and on Jan. 30, kids at the Fort Dix Youth Center had the opportunity to look almost six and half feet up at "Big Al" Szolack.

A former player for the Washington Generals, the perennial fall-guys of the Harlem Globetrotters, Szolack presented a motivational talk to kids about substance abuse called *Do Hugs - Not Drugs*.

Based on his own experiences as a drug user and dealer, Szolack captivated the kids with his earnest and honest approach to dealing with some of the issues that face them today.

"I was an all-American kid. I didn't drink or do drugs," Szolack said about the way he grew up.

Sporting a t-shirt which read, "Success only comes before hard work in the dictionary," Szolack attributed his sports career to the effort he put into it. That career was one of the priorities in his life until his mother's death when he was 27 years old. Shaken by this experience, he was

encouraged by friends to try cocaine and alcohol to help deal with the pain. Soon Szolack developed a \$1000 a day drug habit which he supported by dealing drugs.

Szolack told the crowd to be careful who they choose as friends. He warned them to be aware of "frenemies," those who appear to be friends but in reality are enemies.

"I had friends, money and drugs but at the end of a seven year addiction I ran out of money, drugs and friends."

Fortunately Szolack had a real friend in his fiancée. She came to him crying one day telling him she was sick and tired of watching him destroy his life with drugs and she was not going to let him destroy her life too.

This was a wake-up call for Szolack. Three days later he did the "toughest thing I ever had to do." He sought help and admitted he had a drug problem.

Just as kids often fear going to adults because they will get a lecture, Szolack told of how he had to go to an older woman for support. This woman did not lecture him; instead she just offered him a hug. This simple but powerful gesture is why he calls his anti-drug program *Do*

Hugs - Not Drugs.

Today Szolack is the Hammon School District Substance Awareness Counselor and devotes his time to helping prevent kids make the same mistakes he has made.

"I try to change one kid's mind a day," he said about his calling.

The message seems to be getting through. Jacob Carver, coordinator of the Fort Dix Passport to Manhood program, which hosted the program, knows first hand the impact "Big Al" has on kids. Carver attended the Hammon schools where Szolack worked and remembers the encouragement "Big Al" gave him.

"He brought it home, the part about self-esteem and 'frenemies,'" said Carver. When Carver decided to work with kids at Fort Dix he wanted "Big Al" to be a speaker.

While Szolack uses true life accounts of kids as young as 10 who have died from substance abuse, he also uses himself as the prime example of the long term and unseen repercussions of drug use. As a professional athlete, Szolack maintained a level of physical fitness but because he abused drugs more than 20 years

ago, he now suffers from heart disease. He also shared with the kids how he feared for the health of his children before they were born, aware that his drug issues could be passed on to them.

Szolack does not just limit his talks to drug abuse; he touches on all aspects of young people's life such as dating.

He addressed the girls in the audience encouraging them to make boys, "respect you for what you are, not what they can get." And reminded everyone that respect was a two way street.

Szolack wrapped up his discussion with a visual reminder to the children of not only his basketball days but of the effect drugs and poor choices can have on their lives. Holding up an inflated basketball, and then bouncing it he said, "Basketball is a lot like life, it has a lot of bounce and a lot of life."

Then reminding the children what drugs can do to them, he slammed the ball with his hands, deflating it and then let limp ball drop to the floor.

Szolack encourages kids to get in touch with him if they have any issues they want to discuss. He can be reached at P.O. Box 543, Mullica Hill, NJ 08062.



Jennifer McCarthy

STANDING TALL -- Big Al Szolack signs autographs after speaking with kids about the ill effects of drugs. Szolack was a member of the Washington Generals, who are the rival team of the Harlem Globetrotters.

Dix, McGuire, Lakehurst join forces on court

Ed Mingin
Public Affairs Staff

Floyd Winter, Fort Dix sports, fitness, and aquatics director talked recently about establishing some inter-military basketball competition between Fort Dix and McGuire.

"We want to incorporate an Army/Air Force Championship," said Winter. "We are going to have a basketball championship between McGuire's basketball champions, and the basketball champions from Fort Dix."

Winter talked to McGuire's athletic director Jim Allahand, and the two set up a March 29 meeting for the Army/Airforce championship.

Recently Winter and Allahand have been talking not about competing against each other, but about joining forces with Patrick Murphy, athletic director for Lakehurst Naval Air Engineering Station.

The topic of jointness came about when Lakehurst was unable to provide support for its basket-

ball team, which competes in the Washington Area Military Athletic Conference.

"These guys had a team last year. They are the defending Champions," said the Army Staff Sgt. Troy Fedison, Noncommissioned Officer Academy.

"The team used to represent Lakehurst. Lakehurst couldn't support it alone this year," he explained.

Instead of giving up, the team sought to combine resources and represent Lakehurst, Fort Dix, and McGuire in a joint effort.

"Sgt. Fedison approached us a few weeks ago. He told us Lakehurst couldn't support the team," said Chris O'Donnell, athletic director of the Griffith Field House.

"Between Dix and McGuire, we could support the team and pay the officials," he said. "Fedison, head coach of the newly formed team called Joint Forces, says the team will compete against other military installations.

"We play against Fort Meyer, Fort Meade and others. We're driving as far as four hours

away," said Fedison.

"The important thing to remember is this represents all three installations -- Dix, McGuire, and Lakehurst. We have six Army guys, eight Air Force, and two Navy guys," he said.

The team will play five home games this season, hosted by both Dix and McGuire.

"We're going to host two home games at Dix. McGuire will host three," explained O'Donnell.

The first home game for Joint Forces will be held next weekend, Feb. 10 and 11.

McGuire hosts the first game, with Dix providing home court the next day at the Griffith Field House. Both games start at 1 p.m.

Fedison hopes that by season's end, there will be one more home game added to the schedule.

"Since we won the championship last year, we're going to try to have the game hosted here this year."

Keep an eye in upcoming editions of the Post for game results.



Ed Mingin

JOINT FORCES -- Representing Fort Dix, McGuire, and Lakehurst, Soldiers, Airmen, and Sailors have formed a basketball team to play in the Washington Area Military Athletic Conference. Lakehurst fielded a team last year, but were unable to provide support this year. Dix and McGuire stepped in with resources and players to put together a team, appropriately called Joint Forces.

TLC still perfect at 4-0

Temperatures may be falling outside, but things are heating up inside the Griffith Field House. TLC continues to lead the standings with a record of 4-0. MRB holds onto second spot at 5-1. Things were a little shaky for MRB when they faced FCI Wednesday evening.

FCI jumped into an early lead and stayed in front for most of the game. At times, FCI led by as much as 12 points. Anytime MRB mounted a comeback, FCI managed to regroup and pull back into the lead.

Things never got too far out of hand, and in the fourth period FCI was just six points ahead. Late in the final period, MRB started to rally.

This time, FCI didn't have an answer for them. A flurry of activity saw MRB jump to a 47-39 victory at game's end.

Still looking strong in the standings is the NCOA team. Always strong, NCOA has won several close games and stand in third place with a 4-1 record.

The Renegades follow close behind at 3-1.

A surprise so far this season are the Wildcats. The team dominated the preseason tournament and looked unbeatable. Having only played three games, the Wildcats currently sit in fifth place with one loss.

There is still plenty of time left in the season and the next few weeks should provide some exciting games, as teams fight for a spot in the standings.

Standings as of 1/31	Record
TLC	4-0
MRB	5-1
NCOA	4-1
Renegades	3-1
Wildcats	2-1
2/31 5th FA	4-2
FCI	2-3
HHC 5th BDE	2-3
Dynasty	2-4
3rd SIG	1-4
Ball-Up	1-4



Ed Mingin

RALLY POINT -- FCI and MRB were locked in battle at the Griffith Field House Wednesday night. FCI took the lead early, but Calvin Oxendine, above, and MRB rallied late in the game to win 47-39.

Sports Shorts

Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

fun. The following are trips offered by Outdoor Rec. for the month of February.

Feb. 3

Downhill skiing/snowboarding at Blue Mountain.

Mixed Fitness
5:15 p.m. - 6:15 p.m.
Friday Spin-It!
noon - 12:45 p.m.

Youth Basketball Schedule

Feb. 2

Juniors - Fort Dix vs. Delran at Doughboy Gym - 8 p.m.
Sr. Bantam - Fort Dix #1 vs. the Suns at McGuire Fitness Center - 6 p.m. Fort Dix #2 vs. Pemberton #1 at Pemberton High School - 7 p.m.
Jr. Bantam - Fort Dix vs. Pemberton #1 at Doughboy Gym - 6 p.m.

Feb. 10
Downhill skiing/snowboarding at Bear Creek.

Feb. 17-19

Downhill skiing/snowboarding weekend at Bear Creek.

Feb. 24

Downhill skiing/snowboarding at Blue Mountain.

Ski packages include transportation, equipment, lift ticket, and lesson. Call Outdoor Rec. at 562-6667 for prices and additional information.

Ice Skating

Outdoor Rec. will be hosting an ice-skating party Feb. 9 at Iceland Skating rink in Medford. Pizza and soda are included with admission: adults \$20 - Children 12 and under \$15. Meet at Outdoor Rec. at 11:15 a.m.

For more information about the event, or to find out what other activities are available, call Outdoor Rec. at 562-2727, or visit their website at www.dix.mwr.com.

Volleyball

March 28 will mark the start of volleyball season. The first coaches meeting will be held March 14. For more details, call Chris O'Donnell at 562-4888.

Aquatics

Winter hours are now in place for the indoor pool.
Lap Swim
Monday - Friday
Retirees/adult dependents/working DOD
6 a.m. - 8 a.m.
10 a.m. - 11:30 a.m.
Active duty/working DOD
11:30 a.m. - 1 p.m.

Griffith Field House Aerobics Schedule

Monday

Step & Sculpt
noon - 1 p.m.
Total Toning
5:15 p.m. - 6:15 p.m.

Tuesday

Mind & Body Pilates
8:30 a.m. - 9:30 a.m.
Spin-It!
noon - 12:45 p.m.

Wednesday

Hi-Lo Fusion
noon - 1 p.m.
Circuit Training
5:15 p.m. - 6:15 p.m.

Thursday

Step & Sculpt
8:30 a.m. - 9:30 p.m.
Mind & Body Pilates
noon - 12:45 p.m.

Outdoor Recreation Skiing

The ski and snowboarding season will see Outdoor Rec. travelling to Bear Creek and Blue Mountain for some winter