

# thePost

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## NEWSNOTES

### Moneywise seminar shares \$ expertise

Kelvin Boston, noted host of the PBS series Moneywise, will be on hand Jan 31 to share his financial wisdom with the Fort Dix community. Moneywise in the Military, a free financial seminar will be held at the Timmermann Center from 9 a.m. to 2 p.m. It will cover such topics as credit, bankruptcy, home ownership, saving and investing and retirement. This is the second in a series of events nationwide, hosted by the Army and PBS. The seminar is open to the community, with ample parking behind the Timmermann Center. To register for the event, or for more information, call 1-800-877-2380 or 562-2767.

### Red Cross gala coming to Burlington County

The Fourth Annual American Red Cross Burlington County Gala Fundraiser will be held March 2 at the Merion, 1901 Route 130 South in Cinnaminson, from 6:30 to 10:30 p.m. and will feature live and silent auctions, entertainment, cocktails, dinner, dessert, and fun.

Tickets are \$75 per person, which includes a gift bag. 50/50 raffle tickets for a \$10,000 prize are available for \$150. Ticket holders do not have to be present to win. For more information, call 267-9595, extension 105.

### Flu shots available at MAFB 305th Clinic

Flu vaccinations will be available for military dependents, McGuire Air Force Base civil service employees and retirees at the 305th Medical Group Immunization Clinic beginning Jan 19. The vaccinations will be given first come, first served until supplies are exhausted.

No doctor's order or screening form is necessary, but ID cards will be checked. For information about the flu vaccine, log on to [www.cdc.gov](http://www.cdc.gov) and click on vaccines and immunizations. MDC still has supplies of thimerosal-free vaccine for children.

Clinic hours are Monday through Friday, 8 a.m. to 6 p.m. (The clinic will open at 10:30 a.m. Feb. 2.)

### Special Forces looking for officer volunteers

The U.S. Army Special Forces are currently seeking male officer volunteers from Year Group '04. Officer packets will be accepted until Feb. 15, 2007, but early submission is highly recommended.

### Club Dix revises cafe, lounge hours

The Java Cafe at Club Dix has revised its hours. It is now open Monday through Friday from 7 a.m. to 1:30 p.m. and closed Saturday and Sunday. Revolutions Lounge will now operate Wednesday through Sunday from 6 to 10 p.m.

## WEATHER

**FRIDAY:** Fair with sunny skies, high of 24 degrees and overnight low of 11.

**SATURDAY:** Partly cloudy and slightly warmer, high of 40 and overnight low of 15 degrees.

**SUNDAY:** Fair, with daytime high of 39, scattered light snow showers and low of 18 degrees.

**MONDAY:** Continued cold, high of 35 degrees and low of 19. Slight chance of overnight flurries.

**TUESDAY:** Light snow showers, high of 37 and low of 22 degrees.

**WEDNESDAY:** Clear and sunny, high of 28 and low of 17.

# 2007: The State of Fort Dix

**Lt. Col. Roger Cotton**  
Fort Dix Deputy Commander

*"Leadership is inspiring others to excel by the power of your example." - sign at local Elementary School*

There is a simple reason that Fort Dix is considered America's Premier Joint Mobilization Training Center and Power Generation Platform -- leadership. Fort Dix is blessed to have some of the best civilian and military leaders in the Department of Defense. Because our team includes a quality workforce, involved families, joint partners and a caring community, led by capable leaders, we can achieve much more than many other organizations and installations. The strength of our team lies in the heart of each individual, who contributes their energy to serving our Soldiers in time of war.

This service inspires others to give their best and to raise the bar for higher standards.

Doctor Martin Luther King said, "If a man is called to be a streetsweeper, he

should sweep streets even as Michelangelo painted, or Beethoven composed music, or Shakespeare wrote poetry. He should sweep streets so well that all the host of heaven and earth will pause to say, here lived a great streetsweeper who did his job well." We are truly blessed to have a team of Michelangelos and Beethovens at all levels of the workforce who give their best every single day.

*"Our success is defined by the success of the Soldier and his family who grace our ranks."*

This team has accomplished incredible feats during the past few years and leads our nation in preparing our forces to defend our great country and provide hope to the oppressed around the globe. Fort Dix is the largest Mobilization Station in our Army. Since September 11, 2001, we have mobilized and trained over 54,000 Soldiers

and demobilized over 39,000. While Soldiers are here, they receive training that is second to none to prepare them for combat. You can be proud to be part of producing the "next greatest generation" of heroes who volunteer to serve our country.



We remain the largest and primary Reserve Component Training site in the Northeast United States and service almost 25 percent of the Nation's National Guard and Army Reserve forces.

These Soldiers receive quality training that improves their readiness and shortens the time needed to mobilize when the nation calls upon them. Fort Dix has one of the largest medical holdover and equipment demobilization site operations in the Army, designed to care for our wounded warriors with dignity and compassion, and refit worn out equipment to return both to duty.

*"Improvise! Adapt! Overcome!" - Clint Eastwood, "Heartbreak Ridge."*

It has been almost 90 years since Camp Dix was constructed to prepare Soldiers for combat in World War I. Since that time, our basic mission has remained unchanged, but have seen frequent improvements and changes in our structure and customer base.

Our people have met each challenge with outstanding leadership and a positive attitude.

While we have grown used to change, the latest Congressional Base Realignment and Closure (BRAC) Commission directed dramatic changes to our community.

The BRAC commission looks for ways to save precious tax dollars, by closing some military installations and consolidating units into larger locations. During the latest BRAC commission, Fort Dix, McGuire Air Force Base and Lakehurst Naval Engineering Station were directed to merge to form the first of twelve Joint Bases.

This consolidation is the practical consolidation of common installation

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## Petraeus supports troop increase

**Sgt. Sara Wood, USA**  
American Forces Press Service

### Nominee for next command of Multinational Force Iraq terms additional troops 'essential'

WASHINGTON -- President Bush's pick for command of Multinational Force Iraq supported the new strategy for Iraq in testimony Jan. 23, emphasizing that additional U.S. forces are essential in accomplishing the mission there.

"If we are to carry out the Multinational Force Iraq mission in accordance with the new strategy, the additional forces that have been directed to move to Iraq will be essential, as will greatly increased support by our government's other agencies, additional resources for reconstruction and economic initiatives, and a number of other actions critical to what must be a broad, comprehensive, multifaceted approach to the challenges in Iraq," Army Lt. Gen. David Petraeus said at his confirmation hearing before the Senate Armed Services Committee. Petraeus was nominated Jan. 17 to be

promoted to general and take over command of MNFI from Army Gen. George W. Casey Jr., who has been nominated to become the Army's chief of staff.

The new strategy for Iraq shifts the U.S. focus in Iraq to securing the population and creating secure conditions to enable the Iraqi government, Petraeus said. Solving security problems will not be the ultimate solution for Iraq, he acknowledged, but the Iraqi government cannot deal with the political issues it must resolve while violence in Baghdad creates life-or-death situations for citizens every day.

"The objective will be to achieve sufficient security to provide the space and time for the Iraqi government to come to

grips with the tough decisions its members must make to enable Iraq to move forward," Petraeus said. "In short, it is not just that there will be additional forces in Baghdad; it is what they will do and how they will do it that is important."

When questioned directly, Petraeus said he would not be able to do his job as commander of MNFI without the additional 21,000 troops President Bush has pledged to Iraq. Deploying these additional forces will make it difficult to increase time between deployments for troops who have already been burdened by the war on terror, he said, but plans are under way to sustain increased force levels.

The increase of 92,000 in the overall strength of the Army and Marine Corps, which Defense Secretary Robert M. Gates announced Jan. 11, will also help alleviate this strain, he said. "Our ongoing endeavors in Iraq, Afghanistan and elsewhere are people-intensive, and it is heartening to know that there will be more soldiers and Marines to shoulder the load," he said.

The coalition will continue to transition control of Iraqi forces and provinces to Iraqis, and the U.S. advisor effort will be reinforced, Petraeus said. The focus on security in Baghdad will require that U.S. and Iraqi commanders become familiar with the areas they are operating in and work together to establish a permanent presence in areas where violence has been eliminated, he said.

In addition to overcoming security challenges, success in Iraq depends on actions in political and economic areas

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## Old Guard Soldiers revisit basics

**Ryan Morton**  
Public Affairs Staff

Soldiers from Delta Company, 1st Battalion, 3rd Infantry Regiment, are taking a slight detour from their regular duties to train at Fort Dix in preparation for deployment to the region known as the Horn of Africa.

Part of a unit more commonly known as the Old Guard, these 143 Soldiers are currently performing civil affairs and security forces missions prior to their deployment.

Having arrived in early January, the line of work they are now tasked to do is completely different from their everyday duties. The Old Guard is an active-duty unit based in Fort Meyer, Va., whose primary mission is performing ceremonial duties in and around the Washington D.C. area.

They participate in functions such as funerals at Arlington National Cemetery, arrivals at the White House for various world political and military officials, and retirement ceremonies for senior military officials. One of the major events the Old

(continued on page 3)



**OLD GUARD LEARNS NEW TRICKS** -- Pfc. Roberto Chavez and Pfc. Will Credille stand guard as their unit, Delta Company, 1st Battalion, 3rd Infantry Regiment, trains in preparation for a deployment to the Horn of Africa. The 3rd Inf. Reg. is better known as the Old Guard, and typically participates in functions such as funerals at Arlington National Cemetery, arrivals at the White House for various world political and military officials, and retirement ceremonies for senior military officials. The unit arrived here in early January.

delectations

# Hearty meals not limited to truckers at Iron Skillet

Devotees of hearty meals would have to truck many a mile to match the sumptuous fare routinely put on tables at the Iron Skillet Restaurant, just out near the entrance to Route 295 on the outskirts of Bordentown.

The Skillet stands adjacent to the Petro Shopping Center, part of chain store complex catering to those hardy souls who move America's goods across vast expanses of the continent. There's just something about truckers that can't be matched by weenies afraid to get their hands dirty and truckers' food reflects this gritty perspective.

A friend recently explained the romance of trucking and the role played by truck stops in nurturing a mystique.

"The Skillet is an honest (authentic) truck shop," she said. "Where else do they take pride in serving 18-ounce steaks? It's an experience to see truckers getting massages in the hallway. And they have a very interesting gift shop - Monkey Butt powder is on sale!"

But solid, no-nonsense meals remain the big enchilada at the Skillet.

Monday's luncheon specials included a 12 oz. Sirloin steak served with a choice of potato and soup and salad bar for \$9.99; a Crableg dinner for \$11.99 featuring a one-pound steamed snow crab served with melted butter and the choice of potato along with soup and salad bar.

And you could add the pound of steamed snow crab legs on to any other entree for a very reasonable \$5.99.

## Epicurean delights



Steve Snyder  
Public Affairs Staff

I devoured the Sirloin special (see picture), savoring every ounce, chugging a bowl of chicken rice soup in the process. The steak was served in an iron skillet (closing one's eyes one imagines cowboys chowing down around a camp fire). The meal was washed down with a pitcher of ice tea which was appreciated because it frees the customer from having to harangue the waitress for seconds.

The menu contained an informative blurb from Jack Cardwell, chairman and founder of Petro Shopping Centers, concerning innovations in Skillet offerings effected recently.

"We've added a fruit bar in place of the salad in the morning and introduced our new Iron Skillet premium roast coffee made of 100 percent Arabica beans... We've also created this new seasonal menu which will change several times each year to provide more variety. And finally, you continue to serve up



**CHOW HOUNDS** -- A Soldier lines up with everyone else at the lunch buffet at the Iron Skillet which currently costs about \$8.50 and includes an attractive mix of meats, soups, salads, and vegetables.

the best chicken-fried steak in America and last year we started making them 25 percent bigger!" Cardwell informs.

The luncheon buffet appears to be the major attraction at the Skillet, costing about \$8.50 and guaranteed to tame the most unruly appetite.

Interesting items are scattered across the colorful menu and include:

Little smokies skillet and eggs for a \$6.49 breakfast with the sausages accompanying a choice of home fries, hash browns or grits. Cardwell's touted chicken-fried steak comes with two eggs for \$7.29. And the breakfast fajita taco consists of a chicken or beef taco with two eggs and either refried beans or breakfast potatoes for \$6.59.

Dishes I'd like to explore include Texas Chili, with shred-

ded cheese, an onion slice and beans upon request, priced as a side dish at \$3.99. The Skillet's double bacon cheeseburger looks good too, including as it does four slices of cheese for the \$7.99 burger. The new chicken cordon bleu sandwich rolls in at \$6.99 with its chicken breast layered with sliced ham and cheese on a European style roll. The grilled flounder is also new, priced at \$9.29. For larger appetites, the captain's seafood platter offers golden-fried shrimp, breaded clam strips, breaded fish and hush puppies for palates discerning enough to appreciate them for \$12.39.

In the 1950s a big cliché going the rounds on the first television talk shows advised one and all to ask truckers what they eat. In 2007, the cliché no longer draws laughs. Maybe because it's true.

-photos by Steve Snyder



**TRUCK STOP** -- Attached to a Petro Shopping Center, Dixans can arrive at the Iron Skillet in Bordentown by going north up Route 68, hanging a right, north again, for a short distance on Route 206 before turning left at the underpass just before Wendy's and then turning right again on Old York Road leading directly to Route 295 and the Iron Skillet.



**BUSTLING BUSINESS** -- Part of the Petro Shopping Center chain owned by Jack Cardwell, business booms at the Iron Skillet.



**PIECE DE RESISTANCE** -- Among the luncheon specials on Monday was chopped sirloin steak smothered in onions accompanied by mashed potatoes with gravy for a very reasonable \$9.99, served in an iron skillet, naturally.



**ON THE ROAD AGAIN** -- Trucks barrel down Old York Road, some presumably heading for the Iron Skillet.

# Tet Offensive turned Americans sour on Vietnam War

Steve Snyder  
Public Affairs Staff

At the close of the Vietnam War in 1975, U.S. Army Col. Harry Summers had a talk with an opponent, North Vietnamese Army Col. Tu. "You never beat us on the battlefield," Summers observed. "That may be so," Tu replied, "but it is also irrelevant."

It was made irrelevant by the nature of the Vietnam War, largely a guerrilla struggle where body counts and singular tactical victories on the battlefield didn't add up to strategic success (victory defined as attaining political objectives) in a war that dragged on for over 10 years.

The Tet Offensive was the beginning of the end of many illusions the United States once held about waging and winning the Vietnam War. The offensive began on Jan. 30, 1968, exactly 39 years ago next Tuesday. Looking back is hardly a happy exercise but necessary to retain perspective in a world that has not seen the last of war.

On the night of January 30-31, the Viet Cong (South Vietnamese Communists) and

the North Vietnamese Army (NVA) launched a series of operational offensives called the Tet Offensive timed to begin at the onset of the lunar new year, Tet Nguyen Dan.

The Tet Offensive was the brainchild of North Vietnamese Gen. Vo Nguyen Giap, an architect of earlier French military disasters in Indo-China and Ho Chi Minh's right-hand man.

VC and NVA forces struck at 36 of 44 provincial capitals, 64 district towns, countless villages, and a dozen American bases.

Anywhere from 60,000 to 100,000 enemy soldiers were involved in the widespread attacks across the country (see map). Cholon, the Chinese quarter in Saigon (capital of South Vietnam) was mostly flattened and it took six hours for American forces to secure the American embassy alone. Ben Tre's 35,000 people were occupied by about three battalions of Viet Cong. It took heavy artillery and air attacks to drive them out.

"It became necessary to destroy the town to save it," explained an American officer



**TET TARGETS** -- Map of the then-South Vietnam shows some major targets of the Tet Offensive. Also shown in Khe Sanh, site of a famous attack predating Tet.

afterward, a line much mocked in the American media.

South Vietnam's ancient capital of Annam at Hue was particularly secured until February 25 after three-fourths of the homes there lay sweltering in ruins.

American military officials heralded a great victory after the dust had settled following sever-

al months of bitter, if sporadic, combat. They estimated that 45,000 VC and NVA enemies had been killed (other estimates eventually ran as low as 33,000).

USA, South Vietnamese (Army of the Republic of Viet Nam or ARVN) and allied Australian and Korean forces suffered 4,324 killed, 16,063 wounded and 598 missing (source: Wikipedia).

Counting by numbers, the Americans. In 2007, the South Vietnamese had won a tremendous victory, then, crippling the Viet Cong's operational forces for several years to come (although they were quickly replaced by North Vietnamese regulars).

But the VC and NVA forces won a stunning psychological victory, one they had apparently not planned on.

The Tet Offensive demolished optimistic, "feel good" projections about the war, particularly in America. The VC proved they were strong enough to mount a major attack across the entire country - even though they never expected to seize anything more than temporary control of any areas. Tet demonstrated the guerrillas and North Vietnamese regulars were far from finished as fighting forces, would be around for years and that much of the populace of South Vietnam was not loyal to their government (how else to explain the "surprise attack" involving many VC and NVA combat troops infiltrated into South Vietnam that could not have been a secret to thousands of citizens in the country who failed to report the enemy buildup).

American Gen. William Westmoreland fueled the American public's ire after Tet by requesting another 206,000 troops to prosecute the war, a move that would have required mobilization of the U.S. Reserve and Guard. (American deployment had jumped from 23,000 troops in 1963 to 184,000 in

1966, to about 409,000 at the time of Tet, eventually reaching 540,000 in January 1969 before withdrawals began under the "Vietnamization" program initiated by President Nixon in the early 1970s).

The Vietnam War ended in April 1975 when invading North Vietnamese troops simply overran the South, which no longer received any material aid from the United States. Years of empty promises ("there's light at the end of the tunnel") had taken their toll. Blind optimism died during the Tet Offensive. Americans stopped listening to leaders who got it wrong.

And other wars beckoned.



file photo  
Gen. Vo Nguyen Giap

## the Post

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**FIRE FIGHT** -- American troops battle Viet Cong and North Vietnamese forces during the Vietnam War's infamous Tet Offensive.

# Petraeus testifies

(continued from page 1)  
like governance, the distribution of oil revenues, national reconciliation, improvement in the capacity of Iraq's ministries, the establishment of the rule of law, and economic development, Petraeus said.

To bolster progress in these areas, all agencies of the U.S. government need to step in and provide assistance, he emphasized.

"Our military is making an enormous commitment in Iraq; we need the rest of the departments to do likewise, to help the Iraqi government get the country and its citizens working, and to use Iraq's substantial oil revenues for the benefit of all the Iraqi people," he said.

The situation in Iraq is serious, and it will take time for the new strategy to be effective, Petraeus noted.

The additional U.S. forces will need time to deploy to the region, become familiar with the situation, and set the conditions for successful security operations, he said.

"The only assurance I can give you is that, if confirmed, I will provide Multinational Force Iraq the best leadership and direction I can muster: I will work to ensure unity of effort with the ambassador and our Iraqi and coalition partners, and I will provide my bosses and you

**If he is confirmed as commander of Multinational Force Iraq, this assignment will be Petraeus' fourth deployment of one year or longer since the summer of 2001; three of those deployments were to Iraq.**

with forthright, professional military advice with respect to the missions given to Multinational Force Iraq and the situation on the ground in Iraq," Petraeus said to the committee.

If confirmed, this assignment will be Petraeus' fourth deployment of one year or longer since the summer of 2001; three of those deployments were to Iraq. Petraeus led the 101st Airborne Division in Mosul during the first year of Operation Iraqi Freedom, served as the first commander of Multinational Security

Transition Command Iraq from June 2004 to September 2005, and commanded the NATO Training Mission Iraq from October 2004 through September 2005. He is currently serving as commander of the U.S. Army Combined Arms Center and Fort Leavenworth, Kan., where he oversees the organizations that educate Army leaders, draft doctrine, craft lessons learned, and help units prepare for deployment.

Petraeus acknowledged that the command of MNFI will be a heavy burden, but he said he is ready to take on the position. Not only is he eager to serve again with America's deployed troops, he said, but he feels an obligation to help the Iraqis, who are struggling to lead normal lives while their government forges a way ahead that will be anything but easy.

"Hard is not hopeless, and if confirmed, I pledge to do my utmost to lead our wonderful men and women in uniform and those of our coalition partners in Iraq as we endeavor to help the Iraqis make the most of the opportunity our Soldiers, sailor, airmen and Marines have given to them," he said.



Sgt. Robert Woodward, USA  
**EXPERIENCE COUNTS -- Lt. Gen. David H. Petraeus, shown during his tenure as commanding general, 101st Airborne Division (Air Assault), gives a "thumbs-up" sign to a Soldier while walking alongside a convoy in Iraq.**

## Old Guard Soldiers hit basics

(continued from page 1)  
Guard most recently participated in was the funeral for former U.S. President Gerald Ford.

Most of their work day is spent at these events or practicing their drill and ceremony formation steps in preparation, as well as their Soldier tasks.

They wear the Army dress blue uniforms during all ceremonies.

Delta Company's primary mission is retirement ceremonies and funerals, and the biggest challenge these Soldiers face is not so much the training aspect, but the change in mindset, according to Maj. Ed Twaddell, company commander.

"I've just really been impressed with the flexibility these Soldiers have shown so far in their training. They've been able to go from an infantry mentality to more of a humanitarian line of thinking, and it has really been quite remarkable. They're really motivated and they've really just done great work since we got here in early January. They get to practice many skills they don't normally get to practice, and they're discovering new skills and talents they didn't know they had," he said.

Typical training sees the unit playing out a scenario where Soldiers have arrived in a foreign land, along with engineers, are digging a well.

Other Soldiers within their unit are dressed as Arabic locals, acting as curious onlookers and possibly protesting.

This is used as a training measure to teach the Soldiers how to react to a real-life instance where this could occur, and to learn the proper rules of engagement in dealing with a similar type of situation.

So far, this training seems to be of great benefit to these Soldiers.

"This is really good training, by far the best training I've had since I've been in the Army. It's been a really good tactical experience as far as training goes, and it's what we need to know when we go overseas," Pfc. John Matix said.

### Ready for winter driving?

\* Know your vehicle. Read your Owner's Manual and winterize the following:

- o battery and lights
- o defroster and heater
- o motor oil
- o wiper blades and windshield washer fluid
- o antifreeze

\* Keep your gas tank full to minimize condensation, and provide an extra margin of comfort and safety in case of delays.

\* A cellular phone can be a lifesaver for you or another stranded motorist in the event of an emergency or collision.

\* Stock your car with basic safety equipment such as emergency cash, scraper and brush, small shovel, jumper cables, tow chain, and bag of sand or cat litter for tire traction.

\* Carry a breakdown kit that includes road flares, blanket, gloves, boots, warm clothing, flashlight, extra batteries, food, water, and first-aid kit.

\* Clear snow and ice from all windows and lights - even the hood and roof - before driving.

\* Slow Down! Give yourself extra time to reach your destination when roads are slick. If at all possible, do not drive when the roads are icy. Consider delaying your trip.

\* Leave room for maintenance vehicles and plows - stay at least 15 car lengths (200 feet) back and don't pass on the right.

\* Look farther ahead in traffic. Actions by other drivers will alert you to problems and give you extra seconds to react.

\* Trucks take longer to stop, so don't cut in front of them.

\* Don't use your cruise control or overdrive when it's freezing (or colder).

\* Don't get overconfident with four-wheel drive. It helps you get going quicker but won't help you stop any faster.

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# New commander takes reins at MRB

Wayne Cook  
Public Affairs Staff

The Griffith Field House was the site of a time-honored Army tradition Jan. 19 as members of the installation, other supporting organizations and civilians gathered in the facility to witness the change-of-command ceremony for the Mobilization Readiness Battalion.

Assuming command of the battalion is Lt. Col. Joseph Chirico, who is taking over for Lt. Col. Cynthia Palinski.

Being a man of few words, Chirico shared just a couple of statements with the audience.

"First, I would like to say thanks for setting high standards to Lt. Col. Palinski. Next, I hope I meet your expectations as a commander. Mine of you are simple - think of yourselves as Soldiers whose country is at war. We will enjoy success because of the quality of Soldiers and civilians we have. Everyone works well as a team in the command. I'm excited about the prospects of being the commander of the MRB. Thanks for your service to your country. - ULTIMATE WEAPON!" said Chirico.

Palinski then took the podium and shared a few parting comments with everyone in attendance.

"Commanding the MRB was probably the best job I've had in my 20 plus years of service," she said.

She thanked the contractors, officers and Soldiers in the MRB for their support and outstanding service.

"The epitome of a command for me is hearing a young Soldier say, 'Thank you ma'am for what you've done,' and having the opportunity to help them," she added.

Palinski commanded the MRB for 26 months and now assumes her new responsibilities as the Officer-in-Charge of the Mobilization Unit In-processing Center.

The change-of-command ceremony for the Mobilization Readiness Battalion (MRB) included a reviewing of the troops by both the incoming and outgoing commanders. Assembled in the auditorium were representatives of each of the battal-

ion's companies, led by their commanders and first sergeants. The commander of the troops was the unit's executive officer, Maj. Brian Gilpatrick.

At the conclusion of the troop review, the official party - consisting of Col. Doug Dinon, deputy commander for mobilization, Chirico, Palinski, and Command Sgt. Maj. Roger Chin, MRB - assumed positions for the passing of the guidon.

The change-of-command ceremony is deeply rooted in military tradition, predating the Norman conquest of England. History reveals that in the Middle Ages, it was not uncommon for the soldiers in the field to be unaware of who their commanders were or what they looked

*"I hope I meet your expectations as a commander. Mine of you are simple - think of yourselves as Soldiers whose country is at war."*  
Lt. Col. Joseph Chirico  
MRB commander

like. The formal change of command afforded these troops the opportunity to witness the proceedings and actually see their commanders.

Today, the primary purpose of a change of command is to allow subordinates to witness the formality of command change from one officer to another. The ceremony itself is simple and direct. During a passing of the unit guidon ceremony, the outgoing commander relinquishes command to the officiating officer and the incoming commander assumes command from the officiating officer.

Upon the completion of the changing of command, Dinon addressed the audience. He praised Palinski for her accomplishments as the commander taking the organization through a time of change from the Installation Support Battalion to the MRB. He also said that during her tenure, Charlie Company had served as the largest Medical Hold-over Company in the Army and today, and as things have

slowly down, is still the second largest such company behind only Walter Reed Army Medical Center in Washington D.C.

Dinon also assured the audience and the Soldiers of the MRB that Chirico was more than capable of handling the responsibilities of commanding the organization and congratulated him upon his appointment as commander.

Chirico earned his commission as a second lieutenant from Hofstra University's Reserve Officer Training Corps on May 23, 1983. He spent the next three years as a platoon leader for the 102nd Engineering Battalion, New York Army National Guard. He went on to serve as a platoon leader, company executive officer, and battalion liaison officer with the 2-67th Armor in Freiberg, Germany. He then deployed with the 2-3rd Armored Cavalry Regiment to Saudi Arabia in August 1990 as the Squadron S3, Air. Upon the 3rd ACR's return to Fort Bliss in May 1991, he assumed the duties of the Squadron S4, and later as Troop Commander. After completing his tour with the 3rd ACR, Chirico served as an assistant professor of military science at Rutgers University.

He joined the Army Reserve as the assistant operations officer with the 78th Division in Edison, N.J. He went on to command the Headquarters and Headquarters Company, 1079th Garrison Support Unit, Fort Dix. In October 2001, Chirico was mobilized in support of the Global War on Terrorism where he continued as the HHC commander. He would later serve as the executive officer for the Headquarters Battalion (Provisional), Fort Dix.

Upon his return to the U.S. Army Reserve in October 2003, Chirico served as the battalion commander for the 1079th Garrison Support Unit. He volunteered in 2006 for an additional tour of duty at Fort Dix, and since that time has served as the Officer-in-Charge for the Mobilization Unit In-processing Center.

Chirico's military education includes the Armor Officer Basic and Advanced Course, Transportation Officer Advanced Course, Cavalry Leaders Course, Combined Arms Service Staff



**STEPPING UP** - Lt. Col. Joseph Chirico accepts the guidon and command of the Mobilization Readiness Battalion (MRB) from Col. Doug Dinon, deputy commander for mobilization, above, during a change-of-command ceremony Jan. 19 in Griffith Field House. Chirico takes over for Lt. Col. Cynthia Palinski, left, who commanded the MRB for 26 months. Chirico was mobilized previously at Fort Dix from October 2001 to October 2003. In 2006, he volunteered for an additional tour of duty here.

photos by Shawn Morris

School, and Command and General Staff College. He has a bachelor's degree in Political Science from Hofstra University, New York.

His awards and decorations include the Meritorious Service

Medal with two oak leaf clusters, Army Commendation Medal with two oak leaf clusters, Army Achievement Medal with two oak leaf clusters, and the Army Parachutist Badge.

As a civilian, he is employed

by the American International Group, Inc. as a Service Delivery Manager.

He resides in Long Island, N.Y. with his wife Nicole and his two children, Joseph and Michael.

## State of Dix

(continued from page 1)

management functions and will result in great savings for the American taxpayer.

McGuire Air Force base will have the lead in providing installation management services for all three bases.

The services have identified issues that may result in changing of some transition plans, but our local staffs have been aggressively working through the details of the transition and continues to cross each challenging hurdle with ease. We are committed to helping our team members meet this new mission.

### Change = Growth

In addition to the formation of the Joint Base, Fort Dix was also directed to standup the first of four Joint Mobilization Sites (JMS) to mobilize and deploy individual service members, civilians, Sailors, Airmen, Marines and Coastguardsmen, in addition to Soldiers. Initial discussions are considering the addition of the Navy Expeditionary Combat Readiness Command (ECRC) and CONUS Replacement Command (CRC) missions to the JMS here.

The Army Reserve intends to use Fort Dix as one of two Combat Support Training Centers (CSTC) to focus training support to reserve Combat Support units. We are well on our way to seeing the reality of becoming the Premier Joint Mobilization Training Center this year. BRAC also directed numerous units to relocate to Fort Dix.

The 99th Regional Reserve Support Command, 244th Aviation Brigade, Marine Corps Inspector/Instructor group, and several smaller units have already begun coordinating moves through the next five years. This influx of more than 1,200 new personnel from the Army and Marine Corps will result in further growth and construction on Fort Dix and shows the continued relevance of Fort Dix for our nation. McGuire Air Force Base and Lakehurst are also seeing new units and missions on their installations.

Fort Dix currently serves about 16,000 people each day

and this growth on all three installations will be a great addition to our community.

*"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."* - Martin Luther King Jr.

Fort Dix will continue to experience change as we prepare Soldiers to win the Global War on Terrorism.

Warfare in our generation has changed to a long-term conflict, with all elements of national power involved in our success. Mobilizing Reserve Component units is now a constant, steady-state process, rather than a unique event during times of national crisis.

Our Reserve Component now complements, rather than supplements, the Active Duty force. These RC units are now called upon to be ready now, rather than having time to mass and train prior to deployment. Recent national policy decisions will result in an increase to the size of

our Army and greater numbers processing through Fort Dix, and we can expect to see greater numbers of Sailors, Airmen, Marines and Coastguardsmen living and training here soon. The flavor of our community will be increasingly Joint, and the levels of service to our families will improve our quality of life. In the end, Fort Dix will remain the nation's premier Power Generation Platform and Joint Mobilization Training Center, but only because of your dynamic leadership and service from the entire team and community.

# NEIGHBORHOOD

## THE CORNER

### Basketball star to speak for Boys & Girls Club

Boys & Girls Clubs of Fort Dix is presenting an Excellent Substance Abuse Prevention and Educational Program Jan. 30 from 4 to 5 p.m. with one of the top prevention speakers on Drugs/Alcohol, aids, violence and other stresses influencing our society.

The guest speaker is "Big Al" Szolack of the Washington Generals/Harlem Globetrotters. Big Al has more than 20 years of experience speaking in Churches, prisons, schools and to many different organizations. He also has appeared on many TV and Radio shows including "Nightline" with Ted Koppel.

### Job agency hiring for various positions

PROTOCOL placement agency will be recruiting at Fort Dix Army Community Service, Bldg. 5201 Maryland Avenue, Jan. 31 from 10 a.m. to 1 p.m.

Some of the positions they will be recruiting for are general warehouse/production positions located in the Bordentown area, labor positions in the Wrightstown area, skilled warehouse positions in the Robbinsville area, and administrative positions as well. Candidates need to bring two picture IDs.

Please call Rod Martell at 362-2767 for more information.

**Disclaimer:** The information provided herein does not constitute any formal endorsement of the company, its products or services by the Department of the Army. This information is being provided as informational source material to transitioning military personnel and their families and should be used to assist in identifying or exploring one of many post-military employment options.

### McGuire, Dix to host Black History breakfast

The McGuire Air Force Base Black History Month Committee will host a Black History Month Breakfast Feb. 9 from 7:30 to 9 a.m. in the Club Dix ballroom. The keynote speaker for the event will be Brig. Gen. Alfred J. Stewart of the 21st EMTE.

For more information, call Master Sgt. Jennifer Nobel-Slaton, Black History Month chairperson, at 754-4371.

### ESGR nominations now open

The National Committee for Employer Support of the Guard and Reserve (ESGR), in conjunction with the Secretary of Defense, announced nominations will be accepted at the ESGR Web site for the 2007 Secretary of Defense Employer Support Freedom Awards.

The nomination process opened Jan. 8 and will conclude on Feb. 28. To nominate their employers, National Guardsmen, Reservists, or their family members should visit the ESGR Web site at [www.esgr.mil](http://www.esgr.mil) and complete the 2007 Freedom Award nomination form.

More information is available by calling the National Committee Office at (800) 336-4590.

### Spouses Club offers grants, scholarships

The Fort Dix Spouses' Club is once again accepting requests for their annual Community Grants and Scholarships Programs.

The grants are made possible by the revenue from the Fort Dix Thrift Shop.

Any military community organization may apply for this assistance. All we need is a written request which includes: A point of contact, a return address, the dollar amount, the reason for the request and description of how the grant will be used, and the date that the grant will be needed. All letters should be sent to the Fort Dix Spouses' Club, PO Box 74, Fort Dix, New Jersey, 08640.

Qualified applicants for the scholarship program must be:

- high school seniors going to college or university
- military spouses or dependants living on or stationed at Fort Dix
- civilian spouse, dependant or employee of Fort Dix
- child of a Fort Dix Spouses' Club member (Helen G Reddy)

The deadline to request a grant or scholarship is April 1.



## Cookie call

Chief Stephen Melly, Public Safety, far left, accepts a box of cookies from Fort Dix Girl Scouts as part of the official kick off of Girl Scout cookies season. The girls are, from front to back and left to right, Megan Robert, 5, Ashley Diskin, 9, Katelyn Robert, 8, Ivy Williams, 10, Shelby Multon, 12 and Caely Multon, 7. Cookies are on sale until Feb. 28 and will be available in front of the BX/PX, Commissary and Shopette. Cookies are also available by calling community cookie coordinator Tatia Diskin at 723-7229. There are eight cookie varieties to choose from this year, including a new lemon cookie as well as perennial favorites like Thin Mints. Cookies cost \$3.50 a box. A portion of the proceeds from cookie sales go to support Girl Scout events. The Girl Scout who sells the most cookies gets to join Melly as chief for a day.

Jennifer M. McCarthy

## Military service can pay off in retirement

Capt. Nick Mitchell  
Judge Advocate

Under certain circumstances, special extra earnings can be credited to your Social Security record for your active military service from 1940 through 2001. Such extra earnings may help you qualify for Social Security or increase your Social Security benefit.

Special extra earnings are not granted for inactive duty training, but are granted for periods of active duty and/or active duty for training. (IMPORTANT: Social Security cannot add special extra earnings for military service to your record until you file for Social Security benefits.)

Here is how special extra earnings are credited:

### 1978 Through 2001 Military Service

For every \$300 in active duty basic pay, you are credited with an additional \$100 in earnings up to a maximum of \$1,200 a year. If you enlisted after 7 September 1980 and did not complete at least 24 months of active duty or your full tour, you may not be eligible to receive additional earnings. Check with your local Social Security Office for details.

### 1957 Through 1977 Military Service

You are credited with \$300 in additional earnings for each calendar quarter that you received active duty basic pay.

**1940 Through 1956 Military Service**  
If you were in the military during this period, including attendance at a service academy, you did not pay Social Security taxes. Earnings for active military duty have been covered under Social Security since 1957.

However, your Social Security record may be credited with \$160 a month in earnings for military service from September 16, 1940, through December 31, 1956, under the following conditions:

- You were honorably discharged

after 90 or more days of service, or you were released because of a disability or injury received in the line of duty; or

- You are still on active duty; or
- You are applying for survivor benefits and the veteran died while on active duty.

(NOTE: You cannot receive credit for 1940 - 1956 special extra earnings if you are already receiving a federal benefit based on the same years of military service. However, there is one exception - if you were on active duty after 1956, you can still get the special earnings credit for 1951 - 1956, even if you are

receiving a military retirement based on service during that period.)

Keep in mind, that in all cases, special extra earnings are credited to the earnings that Social Security averages over your working lifetime, and not directly to your monthly benefit amount.

You can get both Social Security benefits and military retirement pay. There is usually no offset of Social Security benefits because of your military retirement - you will get your full Social Security benefits based on your earnings.

## Heating problems easy fix for DPW

"I have no heat!"

This is a common call to the Fort Dix DPW (Directorate of Public Works) Service Order Section during these winter months. Fort Dix has a full-service, public works staff available to maintain the heating and cooling systems of all non-family housing buildings on post and in the range areas, as well as to repair leaking roofs, electrical and plumbing problems, general maintenance items, and even a locksmith to ensure physical security.

When you encounter a problem of some sort with your non-family housing building (barracks, unaccompanied personnel housing, office building), you must initiate a service order to have that problem fixed. You have three options to start the process: Telephone, walk in, or online.

1. The telephone number for the Public Works Service Order Section is 562-6021. This telephone line is monitored 24 hours each day and seven days each week.

2. The Service Order Section is located in building 5344 on Delaware Avenue at Fort Dix. It is staffed from 7 a.m. to 6 p.m. Monday through Friday and 8 a.m. to 4 p.m. on weekends and holidays.

3. The online service order request is found at <https://teamdix.dix.army.mil/default.htm>, click on the Facility Maintenance button on the left menu bar, then click on the Service Order Request button. Complete all fields of the Service Order Request page and then click on Submit.

Regardless of the option you select to initiate the service order, please be prepared to supply your contact information, the building or facility number, and a description of the problem.

All service work for family housing buildings is performed by United Communities and should be called in to 724-0500.



Zachary Young, above, and Jaela Carver, right, enjoy some fun and games at the Fort Dix Child Development Center. With frigid temperatures outside, the children took advantage of indoor activities that teach teamwork and problem solving.

courtesy photos

## Fun and games



# MILITARY MATTERS

## Bullets

### Web site sheds light upon Seasonal Affective Disorder

● **FORT LEONARD WOOD, Mo., Jan. 17, 2007** - As quickly as the holidays came, they are now over. For most people the stresses of the season are subsiding, but for others the wintertime blues just won't go away.

Seasonal Affective Disorder, SAD, is where individuals suffer from symptoms of depression during the fall and winter, and according to the American Psychiatric Association, it is all because of a lack of sunlight.

During the winter months there is less daylight, and people tend to stay inside more due to the cold. Also, during the seasons change, people may experience a shift in their biological internal clock, disrupting sleep patterns, say APA experts.

The symptoms of SAD are close to that of depression and include oversleeping, daytime fatigue, carbohydrate cravings, weight gain, hopelessness, lack of interest in normal activities, social withdrawal and decreased sexual interest, according to the National Alliance on Mental Illness.

Recognition of this disorder can be half the battle. SAD may be mistaken for hypothyroidism, hypoglycemia, infectious mononucleosis and other viral infections. The APA urges those with symptoms to seek a proper evaluation by a health care provider.

Most SAD symptoms can be controlled with antidepressants and therapy, but the main line of defense can be very bright. NAMI experts say bright white fluorescent light has shown to reverse the effects and symptoms of SAD. Lights are placed in a box at eye level with a diffusing lens to block out ultraviolet radiation. Studies have shown that approximately 50 to 80 percent of light therapy users have seen a reduction in symptoms.

Light boxes can be purchased on the Internet, but experts recommend first taking walks on sunny days, re-arranging an office to face a window or spending more time outdoors if possible.

Information on SAD symptoms is available at the Center for Environmental Therapeutics's Web site, [www.cet.org](http://www.cet.org).

### Military Channel looking for taped servicemembers' stories

● **WASHINGTON, Jan. 19, 2007** - The Military Channel is asking servicemembers across the armed forces to submit videotaped stories about their service in the Global War on Terrorism for broadcast on television, company officials said.

"We want to give a voice to the troops to allow them to tell their stories," Jill Bondurant, Military Channel publicist, said during an interview with American Forces Press Service today.

The Military Channel plans to use servicemember-submitted video for broadcast during nightly one-hour blocks of programming starting in early February, Bondurant said. The dates and times haven't been specified yet, she said.

Video can be in digital or taped format, Bondurant said, and can be submitted via the following methods:

- Online: [www.mywardiary.com](http://www.mywardiary.com);
- E-mail: [mywardiary@discovery.com](mailto:mywardiary@discovery.com); or
- Mail: Military Videos, care of Discovery Productions, 8045 Kennett Street, Silver Spring, Md. 20910.

All submitted video will be screened for appropriate content, Bondurant noted.

The initiative seeks to illustrate some personal stories of military service during wartime, Military Channel spokesman and former soldier Pat Lafferty told the Pentagon Channel in a recent interview. Most evening news programming on the military these days shies away from the personal and focuses on "big picture" events, he said.

"There's only so much that the 'normal media' can get out as far as the stories (and) what's going on," Lafferty said. "And, oftentimes, that really isn't the story about individual servicemembers and what they're doing on a day-to-day basis."

A component of Discovery Communications, the Silver Spring, Md.-based Military Channel was the first television media outlet to partner with America Supports You, a Department of Defense program connecting public and corporate support for the troops to servicemembers and their families.

## Recruiters dispel enlistment rumors

**Sgt. Jon Cupp**  
1st Brigade Combat Team  
1st Cavalry Division

**CAMP TAJI, Iraq, Jan. 23, 2007** - Retention NCOs and career counselors here are advising Soldiers to seek reenlistment information from subject matter experts - not fellow Soldiers, who may not have all the facts.

"When it comes to reenlisting, people need to listen to those who are trained in it, so they can get the best information from a reliable source," said Staff Sgt. James Ray, career counselor for the 1st Brigade Combat Team, 1st Cavalry Division. "This brings more credibility to the retention program and it lets people know not to trust the rumor mill."

"Just because someone reenlists and gets a certain option, that doesn't mean everyone will get the same option," added Ray. "Reenlistments are tailored to the individual Soldier and his or her needs."

One rumor currently circulating among Soldiers serving in Iraq concerns the \$15,000 cash bonus that deployed Soldiers who reenlist can receive, said Ray.

"The rumor is that everyone is automatically eligible to receive \$15,000," he said.

But not everyone qualifies for the full amount. Bonuses depend on several factors and are determined by the amount of time Soldiers have spent in the Army, the zone they're in, the number of years in service they are being paid for and the length of their reenlistment.

"Each Soldier needs to sit down with us," said Ray. "It's hard to generalize and say everyone is going to get the same amount or the same incentives."

For "Charlie Zone" Soldiers who have 10-14 years of active federal service, deployment bonuses are determined by using a formula and the amounts may be different than that of "Alpha Zone" Soldiers (those with 17 months to six years active federal service at the date of discharge) and "Bravo Zone" Soldiers (those with six to 10 years active federal service at the time of discharge), Ray explained.

Yet bonuses are not the only incentives available to Soldiers.

For initial-term Soldiers reenlisting for the first time, there are five reenlistment options. They include:

- Regular Army reenlistment option, which is a simple reenlistment with no guarantee of assignment or training incentives;
- Current station stabilization option, which guarantees Soldiers can reenlist to remain at their current duty station, though



Sgt. Jon Cupp

**CALL TO DUTY -- Sgt. 1st Class Humberto Flores, senior retention noncommissioned officer for the 1st Brigade Combat Team, 1st Cavalry Division, right, discusses reenlistment options with Pfc. Susan Rico, a human resource specialist for Headquarters and Headquarters Troop, 1st BCT, at Camp Taji, Iraq. Rico said that although she isn't ready to reenlist yet, it was important for her to see what types of options are available to her if she does decide to take that step.**

they may not get to remain in a particular unit;

- Continental U.S. station of choice option, which guarantees an assignment at various duty stations within the 48 continental U.S. states.
- Overseas option, which guarantees an overseas assignment to places such as Europe or Korea or other overseas assignments; and
- Army training option, which offers Soldiers the option of going to other military occupational specialty schools if they wish to change their MOS. Or, Soldiers may choose to go to other military schools such as language training, additional skill identifier and special qualification identifier schools.

All of these options, Ray said, may be dependent upon whether there are slots available in schools or at particular duty stations. Soldiers must also be within two years of their expiration of time in service when reenlisting.

"It can be dependent on the needs of the Army and slots available, but it's worth it to check these things out for yourself," said Ray, explaining that Soldiers need to do their homework before making general assumptions about reenlisting.

Soldiers in the mid-career term are eligible for the same options, minus training. However, there are exceptions.

"In some cases, if they are in an over-strengthened MOS or a balanced MOS, they may be able to exercise the training option if

they want to change their current MOS," said Ray.

Special incentives for 1st Cavalry Division Soldiers

For 1st Cavalry Division Soldiers who are in the initial and mid-career term categories and reenlist under the current stabilization option, there are two additional incentives: a college incentive program and the airborne/air assault school option.

"The Fort Hood college option affords them the opportunity to attend up to 12 semester hours of college during duty hours," said Ray. "This option is signed by the III Corps commander, so they're guaranteed to receive it, and normal tuition assistance rules apply."

"A guaranteed 1st Cav. Div. incentive also allows them to choose training at either the Army's airborne or air assault schools," Ray added.

Both the college incentive and airborne/air assault school options require a three-year minimum reenlistment.

Spc. Jared Barron with Co. B, 115th Brigade Support Battalion, said he knew all about going to the right source for the right information when it comes to reenlistment.

Barron, whose Jan. 17 reenlistment marked the 150th reenlistment for the 1st Brigade Combat Team during this rotation, re-upped for six more years.

"The Army is a great place to start a career and the first place I went for information was my battalion retention office," said Barron who received an \$11,000 cash bonus. "The Army has been nothing but good to me, it has great benefits, things you can't really get outside in civilian life."

Whether Soldiers are going to reenlist or not, Ray said they shouldn't be afraid to come and talk to their career counselors or visit their retention offices just to see what types of options are available to them.

"They should sit down and honestly review the options with us. We can assist them in making a decision that benefits their career and their families," said Ray.

"The best part of our job is being able to help Soldiers and their families," he added. "Soldiers who receive correct and honest information tend to stay in the Army longer. They don't feel they've been short-changed in their careers or that they've been lied to."

Ray added that Soldiers must keep in mind that due to the fast-paced, ever-changing Army, retention policies can change daily, making it even more important to speak to the experts.

### Volunteers are needed

for

### Fort Dix Special Observances Committees

- Martin Luther King Jr. Birthday**
- Black History Month**
- Women's History Month**
- Holocaust Remembrance Day**
- Asian Pacific Heritage Month**
- Women's Equality Day**
- Hispanic Heritage Month**
- Native American Heritage Month**

For more information call Denise Horton at 562-4011

# Detroit troops rock through training

## Field artillery Soldiers put Motor City spin on mobilization mission

Ryan Morton  
Public Affairs Staff

Soldiers from the Motor City recently concluded their training here in preparation for a deployment in support of the Global War on Terrorism.

The 1-182nd Field Artillery Battalion, Battery A, a facet of the Michigan National Guard from Detroit, participated in the Army Training Evaluation Program (ARTEP). This is the final culmination of training a unit performs, which incorporates all the instruction the troops have learned over the prior months before mobilization to theater.

These Soldiers hit the ground running in mid-November, performing various levels of theater-immersion, convoy, and security forces training. It is a unit made up of 170 Soldiers from all over the state of Michigan, with many different Military Occupational Specialties such as infantrymen, tankers, radio operators, and mechanics, among others.

This is a very seasoned unit, as many of these Soldiers have been deployed before. Their experience at Dix has been a positive one that has been quite beneficial to their training needs, according to Capt. Damean McDowell, battery commander.

"The training here has been good. Some of the Soldiers in this unit have trained here before and they've told me that the training now is night and day from where it was and has improved ten fold," he said.

Another positive is how well these Soldiers have meshed with one another, because many of the

Soldiers did not know each other beforehand.

"These Soldiers have really grown. They work and train very well together. It's really impressive to see, and there's not really any clicks either, which is great. The other thing I like is having all these experienced Soldiers who have been deployed before to help mentor the young Soldiers. They talk to them about how the Army works and what it's like in theater, and that really helps a lot," McDowell said.

The support network within the unit is strong with Soldiers, but also from the hometown

communities. Families and friends have stepped up and really helped the Soldiers out quite a bit. The Family Readiness Group, for example, raised more than \$60,000 to date, including

\$19,000 to bus the Soldiers home to Michigan for the holiday recess. Several sponsors have stepped up, too, including Chrysler with a \$15,000 donation, Rock Financial with a \$5,000 donation, and Burger King with a \$3,000 donation, just to name a few.

Mighty Keys, a computer parts and accessories company, has even sent thumbdrives to every Soldier in the unit. Building contractors have stepped in to help out and make home repairs, such as furnaces, water pipes, gas pipes, windows, and security lights among other things. These are just a few examples of the overflowing support shown from the hometown communities.

While many of these Soldiers will leave behind family and friends, some will be taking family with them, as this unit has



**FOCUS ON TRAINING**  
Spc. Donald Sprague, 1-182 Field Artillery Battalion, Battery A, left, stands guard as his unit performs critical sight security training here. This National Guard unit, hailing from Detroit, Mich., is taking part in the Army Training Evaluation Program, or ARTEP, as part of their training in preparation for deployment in support of the Global War on Terrorism. The 1-182nd is made up of 170 Soldiers from all parts of Michigan holding a diverse array of Military Occupational Specialties.

photos by Ryan Morton

**These Soldiers hit the ground running in mid-November, performing various levels of theater-immersion, convoy, and security forces training.**



four sets of father-son teams and one set of brothers serving together. Among them are Master Sgt. Bryan Jacobs and his son Sgt. Bryan Jacobs II. Bryan Sr. has been in the National Guard for 24 years and his son, Bryan Jr., has been in for six years. Bryan Sr. says it's nice to have your son there because whenever he needs you, you are right there for him.

"It's an amazing feeling seeing them grow up from diapers to combat boots," Bryan Sr. said.

"I like being here because I can offer insight to my son and other young Soldiers. One of the things I stress is writing a diary, because it gives you the opportu-

nity to express feelings that you can't express out loud and gives you a chance for self-reflection when you read it later on, on where you've been and what you've been through," he said.

Another father son team is Spc. Steven Monger and his father Sgt. Gary Monger. Steven has been in the Guard for four years, and his father rejoined the guard eight months ago after getting out of the regular Army following 27 years of service in 1992. Gary is a Vietnam veteran and wanted to be there for his son, so he joined back up. Steven thought his father was crazy at first, but then thought it would be really neat to serve together.



"It's good because my father gives advice, especially in regard to staying focused on the objective at hand and reminding me that family and friends aren't far behind," Steven said.

Even McDowell has a family member serving right there with him: His stepson, Spc. Gerald Shaw. Shaw says that his father really doesn't treat him any dif-

ferently and treats him just like any of the other Soldiers.

"When we're here in this kind of environment, it's business and we focus on the mission at hand," he said.

"We want to go over there and complete all missions tasked to us and bring everyone home safely. That's the main goal," McDowell added.

### Relationship Safety

Everyone has the right to feel safe in his or her relationships. Are you or do you know anyone in an abusive relationship?

**Look for these signs:**

- threats or intimidation
- isolation from family and friends
- denying access to money
- sexual abuse
- involving or using children in adult conflicts
- destroying personal possessions
- feeling fearful
- painful put-downs
- use of weapons

**Important phone numbers:**

Providence House hotline  
871-7551  
NJ Domestic Violence hotline  
800 572-SAFE  
Fort Dix Victim Advocate  
562-2767  
McGuire Victim Advocate  
754-9672

**For emergency assistance call 911**

### Hiring Heroes/Wounded Warriors Technical Workshop and Career Fair for OIF, OEF Soldiers and Spouses at Fort Dix

Sponsored by DoD Defense Application Assistance Office

Day 1: Feb. 27 from 9 a.m. to 6 p.m.

Day 2: Feb. 28 from 9 a.m. to 3 p.m.

at Club Dix, Bldg. 5455 Alabama Avenue

**Technical Workshop**

- Veterans Benefits
- Resume Counseling
- Interview Tips
- Dress for Success
- Success Strategies for Federal Employment
- Social Security Disability Benefits



In support of our dedicated wounded warriors

**Career Fair**

More Than 30 Employers

- DOD
- CIA
- Defense Contractors
- Federal Agencies
- NASA
- Private Sector Companies
- IBM

POC: Sgt. Maj. James Clark

(609) 610-7830 or (301) 674-9428

James.clarksr1@us.army.mil

James.a.clark@amedd.army.mil

**WDIX Channel 2**

# Announcements



**Movie Schedule**  
at the McGuire AFB Theatre  
Movie Hotline 754-5139

**Friday, Jan. 26 @ 7:30 p.m.**  
**Good Shepherd** - *Matt Damon, Angelina Jolie* - Discreet, idealistic and intensely loyal, Edward Wilson finds that service in the OSS and later as a founding member of the Central Intelligence Agency is the perfect career for a man of his talents. His methods become standard operating procedure for the CIA while he combats his counterparts in the KGB. But, as the country slips deeper into the Cold War, Edward finds that dedication to duty above family has a price. **MPAA Rating: R** for some violence, sexuality and language. *Run Time: 168 minutes.*

**Saturday, Jan. 27 @ 7:30 p.m.**  
**Rocky Balboa** - *Sylvester Stallone, Burt Young* - The greatest underdog story of our time is back for one final round of the Academy Award-winning Rocky franchise. Former heavyweight champion Rocky Balboa steps out of retirement and back into the ring, putting himself against a new rival in a dramatically different era. After a virtual boxing match declares Rocky Balboa the victor over current champion Mason "The Line" Dixon, the legendary fighter's passion and spirit are reignited. But when his desire to fight in small, regional competitions is trumped by promoters calling for a rematch of the cyber-fight, Balboa must weigh the mental and physical risks of a high profile exhibition match against his need to be in the ring. **MPAA Rating: PG** for boxing violence and some language. *Run Time: 102 minutes.*

## Main Chapel

562-2020

### Sunday Services

Protestant at 9 a.m.

Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.

Catholic CCD is held at 9:15 a.m.

Protestant-Gospel Sunday School at 10:00 a.m.

### Religious Services

#### Islamic Prayer room

open 7 a.m. to 4:30 p.m. Monday through Friday - Room 24

#### Adult Bible Study

Wednesdays at noon and 7 p.m.

Catholic Adult Bible Study - Sundays at 11:30 a.m.

#### Christian Women of the Chapel

hold a Bible Study - Tuesdays, 9:30 a.m. to noon

#### Jewish Services

Contact the Chapel for dates and time.

## Organizations

### 305 MDG Pharmacy information

Patients using the 305 MDG Ambulatory Health-care Center who received a prescription must first visit the pharmacy to "check-in and activate" the prescription. An ID card is required. The pharmacy will process the prescription only after check-in.

Current prescriptions may be refilled 24 hours-a-day, seven days a week, by calling 754-9470. Refills can be requested seven to ten days before the prescription runs out. Refills are ready for pick-up two duty days after being phoned in.

### County WIC Program available

Women, Infants and Children (WIC) is a federally funded supplemental nutrition program for pregnant and breastfeeding women, infants and children under the age of 5. Eligibility for the program is based on an income and nutritional or medical risk. WIC can provided infants with iron-fortified infant formula, cereal and juice. Children and women receive milk, cheese, eggs, cereal, juice, peanut butter or beans. Women who breastfeed and do not use any infant formula may also receive carrots and tuna.

The Burlington County WIC Program has clinic sites throughout the county. Evening appointments are available. To learn more about the program call WIC at 267-4303

### Council seeks issues

The Fort Dix Retiree Council consists of retired service members and serves to provide the installation commander with insight into vital issues and concerns facing the retired Army community. The council meets quarterly to address any issues submitted to or by its members. Issues may be submitted in writing throughout the year to to Faye Marshall-Dease, Retirement Services Officer, ATTN:INME-DIX-HRM, 5418 South Scott Plaza, Fort Dix, NJ 08640-5089.

### Thrift Shop offers shopping bargains

Visit the Fort Dix Thrift Shop for all your clothing and household needs. Consignments and donations are graciously accepted. Our regular business hours are: Tuesday and Thursday 10:00 a.m. to 2:00 p.m., the first Wednesday of the month from 4:00 p.m. to 8:00 p.m., and the first and third Saturday of each month from 10:00 a.m. to 2:00 p.m. For more information call 723-2683.

### Civil Air Patrol membership

Civil Air Patrol is a vital organization that prepares our youth morally, physically and mentally as leaders of tomorrow. By providing leadership training, technical education, powered and non-powered flight orientation, scholarships and career education for young people (12 -18 yrs). We are looking for adult and cadet members who want to make a difference in their personal lives while contributing to a strong America. Call

Maj. Michael Sperry at 609-239-4616 or email at msperry1@comcast.net.

## Youth Center

Bldg. 1279 Locust Street  
562-5061

### Hours of Operation:

Tuesday - Friday 2 to 7 p.m.  
Saturday 1 to 7 p.m.  
Sunday & Monday CLOSED

### Administrative Hours:

Tuesday - Friday noon to 6 p.m.

### January Schedule

#### "Do Hugs Not Drugs"

a motivational presentation by former Harlem Globetrotter, Al Szolack  
30 Jan.  
3:45 - 4:45 p.m.  
Youth Center Gym

### Mondays - Fridays

Power Hour  
2 - 4:30 p.m.

### Computer Lab

4:30 - 6:00 p.m.

### Tuesdays

SMART Start  
3:45 - 4:45 p.m.

### Wednesdays

Sports and Fitness  
3:35 - 4:45 p.m.

### Thursdays

Tech Club  
3:45 - 4:45 p.m.

### Fridays

Arts and Crafts  
3:45 - 4:45 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

### Family Advocacy

562-5200

Chaplain

562-2020

American Red Cross

562-2258

Army Emergency

Relief

562-2767

## 24-hour Hotlines

Sexual Assault.....562-3849  
Victim Advocacy.....694-8724  
Child/Spouse Abuse.....562-6001  
Emergencies.....911

Or, visit the Fort Dix Department of Defense Police Department in Bldg. 6049 on 8th Street.

## Read The Post!

## Army Community Service

Bldg. 5201

562-2767

### Hours of Operation:

7:45 - 4:30 p.m.

### January Schedule

#### International Spouses Group

26 Jan.

10:00 a.m. - 1:00 p.m.

ACS

#### Relationship Safety

30 Jan.

6:00 p.m. - 8:00 p.m.

ACS

#### Moneywise in the Military

31 Jan..

9:00 a.m. - 2:00 p.m.

Timmerman Center

For more information call  
Deraurah Wilson at 562-4830

# MOBILIZATION NEWS YOU CAN USE

WDIX  
Commander's  
Channel 2

WDIX  
Commander's  
Channel 2

### Post Shuttle Bus

562-5888

Monday to Sunday -- 7 a.m. to 10 p.m.  
During the day Starr Tour buses are used, in evening the military Bluebird buses are run.

### Dix Shoppette/Class Six/ Gas Station

723-0044

Bldg. 5359, Texas Ave.  
Monday to Friday - 6 a.m. to 10 p.m.  
Weekends - 7 a.m. to 10 p.m.

### BX/PX & Mall

723-6100

Monday to Thursday - 10 a.m. to 8 p.m.  
Friday and Saturday - 8:30 a.m. to 8 p.m.  
Sunday - 10 a.m. to 6 p.m.

### Commissary

754-4154

Monday to Friday - 7 a.m. (early bird) to 8 p.m.  
Saturday - 9 a.m. to 8 p.m.  
Sunday - 10 a.m. to 7 p.m.

### Military Clothing/Sales Store-Alterations

723-2307

Bldg. 5601, Texas Ave.  
Monday to Saturday 10 a.m. to 5:30 p.m.  
Sunday - Closed.

### Firestone

723-0464

Bldg. 4201 on Texas Ave.  
Monday through Friday - 7 a.m. to 7 p.m.  
Saturday - 7 a.m. to 5 p.m.

### Recreation Center

562-4956

Bldg. 5905 on Doughboy Loop.  
Monday through Friday - 1 to 10 p.m.  
Saturday and Sunday - noon to 11 p.m.

AT&T Cyber Zone offers computer access for a fee

### Burger King

723-8937

Bldg. 5399, Texas Ave.  
Monday to Saturday 6 a.m. to 8 p.m.  
Sunday 7 a.m. to 8 p.m.

### McGuire Gas Station

723-4705

East Arnold Avenue by th 24-hour gate  
Monday to Friday -- 6:30 a.m. to 7 p.m.  
Saturday -- 9 a.m. to 7 p.m.  
Sunday -- 9 a.m. to 6 p.m.

### Spouses' Club Thrift Shop

723-2683

Tuesday and Thursdays - 10 a.m. to 2 p.m.  
First Wednesday of each month - 4 to 8 p.m.  
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

### Dining Facilities

Bldgs. 5640 and 5986

Breakfast	Mon - Sun	5:30 to 7:30 a.m.
Lunch	Mon - Sun	11:15 a.m. to 1:15 p.m.
Dinner	Mon - Sun	4:30 to 6:30 p.m.

Bldg. 5517

Breakfast	Mon - Sun	6:30 to 8:00 a.m.
Lunch	Mon - Sun	11:30 a.m. to 1:00 p.m.
Dinner	Mon - Sun	4:30 to 6:00 p.m.

### Outdoor Recreation

562-6667

Bldg. 6045 Doughboy Loop  
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.

Monday to Friday 10 a.m. - 5 p.m.

Saturday 4 p.m.

### NEW HOURS

### Java Cafe and Computer Lab @Club Dix

723-3272

Monday - Friday - 7 a.m. to 1:30 p.m.  
Saturday-Sunday -Closed.

### McGuire Shoppette

723-4705

East Arnold Avenue by the 24-hour gate  
Monday to Thursday -- 6:30 a.m. to 9 p.m.  
Friday -- 6:30 a.m. to 7 p.m.

Saturday -- 9 a.m. to 10 p.m.

Sunday -- 9 a.m. to 7 p.m.

### Fort Dix Post Office

723-1541

6038 West 9th St.

Monday to Friday -- 8:30 a.m. to 4:30 p.m.

# Dix Family Action Plan issues raised, resolved

How can Fort Dix be improved for Soldiers and civilians who live and work on the post?

The annual Army Family Action Plan Conference is the forum for military, family members, civilians and retirees to let military leadership know what works, what doesn't, and what they think will resolve the problems.

People across the installation have been working on answers to issues raised at the Oct. 26, 2006 conference, and the results were presented Jan. 16 to the AFAP steering committee.

AFAP continues to improve the standards of living for all military personnel and DoD employees. Local changes have included improvements to Fort Dix roads, office facilities, upgrades in standards of living for deploying Soldiers, changes at the commissary, improved processes for the Case Management Program at the Joint Readiness Center; process improvements at the 305th Medical Clinic; reactivation of the Fort Dix BOSS Program; and reduced fees at Fort Dix Lodging for large families.

Seventeen issues and their status were presented to the committee, chaired by Col. David McNeil, Fort Dix Commander, and moderated by Fran Booth, AFAP coordinator.

Results for nine of the issues were presented in this past week's edition of the Post. The remaining issues are as follows:

●High School Military Council

Currently high school teens have little voice on this military installation. The Youth Action Council (YAC) on Fort Dix is inactive. AFAP Conference hours are not suitable for teens attending high school. Teens would like their voices heard in military communities.

The teen panel conference recommendation was to establish a High School Military Council (HSMC) at Pemberton High School for Fort Dix High School students to achieve more participation in the community. Students would need to sign up to attend HSMC. Invitations would be extended to home-schooled high school students and other out-of-district Fort Dix teens.

Army Community Service truly appreciates and values the opinions and suggestions of our

youth on Fort Dix. The ACS request to Pemberton Township High School Principal vis-à-vis School Liaison Officer (SLO) was approved for excused absences for students who wanted to attend the AFAP Conference.

The Principal also authorized school transportation to and from the conference; and six JROTC students from the high school accepted the Principal's offer.

Youth who attended the ACS Teen Orientation on Aug. 29, 2006, were also invited to the AFAP Conference. ACS will continue to recruit and solicit youth participation in the Teen Panel at the AFAP Conference.

The proper venue for addressing issues affecting youth on post is the Youth Action Committee. However, the Youth Action Committee on post is currently inactive due to lack of interest. The SLO is in the process of recruiting committee members and hopes to have a Youth Action Committee in place by January 2007.

Recommendations have been approved and work on the project is ongoing.

●Military Waiver for the Electric Company

Pemberton Borough electric company does not accept the military waiver for a security deposit. Renters in only Pemberton Borough and Atlantic City are required a deposit of \$350 for their electric bill.

The conference recommended that an alternative way to secure payment from servicemembers be negotiated. Including proof of payment of electric bill would be a requirement to outprocess and clear.

ACSO contacted the Pemberton Borough Utility Clerk, Kathy Sujka. She confirmed the deposit amount and said no waivers were possible. She discussed the possibility of a deposit waiver for our military with her boss, Mayor Fred Simpkins, on Dec.

19, 2006. He will bring this request before the town council at the meeting in January 2007.

Until waiver is negotiated, servicemembers may seek assistance through Army Emergency Relief for deposit if necessary.

Post command will discuss this information personally with retired Col. Warner as well as the mayor of Atlantic City. The command is convinced that if we engage these resources, the mayor of Pemberton will be amenable to approving the military waiver for the security deposit.

Recommendations have been approved and work on the project is ongoing.

●305th Medical Clinic Knowledge of Army Profiles (AR-40-501)

Soldiers who are seen at the 305th Medical Clinic are being issued temporary profiles that

are not in accordance with Army standards. The result is commanders are uncertain of the Soldiers' true condition. This could be a hazard to the Soldier's rehabilitation and the unit's readiness.

The conference recommended that:

1. training be provided to Air Force practitioners on AR-40-501.

2. Soldiers are seen at the 305th Medical Clinic for anything other than Army profiles.

3. Army profile medical records be couriered by a medical technician from the 305th to the TMC at the JRC where the Soldier can receive a temporary profile from an Army doctor.

It's been determined that Soldiers will receive temporary profiles from Army doctors at the TMC located in the JRC.

Recommendations have been approved and work on the project is ongoing.

●Medical Records Lost

Records are lost inside the 305th Medical Clinic. Patients are called to say records were found, but when they arrive to claim their records, they cannot

be found. Clinic records will show records not re-filed after a patient's appointment. Some medical records have been mailed to the Federal Correctional Institute on Fort Dix.

The conference recommended that:

1. DEERS be used to update TRICARE addresses.

2. records be maintained at the unit level.

3. a separate records area be set up within the 305th Medical Clinic.

4. the system be automated.

5. records be audited more frequently and more thoroughly.

It's been determined that every beneficiary should always maintain the most accurate information in DEERS.

A separate records area with the 305th Medical Clinic is not logistically feasible; our current records area has all of the necessary security provisions IAW AFI 41-210, as well as the proper manning and space to facilitate maintaining records. If there were a separate area there would need to be manning from the Army.

Armed Forces Health Longitudinal Technology Application (AHLTA) is automated. Records availability is tracked on at least a monthly basis and the mass quality check-in for missing records is done twice a year instead of once per year.

Recommendations have been disapproved and the issue is closed.

●Access to Medical Services

There are not enough same day appointments and no sick call available at the 305th Medical Clinic. The toll-free appointment line is ineffective and Web appointments are non-existent. Calls to the clinic are not returned within 72 hours. Switchboard is slow to pick up. Customer service is lacking. Complaints are not reaching command. Continuity of care with primary care manager is not working. There is conflicting information regarding TRICARE and payment for services.

The conference recommended that:

1. primary care be optimized to address appointments, complaints, and payment information.

2. Extended Care Clinic be reopened and expanded.

3. Command oversight and liaisons be provided outside of the Medical Group.

4. active duty military personnel be seen at TMC.

Extended Care Clinic is opening in mid-January to offer after-hours, non-emergent care to Prime beneficiaries. Sick call will be established at the TMC for Army providers to see Soldiers. Extended care at off-base clinics is also available for overflow access.

Recommendations have been approved and work on the project is ongoing.

●Clothing Sales Store Merchandise

There is an inadequate inventory and selection of merchandise. Fort Dix is a diverse installation. Clothing Sales must offer a diverse and plentiful selection of merchandise to support servicemember readiness.

The conference recommended that the store

broaden available merchandise to support the installation's diversity, and rethink business practices with regard to inventory control. It's been determined that the Fort Dix MCSS is currently experiencing several backorders from DPSC to include all PT gear from both services. The MCSS personnel will special order patches, insignia, ribbons, etc., from our primary vendor, Vanguard.

Select Navy uniform items are available at the store as well as through the direct line to Navy Support which is located at MCSS.

The MCSS also provides a wide variety of military pride items for the different branches of military service to include caps, tees, coins, etc.

The store currently has in stock Army ACU and BDU as well as the new ACU wet weather

er jacket and ACU maternity. ACU gortex has just become available and is due in. All cold weather gear is in stock to include the fleece parka, gloves, and the new ACU micro green PT cap.

Recommendations have been disapproved and the issue is closed.

●Quality/Freshness of Commissary Perishables

Patrons have found items in the commissary that could be dangerous to one's health. For instance, lettuce with bugs inside the wrapper, nectarines with moldy pits, moldy strawberries, expired milk, expired yogurt, and discolored/stale chocolate candy. While the commissary will accept returns, many people do not have the time to return such items or, when in a hurry to put groceries away, they may not notice these issues until the food is pulled in preparation for a meal.

The conference recommended that:

1. items are ensured to be the best quality, not the lowest price when procured.

2. "purchase by" timelines be verified for items sitting in the back room.

3. climate control be monitored at the commissary.

4. The Commissary mystery shopper program be instituted.

5. patrons/residents be added to the commissary board.

It's been determined that the Grocery Department conducts spot checks on a variety of perishable items on a daily basis. All receivers of perishable items will be retrained on proper rotation and date guidance. Product is marked by delivery date and rotated accordingly.

The employees do spot checks on stone produce by cutting open the fruit to ensure these items have not been frozen before delivery. Our strawberries are culled and all products are rotated.

Produce is presently procured from one primary contracted source, the Defense Subsistence Office in Philadelphia, with price and quality as the prevailing standards. DeCA is working on alternate sources in an effort to improve quality.

Recommendations have been approved and work on the project is ongoing.

**Soldiers who are seen at the 305th Medical Clinic are being issued temporary profiles that are not in accordance with Army standards. The result is commanders are uncertain of the Soldiers' true condition. This could be a hazard to the Soldier's rehabilitation and the unit's readiness.**

**Pemberton Borough electric company does not accept the military waiver for a security deposit. Renters in only Pemberton Borough and Atlantic City are required a deposit of \$350 for their electric bill.**

## Army's Blue to Green program sees 1,000th interservice transfer

Samantha L. Quigley  
American Forces Press Service

WASHINGTON, Jan. 24, 2007 – The Army's "Blue to Green" program, designed to allow airmen, sailors and Marines affected by force shaping to move to the Army, recently hit a milestone, a Defense Department official said here today.

"Just in the past couple of weeks we've had our 1,000th transfer," Bill Carr, acting deputy undersecretary of defense for military personnel policy, said in an interview.

An effect of the Air Force and Navy downsizing is fewer opportunities for airmen, sailors and Marines to continue in their career fields, he said. The Army's Blue to Green interservice transfer program, open to officers and enlisted personnel, affords an alternative to leaving military service.

"That would be to serve as an officer or non-commissioned officer in the U.S. Army," Carr said. "I think the ones that are considering Blue to Green are the ones who are interested in trying another career and the challenges associated with it."

Army 2nd Lt. Michael B. Moore, a recent

transfer, is a good example, Carr said. The former airman was an air battle manager trainee before trading his blue uniform for green. When Moore transferred to the Army, he chose to go into the infantry.

But that wasn't enough of a challenge for the newly minted soldier who has been assigned to the 82nd Airborne Division at Fort Bragg, Carr said.

"(He) not only went over as an Army officer in the infantry, but also participated in the airborne and ranger training," he said. "He's really taking the full exposure and doing very well at it."

Carr said the program is good not only for the military, which retains experienced servicemembers through the Blue to Green program, but also for the servicemembers. It provides them a chance to look into options within the military before they consider the private sector, he said.

"For Blue to Green, the ideal future would be that anyone who was considering leaving the service would first look to Blue to Green as they're looking at other options and consider what it has to offer," Carr said. "And it has a lot to offer."

More information, including guidelines and benefits of the Blue to Green program, can be found on the Army's Web site.

## LOVING RELATIONSHIPS



*Think Safe,  
Be Safe,  
Stay Safe*

**LEARN**

*Dating Etiquette,  
Inter-personal Communication,  
Self Defense Tips & More...*

**PRESENTERS**

MATT BLOOMBERG, *DOD Investigator*

KIMBERLY HENNE, *Installation Victim Advocate*

ROXANNE MCELROY-WHITE, *Sexual Assault Response Coordinator*

ACS CONFERENCE ROOM

**JANUARY 30, 2007 &  
FEBRUARY 27, 2007**

**11:30-12:30**



# Soldiers take on mobilization training



photos by Ryan Morton



Soldiers from Bravo Company, 1-129th Field Artillery Battalion, receive instruction before qualification with the M-9 pistol, above. Soldiers from the 303rd Military Police Company search down range for simulated insurgents during dismounted Individual Movement Technique training, top right. Spc. Travis McElmury of the 303rd MPs mans his post during Critical Sight Security training, left.



Soldiers from the 303rd Military Police Company load a wounded Soldier onto a humvee during a training mission, left. This is part of the Army Training Evaluation Program in support of the Global War on Terrorism. Spc. James Scott keeps his eyes open for the enemy during an exercise, right. Convoy training, including a live-fire exercise, is an important part of any Soldier's mobilization readiness.



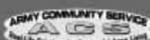
## The Fort Dix Family Advocacy Program Invites you to:

"1-2-3 Magic: Effective Discipline for your 2-12 Year Olds"



**When:** 30 January 2007  
**Where:** Fort Dix Child Development Center  
**Time:** 1800-2000

For Class Registration, please call (609) 562-4830.



Participants will receive a Free Copy of Dr. Phelan's Book. >>>



Free Child Care will be provided but you must register at CYS  
To Register your Child with CYS please call (609) 562-4702

\*Registration for Child Care will not be available after 23 January, 2007 \*

# ARTS & CRAFTS

Bldg. 6039  
Philadelphia Street  
**562-5691**

Registration & sales store hours:

**Tuesday-Thursday**  
noon-5 p.m. & 6-8:45 p.m.  
**Friday**  
11 a.m. - 4:45 p.m.  
**Saturday**  
9 a.m. - 4:45 p.m.

**CLOSED Feb. 17**

## PROGRAMS

### Adult Craft Classes

Tuesdays, 6 - 8:30 p.m.  
Jan. 30.....Valentine Card Workshop  
Feb. 6.....Magical Mosaics  
Feb. 20.....Ceramic Cake Plate  
\$5 fee plus materials

### Kids Craft Classes

Saturdays, 2:30 - 4 p.m.  
Jan. 27.....Valentine Cards  
Feb. 10.....Heart Magnet  
Feb. 24.....Shamrock Clip  
\$5 fee plus materials

### Custom Designer Handbags

6:30 - 9 p.m.  
Jan. 30, Feb. 6, 13, 20 & 27  
Why go to one of those new home parties for handbags when you can create your own right here? This class explores the many options of fabrics, pockets for everything including your cell phone, with or without zippers, linings, han-

dles and your personal design. All levels of sewing - beginner to advanced welcome.  
\$45.00 fee

### Super Saturday

Jan. 27  
Get ready for the Super Bowl by checking out our super ceramic bowls! Come in your favorite jersey, show some team spirit and paint your favorite team logo on your choice of ceramic items and take 20-percent off regular price. With a deal like that, everybody's a winner!

### Quilts For Kids

Feb. 10, 11 a.m. - 3 p.m.  
Join us every second Saturday of the month, and become part of this national organization that donates quilts to children's hospitals, shelters, and more. We have exciting new ideas and donated fabrics; all you need to bring is your desire to help others while you learn to sew and learn to machine quilt! All experience levels welcome, and there is no fee to join.

### Black History Month Celebration

Feb. 10  
Create an African mask in clay, forming it over a plaster mold and painting with underglaze to make an exceptional wall sculpture. With four different designs to choose from, this makes a great family project!

### Krafty Birthdays

Arts & Crafts offers Krafty Birthday Parties! Parties include up to 2 hours of party room use, one craft project with instruction and all materials, with many exciting projects to choose from. When making party reservations, please make sure to stop by in order to select the craft and make payment.

### Framing Qualification Classes

Jan 6 or Feb 3: 9 - 11:30 a.m.  
Feb. 7 or 14: 6 - 8:30 p.m.  
Get qualified to use this great facility and equipment! You'll complete one piece (cost of which is not covered by registration fee) about 8 x 10" which you must supply as you learn to operate the equipment. All materials are available for purchase at the frame shop.  
\$10 registration fee

### Kids Pottery Class

ages 6-9, 10:30 a.m. - noon  
Feb. 24, March 10, 17 & 24  
\$20 fee plus \$10 materials

### Tween Pottery Class

ages 10-13, 1 - 2:30 p.m.  
Feb. 24, March 10, 17 & 24  
\$20 fee plus \$10 materials

### Quilo

Feb. 22, 6-8:30 p.m.  
Learn how to make this cozy Blanket and Pillow all in one. This will make your cold nights real comfy.

### Contemporary Ceramic & Mosaic Studio

Looking for a place to walk in, relax and get creative? This is the place for you and your family to paint functional or decorative items to give as gifts or keep for yourself. We have many bisque ware items to choose, from plates and mugs to piggy banks, lots of project ideas, and a helpful staff to get you started. You do the painting and we'll complete your masterpiece with a food-safe glaze and expert firing. And now we have new lower prices in the mosaic studio. This ancient craft is simple and relaxing, and you can create one of a kind home décor or gift items. Open during normal sales store hours.

# Honoring the Colors

### Reveille 6 a.m. (0600 hours)

**Military personnel in uniform**

Stand at attention, face the flag and salute at first note.

**Military personnel not in uniform, civilians**

Stand at attention, face the flag and place right hand over heart at first note.

**Military personnel in formation or in a group**

Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Order, Arms" at conclusion.

**Individual military personnel, civilians in a vehicle**

Stop vehicle and exit. Follow steps above.

**Group of military personnel in a vehicle**

Stop vehicle. Individual in charge exits and follows steps above.

### Retreat 5 p.m. (1700 hours)

Stand at attention, face the flag for Retreat, then salute at first note of To the Colors.

Stand at attention, face the flag for Retreat, then place right hand over heart at first note of To the Colors.

Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of Retreat. Calls group to "Attention" and "Present, Arms" at first note of To the Colors, then "Order, Arms" at conclusion.

Stop vehicle and exit. Follow steps above.

Stop vehicle. Individual in charge exits and follows steps above.

**Other bugle calls heard on post are:**  
Tattoo.....9 p.m. (2100 hours)  
Call to Quarters.....9:30 p.m. (2130 hours)  
Taps.....10 p.m. (2200 hours)

## FORT DIX WANTS YOU



**TO BE A MAYOR!**

CALL 562-2767

## MAKE A DIFFERENCE

Fort Dix is looking for interested residents who would like to volunteer for the Fort Dix Mayors Program

The neighborhood Mayor is a volunteer who talks to the Command, to DPW, and the DOD Police to insure and improve the Quality of Life for all residents

For those residents who want to make sure the Fort Dix community is the best it can be please

Call Army Community Service at 562-2767



## Army Community Service (ACS)

562-2767

Bldg. 5201, on the corner of 8th Street and Maryland Avenue

### Hours of Operation:

Monday through Friday, 7:45 a.m. to 4:30 p.m.

Looking for information and assistance? ACS is here to serve you. ACS serves all military branches of service, DoD civilian personnel and retirees. The ACS Center is accessible to individuals with disabilities

# Controversy over fight outcome

**Ed Mingin**  
Public Affairs Staff

Entering the cage for his first Ultimate Fight competition, Staff Sgt. Kenny Owens was confident. He trained thoroughly and was prepared for his bout against Shawn McCann.

"I felt great and was in great shape," said Owens. "I enter the cage and I feel right at home."

In the world of sports, nothing is guaranteed and though it looked like Owens was the better fighter, the official stopped the fight and handed the victory to McCann.

"I trained for almost every aspect of the fight except for the official. That is the one

thing I have no control over, the human aspect of the fight," said Owens.

The fight started with Owens dominating his opponent. The combatives instructor at Fort Dix was in complete control. Landing blow after blow, it looked like Owens would come away from the Tropicanna with a victory.

"The bell rings and I go right to work. I throw a few blows and they connect. He locks up with me, which is even better. I throw him to the ground and go to work," Owens explained.

The fighters were brought to their feet again and the bout continues. Owens figures he'll stick with his fight strategy, as he is having success.

"If it ain't broke, don't fix it," he said.

Owens continues to control the match, then in an instant, it was over. Owens slipped and lost his footing, hitting the mat. He bounced up quickly and was ready to resume the fight. Unfortunately for Owens, the fight official stepped in and stopped the fight.

"This is where things get crazy," explained Owens. "He asked if I knew where I was. I replied very quickly, Atlantic City, N.J., the Tropicanna."

The reply didn't satisfy the referee, who said Owens needed to see the doctor. Not wanting to let the fight slip through his fingers, Owens pleaded his case.

"I do the first thing that comes to my mind," said Owens. "A back flip in the middle of the ring. I try to plead my case but he showed me the door to the cage."

The crowd voiced its disapproval, showing the arena with boos.

Owens walked back to the dressing room, and though everyone he passed told him he was robbed of victory, it did nothing to change the outcome of the fight.

"It's part of what turned me away from wrestling. Training that hard, being faster, stronger, and just better than your opponent doesn't always mean you win," said Owens, who was a top Army wrestler and competed for a spot on the U.S. Olympic wrestling team.

"My daughter was at the fight," said Floyd Winter, sports, fitness, and aquatics director at Fort Dix.

"She said the fight shouldn't have been stopped. The guy never laid a hand on Kenny. He just slipped. I mean, the guy gets up and does a back flip. What more do you need," he said.

Victory might have eluded Owens in this fight, but he is not ready to throw in the towel. In fact, he is already looking forward and planning his next move.

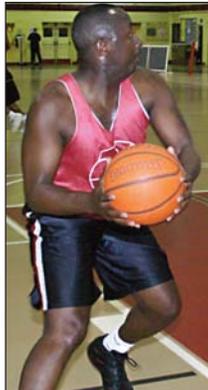
"I want let one bad apple stop me from fighting," he said. "I hope to be in the cage next month."



Ed Mingin

**FISTS OF FURY** -- Staff Sgt. Kenny Owens does some final preparation before his fight in Atlantic City. Owens hopes to get back in the ring next month.

# Looking for order on the courts



photos by Ed Mingin

Competition is still The Fort Dix Jr. tight at the Griffith Bantam team took Field House. TLC the only victory for leads the way at 4-0. Fort Dix this past Two teams are tied weekend, as they at 3-1, while three beat Pemberton #2 teams are close 29-13. Matthew behind at 2-1. Raymond Drinkard, at helped Dix dominate left, grabs a rebound Pemberton from the during a recent beginning and the game as 2/31st team went on to finish strong. went on to a close win over 3rd SEG.

The Sr. Bantams saw one of their teams have a bye this week, while Dix #1 lost two close games to Pemberton #1. Dix #1 lost the first game 23-17, and the second game 24-14. The Juniors lost to Pemberton 1. See Sports Shorts for schedule.

Standings as of 1/24

TLC	4-0
NCOA	3-1
MRB	3-1
Wildcats	2-1
Renegades	2-1
HHC 5th BDE	2-1
2/31st FA	2-2
FCI	2-2
Dynasty	1-3
3rd SEG	1-3
Ball-Up	1-3



## Sports Shorts

### Griffith Field House

Saturday & Sunday  
9 a.m. to 5 p.m.  
Monday - Friday  
6 a.m. to 9 p.m.

### Youth Basketball Schedule

**Jan. 26**  
Juniors - Fort Dix vs. McGuire at Pemberton High School - 7 p.m.  
**Sr. Bantam** - Fort Dix 1 vs. Pemberton 2 at Doughboy Gym - 7 p.m. Fort Dix 2 vs. Raptors at McGuire Fitness Center - 8 p.m..  
**Jr. Bantam** - Fort Dix vs. Nuggets at Helen A. Fort Middle School - 8 p.m.

### Jan. 27

Minors - Fort Dix 1 vs. Cavs at Columbia, McGuire - 11 a.m. Fort Dix 2 vs. Pemberton 2 at Doughboy Gym - noon.  
Pee Wee - Fort Dix vs. Celtics at Doughboy Gym - 11 a.m.

### Outdoor Recreation Skiing

The ski and snowboarding season will see Outdoor Rec. travelling to Bear Creek and Blue Mountain for some winter fun. The following are trips offered by Outdoor Rec. for the month of February.

**Feb. 3**  
Downhill skiing/snowboarding at Blue Mountain.

**Feb. 10**  
Downhill skiing/snowboarding at Bear Creek.

**Feb. 17-19**  
Downhill skiing/snowboarding weekend at Bear Creek.

**Feb. 24**  
Downhill skiing/snowboarding at Blue Mountain.

Ski packages include transportation, equipment, lift ticket, and lesson. Call Outdoor Rec. at 562-6667 for prices and additional information.

### Griffith Field House Aerobics Schedule

**Monday**  
Step & Sculpt  
noon - 1 p.m.  
**Total Toning**  
5:15 p.m. - 6:15 p.m.

**Tuesday**  
Mind & Body Pilates  
8:30 a.m. - 9:30 a.m.

**Spin-It!**  
noon - 12:45 p.m.

**Wednesday**  
Hi-Lo Fusion  
noon - 1 p.m.  
**Circuit Training**  
5:15 p.m. - 6:15 p.m.

**Thursday**  
Step & Sculpt  
8:30 a.m. - 9:30 p.m.  
Mind & Body Pilates  
noon - 12:45 p.m.  
**Mixed Fitness**  
5:15 p.m. - 6:15 p.m.

**Friday**  
Spin-It!  
noon - 12:45 p.m.

Classes are subject to change. There must be at least three participants to conduct a class. Call the Griffith Field House staff at 562-4888 for more information.

### Ice Skating

Outdoor Rec. will be hosting an ice-skating party Feb. 9 at Iceland Skating rink in Medford.

Pizza and soda are included with admission: adults \$20 - Children 12 and under \$15.

Meet at Outdoor Rec. at 11:15 a.m. For more information about the event, or to find out what other activities are available, call Outdoor Rec. at 562-7277, or visit their website at www.dix.mwr.com.

### Volleyball

March 28 will mark the start of volleyball season. The first coaches meeting will be held March 14. For more details, call Chris O'Donnell at 562-4888.

### Aquatics

Winter hours are now in place for the indoor pool.

### Lap Swim

**Monday - Friday**  
Retirees/adult dependents/  
working DOD  
6 a.m. - 8 a.m.  
10 a.m. - 11:30 a.m.  
Active duty/working DOD  
11:30 a.m. - 1 p.m.

### Saturday

Retirees/adult dependents/  
working DOD  
10:30 a.m. - noon

### Rec. Swim

**Mon. - Fri.**  
1 p.m. - 5 p.m.  
**Saturday**  
Noon - 6 p.m.  
Fees for Rec. Swim: Military-  
\$2 Non-military-\$4.

# SuperBowl Party

**Sunday, February 4th @ Ft. Dix/McGuire Bowling Center**

**All Day Long!**

Open from 1400 until the Game ends

Watch the Big Game on our Big Screen in the Snack Bar or Bowl and Watch the Game on one of our 32 LCD Overheads!

**Specials Include:**

\$1.99 Appetizers

\$1.00 Drafts (12oz.)

\$2.00 Bowling Games

Ft. Dix/McGuire Bowling Center  
Building 6054 Doughboy Loop  
(609) 562-6695

# Super Bowl Party

**Sunday, February 4th @ Club Dix**

**Cost: \$5.00**

Pig out on:

- Hot Dogs
- Sauerkraut
- Chili
- Potato Salad
- Nachos and Salsa

\* Snack Bar will be open for additional Food Sales.\*

**Doors Open at 1700**

Club Dix Building 3451 8th and Millstone Ave.  
(609) 562-3628